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## 2007 MISSISSIPPI STATE UNIVERSITY TRACK AND FIELD MEDIA GUIDE

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Mississippi State University does not discriminate on the basis of race, color, religion, national origin, sex, age, disability, or veteran status. Carson C. Cook Jr., Director of the Office of Diversity and Equity Programs (McArthur Hall, Room 223, P.O.

### MEDIA GUIDE CREDITS

The 2007 Mississippi State track and field media guide is a publication of the Mississippi State Athletic Media Relations Office. It has been specifically prepared to assist the media members in their coverage of the Bulldogs and Lady Bulldogs. Additional assistance can be provided by contacting Tony Schmidt with the MSU Athletic Media Relations office at 662-325-0968. The guide was written and designed by Schmidt with additional support from John Schaffhauser of Schaff Design. Editorial, research and writing assistance provided by Jan Blaine, Cassie Chance, Katie Compton and Mike Nemeth. Pictures were provided by C.W. Pack Sports, Mansel Guerry, Russ Houston and MSU University Relations. The covers were designed by Schaffhauser. The guide was printed by Harvey Dalla Printing in Flowood, Miss.



# MEDIA INFORMATION

## UNIVERSITY

Location . . . . . Starkville, Mississippi  
 Founded . . . . . February 28, 1978  
 Enrollment . . . . . 16,602  
 Nickname . . . . . Bulldogs & Lady Bulldogs  
 Colors . . . . . Maroon and White  
 Facility . . . . . W.O. Spencer Stadium/Maddox Track  
 Conference . . . . . Southeastern  
 President . . . . . Dr. Robert H. Foglesong  
 Athletic Director . . . . . Larry Templeton  
 Asst. AD/Women's Sports . . . . . Ann Carr  
 Faculty Ath. Rep. . . . . Dr. Steve Turner

## TRACK & FIELD STAFF

Head Coach . . . . . Al Schmidt  
 Associate Head Coach  
     Steve Dudley . . . . . Men's Sprints  
 Assistant Coaches  
     Houston Franks . . . . . Men's Distance  
     Joe Gant . . . . . Vertical Jumps  
     Karen Illian . . . . . Throws, Combined Events  
     Tiffany McWilliams . . . . . Distance  
     Kurt Thomas . . . . . Hurdles, Horizontal Jumps  
 Administrative Assistant . . . . . Michelle Scrivener  
 Track & Field Office Phone . . . . . 662-325-2892  
 Track & Field Office Fax . . . . . 662-325-9051

## TEAM INFORMATION

NCAA Region . . . . . Mideast  
 2006 Women's SEC Finish . . . . . 11th  
 2006 Men's SEC Finish . . . . . 11th  
 2006 Women's Regional Finish . . . . . 41st  
 2006 Men's Regional Finish . . . . . 28th  
 2006 Men's NCAA Finish . . . . . 58th

## ATHLETIC MEDIA RELATIONS

Track & Field Contact . . . . . Tony Schmidt  
 Office Phone . . . . . 662-325-0968  
 Office Fax . . . . . 662-325-2563  
 E-Mail . . . . . ajs17@msstate.edu  
 Home Phone . . . . . 662-312-4251  
 Official Web Site . . . . . www.MStateAthletics.com  
 Mailing Address:  
     P.O. Box 5308  
     Mississippi State, MS 39762

Overnight Mailing Address:  
 Bryan Athletic Administration Building  
 Laveview Drive  
 Mississippi State, MS 39762

## 2007 MEET INFORMATION

### FLORIDA STATE SNOWBIRD

Dates . . . . . March 2-3 (Fri.-Sat.)  
 Location . . . . . Tallahassee, Fla.  
 Track Facility . . . . . Mike Long Track  
 Media Relations Contact . . . . . Katy Wolfe  
     Phone . . . . . (850) 645-7683  
     E-Mail . . . . . klwolfe@fsu.edu  
 Website . . . . . www.Seminoles.com

### GEORGIA RELAYS

Dates . . . . . March 16-17 (Fri.-Sat.)  
 Location . . . . . Athens, Ga.  
 Track Facility . . . . . Spec Towns Track Track  
 Media Relations Contact . . . . . Leland Barrow  
     Phone . . . . . (706) 542-1621  
     E-Mail . . . . . leland@sports.uga.edu  
 Website . . . . . www.GeorgiaDogs.com

### ALABAMA RELAYS

Dates . . . . . March 22-25 (Thu.-Sun.)  
 Location . . . . . Tuscaloosa, Ala.  
 Track Facility . . . . . Sam Bailey Track & Field Stadium  
 Media Relations Contact . . . . . Jason Kirksey  
     Phone . . . . . (205) 348-7476  
     E-Mail . . . . . JKirksey@ia.ua.edu  
 Website . . . . . www.RollTide.com

### BULLDOG INVITATIONAL

Date . . . . . March 31 (Sat.)  
 Location . . . . . Starkville, Miss.  
 Track Facility . . . . . Carl Maddox Track  
 Media Relations Contact . . . . . Tony Schmidt  
     Phone . . . . . (662) 325-0968  
     E-Mail . . . . . ajs17@msstate.edu  
 Website . . . . . www.MStateAthletics.com

### TEXAS RELAYS

Dates . . . . . April 4-7 (Wed.-Sat.)  
 Location . . . . . Austin, Texas  
 Track Facility . . . . . Mike A. Meyers Track Stadium  
 Media Relations Contact . . . . . Lauren Williams  
     Phone . . . . . (512) 471-8236  
     E-Mail . . . . . lauren.williams@athletics.utexas.edu  
 Website . . . . . www.TexasSports.com

### JACE LACOSTE INVITATIONAL

Date . . . . . April 14 (Sat.)  
 Location . . . . . Starkville, Miss.  
 Track Facility . . . . . Carl Maddox Track  
 Media Relations Contact . . . . . Tony Schmidt  
     Phone . . . . . (662) 325-0968  
     E-Mail . . . . . ajs17@msstate.edu  
 Website . . . . . www.MStateAthletics.com

### AUBURN INVITATIONAL

Date . . . . . April 21 (Sat.)  
 Location . . . . . Auburn, Ala.  
 Track Facility . . . . . Hutsell-Rosen Track  
 Media Relations Contact . . . . . Brad Gust  
     Phone . . . . . (334) 844-9800  
     E-Mail . . . . . gustbra@auburn.edu  
 Website . . . . . www.AuburnTigers.com

### PENN RELAYS

Dates . . . . . April 26-28 (Thu.-Sat.)  
 Location . . . . . Philadelphia, Pa.  
 Track Facility . . . . . Franklin Field  
 Media Relations Contact . . . . . Jenn Werner  
     Phone . . . . . (215) 573-4125  
     E-Mail . . . . . wernerj@pobox.upenn.edu  
 Website . . . . . www.PennAthletics.com

### SEC CHAMPIONSHIPS

Dates . . . . . May 10-13 (Thu.-Sun.)  
 Location . . . . . Tuscaloosa, Ala.  
 Track Facility . . . . . Sam Bailey Track & Field Stadium  
 Media Relations Contact . . . . . Jason Kirksey  
     Phone . . . . . (205) 348-7476  
     E-Mail . . . . . JKirksey@ia.ua.edu  
 Website . . . . . www.SECSports.com

### NCAA MIDEAST REGIONAL

Dates . . . . . May 25-26 (Fri.-Sun.)  
 Location . . . . . Columbia, Mo.  
 Track Facility . . . . . Audrey J. Walton Stadium  
 Media Relations Contact . . . . . Tom Lewis  
     Phone . . . . . (573) 884-9486  
     E-Mail . . . . . tvlewis@missouri.edu  
 Website . . . . . www.MUTigers.com

### NCAA CHAMPIONSHIPS

Dates . . . . . June 6-9 (Wed.-Sat.)  
 Location . . . . . Sacramento, Cal.  
 Track Facility . . . . . Spanos Sports Complex  
 Media Relations Contact . . . . . Brian Berger  
     Phone . . . . . (916) 278-4313  
     E-Mail . . . . . bwberger@csus.edu  
 Website . . . . . www.NCAASports.com





## COACH / ATHLETE INTERVIEWS

Please make arrangements for all interviews with MSU track and field coaches and/or athletes through MSU track and field contact **Tony Schmidt** at the MSU Athletic Media Relations Office — (662) 325-0968. The coaches are primarily available for interviews by phone or in person from 9-11 a.m. weekdays depending on the team's travel schedule.

Athlete interviews will be arranged according to the schedule of each individual athlete and are usually conducted before or after scheduled practices. *No athlete telephone numbers will be given out. Please respect this policy and coordinate ALL athlete/coach interviews through the MSU Athletic Media Relations Office.*

## POST-MEET INTERVIEWS

Following each Mississippi State home meet, MSU coaches and/or athletes will be available for interviews. To arrange any post-meet interviews in advance, please contact MSU track and field contact Tony Schmidt at the MSU Athletic Media Relations Office — (662) 325-0968. The phone number at the Maddox Track is (662) 325-0194 should you need to reach Schmidt during scheduled home meets.

## MEET RESULTS

Complete meet results from each home meet will be available in the MSU Athletic Media Relations Office following each meet hosted by Mississippi State and will be faxed to other competing school's sports information office upon request. MSU sends a story, complete with agate, immediately following all meets to the Associated Press and several regional media outlets.

Mississippi State track and field results will also be available on the MSU Athletics web site ([www.MStateAthletics.com](http://www.MStateAthletics.com)). Please contact the MSU Media Relations office to obtain additional information.

## SEC RELEASE

The Southeastern Conference release will be released every week beginning mid-January by the SEC office. The SEC contact for track and field is Jennifer Reid. Reid's office phone is (205) 458-3010. Media members may also gain access to MSU and SEC releases via [www.SECsportsMedia.com](http://www.SECsportsMedia.com)

## MSU ON THE INTERNET

Visit the official Mississippi State Athletics home page on the Internet at: [www.MStateAthletics.com](http://www.MStateAthletics.com). The site offers up-to-date information on all of MSU's 16 varsity sports, including schedules and results, player and coach biographies as well as the latest news from each of the MSU athletic program.

Links to the NCAA, the Southeastern Conference and the other 11 SEC schools are also provided.

## TRACK FACILITY LOCATION

The W.O. Spencer Stadium/Carl Maddox Track is located just off U.S. Highway 82 on Lakeview Drive, across from the Bryan Athletic Administration Building on campus. Adjacent to the MSU football practice fields, A.J. Pitts Tennis Centre, the MSU Softball Field and the Shira Fieldhouse, the W.O. Spencer Stadium/Carl Maddox Track is also within a half mile of MSU's Humphrey Coliseum and Dudy Noble Field. Parking is available adjacent to the facility and across the street from the Shira Fieldhouse.

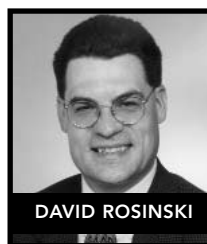
## MSU MEDIA RELATIONS STAFF



**MIKE NEMETH**  
Associate AD  
Media & Public Relations



**JOHN R. CADE**  
Assistant AD  
Media & Public Relations



**DAVID ROSINSKI**

Associate Director  
Men's Basketball



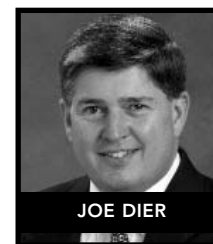
**TIM ANDRZEJEWSKI**

Assistant Director  
Soccer & Softball



**CASSIE CHANCE**

Assistant Director  
Women's Basketball



**JOE DIER**

Assistant Director  
Volleyball & Baseball



**JOE GALBRAITH**

Assistant Director  
Football



**TONY SCHMIDT**

Graduate Assistant  
Men's Golf & Track



**ANNE COOKE**

Administrative Assistant  
Bryan Building



**DIANE KEITH**

Administrative Assistant  
Humphrey Coliseum

## BOB HARTLEY MEMORIAL FELLOWSHIP

*Providing Graduate Assistant Opportunities to Young SIDs*



For more than half a century Robert M. "Bob" Hartley dedicated his life's work to promoting Mississippi State athletics. From his hiring as the school's first sports publicity director in August 1946 to his initial "retirement" as assistant athletic director for communications in June 1985, through his later years as an invaluable consultant for the Mississippi State University Department of Athletics, the man we called "Hart" gave special meaning to the words "loyalty" and "devotion to duty."

Mr. Bob's labors of love with MSU have not gone unrecognized. He has taken his place among college athletics' greats as a member of both the university's and the state's sports halls of fame and the College Sports Information Directors of America Hall of Fame.

His willingness to generously give of his talent, his time and his friendship serves as an inspiration to the countless lives he touched and to those that aspire to follow in his footsteps. In that respect, the Bob Hartley Memorial Fellowship was created by the MSU Department of Athletics to provide graduate assistantship opportunities for young media relations practitioners.

Tony Schmidt was selected as the fifth recipient of the Bob Hartley Memorial Fellowship for the 2005-06 academic year. A native of Starkville, Miss., Schmidt earned his bachelor's degree with an emphasis in public relations and sports communication, in the summer of 2005 from Mississippi State. He served as a student assistant in the MSU athletic media relations office for four years. During his stint as an undergraduate, he served as the contact for the MSU men's golf team in 2003-04 and 2004-05.

The 2004 and 2005 MSU men's golf media guides received awards from CoSIDA. The 2004 edition was rated third in District 6, while the 2005 guide placed second in the district.

Schmidt is currently seeking a master's degree from MSU in sports administration.



# SOUTHEASTERN CONFERENCE

## SETTING THE STANDARD FOR INTERCOLLEGIATE ATHLETICS IN CROSS COUNTRY AND TRACK & FIELD

In the ever-changing world of collegiate athletics, the tradition of excellence in the Southeastern Conference has remained constant. The SEC boasts a rich history and has dominated track and field like no other conference.

### 2005 CROSS COUNTRY

Arkansas led all SEC teams at the 2005 NCAA Men's Cross Country Championships, placing second to national champion Wisconsin. The Razorbacks were led by Josphat Boit, who finished seventh, earning All-America honors. Arkansas' Peter Kosgei (12th) and Kenny Cormier (28th) as well as Tennessee's Zach Sabatino (23rd) earned All-America honors as well. Three other SEC teams placed in the top 30, led by Alabama (21st), Florida (23rd) and Tennessee (28th). Arkansas also earned its 15th consecutive men's SEC title with Boit claiming his second consecutive conference individual crown.

Tennessee won its third straight SEC women's championship and placed 28th in the NCAA Championships. Auburn's Angela Homan captured her third straight women's SEC individual title and was the SEC's top finisher in the women's NCAA championships, placing ninth, and earning All-America honors. Arkansas was the SEC's top finisher at the NCAA Championships, placing 19th.

### 2006 MEN'S INDOOR

Arkansas scored 53 points to clinch their 19th indoor national crown and its 42nd national championship overall. LSU finished off the pace in second with 45 points. Arkansas' claimed its 13th SEC Indoor championship in 15 tries since entering the league in 1992. LSU's Xavier Carter claimed SEC Men's Runner of the Year. Florida's Mike Morrison was named the SEC Men's Field Event Athlete of the Year, as his gator teammate, Willie Perry, was tabbed as the SEC Men's Freshman Runner of the Year. Arkansas' Nkosinza Balumbu earned the SEC Men's Freshman Field Event Athlete of the Year, while John McDonnell of Arkansas was named SEC Men's Indoor Track and Field Coach of the Year.

### 2006 WOMEN'S INDOOR

Auburn eighth and South Carolina in 10th. Georgia won its first SEC Indoor title in school history. South Carolina's Shalonda Solomon was named the SEC Women's Runner of the Year after winning the NCAA 200m title and Florida's Shannon Leinert was tabbed SEC Women's Freshman Runner of the Year. Georgia's Jenny Dalhgren was tabbed as the SEC Women's Field Event Athlete of the Year, while teammate Levern Spencer was named SEC Women's Freshman Field Event Athlete of the Year. Georgia's Wayne Norton was named SEC Women's Indoor Track and Field Coach of the Year.

### 2006 MEN'S OUTDOOR

LSU was the National Runner-up at the NCAA Championships. Arkansas and Tennessee posted top-10 finishes, with the Razorbacks taking fifth and the Vols sixth. LSU sophomore Xavier Carter was honored in four events on the NCAA Division I Men's Outdoor Track and Field All-America Team and was also named the 2005-06 Roy F. Kramer SEC Male Athlete of the Year. Arkansas won its fourth straight SEC outdoor title. The Razorbacks have claimed 13 SEC Outdoor titles out of 15 since joining the conference in 1991-92.

### 2006 WOMEN'S OUTDOOR

Auburn women's track and field team won its first ever national title at the NCAA Outdoor Track and Field Championships. The Tigers posted All-American performances in nine events, including two individual national champions and three second-place finishers, and broke two school records during the four-day event. Tiger Coach Ralph Spry was named the NCAA Division I Outdoor Track and Field Coaches of the Year. South Carolina finished third at the NCAA Championships, while LSU and Georgia posted top 10 finishes at seventh and ninth respectively. Georgia claimed the SEC Outdoor title, holding off an Auburn rally to finish one point ahead of the Tigers.

## THE NATION'S TOP TRACK & FIELD CONFERENCE

### CROSS COUNTRY

**MEN** - Eight national championships, two individual titles, 79 All-Americans since 1984, 34 teams have finished among the Top 20 since 1984.

**WOMEN** - One team championship in 1988, 51 All-Americans since 1981, 40 teams have finished among the top 25 since 1982.

### INDOOR TRACK

**MEN** - Fourteen national championships since 1992 and 124 NCAA individual champions; 49 individuals earned All-American status in 2006 with Arkansas winning the NCAA title.

**WOMEN** - Thirteen national championships since 1987 and 90 NCAA individual champions; 41 All-Americans in 2006.

### OUTDOOR TRACK

**MEN** - Seventeen NCAA titles and 15 of 17 national championships since 1989 and 163 NCAA individual champions; 39 All-Americans in 2005.

**WOMEN** - Eleven consecutive NCAA titles by LSU from 1987-97 and again in 2000, 100 NCAA individual champions since 1982; 72 All-Americans in 2006 with Auburn winning the title.



MIKE SLIVE

Commissioner



JENNIFER REID

Media Relations Contact

### 2007 SEC TRACK & FIELD CHAMPIONSHIPS

Location .....	Tuscaloosa, Ala.
Dates .....	May 10-13, 2007
Facility .....	Sam Bailey Stadium
Media Relations Contact .....	Jason Kirksey
Phone .....	(205) 348-7476
E-Mail .....	JKirksey@ia.ua.edu
Website .....	www.SECsports.com



# SOUTHEASTERN CONFERENCE



## UNIVERSITY OF ALABAMA

Location .....Tuscaloosa, Ala.  
 Head Coach .....Harvey Glance (M), Sandy Fowler (W)  
 Media Relations Contact .....Jason Kirksey  
 Phone .....(205) 348-7476  
 E-Mail .....JKirksey@ia.ua.edu  
 Website .....www.RollTide.com



## LOUISIANA STATE UNIVERSITY

Location .....Baton Rouge, La.  
 Head Coach .....Dennis Shaver  
 Media Relations Contact .....Will Stafford  
 Phone .....(225) 578-4758  
 E-Mail .....wstaff2@lsu.edu  
 Website .....www.LSUSports.net



## UNIVERSITY OF ARKANSAS - WOMEN

Location .....Fayetteville, Ark.  
 Head Coach .....Lance Harter  
 Media Relations Contact .....Phil Pierce  
 Phone .....(479) 575-3707  
 E-Mail .....ppierce@uark.edu  
 Website .....www.LadyBacks.com



## UNIVERSITY OF MISSISSIPPI

Location .....Oxford, Miss.  
 Head Coach .....Joe Walker  
 Media Relations Contact .....Daniel Snowden  
 Phone .....(662) 915-7522  
 E-Mail .....desnowden@olemiss.edu  
 Website .....www.OleMissSports.com



## UNIVERSITY OF ARKANSAS - MEN

Location .....Fayetteville, Ark.  
 Head Coach .....John McDonnell  
 Media Relations Contact .....Molly O'Mara  
 Phone .....(479) 575-3114  
 E-Mail .....momara@uark.edu  
 Website .....www.HogWired.com



## UNIVERSITY OF SOUTH CAROLINA

Location .....Columbia, S.C.  
 Head Coach .....Curtis Frye  
 Media Relations Contact .....Michelle Schmitt  
 Phone .....(803) 777-9917  
 E-Mail .....mschmitt@gwm.sc.edu  
 Website .....www.USCSports.com



## AUBURN UNIVERSITY

Location .....Auburn, Ala.  
 Head Coach .....Ralph Spry  
 Media Relations Contact .....Brad Gust  
 Phone .....(334) 844-9703  
 E-Mail .....gustbra@auburn.edu  
 Website .....www.AuburnTigers.com



## UNIVERSITY OF TENNESSEE - WOMEN

Location .....Knoxville, Tenn.  
 Head Coach .....J.J. Clark  
 Media Relations Contact .....Eric Trainer  
 Phone .....(865) 974-8173  
 E-Mail .....etrainer@utk.edu  
 Website .....www.UTLadyVols.com



## UNIVERSITY OF FLORIDA

Location .....Gainesville, Fla.  
 Head Coach .....Mike Holloway  
 Media Relations Contact .....Mike Vietti  
 Phone .....(352) 375-4683, ext. 6120  
 E-Mail .....MikeV@gators.ufl.edu  
 Website .....www.GatorZone.com



## UNIVERSITY OF TENNESSEE - MEN

Location .....Knoxville, Tenn.  
 Head Coach .....Bill Webb  
 Media Relations Contact .....Derek Satterfield  
 Phone .....(865) 974-1078  
 E-Mail .....dsatterf@utk.edu  
 Website .....www.UTSports.com



## UNIVERSITY OF GEORGIA

Location .....Athens, Ga.  
 Head Coach .....Wayne Norton  
 Media Relations Contact .....Leland Barrow  
 Phone .....(706) 542-1621  
 E-Mail .....leland@sports.uga.edu  
 Website .....www.GeorgiaDogs.com



## VANDERBILT UNIVERSITY

Location .....Nashville, Tenn.  
 Head Coach .....Lori Shepard  
 Media Relations Contact .....Larry Leathers  
 Phone .....(615) 343-6437  
 E-Mail .....larry.leathers@vanderbilt.edu  
 Website .....www.VUCommodores.com



## UNIVERSITY OF KENTUCKY

Location .....Lexington, Ky.  
 Head Coach .....Don Weber  
 Media Relations Contact .....Sean Cartell  
 Phone .....(606) 323-4310  
 E-Mail .....secart3@uky.edu  
 Website .....www.UKAthletics.com



## SOUTHEASTERN CONFERENCE

Location .....Birmingham, Ala.  
 Commissioner .....Michael L. Slive  
 Media Relations Contact .....Jennifer Reid  
 Phone .....(205) 458-3010  
 E-Mail .....mediaintern@sec.org  
 Website .....www.SECsports.com





# NCAA QUALIFYING STANDARDS

## 2007 WOMEN'S INDOOR QUALIFYING STANDARDS

EVENT	AUTOMATIC		PROVISIONAL	
	FAT	MT	FAT	MT
55 METERS	6.75@	--	6.92@	--
60 METERS	7.27@	--	7.44@	--
55-METER HURDLES	7.58@	--	7.86@	--
60-METER HURDLES	8.15@	--	8.43@	--
200 METERS				
(Under 200m/220 yds)*	23.70	--	24.30	--
(200m/220 yds)*	23.50	--	24.10	--
(Banked or Over 200m/220 yds)*	23.30	--	23.90	--
400 METERS				
(Under 200m/220 yds)*	53.00	52.7	55.00	54.7
(200m/220 yds)*	52.70	52.4	54.70	54.4
(Banked or Over 200m/220 yds)*	52.40	52.1	54.40	54.1
800 METERS#				
(200m/220 yds or less)*	2:05.60	2:05.3	2:09.40	2:09.1
(Banked or Over 200m/220 yds)*	2:05.20	2:04.9	2:09.00	2:08.7
MILE#				
(200m/220 yds or less)*	4:40.60	4:40.3	4:48.60	4:48.3
(Banked or Over 200m/220 yds)*	4:40.00	4:39.7	4:48.00	4:47.7
3,000 METERS#				
(200m/220 yds or less)*	9:15.80	9:15.5	9:34.80	9:34.5
(Banked or Over 200m/220 yds)*	9:15.00	9:14.7	9:34.00	9:33.7
5,000 METERS#				
(200m/220 yds or less)*	16:09.60	16:09.3	16:43.60	16:43.3
(Banked or Over 200m/220 yds)*	16:08.00	16:07.7	16:42.00	16:41.7
1,600-METER RELAY				
(Under 200m/220 yds)*	3:35.40	3:35.1	3:42.40	3:42.1
(200m/220 yds)*	3:34.20	3:33.9	3:41.20	3:40.9
(Banked or Over 200m/220 yds)*	3:33.00	3:32.7	3:40.00	3:39.7
MILE RELAY				
(Under 200m/220 yds)*	3:36.60	3:36.3	3:43.60	3:43.3
(200m/220 yds)*	3:35.40	3:35.1	3:42.40	3:42.1
(Banked or Over 200m/220 yds)*	3:34.20	3:33.9	3:41.20	3:40.9
DISTANCE MEDLEY RELAY#				
(200m/220 yds or less)*	11:11.00	11:10.7	11:32.00	11:31.7
(Banked or Over 200m/220 yds)*	11:09.00	11:08.7	11:30.00	11:29.7
DISTANCE MEDLEY RELAY#				
(200m/220 yds or less)*	11:14.50	11:14.2	11:35.50	11:35.2
(Banked or Over 200m/220 yds)*	11:12.50	11:12.2	11:33.50	11:33.2
HIGH JUMP	1.84		1.78	
POLE VAULT	4.20		3.95	
LONG JUMP	6.40		6.10	
TRIPLE JUMP	13.30		12.65	
SHOT PUT	16.90		15.20	
20-POUND WEIGHT	21.00		19.00	
PENTATHLON	4,050 POINTS		3,700 POINTS	

@ Qualifying times attained at altitude of 6,000 feet and above, add .04 seconds. Times attained at altitude of 3,000-5,999 feet, add .02 seconds.

## 2007 MEN'S REGIONAL QUALIFYING STANDARDS

EVENT	FAT	MT	ALTITUDE
			ADJUSTMENT
100 METERS	10.50	--	3K-5,999/6K+ +.03/+.06
200 METERS	21.19	--	+.07/+.12
400 METERS	47.20	46.9	+.11/+.21
800 METERS#	1:50.40	1:50.1	
1,500 METERS#	3:47.80	3:47.5	
MILE#	4:03.75	4:03.5	
3,000-M STEEPLECHASE#	9:07.00	9:06.7	
5,000 METERS#	14:12.00	14:11.7	
10,000 METERS# - (A)	28:45.00	28:44.7	
10,000 METERS# - (P)	29:30.00	29:29.7	
110-METER HURDLES	14.30	--	+.04/+.08
400-METER HURDLES	52.51	52.2	+.11/+.21
400-METER RELAY	40.66	40.4	+.12/+.24
440-YARD RELAY	40.86	40.6	+.12/+.24
1,600-METER RELAY	3:10.00	3:09.7	+.44/+.84
MILE RELAY	3:11.20	3:10.9	+.44/+.84
HIGH JUMP	2.10		
POLE VAULT	5.05		
LONG JUMP	7.34		
TRIPLE JUMP	15.00		
SHOT PUT	16.80		
DISCUS	51.70		
JAVELIN	61.60		
HAMMER	55.60		
DECATHLON - (A)	7,500 POINTS		
DECATHLON - (P)	6,900 POINTS		

## 2007 WOMEN'S REGIONAL QUALIFYING STANDARDS

EVENT	FAT	MT	ALTITUDE
			ADJUSTMENT
100 METERS	11.75	--	3K-5,999/6K+ +.03/+.07
200 METERS	23.96	--	+.07/+.14
400 METERS	54.61	54.3	+.11/+.21
800 METERS#	2:09.80	2:09.5	
1500 METERS#	4:27.80	4:27.5	
MILE#	4:49.60	4:49.3	
3,000-M STEEPLECHASE#	10:50.25	10:50.0	
5000 METERS#	16:52.00	16:51.7	
10,000 METERS# - (A)	33:30.00	33:29.7	
10,000 METERS# - (P)	35:00.00	34:59.7	
100-METER HURDLES	13.92	--	+.04/+.08
400-METERS HURDLES	1:00.82	1:00.5	+.11/+.21
400-METER RELAY	45.70	45.4	+.12/+.28
440-YARD RELAY	45.90	45.6	+.12/+.28
1,600-METER RELAY	3:42.00	3:41.7	+.44/+.84
MILE RELAY	3:43.20	3:42.9	+.44/+.84
HIGH JUMP	1.75		
POLE VAULT	3.80		
LONG JUMP	6.00		
TRIPLE JUMP	12.32		
SHOT PUT	14.30		
DISCUS	47.30		
JAVELIN	43.45		
HAMMER	54.15		
HEPTATHLON - (A)	5,500 POINTS		
HEPTATHLON - (P)	5,050 POINTS		

# - Altitude adjustment available

(A) - Automatic, (P) - provisional

# THE 2007 SEASON OUTLOOK







# MEN'S PREVIEW

## COMBINED EVENTS

The Bulldogs return two experienced individuals to comprise the MSU decathlete duo. Junior Joseph Queen scored a personal-best 6,519 pts at the Southeastern Conference Championships a year ago. The Jackson, Miss.-product finished 19th and sixth respectively at the league-wide event in his first two seasons. Joining Queen in the decathlon will be sophomore Darryl Brady. As a freshman in 2006, the Vancleave, Miss.-native registered 6,253 points in the SEC Decathlon.

Combined Events			
Name	Ht.	Wt.	Yr.
Darryl Brady	6-5	185	So.
Joseph Queen	5-9	170	Jr.

## DISTANCE

One of the most senior-laden groups in 2007 will be the distance competitors. The 2007 class was the first class assembled at MSU since the revival of the men's cross country program in 2003. Under the tutelage of Associate head track coach Steve Dudley and Houston Franks, the men's distance corp. is coming of a productive 2006 cross country season. Last fall, the State men finished sixth at the SEC Cross Country Championships - the best finish for the men in 25 seasons. The squad was led by senior Travis McKay, who finished his cross country career atop the school's all-time top 10 finishes list with six. Among the six top 10 finishes, he recorded a win at the Sewanee Invite to open the campaign. His performance in the first week of the season garnered him SEC Male Athlete of the Week honors. The MState men opened the '06 slate with a one-two finish at the Sewanee Invite and the Crimson Classic. Along with McKay, senior Wade Martin earned all-South Region status as a junior. Senior Phillip Moore claimed the 1500-meter run at the 2006 Bulldog Invitational, while Ryan Irwin posted a personal-best (4:01.33) in the 1500-meter run at the SEC Championships.

The distance squad features new faces in 2007 that will add depth to the line up. Jonathan Rono, a transfer from Missouri State will be an added benefit along with two-time Mississippi High School Athletic Association 5A Cross Country Champion from Madison Central High School - Daniel Simpkins. Simpkins, a stellar student in the classroom was named a National Merit Finalist.

Other newcomers include - Neel Stewart of Pensacola, Fla., Cameron Vincent of Ocean Springs, Miss. and local product Clayton Walters of Starkville High School.

Distance			
Name	Ht.	Wt.	Yr.
Tyson Bonner	5-10	135	So.
Ryan Irwin	5-10	150	Sr.
Pad Judd	6-3	150	So.
Wade Martin	5-10	150	Sr.
Travis McKay	6-2	141	Sr.
Phillip Moore	5-10	155	Sr.
Jonathan Rono	5-11	147	Jr.
Robert Scribner	6-0	142	So.
Daniel Simpkins	5-8	146	Fr.
Brandon Smith	6-1	155	Jr.
Neel Stewart	5-10	141	Fr.
Cameron Vincent	5-7	136	Fr.
Clayton Walters	6-0	160	Fr.

## JUMPS

State returns three jumpers from a season ago in senior Jerald Wilson, junior Joseph Queen and sophomore Allen Cassell. All three individuals contributed to the Bulldog scoring ledger throughout the 2006 campaign. Wilson, a Port Gibson, Miss.-product claimed the triple jump at the Jace Lacoste Invitational with a jump of 47 feet, seven and three-quarter inches. He turned in career-best 22-08 ½ in the Long Jump at the LSU Tiger Relays. Queen registered a 15-01 jump in the pole vault at the SEC Championships and jumped 5-09 ¾ in the high jump event at the Alabama Relays. Cassell shined at the SEC Championships with a fifth-place finish in the high jump. The Port Gibson, Miss.-sophomore scored a jump of 6-08 ¼ at the league event.

Jumps			
Name	Ht.	Wt.	Yr.
Allen Cassell	6-2	160	So.
Austin Golding	6-0	195	Jr.
Joseph Queen	5-9	170	Jr.
Jerald Wilson	5-10	155	Sr.

## SPRINTS & MIDDLE DISTANCE

On the heels of a seventh-place finish in the 4x400-meter relay at the 2006 Outdoor National Championships, the MSU quartet of Arthur Davis, Bruce Davis, Ezra Jones and Nathan Daniels returns for 2007 in hopes of improving on the '06 accomplishments. The relay team earned all-American status for its finish at the national championships. A. Davis garnered his third all-American honor during his junior season and will be striding for his fourth this season. If the Mobile, Ala.-native can achieve the feat, he would become just the second MSU track and field athlete to earn all-American honors in all four seasons at State. The only other individual to complete that honor was Lorenzo Daniel (1985-88). B. Davis and Jones had stellar junior seasons after transferring to MState from Wallace State Community College

in Alabama. The team placed third in the 4x400-meter relay at the SEC Championships and qualified for nationals at the Mideast Regional, clocking a season-best three minutes, 3.09 seconds.

Chris Woods advanced to nationals in the 800-meter run. In two seasons on the Starkville campus, the Atlanta, Ga. native has advanced to nationals as a freshman and sophomore and garnered all-American honors as a part of the 4x400-meter relay squad during his rookie campaign.

Five newcomers boost the sprints with junior college transfers Jamil Hubbard, who won a junior college championship as a member of the 4x400-meter relay team at Wallace State CC. Delandus O'Neal was named honorable mention all-American on the junior college level in the 400-meter hurdles at WSCC. Freshmen Kendall May won the Alabama High School State crown in the 100-meter dash and claimed fourth in the 200-meter.

Sprints & Middle Distance			
Name	Ht.	Wt.	Yr.
John Bailey	6-0	230	So.
Golden Coachman	6-2	172	Jr.
Nathan Daniels	6-2	180	Sr.
Arthur Davis	6-2	180	Sr.
Bruce Davis	6-1	168	Sr.
Jamil Hubbard			Jr.
Ezra Jones	5-10	160	Sr.
Kendall May	5-9	139	Fr.
Elliot Morant	6-0	185	Sr.
Delandus O'Neal	5-4	149	Jr.
Kyle Roberts	6-1	170	Jr.
Chris Woods	5-9	149	Jr.

## THROWS

One year in the books for the throwers will provide experience for sophomores Kiley Aguar and Daniel Zabaldano. Aguar carded a third-place finish in the hammer at the MSU-hosted Jace Lacoste Invitational. Zabaldano had season-best marks in the javelin, finishing sixth at the Auburn Invitational. The Brandon, Miss.-product posted a personal-best in the hammer competition of the Jace Lacoste Invitational.

Throws			
Name	Ht.	Wt.	Yr.
Kiley Aguar	6-5	230	So.
Austin Golding	6-0	195	So.
Daniel Zabaldano	6-7	225	So.



# MEN S ROSTER



NAME	EVENT	HT.	WT.	CL.	EXP	HOMETOWN (HS/JC/LAST SCHOOL)
Ashenafi Arega	Distance	5-9	136	Jr.	TR	Atlanta, GA (Jacksonville [AL] St.)
Kiley Aguar	Throws	6-5	230	So.	1L	Athens, GA (Cedar Shoals HS)
John Bailey	Sprints	6-0	180	So.	1L	Terry, MS (Terry HS)
Tyson Bonner	Distance	5-10	135	Fr.	RS	Morrow, GA (Morrow HS)
Darryl Brady	Combined Events	6-5	185	So.	1L	Vanceleave, MS (Vanceleave HS)
Allen Cassell	Jumps	6-2	160	So.	1L	Port Gibson, MS (Porter's Chapel HS)
Golden Coachman	Sprints	6-2	172	Jr.	TR	Birmingham, AL (Wallace St. [AL] CC)
Demtrius Cobbins	Sprints	6-0	154	Fr.	HS	North Carrollton, MS (J.Z. George HS)
Nathan Daniels	Mid. Distance/Sprints	6-2	180	Sr.	1L	New Iberia, LA (Arkansas St.)
Arthur Davis	Sprints	6-2	190	Sr.	3L	Mobile, AL (Williamson HS)
Bruce Davis	Sprints	6-1	168	Sr.	1L	Phenix City, AL (Wallace St. [AL] CC)
Austin Golding	Throws	6-0	195	RS So.	1L	Vicksburg, MS (St. Aloysius HS)
Jamil Hubbard	Sprints	5-9	148	Jr.	TR	Atlanta, GA (Wallace St. [AL] CC)
Ryan Irwin	Distance	5-10	150	Sr.	3L	Ballwin, MO (Univ. of Arizona)
Ezra Jones	Sprints	5-10	160	Sr.	1L	Wildwood, FL (Wallace St. [AL] CC)
Pad Judd	Distance	6-3	150	RS So.	1L	Cushing, WI (Grantsburg HS)
Wade Martin	Distance	5-10	150	Sr.	1L	Cullman, AL (Jacksonville [AL] St.)
Kendall May	Sprints	5-9	139	Fr.	HS	Northport, AL (Tuscaloosa County HS)
Travis McKay	Distance/Steeplechase	6-2	141	Sr.	3L	Edmonton, AB (Harry Ainlay HS)
Phillip Moore	Distance	5-10	155	Sr.	3L	Hoover, AL (Hoover HS)
Elliot Morant	Hurdles/Sprints	6-0	185	Sr.	3L	Kansas City, MO (Grandview HS)
Delandus O'Neal	Sprints	5-4	149	Jr.	TR	Carrollton, GA (Wallace St. [AL] CC)
Joseph Queen	Combined Events	5-9	170	Jr.	2L	Jackson, MS (Jacson Preparatory HS)
Kyle Roberts	Hurdles/Sprints	6-1	170	Jr.	TR	Hutchinson, KS (Hutchinson [KS] CC)
Jonathan Rono	Distance	5-11	147	Jr.	TR	Eldoret, Kenya (Missouri State)
Robert Scribner	Distance	6-0	142	RS So.	1L	Tupelo, MS (Tupelo HS)
Daniel Simpkins	Distance	5-8	146	Fr.	HS	Madison, MS (Madison Central HS)
Brandon Smith	Distance	6-1	155	RS Jr.	2L	Ashland, AL (Clay County HS)
Neel Stewart	Distance	5-10	141	Fr.	HS	Pensacola, FL (Washington Senior HS)
Cameron Vincent	Distance	5-7	136	Fr.	HS	Ocean Springs, MS (Ocean Springs HS)
Clayton Walters	Distance	6-0	160	Fr.	HS	Starkville, MS (Starkville High)
Jerald Wilson	Jumps	5-10	155	Sr.	3L	Port Gibson, MS (Port Gibson HS)
Chris Woods	Middle Distance	5-9	149	Jr.	2L	Atlanta, GA (Mays HS)
Daniel Zabaldano	Throws	6-7	225	So.	1L	Brandon, MS (University Christian HS)

## COACHING STAFF

HEAD COACH:	Al Schmidt
ASSOCIATE HEAD COACH (Men's Sprints):	Steve Dudley
ASSISTANT COACH (Men's Distance):	Houston Franks
ASSISTANT COACH (Throws, Combined Events):	Karen Illian
ASSISTANT COACH (Hurdles, Horizontal Jumps):	Kurt Thomas
ASSISTANT COACH (Vertical Jumps):	Joe Gant
ATHLETIC TRAINER:	Kelly Bachus

## PRONUNCIATION GUIDE

ASHENAFI AREGA	Ash-e-nafi Ah-Rega
Kiley AGUAR	A-gar
DELANDUS O-Neal	D-land-us
Daniel ZABALDANO	Zow-bal-don-o



# WOMEN'S PREVIEW

## COMBINED EVENTS

A pair of sophomores will look to build on the success achieved in the combined events during their freshmen seasons. Marrissa Harris set a new Mississippi State freshman record in the heptathlon in 2006. Her fourth-place finish with 5,112 points in the event set a three-year old mark that was set by former Lady Bulldog, Lauren Johnson, who closed out her MState stint last season. Dot Youmans did not compete in the heptathlon a year ago, but will be inserted into the event this season. The Poplarville, Miss.- product competed in the high jump with her best finish of second at the MSU-hosted Jace Lacoste Invitational.

Combined Events		
Name	Ht.	Yr.
Marrissa Harris	5-7	So.
Dot Youmans	5-10	So.

## DISTANCE

One of the deepest areas of the women's team this season is the collection of distance athletes. The Lady Bulldogs feature five seniors with an abundance of experience to push the younger individuals. Leading the way for MState this season will be senior Jen McPherson. She enters her final season in Maroon and White as one of only three MSU women to have competed in all three NCAA Championships - Indoor, Outdoor and Cross Country. She completed the sweep of championships this past fall by earning a spot in the 2006 edition of the NCAA Cross Country Championships in Terre Haute, Ind.

The Nampa, Idaho-native joins April Ecke (1991-95) and Tiffany McWilliams (2002-04). She concluded her junior campaign at the NCAA Outdoor Championships, competing in the 1500-meter run. Senior Annie Falor joined McPherson on the cross country all-South team this past fall. Falor finished ninth at the Crimson Classic during the cross country season. Sophomore Michelle Corrigan notched her first Lady Bulldog win at the Sewanee Invite to open the '06 slate.

Joy Griffith, who broke the school record in the 300-meter steeplechase at the Penn Relays, only competed in one event during the cross country season, as she nursed a nagging injury. Liz Grube posted a personal-best time in the 1500-meter run at the Texas Relays while Mina Thorstenson placed fourth in the same event at the Jace Lacoste Invitational in Starkville, Miss. Sophomore Nicole Rosetti and redshirt freshman Brittany Detzel will look to contribute depth in the distance competitions. The Lady Bulldogs lost two distance runners in Zita Magloire and Meggan Hodge to graduation.

Distance		
Name	Ht.	Yr.
Michelle Corrigan	5-0	So.
Brittany Detzel	5-0	Fr.
Annie Falor	5-10	Jr.
Joy Griffith	5-5	Sr.
Liz Grube	5-8	Sr.
Jennifer McPherson	6-0	Sr.
Sarah Milam	5-5	Sr.
Nicole Rosetti	5-9	So.
Mina Thorstenson	5-4	Sr.

## HURDLES AND JUMPS

Sophomores Janelle Finley, Marrissa Harris and Dot Youmans along with newcomer Wendy Copeland will handle the hurdles and jumps competitions for the Maroon and White this season. Finley had a superb freshman season in the long jump, finishing in the top five in four of the six meets on the season. The Mobile, Ala.-native turned in a regional and USATF Junior Outdoor Championship Qualifying mark by winning the long jump at the Jace Lacoste Invitational.

Harris shattered State's 100-meter hurdles record with a time of 13.52 to claim first in the event at the Southeastern Conference Championship. Youmans etched a new MState freshman record in the high jump at the Jace Lacoste Invitational. Copeland, a Tupelo, Miss.-product brings credentials in the long and triple jumps. She claimed the Mississippi High School Athletic Association's Class 5A state crowns in the long and triple jumps. As a sophomore and junior at THS, Copeland was a district, regional and North State champion in both events.

Hurdles & Jumps		
Name	Ht.	Yr.
Wendy Copeland	5-8	Fr.
Janelle Finley	5-5	So.
Marrissa Harris	5-7	So.
Dot Youmans	5-10	So.

## SPRINTS AND MIDDLE DISTANCE

A talented group of freshmen mixed in with some veterans comprise the sprints and middle distance competitions. Sophomores Antrese Banks and Gabrielle Dillon contributed immensely as freshmen during 2006. Banks, a Gloster, Miss. product participated in the 200 and 400-meter dashes as a rookie. She finished fourth in the Bulldog Invitational in the 400-meter event. Dillon earned a regional qualifying mark in the 200-meter run at the Jace Lacoste Invitational. Her time in the event also qualified her for a spot in the United States Track and Field Junior Outdoor Championships.

Junior Andrea Wahlin turned in a personal-best in the 800-meter run at the Auburn Invitational, finishing sixth at the AU-hosted event. Laquinta Aaron, a freshman from Tuscaloosa, Ala., tallied a combined 15 state titles in a variety of events at Northridge High School. Wendy Copeland, a Mississippi product, was tabbed the 2005 Mississippi Track and Field Gatorade Player of the Year. Bridgette Rose comes to the State campus from Leeds, Ala. where she captured Alabama 3A State Championship in the 100-meter dash as a junior. School Athletic Association's Class 5A state crowns in the long and triple jumps. As a sophomore and junior at THS, Copeland was a district, regional and North State champion in both events.

Sprints & Middle Distance		
Name	Ht.	Yr.
Laquinta Aaron	5-4	Fr.
Antrese Banks	5-5	So.
Gabrielle Dillon	5-2	So.
Angelica Phillips	5-6	Jr.
Bridgette Rose	5-4	Fr.
Andrea Wahlin	5-9	Jr.

## THROWS

A duo of seniors and a sophomore form the core of the women's throwers this season. Nicola Wilson established a new MSU school records in the indoor and outdoor shot put competition. Her best finish of the season came at the Alabama Relays, posting a fourth-place spot. Wilson, who hails from Trenton, N.J., registered a personal-best in the discus at the LSU Tiger Relays. Senior Christina Hernandez earned a regional qualifying mark at the Jace Lacoste Invitational in the discus along with career-best marks in the shot put and hammer in 2006. Sophomore Emily Sanders garnered MSU laurels in the hammer competition, as she set a new freshmen mark in the competition. The Woodstock, Ga.-native also nabbed a USATF Junior Outdoor Championship qualifying mark in the hammer.

Throws		
Name	Ht.	Yr.
Christina Hernandez	5-9	Sr.
Emily Sanders	5-10	So.
Latisha Rodgers	5-11	Fr.
Nicola Wilson	5-11	Sr.

# WOMEN'S ROSTER



NAME	EVENT	HT	CL.	EXP	HOMETOWN (HS/JC/LAST SCHOOL)
Laqunita Aaron	Sprints	5-4	Fr.	HS	Tuscaloosa, AL (Northridge HS)
Antrese Banks	Sprints	5-5	So.	1L	Gloster, MS (Amite County HS)
Wendy Copeland	Jumps	5-8	Fr.	HS	Tupelo, MS (Tupelo HS)
Michelle Corrigan	Distance	5-0	So.	1L	Green Bay, WI (Pulaski HS)
Brittany Detzel	Distance	5-0	Fr.	RS	Cincinnati, OH (Colerain HS)
Gabrielle Dillon	Sprints	5-2	So.	1L	Liberty, MS (Amite County HS)
Annie Falor	Distance	5-10	Jr.	2L	Flagstaff, AZ (Flagstaff HS)
Janelle Finley	Jumps	5-5	So.	1L	Mobile, AL (Murphy HS)
Abbey Graham	Distance	5-4	So.	1L	Pontotoc, MS (Pontotoc HS)
Joy Griffith	Distance	5-5	RS Jr.	3L	Tuscaloosa, AL (American Christian HS)
Liz Grube	Distance	5-8	RS Sr.	3L	Sherwood, WI (Kaukauna HS)
Marrissa Harris	Combined Events	5-7	So.	1L	Memphis, TN (Central HS)
Christina Hernandez	Throws	5-9	Sr.	3L	Asheville, NC (Reynolds HS)
Jennifer McPherson	Distance	6-0	RS Sr.	3L	Nampa, ID (Skyview HS)
Sarah Milam	Distance	5-5	RS Sr.	1L	Tulahoma, TN (Tulahoma HS)
Angelica Phillips	Sprints	5-6	Jr.	2L	Coldwater, MS (Coldwater HS)
Latisha Rodgers	Throws	5-11	Fr.	HS	Brantley, AL (Brantley HS)
Bridgette Rose	Sprints	5-4	Fr.	HS	Leeds, AL (Leeds HS)
Nicola Rosetti	Distance	5-9	So.	1L	Biloxi, MS (Mercy Cross HS)
Emily Sanders	Throws	5-10	So.	1L	Woodstock GA (Sequoyah HS)
Mina Thorstenson	Distance	5-4	RS Sr.	3L	Okauchee, WI (Catholic Memorial HS)
Andrea Wahlin	Middle Distance	5-9	Jr.	2L	Cold Spring, MN (Rocori HS)
Nicola Wilson	Throws	5-11	RS Sr.	3L	Trenton, NJ (Central HS)
Dorothy Youmans	Jumps	5-10	So.	1L	Poplarville, MS (Poplarville HS)

## COACHING STAFF

HEAD COACH:

Al Schmidt

ASSISTANT COACH (Throws, Combined Events):

Karen Illian

ASSISTANT COACH (Hurdles, Horizontal Jumps, Sprints):

Kurt Thomas

ASSISTANT COACH (Vertical Jumps):

Joe Gant

VOLUNTEER ASSISTANT COACH (Distance):

Tiffany McWilliams

ATHLETIC TRAINER:

Kelly Bachus

## PRONUNCIATION GUIDE

LAQUNITA Aaron

La-qu-a-nita

Annie FALOR

Fay-ler

Karen Illian

Ill-le-an

Sarah MILAM

My-lum

Nicole ROSETTI

Row-zet-e

Mina THORSTENSON

Thor-sten-son



# TEAM BREAKDOWN



## ALABAMA (12)

**Ashland**  
Brandon Smith  
**Birmingham**  
Golden Coachman  
**Brantley**  
Latisha Rodgers  
**Cullman**  
Wade Martin  
**Hoover**  
Phillip Moore  
**Leeds**  
Bridgette Rose  
**Mobile**  
Arthur Davis  
Janelle Finley  
**Northport**  
Kendall May  
**Phenix City**  
Bruce Davis  
**Tuscaloosa**  
Laqunita Aaron  
Joy Griffith

## ARIZONA (1)

**Flagstaff**  
Annie Falor

## FLORIDA (2)

**Pensacola**  
Neel Stewart  
**Wildwood**  
Ezra Jones

## GEORGIA (9)

**Athens**  
Kiley Aguar  
**Atlanta**  
Ashenafi Arega  
Jamil Hubbard  
Armond Smith  
Chris Woods  
**Carrollton**  
Delandus O'Neal  
**Marietta**  
Priscilla Gaines  
**Morrow**  
Tyson Bonner  
**Woodstock**  
Emily Sanders

## IDAHO (1)

**Nampa**  
Jennifer McPherson

## KANSAS (1)

**Hutchinson**  
Kyle Roberts

## LOUISIANA (1)

**New Iberia**  
Nathan Daniels

## MINNESOTA (1)

**Cold Springs**  
Andrea Wahlin

## MISSOURI (2)

**Ballwin**  
Ryan Irwin  
**Kansas City**  
Elliot Morant

## MISSISSIPPI (19)

**Biloxi**  
Nicole Rosetti  
**Brandon**  
Daniel Zabaldano  
**Coldwater**  
Angelica Phillips  
**Gloster**  
Antrese Banks  
**Jackson**  
Joseph Queen  
**Liberty**  
Gabrielle Dillon  
**Madison**  
Daniel Simpkins  
**Ocean Springs**  
Cameron Vincent  
**Pontotoc**  
Abbey Graham  
**Poplarville**  
Dot Youmans  
**Port Gibson**  
Allen Cassell  
Jerald Wilson  
**Starkville**  
Clayton Walters  
**Terry**  
John Bailey  
**Tupelo**  
Wendy Copeland  
Robert Scribner  
**Vandœuvre**  
Darryl Brady  
**Vicksburg**  
Austin Golding

## NEW JERSEY (1)

**Trenton**  
Nicola Wilson

## NORTH CAROLINA (1)

**Asheville**  
Christina Hernandez

## OHIO (1)

**Cincinnati**  
Brittany Detzel

## TENNESSEE (2)

**Memphis**  
Marrissa Harris  
**Tullahoma**  
Sarah Milam

## WISCONSIN (3)

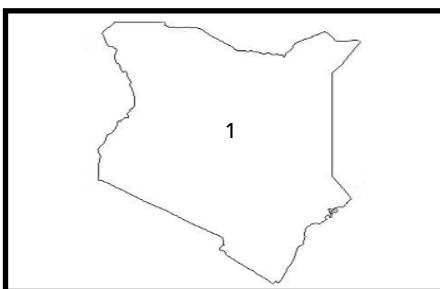
**Cushing**  
Pad Judd  
**Green Bay**  
Michelle Corrigan  
**Okauchee**  
Mina Thorstenson  
**Sherwood**  
Liz Grube

## CANADA (1)

**Edmonton, Alberta**  
Travis McKay

## KENYA (1)

**Eldoret**  
Jonathan Rono



# THE 2007 TEAM





# HEAD COACH



## AL SCHMIDT

HEAD COACH

19th Season • St. Louis University, 1975

Regarded and respected nationwide as an authority on endurance running and training, Al Schmidt enters his 19th season at the helm of the Mississippi State's men's and women's track teams. Since his hiring on Oct. 22, 1988,

Schmidt has parlayed his 34 years of collegiate coaching experience into many individual and team accomplishments for MSU, both on and off of the track. In his previous 18 seasons, Schmidt has produced 27 all-Americans and 33 SEC champions.

In 2006, Schmidt guided four Bulldogs to all-American status. Schmidt also witnessed six school records broken along with six new freshman records. At the SEC Championships, the men's team had a total of five athletes score 19 points to finish 11th overall. Among those scorers included Joseph Queen and Darryl Brady doubling in the decathlon, with fifth and eighth place finishes, respectively.

Out of the 21 events the Bulldogs competed in, 78 of the athletes marked a personal best in their respective event and won 18 events, including Tim Williams winning the B section of the high jump at the Texas Relays, after clearing six feet, 10-and-three-quarters inches. There were also 16 regional qualifiers for the men's team and nine relay regional marks met during the season. B. Davis, Jones, Daniels, and Elzie Coleman finished first in the Championship Flight of the 4X400-meter relay at the Penn Relays, with a time of 3 minutes, 6.54 seconds.

On 55 separate times this past season, 20 Lady Bulldogs met their personal best marks, along with 25 regional qualifiers. Joy Griffith finished third in the 3000-meter steeplechase at the SEC Championships with a time of 10:43.30, along with Marissa Harris who finished fourth in the heptathlon with 5,112 points, and Jasmine Walls who took fourth in the high jump with a jump of 5-10 1/2. A total of 21 Lady Bulldogs scored a total of 27 points for MSU as they finished 11th at the meet.

The Lady Bulldogs were also a part of 19 first-place finishes this past season. In the 4X800-meter relay, Jen McPherson, Andrea Wahlin, Liz Grube and Zita Magoire finished first at the LSU Tiger Relays and Alabama Relays, second at the Texas Relays, breaking a school-record with 8:47.84, and sixth at the Penn Relays. In the distance medley relay, McPherson, Antrese Banks, Wahlin and Magloire finished first at the LSU Tiger Relays and second, running an 11:29.63, at the Texas Relays behind the top-ranked Longhorns.

In 2005, Schmidt witnessed six Bulldogs garner all-America accolades. At the 2005 NCAA Outdoor Championships, Elzie Coleman, Arthur Davis, LaChristopher Lewis and Jamel Ashley ran a school-record 3:01.63 to finish fifth in the 4x400-meter relay. Ashley placed second in the 400, while Lewis took 11th in the long jump to earn his first all-America honor in the event. At the Mideast Regional, Steve Mullings won the 100-meter dash title, repeating his performance from the SEC Championships. Lewis also won the long jump title at the conference meet, while Ashley finished second in the 400-meter dash. Travis McKay finished seventh in the steeplechase, setting the third-best time in school history. As a team, the Bulldogs finished 19th in the last Trackwire 25 of the season.

On the women's side, Meggan Hodge broke the MSU school record in the 3000-meter steeplechase with a 10:46.04 eighth-place finish at the SEC

Championships. Jasmine Walls cleared a personal best to tie for second in the high jump. Crystal Averitt ended her career atop the all-time list in the hammer throw, while Lacey Johnson extended her school record in the pole vault.

Three-time all-American Tiffany McWilliams closed out her MSU career in 2004 by becoming the most decorated female athlete in Lady Bulldog track and field history. McWilliams repeated her 2003 feat of winning the outdoor 1500-meter title and also won the NCAA Indoor title in the mile. Behind McWilliams and a strong distance core, MSU achieved a No. 12 national ranking.

On the men's side, decathlete and all-American Trey Hardee set a school record in the event after tallying 8,041 points in a second-place finish at the NCAA Outdoor Championships. Five Bulldogs were named all-Americans in 2003. Ashley Davis, Lewis and Keston Nelson all earned the recognition following a third-place finish in the 4x400-meter relay at nationals. Ashley picked up the honor in the 400-meter dash in addition to the 4x4.

In 2003, McWilliams became the first woman in MSU track and field history to win a national championship. Running 4:06.75, McWilliams broke an NCAA Championships record en route to winning the 1500-meter run. She was also crowned the SEC indoor champion in the mile run in addition to the outdoor 800- and 1500-meter runs.

At the Outdoor Championships, State tallied the second-highest point total with 20 points. MSU finished in tied for 15th behind Pierre Browne's second-place showing in the 100-meter dash (10.34). Hardee took fifth in the decathlon for his first all-America honor, while Kelvin Harris ran 13.86 in the 110-meter hurdles to earn his first all-America nod.

The men topped all previous indoor squads at the NCAA Indoor Championships. The Bulldogs scored 15 points to score in the top 10 for the first time in school history. Browne won the 60-meter dash title (6.60), while Marquis Davis finished second in the 200 (20.70).

### THE AL SCHMIDT FILE

#### PERSONAL

Birthdate: September 3, 1950  
Birthplace: Dallas, Texas  
Hometown: St. Louis, Mo.  
Wife: Former Jessie Garfield  
Children: Daughter Sara Lynn, Son Daniel

#### EDUCATION

College: St. Louis University, 1975

#### COACHING EXPERIENCE

1972-75 Assistant Coach, Missouri-St. Louis, Cross Country  
1975-80 Head Coach, St. Louis, Men's Track & Field  
1982-83 Graduate Assistant, Kansas, Track & Field  
1983-88 Assistant Coach, Florida State, Track & Field  
Head Coach, Florida State, Cross Country  
1988- Head Coach, Track & Field

#### NOTABLE

Schmidt has coached 23 all-Americans, 33 Southeastern Conference Champions and four individual national titles ... Placed 164 student-athletes on the SEC Academic Honor Roll, including three academic all-Americans ... Vice-chairman of the USA Track & Field's Coaches Education Committee.



During 2002, Schmidt and the MSU program hosted the SEC Outdoor Championships. At the meet, State's men scored 35 points as a team, the second-highest total of an MSU squad since his arrival. He also witnessed the men's program tally its highest points total since 1991 at the SEC Indoor Championship.

Elisha Williams became the school's first indoor all-American in 2001 after taking second in long jump. Later in the season, Williams became the second woman to become a double all-American in the same year. Williams took fifth in the outdoor long jump. Schmidt also helped Falilatou Ogunkoya finished her MSU career in 2001 as a five-time all-American, and Camille Harper closed out her career as an all-American in the 100-meter dash.

The 1990s saw Aki Bradley benefit from the tutelage of Schmidt. Bradley became a double all-American at the 1994 NCAA Outdoor Championships, placing in both the 100- and 200-meter sprints. In 1992, MSU hosted the SEC Outdoor meet. In the first year Arkansas and South Carolina were members of the conference, the Bulldogs finished seventh overall.

Schmidt's first men's team in 1989 showed immediate improvement, finishing fifth at both the SEC Indoor and Outdoor Championships. It marked the first time in five years the Bulldogs finished in the top half of the conference.

During Schmidt's first three years, he saw Festus Igbinoghene earn six all-America awards in horizontal jumps, including three runner-up finishes in the triple jump.

## ACADEMICS

Under Schmidt, State's squads have also excelled in the classroom. A total of 164 student-athletes have been named to the SEC Academic Honor Roll a combined 239 Times. Three athletes - Rob Irwin, Tina Bridgeman and April Ecke each earned Academic all-America honors. Distance runner Ecke earned the 1995 H. Boyd McWhorter Scholar Athlete of the Year honor after an outstanding career on the track and in the classroom. Chris Boldt earned First Team Academic all-District honors from the College Sports Information Directors of America in 2003, while Matt Denton collected the honor in 2005. Joining Boldt and Denton this past year were Brian Irwin who finished 1st Team Academic all-District for the Men's, Joy Griffith who finished First Team Academic all-District, and Zita Magloire who finished with 2nd Team Academic all-District. Also, in 2006 the Lady Bulldogs were selected by the U.S. Track and Field and Cross Country Coaches Association, as an All-Academic Team. They were one of 77 teams nationally and joined four other Southeastern Conference squads for the prestigious honor.

## PRIOR TO MSU

Before coming to MSU, Schmidt was instrumental in the success of Florida State University's track and field program in the mid 1980s. First serving as an assistant women's track coach and head cross country coach, he later became an assistant men's track coach and head cross country coach. Under his guidance, the Lady Seminoles won two national titles, taking the 1984 outdoor and 1985 indoor titles. The FSU women also claimed runner-up honors at the 1983 and 1985 outdoor meets.

Upon earning his bachelor's degree from St. Louis University, Schmidt made his coaching debut as an assistant cross country coach at the University of Missouri-St. Louis before returning to his alma mater as head men's track coach for the next five years. After spending two years in private business, Schmidt returned to the track in 1982 as a graduate assistant at the University of Kansas. Following his one season at KU, he began his six-year stint at Florida State.

## PERSONAL

In 1997, Schmidt served as a District 9 representative for the NCAA Women's Cross Country Championships. Having rewritten the endurance curriculum for Levels I and II, Schmidt currently serves as the vice-chairman of USA Track and Field's Coaches Education Committee. Schmidt, 56, is married to the former Jessie Garfield of St. Louis, Mo. They are the parents of two children - daughter Sara Lynne, a sophomore at MSU and son, Daniel, a high school junior.





# COACHING STAFF



## STEVE DUDLEY

ASSOCIATE HEAD COACH

Men's Sprints

Seventh Season • Mississippi State, 1995

An integral part of the Bulldogs' success since his return to Starkville, Steve Dudley begins his seventh year at Mississippi State as the associate head coach for the track and field squads and head coach of the men's cross country team.

Through six seasons back on campus, Dudley has tutored 13 athletes to all-American status since his return to his alma mater in 2000. Last season, Dudley led five Bulldog sprinters to regional qualifying marks, including four individuals in the 400-meter dash. Chris Woods made a trip to the NCAA postseason in the 800-meter run. The 2006 edition of State's 4x400-meter relay team of juniors Bruce Davis, Ezra Jones, Arthur Davis and Nathan Daniels ran 3 minutes, five seconds to finish seventh at the NCAA Outdoor Championships. The finish by the quartet garners A. Davis with his third all-America honor in the event, while B. Davis, Jones and Daniels collected their first.

In 2005, Dudley guided MState's 4x400-meter relay squad to a fifth-place finish at the national championships and broke a school record held for more than a decade (3:01.63). As a result, senior Jamel Ashley, freshman Elzie Coleman, Arthur Davis, senior LaChristopher Lewis, Kendall Pyant II and Chris Woods earned all-America status. In the 4x100-meter relay, Ashley, Lewis, sophomore Elliott Morant and Mullings tied a school record with a 39.09 clocking at the Texas Relays. Mullings, Ashley, Davis and Lewis combined to finish third in the event at the SEC Championships. Since the 2003 Penn Relays, the Bulldogs have failed to win the 4x200-meter relay only once.

Former Bulldog Steve Mullings posted the fastest regional-qualifying time in the country in the 100-meter dash (10.06) and won the Southeastern Conference and Mideast Regional championships. In his final season for the Maroon and White, Jamel Ashley garnered all-America honors with a second-place finish in the 400-meter dash at the national championships. Ashley's 44.75 broke a school record he set a day earlier.

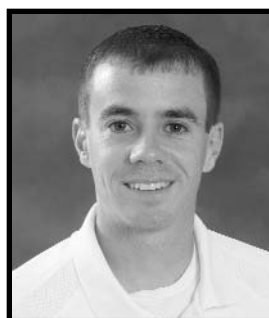
At the 2004 SEC Championships, Ashley, Davis, Keston Nelson and Lewis finished second in the 4x4. Ashley took eighth in the 400 at the national meet, while the 4x4 squad finished third.

Pierre Browne was named the 2003 NCAA Indoor national champion in the 60-meter dash and finished runner-up in the 100 at the outdoor national meet. Marquis Davis finished second in the 200 at the outdoor national meet the same season. Throughout the season, four of his athletes accumulated six all-America honors. Dudley's first season in Starkville saw his athletes earn eight all-America accolades.

In three seasons at Beville State (Ala.) Community College, Dudley coached three NJCAA national champions and 19 all-Americans. In cross country, the men's and women's squads captured the Region XXII title in 1999. The Bears also won the 1998 Region XXII title en route to a third-place national showing. His 1999 Lady Bear team earned Academic Team of the Year honors, and the men finished second the same season. Twelve Bears earned Academic all-America accolades.

Before entering the coaching ranks, Dudley served as a captain for MSU's track team from 1991-95. While at State, he was named to the SEC Academic Honor Roll for three years (1993-95). He currently ranks fifth on MSU's all-time superlatives list in two categories--the indoor 5000-meter run and the outdoor 10,000-meter run.

The Hamilton, Ala.-native graduated with a bachelor's degree in May 1995. He received his master's degree in environmental geology from State in December 2004.



## HOUSTON FRANKS

ASSISTANT COACH

Men's Distance

Third Season • Mississippi State, 1998

Houston Franks returned home to Mississippi State in 2004 as an assistant track and field coach. An accomplished distance runner at for the Maroon and White from 1994-98, Franks assists coaching and developing men's distance runners.

The third-year coach is an integral part to the recent success of the MState men's cross country program. This past cross country season, the Bulldogs finished sixth at the Southeastern Conference Cross Country Championship - the best placement by the men's squad since the 1981 season and the best finish since the program was revived in 2003. Working alongside men's head cross country coach Steve Dudley, Franks helped the squad to a season-opening meet win at the Sewanee Invite. The 2005 team also finished second at the Crimson Classic. The men finalized the 2005 slate with an eighth-place spot at the NCAA South Regional.

Prior to returning to Starkville, Franks spent five years at Southwest Missouri State University (now Missouri State University). While at SMS, Franks served as head cross country coach for the Bears. While there, he won three Missouri Valley Conference women's titles. His women's teams finished in the top four at the NCAA Midwest Regionals during his last three years and his men's squads finished in the top half of the conference during all five seasons. During the track and field season, the Bears captured three indoor and outdoor league championships on the women's side.

Franks was a three-time MVC Coach of the Year in women's cross country. During the 2002-03 season, he was also a part of the first SMS squad since 1993-94 to win the league's coveted Triple Crown championships in cross country and both indoor and outdoor track and field.

Franks was also a graduate assistant at MSU under Al Schmidt during the 1998-99 season. While an assistant, he developed training programs for distance runners and coordinated team travel, recruiting and meet administration.

While running for the Maroon and White, Franks was considered MSU's top distance runner and was named to the Southeastern Conference's Academic Honor Roll three times. He currently ranks second on MState's all-time list in the indoor 3000-meter run and fourth in the outdoor 10,000-meter run.

Franks is a 1998 MSU graduate with a teaching and coaching degree. He received his master's degree in sports administration from MSU in August 1999.

The Tupelo, Miss. native was a four-year letterwinner at Tupelo High School and was named an all-American in cross country his senior season. A state champion in both cross country and the two-mile run, he was also named an all-State selection three times during his track and field career at THS.



## KAREN ILLIAN

ASSISTANT COACH

Combined Events, Throws

Third Season • Florida State, 2002

Former Florida State University standout Karen Rademeyer joined the MSU staff during the 2004-05 season. Her primary responsibilities at MSU are coaching throwers and combined event athletes.

In 2006, she guided freshmen Emily Sanders into the MState freshmen record books in the discus and hammer competitions. Sanders mark of 172 feet, two inches was also good for a spot in the USATF Junior Outdoor Championships. Under her guidance, a total of six athletes garnered all-Southeastern Conference status and three Lady Bulldogs set new all-time outdoor superlatives in the hammer competition since the 2005 slate. Junior Christina Hernandez earned a regional qualifying mark in the discus competition. Her mark of 156 not only earned her spot in the postseason event, but also claimed the top spot at the Jace Lacoste Invitational. In the shot put, Illian tutored junior Nicola Wilson to a school record 50 feet, one inch and three quarters attempt to earn her a regional qualifying mark. She coached Marissa Harris to a new school record in the 100-hurdles (13:52). She tutored Lauren Johnson to all-SEC honors in the pentathlon and heptathlon. On the men's side, Joseph Queen and Darryl Brady each captured all-SEC awards in the decathlon.

During the 2003-04 season, Illian served as an assistant coach at McNeese State University in Lake Charles, La. While there, Illian was responsible for throwers, combined events and the program's strength and conditioning training. Under Illian, several McNeese State athletes qualified for the NCAA Regionals in the shot put, discus and javelin.

At Jacksonville University in Jacksonville, Fla. during the 2002-03 season, Illian was in charge of the throws and multi-events, including helping Andrea Pressley to the NCAA and USA Championships.

A 2002 graduate of FSU, Illian was an NCAA qualifier in the javelin her final season. She also finished her junior year ranked among the nation's top 35 javelin throwers. During her Atlantic Coast Conference career, Illian finished ranked in the top 10 in the javelin, hammer throw and heptathlon in three seasons of competition.

During her senior season, Illian completed conference competition ranked eighth in both the heptathlon and hammer throw and second in the javelin. In 2001, she finished second in the ACC in the heptathlon and third in the javelin. At the conclusion of the 2000 season, Illian finished ranked fifth in the heptathlon, fourth in the javelin throw, eighth in the hammer throw and helped lead the Seminoles to the ACC team title. Currently, she ranks fourth in the javelin throw on the FSU all-Time list and fifth in the hammer throw. She also ranks eighth on the list in the heptathlon.

Illian graduated magna cum laude with a bachelor's degree in English education. She received her master's in exercise physiology from McNeese State in May 2004. She has received her Level I and Level II certifications in throws from USA Track.

This past summer, she married MSU assistant strength and conditioning coach Travis Illian. He works directly with MSU football, softball and women's tennis programs.



## KURT THOMAS

ASSISTANT COACH

Horizontal Jumps, Hurdles, Sprints

Seventh Season • Mississippi State, 1995

Kurt Thomas joined the Mississippi State staff in 2004 as a graduate assistant, and in 2005, was promoted to assistant coach. His primary responsibilities are coaching hurdlers, jumpers and women's sprints.

This past season Thomas directed the women's 4X800-meter relay team that includes Jen McPherson, Andrea Wahlin, Liz Grube, and Zita Magloire. They set a Mississippi State school record with 8 minutes, 47.84 seconds, and finished second only behind No. 1 nationally ranked Texas at the Texas Relays, and also went on to win the LSU Tiger Relays and the Alabama Relays. In the Distance Medley, McPherson, Wahlin, Magloire, and Antrese Banks won both the LSU Tiger Relays, Alabama Relays, finished second at the Texas Relays, and seventh at the Penn Relays. With Thomas's assistance Marissa Harris finished in the top 5 of all six of her 100-meter hurdle events, including a first place finish at the Jace Lacoste Invitational. In conclusion to the year Thomas helped guide four Mississippi State Outdoor Track and Field records to be broken including the 100-meter hurdlers by Harris, 13.52, 4X800-meter relay, and the High Jump by Jasmine Walls with a five feet, 10-and-three-quarter inches jump. Also, three freshman records were broken including the 100-meter hurdles by Harris, High Jump by Dot Youmans with 5-07, and the Triple Jump by Janelle Finley with 39-08. In addition, Thomas oversaw 19 personal best marks achieved by the women's team in sprints, hurdles, and jumps. Thomas also assisted in leading the men's team to 14-personal best marks in the hurdles and jumps for the 2006 year, and assisted Allen Cassell to a 5th place SEC finish in the high jump finishing with 6-08 ¾ jump.

Prior to coming to Starkville, Thomas was a student assistant with the University of Tennessee men's program. Under Vince Anderson, he aided in the training and development of athletes, as well as meet and administration management. He was also a part of two Southeastern Conference championship teams and two NCAA national championship squads.

Thomas worked with numerous all-Americans and SEC champions in all events and worked with professional athletes, including world champion and Olympic gold medalist Justin Gatlin, Leonard Scott, Tom Pappas, Gary Kikaya, Jabari Greer and Stephan Harris.

Thomas also assisted with the UT Championship Track and Field Camp for three summers. He instructed athletes from ages 8-18 in areas of correct warm-up procedures, as well as instruction in sprints and sprint starts, long jump, basic track and field techniques and proper nutrition.

In addition to his collegiate coaching experience, Thomas coached the Knoxville (Tenn.) Track Club. His primary area of interest was among 7-18 year olds competing in sprints, hurdles and relays. One of his athletes qualified for the Amateur Athletic Union national trials in the boys' 100-meter dash.

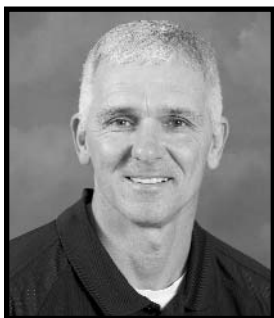
As an undergraduate at the University of New Mexico, Thomas scored at the Western Athletic Conference indoor meet in the 60-meter dash and 4x400-meter relay. He also participated in the WAC outdoor meet in the 100-meter dash and 4x100-meter relay.

As a high school athlete, Thomas was an all-State performer in the 4x100-, 4x200- and 4x400-meter relays at Hobbs (N.M.) High School. He was a three time all-District selection in the 100 and 200-meter dashes, 4x100-, 4x200- and 4x400-meter relays and district champion in all three relay events.

Thomas received his Bachelor of Arts degree in history from the University of Tennessee in 2004, and is currently pursuing a master's degree in kinesiology from Mississippi State. He has two USATF Level II certifications, the first in sprint, hurdles and relays and the second in combined events.



# COACHING STAFF/SUPPORT STAFF



## JOE GANT

ASSISTANT COACH

Vertical Jumps

Second Season • Mississippi State, 1975

Entering his second season assisting with the MState Track and Field program is Joe Gant. Gant, a former two-year letterwinner on the Bulldog track squad in 1974 and 1975, works daily with the vertical jumps. The Vaiden, Miss.-native came to State in 1974 after a two-year stint in the junior college ranks in Mississippi. He turned in a personal-best 15 feet, six inches in the pole vault competition and placed second in the Southeastern Conference decathlon with 7,041 points. His point total in the event is a school record (old javelin).

After his collegiate days, Gant remained in the state of Mississippi in the high school football coaching ranks at Weir High School in Choctaw County, Miss. While at WHS, Gant led the Lions to five Class 1A State Championships. His quintet of state titles is second all-time in the Mississippi High School Athletic Association's coaching laurels. He is the only coach in Mississippi to have won that many at one school.

His nephew, Jamie Gant, played two seasons for the MSU Diamond Dogs from 2003-04.



## TIFFANY McWILLIAMS

VOLUNTEER ASSISTANT COACH

Distance

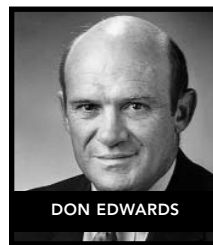
The most decorated female athlete in the history of Mississippi State track and field returns to the program as a volunteer assistant coach for the 2007 season. Tiffany McWilliams, a three-year letterwinner for the Lady Bulldogs will assist with the distance runners this season under head coach Al Schmidt.

McWilliams, a three-time NCAA Champion and all-American at MSU, she established herself as one of the top middle distance runners in the NCAA and is now one of the best in the United States. She captured her first NCAA crown at the 2003 outdoor championships in the 1,500-meter run. The Red Bay, Ala.-native won six Southeastern Conference titles during her time in the Maroon and White. McWilliams registered SEC crowns in the indoor miler in 2003 and 2004 and captured the 2003 and 2004 800-meter run and 1500-meter run events. She was named the SEC's Runner of the Year in 2004 and was tabbed as the conference's Athlete of the Week three times in track and once in cross country. She holds three MSU records in indoor track and owns three in outdoor competitions.

In cross country, she was a back-to-back all-Region honoree in 2002 and 2003. She finished 19th at the NCAA South Regional in 2002 and runner-up in the 2003 edition of the NCAA South Regional.

Her professional resume' includes a runner-up spot at the 2006 USA Indoor Championships and won the mile event at the Tyson Invitational (4:30.60). McWilliams ranks fifth in the United States by *Track and Field News*.

## ADMINISTRATION



DON EDWARDS

Game Management



TYLER HILL

Officials Coordinator



MICHELLE SCRIVENER

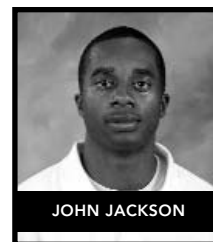
Administrative Assistant

## TRAINERS



KELLY BACHUS

Athletic Trainer



JOHN JACKSON

Graduate Assistant Trainer



MEAGEN CARIKER

Student Trainer



ALLISON MEYER

Student Trainer

## MANAGERS



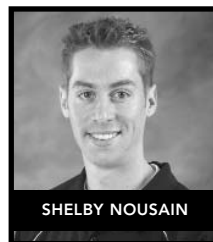
CAITLIN BARRETT



SAVANNAH COTTRELL



MATT GREAR



SHELBY NOUSAIN



CHAD SWIMS



## KILEY AGUAR

Sophomore • 6-5 • Athens, Ga.  
Cedar Shoals HS  
Major: Biology  
Events: Throws

### 2006 OUTDOOR

Posted a personal best hammer throw of 139-00 at the Jace Lacoste Invitational.

### HIGH SCHOOL

Competed in track at Cedar Shoals (Ga.) High School as a senior... Advanced to the city championships in the discus... Also participated in basketball and football... Basketball team advanced to state semifinals all four years... Member of the Fellowship of Christian Athletes and Jobs for Georgia Graduates.

### PERSONAL

Born Kiley Aguar on Nov. 13, 1985 in Athens, Ga.... Son of Dave Aguar and Erin Sullivan... Majoring in biology.



## JOHN BAILEY

Sophomore • 6-10 • Terry, Miss.  
Terry HS  
Major: Chemical Engineering  
Events: Sprints

### 2006 OUTDOOR

Finished 22nd in the 100-meter dash at the SEC Championships after running a personal best 10.93... Also finished 23rd in the 200-meter dash, running 22.13... Clocks a personal best in the 200 (21.87) and 110-meter hurdles (16.95) at the Jace Lacoste Invitational... Ran second leg of third-place 4x110-meter shuttle hurdle relay at the Alabama Relays (1:09.71).

### HIGH SCHOOL

Competed at Terry (Miss.) High School for head coach Paul Anderson... South State champion in the 300-meter hurdles... State runner-up in 300 hurdles... Voted team captain of team... Also participated in Football... Named team captain... Earned Most Improved Award... Member of Entourage Modeling.

### PERSONAL

Born John Kendarryl Kurt Bailey on Feb. 27, 1987 in Jackson, Miss.... Son of Virginia and Kenneth Bailey... Uncle Tony Jackson attended MSU... Majoring in chemical engineering.



## TYSON BONNER

FRESHMAN • 5-10 • MORROW, GA.  
MORROW HS  
MAJOR: MECHANICAL ENGINEERING  
EVENTS: DISTANCE

### 2006 OUTDOOR

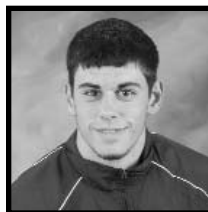
Did not compete during the 2006 season.

### HIGH SCHOOL

Clayton County (Ga.) and Region Champion in track and cross country in 2004 and 2005... Best times include 1:55 in the 800-meter, 4:08 in the 1500-meter and clocked a 16:20 in high school cross country... Named Georgia Athlete of the Year by the Atlanta-Journal Constitution in 2004... Ran for the Quicksilver Track Club in Georgia.

### PERSONAL

Born Tyson Bonner on Nov. 20, 1986... Son of Lisa and Will Cameron ... Majoring in mechanical engineering .



## DARRYL BRADY

Sophomore • 6-5 • Vancleave, Miss.  
Vancleave HS  
Major: Sports Communication  
Events: Combined Events

### 2006 OUTDOOR

Scored for the Bulldogs at his first SEC Championships, placing eighth in the decathlon with a personal-best 6,253 points... Set several personal bests during competition, including 11.65 in the 100-meter dash... 51.92 in the 400-meter dash, 4:55.51 in the 1500-meter run, 17.46 in the 110-meter hurdles, 14-01 1/4 in the pole vault, 21-02 3/4 in the long jump and 102-11 in the discus throw... Finished tied for second in the high jump at the Jace Lacoste Invitational, clearing a personal best 6-06 3/4... At the Alabama Relays, during the decathlon competition, set a personal best in the shot put (33-10 3/4)... Took fourth in the javelin throw at the Jace Lacoste Invitational, throwing a personal best 157-01... Won the high jump title during the Alabama Relays decathlon by clearing 6-06... Took second in the high jump at the SEC Championships decathlon (6-04 1/4)... Ran third leg of third-place 4x110-meter shuttle hurdle relay at the Alabama Relays (1:09.71)... Anchored 4x400-meter relay at Jace Lacoste Invitational.

### HIGH SCHOOL

Competed at Vancleave (Miss.) High School for coach Mark High... Finished fifth in the high jump at the state meet as a junior with a clearing of 6-04... Also competed in football, basketball, cross country and soccer... Earned all-District honors in football (tight end) and basketball... Was a member of the Fellowship of Christian Athletes and National Honor Society.

### PERSONAL

Born Darryl Ford Brady II on April 3, 1987 in Pascagoula, Miss.... Son of Dawn Lynn and Darryl Brady, Sr.... Uncle Bill Brady and cousin Amber Brady both attended MSU... Majoring in sports communication.



## ALLEN CASSELL

Sophomore • 6-2 • Post Gibson, Miss.  
Porter's Chapel HS  
Major: Biological Sciences/Pre-Med  
Events: Jumps

### 2006 OUTDOOR

Finished fifth in the high jump at the SEC Championships after jumping a personal best 6-08 1/4... Finished tied for second at the FSU Snowbird (6-06)... Took third on two occasions... Leaped 6-04 3/4 at the LSU Tiger Relays and Bulldog Invitational.

### HIGH SCHOOL

Jumped for head coach Jim DeLaughter at Porter's Chapel (Miss.) Academy... Won three state championship titles in the high jump (2002, 2004 & 2005)... Holds the North State and Mississippi Private School Association's high jump record (6-06)... Finished third at state in 2001 and second in 2003... Cleared his personal record 6-08 at the 2004 South State meet... Has leaped personal bests of 20-08 in the long jump and 41-01 in the triple jump... Also played basketball, football, soccer and won a state title in baseball (2003)... Member of the Key Club, Student Council secretary and junior and senior class president... Named a Class Favorite, Most Athletic and Mr. Porter's Chapel Academy.

### PERSONAL

Born James Allen Cassell on Dec. 11, 1986... Son of Becki Boren and Jimmy Cassell... Father attended MSU... Brother Jason played football at Copiah-Lincoln (Miss.) Community College... Majoring in biological sciences/pre-medical studies.



## NATHAN DANIELS

Senior • 6-2 • New Iberia, La.  
Arkansas State  
Major: Fitness Management  
Events: Middle Distance/Sprints

### 2006 OUTDOOR

Earned all-America status as a member of the seventh-place 4x400-meter relay at the NCAA Championships (3:05.00)... Team ran 3:05.20 to finish eighth in the qualifying round... Ran anchor leg of relay most of season... At the Midwest Regional, squad qualified for nationals after finishing third in a season's best 3:03.09, the third best time in the conference this year... In the open 400, ran 47.35 to finish 22nd... Finished 13th in the 400-meter dash (47.33) and 10th in the 800-meter run at the SEC Championships (1:51.84)... 4x4 won Penn Relays (3:06.54) and Alabama Relays (3:16.92)... In the sprint medley relay, won LSU Tiger Relays in a season's best 3:19.57... SMR was second at the FSU Snowbird (:31.26)... Finished second in the 4x4 at Bulldog Invitational (3:08.40)...



# BULLDOGS

Ran third leg of fifth-place 4x200-meter relay at the Texas Relays (1:24.50)... Ran first legs of third place 4x4's at the FSU Snowbird and Jace Lacoste Invitational.

## ARKANSAS STATE

Sun Belt conference indoor and outdoor champion in the 400-meter dash... An all-Region selection in the 400... Competed at the 2005 NCAA National championships in Sacramento, Calif.

## HIGH SCHOOL

Ran for Glen LeBlanc at New Iberia (La.) High School... Earned for letters in track and cross country... 2003 indoor state champion in the 800-meter run... Finished second in the outdoor 800 in 2003 and took third in 2002... An all-State selections... Named team MVP twice... Also lettered in football... Named NIHS Outstanding Receiver... Wendy's High School Heisman state finalist... Member of 4-H... Honored with the American Legion and Daughters of the American Revolution awards.

## OTHER COMPETITION

Won 800 at the 2004 USA Youth Outdoor track and Field Championships... At 2004 USATF Junior Olympics, team ran 3:15.05 in the 4x400-meter relay to qualify for the 2005 IAAF World Youth Championships... Ran the 800 at AAU Nationals in 2003 (third) and 2004 (second).

## PERSONAL

Born Nathan Richard Daniels on Aug. 22, 1985 in New Iberia, La.... Son of Usula and Rickey Daniels... Majoring in fitness management.



## ARTHUR DAVIS

Senior • 6-2 • Mobile, Ala.

Lille B. Williamson HS

Major: Elementary Education

Events: Sprints

## 2006 OUTDOOR

Earned all-America status as a member of the seventh-place 4x400-meter relay at the NCAA Championships (3:05.00)... Team ran 3:05.20 to finish eighth in the qualifying round... Ran third leg of relay most of season... At the Mid-east Regional, squad qualified for nationals after finishing third in a season's best 3:03.09, the third best time in the conference this year... Also ran the 400-meter dash at the regional meet, placing 24th (47.52)... Finished fifth at the SEC Championships in the 4x4 (3:10.10) and eighth in the 4x1 (41.34)... In the open 400 at the SEC meet, finished 17th (47.56)... Relay won Auburn Invitational (3:05.43), Jace Lacoste Invitational (3:07.98) and FSU Snowbird (3:09.37), all regional qualifying marks... In the 400, finished third at the Jace Lacoste Invitational (46.40) to qualify for the regional meet... Took sixth at the Texas Relays in the 4x4 (3:06.64)... Ran third leg of regional qualifying 4x100-meter relay team that won the Bulldog Invitational title (40.54)... Also ran third leg of second place 4x1 team at the Alabama Relays... In the sprint medley relay, won LSU Tiger Relays title in a season's best time of 3:19.57... Ran second leg of second-place team at the Alabama Relays (3:20.31)... In the 4x200-meter relay, ran third legs of second-place teams at Alabama (1:24.72) and LSU (1:25.18)... Ran second leg of fifth-place team at Texas Relays (1:24.50).

## 2005 OUTDOOR

Named an all-American in the 4x400-meter relay... Ran the second leg of the fifth place 4x400-meter relay team at the NCAA Championships... Team ran 3:01.80, setting a new MSU school record... At the Mid-east Regional, ran the third leg of the 4x100-meter relay (39.57)... Finished seventh in the open 400 at the Mid-east Regional (46.65)... Ran third leg of 4x200-meter relay at Penn, clocked the second fastest time in school history in the prelims, posting the top qualifying time in 1:21.31... Finished third in the finals in 1:21.77... In the 4x400, ran second leg that ran fastest qualifying time in 3:05.16 and third in the finals in 3:03.44, the third fastest in school history... Ran first leg of 4x100 at Penn (40.92)... Met a regional mark at the LSU Alumni Gold in the 400, finishing seventh (47.07)... Also ran the 200-meter dash... Set a regional qualifying mark in a third-place finish in the 400 (46.17) and finished second in the 200-meter dash at the Jace Lacoste Invitational... Ran third leg of winning 4x200-meter relay at Texas (1:21.62)... Ran second leg of sixth-place 4x4 relay team which ran a regional qualifying time of 3:05.45... Won the 400-meter run at the Bulldog Invitational in a regional qualifying time of 46.98... Also finished fifth in the 200-meter dash with a regional mark and personal best of 21.01... Ran first leg of 4x1 relay team that won in a regional time of 40.46... Ran third leg of winning 4x200-meter relay team at Alabama (1:21.34), a new Alabama Relays record... Ran second leg of the winning 4x400 team that set a regional qualifying mark of 3:05.84... Ran third leg of sprint medley relay team that won in 3:17.82.

## 2004 OUTDOOR

Named an all-American in the outdoor 4x400-meter relay... Part of team that finished third at the NCAA Championships in the 4x400-meter relay (3:03.57)... Finished 13th in the 4x100-meter relay at the NCAA Championships (39.70)... Team captured third place in the 4x4 at the Mid-east Regional... Finished 13th in the 200-meter dash (21.09) at the Mid-east Regional... In the Mid-east Regional prelims, ran the 400-meter dash in 46.36... Finished eighth in the regional finals of the 400 with a time of 46.94... At the SEC Championships, 4x400-meter relay team finished second and met a regional qualifying mark (3:03.42)... Competed in the 200-meter dash at the SEC Championships, finished 17th in the prelims... Helped team win the 4x200-meter relay at both the Texas Relays (1:22.9) and Penn Relays (1:22.53)... Part of the teams that won the 4x100-meter relay at the Bulldog Invitational (40.06) and Jace Lacoste Invitational (40.67)... Earned a fifth place finish in the 200-meter dash at the Bulldog Invitational (21.06), while setting a regional qualifying mark... Placed second at the Jace Lacoste in the 200 dash (21.38)... Took second in the 400-meter dash at the Jace Lacoste Invitational, meeting a regional qualifying mark at 46.47... At the Alabama Relays, team finished second in the 4x400-meter relay (3:06.56)... Part of the winning team at the FSU Snowbird in the 4x400-meter relay (3:06.90).

## HIGH SCHOOL

Earned all-American honors his junior and senior years... Named two-time Alabama Runner of the Year... Won seven Alabama High School Athletic Association Class 5A event state championships and one 5A team title while at Lillie B. Williamson High School... His senior year state titles were in the 100-meter dash (11.02), 200-meter dash (21.41) and 400-meter dash (46.80)... Broke the Alabama 5A 400-meter dash record his junior year with a time of 46.58... Named Most Valuable Performer in 2002... His time of 46.58 in the 400-meters in 2002 ranked third in the country by Dyestat.com... Earned MVP honors at the Meet of Champions... Named the 2002 Mobile Register Athlete of the Year... Named to the Mobile all-Metro team three times... Honored twice as runner of the week... Member of his high school's National Honor Society, Brain Boil team and Honor Roll... Served as a senior class officer... Also participated in football and basketball.

## PERSONAL

Arthur Lebaron Davis was born Nov. 11, 1983, in Frankfurt, Germany... The son of Rosemary and Arthur Davis, Sr.... Majoring in elementary education.



## BRUCE DAVIS

Senior • 6-1 • Phenix City, Ala.

Wallace State (Ala.) CC

Major: Chemical Engineering

Events: Sprints

## 2006 OUTDOOR

Earned all-America status as a member of the seventh-place 4x400-meter relay at the NCAA Championships (3:05.00)... Team ran 3:05.20 to finish eighth in the qualifying round... Ran first leg of relay most of season... At the Mid-east Regional, squad qualified for nationals after finishing third in a season's best 3:03.09, the third best time in the conference this year... In the open 400, ran 46.5 to finish 12th... Finished fifth at the SEC Championships in the 4x4 (3:10.10) and fifth in the 400 (46.61) after posting a qualifying time of 46.68... 4x4 won Auburn Invitational (3:05.43), Penn Relays (3:06.54), Jace Lacoste Invitational (3:07.98) and FSU Snowbird (3:09.37), all regional qualifying marks... Won Alabama Relays 4x4 in 3:16.92... Ran second leg of winning distance medley relay at the FSU Snowbird (10:09.13)... At the Auburn Invitational, qualified for the regional meet by finishing second in the 400 (46.45)... Also finished second in the 4x4 at Bulldog Invitational (3:08.40)... Ran third leg of second-place sprint medley relay team (3:31.26)... Anchored second-place 4x200-meter relay at the Alabama Relays (1:24.72)... Finished third in the 400 at the Bulldog Invitational (47.24)... Ran a personal best in the 200-meter dash (22.08) at the Bulldog Invitational.

## WALLACE STATE (Ala.) CC

Three-time all American in the 400-meter dash and 4x400-meter relay... Member of the 2005 National Junior College Athletic Association national championship 4x400-meter relay squad (3:07.01)... Placed third in the 400-meter dash at the indoor and outdoor national meets... Tutored by Stan Narewski at WSCC

## HIGH SCHOOL

Attended Central High School in Phenix City, Ala... State runner-up in the 4x800-meter relay as a junior... Finished second in the 400 as a senior... All-State selection in the decathlon... As a cross country athlete, finished third at the regional meet as a junior.

## PERSONAL

Son of Patricia Davis... An education major at MSU.



## AUSTIN GOLDING

Sophomore • 6-0 • Vicksburg, Miss.

St. Aloysius HS

Major: Sports Communication

Events: Throws

## 2006 OUTDOOR

Redshirted the season.

## 2005 OUTDOOR

Placed 11th in the javelin at the SEC Championships with a personal best 177-03... Set a personal best in the pole vault (14-00 1/4) at the LSU Alumni Gold meet... Cleared 14-00 in the pole vault and threw the javelin 144-11 at the Jace Lacoste Invitational... Finished fourth in the javelin at the Bulldog Invitational (154-03)... In his first meet as a Bulldog, threw the javelin at FSU (163-03), finishing ninth.

## HIGH SCHOOL

Attended St. Aloysius High School in Vicksburg, Miss... Lettered in both track and football all four years... Set a Mississippi High School Activities Association Class 1A state record in the pole vault (13-06)... State champion in the pole vault his sophomore and senior seasons... In football, named Most Valuable Defensive Back, Team Captain and Most Improved Offensive Player... Named to the all-Region First Team... Received the Evans Scholarship.

## PERSONAL

Born Stephen Austin Golding in Flowood, Miss. on Dec. 14, 1985... Son of Steve and Melody Golding... Father attended MSU... Uncle Scott Swaney threw the javelin at Mississippi... Majoring in sports communication.



## RYAN IRWIN

Senior • 5-10 • Ballwin, Mo.

University of Arizona

Major: Computer Engineering

Events: Distance

### 2006 CROSS COUNTRY

Competed in three events in 2006 with his best finish coming at the Sewanne Invite... He crossed the line at 27:00.52 to place 12th in the field... Ran in the Crimson Classic (8K) and the Chili Pepper Festival (10K) in Fayetteville, Ark.

### 2006 OUTDOOR

At the SEC Championships, finished 25th in the 800-meter run (1:57.45) and 27th in the 1500-meter run with a personal best 4:01.33... Ran a season's best 1:53.35 in a seventh-place finish in the 800-meter run at the Auburn Invitational... Ran third leg of winning distance medley relay team at the LSU Tiger Relays with a season's best 10:09.13... Finished second in the 800-meter run (1:55.76) at the Jace Lacoste Invitational... Ran the second leg of the 4x800-meter relay at the Texas Relays (7:53.52)... Anchored second-place distance medley relay team at the FSU Snowbird. (10:32.35).

### 2005 CROSS COUNTRY

Ran 25:34.87 at the SEC Championships... Finished 14th at the Belmont Opener (15:25.96)... Ran 25:16 at the Auburn Invitational.

### 2005 OUTDOOR

Ran third leg of distance medley relay at the Penn Relays... Finished seventh in the 800-meter run at the Jace Lacoste Invitational (1:56.76)... Ran the first leg of the fourth-place 4x400-meter relay 'B' team at the Jace Lacoste... Ran third leg of 4x800-meter relay (7:40.28) and first leg of distance medley relay (10:14.94) at the Texas Relays... Ran first leg of the second-place 4x800-meter relay team (7:44.86) at Alabama... Ran third leg of winning distance medley relay team at FSU (10:06.19)... Ran 1:57.60 in the 800-meter run at the Snowbird... Also ran the second leg of the 4x400 'C' Team, which finished 10th (3:29.78).

### 2004 CROSS COUNTRY

Won the MSU Short Course 6K race in 19:35.37... Finished 74th at the Auburn Invitational (27:30.13)... Ran 25:47.60 to finish 64th at the SEC Championships.

### 2004 OUTDOOR TRACK

Finished 20th in the prelims of the 800-meter run at the SEC Championships, the 1:51.01 was a personal best... Took second place in the 1500-meter run (4:03.28) at the TCU Invitational... Part of the winning distance medley relay team at the FSU Snowbird.

### 2003 CROSS COUNTRY

Saw limited action during the season... Posted two 12th-place finishes at the Sewanee Invitational (27:51.20) and Bulldog Invitational (28:51).

### HIGH SCHOOL

Lettered four years in track and field and three years in cross country at Marquette High School.

### PERSONAL

Ryan Edward Irwin was born on April 17, 1984, in Ballwin, Mo... The son of Deborah and Jim Irwin... Majoring in computer engineering... Brother Rob and sister Kristi both competed in track and field at MSU.



## EZRA JONES

Senior • 5-10 • Wildwood, Fla

Wallace State (Ala.) CC

Major: Sports Medicine

Events: Sprints

### 2006 OUTDOOR

Earned all-America status as a member of the seventh-place 4x400-meter relay at the NCAA Championships (3:05.00)... Team ran 3:05.20 to finish eighth in the qualifying round... Ran second leg of relay most of season... At the Midwest Regional, squad qualified for nationals after finishing third in a season's best 3:03.09, the third best time in the conference this year... In the 400-meter dash, ran 46.73 to place 10th... Finished fifth at the SEC Championships in the 4x4 (3:10.10) and eighth in the 4x100-meter relay (41.34)... Ran 47.35 to finish 14th in the 400-meter dash at the SEC meet... Won the Bulldog Invitational 400-meter dash title (46.99)... 4x4 won Auburn Invitational (3:05.43), Penn Relays (3:06.54), Jace Lacoste Invitational (3:07.98) and FSU Snowbird (3:09.37), all regional qualifying marks... Won Alabama Relays 4x4 in 3:16.92... Took second in the 4x4 at the LSU Tiger Relays (3:08.15)... Also finished second in the 4x4 at Bulldog Invitational (3:08.40)... Ran third leg of second-place sprint medley relay team (3:31.26) at FSU Snowbird and Alabama (3:20.31)... Anchored second-place 4x200-meter relay at the LSU Tiger Relays (1:25.18).

### WALLACE STATE (Ala.) CC

Two-time all-American... Member of the 2005 National Junior College Athletic Association national championship 4x400-meter relay squad (3:07.01)... As a freshman, ran on the second-place indoor 4x4 squad and fourth-place outdoor 4x4 squad at the national championships... Coached by Stan Narewski at WSCC.

### HIGH SCHOOL

Ran at Wildwood (Fla.) High School for coach Khalil Tucker... State champion in the 400-meter dash as a senior (47.5)... Florida's Track Athlete of the Year as a senior... An all-District and all-State selection.

### PERSONAL

Son of Avon Hambrick... Majoring in sports medicine.



## PAD JUDD

Sophomore • 6-3 • Cushing, Wis

Grantsburg HS

Major: Physical Education

Events: Distance/Steeplechase

### 2006 CROSS COUNTRY

Finished fourth (26:18.85) at the Sewanne Invite ... Posted a season-best time of 25:33 at the Notre Dame Invite.

### 2006 OUTDOOR

At the SEC Championships, finished 19th in the 1500-meter run preliminaries (3:55.16) and 28th in the 5000-meter run (14:59.43)... Ran the 3000-meter run at the Bulldog Invitational with a personal-best 8:45.90... Set a personal best in the 5000-meter run at the FSU Snowbird (14:58.92).

### 2005 CROSS COUNTRY

Ran 25:47.64 at the SEC Championships... At the Crimson Classic, finished 19th in 26:28.20... Opened the year with a seventh-place finish at the Belmont Opener (15:11.18).

### 2005 OUTDOOR

Redshirted the season.

### 2004 CROSS COUNTRY

At his first SEC Championships, ran 26:58.79 to finish 81st... Ran 20:36.48 to finish 10th at MSU Short Course 6K race... At the Notre Dame Invitational Open Men's race, completed the course in 27:33 (44th)... In first race, ran 21:35.05 at the Memphis Twilight Classic to finish 49th.

### HIGH SCHOOL

Attended Grantsburg (Wis.) High School... Earned four letters each in track and cross country... 2003 state cross country champion... 2004 two-mile champion... All-State cross country in 2004... Four-time all-Conference selection in cross country... Named all-Conference three times for the two-mile run and twice in the mile run... 2003 Scholar Athlete... Holds school record in the mile run (4:27.14), the two-mile run (9:42.70), and the 5000-meter run (15:58)... Lettered four years in basketball... Earned all-Conference honors three times... Sits atop career lists in five categories... Member of the National Honor Society, Academic Decathlon team and Big Brothers/Big Sisters program... Named to the 'A' Honor Roll four times.

### PERSONAL

Born Padrick Martin Judd in Tokyo, Japan on Nov. 12, 1985... Son of Jean and Danny Judd... Majoring in physical education.



## WADE MARTIN

Senior • 5-10 • Cullman, Ala.

Jacksonville State

Major: Sports Communication

Events: Distance

### 2006 CROSS COUNTRY

Turned in a time of 26:34.82 and an eight-place finish at the Sewanne Invite to open the season ... Led all MState competitors at the NCAA South Regional

### 2006 OUTDOOR

At the SEC Championships, finished 26th in the 5000-meter run (14:55.41)... Ran a personal best 14:34.16 in the 5000-meter run at the FSU Snowbird, finishing fourth... Won his first 3000-meter steeplechase, running 9:42.26 at the Jace Lacoste Invitational... At the Bulldog Invitational, took ninth in the 3000-meter run with a personal-best 8:54.70... Ran first leg of winning distance medley relay team at the LSU Tiger Relays which ran a season's best 10:09.13... In the Olympic Development 5000-meter run at the Penn Relays, ran 14:47.51... Anchored third-place distance medley relay squad at the Alabama Relays (10:25.53).

### 2005 CROSS COUNTRY

Earned all-South Region honors with a 23rd place finish at the NCAA South Regional... Finished 38th at the SEC Championships (24:37.08)... Earned a top 10 finish at the Auburn Invitational, running the 8K course in 24:17.62.

### JACKSONVILLE (Ala.) STATE

Ran at the 2004 NCAA Cross Country South Regional (31:05, 10K)... Ran 15:12 at the 2004 Midnight Run... Finished the Auburn Invitational 8K course in 25:54.



# BULLDOGS

## WALLACE STATE (Ala.) CC

Finished fourth in the indoor 5000-meter run at the NJCAA national championships... Took fourth in the 5000- and 10,000-meter runs at the outdoor national meet... Personal records are 1:56 (800), 3:58 (1500), 4:26 (mile) and 9:18 (two-mile)... Member of Phi Theta Kappa.

## HIGH SCHOOL

Attended Good Hope (Ala.) High School... Won eight individual state championships... Set state record in the indoor and outdoor mile and two-mile record... Top Tennessee Valley runner in cross country... Named to top 10 list for The Cullman Times' Athlete of the Year... Named all-State for indoor and outdoor track a combined 15 times.

## PERSONAL

Born Alan Wade Martin on June 18, 1985 in Cullman, Ala.... Son of Wonda and Mike Martin... An architecture major.



## TRAVIS McKAY

Senior • 6-2 • Edmonton, Alberta

Harry Ainlay HS

Major: Marketing

Events: Distance/Steeplechase

## 2006 CROSS COUNTRY

Won the Sewanne Invite with a time of 26:04.30... Named the SEC Athlete of the Week for his performance... Posted three top 20 finishes during the campaign... Finished 15th at the SEC Championships (24:41.66) to lead all Bulldog runners.

## 2006 OUTDOOR

At the SEC Championships, scored in the steeple, taking seventh with a personal-best 8:59.42, the second-best time in school history... Also finished 16th in the 5000-meter run (14:37.63)... Won the 3000-meter run at the Bulldog Invitational, running a Maddox Track and MSU school-record 8:26.51... Took fourth in the 3000-meter steeplechase at the Texas Relays, ran a regional qualifying 9:00.35... Met an NCAA regional qualifying mark with a win in the men's 3000-meter steeplechase at the LSU Tiger Relays (9:00.39)... Recorded the fifth-best time in school history in the 5000-meter run, posting a time of 14:25.14 in a third-place finish at the FSU Snowbird... At the Alabama Relays, ran the opening leg of the third-place distance medley relay (10:25.53) and anchored the 4x800 team (7:52.16).

## 2005 CROSS COUNTRY

Finished 28th at the SEC Championships (24:18.06) and NCAA South Regional (31:37.71)... Helped lead MSU to their first team title since 1996 by winning the Belmont Opener in 15:04.08... At the Crimson Classic, finished fifth in 25:20.15... Ran 24:46.93 to place 29th at the Auburn Invitational... Finished 67th at the Notre Dame Invitational, running 25:07.

## 2005 OUTDOOR

Finished 26th in the event at the Mideast Regional (9:18.48)... At the SEC Championships, ran 8:59.96 to finish seventh in the 3000-meter steeplechase... Finished the 3000-meter steeplechase in 9:12.24 at the Penn Relays... Won the 1500-meter run in a personal-best 3:54.41 at the Jace Lacoste Invitational... Finished sixth in the 3000-meter steeplechase at Texas with a regional-qualifying 9:02.92... Anchored distance medley relay (10:14.94)... Finished second in the 3000-meter steeplechase at the Bulldog Invitational (9:32.05)... Anchored second-place distance medley relay team at Alabama (10:11.02)... Finished seventh in the 5000-meter run at FSU (14:46.86) and 11th in the 1500-meter run (4:01.22).

## 2004 CROSS COUNTRY

Ran 26:06.36 to finish 68th at the SEC Championships... Placed 57th at the NCAA South Regional (32:07.41)... MSU's top finisher at the Auburn Invitational (26:19.16)... Took 13th at the MSU Short Course (15:48.87)... Opened the season with an 18th-place finish at the Memphis Twilight Classic (20:25.62).

## 2004 OUTDOOR

Met a regional qualifying mark in the 3000-meter steeplechase, finishing 12th at the Penn Relays (9:06.75)... Competed at the SEC Championships, running 9:37.23 (11th place)... Took first in the 1500-meter run at the Jace Lacoste Invitational with a time of 3:54.68.

## 2003 CROSS COUNTRY

Finished 41st at the SEC Championships (27:02.23) and 74th at the NCAA South Regional (32:48.27)... Saw the first action of his career at the Bulldog Invitational where he ran 27:30 to finish eighth... Followed with a 31st-place showing at the Crimson Classic (27:16.97)... At the Auburn Invitational, ran 26:14.25 top finish 38th... Came away with a fifth-place finish at the MSU Invitational (15:19.30).

## HIGH SCHOOL

Provincial Champion in cross country as a senior at Harry Ainlay High School under the guidance of John Bole... Runner-up in the 800, 1500 and 3000-meter runs as a senior at the Provincial Championships... Won the Provincial Championships during his sophomore and junior seasons in cross country, 1500-meter run, 1500 steeplechase and 3000-meter run... Three-time member of the Honors Standings.

## PERSONAL

Travis Daryn McKay was born on July 15, 1985, in Edmonton, Alberta... The son of Donna and Daryl McKay... Majoring in marketing.



## PHILLIP MOORE

Senior • 5-10 • Hoover, Ala.

Hoover HS

Major: Physical Education

Events: Distance

## 2006 CROSS COUNTRY

Competed in four meets, with his best finish (9th) coming at the Sewanne Invite.

## 2006 OUTDOOR

Won the 1500-meter run at the Bulldog Invitational (3:57.23)... Ran a personal-best 15:30.26 in the 5000-meter run at the FSU Snowbird... Took second in the 1500 at the Jace Lacoste Invitational (3:56.11)... Set a personal best 800-meter run (1:57.32) at the Jace Lacoste Invitational.)

## 2005 CROSS COUNTRY

Wrapped up the season running 25:37.79 at the SEC Championships.

## 2005 OUTDOOR TRACK

Finished fourth in the 1500-meter run at the Jace Lacoste Invitational... Anchored 4x800-meter relay team at Texas (7:40.28)... Finished fifth in the 1500-meter run at the Bulldog Invitational (4:09.23)... Set a personal best in the 5000-meter run (15:49.54)... Ran second leg of 4x800 (7:44.86) and first leg of distance medley relay (10:11.02), both finished second at Alabama.

## 2004 CROSS COUNTRY

Finished sixth at the MSU Short Course (15:24.98).

## 2004 OUTDOOR TRACK

Had a career best time in the 1500-meter run (4:04.81) at the SEC Championships... Part of two fourth place teams at the Alabama Relays (4x800-meter relay, 7:49.20 and distance medley relay, 10:34.79).

## 2003 CROSS COUNTRY

Took eighth at the MSU Invitational (15:32.60)... Posted a top 10 finish at the Bulldog Invitational (28:09)... Started his career with a 21:21.90 run at the Memphis Twilight Classic.

## HIGH SCHOOL

Prepped at Hoover (Ala.) High School... Won the State Cross Country Championships all four years of his high school career... Named 11-time all-State in track... Earned Scholar Athlete of the Week honors for the city of Hoover... Won the 800-meter run at the indoor state championship as a sophomore... Member of the 4x800 relay team that won the Alabama State Championship during his sophomore campaign.

## PERSONAL

Phillip Joseph Moore was born on Jan. 22, 1985, in San Diego, Calif... Son of Kelley and Joseph Moore... Majoring in physical education.



## ELIOTT MORANT

Senior • 6-0 • Kansas City, Mo.

Grandview HS

Major: Physical Education

Events: Sprints

## 2006 OUTDOOR

Tied a season's best in the 100-meter dash at 10.85 after finishing 23rd in the event at the SEC Championships... Ran a personal best 14.45 to finish 17th in the 110-meter hurdles preliminaries at the SEC meet... Anchored winning and regional qualifying 4x100-meter relay at Bulldog Invitational (40.54)... Ran first leg of 4x200-meter relay teams that finished second at Alabama (1:24.72) and LSU (1:25.18)... Also ran first leg of fifth-place team at the Texas Relays (1:24.50)... Finished third in the 110-meter hurdles (14.60) and 100-meter dash (10.86) at the Jace Lacoste Invitational... Ran first leg of third-place 4x110-meter shuttle hurdle relay at the Alabama Relays (1:09.71).

## 2005 OUTDOOR

Ran first leg of the third-place 4x100-meter relay team at Texas which tied the MSU school record with the 39.09 time... Set a personal best in the 100-meter dash, finishing second in 10.56 at the Bulldog Invitational... Ran first leg of regionally-qualifying 4x100-meter relay team that won at Alabama (39.72)... Ran first leg of the 4x100-meter relay team that won at FSU with a regional qualifying time of 40.52.

## 2004 OUTDOOR

Set career best marks in the 110-meter hurdles at the FSU Snowbird (15.31) and 21.76 in the 200-meter dash.

## HIGH SCHOOL

Set the Missouri 3A state record in the 300-meter hurdles with a mark of 37.50 while at Grandview High School... Earned all-Metro honors in the 300-meter hurdles... Completed his senior indoor campaign as the nation's top ranked 60-meter hurdler (7.92).

## PERSONAL

Elliott Morant was born on August 1, 1984, in Kansas City, Mo... Son of Corliss Morant and Johnny Brown... Majoring in physical education.





## JOSEPH QUEEN

Junior • 5-9 • Jackson, Miss.  
Jackson Preparatory HS  
Major: Kinesiology  
Events: Combined Events

### 2006 OUTDOOR

Scored for the Bulldogs at the SEC Championships, posting a personal-best 6,519 points in the decathlon... Set personal bests throughout the competition, including 11.57 in the 100-meter dash, 4:35.24 in a second-place finish in the 1500-meter run, 16.98 in the 110-meter hurdles... 15-01 in a fifth-place tie in the pole vault, 20-10 3/4 in the long jump and 35-01 1/4 in the shot put... During the Alabama Relays decathlon, won the 1500-meter run (4:41.99) and tied for first in the pole vault (14-03 1/4)... Won the javelin throw at the Jace Lacoste Invitational (159-10)... Took second in the decathlon at the Alabama Relays (6,167 points)... In open pole vault competition, won the Bulldog Invitational title (14-06)... Cleared 14-07 1/4 to finish third at the Jace Lacoste Invitational... Ran third leg of third-place 4x400-meter relay at Jace Lacoste Invitational.

### 2005 OUTDOOR

Recorded a personal best 5,956 points to finish ninth in the decathlon at the SEC Championships... Jumped a personal best 14-09 in the pole vault at the LSU Alumni Gold... Finished second with a clearing of 14-06 in the pole vault, set a personal best in the 200-meter dash (24.22), finished seventh in the javelin throw with a personal best 148-08 and set a personal best in the long jump (18-10 3/4) at the Jace Lacoste Invitational... Cleared 14-00 to finish third in the pole vault at the Bulldog Invitational... Competed in the decathlon at Alabama, finished fifth with 5,475 points... Ran first leg of the 4x110-meter shuttle hurdle that finished third (1:11.85)... In his first meet for State, cleared 14-05 1/4 in the pole vault at FSU.

### HIGH SCHOOL

Attended Jackson (Miss.) Preparatory High School... Earned a combined nine letters in track, football, and baseball... Won a total of five MPSA state titles in the pole vault, football (2), and baseball (2)... Named track MVP twice.

### PERSONAL

Born Joseph Earl Queen in Jackson, Miss. on May 17, 1986... Son of Bill Queen and Corinne Sampson... Both parents attended MSU... Majoring in kinesiology.



## ROBERT SCRIBNER

Sophomore • 6-0 • Tupelo, Miss.  
Tupelo HS  
Major: General Business Administration  
Events: Distance

### 2006 CROSS COUNTRY

Finished sixth at the Crimson Classic with a time of 26:18.38.

### 2006 OUTDOOR

Redshirted the season.

### 2005 CROSS COUNTRY

Redshirted the season.

### 2005 OUTDOOR

Set a personal best in the 10,000-meter run at the Penn Relays (31:30.41)... Set a personal best in the 1500-meter run (4:15.15) at the LSU Alumni Gold meet... Ran 14:58.13 in the 5000-meter run, a personal best, at the FSU Snowbird.

### 2004 CROSS COUNTRY

Finished 63rd at the SEC Championships... Ran 26:26.00 at the Auburn Invitational to finish 40th... Opened his career with a 26th-place finish at the Memphis Twilight Classic (20:53.24).

### HIGH SCHOOL

three letters in track and cross country at Tupelo (Miss.) High School... Won state team titles in cross country all three seasons... Three-time all-State honoree... Won the 2003 MHSAA Class 5A individual cross country title in 15:39.23... Also competed in the 1600 and 3200-meter runs... Holds Tupelo High School records in the 3200-meter run and 5K cross country run... Member of the Spanish National Honor Society... Named to the Honor Roll.

### PERSONAL

Born Robert Louis Scribner in Palestine, Texas on Nov. 16, 1985... Son of Liz and Ray Scribner... Majoring in general business administration.



## BRANDON SMITH

Junior • 6-1 • Ashland, Ala.  
Clay County HS  
Major: Biomedical Engineering  
Events: Distance

### 2006 CROSS COUNTRY

Placed 15th (27:19.28) at the Sewanne Invite to open the 2006 slate.

### 2006 OUTDOOR

Saw limited time during the season.

### 2005 CROSS COUNTRY

Started the season with a personal record time in the 5K run at the Belmont Opener (15:17.51), finished ninth overall (seventh collegiately)... Ran 24:57.81 at the SEC Championships.

### 2005 OUTDOOR

Set a personal record in the 1500-meter run (3:59.60), finishing second at the Jace Lacoste Invitational and in the 3000-meter steeplechase, running 9:58.21 at the Bulldog Invitational... In the first meet of the season, ran the 5000-meter run at the FSU Snowbird, finishing 14th with a personal-best time of 14:59.84... Ran third leg of the second-place 4x1500-meter relay team at the Alabama Relays.

### 2004 CROSS COUNTRY

Finished 14th at the MSU Short Course Invitational (5K) in 16:08.87.

### 2005 OUTDOOR

Member of the winning distance medley relay team at the FSU Snowbird (10:15.43).

### HIGH SCHOOL

Won nine individual Alabama High School Athletic Association Class 2A state titles in cross country and track during his time at Clay County High School... Won the state championships in the 1600- and 3200-meter runs as a sophomore, junior and senior... Won the state championship in the 5K as a junior and sophomore... Holds the 2A record in both the 1600 (4:19) and the 3200 (9:19)... Named the Most Valuable Performer for the 2A indoor track season his senior year... Member of the Beta Club and the student government.

### PERSONAL

Born Brandon Lee Smith on May 15, 1985, in Birmingham, Ala... Son of Linda and Bob Smith... Majoring in biomedical engineering.



## JERALD WILSON

Senior • 5-10 • Port Gibson, Miss.  
Port Gibson HS  
Major: Computer Software Engineering  
Events: Jumps

### 2006 OUTDOOR

At the SEC Championships, leaped 22-01 3/4 to finish 16th in the long jump... Finished 15th in the triple jump (45-05 1/4)... Leaped 22-08 1/2 to finish fourth in the long jump and set a personal best at the LSU Tiger Relays... Set a personal best in the 100-meter dash (11.00)... Won the Jace Lacoste Invitational triple jump title with a leap of 47-07 3/4... Took second in the triple at the season-opening FSU Snowbird (46-05 1/4)... Posted two third-place finishes in the triple jump... Leaped 47-04 1/2 at the LSU Tiger Relays and 46-03 1/4 at the Auburn Invitational.

### 2005 OUTDOOR

Set a personal best in the 200-meter dash (23.10) and finished sixth in the long jump at the Jace Lacoste Invitational... Set a personal best in the long jump (22-7) and finished fourth in the triple jump (45-8) at the Bulldog Invitational... Set a personal best in the triple jump (47-8) in a fourth place finish at Alabama... Jumped 46-6 in a third-place finish at FSU... Leaped 20-21/4 in the long jump to finish 13th.

### 2004 OUTDOOR

Jumped 48-8 3/4 in the triple jump to finish ninth at the Southeastern Conference Championships... Won the Jace Lacoste Invitational title with a leap of 45-6 1/2.

### HIGH SCHOOL

Named all-District as a junior and senior in cross country as a prep at Port Gibson (Miss.) High School... Won the 2003 South State Championship in the long and triple jumps... Member of one Mississippi High School Activities Association Class 4A state championship team... Earned the Coach's Award and Most Improved during his junior campaign... Lettered in football and basketball... Received the Academic Athlete Award... Consecutive Honor Roll student with perfect attendance... Principal's Scholar.

### PERSONAL

Born Jerald Pernell Wilson on Nov. 20, 1984, in Port Gibson, Miss.... Son of Glenda Wilson and Jarl Bates... A computer software engineer major.



# BULLDOGS



## CHRIS WOODS

Junior • 5-9 • Atlanta, Ga.

Mays HS

Major: Kinesiology

Events: Middle Distance

### 2006 OUTDOOR

Competed at the NCAA Championships... Finished 26th in the 800-meter run preliminaries... At the Mideast Regional, qualified for nationals by finishing fifth in the 800 finals (1:49.14)... Qualified for the regional final in preliminaries by finishing fifth (1:49.91)... At the SEC Championships, posted a qualifying time of 1:51.19... Did not compete in the SEC final due to injury... Won the Bulldog Invitational title and qualified for the regional, running the second fastest time in the conference this season at 1:48.90... At the Auburn Invitational, ran another regional time of 1:48.94 to finish second... Clocked a personal best in the 400-meter dash (48.18) at the FSU Snowbird... Anchored winning sprint medley relay at the LSU/Tiger Relays (3:19.57)... At the Bulldog Invitational, ran second leg of second-place 4x400-meter relay team that set a regional qualifying mark (3:08.59)... Anchored second-place 4x4 team that set a regional qualifying mark (3:08.15) at LSU... Anchored second-place sprint medley relay team at Alabama (3:19.08)... Ran second leg of third-place 4x4 team at FSU (3:12.89) and third leg of the distance medley relay at FSU (10:32.35)... Ran the anchor leg of the regionally qualifying and sixth-place 4x400-meter relay at the Texas Relays (3:06.64)

### 2005 OUTDOOR

During the outdoor season, earned all-American status in the 4x400-meter relay as an alternate... At the Mideast Regional, ran the anchor leg of the 4x400-meter relay (3:05.99)... Squad posted fifth fastest qualifying time to advance to the national championships... At the Southeastern Conference Championships, finished eighth in the 800-meter run... Ran a personal best and regional qualifying time of 1:49.74 in the preliminaries... Ran the 800-meter run in 1:52.90 at LSU... Ran second leg of winning 4x400-meter relay team that set a regional qualifying mark with a time of 3:09.44... Ran first leg of 4x800-meter relay (7:40.28) and third leg of distance medley relay (10:14.94) at the Texas Relays... Won the 800-meter run with a time of 1:53.69 at the Bulldog Invitational... Ran second leg of the second-place distance medley relay team (10:11.02) at Alabama... Anchored the sprint medley relay team that won at the Snowbird (3:20.98)... Ran third leg of the 4x400 'B' Team that finished fourth at FSU (3:18.40).

### HIGH SCHOOL

Earned three track letters while attending B.E. Mays High School in Atlanta, Ga.... Earned several awards in the 800-meter run... As a senior and junior, won Georgia's High School Man of the Year for the 800.

### PERSONAL

Born on Jan. 29, 1986, in Atlanta, Ga.... Son of Cynthia Blackshear.... Majoring in kinesiology.



## DANIEL ZABALDANO

Sophomore • 6-7 • Brandon, Miss.

University Christian School

Major: Computer Software Engineering

Events: Jumps

### 2006 OUTDOOR

At the SEC Championships, finished 21st in the discus throw (137-07) and 13th in the javelin (170-01)... Set personal bests in the discus (149-03) at the LSU Tiger Relays, javelin (171-03) at the Auburn Invitational and hammer throw (85-01) at the Jace Lacoste Invitational... Placed second in the discus at the Jace Lacoste (145-00) and javelin (159-05).

### HIGH SCHOOL

Lettered all four years at University Christian School for coach Larry Capperton... Two-time Mississippi Private Schools Association in the discus (2004, 2005)... Holds MPSA North State record in the discus (167-00)... Also competed in basketball and football... Named MVP of the MPSA All-Star Basketball Game... A member of the Honor Society, the Boy Scouts, Fellowship of Christian Athletes and Catholic Youth Organization... Named to the Honor Roll all four years.

### PERSONAL

Named all-District as a junior and senior in cross country as a prep at Port Gibson (Miss.) High School... Won the 2003 South State Championship in the long and triple jumps... Member of one Mississippi High School Activities Association Class 4A state championship team... Earned the Coach's Award and Most Improved during his junior campaign... Lettered in football and basketball... Received the Academic Athlete Award... Consecutive Honor Roll student with perfect attendance... Principal's Scholar.

### PERSONAL

Born Daniel Ryan Zabaldano on Feb. 26, 1987 in Brandon, Miss.... Son of Paul Zabaldano... An Eagle Scout... Majoring in mechanical engineering.



## ASHENAFI AREGA

**Junior • 5-9 • Atlanta, Ga.**  
**Jacksonville State University**  
**Major: Industrial Technology**  
**Events: Distance**

### 2006 CROSS COUNTRY

Claimed second place at the Sewanee Invite (26:04.81)... Finished seventh at the Crimson Classic.

### JACKSONVILLE STATE

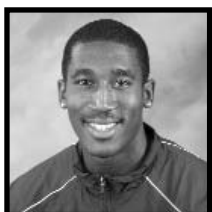
Earned second team all-Ohio Valley Conference honors in cross country in 2005... Placed third at the 2005 University of the South Invitational... Posted an ninth-place spot at the 2005 Crimson Classic... Participated in the 5000-and 1500-meter runs at the 2006 Alabama Relays, recording times of 14:57.77 and 4:05.03 respectively... Won the 2003 Rhodes College Invitational in Memphis, Tenn. (26:05)... Named to the JSU Dean's List.

### HIGH SCHOOL

Attended North Atlanta High School the peach state... Won the Atlanta Track Classic 3200-meter event in 2003... Named to the 2003 Georgia High School Track and Field Honor Roll in the 3200-meter run... Ranked by DiVarsity.com as the top-ranked runner in the Georgia AAAA cross country rankings in 2002... Holds NAHS school record in the mile and two mile... State champion in chess and second in the south region.

### PERSONAL

Born Oct. 13, 1984 in Ethiopia... Son of Almaz Getachew... Younger brother Yibeltal is a member of the Georgia State track and field program... Majoring in industrial technology with a concentration in manufacturing and maintenance, also seeking a minor in business.



## GOLDEN COACHMAN

**Junior • 6-2 • Birmingham, Ala.**  
**Wallace State (Ala.) CC**  
**Major: Educational Psychology**  
**Events: Sprints**

### WALLACE STATE (Ala.) CC

Did not compete during sophomore campaign due to military deployment to Iraq... Named an all-American in the indoor 800-meter run with a fifth-place finish at the NJCAA national meet as a freshman... During the outdoor season, finished fifth at nationals to earn all-America status in the 800-meter run... Notes personal best as 1:51.90 in the 800... Coached by Stan Narewski at WSCC

### HIGH SCHOOL

Prepped at Huffman High School in Birmingham, Ala... State champion in the 4x400-meter relay as a senior... Second in the 800-meter run... Team's Most Valuable Player... Birmingham's City Track Star.

### PERSONAL

Son of Colleen Minniefield... Majoring in educational psychology.



## DEMETRIUS COBBINS

**Freshman • 6-0 • North Carrollton, Miss.**  
**J.Z. George HS**  
**Major: Real Estate and Mortgage**  
**Events: Sprints**

### HIGH SCHOOL

competed in the 110 and 300 hurdles along with the triple and long jumps competition at the prep level... A four-time all-State selection... Finished in the top-three in all of his events on the state level, posting third-place finishes in the 110-and 300-meter hurdles... Finished runner-up in the 2A state classification long jump with a jump of twenty-two feet, three-and-a-half inches... Tutored on the prep level by Steve Dudley's younger brother, Heath Dudley... Team captain and team MVP as a jaguar.

### PERSONAL

Son of Myrtis and Dewitt Cobbins. ... Majoring in real estate and mortgage.



## JAMIL HUBBARD

**Junior • 5-9 • Atlanta, Ga.**  
**Wallace State (Ala.) CC**  
**Major: Criminal Justice**  
**Events: Sprints**

### WALLACE STATE (Ala.) CC

Won a junior college national championship as a member of the 4x400-meter relay team... Third at the NJCAA national championships in the 200-meter dash... Notes personal best times as 20.7 in the 200-meter dash and 47.2 in the 400-meter dash... Tutored by Stan Narewski at WSCC

### HIGH SCHOOL

Ran for Alex Jaccobs at Salem High School in Atlanta, Ga... Won state title in the 400 as a senior and finished runner-up the three seasons prior... Four-time regional champion in the 200-and 400-meter dashes... Regional champion in the 4x4 on three occasions and in the long jump once... Won county titles in the 200 and 400 all four years... Four-time all-District and all-State selection... State meet qualifier in wrestling.

### PERSONAL

Son of Sandra and Victor Adams... Majoring in criminal justice.



## KENDALL MAY

**Freshman • 5-9 • Northport, Ala.**  
**Tuscaloosa County HS**  
**Major: Pre-major Studies**  
**Events: Sprints**

### HIGH SCHOOL

Competed at Tuscaloosa (Ala.) High School for coach Jeff McNealy... State champion in the 100-meter dash and was fourth in the 200-meter dash... Finished second in the 200 at the Meet of Champions... Notes personal best times as 10.63 in the 100 and 21.78 in the 200... Also competed in football... Finished career as second leading receiver in school history... Member of the Interact Club.

### PERSONAL

Son of Constance and Roy May... Undecided on major.



## DELANDUS O'NEAL

**Junior • 5-4 • Carrollton, Ga.**  
**Wallace State (Ala.) CC**  
**Major: General Business Administration**  
**Events: Sprints**

### WALLACE STATE (Ala.) CC

Honorable mention all-American in the 400-meter hurdles after finishing fourth at the national meet with a personal best time of 52.6... Coached by Stan Narewski at WSCC

### HIGH SCHOOL

Ran for Craig Musselwhite at Carrollton (Ga.) High School... Team won state titles his junior and sophomore seasons... Won state title in 300-meter hurdles as a junior and freshman... Named all-Area... Also competed in football... An all-Area selection as a junior and senior... Preseason all-State nod as a senior.

### PERSONAL

Son of Jackie O'Neal... Majoring in general business administration.



# BULLDOG NEWCOMERS



## KYLE ROBERTS

Junior • 6-1 • Hutchinson, Kan.  
Hutchinson (Kan.) CC  
Major: Biological Sciences  
Events: Hurdles/Sprints

### HUTCHINSON (Kan.) CC

During the 2006 indoor season at HCC, finished second in the pentathlon... As a freshman, he took third in the indoor pentathlon and second in the outdoor 400-meter hurdles. His personal best times include 47.77 seconds in the 400-meter dash and 52.04 in the 400-meter hurdles... He was an athletic academic all-American, named to Who's Who Among American Junior Colleges and named to the Dean's Honor Roll the past three semesters.

### HIGH SCHOOL

Prepped under coach Brett Eckert at Hutchinson High School, quailed for the state track and field meet all four years and was a league and regional champion as a junior and senior. His team took second overall his junior campaign and won the overall title his senior season. A two-time state champion in the 300-meter hurdles, Roberts won those titles his junior and senior seasons and took second in the 110-meter hurdles both years.

### PERSONAL

Son of Jacque and Ken Roberts... Majoring in biological sciences.



## JONATHAN RONO

Jr. • 5-11 • Kipkabus, Kenya  
Missouri State  
Major: xxx  
Events: Distance

### 2006 CROSS COUNTRY

Made his Maroon and White debut at the Sewanee Invite, finishing ninth with a time of 27:08.59... Competed in five events in the fall session.

### MISSOURI STATE

Earned all-Missouri Valley Conference honors in the 3,000-meters steeplechase... Named MVC Male Track Athlete of the Week (3/28/06)... Seventh-best time in MVC in the 800-meter (1:51.20).

### ALABAMA

At Alabama, competed in the 800-meter run and 4x1,500 relay during the indoor season... Finished third at Clemson Invitational and was apart of the 4x1,500-meter relay team that won the Clemson Invitational... Placed second in the 800-meter run at the Ole Miss Invitational... Participated in the Distance Medley Relay squad that win the Alabama Relays (10:05.30).

### PERSONAL

Born on May 19, 1984 in Kaptagut, Kenya... Son of Samuel Kiprono Chemisto and Agnes Jeruto Rono.



## DANIEL SIMPKINS

Freshman • 5-8 • Madison, Miss.  
Madison Central HS  
Major: Electrical Engineering  
Events: Distance

### 2006 CROSS COUNTRY

Made his Maroon and White debut at the Sewanee Invite, finishing ninth with a time of 27:08.59... Competed in five events in the fall session.

### HIGH SCHOOL

Mississippi Premier Mile Championship Festival winner (4:29)... Three Mississippi High School Activities Association Class 5A state titles in the 1600-meter run, one in the 3200-meter run and two in cross country... Finished second in the 800-meter run as a senior... Footlocker all-South selection for age group... Three-time all-State selection in track... Five-time all-District and all-State in cross country... Notes personal best times as 2:00 (800), 4:28 (1600), 9:46 (3200) and 15:46 (5K cross country)... 2006 Mississippi PopStar award winner for cross country... Member of the Government Club, Mu Alpha Theta, the Academic Decathlon and Thespians... Wendy's High School Heisman state finalist... National Merit Finalist.

### PERSONAL

Born Daniel Monroe Simpkins... Son of Monty and Mary Ann Simpkins... Mother was a cheerleader and MSU... Majoring in electrical engineering.



## NEEL STEWART

Freshman • 5-10 • Pensacola, Fla.  
Washington Senior HS  
Major: Civil Engineering  
Events: Distance

### HIGH SCHOOL

Prepped at B.T Washington High School in Pensacola, Fla... Lettered all four years in track and field and cross country... A member of the 3A Cross Country Florida State Champion team in 2004... Participated in soccer his freshman and senior seasons.

### PERSONAL

Troy Neel Stewart was born on Oct. 16, 1987... The son of Robert and Brenda Stewart... Majoring in civil engineering... Enjoys strumming the guitar in his spare time.



## CAMERON VINCENT

Freshman • 5-7 • Ocean Springs, Miss.  
Ocean Springs HS  
Major: Physical Education  
Events: Distance

### HIGH SCHOOL

Earned five letters in cross country and four in track at Ocean Springs High School... 2005 state champion in the 3200-meter run... In 2006, claimed the 800-meter run and holds the OSHS school record for the 800-meter... A three-time all-State selection in cross country... Claimed three district championships... Lists personal times as 1:59 (800m), 4:30 (1600m) and 16:03 (5000m)... An honors graduate and a Mississippi Scholars Student.

### PERSONAL

Born Cameron Jamison Vincent on May 10, 1988 in Gulfport, Miss... The son of Troy and Sheila Vincent... Majoring in physical education.



## CLAYTON WALTERS

Freshman • 6-0 • Starkville, Miss.  
Starkville HS  
Major: Kinesiology  
Events: Distance

### HIGH SCHOOL

Local product from Starkville High School... Participated in cross country since junior high, lettering six seasons under head coach Bill Reeves... Garnered all-State track and field along with cross country honors from freshman year to senior year... Finished runner-up in the two-mile run on two occasions during his stint as a Yellowjacket... Lists a personal best time of 16:35 in the 5k... A four-year letterwinner on the SHS soccer squad... Named Mr. SHS his senior campaign... Other school activities included Fellowship of Christian Athletes, French Club, Anchor Club, Jr. Humane Society and Who's Who Among America's Athletes.

### PERSONAL

Born Clayton Worthington Walters on March 4, 1988 in Texas... Son Suzie and Kevin Walters... Undecided major at MSU... Comes from a long line of State graduates... Brother Web Walters played football at Millsaps College in Jackson, Miss... His great grandfather also ran track at MSU... Picked the Bulldogs to continue his athletic career because he bleeds maroon.



## ANTRESE BANKS

Sophomore • 5-5 • Gloster, Miss.  
Amite County HS  
Major: Biological Sciences/Pre-Med  
Events: Sprints

### 2006 OUTDOOR

Finished 21st in the 200-meter dash preliminaries at the SEC Championships, tying her personal best 25.17... Also took 20th in the 400-meter dash prelims at the SEC meet with a personal best 56.22... Ran a personal best 25.17 in the 200 at the Auburn Invitational... At the Jace Lacoste Invitational, finished third in 56.87.

### 2006 INDOOR

Ran 25.99 to set a personal record in the 200-meter dash in a 33rd-place finish at the SEC Championships... Ran second leg of fifth-place distance medley relay at the SEC meet (11:41.77)... Time is fourth best in school history... Ran second leg of winning distance medley relay at the Clemson Invitational (11:52.90)... Opened the season setting personal best in the 60-meter dash (7.89) at the Clemson Invitational... Ran 1:00.01 in the 400-meter dash at the Bayou Bengal Invitational, a personal best... Ran second leg of third-place distance medley relay at the Tyson Invitational (11:44.82), the fifth-best time in school history... Ran first leg of 4x400-meter relay at the Clemson Invitational... Squad ran a season's best 4:00.01... Anchored fifth-place 4x4 at the Bayou Bengal Invitational (4:01.70).

### HIGH SCHOOL

Prepped under Charlie Floyd at Amite County (Miss.) High School... Won six state championships... Won all-District, all-Regional and South State meets... Member of the Beta Club and Health Occupational Students of America (HOSA)... Senior class president and vice-president of the Student Council, President of Christian Fellowship Club, 2005 Prom Queen and Salutatorian of senior class.

### PERSONAL

Born Trumese Antrese Banks on June 8, 1987 in Gloster, Miss... Daughter of Mamie Banks and Ira James... Mother, Kathy Banks, ran track at Southern University Father, Ira, played football for the Bulldogs... Majoring in biological sciences.



## MICHELLE CORRIGAN

Sophomore • 5-0 • Green Bay, Wis.  
Pulaski HS  
Major: Biological Sciences  
Events: Distance

### 2006 CROSS COUNTRY

Notched her first MState meet win at the Sewanee Invite, crossing the line in 18:28.06... Finished fifth at the Crimson Classic (18:39.42)

### 2006 OUTDOOR

Competed at the SEC Championships in the 1500- and 5000-meter runs... Placed 18th in the 1500 preliminaries (4:41.97) and 24th in the 5000 (17:41.34)... Posted a personal-best in the 1500-meter run, clocking 4:39.57 at the Auburn Invitational... Set a personal best in the 5000-meter run, finishing third at the LSU Tiger Relays (17:53.18)... At the Bulldog Invitational, scored a personal best in the 3000-meter run (10:29.22)... Ran anchor leg of third-place 4x1500-meter relay team at the Alabama Relays (19:20.99)... Finished fifth in the 1500 at the Jace Lacoste (4:43.12)... Ran 10:29.22 in the 3000-meter run at the Bulldog Invitational.

### 2006 INDOOR

Finished second in the 3000-meter run at the Clemson Invitational (10:09.07).

### 2005 CROSS COUNTRY

Finished 26th at the SEC Championships (21:04.58)... Took second at the MSU Short Course... Posted two sixth-place finishes at the Belmont Opener and Crimson Classic.

### HIGH SCHOOL

Lettered in track and cross country four years at Pulaski High School in Green Bay, Wis.... Two-time state champion in the 3200-meter run (2004 & 2005)... Finished third in the 1600-meter run as a junior and second as a senior... 2004 WCCCA Female Runner of the Year... 2004 Wisconsin state cross country champion... Team finished runner-up in 2004... Finished fourth individually in 2003... Two-time all-State Cross Country selection... Member of the Leo Club and National Honor Society.

### PERSONAL

Born Michelle Lynn Corrigan in Green Bay, Wis. on May 24, 1987... Daughter of Elizabeth Corrigan... Enrolled in biological studies program.



## BRITTANY DETZEL

Sophomore • 5-0 • Cincinnati, Ohio  
Colerain HS  
Major: Animal/Dairy Sciences  
Events: Distance

### 2006 CROSS COUNTRY

Ran in three meets during the season... Finished 21st at the Crimson Classic with a time of 19:32.98.

### 2006 OUTDOOR

Redshirted the season.

### 2006 INDOOR

Redshirted the season.

### 2005 CROSS COUNTRY

Crossed the finish line in 21:27.97 to finish 38th at the SEC Championships... Took fourth at the MSU Short Course (10:35.26)... Ran 19:01.40 to take 26th at the Crimson Classic... Finished 18th in her first race for the Maroon and White.

### HIGH SCHOOL

Prepped at Colerain High School in Cincinnati, Ohio for head coach Ron Russo... Earned four letters each in track and cross country... Named all-Ohio in the 4x800-meter relay, 800-meter run and 1600-meter run... Team finished runner-up at the state cross country meets her junior and senior campaigns... Individually, finished third at the state meet as a junior... All-Academic Ohio Team four years... Member of Student Council, Show Choir, National Honor Society and Spanish National Honor Society.

### PERSONAL

Born Brittany Lauren Detzel on April 11, 1987 in Cincinnati, Ohio... Daughter of Pam and Jim Detzel... Pursing a degree in animal/dairy sciences.



## GABRIELLE DILLON

Sophomore • 5-2 • Liberty, Miss.  
Amite County HS  
Major: Interdisciplinary Studies  
Events: Sprints

### 2006 OUTDOOR

Ran 24.48 to finish 17th in the preliminaries of the 200-meter dash at the Mideast Regional... At the SEC Championships, took 19th in the 100-meter dash, tying her personal best 12.03 and ran 25.03 to finish 19th in the 200... Won the 200-meter dash at the Jace Lacoste Invitational with a regional-qualifying time of 23.96... Ran a personal-best 12.03 in the 100 at the Texas Relays... Ran 12.11 to finish second in the 100 at the Jace Lacoste Invitational.

### 2006 INDOOR

Ran a personal-best 7.58 (c) in the 60-meter dash to finish 15th in the preliminaries at the SEC Championships... Also clocked a personal record in the 200-meter dash, finishing 26th in 25.24... Ran second leg of the fourth-place 4x400-meter relay (3:56.81).

### HIGH SCHOOL

Competed at Amite County (Miss.) High School for coach Charlie Floyd... Member of Who's Who Among American High School Students.

### PERSONAL

Born Gabrielle Mignon Dillon in McComb, Miss. on July 5, 1987... Daughter of Dollie and Les Patterson... Seeking an interdisciplinary studies degree in psychology and elementary education.



# LADY BULLDOGS



## ANNIE FALOR

Junior • 5-10 • Flagstaff, Ariz.

Flagstaff HS

Major: English

Events: Distance

### 2006 CROSS COUNTRY

Earned a top 10 finish at the Crimson Classic with a time of 18:39.91(9th)... Finished 24th at the SEC Championships (22:08.5).

### 2006 OUTDOOR

Posted a 4:39.08 time in the 1500-meter to finish 17th in the event preliminaries at the SEC Championships... Finished 15th in the 5000-meter run at the SEC meet, to record a personal best (17:10.09)... At the Penn Relays, ran the anchor leg of the school-record setting 4x1500-meter relay (18:09.43) in the Championship of America flight of the event... Ran a personal-best 4:33.07 in the 1500-meter at the Auburn Invitational... Finished second in the 1500 at the LSU Tiger Relays (4:39.08)... In a third-place finish, ran the first leg of the 4x1500-meter relay at the Alabama Relays (19:20.99).

### 2006 INDOOR

At the SEC Championships, ran 10:01.36 in the 3000-meter run, a personal best... Ran 10:12.66 in the 3000-meter run at the Tyson Invitational... Finished second in the 3000-meter run at the Bayou Bengal Invitational (10:16.99)... Ran the 3000-meter run at the Clemson Invitational (10:11.15).

### 2005 CROSS COUNTRY

Saw limited action during the season... Finished 21st at the Crimson Classic and 26th at the Belmont Opener.

### 2005 OUTDOOR

Ran 4:51.70 in the 1500 at the LSU Alumni Gold meet... Finished fifth in the 5000-meter run at the Bulldog Invitational (19:20.18)... Took sixth in the 5000-meter run (18:17.87) at the Alabama Relays... Anchored the 4x800-meter relay team that finished third in Tuscaloosa (9:12.82).

### 2004 CROSS COUNTRY

Ran 19:56.89 to place 42nd at the Auburn Invitational... Opened her career finishing 31st at the Memphis Twilight Classic (18:32.22).

### HIGH SCHOOL

Attended Flagstaff (Ariz.) High School... Earned four letters in track and four in cross country... Member of the state championship cross country team all four years... Won the individual title her junior year... Member of the National Honor Society.

### PERSONAL

Annie Falor was born in Hobbs, N.M. on June 28, 1986... Daughter of Sharon Welsh Falor and Zac Falor... Both parents competed in sports at Alma College... Majoring in English.



## JANELLE FINLEY

Sophomore • 5-5 • Mobile, Ala.

Murphy HS

Major: Communication

Events: Jumps

### 2006 OUTDOOR

Finished 13th in the long jump at the SEC Championships, leaping 19-01 1/2... Qualified for the Mid-East Regional by winning the Jace Lacoste Invitational long jump title with a mark of 19-11 3/4... Jump is second-best in school history... Set an MSU freshman record in the triple jump... Attempt of 39-08 captured fifth at the Jace Lacoste Invitational... Won the section 'B' long jump title at the LSU Tiger Relays (18-08 1/2)... Took third in the triple at the Auburn Invitational (38-05 1/2).

### 2006 INDOOR

Finished 12th in the long jump at the SEC Championships, leaping a personal-best 18-07 1/4, tied for fifth-best in school history... Set a personal record in the triple jump at the SEC meet, finishing 14th (39-03 3/4) with the third-best leap in school history... Set a personal best in the 200-meter dash at the Bayou Bengal Invitational (26.98)... Placed fifth in the triple at the Bayou Bengal Invitational (37-08 3/4).

### HIGH SCHOOL

Earned three letters at Murphy High School in Mobile, Ala. for head coach Rebecca Mullins... During her senior season, finished third at the Alabama High School Athletic Association's Class 6A state meet in the triple jump... 2005 all-State selection and Mobile County all-Metro Team... Took fourth her junior campaign at the state meet... Three-time Class 6A Female Athlete of the Week and 6A all-County squad... Also lettered in cheerleading two years... Senior class vice-president... National Honor Roll/Who's Who Among American High School Students... A/B Honor Roll.

### PERSONAL

Born Janelle Marie Finley on Aug. 25, 1987 in Mobile, Ala... Daughter of Lynda and John Finley... Cousin Edra Finley competes in track at the University of Tennessee... Majoring in communication with an emphasis in public relations.



## ABBEY GRAHAM

Sophomore • 5-4 • Pontotoc, Miss.

Pontotoc HS

Major: Kinesiology

Events: Distance

### 2006 CROSS COUNTRY

Did not compete.

### 2006 OUTDOOR

Ran a personal-best 2:21.18 in the 800-meter run at the Bulldog Invitational... Clocked 2:22.21 in the 800-meter run at the Jace Lacoste... Anchored fifth-place sprint medley relay at the Alabama Relays (4:13.98).

### 2006 INDOOR

Finished eighth in the 800-meter run at the Bayou Bengal Invitational (2:25.74)... Set a personal best in the 800, running 2:25.16 at the Clemson Invitational.

### 2005 CROSS COUNTRY

Redshirted the season.

### HIGH SCHOOL

Prepped at Pontotoc (Miss.) High School under head coach Mike Bain... Won 10 individual state titles in track -- two in 3200-meter run, four in the 1600-meter run and four in the 800-meter run... Two-time state cross country champion... Holds MHSAA Class 4A state record in 800 (2:17.58)... Also lettered in basketball and cheerleading... Member of the FCA, Mu Alpha Theta, Spanish Club and Beta Club... Nominated for Wendy's High School Heisman Award and Mississippi Pop Star Award.

### PERSONAL

Abbey Marissa Graham on March 20, 1987 in Pontotoc, Miss.... Daughter of Angie and Anthony Graham... Brother Josh plays baseball at University of North Alabama... Majoring in kinesiology.



## JOY GRIFFITH

Junior • 5-5 • Tuscaloosa, Ala.

American Christian Academy

Major: Animal/Dairy Sciences (Pre-Vet)

Events: Distance

### 2006 CROSS COUNTRY

Saw limited time participating in cross country.

### 2006 OUTDOOR

Finished third in the 3000-meter steeplechase at the SEC Championships with a regional-qualifying time of 10:43.30... Also ran the 5000-meter run at the SEC meet, finishing 21st in 17:33.97... Set an MSU school record in the 3000-meter steeplechase, running a regional-qualifying 10:35.31 at the Penn Relays... Also ran second leg of school-record setting 4x1500-meter relay (18:09.43) in a sixth-place finish of the Championship of American flight... At the Auburn Invitational, ran a personal-best 4:32.29 in a fourth-place finish in the 1500... Took second in the 3000-meter run at the Bulldog Invitational with a personal-best time of 10:13.11... Placed second in the 3000-meter steeplechase (11:02.82) at the Jace Lacoste... Finished second in the steeple at the LSU Tiger Relays, running 10:56.79... Ran 11:12.31 in the 3000-meter steeplechase at the Alabama Relays, finishing third.

### 2006 INDOOR

Finished sixth in the 5000-meter run at the Tyson Invitational (17:37.62)... Ran 10:31.79 to take seventh in the 5000 at the Bayou Bengal Invitational.

### 2005 CROSS COUNTRY

Ran 21:24.53 to finish 34th at the SEC Championships... Finished the MSU Short Course in 11:18.70 to finish 11th... Opened the season with a 20th place finish at the Belmont Opener (15:13.67).

### 2005 INDOOR & OUTDOOR

Redshirted the season.

### 2004 INDOOR

During the indoor season, recorded her personal best in three events -- the mile run, the 3000-meter run (10:14.75), and the 5000-meter run (17:10.29).

### 2003 CROSS COUNTRY

Earned all-South Region honors with a 16th-place finish (21:32.33) at the NCAA South Regional... Finished 24th at the SEC Championships (23:21.39)... Top collegiate finisher at the MSU Invitational (10:12.10)... At the Auburn Invitational, ran 18:40.19 to finish 14th... Ran 19:20.45 to finish 20th at the Crimson Classic... Placed second at the Bulldog Invitational (17:39)... Opened her career with a fifth-place finish at the Memphis Twilight Classic (11:39.40).



## HIGH SCHOOL

Four-time 3200-meter run state champion in Alabama High School Athletic Association Class 1A... Three-time state champion in the 1600-meter run... Won the state title in the 800-meter run once... Holds state championships in the indoor 800, 1600 and 3200... Female Athlete of the Year... Received all-State honors three years in a row... Voted team captain her senior season at the American Christian Academy... Three-time MVP... Received the Most Improved award twice and the Best Attitude award three-times for the Patriots track team... Valedictorian of her graduating class.

## PERSONAL

Joy Elizabeth Griffith was born on Nov. 27, 1984, in Birmingham, Ala... The daughter of Susan and Robert Griffith... Majoring in animal and dairy science (pre-veterinary medicine)... Cousin Drew Johnson played football at William and Mary... Grandfather ran cross country and track at Auburn University.



## LIZ GRUBE

Senior • 5-8 • Sherwood, Wis.

Kaukauna HS

Major: Interior Design

Events: Distance

## 2006 CROSS COUNTRY

Finished sixth at the Sewanee Invite (18:54.85)... Carded a time of 18:49.58 at the Crimson Classic.

## 2006 OUTDOOR

Ran 4:36.31 in the 1500-meter run at the Texas Relays... Ran 4:37.56 at the Bulldog Invitational... Ran the third leg of the school-record setting 4x800-meter relay at the Texas Relays (8:47.84)... Won the 1500-meter run at the LSU Tiger Relays, running 4:36.53... Ran a personal-best 2:15.86 in the 800-meter run at the Auburn Invitational... Posted a personal best in the 1500-meter run, clocking 4:36.31 at the Texas Relays... In the 4x800-meter relay, ran third leg of winning team at the LSU Tiger Relays (8:51.12)... Ran third leg of the winning 4x800-meter relay team at the Alabama Relays (8:59.30)... At the Penn Relays, ran third leg of 4x800-meter relay team that finished sixth after running 8:48.59 in the Championship of America flight... Took second in the 1500 at the Bulldog Invitational (4:37.56)... Posted a time of 4:38.53 to finish third in the 1500 at the Jace Lacoste Invitational.

## 2006 INDOOR

Posted a personal best time in the mile run at the SEC Championships (5:00.72)... Ran 5:01.66 in the mile run at the Tyson Invitational... Anchored third-place distance medley relay squad (11:44.82)... Finished second in the mile at the Bayou Bengal Invitational (5:08.09)... Took eighth in the mile at the Clemson Invitational (5:08.92).

## 2005 CROSS COUNTRY

Best finish of season was recorded at the Auburn Invitational (18:02.16)... Finished seventh overall at the MSU Short Course (10:47.22)... At the Crimson Classic, placed 28th overall (19:11.69).

## 2005 OUTDOOR & INDOOR

Redshirted the season.

## 2004 INDOOR

Notched a personal best mark in the 800-meter run at 2:19.83 at the Rod McCravy Invitational... Placed seventh in the 800-meter run (2:22.31) at the Arkansas Invitational.

## 2003 CROSS COUNTRY

Opened her career with a 17th-place finish at the Memphis Twilight Classic... Came in sixth at the Bulldog Invitational (18:42)... Seventh collegiate finisher at the MSU Invitational (10:40.00).

## HIGH SCHOOL

Received all-State and academic all-State honors in track all four years at Kaukauna (Wis.) High School... Received the same honors three years for cross country... Member of the 2001 and 2002 state champion 4x800-meter relay team... Earned first team all-Conference, all-State and all-Area honors as a senior... Voted team captain her final season at KHS... Named all-State as a junior and second team all-Conference as a junior and sophomore... Lettered four years in cross country... Named three-time all-State and all-Conference as a member of the Galloping Ghosts cross country team... Earned high school all-American honors as a part of the 2001 team... Finished third in the state cross country meet as a senior... Named Athlete of the Week by the Appleton (Wis.) Post Crescent... Selected Student of the Month (Sept. 2002) by the Kaukauna Rotary Club... Recognized as one of the top 10 students from KHS by the Kaukauna Elks Club... Named 2003 Scholar Athlete... Member of the National Honor Society and Outdoors Club... Volunteered at the Harbor House domestic abuse shelter and Salvation Army.

## PERSONAL

Elizabeth Megan Grube was born on April 26, 1985, in Appleton, Wis... Daughter of Paul and Leigh Grube...Majoring in interior design.



## MARRISSA HARRIS

Sophomore • 5-7 • Memphis, Tenn.

Central HS

Major: Physical Education

Events: Combined Events

## 2006 OUTDOOR

Took 24th in the 100-meter hurdles preliminaries at the Mideast Regional (13.94)... Also at the regional meet, finished 23rd in the long jump competition (18-06 1/2)... Scored a freshman record 5,112 points in the heptathlon at the SEC Championships... Led competition after first day and point total is second-best in school history... Shattered MSU school record in the 100-meter hurdles, running 13.52 during the heptathlon... Took third in the 200-meter dash (24.80)... Set a personal best in the shot put, throwing 35-08 1/2 to finish third... In the open long jump competition, scored for State after taking seventh with a leap of 19-09 3/4... Mark is a personal best and third-best in school history... Set personal bests in the 800-meter run (2:32.98), high jump (5-01 3/4) and javelin (101-04) during the SEC heptathlon competition... Ran regional qualifying times in the 100-meter hurdles on two occasions... At the Texas Relays, posted a time of 13.90 and at the Bulldog Invitational, finished second in 13.92... Won the 100 hurdles time at the Jace Lacoste Invitational (13.97)... Took third in the long jump at the Bulldog Invitational (18-06).

## 2006 INDOOR

At her first SEC Championships, finished 12th in the pentathlon, scoring a personal best 3,450 points, the fourth-most in school history... Ran 8.74 (c) at the SEC Championships to finish eighth in the pentathlon 60-meter hurdles, the fifth-best time in school history... Leaped 18-03 3/4 to finish seventh in the pentathlon competition and set a personal best... Set a personal best in the 800-meter run, running 2:42.13 and in the shot put (32-05), both during the SEC pentathlon... Ran anchor leg of fourth-place 4x400-meter relay at the SEC Championships (3:56.81)... In the open 60-meter hurdles, finished 16th in the preliminaries at the SEC meet (9.10, c)... Opened the year clearing a personal best 5-01 in the jump at the Clemson Invitational.

## HIGH SCHOOL

Prepped under John Roberts and Camille Mitchell at Memphis (Tenn.) Central High School... State champion in 100-meter hurdles (sophomore and junior) and 300-meter hurdles (ninth-12th)... Named all-Metro... 2005 Memphis Best of Preps winner... Team Most Valuable Player four years... Also lettered in basketball and cross country... Member of the National Honor Society, Latin Club and 4-H... Named to the National Honor Roll... Scholar Athlete... William H. Sweet honoree.

## PERSONAL

Born MarriSSa Maria Harris on March 12, 1987 in Memphis, Tenn... Daughter of Mary J. and Morris Harris, Sr... Cousins Seneca Edwards and Sheila Hayes-Lloyd attended MSU... Sister Maronda competed in track at Middle Tennessee State... Majoring in physical education.



## CHRISTINA HERNANDEZ

Senior • 5-9 • Asheville, N.C.

A.C. Reynolds HS

Major: Communication

Events: Throws

## 2006 OUTDOOR

Finished 16th in the discus throw at the Mideast Regional (144-09)... In the discus throw, placed 11th at the SEC Championships (146-05) and 14th in the shot put (41-01 3/4)... Qualified for the Mideast Regional by winning the discus title at the Jace Lacoste Invitational (156-00)... Also won the shot put title at the Jace Lacoste (41-09 3/4)... Took second in the discus at the Bulldog Invitational (152-04) and Alabama Relays (147-09)... Finished third at the Auburn Invitational (145-00)... Took third in the hammer (164-00) at the Jace Lacoste, a personal best.

## 2006 INDOOR

Finished 10th at the SEC Championships in the shot put with a personal best throw of 43-05 1/4... Placed 19th in the 20-pound weight throw (47-05).

## 2005 OUTDOOR

Scored at the SEC meet, finishing eighth in the discus with a personal best throw of 152-07... Placed 12th at the SEC Championships in the shot put (46-06 3/4)... Finished fourth in the shot put at the Jace Lacoste Invitational.

## 2005 INDOOR

Finished fourth in the 20-lb. weight throw at the Bayou Bengal Invitational with a personal best throw of 49-05 3/4.

## 2004 OUTDOOR

Placed 21st in the hammer throw with a throw of 142-02 at the SEC Championships... Finished third at the Alabama Relays in the discus (139-09 1/4)... Finished second at the Bulldog Invitational (143-11)... Finished third in the discus at the Jace Lacoste Invitational (142-07).

## 2004 INDOOR

Finished 26th at the SEC Championships in the 20-lb. weight throw (47-01 1/2)... Placed fifth in the shot put at the Arkansas Invitational with a throw of 41-03 1/4.





# LADY BULLDOGS

## HIGH SCHOOL

Six-time state champion while at A.C. Reynolds HS in Asheville, N.C.... 4A State indoor championship in the shot put as a junior and senior... Won the 4A State outdoor championship in the discus in 2001, 2002 and 2003... Won the 4A State outdoor championship in the shot put during her final season... Finished seventh in both the shot and discus at the 2002 adidas Outdoor Championships... Three-time MVP of her team... Served for three seasons as co-captain of the track team... Named to the all-Western North Carolina team as a sophomore... Received the 2002 Asheville Citizen-Times Female Track Athlete of the Year... Member of the Future Farmers of America and the Sign Language Club... Named to the honor roll three times.

## PERSONAL

Christina Hernandez was born on Feb. 15, 1985, in Asheville, N.C... The daughter of Ed and Pam Hernandez... Majoring in communication with an emphasis in journalism.



## JEN McPHERSON

**Senior • 6-0 • Nampa, Idaho**

**Skyview HS**

**Major: Communication**

**Events: Distance**

## 2006 CROSS COUNTRY

Earned a trip to the NCAA Championships after finishing 16th at the South Regional... Tabbed to the all-Region squad... Led the Lady Bulldogs in four meets... Opened the season with second and third place finishes at Sewanee and the Crimson Classic.

## 2006 OUTDOOR

Rebounded from an Achilles heel injury with a sensational year... Received an at-large bid to the 2006 NCAA National Championships... Finished 22nd in the preliminaries at nationals (4:25.13)... At the Mid-east Regional, finished eighth in the 1500 finals (4:27.18) and preliminaries (4:30.26)... Posted an eighth-place finish in the 1500 at the SEC Championships (4:32.24) after recording the top qualifying time in the event (4:25.75)... Took ninth in the 800-meter preliminaries with a personal-best 2:08.51 and finish eighth in the final (2:09.31)... Ran second leg of 10th-place 4x400-meter relay at the SEC meet, running a season's best 3:51.02... Qualified for the Mid-east Regional by winning the 1500-meter run in a regional qualifying 4:22.26, the second-best time in the conference during the season... At the Penn Relays, ran the first leg of the 4x800-meter relay team that finished sixth in the Championship of America event (8:48.59), ran first leg of school-record setting 4x1500 squad, which also ran in the Championship of America section (18:09.43) and ran first leg of sixth-place Championship of America distance medley relay team that ran a season's best 11:22.29, the second-best time in school history... Ran the first leg of the school-record setting 4x800-meter relay at the Texas Relays (8:47.84)... Ran first legs winning 4x800-meter (8:51.12) and distance medley relay (11:36.86) at the LSU Tiger Relays and at the Alabama Relays (8:59.30) and (11:49.39, DMR)... At the Texas Relays, ran the first leg of the second-place distance medley relay (11:29.63)... Won the 1500 at the Jace Lacoste Invitational (4:28.11).

## 2006 INDOOR

Took fourth in the mile run (4:50.60) at the SEC Championships... Ran 4:51.20 in the preliminaries... Ran first leg of 10th-place distance medley relay squad (11:43.77)... Posted a 4:49.69 to finish fifth in the mile run championship at the Tyson Invitational... Ran first leg of third-place distance medley relay squad at Tyson (11:44.82)... Finished sixth at in the mile at the Boston University Terrier Classic (4:55.51)... Ran first leg of winning distance medley relay at Clemson (11:52.90).

## 2005 CROSS COUNTRY

Redshirted the season.

## 2005 OUTDOOR

Hampered by an Achilles heel injury throughout the latter part of the season... Finished 16th in the preliminaries of the mile run at the NCAA Championships, running 5:01.24 on the injured foot... Finished third at the SEC Championships... Set a personal best and NCAA provisional qualifying mark at the Terrier Classic, finishing second in 4:42.79... Won the Clemson Invite mile title in 4:49.10... In the 800-meter run, set a personal record by finishing second (top collegiate finisher) at the Purple Tiger Invite... Won the Clemson Invite title in 2:12.34.

## 2004 CROSS COUNTRY

Ran 21:46.71 to earn all-South Region honors at the NCAA South Regional... Second at the MSU Short Course (10:26.75)... Crossed the finish line at the Notre Dame Invite in 17:38 to finish 35th... MSU's top finisher at the Auburn Invitational (fifth, 18:29.44)... Opened the year with a 10th place finish at the Memphis Twilight Classic (17:34.27).

## 2004 OUTDOOR

Finished 24th at the NCAA Championships in the 1500-meters (4:34.09)... At the Mid-east Regional, finished ninth in the 1500-meters (4:32.25)... Placed 11th in the SEC Championships in the 1500-meters with 4:26.60... Ran 2:12.21 in the 800 taking second place at the TCU Invitational... Part of the team that won the distance medley relay at the Texas Relays and set a new school record in the event at 11:10.06... Won the 1500-meter run (4:28.69) at the Bulldog Invitational... Best time of the season in the 1500-meter run was 4:20.8 which came at the Jace Lacoste Invitational.

## 2004 INDOOR

Ran on the 4x400-meter relay team that yielded a first-place finish at the Rod McCravy Memorial (3:53.97)... At the SEC Indoor Championships, member of the distance medley relay team that finished second (11:27.54)... In the mile run, met an NCAA provisional qualifying mark, finishing 11th in the prelims at the SEC Indoor Championships (4:55.52).

## 2003 CROSS COUNTRY

Finished among the top 50 at the SEC meet... Ran 11:29.50 to finish second at the Memphis Twilight Classic... Came in 20th at the Crimson Classic (19:15.73)... At the Auburn Invitational, ran 18:40.45 to finish 15th... On the MSU Invitational 3K course, finished ninth (10:32.40).

## 2003 OUTDOOR

Finished in 11th in the 1500 in the preliminaries of the SEC Outdoor Championships in a time of 4:36.58... Ran the first leg of the outdoor distance medley relay team that won at the Texas Relays... Set best time in the 800 at the SEC Quad in 2:17.20, finishing fourth... Won the 1500 at the Ole Miss Open (4:34.24)... Runner-up in the 5000-meter run at the Jace Lacoste in 17:41.74... Recorded top time in the 4x400m relay winning the Jace Lacoste in 3:49.41... Took third at the SEC Quad in the 1500-meter run in 4:37.16 and fifth at the TCU Invitational (4:37.12)... Won the 1500 at the Bulldog Invitational in 4:41.61.

## 2003 INDOOR

Won the SEC Indoor Championship in the distance medley relay (11:26.39), only relay team in school history to win an SEC Championship... Recorded a 5:06.24 in the mile at the SEC Indoor Championships with a 12th place finish in the preliminaries... Ran the first leg of the distance medley relay team that won the Rod McCravy Memorial with their time of 11:18.04, an NCAA automatic qualifying mark... Set top time in the 800-meter run at the Arkansas State Invitational in 2:14.75, taking fifth... Finished fifth at the Rod McCravy Memorial, running 4:53.94... Finished third in the mile run at the SEC West Challenge in 5:00.65... Won the distance medley relay at the Arkansas State Invitational and Rod McCravy Memorial, running the first leg in both races.

## 2002 CROSS COUNTRY

Started her MSU career with a fourth-place finish at the Sewanee Invitational, running 19:20.26... At the Seminole Cross Country Invitational, finished 14th in 19:00.00... Ran 19:20 at the Notre Dame Invitational to finish 119th.

## HIGH SCHOOL

Lettered four years in track and cross country for Al Stout at Skyview High School... Won her cross country team's MVP award all four years... Named Athlete of the Year at Skyview her senior year... Won the Iron Hawk award her junior and senior seasons... Honored as the most valuable distance runner all four years of high school... Earned a letter in basketball... Named captain of the cross country team two years and of the track team her senior season... Took the Top Scholar Award as a junior... Valedictorian of her graduating class.

## PERSONAL

Jennifer Lynn McPherson was born Aug. 28, 1983, in Ashland, Ohio... The daughter of Steve and Beth McPherson... Majoring in communication... Engaged to Michael Landry.



## SARAH MILAM

**Senior • 5-5 • Tullahoma, Tenn.**

**Tullahoma HS**

**Major: Biological Sciences**

**Events: Distance**

## 2006 CROSS COUNTRY

Competed in four meets during the season... Finished 66th at the Crimson Classic with a season-best time of 21:09.73.

## 2006 OUTDOOR

Ran a personal-best 21:12.15 in the 5000-meter run at the Jace Lacoste Invitational.

## 2006 INDOOR

Redshirted the season.

## 2005 CROSS COUNTRY

Saw limited action during the season.

## HIGH SCHOOL

An all-Region selection in cross country at Tullahoma (Tenn.) High School... Team won mid-State and regional titles... A top 10 miler in the sectional... Also lettered in basketball for two years... Member of the National Honor Society, Barrett-Browning English Honor Society and Mu Alpha Theta... An all-American Scholar.

## PERSONAL

Born Sarah Ann Milam on Nov. 14, 1983 in Winchester, Tenn.... Daughter of Terri and Bill Milam... Majoring in biological sciences.



## ANGELICA PHILLIPS

Junior • 5-6 • Coldwater, Miss.  
Coldwater HS  
Major: Criminal Justice  
Events: Sprints

### 2006 OUTDOOR

Ran a personal best in the 100-meter dash, clocking 12.64 at the Bulldog Invitational... Ran a personal best in the 200-meter dash at the Jace Lacoste Invitational (25.49).

### 2006 INDOOR

Opened the year running a personal best in the 60-meter dash (8.22) at the Clemson Invitational.

### 2005 OUTDOOR

Competed in the 100- and 200-meters at the Jace Lacoste Invitational and the LSU Alumni Gold meet... In her first action for the Maroon and White, competed in the 100- and 200-meter dashes at the Bulldog Invitational... Ran third leg of second-place 4x100-meter relay team (48.35).

### 2005 INDOOR

Set a personal record in the 60-meter dash at the Bayou Bengal Invitational (8.38)... Ran a personal best in the 200-meter dash (26.27) at the SEC Championships... Finished 29th in the 400-meter dash at the SEC Championships (1:01.23).

### HIGH SCHOOL

Attended Coldwater (Miss.) High School... Team captain from 2002-04... Named all-State from 1998-2004... Member of two state championship teams (2000 & 2002)... Earned six letters in track... Also lettered in basketball and softball.

### PERSONAL

Born Angelica Gerneque Phillips in Senatobia, Miss. on May 20, 1986... Sister of former MSU all-American LaChristopher Lewis... Daughter of Patricia Hill and Jessie Williams... Studying criminal justice.



## NICOLE ROSETTI

Sophomore • 5-9 • Biloxi, Miss.  
Mercy Cross HS  
Major: Education  
Events: Distance

### 2006 CROSS COUNTRY

Completed in all six meets during the season... Placed 14th at the Sewanee Invite with a time of 19:47.87.

### 2006 OUTDOOR

Set a personal best in the 5000-meter run with a sixth-place finish at the Alabama Relays (18:27.51)... Posted a 19:00.27 in the 5000-meter run at the Jace Lacoste Invitational... Ran 18:44.52 in the 5000 at the LSU Tiger Relays.

### 2006 INDOOR

Ran a personal best in the 3000-meter run (11:03.69)... Posted a personal best in the 5000-meter run at Clemson (18:55.98).

### 2005 CROSS COUNTRY

Competed at the SEC Championships, finishing 54th... Best finish of the season came at the MSU Short Course (eighth)... Posted two other top 50 finishes at Belmont and the Crimson Classic.

### HIGH SCHOOL

Ran for Loretta Bond at Mercy Cross (Miss.) High School... Mississippi High School Activities Association state champion in the 3200-meter run (2001, 2003, 2004 & 2005)... Class 2A state champion in the 1600-meter run (2003 & 2004)... Won two Class 2A cross country titles in the 4K race (2002 & 2004)... Finished second in 2003... Member of the Key Club, Interact Club, Drama Club, Science Club, FCA, National Honor Society... Catholic Youth Organization... Named to the Honor Roll all four years of high school.

### PERSONAL

Born Nicole Elizabeth Rosetti on Feb. 25, 1987 in Ocean Springs, Miss.... Daughter of Pam and Nick Rosetti... Uncle, Clell Rosetti, played football at Southeastern Louisiana... Majoring in education.



## EMILY SANDERS

Sophomore • 5-10 • Woodstock, Ga.  
Sequoyah HS  
Major: Psychology  
Events: Throws

### 2006 OUTDOOR

Took 10th in the javelin throw at the SEC Championships (132-03)... Finished 18th in the hammer throw (160-00)... Set MSU freshmen records in two events... At the Penn Relays, threw 133-07 in the javelin and at the Jace Lacoste Invitational, threw 172-02 in a hammer throw win... Set a personal best in the shot put, throwing 40-07 1/2 at the LSU Tiger Relays... Won the hammer throw at the LSU Tiger Relays (165-03)... Posted second-place finishes at the Jace Lacoste Invitational (javelin, 124-04) and Auburn Invitational (hammer, 162-07)... Placed third in the javelin at Auburn (130-11) and hammer at the Bulldog Invitational (172-01).

### 2006 INDOOR

Placed 12th in the shot put (43-04 1/4) and 17th in the 20-lb. weight throw (51-03 1/2) at the SEC Championships... Set a personal best in the weight throw by winning the Bayou Bengal Invitational title (51-05 1/2), the fourth-best mark in school history.

### HIGH SCHOOL

Earned High School all-America honors in the weight throw (2004 & 2005) and hammer throw (2004)... Four year letterwinner at Sequoyah HS under Lolita Smith... Two-time state champion in the shot put... Personal records are 44-03 (shot put), 139-06 (discus), 127-09 (javelin), 155-08 (hammer) and 53-0 (weight throw)... Earned two letters in basketball... Member of FCA, SHS Drumline and Prom committee... Named to the Honor Roll.

### PERSONAL

Born Emily Kathleen Sanders on Jan. 10, 1987 in Jacksonville, Fla.... Daughter of Mary and Emory Sanders... Majoring in psychology.



## MINA THORSTENSON

Senior • 5-4 • Okauchee, Wis.  
Catholic Memorial HS  
Major: Microbiology  
Events: Distance

### 2006 CROSS COUNTRY

Ran in all six meets of the season... Finished fifth (18:38.89) and sixth (18:38.36) respectively at the Sewanee Invite and the Crimson Classic.

### 2006 OUTDOOR

At the SEC Championships, finished 26th in the 5000-meter run (17:47.84) and 21st in the 1500-meter run preliminaries (4:45.62)... Clocked a personal-best 4:39.40 in the 1500-meter run at the Jace Lacoste Invitational... Ran 10:21.11 in the 3000-meter run at the Bulldog Invitational, also a personal best... Finished fourth in the 5000-meter run at the LSU Tiger Relays (18:05.29)... Ran third leg of third-place 4x1500-meter relay at the Alabama Relays (19:20.99).

### 2006 INDOOR

Ran a personal best 17:32.42 in the 5000-meter run, finishing fifth at the Tyson Invitational... Won the mile run at the Bayou Bengal, running a personal best 5:07.37... At the Clemson Invitational, won the 5000-meter run in 18:06.02.

### 2005 CROSS COUNTRY

In her only meet of the year, finished 29th (19:15.32) at the Crimson Classic.

### 2005 INDOOR & OUTDOOR

Redshirted the season.

### 2004 CROSS COUNTRY

Ran 19:41.22 in a 33rd place finish at the Auburn Invitational... Opened the season at the Memphis Twilight Classic, finishing 29th in 18:31.07.

### 2004 OUTDOOR

Placed second in the 5000-meter run (18:19.10) at the Jace Lacoste Invitational.

### 2004 INDOOR

Finished 14th at the Rod McCravy Memorial in the mile run (5:15.83).

### 2003 CROSS COUNTRY

In her first SEC meet, finished 52nd (24:19.76)... Ran 22:57.53 to finish 78th at her first NCAA South Regional... At the Memphis Twilight Classic, finished third in 17:58... Crimson Classic marked with a 15th place finish (18:59.63)... Placed seventh at the MSU Invitational (14:42.00).



# LADY BULLDOGS

## 2003 OUTDOOR

Won the 5000-meter run at the SEC Quadrangular in 17:45.27... Runner-up at the Jace Lacoste Invitational in the 1500-meter run in 4:45.45... Set top time in the 800-meter run at the Jace Lacoste Invitational in 2:22.18, finishing in fifth... Took 10th in the 10,000-meter run at the SEC Outdoor Championships (38:36.54)... Won the 5000 at the Bulldog Invitational in 18:00.70... Took third at the Ole Miss Open in the 1500 (4:52.43)... Ranked third on the squad in the 3000-meter run with a time of 10:27.60 recorded at the Arkansas State Invitational... Took fifth at the SEC West Challenge in the 3000 in 10:38.36.

## 2003 INDOOR

Track: Recorded a time of 10:28.10 at the Rod McCravy Memorial in the 3000... Took 10th at the Tyson Invitational in 10:34.68 in the 3000.

## 2003 CROSS COUNTRY

Opened the year with a sixth-place finish at the Sewanee Invite... Finished 15th among college competitors at the FSU Invitational... Finished in the top 50 at her first SEC meet.

## HIGH SCHOOL

Lettered four years in track and cross country at Catholic Memorial HS... Named to the all-State second team in cross country her junior and senior seasons... Holds the school record in the 3200-meter run with a time of 11:11... Won the WISAA championship in the two-mile run as a sophomore... Part of the 4x800-meter relay team that set the school record as a sophomore... Earned four letters in cross country skiing... Named a National Photography portfolio finalist... National Honor Society member.

## PERSONAL

Mina Marie Thorstenson was born Jan. 29, 1984, in San Jose, Calif... The daughter of Mary and Eric Thorstenson... Majoring in microbiology.



## ANDREA WAHLIN

Junior • 5-9 • Cold Springs, Minn.

Rocori HS

Major: Food and Nutrition

Events: Middle Distance/Sprints

## 2006 OUTDOOR

At the SEC Championships, finished 23rd in the 800-meter run preliminaries (2:16.41)... Ran a personal best 2:13.32 in the 800-meter run at the Auburn Invitational... Ran 2:14.20 to take second at the Bulldog Invitational.

## 2006 INDOOR

Set a personal best in the 800-meter run at the SEC Championships, finishing 15th in 2:15.21... Ran third leg of fifth-place distance medley relay team (11:39.77), fourth-best time in school history... Also ran third legs of DMR at Tyson (11:44.82), fifth-best time on all-time list and third place finish and winning team at Clemson (11:52.90)... Ran 2:17.96 to finish second in the 800 at the Bayou Bengal Invitational... Placed fifth in the 800-meter run at the Clemson Invitational (2:20.44).

## 2005 OUTDOOR

Finished 10th in the 800-meter run at Alabama (2:18.63)... Ran second leg of both 4x800 (9:12.82) and distance medley relay (12:00.43) teams that finished third.

## 2005 INDOOR

Ran third leg of distance medley relay... Squad finished fifth at the Clemson Invite (12:10.10) and 11th at the SEC Championships (12:12.25).

## HIGH SCHOOL

Earned six letters in both track and cross country at Ricori (Minn.) High School... Three-time Minnesota state champion in the 800-meter run... Named an all-State selection in the 800 four times... Received 16 all-Conference honors in various events... Holds Rocori records in the 800-meter run, 4x200-meter relay, 4x400-meter relay, and 1600-meter run... Also lettered in basketball... Member of the National Honor Society and Student Senate president... Named to the Honor Roll.

## PERSONAL

Born Andrea Elizabeth Wahlin in St. Cloud, Minnesota on Dec. 18, 1985... Daughter of Jane and Jerry Wahlin... A food and nutrition major.



## NICOLA WILSON

Senior • 5-11 • Trenton, N.J.

Trenton Central HS

Major: Sociology

Events: Throws

## 2006 OUTDOOR

Threw 47-02 1/4 in the shot put at the Mideast Regional... At the SEC Championships, scored for the Lady Bulldogs by finishing eighth in the shot (47-08)... Set the MSU school record in the shot put on two occasions... Threw 50-01 3/4 at the Alabama and Texas Relays... Set a personal best in the discus throw at the LSU Tiger Relays (141-08)... Won the shot title at the LSU Tiger Relays (49-10 1/2) and Auburn Invitational (49-05)... Finished third in the shot at the Bulldog Invitational (47-07 3/4).

## 2006 INDOOR

Set the MSU school record in the shot put, throwing 49-01 3/4 to finish fifth at the SEC Championships... Won the Bayou Bengal Invitational title (48-00 3/4)... Opened the season with a fourth-place finish at the Clemson Invitational (44-07).

## 2005 OUTDOOR

Took ninth in the shot put at the Penn Relays... Finished sixth in the shot put at LSU (41-5)... Set personal best in the shot put (46-63/4), discus (135-2) and hammer (119-9) at the Jace Lacoste Invitational... Competed in the shot put at the Bulldog Invitational, finishing fifth (45-5)... Finished 10th in the shot put at the SEC Championships.

## 2005 INDOOR

Threw a team-best 45-01 3/4 in the shot put at the SEC Championships, finishing 10th... Finished sixth (43-09 3/4) at the Bayou Bengal Invitational and seventh (44-06) at the Clemson Invitational.

## 2004 OUTDOOR

Took third place at the Alabama Relays with a toss of 44-11 1/2... Won the shot put at the Bulldog Invitational, posting a personal best throw of 46-5 1/2... Placed second at the Jace Lacoste Invitational (45-7)... Competed at the SEC Outdoor Championships, finishing 16th (43-2 1/4).

## 2004 INDOOR

Her 44-10 3/4 throw at the Arkansas Invitational was good enough for third place... At the Rod McCravy Memorial set another personal best in the 20-pound weight throw (45-6 1/4)... Competed at the SEC Indoor Championships, finishing 30th (39-10 3/4).

## 2003 INDOOR & OUTDOOR

Did not compete during the season.

## HIGH SCHOOL

Earned four letters in track for Trenton Central (N.J.) HS... Ninth-ranked thrower in the country according to Track & Field News... Took first at the New Jersey State Outdoor Championships as a senior while placing second in the discus... Finished fifth in the high school championship section of the shot put at the Penn Relays as a senior... Also took fifth at the 2002 Nike Indoor Classic in the shot... Member of TCHS's honor roll and Honor society... Earned citizenship, sportsmanship, environmental and Governor's honors.

## PERSONAL

Nicola K. Wilson was born on July 31, 1983, in St. Ann, Jamaica... Daughter of Wesley Wilson and Sonia Morris... Majoring in sociology.



## DOT YOUMANS

Sophomore • 5-10 • Poplarville, Miss.

Poplarville HS

Major: International Business

Events: Combined Events

## 2006 OUTDOOR

Set an MSU freshman record and personal best in the high jump by finishing second and clearing 5-07 at the Jace Lacoste Invitational.

## 2006 INDOOR

Competed in the pentathlon, finishing 16th overall with a personal best 3,260 points... During the pentathlon, let personal bests in the 60-meter hurdles (9.92, c), 800-meter run (2:25.87), long jump (15-08 1/4) and shot put (32-07 1/2)... Cleared a personal-best 5-06 in the high jump at the Bayou Bengal Invitational to win the meet title... Opened career setting a personal best in the 60-meter dash (8.39) at the Clemson Invitational.

## HIGH SCHOOL

Two-time state champion in the high jump (sophomore and junior) at Poplarville (Miss.) High School... Finished second in the high jump as a freshman and senior and in the 300 hurdles as a senior... As a junior, took third in the 300 hurdles... South State champion in the high jump as a freshman and junior... Regional and district champion in the high jump and 300-meter hurdles all four years of high school... District and regional winner in the discus as a junior... State qualifier in the discus... Scholar Athlete... Also played basketball for the Lady Hornets... Member of the FCA and Spanish and Art Clubs.

## PERSONAL

Born Dorothy Annadeus Youmans on Nov. 11, 1986 in Ocean Springs, Miss... Daughter of Alice and Earnest Smith... Cousins Kira Tillman (North Carolina A&T) and Melanie Raine (Jackson State) played basketball collegiately... Seeking a dual degree in international business and biological sciences.

# LADY BULLDOG NEWCOMERS



## LAQUINTA AARON

Freshman • 5-4 • Tuscaloosa, Ala.  
Northridge HS  
Major: Biological Sciences  
Events: Sprints

### HIGH SCHOOL

Competed at Northridge High School in Tuscaloosa, Ala. for head coach Jeff Sparks... Won a combined 15 state titles in the 55-meter dash, 55-meter hurdles, indoor and outdoor long jump, indoor and outdoor 400-meter dash, 100-meter dash, outdoor 200-meter dash, 300-meter hurdles, 4x100- and 4x400-meter relays and heptathlon... During her five years, NHS has won two indoor state titles and three outdoor... Named Most Valuable Player of the AHSAA Class 5A state indoor meet... Named Outstanding Performer... Broke four indoor and two outdoor Class 5A record... Named Paul Bryant Invitational MVP... Member of the Spanish Club... Named to the Honor Roll and received the Most Distinguished Senior award.

### PERSONAL

Daughter of Rachael Washington... Majoring in biological sciences.



## WENDY COPELAND

Freshman • 5-8 • Tupelo, Miss.  
Tupelo HS  
Major: Biological Sciences  
Events: Sprints

### HIGH SCHOOL

Prepped under Chris McCrae at Tupelo (Miss.) High School... 2005 Mississippi Track and Field Gatorade Player of the Year... Won MHSAA Class 5A state titles in the long and triple jumps... As a sophomore and junior, a district, regional and North State champion in both events... Notes personal best times 19-01 in the long jump and 39-00 3/4 in the triple... Recognized as THS' Outstanding Field Event athlete the past two seasons... PopStar award nominee... Also played basketball for the Lady Golden Wave... Earned the Hustle Award and Heart of a Champion award... Member of the National Honor Society and Anchor Club.

### PERSONAL

Daughter of Velma Bowdry... Majoring in biological sciences.



## LATISHA ROGERS

Freshman • 5-11 • Brantley, Ala.  
Brantley HS  
Major: Furniture Management  
Events: Throws

### HIGH SCHOOL

Played softball at Brantley High School... Played first base and centerfield... Kept the official book for the BHS men's and women's basketball programs... Participated in the band.

### PERSONAL

Latisha Sarah Rodgers was born on Jan. 24, 1987 in Bronx, NY... Daughter of Mary and Kenneth McPherson and Bruce Harris... Majoring in furniture management.



## BRIDGETTE ROSE

Freshman • 5-4 • Leeds, Ala.  
Leeds HS  
Major: Accounting  
Events: Sprints

### HIGH SCHOOL

As a prep at Leeds High School, Rose won the Alabama High School Athletic Association's Class 3A state championship in the 300-meter hurdles as a sophomore and junior, the 100-meter dash title as a junior and the pole vault as a junior... Awarded the Best Performance Award for indoor track and the Most Valuable Player award as a junior... An all-county selection... Personal records are all state records in their respective events - 100-meter hurdles (14.23), 300-meter hurdles (44.71), 100-meter dash (11.93) and pole vault (9-6)... At the 2005 Nike Nationals competed in the 100-meter hurdles and 100- and 200-meter dashes... In 2004, she ran the 100- and 400-meter hurdles and 4x400-meter relay at the Amateur Athletic Union's National Club Championships... A three-year member of the volleyball team where she served as team captain. She was named MVP of the squad her senior season... A member of the Student Government Association, she volunteered with various community service projects... The most recent service project she participated in was "Jeans for Teens" designed to collect jeans and clothing items for victims of Hurricane Katrina.

### PERSONAL

The daughter of Ayanna and Terrence Rose... Majoring in accounting.



# MEN'S PERSONAL RECORDS

## KILEY AGUAR

Hammer  
139-00 .....2006 Jace Lacoste Invitational

## JOHN BAILEY

100-meter dash  
10.93 .....2006 SEC Championships  
200-meter dash  
21.87 .....2006 Jace Lacoste Invitational  
110-meter hurdles  
16.95 .....2006 Jace Lacoste Invitational

## DARYL BRADY

100-meter dash  
11.65 .....2006 SEC Championships  
400-meter dash  
51.92 .....2006 SEC Championships  
1500-meter run  
4:55.51 .....2006 SEC Championships  
110-meter hurdles  
17.46 .....2006 SEC Championships  
High Jump  
6-06<sup>3/4</sup> .....2006 Jace Lacoste Invitational  
Pole Vault  
14-01 .....2006 SEC Championships  
Long Jump  
21-02<sup>3/4</sup> .....2006 SEC Championships  
Shot Put  
33-10<sup>3/4</sup> .....2006 Alabama Relays  
Discus  
102-11 .....2006 SEC Championships  
Javelin  
157-01 .....2006 Jace Lacoste Invitational  
Decathlon  
6,253 pts .....2006 SEC Championships

## ALLEN CASSELL

High Jump  
6-08<sup>1/4</sup> .....2006 SEC Championships

## NATHAN DANIELS

400-meter dash  
47.03 .....2006 Auburn Invitational  
800-meter run  
1:51.84 .....2006 SEC Championships

## ARTHUR DAVIS

200-meter dash  
21.01 .....2005 Jace Lacoste Invitational  
400-meter dash  
46.17 .....2005 Jace Lacoste Invitational

## BRUCE DAVIS

200-meter dash  
22.08 .....2006 Bulldog Invitational  
400-meter dash  
46.45 .....2006 Auburn Invitational

## AUSTIN GOLDING

Javelin  
177-3 .....2005 SEC Championships  
Pole Vault  
14-1<sup>1/4</sup> .....2005 LSU Alumni Gold

## RYAN IRWIN

800-meter run  
1:51.01 .....2004 SEC Championships  
1500-meter run  
4:01.33 .....2006 SEC Championships

## EZRA JONES

200-meter dash  
21.95 .....2006 Bulldog Invitational  
400-meter dash  
46.73 .....2006 Mideast Regional

## PAD JUDD

1500-meter run  
3:55.16 .....2006 SEC Championships  
3000-meter run  
8:45.90 .....2006 Bulldog Invitational  
5000-meter run  
14:58.92 .....2006 FSU Snowbird

## WADE MARTIN

3000-meter run  
8:54.70 .....2006 Bulldog Invitational  
3000-meter steeplechase  
9:42.26 .....2006 Jace Lacoste Invitational  
5000-meter run  
14:34.16 .....2006 FSU Snowbird

## TRAVIS McKAY

1500-meter run  
3:54.41 .....2005 Jace Lacoste Invitational  
3000-meter run  
8:26.51 .....2006 Bulldog Invitational  
3000-meter steeplechase  
8:59.42 .....2006 SEC Championships  
5000-meter run  
14:25.14 .....2006 FSU Snowbird

## PHILLIP MOORE

800-meter run  
1:57.32 .....2005 Jace Lacoste Invitational  
1500-meter run  
3:56.11 .....2005 Jace Lacoste Invitational  
5000-meter run  
15:30.26 .....2006 FSU Snowbird  
Javelin  
105-08 .....2006 Jace Lacoste Invitational

# MEN'S PERSONAL RECORDS



## ELIOTT MORANT

<b>100-meter dash</b>	
10.56	.2005 Bulldog Invitational
<b>200-meter dash</b>	
21:76	.2004 Bulldog Invitational
<b>110-meter hurdles</b>	
14:45	.2006 SEC Championships

## CHRIS WOODS

<b>400-meter dash</b>	
48.18	.2006 FSU Snowbird
<b>800-meter run</b>	
1:48.90	.2006 Bulldog Invitational
<b>400-meter hurdles</b>	
56.02	.2005 SEC Championships

## JOSEPH QUEEN

<b>100-meter dash</b>	
11.57	.2006 SEC Championships
<b>200-meter dash</b>	
24:22	.2005 Jace Lacoste Invitational
<b>400-meter dash</b>	
50.93	.2006 SEC Championships
<b>1500-meter run</b>	
4:35.24	.2006 SEC Championships
<b>110-meter hurdles</b>	
16.98	.2006 SEC Championships
<b>High Jump</b>	
5-09 <sup>3/4</sup>	.2006 Alabama Relays
<b>Pole Vault</b>	
15-01	.2006 SEC Championships
<b>Long Jump</b>	
20-10 <sup>3/4</sup>	.2006 SEC Championships
<b>Shot Put</b>	
35-01 <sup>1/4</sup>	.2006 SEC Championships
<b>Discus</b>	
110-00	.2005 SEC Championships
<b>Javelin</b>	
162-02	.2006 LSU Tiger Relays
<b>Decathlon</b>	
6,519 pts	.2006 SEC Championships

## DANIEL ZABALDANO

<b>Discus</b>	
149-03	.2006 LSU Tiger Relays
<b>Javelin</b>	
171-03	.2006 Auburn Invitational
<b>Hammer</b>	
85-01	.2006 SEC Jace Lacoste Invitational

## ROBERT SCRIBNER

<b>1500-meter run</b>	
4:16.34	.2005 Alabama Relays
<b>5000-meter run</b>	
14:58.13	.2005 FSU Snowbird
<b>10,000-meter run</b>	
31:30.41	.2005 Penn Relays

## BRANDON SMITH

<b>1500-meter run</b>	
3:59.60	.2005 Jace Lacoste Invitational
<b>5000-meter run</b>	
14:59.84	.2005 FSU Snowbird

## JERALD WILSON

<b>100-meter dash</b>	
11.00	.2006 Bulldog Invitational
<b>200-meter dash</b>	
23.10	.2005 Jace Lacoste Invitational
<b>Long Jump</b>	
22-08 <sup>1/2</sup>	.2006 LSU Tiger Relays
<b>Triple Jump</b>	
46-10 <sup>1/4</sup>	.2005 Alabama Relays



# WOMEN'S PERSONAL RECORDS

## ANTRESE BANKS

### OUTDOOR

200-meter dash  
25:17 .....2006 SEC Championships/Auburn Invitational  
400-meter dash  
56:22 .....2006 SEC Championships

### INDOOR

60-meter dash  
7.89 .....2006 Clemson Invitational  
200-meter dash  
25.99 .....2006 SEC Championships  
400-meter dash  
1:00.01 .....2006 Bayou Bengal Invite

## JANELLE FINLEY

### OUTDOOR

100-meter dash  
12.60 .....2006 Bulldog Invitational  
Long Jump  
19-11<sup>3/4</sup> .....2006 Jace Lacoste Invitational  
Triple Jump  
3908 .....2006 Jace Lacoste Invitational

### INDOOR

200-meter dash  
26.98 .....2006 Bayou Bengal Invite  
Long Jump  
18-07<sup>1/4</sup> .....2006 SEC Championships  
Triple Jump  
39-03<sup>3/4</sup> .....2006 SEC Championships

## MICHELLE CORRIGAN

### OUTDOOR

1500-meter run  
4:39.40 .....2006 Auburn Invitational  
3000-meter run  
10:29.22 .....2006 Bulldog Invitational  
5000-meter run  
17:53.18 .....2006 LSU Tiger Relays

### INDOOR

3000-meter run  
10:09.07 .....2006 Clemson Invitational

## ABBEY GRAHAM

### OUTDOOR

800-meter run  
2:21.18 .....2006 Bulldog Invitational

### INDOOR

800-meter run  
2:25.16 .....2006 Clemson Invitational

## GABRIELLE DILLON

### OUTDOOR

100-meter dash  
12:03 .....2006 SEC Championship/Texas Relays  
200-meter dash  
23.96 .....2006 Jace Lacoste Invitational

### INDOOR

60-meter dash  
7.58 (c) .....2006 SEC Championships  
200-meter dash  
25.24 .....2006 SEC Championships

## ANNIE FALOR

### OUTDOOR

1500-meter run  
4:33.07 .....2006 Auburn Invitational  
5000-meter run  
17:10.09 .....2006 SEC Championships

### INDOOR

3000-meter run  
10:01.46 .....2006 SEC Championships

## JOY GRIFFITH

### OUTDOOR

1500-meter run  
4:32.29 .....2006 Auburn Invitational  
3000-meter run  
10:13.11 .....2006 Bulldog Invitational  
3000-meter steeplechase  
10:35.31 .....2006 Penn Relays  
5000-meter run  
17:26.10 .....2004 Penn Relays  
10,000-meter run  
36:43.84 .....2004 SEC Championships

### INDOOR

3000-meter run  
10:14.75 .....2004 Rod McCravy Memorial  
5000-meter run  
17:26.10 .....2004 Penn Relays  
Mile Run  
5:21.31 .....2004 Arkansas Invitational



# WOMEN'S PERSONAL RECORDS



## LIZ GRUBE

### OUTDOOR

800-meter run  
2:15.86 .....2006 Auburn Invitational  
1500-meter run  
4:36.31 .....2006 Texas Relays

### INDOOR

800-meter run  
2:19.83 .....2004 Rod McCravy Memorial  
Mile Run  
5:00.72 .....2006 SEC Championships

## JEN McPHERSON

### OUTDOOR

800-meter run  
2:08.51 .....2006 SEC Championships  
1500-meter run  
4:20.80 .....2004 Jace Lacoste Invitational

### INDOOR

800-meter run  
2:10.69 .....2005 Purple Tiger Invitational  
Mile Run  
4:42.79 .....2005 Terrier Classic

## MARRISSA HARRIS

### OUTDOOR

200-meter dash  
24.46 .....2006 Jace Lacoste Invitational  
800-meter run  
2:32.98 .....2006 SEC Championships  
100-meter hurdles  
13.52 .....2006 SEC Championships  
High Jump  
5-01<sup>3/4</sup> .....2006 SEC Championships  
Long Jump  
19-09<sup>3/4</sup> .....2006 SEC Championships  
Shot Put  
35-08<sup>1/2</sup> .....2006 SEC Championships  
Javelin  
101-04 .....2006 SEC Championships  
Heptathalon  
5,112 pts. ....2006 SEC Championships

### INDOOR

60-meter hurdles  
8.74 (c) .....2006 SEC Championships  
800-meter run  
2:42.13 .....2006 SEC Championships  
High Jump  
5-01 .....2006 Clemson Invitational  
Long Jump  
18-03<sup>3/4</sup> .....2006 SEC Championships  
Shot Put  
32-05 .....2006 SEC Championships  
Pentathalon  
3,450 pts. ....2006 SEC Championships

## SARAH MILAM

### OUTDOOR

5000-meter run  
21:12.15 .....2006 Jace Lacoste Invitational

## ANGELICA PHILLIPS

### OUTDOOR

100-meter dash  
12.64 .....2006 Bulldog Invitational  
200-meter dash  
25.49 .....2006 Jace Lacoste Invitational

### INDOOR

60-meter dash  
8.22 .....2006 Clemson Invitational  
200-meter dash  
26.27 .....2005 SEC Championships  
400-meter dash  
1:01.23 .....2005 SEC Championships

## NICOLE ROSETTI

### OUTDOOR

5000-meter run  
18:27.51 .....2006 Alabama Relays

### INDOOR

3000-meter run  
11:03.69 .....2006 Bayou Bengal Invite  
5000-meter run  
18:55.98 .....2006 Clemson Invitational

## CHRISTINA HERNANDEZ

### OUTDOOR

Shot Put  
44-00<sup>3/4</sup> .....2006 Bulldog Invitational  
Discus  
156-00 .....2006 Jace Lacoste Invitational  
Hammer  
164-00 .....2006 Jace Lacoste Invitational

### INDOOR

Shot Put  
43-05<sup>1/4</sup> .....2006 SEC Championships  
20-lb Weight Throw  
49-05<sup>3/4</sup> .....2005 Bayou Bengal Invite

## EMILY SANDERS

### OUTDOOR

Shot Put  
40-07<sup>1/2</sup> .....2006 LSU Tiger Relays  
Javelin  
133-07 .....2006 Penn Relays  
Hammer  
172-02 .....2006 Jace Lacoste Invitational

### INDOOR

Shot Put  
43-04<sup>1/4</sup> .....2006 SEC Championships  
20-lb Weight Throw  
51-05<sup>1/2</sup> .....2006 Bayou Bengal Invite



# WOMEN'S PERSONAL RECORDS

## **MINA THORSTENSON**

### **OUTDOOR**

#### **1500-meter run**

4:39.40 .....2006 Jace Lacoste Invitational

#### **3000-meter run**

10:21.11 .....2006 Bulldog Invitational

#### **5000-meter run**

17:45.27 .....2003 SEC Quadrangular

### **INDOOR**

#### **Mile Run**

5:07.37 .....2006 Bayou Bengal Invite

#### **3000-meter run**

10:27.60 .....2003 Arkansas State Invitational

## **ANDREA WAHLIN**

### **OUTDOOR**

#### **800-meter run**

2:13.32 .....2006 Auburn Invitational

### **INDOOR**

#### **800-meter run**

2:15.21 .....2006 SEC Championships

## **NICOLA WILSON**

### **OUTDOOR**

#### **Shot Put**

50-01<sup>3/4</sup> .....2006 LSU Tiger Relays

#### **Discus**

141-08 .....2006 LSU Tiger Relays

### **INDOOR**

#### **Shot Put**

49-01<sup>3/4</sup> .....2006 SEC Championships

#### **20-lb Weight Throw**

45-06<sup>1/4</sup> .....2004 Rod McCravy Memorial

## **DOT YOUMANS**

### **OUTDOOR**

#### **High Jump**

5-07 .....2006 Jace Lacoste Invitational

### **INDOOR**

#### **60-meter dash**

8.39 .....2006 Clemson Invitational

#### **60-meter hurdles**

9.92 .....2006 SEC Championships

#### **800-meter run**

2:25.87 .....2006 SEC Championships

#### **High Jump**

5-06 .....2006 Bayou Bengal Invite

#### **Long Jump**

15-08<sup>1/4</sup> .....2006 SEC Championships

#### **Shot Put**

32-07<sup>1/2</sup> .....2006 SEC Championships

#### **Pentathlon**

3,260 pts .....2006 SEC Championships

# THE 2006 REVIEW





# 2006 MEN'S REVIEW



## 4X4 FINISHES SEVENTH ON FINAL DAY OF NCAA CHAMPIONSHIPS

The Mississippi State University men's 4x400-meter relay team of juniors Bruce Davis, Ezra Jones, Arthur Davis and Nathan Daniels ran 3 minutes, five seconds to finish seventh on the final day of the NCAA Outdoor Track and Field Championships.

"Ezra just didn't run the curve, and we got stuck in traffic," said MSU head coach Al Schmidt. "We didn't run the way we could, but they're all-Americans. We've had a good year with this group, and next year's a new year. We'll be back (at the national meet) strong."

The finish garners A. Davis with his third all-America honor in the event, while B. Davis, Jones and Daniels collect their first.

As a team, the Bulldogs' two points from the event gave MSU a share of 58th place.

## JUNIOR CHRIS WOODS EARNS SECOND STRAIGHT NCAA APPEARANCE

Sophomore Chris Woods' top time of 1:48.90 ranked second overall in the SEC this year and brought a win for the all-American at the Bulldog Invitational on April 1. His second-best time -- 1:48.94 -- came at the Auburn Invitational. Woods automatically qualified for the national meet, having posted the fifth-best qualifying time in the 800 (1:49.91) and taking fifth in the final at the Mideast Regional (1:49.14). After running 1:51.19 in the preliminaries of the SEC meet, Woods was unable to compete in the final due to injury.

## MSTATE SENDS EIGHT TO REGIONAL

The Bulldogs sent eight individuals and a relay team to Knoxville, Tenn. for the Mideast Regional. The Bulldogs were most-represented in the 400-meter dash, having five athletes in the event. Junior all-American Arthur Davis (Mobile, Ala.) led the contention after finishing third in the 400 at the Jace Lacoste Invitational (46.40). A pair of mid-season



transfers -- Bruce Davis and Ezra Jones -- competed at their first NCAA regional. Davis, a product of Phenix City, Ala., ran 46.45 to take second at the Auburn Invitational, while Jones (Wildwood, Fla.) won the Bulldog Invitational title in 46.99. Sophomore all-American Elzie Coleman (Newburgh, N.Y.) ran 47.06 in his only open 400 of the season at the Auburn Invitational, while junior Nathan Daniels (New Iberia, La.) qualified at the same meet after finishing fourth in 47.03.

## RELAY TEAM WINS COLLEGIATE 4X400 AT PENN RELAYS

The Mississippi State University men's 4x400-meter relay team closed out the 112th Penn Relays by winning the college men's division of the event. A trio of juniors - Bruce Davis (Phenix City, Ala.), Ezra Jones (Wildwood, Fla.) and Nathan Daniels (New Iberia, La.) - along with sophomore all-American Elzie Coleman (Newburgh, N.Y.) clocked a regional-qualifying 3 minutes, 6.54 seconds to take the title.

## STATE MEN DOMINATE INVITATIONAL

The Mississippi State University men's outdoor track and field squad hosted the Bulldog Invitational at the W.O. Spencer Stadium/Carl Maddox Track. The Bulldogs won seven individual events and one relay and set five NCAA regional qualifying marks. Sophomore all-American Chris Woods (Atlanta, Ga.) ran 1 minute, 48.90 in the men's 800-meter run, besting the next competitor by three seconds. Woods' time is a personal best and ranks fifth on the MSU all-time superlatives list in the event.

State's distance corps dominated the 3000-meter run field. Junior Travis McKay (Edmonton, Alberta) won running 8:26.51, a new Spencer Stadium/Maddox Track record and personal best. As a team, the Bulldog beat out Louisiana Tech by scoring 147 points compared to La. Tech's 105. Southern Miss placed third (99), Missouri State (91) was fourth, Memphis (78) was fifth and Alabama-Huntsville (18).



## IRWIN NAMED TO ALL-ACADEMIC TEAM

Ryan Irwin (Ballwin, Mo.) was named to the ESPN the Magazine College Sports Information Directors of America District VI Academic all-District First Team. Irwin's cumulative grade point average is a 3.87 in computer engineering. He ran a personal best time in the 1500-meter run at the SEC Championships (4:01.33) and was a member of the 4x800-meter relay team that ran 7:53.52 to post the fifth-best time in school history at the Texas Relays. Irwin was also on the winning distance medley relay team at the FSU Snowbird (10:32.35).

Academically, Irwin has received the Newsom Academic award. He has also been named to the Bulldog and SEC Academic Honor Rolls and the President's List. He is a research assistant at MSU's Center for Advanced Vehicular Systems (CAVS) and a member of the student-athlete community service organization, M-Club.



## **McPHERSON COMPETES AT NCAA CHAMPIONSHIPS**

McPherson entered the national meet having received an at-large bid to join the 28-person field in the women's 1500-meter run. At the Mideast Regional, McPherson ran 4:27.18 in the final to finish eighth overall and at the Southeastern Conference Championships, also finished eighth (4:31.24). Her top time came at the Auburn Invitational on April 22. There, she posted the second-best time in the conference this season, winning the meet title in 4:22.26. In addition to the win at Auburn, McPherson won the Jace Lacoste Invitational title on April 15 (4:28.11).

## **LADY BULLDOGS SEND SCHOOL RECORD 10 ATHLETES TO REGIONAL**

The Lady Bulldogs send a record number 10 athletes to the Mideast Regional meet. Freshman Marrison Harris was a double-qualifier in the 100-meter hurdles and long jump. Harris shattered the MSU school record in the 100-meter hurdles after winning the SEC Championships heptathlon race in 13.52 seconds. The mark also ranks as an MSU freshman record and the 11th best time posted in the region this season.

Senior high jumper Jasmine Walls traveled to her first Mideast Regional having posted a mark of 5-10 3/4. The distance trio of senior Zita Magloire and juniors Jen McPherson and Joy Griffith also trek to Knoxville seeking to continue their impressive seasons.

## **GRIFFITH CRUSHES STEEPLECHASE RECORD PENN RELAYS**

Mississippi State University opened competition at the 112th Penn Relays on Thursday with junior Joy Griffith running an MSU school-record and regional-qualifying 10:35.31 seconds to finish 10th in the women's 3000-meter steeplechase championship race.



## **WILSON BREAKS TWO SCHOOL RECORDS IN THROWS EVENTS**

Mississippi State University junior Nicola Wilson threw a school record 51-01 3/4 to finish fourth in the shot put and lead MSU on the third day of competition at the Alabama Relays. Wilson's mark meets an NCAA regional qualifying mark in the event and is the second school record Wilson holds (indoor shot put).

She posted a mark of 48-04 to break the indoor shot put record.

## **GRIFFITH ADDS CLASSROOM AWARD TO HER '06 ACCOMPLISHMENTS**

Joy Griffith was named to the ESPN the Magazine College Sports Information Directors of America District VI Academic all-District First Team and was named to the U.S. Track and Field and Cross Country Coaches Association's all-Academic Team.

Griffith posted a 3.96 cumulative grade point average in animal/dairy sciences (pre-veterinary medicine). She set the MSU school record in the 3000-meter steeplechase, clocking a regional-qualifying 10 minutes, 35.31 seconds in a 10th-place finish at the Penn Relays.

Griffith was named the overall female winner for the Newsom Academic award, presented annually to the top MSU athlete in each sport. She also received the animal/dairy sciences female scholarship and has been named to the SEC Academic Honor Roll.

## **MSTATE WOMEN GARNER ACADEMIC TEAM AWARD FROM USTFCCCA**

Mississippi State University's women's track and field team garnered all-Academic Team status by the U.S. Track and Field and Cross Country Coaches Association. The Lady Bulldogs were one of 77 teams nationally and joined four other Southeastern Conference squads on the list. They were joined by



league members – Alabama, Arkansas, South Carolina and Vanderbilt. The selection of the team awards were based on combinations of athletic and academic achievements.

The USTFCCCA also announced individual academic honors. MState had five individuals make the all-Academic Team for the 2006 campaign. On the women's side, juniors Joy Griffith and Jennifer McPherson along with senior Jasmine Walls and freshman Marrison Harris were all recipients of the individual award.



# MEN'S CROSS COUNTRY RESULTS

## SEWANEE INVITE (8K)

Sept. 2, 2006 - Sewanee, Tenn. - Sewanee Golf Course

Team Finish: 1st of 15

1.	Travis McKay	26:04.30
2.	Ashenafi Arega	26:04.81
4.	Pad Judd	26:18.85
8.	Wade Martin	26:34.82
9.	Phillip Moore	26:46.13
12.	Ryan Irwin	27:00.52
13.	Daniel Simpkins	27:08.59
15.	Brandon Smith	27:19.28
16.	Zach Greene	27:19.98
30.	Cameron Vincent	27:55.81
39.	Golden Coachman	28:18.45

## CRIMSON CLASSIC (8K)

Sept. 15, 2006 - Tuscaloosa, Ala. - Harry Pritchard GC

Team Finish: 2nd of 15

6.	Travis McKay	25:16.00
7.	Ashenafi Arega	25:27.78
13.	Jonathan Rono	25:48.15
14.	Wade Martin	25:55.32
17.	Pad Judd	26:08.96
19.	Robert Scribner	26:18.38
22.	Ryan Irwin	26:28.11
28.	Daniel Simpkins	26:46.49
50. (47)	Zach Greene	27:41.58
52. (49)	Cameron Vincent	27:43.49
59. (56)	Brandon Smith	27:58.62

## NOTRE DAME INVITATIONAL (8K)

Sept. 29, 2006 - South Bend, Ind. - Notre Dame GC

Team Finish: 16th of 20

57.	Travis McKay	24:57
82.	Ashenafi Arega	25:13
86.	Wade Martin	25:16
109.	Pad Judd	25:33
137.	Robert Scribner	26:00
140.	Phillip Moore	26:04
149.	Jonathan Rono	26:27
153.	Brandon Smith	26:38
158.	Daniel Simpkins	26:55

## CHILI PEPPER FESTIVAL (10K)

Oct. 14, 2006 - Fayetteville, Ark. - AgriPark XC Course

Team Finish: 13th of 33

56.	Travis McKay	30:53.9
85.	Robert Scribner	31:24.0
93.	Pad Judd	31:32.8
115.	Jonathan Rono	31:49.8
136.	Daniel Simpkins	32:09.0
176.	Brandon Smith	32:46.2
183.	Cameron Vincent	32:57.5
214.	Zach Greene	33:47.6
220.	Ryan Irwin	33:57.0

## SEC CHAMPIONSHIP (8K)

Oct. 28, 2006 - Baton Rouge, La. - Highland Road Park

Team Finish: 6th of 11

15.	Travis McKay	24:41.66
27.	Ashenafi Arega	25:15.98
40.	Jonathan Rono	25:40.71
42.	Robert Scribner	25:42.60
44.	Pad Judd	25:48.40
47.	Wade Martin	25:53.84
61.	Phillip Moore	26:23.21
72.	Daniel Simpkins	26:44.72
76.	Cameron Vincent	26:57.84
78.	Brandon Smith	27:06.38

## NCAA SOUTH REGIONAL (10K)

Nov. 11, 2006 - Knoxville, Tenn. - Lambert Acres GC

Team Finish: 8th of 25

30.	Wade Martin	32:30.6
37.	Pad Judd	32:54.4
40.	Travis McKay	33:01.3
45.	Robert Scribner	33:09.8
48.	Ashenafi Arega	33:15.1
161.	Phillip Moore	DNF

( ) Collegiate Finish

## MSU CROSS COUNTRY SQUAD FINISH STRONG AT SEC CHAMPIONSHIP

Both Mississippi State's men's and women's cross country teams finished in the top half of the 2006 Southeastern Conference Cross Country Championship meet in Baton Rouge, La. on Saturday. The men finished sixth in the league-wide event. On the men's ledger, the Bulldogs placement is best in 25 years for the program and the best since reviving the program four seasons ago.

Leading the way for the Bulldogs in the SEC meet was senior Travis McKay, who crossed the line at 24:41.66 in 15th place. He finished one spot in the individual standings from being named all-SEC. The top-14 finishers in the event are named all-SEC performers. Ashenafi Arega carded a time of 25:15.98 which was good for 27th place. Jonathan Rono finished at 25:40:71 (40th), followed by Robert Scribner (25:42.60) and Pad Judd (25:48.40). Scribner and Judd both finished in the top-50 of the field. Wade Martin and Phillip Moore rounded out the MSU scoring with times of 25:58.84 and 26.23:21 respectively.

## MSU'S TRAVIS MCKAY NAMED SEC MALE ATHLETE OF THE WEEK

Mississippi State cross country athlete Travis McKay has been selected as the Southeastern Conference's Male Athlete of the Week announced by the league office on Sept. 6 in its initial league release of the 2006 cross country season.

The league-wide award came after his performance in the Sewanee Invite. The senior from Edmonton, Alberta, Canada claimed top honors in the 8K event along with pacing the Bulldog squad to its first team meet win since the 2005 season lid-lifter. McKay crossed the finish line at 26:04.30 at the Sewanee Golf Course. He now has finished in the top-10 five times during his career, tying MSU's school record for career top-10 finishes.

The award marked the second time McKay has earned the honor from the league office. He earned the award the week of Sept. 2 of 2005 after he captured the Belmont Opener individual crown.



# WOMEN'S CROSS COUNTRY RESULTS



## SEWANEE INVITE (5K)

Sept. 2, 2006 - Sewanee, Tenn. - Sewanee Golf Course

Team Finish: 1st of 15

1.	Michelle Corrigan	18:28.06
2.	Jennifer McPherson	18:29.34
5.	Mina Thorstenson	18:38.89
6.	Liz Grube	18:54.85
14.	Nicole Rosetti	19:47.87
18.	Andrea Wahlin	20:14.69
22.	Brittany Detzel	20:24.22
87.	Sarah Milam	23:07.42

## CRIMSON CLASSIC (5K)

Sept. 15, 2006 - Tuscaloosa, Ala. - Harry Pritchard GC

Team Finish: 1st of 15

3.	Jennifer McPherson	18:20.37
6.	Mina Thorstenson	18:38.36
8. (7)	Michelle Corrigan	18:39.42
9. (8)	Annie Falor	18:39.91
10. (9)	Liz Grube	18:49.58
21. (20)	Brittany Detzel	19:32.98
24. (23)	Nicole Rosetti	19:38.84
52. (51)	Andrea Wahlin	20:40.80
66. (65)	Sarah Milam	21:09.73

## NOTRE DAME INVITATIONAL (5K)

Sept. 29, 2006 - South Bend, Ind. - Notre Dame GC

Team Finish: 15th of 19

40.	Jennifer McPherson	17:39
45.	Annie Falor	17:43
76.	Michelle Corrigan	18:01
112.	Liz Grube	18:34
122.	Mina Thorstenson	18:44
137.	Joy Griffith	19:14
143.	Andrea Wahlin	19:26
151.	Nicole Rosetti	19:45
153.	Brittany Detzel	20:05

## CHILI PEPPER FESTIVAL (6K)

Oct. 14, 2006 - Fayetteville, Ark. - AgriPark XC Course

Team Finish: 10th of 44

42.	Annie Falor	21:36.9
52.	Michelle Corrigan	21:46.0
72.	Mina Thorstenson	22:09.8
77.	Jennifer McPherson	22:12.2
154.	Nicole Rosetti	23:03.2
285.	Liz Grube	25:41.5
296.	Sarah Milam	26:14.1

## SEC CHAMPIONSHIP (6K)

Oct. 28, 2006 - Baton Rouge, La. - Highland Road Park

Team Finish: 5th of 11

22.	Jennifer McPherson	21:06.50
26.	Annie Falor	21:16.43
38.	Michelle Corrigan	21:44.48
48.	Mina Thorstenson	22:06.64
50.	Liz Grube	22:14.13
54.	Nicole Rosetti	22:21.42

## NCAA SOUTH REGIONAL (8K)

Nov. 11, 2006 - Knoxville, Tenn. - Lambert Acres GC

Team Finish: 8th of 23

16.	Jennifer McPherson	21:50.5
24.	Annie Falor	22:08.5
55.	Michelle Corrigan	22:54.7
62.	Mina Thorstenson	23:20.5
66.	Nicole Rosetti	23:29.3
68.	Liz Grube	23:34.3
151.	Sarah Milam	DNF

## NCAA CHAMPIONSHIP (6K)

Nov. 20, 2006 - Terre Haute, Ind. - LaVerne Gibson Course

221.	Jennifer McPherson	23:32.3
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## MSU WOMEN FINISH FIFTH AT SEC CHAMPIONSHIP

Mississippi State's women's cross country teams finished in the top half of the 2006 Southeastern Conference Cross Country Championship meet in Baton Rouge, La. on Saturday. The Lady Bulldogs claimed fifth place in the league-wide event.

State's finish on the women's side is the best finish for them at the SEC Championship since the 2002 campaign in which MSU also placed fifth in the meet.

Senior Jennifer McPherson turned in MState's best performance in the women's 6K race with a time of 21:06.50 to finish 22nd in the individual standings. Annie Falor followed suit with a time of 21:16.43, which was 24th best in the field. Sophomore Michelle Corrigan finished 38th (21:44.48) followed by Mina Thorstenson (22:06.64) and Liz Grube (22:14.13). Thorstenson and Grube finished 48th and 50th respectively.

## MCPHERSON CONCLUDES NCAA CHAMPIONSHIP ON WET, MUDDY COURSE

Lady Bulldog senior distance standout Jennifer McPherson posted a time of 23:32.3 at the 2006 NCAA Cross Country National Championships on Monday. The Nampa, Idaho-native finished 221st in the national meet.

The course at the LaVerne Gibson complex had its share of inclement weather over the past week in Terre Haute, Ind. It endured five inches of rain over the past five days which allotted for slower times at the 2006 edition of the NCAA Cross Country Championship.

McPherson became the first MState woman to compete at the national event since Tiffany McWilliams ran in 2003. As her final year in the Maroon and White cross country uniform comes to a close, she recorded three top-20 finishes, including two in the top-five. She earned All-South Region honors for the second time in her career this season.

## STATE'S FALOR, MCPHERSON NAMED TO ALL-SOUTH REGION TEAM

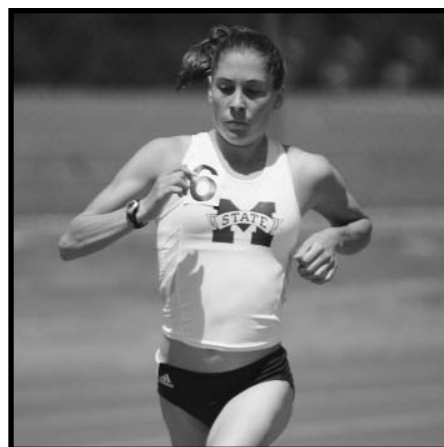
Mississippi State's Annie Falor and Jennifer McPherson were named to the South All-Region team on Tuesday by the United States Track and Field/Cross Country Coaches Association.

To be considered for the All-Region team, athletes must finish in the top-25 of their region and meet NCAA Division I Cross Country Coaches Association requirements.

Falor, a junior from Flagstaff, Ariz., is a first-time selection to the squad after posting a time of 22:08.5 this past Saturday in the NCAA South Region at Knoxville, Tenn. She finished 24th in the field.

McPherson acquired All-Region status for the second time in her Lady Bulldog career. The Nampa, Idaho senior was awarded region status in 2004 as a sophomore. She becomes the fourth Lady Bulldog to earn the honor twice in a career, joining former distance standouts April Ecke (1992, '93), Meggan Hodge (2001, '02) Tiffany McWilliams (2002, '04).

With the two All-Region selections for 2006, MState has had at least one Lady Bulldog earn the status since 2001.







# WOMEN'S 2006 INDOOR SUPERLATIVES

## 60-METER DASH

7:06	7.58 (c)	!	Gabrielle Dillon	SEC
7.89		!	Antrese Banks	Clemson
8.22		!	Angelica Phillips	Clemson
8:32			Dominique Rogers	Clemson
8:39		!	Dot Youmans	Clemson

## 60-METER HURDLES

8.12	8.69 (c)	!	Lauren Johson	SEC
8.17	8.74 (c)	!	Marrissa Harris	SEC
9.35	9.92 (c)	!	Dot Youmans	SEC

## 200-METER DASH

25.24	25.04	!	Gabrielle Dillon	SEC
25.99	25.79	!	Antrese Banks	SEC
26.98	26.78	!	Janelle Finley	LSU
26.46	26.26		Dominique Rogers	SEC
27.12	26.52		Angelica Phillips	Clemson

## 400-METER DASH

1:00.01	25.04	!	Antrese Banks	LSU
1:01.65	1:01.35	!	Dominique Rogers	LSU

## 800-METER DASH

2:15.21	2:14.81	!	Andrea Wahlin	SEC
2:25.16	2:24.76	!	Abbey Graham	Clemson

## MILE RUN

4:29.68			Jen McPherson	Tyson
4:57.75		!	Zita Magloire	Boston
5:00.72	5:00.12	!	Liz Grube	SEC
5:07.37	5:06.77	!	Mina Thorstenson	LSU
5:18.46	5:17.86		Meggan Hodge	Clemson

## 3000-METER RUN

9:45.21		!	Zita Magloire	Tyson
10:01.46	10:00.66	!	Annie Falor	SEC
10:09.07	10:08.37	!	Michelle Corrigan	Clemson
10:32.59	10:31.79	!	Joy Griffith	LSU
11:03.69	11:02.89	!	Nicole Rosetti	LSU

## 5000-METER RUN

17:32.42		!	Mina Thorstenson	Tyson
17:37.62			Joy Griffith	Tyson
17:57.23			Meggan Hodge	Boston
18:55.98	18:54.38	!	Nicole Rosetti	Clemson

## 4x400-METER RELAY

3:38.01	3:56.81		Johnson, Dillon	SEC
			Rogers, Banks	
4:01.21	4:00.01		Banks, Dillon	Clemson
			Rogers, Harris	
4:02.90	4:01.70		Harris, Dillon	LSU
			Wahlin, Banks	
4:11.94	4:10.74		Youmans, Phillips	Clemson
			Wahlin, Grube	

## DISTANCE MEDLEY RELAY

11:41.77	11:39.77		McPherson, Banks	SEC
			Wahlin, Magloire	
11:44.82			McPherson, Banks	Tyson
			Wahlin, Grube	

## HIGH JUMP

5-08 <sup>3/4</sup>	\$!	Jasmine Walls	Clemson
5-06	!	Dot Youmans	LSU
5-01	!	Marissa Harris	Clemson
4-11 <sup>1/2</sup>		Lauren Johnson	SEC

## LONG JUMP

18-09 <sup>3/4</sup>	!	Lauren Johnson	SEC
18-07 <sup>1/4</sup>	!	Janelle Finley	SEC
18-03 <sup>3/4</sup>	!	Marissa Harris	SEC
17-08 <sup>3/4</sup>	!	Alexandra Rozefort	Bengal
15-08 <sup>1/4</sup>	!	Dot Youmans	SEC

## TRIPLE JUMP

39-03 <sup>3/4</sup>	!	Janelle Finley	SEC
38-09	!	Alexandra Rozefort	SEC

## SHOT PUT

49-01 <sup>3/4</sup>	\$!	Nicola Wilson	SEC
44-05 <sup>1/4</sup>	!	Christina Hernandez	SEC
43-04 <sup>1/4</sup>	!	Emily Sanders	SEC
36-06 <sup>3/4</sup>	!	Lauren Johnson	SEC
32-07 <sup>1/2</sup>	!	Dot Youmans	SEC
32-05	!	Marissa Harris	SEC

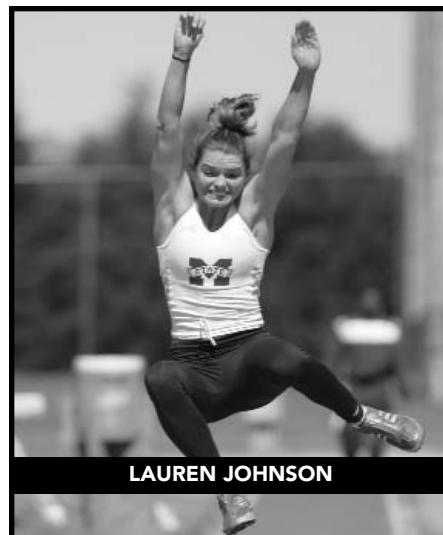
## 20-LB WEIGHT THROW

51-05 <sup>1/2</sup>	!	Emily Sanders	LSU
47-09 <sup>3/4</sup>		Christina Hernandez	LSU

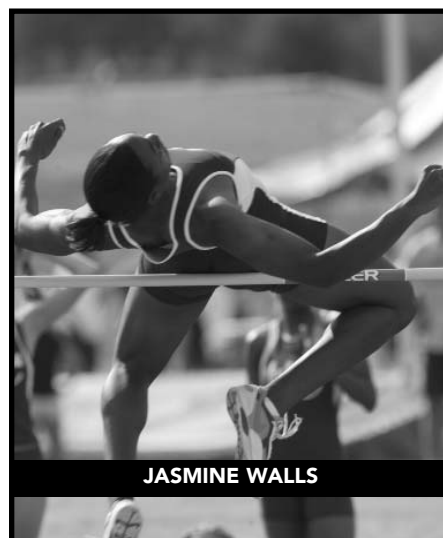
## PENTATHLON

3700 pts	P!	Lauren Johnson	SEC
3450 pts	!	Marissa Harris	SEC
3260 pts	!	Dot Youmans	SEC

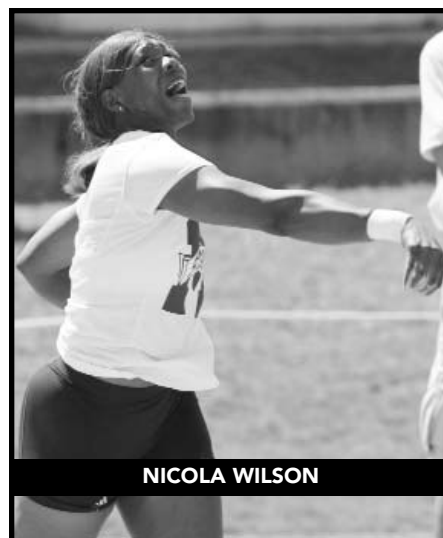
\$ Mississippi State school record  
 ! Personal best mark  
 P NCAA Provisional Qualifying Mark  
 (c) Converted to 60-meter mark from 55-meters; First time listed is 55-meter time.  
 @ Qualifying times attained of 6,000 feet and above, add .04 seconds. Times attained at altitude of 3,000, 5,000, 4x4 and DMR, the first time listed is the actual time ran. The second time listed is the converted time. Please use the actual time for any reference to all-time marks, personal records, etc.



LAUREN JOHNSON



JASMINE WALLS



NICOLA WILSON



# SEC INDOOR CHAMPIONSHIPS



## 2006 SOUTHEASTERN CONFERENCE WOMEN'S INDOOR CHAMPIONSHIP

February 24-26, 2006

Stephen C. O'Connell Center - Gainesville, Fla



### TEAM RESULTS

1.	Georgia	101.50
2.	Auburn	96
3.	South Carolina	78.50
	Tennessee	78.50
5.	Arkansas	73
6.	Alabama	70.50
7.	LSU	62.50
8.	Florida	45.50
9.	Kentucky	26
10.	Mississippi	16
11.	Mississippi State	13
12.	Vanderbilt	1

### HIGH SCORERS

1.	Kerron Stewart
2.	Penny Splichal
3.	Patricia Hall
4.	Chelsea Hammond
	Jovane Jarrett

## MSU WOMEN'S INDIVIDUAL SEC RESULTS

### 60-METER DASH

Auto: 7.27 Provisional: 7.44

7.06	7.58 (c)	! Gabrielle Dillon	15th ^
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### 60-METER HURDLES

Auto: 8.15 Provisional: 8.43

8.12	8.69 (c)	! Lauren Johnson	5th (p)
8.17	8.74 (c)	! Marissa Harris	8th (p)
8.53	9.10 (c)	Marissa Harris	16th ^
9.35	9.92 (c)	! Dot Youmans	20th (p)

### 200-METER DASH

Auto: 23.70 Provisional: 24.30

25.24	25.04	! Gabrielle Dillon	26th
25.99	25.79	! Antrese Banks	33rd ^
26.46	26.26	Dominique Rogers	36th ^

### 800-METER RUN

Auto: 2:06.10 Provisional: 2:09.30

2:15.21	2:14.81	! Andrea Wahlin	15th ^
2:25.87	2:25.47	! Dot Youmans	4th (p)
2:29.94	2:29.54	Lauren Johnson	9th (p)
2:42.13	2:41.73	! Marissa Harris	14th (p)

### MILE RUN

Auto: 4:39.10 Provisional: 4:47.60

4:50.60	4:50.00	Jen McPherson	5th ^
4:52.39	4:51.79	Jen McPherson	4th
5:00.72	5:00.12	! Liz Grube	14th ^

### 3000-METER RUN

Auto: 9:16.80 Provisional: 9:35.80

10:01.46	10:00.66	! Annie Falor	15th
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### DISTANCE MEDLEY RELAY

Auto: 11:14.40, 11:14.2 Provisional: 11:34.20, 11:33.9

11:41.77	11:39.77	McPherson, Banks	5th
		Wahlin, Magloire	

### HIGH JUMP

Auto: 6-00<sup>1/2</sup> Provisional: 5-10

5-04 <sup>1/4</sup>	Dot Youmans	t7th (p)
5-00 <sup>1/2</sup>	Marissa Harris	t16 (p)
4-11 <sup>1/2</sup>	Lauren Johnson	18th

### LONG JUMP

Auto: 21-0 Provisional: 20-0<sup>1/4</sup>

18-09 <sup>3/4</sup>	! Lauren Johnson	4th (p)
18-07 <sup>1/4</sup>	! Janelle Finley	12th
18-03 <sup>3/4</sup>	! Marissa Harris	7th (p)
17-02 <sup>1/4</sup>	Alexandra Rozefort	27th
15-08 <sup>1/4</sup>	Dot Youmans	20th (p)

### TRIPLE JUMP

Auto: 43-07<sup>3/4</sup> Provisional: 41-06

39-03 <sup>3/4</sup>	! Janelle Finley	14th
38-09	! Alexandra Rozefort	16th

### SHOT PUT

Auto: 55-05<sup>1/2</sup> Provisional: 50-06<sup>1/4</sup>

49-013/4	\$! Nicola Wilson	5th
43-051/4	! Christina Hernandez	10th
43-041/4	! Emily Sanders	12th
36-063/4	! Lauren Johnson	4th (p)
32-071/2	! Dot Youmans	14th (p)
32-05	Marissa Harris	16th (p)

### 20-LB WEIGHT THROW

Auto: 68-10<sup>3/4</sup> Provisional: 62-04

51-03 <sup>1/2</sup>	Emily Sanders	17th
47-05	Christina Hernandez	19th

### PENTATHLON

Auto: 4,050 pts Provisional: 3,700 pts

3700 pts	P! Lauren Johnson	9th
3450 pts	! Marris Harris	12th
3260 pts	! Dot Youmans	16th

\$ Mississippi State school record

! Personal best mark

P NCAA Provisional Qualifying Mark

(c) Converted to 60-meter mark from 55-meters; First time listed is 55-meter time.

@ Qualifying times attained of 6,000 feet and above, add .04 seconds. Times attained at altitude of 3,000, 5,000, 4x4 and DMR, the first time listed is the actual time ran.

The second time listed is the converted time. Please use the actual time for any reference to all-time marks, personal records, etc.



# MEN'S 2006 OUTDOOR SUPERLATIVES

## 100-METER DASH (RQ: 10.50)

MSU School Record: 9.98, Pierre Brown (2002)

10.72	!	Adian Sanderson	7th	FSU Snowbird
10.85		Elliott Morant	9th	Bulldog Inv.
10.93	!	John Bailey	22nd (p)	SEC
11.00	!	Jerald Wilson	10th	Bulldog Inv.
11.13	!	Keith Hewlett	15th	Auburn Inv.
11.16	!	Pierre Allen	16th	LSU Relays
11.57	!	Joseph Queen	9th (d)	SEC
11.65	!	Darryl Brady	10th (d)	SEC

## 200-METER DASH (RQ: 21.19)

MSU School Record: 19.87, Lorenzo Daniel (1988)

21.50		Arthur Davis	5th	Auburn Inv.
21.87	!	John Bailey	5th	Jace Lacoste Inv.
21.95		Elliott Morant	7th	Jace Lacoste Inv.
21.95	!	Ezra Jones	8th	Bulldog Inv.
21.96	!	Elie Coleman	8th	Jace Lacoste Inv.
22.08	!	Bruce Davis	10th	Bulldog Inv.
22.10	!	Pierre Allen	10th	Jace Lacoste Inv.

## 400-METER DASH (RQ: 47.26, 47.0)

MSU School Record: 44.75, Jamel Ashley (2005)

46.40	R	Arthur Davis	3rd	Jace Lacoste Inv.
46.45	R!	Bruce Davis	2nd	Auburn Inv.
46.73	!	Ezra Jones	10th (p)	Midwest Regional
47.03	R!	Nathan Daniels	4th	Auburn Inv.
47.06	R	Elie Coleman	5th	Auburn Inv.
48.18	!	Chris Woods	3rd	FSU Snowbird
48.50	!	Pierre Allen	15th	Auburn Inv.
49.85	!	Isiah Marshall	11th	FSU Snowbird
50.93	!	Joseph Queen	2nd (d)	SEC
51.92	!	Darryl Brady	6th (d)	SEC

## 800-METER RUN (RQ: 1:50.40, 1:50.1)

MSU School Record: 1:47.62, Kraig Cesar (1988)

1:48.90	R!	Chris Woods	1st	Bulldog Inv.
1:51.84	!	Nathan Daniels	10th (p)	SEC
1:53.35		Ryan Irwin	7th	Auburn Inv.
1:54.89	!	Ty Williams	1st	FSU Snowbird
1:57.32	!	Phillip Moore	5th	Jace Lacoste Inv.
1:58.83	!	Zach Greene	19th	FSU Snowbird
2:01.28		Isiah Marshall	25th	FSU Snowbird

## MILE RUN (RQ: 4:06.00, 4:05.7)

4:21		Gedamu Ege	5th	LSU Relays
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## 3000-METER RUN (NOT AN NCAA EVENT)

MSU School Record: 8:26.51, Travis McKay (2006)

8:26.51	!\$	Travis McKay	1st	Bulldog Inv.
8:36.54	!	Gedamu Ege	5th	Bulldog Inv.
8:40.89	!	John Brigham	7th	Bulldog Inv.
8:45.90	!	Pad Judd	8th	Bulldog Inv.
8:54.70	!	Wade Martin	9th	Bulldog Inv.
9:12.14	!	Kevin Coch	13th	Bulldog Inv.

## 1500-METER RUN (RQ: 3:47.80, 3:47.5)

MSU School Record: 3:36.8, Simeon Kigen (1982)

3:55.16	!	Pad Judd	19th (d)	SEC
3:56.11	!	Phillip Moore	2nd	Jace Lacoste Inv.
3:57.22	!	Gedamu Ege	3rd	Jace Lacoste Inv.
3:57.94		Travis McKay	4th	Jace Lacoste Inv.
4:01.33	!	Ryan Irwin	25th (p)	SEC
4:07.24	!	Zach Greene	6th	Bulldog Inv.
4:18.56	!	Kevin Coch	10th	Jace Lacoste Inv.
4:35.24	!	Joseph Queen	2nd (d)	SEC
4:55.51	!	Darryl Brady	5th (d)	SEC

## 3000-METER STEEPLECHASE (RQ: 9:07.00)

MSU School Record: 8:43.87, Simeon Kigen (1982)

8:59.42	R!	Travis McKay	7th	SEC
9:42.26	!	Wade Martin	1st	Jace Lacoste Inv.

## 5000-METER RUN (RQ: 14:10.00, 14:09.7)

MSU School Record: 13:58.30, Mark Strucko (1984)

14:25.14	!	Travis McKay	3rd	FSU Snowbird
14:34.16	!	Wade Martin	4th	FSU Snowbird
14:41.30		John Brigham	6th	FSU Snowbird
14:52.85	!	Gedamu Ege	7th	FSU Snowbird
14:58.92	!	Pad Judd	9th	FSU Snowbird
15:23.09	!	Kevin Coch	22nd	FSU Snowbird
15:30.26	!	Phillip Moore	25th	FSU Snowbird
15:57.72		Brandon Smith	40th	FSU Snowbird

## 10,000-METER RUN

MSU School Record: 29:47.7, Gerry Thome (1986)

(Auto 28:45.00/28:44.7; Provisional 29:30.00, 29:29.7)

31:16.81	!	Gedamu Ege	33rd	Penn Relays (CH)
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## 110-METER HURDLES (RQ: 14.30)

MSU School Record: 13.73, Kelvin Harris (2003)

14.45	!	Elliott Morant	17th (p)	SEC
16.95	!	John Bailey	8th	Jace Lacoste Inv.
16.98	!	Joseph Queen	9th (d)	SEC
17.46	!	Darryl Brady	19th (d)	SEC

## 400-METER HURDLES (RQ: 52.51, 52.2)

MSU School Record: 49.39, Dennis Otono (1979)

56.46	!	Isiah Marshall	10th	Bulldog Inv.
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## 4x100 METER RELAY (RQ:40.66, 40.4)

MSU School Record: 39.09 (2003 and 2005)

40.54		Sanderson, Coleman	1st	Bulldog Inv.
		A. Davis, Daniels		

## 4X200 METER RELAY (NOT AN NCAA EVENT)

MSU School Record: 1:21.20 (1985)

1:24.72		Morant, Coleman	2nd	Alabama Relays
		A. Davis, B. Davis		

## 4X400 METER RELAY (RQ:3:10.00, 3:09.7)

MSU School Record: 3:01.63 (2005)

3:03.09		B. Davis, Jones	3rd	Midwest Regional
		A. Davis, Daniels		

## 4X800 METER RELAY (NOT AN NCAA EVENT)

MSU School Record: 7:40.28 (2005)

7:52.16		Ty Williams, Marshall	3rd	Alabama Relays
		Moore, McKay		

## 4X1500 METER RELAY (NOT AN NCAA EVENT)

MSU School Record: 16:01.99 (2005)

16:41.34		Ege, Brigham	4th	Alabama Relays
		Greene, Moore		

## 4X110 METER SHUTTLE (NOT AN NCAA EVENT)

1:09.71		Morant, Bailey	3rd	Alabama Relays
		Brady, Queen		

## SPRINT MEDLEY RELAY (NOT AN NCAA EVENT)

MSU School Record: 3:15.47 (1987)

3:20.31		Coleman, A. Davis	2nd	Alabama Relays
		Jones, Woods		

## DISTANCE MEDLEY RELAY (NOT AN NCAA EVENT)

MSU School Record: 9:43.7 (m) (1980)

10:09.13		Martin, B. Davis	1st	LSU Relays
		Irwin, Brigham		

## HIGH JUMP (RQ: 6-10<sup>3/4</sup>)

MSU School Record: 7-04<sup>1/2</sup>, Rod Newton (2000)

6-10 <sup>3/4</sup>	R!	Tim Williams	1st	FSU Snowbird
6-10 <sup>3/4</sup>	R!	Tim Williams	1st	Texas Relays
6-08 <sup>1/4</sup>	!	Allen Cassell	5th	SEC
6-06 <sup>3/4</sup>	!	Darryl Brady	t2nd	Jace Lacoste Inv.
5-09 <sup>3/4</sup>	!	Joseph Queen	t4th (d)	Alabama Relays

## POLE VAULT (RQ: 16-06<sup>3/4</sup>)

MSU School Record: 18-00<sup>1/2</sup>, Bob Dandino (1985)

15-01	!	Joseph Queen	4th (d)	SEC
14-01 <sup>1/4</sup>		Chris Withrow	11th	Auburn Inv.
14-01	!	Darryl Brady	8th (d)	SEC

## LONG JUMP (RQ: 24-01)

MSU School Record: 26-11, Festus Igbinoghene (1991)

23-10 <sup>1/4</sup>	!	Keith Hewlett	1st	LSU Relays
22-08 <sup>1/2</sup>	!	Jerald Wilson	4th	LSU Relays
21-02 <sup>3/4</sup>	!	Darryl Brady	4th (d)	SEC
20-10 <sup>3/4</sup>	!	Joseph Queen	8th (d)	SEC

## TRIPLE JUMP (RQ: 49-05<sup>3/4</sup>)

MSU School Record: 54-03<sup>1/4</sup>, Festus Igbinoghene (1989)

47-07 <sup>3/4</sup>		Jerald Wilson	1st	Jace Lacoste Inv.
46-10 <sup>3/4</sup>	!	Keith Hewlett	3rd	Jace Lacoste Inv.

## SHOT PUT (RQ: 55-01<sup>1/2</sup>)

MSU School Record: 67-09<sup>1/2</sup>, Garry Frank (1987)

35-01 <sup>1/4</sup>	!	Joseph Queen	10th (d)	SEC
35-10 <sup>3/4</sup>	!	Darryl Brady	7th (d)	Alabama Relays

## DISCUS (RQ: 169-07)

MSU School Record: 178-03, Garry Frank (1987)

149-03	!	Daniel Zabaldano	7th	LSU Relays
109-03		Joseph Queen	4th (d)	Alabama Relays
102-11	!	Darryl Brady	10th (d)	SEC

## JAVELIN (RQ: 202-01)

MSU School Record: 248-06, Corwyn Aldredge (1984)

171-03	!	Daniel Zabaldano	6th	Auburn Inv.
162-02	!	Joseph Queen	10th	LSU Relays
157-01	!	Darryl Brady	4th	Jace Lacoste Inv.
111-07	!	Gedamu Ege	5th	Jace Lacoste Inv.
105-08	!	Phillip Moore	6th	Jace Lacoste

## HAMMER (RQ: 182-05)

MSU School Record: 200-03, Terry Day (1997)

139-00	!	Kiley Aguar	3rd	Jace Lacoste Inv.
85-01	!	Daniel Zabaldano	4th	Jace Lacoste Inv.

## DECATHALON

MSU School Record: 8,041 pts, Trey Hardee (2004)

(Auto 7,500; Provisional 7,000)

6,519pts	!	Joseph Queen	6th	SEC
6,253pts	!	Darryl Brady	8th	SEC

- ! Personal best mark
- R NCAA Regional Qualifying Mark
- (d) Decathlon event
- (ph) Event preliminary (finish within heat only)
- w\* 'Illegal wind-aided mark (+4.0 wind)
- # W.O. Spencer Stadium/Carl Maddox Track record (Starkville, Miss.)
- OH Championship Event (Penn Relays only)

# WOMEN'S 2006 OUTDOOR SUPERLATIVES



## 100-METER DASH (RQ: 11.75)

MSU School Record: 11.38, Camille Harper (2001)

12:03	!	Gabrielle Dillon	19th (p)	SEC
12:03	!	Gabrielle Dillon	40th	Texas Relays
12:60	!	Janelle Finley	15th	Bulldog Inv.
12:64	!	Angelica Phillips	16th	Bulldog Inv.

## 200-METER DASH (RQ: 23.96)

MSU School Record: 22.82, Falilat Ogunkoya (1989)

23.96	RJ!	Gabrielle Dillon	1st	Jace Lacoste Inv.
24.46	J!	Marissa Harris	4th	Jace Lacoste Inv.
25.17	!	Antrese Banks	12th	Auburn Inv.
25.17	!	Antrese Banks	21st (p)	SEC
25.38	!	Lauren Johnson	10th	Jace Lacoste Inv.
25.49	!	Angelica Phillips	11th	Jace Lacoste Inv.

## 400-METER DASH (RQ: 54.61)

MSU School Record: 51.26, Falilat Ogunkoya (1989)

56.22	!	Antrese Banks	20th (p)	SEC
59.89	!	Dominique Rogers	4th	Jace Lacoste Inv.

## 800-METER RUN (RQ: 2:09.80)

MSU School Record: 2:01.00, Tiffany McWilliams (2004)

2:08.5	R!	Jen McPherson	9th (p)	SEC
2:09.16	R!	Zita Magloire	2nd	Jace Lacoste Inv.
2:13.32	!	Andrea Wahlin	6th	Auburn Inv.
2:15.86	!	Liz Grube	10th	Auburn Inv.
2:21.18	!	Abbey Graham	6th	Bulldog Inv.
2:31.70	!	Lauren Johnson	8th (h)	SEC
2:32.98	!	Marissa Harris	9th (h)	SEC

## 1500-METER RUN (RQ: 4:27.80, 4:27.5)

MSU School Record: 4:06.75, Tiffany McWilliams (2003)

4:22	R	Jen McPherson	1st	Auburn Inv.
4:25.80	R!	Zita Magloire	4th (p)	SEC
4:32.29	!	Joy Griffith	4th	Auburn Inv.
4:33.07	!	Annie Falor	5th	Auburn Inv.
4:36..31	!	Liz Grube	8th	Texas Relays
4:39.40	!	Min Thorstenson	4th	Jace Lacoste Inv.
4:39.57	!	Michelle Corrigan	6th	Auburn Inv.
4:44.49	!	Meggan Hodge	9th	Auburn Inv.

## 3000-METER RUN (NOT AN NCAA EVENT)

MSU School Record: 9:34.1 (m), April Ecke (1994)

10:13.11	!	Joy Griffith	2nd	Bulldog Inv.
10:16.14	!	Meggan Hodge	3rd	Bulldog Inv.
10:21.11	!	Mina Thorstenson	6th	Bulldog Inv.
10:29.22	!	Michelle Corrigan	7th	Bulldog Inv.

## 3000-METER STEEPLECHASE (RQ: 10:50.25/0)

MSU School Record: 10:35.31, Joy Griffith (2006)

10:35.31	\$R!	Joy Griffith	10th	Penn Relays
10:52.14	!	Meggan Hodge	7th	SEC

## 5000-METER RUN (RQ: 16:52.00, 16:51.7)

MSU School Record: 16:33.37, April Ecke (1994)

17:10.09	!	Annie Falor	15th	SEC
17:33.97	!	Joy Griffith	21st	SEC
17:41.34	J!	Michelle Corrigan	24th	SEC
17:47.84	!	Mina Thorstenson	26th	SEC
18:27.51	!	Nicole Rosetti	6th	Alabama Relays
21:12.15	!	Sarah Milam	5th	Jace Lacoste Inv.

## 100-METER HURDLES (RQ: 13.92)

MSU School Record: 13:52, Marissa Harris (2006)

13:52	\$&RJ!	Marissa Harris	1st (h)	SEC
14:03	!	Lauren Johnson	4th (h)	SEC

## 400-METER HURDLES (RQ: 1:00.82, 1:00.5)

MSU School Record: 1:00.43, CeCe Brown (2002)

1:05.56	!	Dominique Rogers	5th	Bulldog Inv.
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## 4x100 METER RELAY (RQ:45.70, 45.4)

MSU School Record: 44.92 (2002)

46.49	!	Harris, Banks	10th	SEC
	!	Dillon, Finley		

## 4X200 METER RELAY (NOT AN NCAA EVENT)

MSU School Record: 1:35.24 (2001)

1:38.49	!	Harris, Banks	19th (p)	Penn Relays
	!	Johnson, Dillon		

## 4X400 METER RELAY (RQ:3:42.00, 3:41.7)

MSU School Record: 3:39.54 (2000)

3:51.02	!	Banks, McPherson	10th	SEC
	!	Youmans, Wahlin		

## 4X800 METER RELAY (NOT AN NCAA EVENT)

MSU School Record: 18:09.43 (2006)

8:47.84	\$	McPherson, Wahlin	2nd	Texas Relays
	!	Grube, Magloire		

## 4X1500 METER RELAY (NOT AN NCAA EVENT)

MSU School Record: 18:09.43 (2006)

18:09.43	\$	McPherson, Griffith	6th	Penn Relays (CA)
	!	Magloire, Falor		

## SPRINT MEDLEY RELAY (NOT AN NCAA EVENT)

MSU School Record: 3:50.16 (1996)

4:13.98	!	Dillon, Banks	5th	Alabama Relays
	!	Rogers, Graham		

## DISTANCE MEDLEY RELAY (NOT AN NCAA EVENT)

MSU School Record: 11:10.06 (2004)

11:22.92	!	McPherson, Banks	5th	Penn Relays (CA)
	!	Wahlin, Magloire		

## HIGH JUMP (RQ: 5-09<sup>3/4</sup>)

MSU School Record: 5-10<sup>3/4</sup>, Jasmine Walls (2006)

5-10 <sup>3/4</sup>	\$R@!	Jasmine Walls	1st	Jace Lacoste Inv.
5-07	&!	Dot Youmans	2nd	Jace Lacoste Inv.
5-03	!	Lauren Johnson	t5th (h)	SEC
5-01 <sup>3/4</sup>	!	Marissa Harris	t7th (h)	SEC

## POLE VAULT (RQ: 12-05<sup>1/2</sup>)

MSU School Record: 11-06, Lacey Johnson (2005)

10-00	!	Natalie Neely	2nd	Jace Lacoste Inv.
10-00	!	Natalie Neely	3rd	Bulldog Inv.

## LONG JUMP (RQ: 19-07)

MSU School Record: 21-07<sup>1/4</sup>, Elisha Williams (2001)

19-11 <sup>3/4</sup>	RJ!	Janelle Finley	1st	Jace Lacoste Inv.
19-09 <sup>3/4</sup>	RJ!	Marissa Harris	7th	SEC
19-08 <sup>1/4</sup>	R!	Lauren Johnson	9th	SEC
18-03 <sup>3/4</sup>	!	Alexandra Rozefort	5th	Jace Lacoste Inv.

## TRIPLE JUMP (RQ: 40-05)

MSU School Record: 40-08<sup>1/4</sup>, Crystal Gibbs (2000)

39-09 <sup>3/4</sup>	!	Alexandra Rozefort	4th	LSU Relays
39-08	&J!	Janelle Finley	5th	Jace Lacoste Inv.

## SHOT PUT (RQ: 46-11)

MSU School Record: 50-01<sup>3/4</sup>, Nicola Wilson (2006)

50-01 <sup>3/4</sup>	\$R!	Nicola Willson	4th	Alabama Relays
50-01 <sup>3/4</sup>	\$R!	Nicola Willson	9th	Texas Relays
44-00 <sup>3/4</sup>	!	Christina Hernandez	1st	Jace Lacoste Inv.
40-07 <sup>1/2</sup>	!	Emily Sanders	8th	LSU Relays
35-08 <sup>1/2</sup>	!	Marissa Harris	4th (h)	SEC
34-00 <sup>3/4</sup>	!	Lauren Johnson	16th (h)	Texas Relays

## DISCUSS (RQ: 155-02)

MSU School Record: 157-02, Crystal Averitt (2004)

156-00	R!	Christina Hernandez	1st	Jace Lacoste Inv.
141-08	!	Nicola Wilson	6th	LSU Relays

## JAVELIN (RQ: 142-06)

MSU School Record: 137-11, Elisha Williams (2001)

133-07	&J!	Emily Sanders	12th	Penn Relays
101-04	!	Marissa Harris	4th (h)	SEC
100-11	!	Lauren Johnson	5th (h)	SEC

## HAMMER (RQ: 17708)

MSU School Record: 178-11, Crystal Averitt (2005)

176-02	&J!	Emily Sanders	1st	Jace Lacoste Inv.
164-00	!	Christina Hernandez	3rd	Jace Lacoste Inv.

## HEPTHALON

MSU School Record: 5,552 pts, LaTonya Hill (1998)

(Auto 5,500; Provisional 5,000)

5,112pts &	!	Marissa Harris	4th	SEC
5,092	!	Lauren Johnson	5th	SEC

- \$ Mississippi State school record
- J USATF Junior Outdoor Championships Qualifying Mark
- ! Personal best mark
- & MSU Freshman record
- @ Jace Lacoste Invitational Meet record
- CA Championship of Americas even (Penn Relays only)
- CH Championship event (Penn Relays only)



# SEC OUTDOOR CHAMPIONSHIPS

## MEN'S TEAM RESULTS

1.	Arkansas	137.50
2.	Tennessee	126.50
3.	Florida	110
4.	LSU	109
5.	South Carolina	77
6.	Alabama	67.50
7.	Kentucky	58
8.	Georgia	52.50
9.	Auburn	31
9.	Ole Miss	31
11.	Mississippi State	19

### 100-METER DASH (RQ: 10.50)

11.57	!	Joseph Queen	9th (d)
11.65	!	Darryl Brady	10th (d)

### 400-METER DASH (RQ: 47.26, 47.0)

50.93	!	Joseph Queen	2nd (d)
51.92	!	Darryl Brady	6th (d)

### 800-METER RUN (RQ: 1:50.40, 1:50.1)

1:51.19		Chris Woods	8th (p)
1:51.84	!	Nathan Daniels	10th (p)
1:57.45		Ryan Irwin	25th (p)

### 1500-METER RUN (RQ: 3:47.80, 3:47.5)

3:55.16	!	Pad Judd	19th (d)
4:01.33	!	Ryan Irwin	25th (p)
4:35.24	!	Joseph Queen	2nd (d)
4:55.51	!	Darryl Brady	5th (d)

## WOMEN'S TEAM RESULTS

1.	Georgia	136
2.	Auburn	135
3.	South Carolina	86.50
4.	LSU	81
5.	Tennessee	78
6.	Alabama	72.50
7.	Arkansas	68
8.	Kentucky	45
9.	Florida	38
10.	Vanderbilt	28
11.	Mississippi State	27
12.	Mississippi	24

### 100-METER DASH (RQ: 11.75)

12:03	!	Gabrielle Dillon	19th (p)
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### 200-METER DASH (RQ: 23.96)

24.80		Marrissa Harris	3rd (h)
25.03		Gabrielle Dillon	19th (p)
25.17	!	Antrese Banks	21st (p)
25.49		Lauren Johnson	6th (h)

### 400-METER DASH (RQ: 54.61)

56.22	!	Antrese Banks	20th (p)
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### 800-METER RUN (RQ: 2:09.80)

2:08.51	R!	Jen McPherson	9th (p)
2:09.31	R	Jen McPherson	8th
2:09.56	R	Zita Magloire	11th (p)
2:16.41		Andrea Wahlin	23rd (p)
2:31.70	!	Lauren Johnson	8th (h)
2:32.98	!	Marissa Harris	9th (h)

### 3000-METER STEEPLECHASE (RQ: 9:07.00)

8:59.42	R!	Travis McKay	7th
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### 5000-METER RUN (RQ: 14:10.00, 14:09.7)

14:37.63		Travis McKay	16th
14:55.41		Wade Martin	26th
14:59.43		Pad Judd	28th

### 10,000-METER RUN (RQ:28:44.7, 29:30.00)

31:50.28		Gedamu Ege	13th
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### 110-METER HURDLES (RQ: 14.30)

14.45	!	Elliott Morant	17th (p)
16.98	!	Joseph Queen	9th (d)
17.46	!	Darryl Brady	19th (d)

### 4x100 METER RELAY (RQ:40.66, 40.4)

41.34		Sanderson, Morant, A. Davis, Jones	8th
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### 4X400 METER RELAY (RQ:3:10.00, 3:09.7)

3:03.09		B. Davis, Jones Daniels, A. Davis	5th
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### HIGH JUMP (RQ: 6-10<sup>3/4</sup>)

6-08 <sup>1/4</sup>	!	Allen Cassell	5th
6-04 <sup>1/4</sup>		Darryl Brady	2nd (d)
5-09 1/4		Joseph Queen	9th (d)

### POLE VAULT (RQ: 16-06<sup>3/4</sup>)

15-01	!	Joseph Queen	4th (d)
14-01	!	Darryl Brady	8th (d)

### LONG JUMP (RQ: 24-01)

21-02 <sup>3/4</sup>	!	Darryl Brady	4th (d)
20-10 <sup>3/4</sup>	!	Joseph Queen	8th (d)

### TRIPLE JUMP (RQ: 49-05<sup>3/4</sup>)

46-00 <sup>1/2</sup>		Keith Hewlett	14th
45-05 <sup>1/4</sup>		Jerald Wilson	15th

### SHOT PUT (RQ: 55-01<sup>1/2</sup>)

35-01 <sup>1/4</sup>	!	Joseph Queen	10th (d)
33-01 <sup>3/4</sup>		Darryl Brady	11th (d)

### DISCUSS (RQ: 169-07)

108-08		Joseph Queen	5th (d)
102-11	!	Darryl Brady	10th (d)

### JAVELIN (RQ: 202-01)

170-01		Daniel Zabaldano	21st
159-08		Joseph Queen	5th (d)
147-07		Darryl Brady	3rd (d)

### DECATHALON (RQ:7,500, 7,000 PTS)

6,519pts	!	Joseph Queen	6th
6,253pts	!	Darryl Brady	8th

!	Personal best mark
R	NCAA Regional Qualifying Mark
(d)	Decathlon event

### LONG JUMP (RQ: 19-07)

19-09 <sup>3/4</sup>	R!	Marrissa Harris	7th
19-08 <sup>1/4</sup>	R!	Lauren Johnson	9th
18-10		Lauren Johnson	1st (h)
18-03 <sup>1/4</sup>		Marrissa Harris	5th
18-02 <sup>1/4</sup>		Alexandra Rozefort	21st

### TRIPLE JUMP (RQ: 40-05)

37-01		Alexandra Rozefort	16th
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### SHOT PUT (RQ: 46-11)

47-08	R	Nicola Wilson	8th
41-01 <sup>3/4</sup>		Christina Hernandez	14th
35-08 <sup>1/2</sup>	!	Marissa Harris	4th (h)
33-05 <sup>3/4</sup>		Lauren Johnson	4th (h)

### DISCUSS (RQ: 155-02)

146-05		Christina Hernandez	11th
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### JAVELIN (RQ: 142-06)

132-07	J	Emily Sanders	10th
101-04	!	Marissa Harris	4th (h)
100-11	!	Lauren Johnson	5th (h)

### HAMMER (RQ: 17708)

160-00	J	Emily Sanders	18th
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### HEPTHALON (RQ: 5,500, 5,000 PTS)

5,112pts	P&	Marissa Harris	4th
5,092	P!	Lauren Johnson	5th

!	Personal best mark
J	USATF Junior Outdoor Championship Qualifying Mark
P	NCAA Championships Provisional Qualifying Mark
(d)	Decathlon event
(h)	Hepthalon event
&	MSU Freshman Record



## 2006 DIVISION I MIDEAST REGIONAL KNOXVILLE, TN - MAY 26-27

### MEN'S RESULTS

#### 400-METER DASH

*Mideast Regional Record: 44.81, Kelly Willie (LSU, 2004)*

46.73	Ezra Jones	10th (p)
47.35	Nathan Daniels	22nd (p)
47.52	Arthur Davis	24th (p)

#### 800-METER RUN

*Mideast Regional Record: 1:46.83, Peter Etot (Alabama, 2004)*

1:49.91	Chris Woods	5th (p)
1:49.14	Chris Woods	5th

#### 3000-METER STEEPLECHASE

*Mideast Regional Record: 8:37.56, Dan Lincoln (Arkansas, 2003)*

1:49.14	Chris Woods	16th (p)
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#### 4X400 METER RELAY

*Mideast Regional Record: 3:03, (LSU, 2005)*

3:03.09	B. Davis, Jones	3rd
	A. Davis, Daniels	

### WOMEN'S RESULTS

#### 200-METER DASH

*Mideast Regional Record: 22.47, Rachele Boone (Indiana, 2004)*

24.48	Gabrielle Dillon	17th (p)
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#### 1500-METER RUN

*Mideast Regional Record: 4:11.27, Lindsey Gallo (Michigan, 2004)*

4:30.26	Jennifer McPherson	8th (p)
4:27.18	Jennifer McPherson	8th

#### 3000-METER STEEPLECHASE

*Mideast Regional Record: 9:55.98, Briana Shook, (Toledo, 2004)*

11:55.05	Joy Griffith	27th (p)
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#### 100-METER HURDLES

*Mideast Regional Record: 13.13, Molly Logan, (Ohio State, 2003)*

13.94	Marrissa Harris	24th (p)
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#### LONG JUMP

*Mideast Regional Record: 21-04<sup>1/4</sup>, Tianna Madison, (Tennessee, 2005)*

19-05 <sup>1/4</sup>	Lauren Johnson	18th (p)
18-06 <sup>1/2</sup>	Marrissa Harris	23rd (p)

#### DISCUSS

*Mideast Regional Record: 221-05, Meg Ritchie, (Arizona, 1981)*

144-09	Christina Hernandez	16th
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#### SHOT PUT

*Mideast Regional Record: 58-11<sup>1/2</sup>, Ukabam Amarachi, (Southern Illinois, 2006)*

47-02 <sup>1/4</sup>	Nicola Wilson	18th
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### WOODS, 4X4 QUALIFY FOR NATIONAL CHAMPIONSHIPS ON FINAL DAY OF MIDEAST REGIONAL

Sophomore all-American Chris Woods ran 1 minute, 49.14 seconds in the 800-meter run and Mississippi State's 4x400-meter relay team posted a season's best 3:03.09 to qualify for the NCAA Championships on the final day of the Mideast Regional. The meet was held at Tom Black Track at LaPorte Stadium on the University of Tennessee campus.

"The 4x4 was incredible. They ran great. The mark will put them maybe into the top five in the country," said MSU head coach Al Schmidt. "It was a great way to finish, and we'll know late Monday or early Tuesday what Jen's status is as far as nationals."

State's 4x4 featured an all-junior squad which ran the third fastest time in school history and led off with Bruce Davis. Ezra Jones, all-American Arthur Davis and Nathan Daniels rounded out the crew. Woods finished fifth and advanced to the NCAA meet along with Tennessee sophomore Yarrick Kincaid.

Junior Travis McKay closed out his season, running 9:41.43 in the men's 3000-meter steeplechase.

Junior Jen McPherson finished eighth in the women's 1500-meter finals with a time of 4:27.18. While the top five at the regional meet automatically advance to the NCAA meet, McPherson may still be chosen as an at-large candidate based on her best time of the season, 4:22.26 posted at the Auburn Invitational.

Competing at her first regional meet, junior Christina Hernandez placed sixth in her flight of the discus with a throw of 144 feet, three inches. In the women's 3000-meter steeplechase, junior Joy Griffith ran 11:55.05.

### MCPHERSON CHOSEN AS AT-LARGE SELECTION FOR NCAA CHAMPIONSHIPS

Mississippi State junior Jen McPherson was chosen as an at-large selection for the women's 1500-meter run at the 2006 NCAA Outdoor Track and Field Championships in Sacramento, Calif.

The top five competitors in each individual event automatically qualified for nationals. McPherson finished eighth in the event at the Mideast Regional. However, her time of 4:22.26, posted at the Auburn Invitational, was good enough for McPherson to be extended an invitation to join the 28-person field. Her time is the 21st best among entrants in the event.



# NCAA CHAMPIONSHIP



## 4X4 FINISHES SEVENTH ON FINAL DAY OF NCAA CHAMPIONSHIPS

The Mississippi State University men's 4x400-meter relay team of juniors Bruce Davis, Ezra Jones, Arthur Davis and Nathan Daniels ran 3 minutes, five seconds to finish seventh on the final day of the NCAA Outdoor Track and Field Championships.

"Ezra just didn't run the curve, and we got stuck in traffic," said MSU head coach Al Schmidt. "We didn't run the way we could, but they're all-Americans. We've had a good year with this group, and next year's a new year. We'll be back (at the national meet) strong."

The finish garners A. Davis with his third all-America honor in the event, while B. Davis, Jones and Daniels collect their first.

As a team, the Bulldogs' two points from the event gave MSU a share of 58th place.



MISSISSIPPI STATE'S 4x400-METER RELAY TEAM

## MEN'S RESULTS

### 4X400 METER RELAY

NCAA Championship Record: 2:59.59, (LSU, 2005)

3:05.20	B. Davis, Jones A. Davis, Daniels	8th (p)
3:05.00	B. Davis, Jones A. Davis, Daniels	7th

## 800-METER RUN

NCAA Championship Record: 1:44.70, Mark Everett, (Florida, 1990)

1:51.46	Chris Woods	26th (p)
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## WOMEN'S RESULTS

### 1500-METER RUN

NCAA Championship Record: 4:06.75, Tiffany McWilliams, (Mississippi State, 2004)

4:25.13	Jennifer McPherson	22nd (p)
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## DIVISION I OUTDOOR TRACK & FIELD - TEAM CHAMPIONS

### SINCE 1982

Year	Women's Champion	Men's Champions
1982	UCLA	UTEP
1983	UCLA	Southern Methodist
1984	Florida State	Oregon
1985	Oregon	Arkansas
1986	Texas	Southern Methodist
1987	LSU	UCLA
1988	LSU	UCLA
1989	LSU	LSU
1990	LSU	LSU
1991	LSU	Tennessee
1992	LSU	Arkansas
1993	LSU	Arkansas
1994	LSU	Arkansas
1995	LSU	Arkansas
1996	LSU	Arkansas
1997	LSU	Arkansas
1998	Texas	Arkansas
1999	Texas	Arkansas
2000	LSU	Stanford
2001	Southern California	Tennessee
2002	South Carolina	LSU
2003	LSU	Arkansas
2004	UCLA	Arkansas
2005	Texas	Arkansas
2006	Auburn	Florida State

# HISTORY





# SCHOOL RECORDS

## INDOOR SCHOOL RECORDS

MEN			
60-meter dash	Pierre Browne	6.60	2003
60-meter hurdles	Anthony Greer	7.82 (c)	1992
200-meter dash	Marquis Davis	20.70	2003
400-meter dash	Jude Monye	45.94	1995
800-meter run	Craig Cesar	1:51.03	1988
Mile run	Don Hunt	4:04.0 (m)	1968
3000-meter run	Garry Thome	8:18.84	1986
5000-meter run	Mark Strucko	14:09.07	1982
4x400-meter relay	Harris, Lewis, Nelson, McFadden	3:10.67	2003
Mile relay	Arnold, Spane, Whiting, Bryant	3:09.61	1985
Two-Mile relay	King, Alli, Hull, Gworo	7:37.07	1981
3200-meter relay	Griffith, Jorczak, Gabbidon, Murphy	7:43.44	1992
Distance medley relay	Odom, Nelson, McConnell, Boldt	9:48.28	2003
High Jump	Rod Newton	7-03	2000
Pole Vault	Bob Dandino	16-10	1985
Long Jump	Festus Igbinoghene	25-09 <sup>1/2</sup>	1991
Triple Jump	Festus Igbinoghene	54-04 <sup>1/4</sup>	1989
Shot Put	Garry Frank	63-00 <sup>1/4</sup>	1986
35-lb weight throw	Terry Day	62-00 <sup>1/4</sup>	1997
Pentathlon	Daniel Hunter	3,676 pts.	2003

WOMEN			
60-meter dash	Falilatu Ogunkoya	7.39 (c)	1988
60-meter hurdles	LaTonya Hill	8.57 (c)	1998
200-meter dash	Falilatu Ogunkoya	22.98	1987
400-meter dash	Falilatu Ogunkoya	53.03	1990
800-meter run	Tiffany McWilliams	2:05.46	2004
Mile run	Tiffany McWilliams	4:32.24	2004
3000-meter run	Tiffany McWilliams	9:26.29	2003
5000-meter run	April Ecke	16:27.26	1994
4x400-meter relay	J. Zawaski, Stephens, Anderson, Ingleton	3:44.14	2000
Mile relay	Brooks, Ajayi, Everett, Ogunkoya	3:57.70	1988
Two-Mile relay	Ecke, Goodall, Rice, Williams	9:47.92	1992
Distance medley relay	McPherson, Dunn, Magloire, McWilliams	11:18.04	2003
High Jump	Jasmine Walls	5-08 <sup>3/4</sup>	2006
Pole Vault	Lacey Johnson	11-03 <sup>1/2</sup>	2002
Long Jump	Elisha Williams	21-07 <sup>1/2</sup>	2001
Triple Jump	Elisha Williams	40-09	1999
Shot Put	<b>Nicola Wilson</b>	<b>48-00<sup>3/4</sup></b>	<b>2006</b>
20-lb weight throw	Crystal Averitt	54-09 <sup>1/4</sup>	2004
Pentathlon	Elisha Williams	3,801 pts.	2002

## OUTDOOR SCHOOL RECORDS

MEN			
100-meter dash	Pierre Browne	9.98	2002
110-meter hurdles	Kelvin Harris	13.73	2003
200-meter dash	Lorenzo Daniel	19.87	1988
400-meter dash	Jamel Ashley	44.75	2005
400-meter hurdles	Dennis Otono	49.39	1979
800-meter run	Kraig Cesar	1:47.62	1988
1500-meter run	Simeon Kigen	3:43.68	1982
3000-meter SC	Simeon Kigen	8:43.87	1982
5000-meter run	Mark Strucko	13:58.30	1984
10,000-meter run	Gerry Thome	29:47.82	1986
4x100-meter relay	Lewis, Davis, McFadden, Browne	39.09	2003
	Morant, Ashley, Mullings, Lewis	39.09	2005
4x200-meter relay	Banks, Spane, Dennis, Daniel	1:21.20	1985
4x400-meter relay	Coleman, Davis, Lewis, Ashley	3:01.63	2005
Sprint medley relay	Braddy, Cesar, Daniel, Laurant	3:15.47	1987
Distance medley relay	Gworo, Jones, Hull, Stubbs	9:43.7 (m)	1980
High Jump	Rod Newton	7-04 <sup>1/2</sup>	2000
Pole Vault	Bob Dandino	18-00 <sup>1/2</sup>	1985
Long Jump	Festus Igbinoghene	26-11	1991
Triple Jump	Festus Igbinoghene	54-03 <sup>1/4</sup>	1989
Shot Put	Garry Frank	67-09 <sup>1/2</sup>	1987
Discus	Garry Frank	178-03	1987
Hammer	Terry Day	200-03	1997
Javelin	Corwyn Aldredge	248-06	1984
Decathlon	Trey Hardee	8,041 pts.	2004

WOMEN			
100-meter dash	Camille Harper	11.38	2001
100-meter hurdles	<b>Marrissa Harris</b>	<b>13.52</b>	<b>2006</b>
200-meter dash	Falilatu Ogunkoya	22.82	1989
400-meter dash	Falilatu Ogunkoya	51.26	1989
400-meter hurdles	CeCe Brown	1:00.43	2002
800-meter run	Tiffany McWilliams	2:01.00	2004
1500-meter run	Tiffany McWilliams	4:06.75	2003
Mile run	Tiffany McWilliams	4:31.31	2004
3000-meter run	April Ecke	9:34.1 (m)	1994
3000-meter SC	<b>Joy Griffith</b>	<b>10:35.31</b>	<b>2006</b>
5000-meter run	April Ecke	16:33.37	1994
10,000-meter run	Stacey Moseley	36:05.30	1995
4x100-meter relay	Barnaby-Pope, Gibbs, Lee, Harper	44.92	2001
4x200-meter relay	Gibbs, Ingleton, Harper, Barnaby-Pope	1:35.24	2001
4x400-meter relay	Stephens, Anderson, Zawaski, Ingleton	3:39.54	2000
Sprint medley relay	Gaines, Patterson, Foster, Bridgeman	3:50.16	1996
Distance medley relay	McPherson, Dunn, Magloire, McWilliams	11:10.06	2004
High Jump	LaTonya Hill	5-09 <sup>1/4</sup>	1998
Pole Vault	Lacey Johnson	11-06	2005
Long Jump	Elisha Williams	21-07 <sup>1/4</sup>	2001
Triple Jump	Crystal Gibbs	40-08 <sup>1/4</sup>	2000
Shot Put	Sharon Simmons	49-01 <sup>3/4</sup>	1990
Discus	Crystal Averitt	157-02	2004
Hammer	Crystal Averitt	178-11	2005
Javelin (new)	Elisha Williams	137-11	2001
Heptathlon	LaTonya Hill	5,522 pts.	1998

*Bold italics denotes current athlete*



# FRESHMAN RECORDS / MEET RECORDS



## FRESHMAN RECORDS

### MEN

100-meter dash	Lorenzo Daniel	10.14	1985
110-meter hurdles	Clifton Franklin	14.07	1984
200-meter dash	Lorenzo Daniel	20.07	1985
400-meter dash	LaChristopher Lewis	46.20	2002
400-meter hurdles	Dedric Ruffin	52.43	1996
800-meter run	Joseph Gwaro	1:48.60	1980
1500-meter run	John Stubbs	3:49.7 (m)	1977
3000-meter SC	Simeon Kigen	8:44.97	1981
5000-meter run	Mzee Ruto	13:59.9 (m)	1980
10,000-meter run	Mzee Ruto	30:33.7 (m)	1980
High Jump	Phillip Fingers	7-02 <sup>1/4</sup>	1983
Pole Vault	Bob Dandino	16-07	1981
Long Jump	Phillip Fingers	25-02 <sup>1/2</sup>	1983
Triple Jump	LeRoy Millsap	50-10	1981
Shot Put	Garry Frank	57-08	1984
Discus	J.D. Erickson	163-02	2002
Hammer	Matt Whalen	181-08	2004
Javelin (new)	Corwyn Aldredge	212-03	1982
Decathlon	Daniel Hunter	6,611 pts.	2000

### WOMEN

100-meter dash	Falilatu Ogunkoya	11.46	1987
100-meter hurdles	<b>Marrissa Harris</b>	<b>13.52</b>	<b>2006</b>
200-meter dash	Falilatu Ogunkoya	22.98	1987
400-meter dash	Artrelle Houston	55.38	1993
400-meter hurdles	Dominique Rogers	1:03.50	2005
800-meter run	Iyabo Ajayi	2:07.73	1987
1500-meter run	Tiffany McWilliams	4:20.13	2002
3000-meter SC	Meggan Hodge	11:26.37	2002
5000-meter run	Christine Zawaski	17:15.78	1999
High Jump	<b>Dot Youmans</b>	<b>5-07</b>	<b>2006</b>
Pole Vault	Natalie Neely	10-06	2005
Long Jump	Elisha Williams	20-3	1998
Triple Jump	<b>Janelle Finley</b>	<b>39-08</b>	<b>2006</b>
Shot Put	<b>Nicola Wilson</b>	<b>46-05<sup>1/2</sup></b>	<b>2004</b>
Discus	Crystal Averitt	151-06	2002
Hammer	<b>Emily Sanders</b>	<b>172-02</b>	<b>2006</b>
Javelin	<b>Emily Sanders</b>	<b>133-07</b>	<b>2006</b>
Heptathlon	<b>Marrissa Harris</b>	<b>5,112 pts.</b>	<b>2006</b>

*Bold italics denotes current athlete*

## MEET & STADIUM RECORDS HELD BY MSU ATHLETES

### MIKE A. MYERS STADIUM (Austin, Texas)

10.06	Steve Mullings	100-meter dash	2005
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### SAM BAILEY TRACK (Tuscaloosa, Ala.)

10:50.44	Meggan Hodge	3000-meter SC	2005
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### VANDERBILT TRACK (Nashville, Tenn.)

10.15	Steve Mullings	100-meter dash	2005
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### SPENCER STADIUM/MADDOX TRACK (Starkville, Miss.)

2:03.21	Tiffany McWilliams	800-meter run	2004
4:15.72	Tiffany McWilliams	1500-meter run	2004
66-05	Garry Frank	Shot Put	1987
8:26.51	Travis McKay	3000-meter run	2006

### NCAA MIDEAST REGIONAL CHAMPIONSHIPS

10.13	Steve Mullings	100-meter dash	2005
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### NCAA and NCAA CHAMPIONSHIPS

4:06.75	Tiffany McWilliams	1500-meter run	2004
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### ALABAMA RELAYS (University of Alabama)

1:21.34	Mullings, Ashley, Davis, Lewis	4x200-meter relay	2005
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### TEXAS RELAYS (University of Texas at Austin)

10.06	Steve Mullings	100-meter dash	2005
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### JACE LACOSTE INVITATIONAL (Mississippi State University)

10.32	Dion Crabbe	100-meter dash	2002
20.71	Dion Crabbe	200-meter dash	2002
45.69	Jamel Ashley	400-meter dash	2005
3:08.84	MSU	4x400-meter relay	1996
5-10 <sup>3/4</sup>	Jasmine Walls	High Jump	2006



# CROSS COUNTRY RECORDS / AWARDS

## ALL-TIME SEC CHAMPIONSHIPS

### WOMEN

Year	Site	Finish	Pts	Champion
1985	Oxford, Miss.	8th	232	Kentucky
1986	Knoxville, Tenn.	8th	208	Alabama
1987	Nashville, Tenn.	6th	183	Alabama
1988	Tuscaloosa, Ala.	8th	198	Kentucky
1989	Auburn, Ala.	7th	200	Kentucky
1990	Gainesville, Fla.	6th	128	Tennessee
1991	Athens, Ga.	3rd	110	Arkansas
1992	Lexington, Ky.	8th	194	Arkansas
1993	Baton Rouge, La.	9th	225	Arkansas
1994	Fayetteville, Ark.	8th	229	Arkansas
1995	Starkville, Miss.	8th	240	Arkansas
1996	Oxford, Miss.	7th	201	Florida
1997	Columbia, S.C.	11th	280	Florida
1998	Maryville, Tenn.	10th	280	Arkansas
1999	Nashville, Tenn.	10th	248	Arkansas
2000	Tuscaloosa, Ala.	7th	191	Arkansas
2001	Auburn, Ala.	9th	205	Arkansas
2002	Gainesville, Fla.	5th	140	Arkansas
2003	Athens, Ga.	7th	156	Tennessee
2004	Fayetteville, Ark.	7th	186	Tennessee
2005	Tuscaloosa, Ala.	6th	152	Tennessee
2006	Baton Rouge, La.	5th	162	Arkansas

## WOMEN'S ALL-AMERICANS

1993 April Ecke

## WOMEN'S ALL-REGION SELECTIONS

1993 April Ecke  
 1998 Janice Zawaski  
 2001 Meggan Hodge  
 2002 Meggan Hodge  
       Tiffany McWilliams  
 2003 Tiffany McWilliams  
 2004 Jennifer McPherson  
 2005 Zita Magloire  
 2006 Annie Falor  
       Jennifer McPherson

## WOMEN'S ALL-SEC (SINCE 1982)

1992 April Ecke  
 1993 April Ecke  
 2002 Meggan Hodge  
       Tiffany McWilliams  
 2003 Tiffany McWilliams  
 2005 Zita Magloire

## WOMEN'S ACADEMIC ALL-AMERICANS

1993 April Ecke  
 1996 Tina Bridgeman

## ALL-TIME SEC CHAMPIONSHIPS

### MEN

Year	Site	Finish	Pts	Champion
1936	Atlanta, Ga.	3rd	69	Georgia Tech
1937	Atlanta, Ga.	2nd	48	Georgia Tech
1941	Atlanta, Ga.	1st	34	Miss. State
1947	Atlanta, Ga.	4th	101	Georgia Tech
1948	Atlanta, Ga.	3rd	70	Auburn
1957	Atlanta, Ga.	1st	35	Miss. State
1958	Atlanta, Ga.	2nd	47	Kentucky
1959	Atlanta, Ga.	2nd	69	Kentucky
1960	Atlanta, Ga.	1st	38	Miss. State
1961	Atlanta, Ga.	1st	33	Miss. State
1962	Atlanta, Ga.	1st	37	Miss. State
1963	Atlanta, Ga.	4th	93	Tennessee
1964	Pine Mtn., Ga.	2nd	48	Auburn
1965	Birmingham, Ala.	2nd	70	Tennessee
1966	Birmingham, Ala.	4th	102	Tennessee
1967	Birmingham, Ala.	7th	151	Tennessee
1968	Birmingham, Ala.	9th	253	Tennessee
1969	Birmingham, Ala.	9th	193	Tennessee
1970	Birmingham, Ala.	9th	261	Kentucky
1971	Birmingham, Ala.	7th	171	Tennessee
1972	Tuscaloosa, Ala.	6th	157	Tennessee
1973	Gainesville, Fla.	8th	231	Alabama
1974	Lexington, Ky.	8th	199	Tennessee
1975	Baton Rouge, La.	7th	193	Tennessee
1976	Starkville, Miss.	8th	215	Tennessee
1977	Knoxville, Tenn.	8th	207	Tennessee
1978	Nashville, Tenn.	9th	257	Tennessee
1979	Tuscaloosa, Ala.	8th	185	Auburn
1980	Auburn, Ala.	7th	164	Auburn
1981	Gainesville, Fla.	3rd	87	Tennessee
1982	Athens, Ga.	5th	110	Tennessee
1983	Lexington, Ky.	9th	259	Tennessee
1984	Clinton, La.	8th	203	Tennessee
1985	Oxford, Miss.	9th	259	Tennessee
1986	Knoxville, Tenn.	6th	182	Florida
1987	Nashville, Tenn.	6th	152	Florida
1988	Tuscaloosa, Ala.	8th	249	Kentucky
1989	Auburn, Ala.	9th	280	Tennessee
1990	Gainesville, Fla.	9th	239	Tennessee
1991	Athens, Ga.	7th	210	Arkansas
1992	Lexington, Ky.	10th	291	Arkansas
1993	Baton Rouge, La.	8th	257	Arkansas
1994	Fayetteville, Ark.	10th	267	Arkansas
1995	Starkville, Miss.	8th	205	Arkansas

[Did not compete in cross country from 1996-2002]

2003 Athens, Ga. 8th 206 Arkansas  
 2004 Fayetteville, Ark. 9th 263 Arkansas  
 2005 Tuscaloosa, Ala. 8th 212 Arkansas  
 2006 Baton Rouge, La. 6th 158 Arkansas

## SEC CHAMPIONS

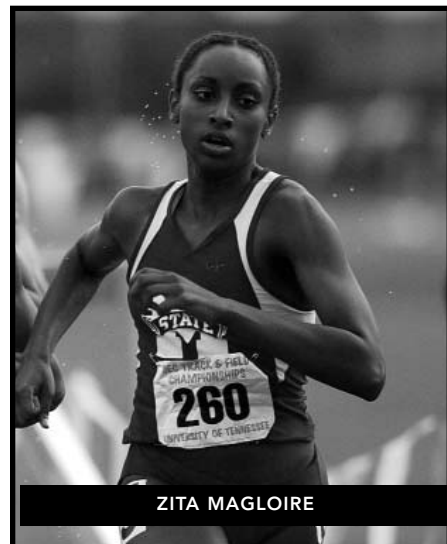
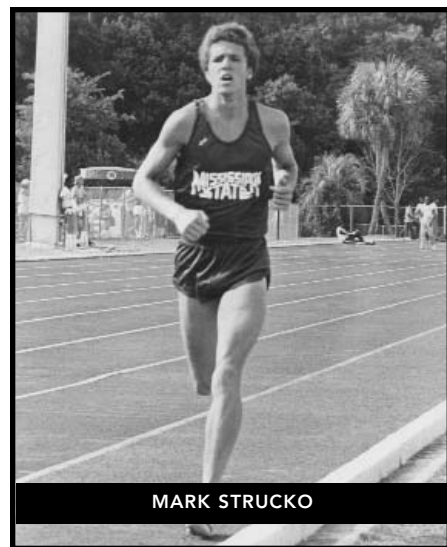
1961 Jimmy Taylor  
 1962 Jimmy Taylor  
 1965 Don Hunt  
 1982 Simeon Kigen

## MEN'S ALL-REGION SELECTIONS

2005 Wade Martin

## MEN'S ALL-SEC (SINCE 1982)

1982 Simeon Kigen  
       Mzee Ruto  
       Mark Strucko



# ALL-TIME INDOOR SUPERLATIVES



## MEN'S ALL-TIME INDOOR SUPERLATIVES

### 60-METER DASH

1	Pierre Browne	6.60	2003
2	Marquis Davis	6.61	2003
3	Fred Collier	6.70 (c)	1998
4	Dion Crabbe	6.71	2002
5	Kenny Roberts	6.72 (c)	1992

### 60-METER HURDLES

1	Anthony Greer	7.82 (c)	1992
2	Kelvin Harris	7.84	2003
3	John Owens	7.88 (c)	1989
4	Jonathan Johnson	7.91 (c)	1990
5	Melvin Turner	7.99 (c)	1982

### 200-METER DASH

1	Marquis Davis	20.70	2003
2	Pierre Browne	20.78	2002
3	Lorenzo Daniel	20.89	1988
4	Dion Crabbe	21.10	2002
5	Antonio Hargro	21.12	2001

### 400-METER DASH

1	Jude Monye	45.94	1995
2	Rayton Archer	46.68	1996
3	LaChristopher Lewis	47.24	2003
4	George Washington	47.35	1982
5	Michael Moore	47.51	1982

### 800-METER RUN

1	Kraig Cesar	1:51.03	1988
2	John Little	1:51.16	1992
3	Adrian Taylor	1:51.85	1997
4	James Kimbrough	1:52.08	2001
	Wayne Gabbidon	1:52.08	1992

### MILE RUN

1	Don Hunt	4:04.0 (m)	1968
2	Mark Strucko	4:07.56	1983
3	Tim Keller	4:09.13	1990
4	Jason Jorczak	4:09.55	1990
5	Ken Hicks	4:10.68	1984

### 3000-METER RUN

1	Gerry Thome	8:18.84	1986
2	Houston Franks	8:29.60	1998
3	Scott Hoelzel	8:31.2 (m)	1988
4	Brett Porter	8:36.01	1994
5	Steve Dudley	8:36.15	1993

### 5000-METER RUN

1	Mark Strucko	14:09.7 (m)	1982
2	Simeon Kigen	14:39.11	1982
3	Scott Hoelzel	14:42.87	1988
4	Joseph Curro	14:59.01	1993
5	Steve Dudley	15:07.13	1993

### 4 x 400-METER RELAY

1	Harris, Lewis, Nelson, McFadden	3:10.67	2003
2	Washington, Spane, Moore, Jones	3:10.69	1982
3	Poke, Lilly, Sedame, Archer	3:10.77	1996
4	Ruffin, Sedame, Stephens, Samuel	3:10.98	1999
5	Lilly, Sedame, Samuel, Archer	3:11.17	1997

### DISTANCE MEDLEY RELAY

1	Odom, Nelson, McConnell, Boldt	9:48.28	2003
2	Keller, Santucci, Hopkins, Thome	9:56.01	1987
3	Alli, Jones, Hull, Stubbs	10:00.52	1980
4	McConnell, Ashley, Kimbrough, Boldt	10:00.87	2003
5	Gwaro, Jones, Alli, Strucko	10:03.51	1983

### HIGH JUMP

1	Rod Newton	7-03	2000
2	Chuck Ways	7-02 1/2	90, 91
3	Lee Palles	7-01 1/4	1976
4	Phillip Fingers	7-00	1983

### POLE VAULT

1	Bob Dandino	16-10	1985
2	Trey Hardee	16-08 3/4	2003
3	Kevin Pittman	16-00 3/4	2002
4	Kevin Herfurth	16-00 1/2	1987
5	Adam Asquith	16-00 1/4	1982

### LONG JUMP

1	Festus Igbinoghene	25-09 1/2	1991
2	Dion Crabbe	25-01 1/4	2001
3	Yura Bryant	25-00 1/4	1984
4	Ian Robertson	24-11 1/4	1998
5	Fred Collier	24-09 1/4	1999

### TRIPLE JUMP

1	Festus Igbinoghene	54-04 1/2	1989
2	Seigha Porbeni	52-08	1974
3	Vance Clarke	51-11 1/4	2001
4	Corey Holland	51-08	1992
5	Ian Robertson	51-07 3/4	2001

### SHOT PUT

1	Garry Frank	63-00 1/4	1986
2	John Hilliard	58-06	1997
3	David Porter	57-00	1991
4	Terry Day	56-03 3/4	1997
5	Justin Canale	55-07	1964

### 35-POUND WEIGHT THROW

1	Terry Day	62-00 1/4	1997
2	J.D. Erickson	60-02 1/2	2003
3	John Hilliard	59-08 1/2	1998
4	Viktor Mara	58-03 3/4	2002
5	Tim Huddleston	57-07 3/4	2002

### PENTATHLON

1	Daniel Hunter	3,676	2003
2	Trey Hardee	3,602	2003
3	Jace Lacoste	3,552	1989
4	LaChristopher Lewis	3,447	2002

## WOMEN'S ALL-TIME INDOOR SUPERLATIVES

### 60-METER DASH

1	Falilat Ogunkoya	7.39 (c)	1988
2	Collette Gibbs	7.44 (c)	1998
3	Camille Harper	7.52	2001
4	Kim Patterson	7.53 (c)	1995
5	Yvonne Davis	7.54 (c)	1989

### 60-METER HURDLES

1	LaTonya Hill	8.57 (c)	1998
2	Le'Kisha Barnaby-Pope	8.61	2002
3	Alicia Armstrong	8.63 (c)	1993
4	Lauren Johnson	8.82	2005
	Marrissa Harris	8.82	2006

### 200-METER DASH

1	Falilat Ogunkoya	23.89	1988
2	Kim Patterson	24.37	1995
3	Camille Harper	24.50	2001, 2002
4	Jonica Crowder	24.75	1994
5	Yvonne Davis	24.89	1989

### 400-METER DASH

1	Falilat Ogunkoya	53.03	1990
2	Andrea Ingleton	55.82	1999
3	Iyabo Ajayi	56.28	1988
4	Nicole Dunn	57.05	2003
5	Janice Zawaski	57.33	2000

### 800-METER RUN

1	Tiffany McWilliams	2:05.46	2004
2	Jennifer McPherson	2:10.69	2005
3	Iyabo Ajayi	2:10.65	1988
4	Melisa Rice	2:11.14	1991
5	LaTonya Stephens	2:12.66	2000

### MILE RUN

1	Tiffany McWilliams	4:34.61	2003
2	Jennifer McPherson	4:43.39	2005
3	Tina Bridgeman	4:50.20	1997
4	Melisa Rice	4:52.42	1992
5	Zita Magloire	4:57.75	2006

### 3000-METER RUN

1	Tiffany McWilliams	9:26.29	2003
2	Jenny Owens	9:40.05	1991
3	April Ecke	9:40.34	1992
4	Trina Taddy	9:47.52	1991
5	Meggan Hodge	9:53.09	2003

### 5000-METER RUN

1	April Ecke	16:27.26	1994
2	Meggan Hodge	16:59.34	2003
3	Joy Griffith	17:10.29	2004
4	Michelle Black	17:49.3 (m)	1991
5	Mina Thorntenson	18:07.62	2006

### 4 x 400-METER RELAY

1	J. Zawaski, Stephens, Anderson, Ingleton	3:44.14	2000
2	J. Zawaski, Stephens, Anderson, Ingleton	3:46.56	2000
3	Brooks, Ajayi, Miller, Ogunkoya	3:46.87	1987
4	J. Zawaski, Stephens, Anderson, Ingleton	3:47.35	2000
5	Anderson, Ingleton, Gibbs, James	3:48.10	2001

### DISTANCE MEDLEY RELAY

1	McPherson, Dunn, Magloire, McWilliams	11:18.04	2003
2	McPherson, Dunn, Magloire, McWilliams	11:27.54	2004
3	Sandberg, Pollard, K. Haber, Bridgeman	11:38.51	1997
4	Gingrich, K. Haber, Gray, Bridgeman	11:50.74	1997
5	McPherson, Banks, Wahlin, Magloire	11:54.90	2006

### HIGH JUMP

1	Jasmine Walls	5-08 3/4	2006
2	Elisha Williams	5-08 1/2	2000
3	LaTonya Hill	5-08	1997
4	Dot Youmans	5-06	2006
5	Jennifer Hawley	5-05	1997

### POLE VAULT

1	Lacey Johnson	11-03 1/2	2005
2	Natalie Neely	10-04	05, 06
3	Jourdan Steinberg	8-10 1/4	2002
4	Jennifer Hawley	6-11 3/4	1998

### LONG JUMP

1	Elisha Williams	21-07 1/2	2001
2	Andrea Buie	19-02 1/2	2002
3	Courtney Carr	18-10 3/4	1997
4	Lauren Johnson	18-09 3/4	2003
5	NaTasha Coleman	18-07 3/4	1999
	Janelle Finley	18-07 1/4	2006

### TRIPLE JUMP

1	Elisha Williams	40-09	1999
2	Courtney Carr	40-02	1997
3	Janelle Finley	39-03 3/4	2006
4	Pat Barr	38-02	1999
5	Janelle Finley	36-06 3/4	2006

### SHOT PUT

1	Nicola Wilson	49-01 3/4	2006
2	Stacey Salmon	46-06 1/4	2001
3	Fran Townsend	46-01 1/4	1996
4	Sharon Simmons	46-00	1990
5	Christina Hernandez	43-03	2006

### 20-POUND WEIGHT THROW

1	Crystal Averitt	54-09 1/4	2004
2	Stacey Salmon	54-05 1/4	2001
3	Jennifer Johnstone	53-05 1/2	2005
4	Emily Sanders	51-05 1/2	2006
5	Trish Curtis	48-09 1/2	2001

### PENTATHLON

1	Elisha Williams	3,801	2002
2	LaTonya Hill	3,616	1995
3	Lauren Johnson	3,700	2006

(c) -- converted from 55-meter  
(m) -- denotes hand times  
**Bold denotes current athletes**



# MEN'S ALL-TIME SUPERLATIVES

## 100-METER DASH

1	Pierre Browne	9.98	2002
2	Lorenzo Daniel	10.00	86, 88
3	Steve Mullings	10.06	2005
4	Marquis Davis	10.10	2003
5	Aki Bradley	10.13	1994

## 110-METER HURDLES

1	Kelvin Harris	13.73	2003
2	John Owens	13.81	1989
3	Dedric Ruffin	13.90	1998
4	Anthony Greer	13.94	1992
5	Clifton Franklin	14.07	1984

## 200-METER DASH

1	Lorenzo Daniel	19.87	1988
2	Marquis Davis	20.15	2003
3	Aki Bradley	20.27	1994
4	Dion Crabbe	20.30	2002
5	Steve Mullings	20.31	2005

## 400-METER DASH

1	Jamel Ashley	44.75	2005
2	Evis Jennings	45.0 (m)	1976
3	Jude Monye	45.04	1995
4	LaChristopher Lewis	45.73	2004
5	Daryl Jones	46.10	1982

## 400-METER HURDLES

1	Dennis Otono	49.39	1979
2	Jerry Murphy	51.56	1990
3	Roy Smith	51.84	1989
4	Donald Bolton	51.96	1992
5	Dedric Ruffin	52.23	1998

## 800-METER RUN

1	Kraig Cesar	1:47.62	1988
2	John Little	1:47.86	1993
3	Wayne Gabbidon	1:48.47	1993
4	Joseph Gwaro	1:48.60	1980
5	<b>Chris Woods</b>	<b>1:48.90</b>	<b>2006</b>

## 1500-METER RUN

1	Simeon Kigen	3:43.68	1982
2	Mark Strucko	3:45.08	1982
3	Eric Weinhold	3:45.22	1988
4	Phil Hull	3:45.34	1982
5	John Stubbs	3:45.7(m)	1978

## 3000-METER STEEPLECHASE

1	Simeon Kigen	8:43.87	1982
3	<b>Travis McKay</b>	<b>8:59.42</b>	<b>2006</b>
2	Gerry Thome	8:59.94	1988
4	Mzee Ruto	9:08.40	1983
5	Ken Hicks	9:14.70	1985

## 5000-METER RUN

1	Mark Strucko	13:58.30	1984
2	Mzee Ruto	13:59.9 (m)	1980
3	Simeon Kigen	14:12.11	1982
4	Gerry Thome	14:16.6 (m)	1988
5	Houston Franks	14:319.52	2006

## 10,000-METER RUN

1	Gerry Thome	29:47.82	1986
2	Mark Strucko	30:30.20	1981
3	Mzee Ruto	30:33.7 (m)	1980
4	Houston Franks	31:04.66	1998
5	Steve Dudley	31:15.36	1992

## 4 X 100-METER RELAY

1	L. Lewis, A. Davis,	39.09	2003
	G. McFadden, P. Browne		
	E. Morant, J. Ashley,	39.09	2005
	S. Mullings, L. Lewis		
3	G. McFadden, M. Davis,	39.12	2002
	D. Crabbe, P. Browne		
	W. Banks, J. Owens,	39.12	1986
	L. Daniel, R. Dennis		
5	J. Ashley, A. Davis,	39.16	2003
	G. McFadden, P. Browne		

## 4 X 200-METER RELAY

1	W. Banks, C. Spane,	1:21.20	1985
	R. Dennis, L. Daniel		
2	S. Mullings, J. Ashley,	1:21.31	2005
	A. Davis, L. Lewis		
3	W. Banks, Y. Bryant,	1:21.44	1985
	L. Daniel, R. Dennis		
4	G. McFadden, M. Davis,	1:21.58	2002
	D. Crabbe, P. Browne		
5	W. Banks, R. Dennis,	1:21.59	1986
	S. Braddy, L. Daniel		



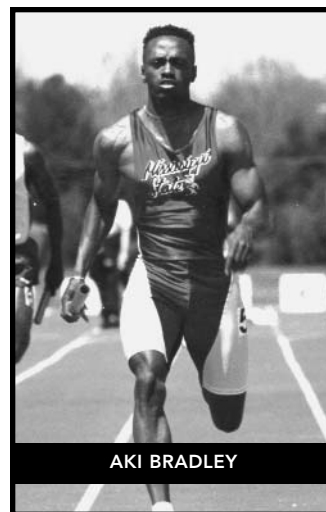
JAMEL ASHLEY



MARK STRUCKO



GERRY THOME



AKI BRADLEY

# MEN'S ALL-TIME SUPERLATIVES



## 4 X 400-METER RELAY

1	E. Coleman, A. Davis, L. Lewis, J. Ashley	3:01.63	2005
2	M. Hadley, G. Washington, M. Moore, D. Jones	3:02.80	1982
3	J. Ashley, A. Davis, K. Nelson, L. Lewis	3:03.42	2004
4	J. Ashley, A. Davis, E. Coleman, L. Lewis	3:03.44	2005
5	S. Whiting, C. Spane, R. Dennis, L. Daniel	3:04.66	1985

## SPRINT MEDLEY RELAY

1	S. Braddy, K. Cesar, L. Daniel, K. Laurant	3:15.47	1987
2	A. Bradley, D. Orr, J. Little, W. Gabbidon	3:16.62	1993
3	K. Laurant, S. Braddy, L. Daniel, K. Cesar	3:17.19	1987
4	S. Mullings, J. Ashley, A. Davis, I. Marshall	3:17.82	2005
5	A. Bradley, D. Orr, J. Little, W. Gabbidon	3:18.13	1993

## DISTANCE MEDLEY RELAY

1	J. Gwaro, D. Jones, P. Hull, J. Stubbs	9:43.7 (m)	1980
2	J. Gwaro, R. Dennis, K. Hicks, M. Strucko	9:44.29	1984
3	S. Arnold, S. Whiting, K. Cesar, K. Hicks	9:45.55	1985
4	J. Gwaro, D. Jones, S. Alli, M. Strucko	9:48.00	1983
5	K. Cesar, J. Owens, S. Hopkins, K. Hicks	9:50.01	1986

## HIGH JUMP

1	Rod Newton	7-04 <sup>1/2</sup>	2000
2	Chuck Ways	7-03 <sup>1/4</sup>	1989
3	Phillip Fingers	7-02 <sup>1/4</sup>	1983
4	Lee Palles	7-01 <sup>1/2</sup>	1977
5	Les Whitehead	7-01 <sup>1/4</sup>	1977

## POLE VAULT

1	Bob Dandino	18-00 <sup>1/4</sup>	1985
2	Kevin Herfurth	17-02 <sup>1/4</sup>	1989
3	Trey Hardee	16-07 <sup>1/4</sup>	2003
4	Kevin Pittman	16-03 <sup>1/4</sup>	2001
5	Tommy Shook	16-00	1984

## LONG JUMP

1	Festus Igbinoghene	26-11	1991
2	Seigha Porbeni	25-10 <sup>1/2</sup>	1975
3	LaChristopher Lewis	25-08	2004
4	Fred Collier	25-06 <sup>3/4</sup>	1999
5	Kendall Pyant II	25-00 <sup>3/4</sup>	2004

## TRIPLE JUMP

1	Festus Igbinoghene	54-03 <sup>1/4</sup>	1989
2	Vance Clarke	53-03 <sup>1/2</sup>	2000
3	Seigha Porbeni	53-01	1975
4	Ian Robertson	52-08 <sup>3/4</sup>	2000
5	Corey Holland	51-03 <sup>1/2</sup>	1993
	LeRoy Millsap	51-03 <sup>1/2</sup>	1983

## SHOT PUT

1	Garry Frank	67-09 <sup>1/2</sup>	1987
2	Justin Canale	57-07	1964
3	Terry Day	56-08 <sup>1/2</sup>	1997
4	David Porter	56-02 <sup>1/2</sup>	1991
5	J.D. Erickson	56-06	2004

## DISCUS

1	Garry Frank	178-03	1987
2	David Porter	177-04	1988
3	J.D. Erickson	174-02	2003
4	Terry Day	173-07	1997
5	Lloyd Lee	171-09	1980

## HAMMER

1	Terry Day	200-03	1997
2	Matt Holcomb	192-08	2004
3	Matt Whalen	185-03	2005
4	Andre Oates	170-02	1999
5	Viktor Mara	168-06	2002

## JAVELIN (NEW)

1	Corwyn Aldredge	248-06	1984
2	Phillip Fingers	243-06	1983
3	Steve Harrison	207-04	1992
4	Tracy Young	203-00 <sup>1/4</sup>	1981
5	Clay Garner	200-05	2003

## DECATHLON (NEW JAVELIN)

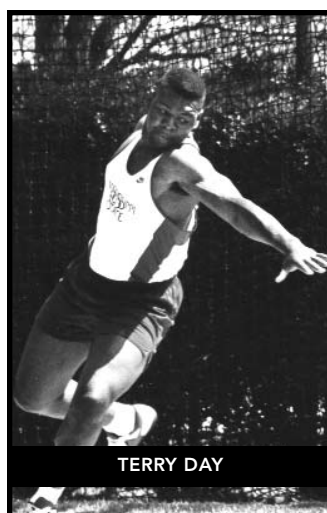
1	Trey Hardee	8,041	2004
2	Lee Palles	7,935	1978
3	Chris Coleman	7,418	1979
4	Daniel Hunter	7,074	2001
5	Adam Asquith	6,695	1982

(m) -- denotes hand times

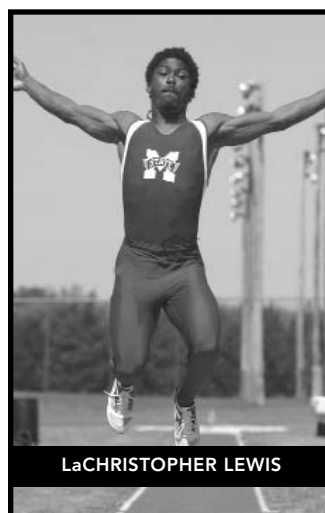
***Bold italics denotes current athletes***



**BOB DANDINO**



**TERRY DAY**



**LaCHRISTOPHER LEWIS**



**ROD NEWTON**



# WOMEN'S ALL-TIME SUPERLATIVES

## 100-METER DASH

1	Camille Harper	11.38	2001
2	Falilat Ogunkoya	11.40	1988
3	Kim Patterson	11.58	1995
4	Jonica Crowder	11.69	1993
5	Yvonne Davis	11.71	1988

## 100-METER HURDLES

1	<b>Marrissa Harris</b>	<b>13.53</b>	<b>2006</b>
2	LeKisha Barnaby-Pope	13.80	01, 02
3	LaTonya Hill	13.84	1998
4	Lauren Johnson	13.96	2003
5	CeCe Brown	14.9 (m)	2002

## 200-METER DASH

1	Falilat Ogunkoya	22.82	1989
2	Kim Patterson	23.31	1995
3	Collette Gibbs	23.77	2001
	Camille Harper	23.77	2001
5	Gabrielle Dillon	23.96	2006

## 400-METER DASH

1	Falilat Ogunkoya	51.26	1989
2	Andréa Ingleton	53.62	2000
3	Ivy Foster	55.27	1996
4	Artrelle Houston	55.38	1993
5	Janice Zawaski	56.03	2000

## 400-METER HURDLES

1	CeCe Brown	1:00.43	2002
2	Alicia Armstrong	1:01.77	1993
3	Dominique Rogers	1:03.50	2005
4	LeKisha Barnaby-Pope	1:05.11	2000

## 800-METER RUN

1	Tiffany McWilliams	2:01.00	2004
2	Iyabo Ajayi	2:07.73	1987
3	Melisa Rice	2:08.34	1990
4	<b>Jennifer McPherson</b>	<b>2:08.50</b>	<b>2006</b>
5	Zita Magloire	2:09.16	2005

## 1500-METER RUN

1	Tiffany McWilliams	4:06.75	2003
2	<b>Jennifer McPherson</b>	<b>4:20.80</b>	<b>2004</b>
3	Melisa Rice	4:24.40	1990
4	Zita Magloire	4:25.80	2006
5	Tina Bridgeman	4:26.81	1997

## 3000-METER RUN

1	April Ecke	9:34.1 (m)	1994
2	Tina Bridgeman	9:37.73	1996
3	Jenny Owens	9:40.82	1991
4	Melisa Rice	9:57.62	1990
5	Trina Taddy	9:59.87	1991

## 3000-METER STEEPLECHASE

1	<b>Joy Griffith</b>	<b>10:35.31</b>	<b>2006</b>
2	Meggan Hodge	10:46.04	2005
3	Joey Hansen	11:06.49	2001
4	Cassie Hanan	11:40.21	2003
5	Lee Ann Ripstra	11:46.18	2001

## 5000-METER RUN

1	April Ecke	16:33.37	1994
2	Christine Zawaski	17:00.21	2002
3	Tiffany McWilliams	17:01.67	2003
4	<b>Annie Falor</b>	<b>17:10.09</b>	<b>2006</b>
5	Meggan Hodge	17:21.90	2003

## 10,000-METER RUN

1	Stacey Moseley	36:05.30	1995
2	<b>Joy Griffith</b>	<b>36:43.84</b>	<b>2004</b>
3	Michelle Black	37:04.04	1992
4	Meggan Hodge	37:27.71	2002
5	Ronni Watjus	37:45.80	2002

## 4 X 100-METER RELAY

1	L. Barnaby-Pope, Co. Gibbs, K. Lee, C. Harper	44.92	2001
2	Cr.Gibbs, Co. Gibbs, K. Lee, C. Harper	45.13	1999
3	L. Barnaby-Pope, Co. Gibbs, K. Lee, C. Harper	45.15	2001
4	I. Foster, K. Patterson, C. Carr, K. Gaines	45.16	1995
5	I. Foster, K. Gaines, C. Carr, K. Patterson	45.39	1996

## 4 X 200-METER RELAY

1	Co.Gibbs, A. Ingleton, C. Harper, L. Barnaby-Pope	1:35.24	2001
2	Co.Gibbs, A. Ingleton, C. Harper, L. Barnaby-Pope	1:36.50	2001
3	I. Foster, C. Carr, K. Patterson, K. Gaines	1:36.67	1996
4	C. Carr, I. Foster, K. Patterson, K. Gaines	1:36.84	1995
5	A. Houston, A. Armstrong, I. Foster, J. Crowder	1:37.01	1993



LaKEISHA BARNABY-POPE



CECE BROWN



APRIL ECKE



TIFFANY MCWILLIAMS

# WOMEN S ALL-TIME SUPERLATIVES



## 4 X 400-METER RELAY

1	L. Stephens, A. Anderson, J. Zawaski, A. Ingleton	3:39.54	2000
2	L. Stephens, A. Anderson, J. Zawaski, A. Ingleton	3:40.62	2000
3	I. Foster, A. Houston, C. Williams, M. Green	3:41.13	1993
4	A. Stephens, A. Anderson, J. Zawaski, A. Ingleton	3:41.43	2000
5	F. Ogunkoya, L. Brooks, E. Davis, N. Everett	3:41.80	1988

## SPRINT MEDLEY RELAY

1	K. Gaines, K. Patterson, I. Foster, T. Bridgeman	3:50.16	1996
2	L. Johnson, K. James, N. Dunn, T. McWilliams	3:52.14	2004
3	Co. Gibbs, C. Harper, A. Ingleton, L. Stephens	3:52.26	2000
4	K. Gaines, K. Patterson, I. Foster, T. Bridgeman	3:54.26	1996
5	K. Gaines, K. Patterson, I. Foster, T. Bridgeman	3:54.38	1996

## DISTANCE MEDLEY RELAY

1	J. McPherson, N. Dunn, Z. Magloire, T. McWilliams	11:10.06	2004
2	J. McPherson, Banks Wahlin, Magloire	11:22.92	2006
2	T. Bridgeman, L. Stephens, K. Haber, A. Sandberg	11:49.67	1997
3	A. Sandberg, C. Gray, L. Stephens, T. Bridgeman	11:51.15	1998
4	K. Haber, A. Anderson, K. Tallent, L. Ripstra	11:57.04	1999

## HIGH JUMP

1	Jamine Walls	5-10 <sup>3/4</sup>	2006
2	<b><i>Dot Youmans</i></b>	<b><i>5-7</i></b>	<b><i>2006</i></b>
2	Jennifer Hawley	5-05 <sup>1/4</sup>	1997
3	Renata Hendrix	5-05	02,03,04
	Elisha Williams	5-05	1999-2000

## POLE VAULT

1	Lacey Johnson	11-06	2005
2	Natalie Neely	10-06	2005
3	Jourdan Steinberg	9-00	2005

## LONG JUMP

1	Elisha Williams	21-07 <sup>1/4</sup>	2001
2	<b><i>Janelle Finley</i></b>	<b><i>19-11<sup>3/4</sup></i></b>	<b><i>2006</i></b>
3	<b><i>Marrissa Harris</i></b>	<b><i>19-9<sup>3/4</sup></i></b>	<b><i>2006</i></b>
4	Lauren Johnson	19-8 <sup>1/4</sup>	2006
5	LaTonya Hill	19-07	1997
	Lauren Johnson	19-07	2005

## TRIPLE JUMP

1	Crystal Gibbs	40-08 <sup>1/4</sup>	2000
2	Pat Barr	40-00 <sup>1/2</sup>	2000
3	Elisha Williams	39-10 <sup>3/4</sup>	1999
4	Alex Rozefort	39-9 <sup>3/4</sup>	2006
5	<b><i>Janelle Finley</i></b>	<b><i>39-8</i></b>	<b><i>2006</i></b>
4	Courtney Carr	39-05	1997

## SHOT PUT

1	<b><i>Nicola Wilson</i></b>	<b><i>50-01<sup>3/4</sup></i></b>	<b><i>2006</i></b>
3	Stacey Salmon	46-01 <sup>1/2</sup>	1998
4	Fran Townsel	45-01	1995
5	Trish Curtis	44-05 <sup>1/4</sup>	1998

## DISCUS

1	Crystal Averitt	157-02	2004
2	<b><i>Christina Hernandez</i></b>	<b><i>156-00</i></b>	<b><i>2006</i></b>
3	Jen Johnstone	149-07	2005
4	Trish Curtis	143-03	2001
5	<b><i>Nicola Wilson</i></b>	<b><i>141-08</i></b>	<b><i>2006</i></b>

## HAMMER

1	Crystal Averitt	178-11	2005
2	<b><i>Emily Sanders</i></b>	<b><i>176-02</i></b>	<b><i>2006</i></b>
2	Jennifer Johnstone	172-05	2005
3	Trish Curtis	167-00	2000
4	Stacey Solomon	165-02	2001

## JAVELIN (NEW)

1	Elisha Williams	137-11	2001
2	<b><i>Emily Sanders</i></b>	<b><i>133-07</i></b>	<b><i>2006</i></b>
2	Michelle Kinney	122-04	2004
3	Jennifer Johnstone	120-06	2005
4	Crystal Averitt	117-05	2003

## HEPTHALON

1	LaTonya Hill	5,522	1998
2	<b><i>Marrissa Harris</i></b>	<b><i>5,112</i></b>	<b><i>2006</i></b>
2	Lauren Johnson	5,092	2006
3	Elisha Williams	5,016	2000
4	Jennifer Hawley	4,544	1998

(m) -- denotes hand times

***Bold italics denotes current athletes***



CRYSTAL AVERITT



CRYSTAL GIBBS



LATONYA HILL



KIM PATTERSON



# MEN S TRACK & FIELD HONORS

## CoSIDA ACADEMIC AWARDS

### ALL-AMERICAN

1992	Rob Irwin	Third Team
1993	Rob Irwin	Second Team

### ALL-DISTRICT

2003	Chris Boldt	First Team
2005	Matt Denton	First Team
2006	Ryan Irwin	First Team

### SEC FRESHMAN OF THE YEAR

2000	Pierre Brown
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### MONDO ATHLETE OF THE YEAR SOUTH REGION

2003	Marquis Daniels
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### SEC COMMUNITY SERVICE TEAM

1999	Dedric Ruffin
2003	Chris Boldt
2004	Clay Garner
2005	Arthur Davis
2006	Arthur Davis

### SEC ATHLETE OF THE WEEK

2003	Marquis Daniels	Indoor	Feb. 2
2004	LaChristopher Lewis	Outdoor	April 14
2005	Steve Mullings	Outdoor	April 12

### NATIONAL COLLEGIATE DIVISION I TRACK COACHES ASSOCIATION ALL- ACADEMIC TEAM

2003	Matt Denton
	Clay Garner
2006	Travis McKay

### THE JACE LACOSTE AWARD

*Named in honor of Mississippi State's late all-SEC decathlete, killed in a 1995 automobile accident, the Jace Lacoste Award is presented annually to the most outstanding Bulldog track and field athlete.*

1996	Rayton Archer
1997	Terry Day
1998	Dedric Ruffin
1999	Fred Collier
2000	Rod Newton
2001	Pierre Brown
2002	Pierre Brown
2003	Marquis Daniels
2004	LaChristopher Lewis
2005	xxx
2006	xxx

## ACADEMIC ALL-SEC

1985	Bob Dandino (Psychology)
1986	Lorenzo Daniel (Communication) Scott Hoelzel (Computer Science) Gerry Thome (Computer Science)
1987	Jace Lacoste (Business) Gerry Thome (Computer Science) Eric Weinhold (Dairy Science)
1988	Lorenzo Daniel (Communication) Scott Hoelzel (Mechanical Engineering) Tim Keller (Advertising) Jace Lacoste (Advertising) Wilson Santucci (Art) Gerry Thome (Computer Science) Eric Weinhold (Dairy Science)
1989	Scott Hoelzel (Mechanical Engineering) Scot Hopkins (History) Jace Lacoste (Business Administration)
1990	Rob Irwin (Biology) Jace Lacoste (Business Administration)
1991	Rob Irwin (Biology) David Jones (Biology)
1992	Rob Irwin (Biology)
1993	Rob Irwin (Biology)
1994	Ronnie Andrews (Educational Psychology) David Cain (Pre-Medical) Steve Dudley (Geology)
1995	Ronnie Andrews (Educational Psychology) David Cain (Pre-Medical) Kent Marett (Biology Education) Charles Mitchell (Marketing) Lamont Poke (Arts & Sciences)
1996	David Cain (Pre-Medical) Houston Franks (Teaching/Coaching) Theo Kurgat (Business Administration) Bill McGill (Political Science)
1997	Houston Franks (Teaching/Coaching) Theo Kurgat (Sports Administration) Dedric Ruffin (Insurance) Julius Sedame (Banking/Finance)
1998	Bryan Bridges (Arts & Sciences) Fred Collier (Corrections) Houston Franks (Teaching/Coaching) Brian Gaylord (Biological Sciences) Bill McGill (Political Science) Andre' Oates (Business Administration) Dedric Ruffin (Insurance) Julius Sedame (Banking/Finance)
1999	Bryan Bridges (Arts & Sciences) Fred Collier (Corrections) Vince Moran (Teaching/Coaching) Andre' Oates (Business Administration) Dedric Ruffin (Insurance) Julius Sedame (Banking/Finance)
2000	Bryan Bridges (Business Administration) Vince Moran (Teaching/Coaching) Ben Rudolphi (Bio Engineering)
2001	Chris Boldt (Industrial Engineering) Vance Clarke (Business Administration) Kelvin Harris (Microbiology) Dan Hunter (Physical Education)

	John McCaskill (Management) Iheanyi Obia (Political Science) Ben Rudolphi (Bio Engineering)
2002	Chris Boldt (Industrial Engineering) Vance Clarke (Business Administration) Clay Garner (Physical Education) Dan Hunter (Political Science) James Kinbrough (Physical Education)
2003	Chris Boldt (Industrial Engineering) Zach Brumfield (Mechanical Engineering) Steven Cornelius (Management) Matt Denton (Business) Clay Garner (Physical Education) Dan Hunter (Political Science) Michael Landry (Secondary Education) LaChristopher Lewis (Civil Engineering) Jason Odom (Ag Sciences) Kevin Pittman (Teaching/Coaching) Brad Rowland (Landscape Contracting)
2004	Matt Denton (Business Systems) Clay Garner (Physical Education) Trey Hardee (Graphic Design) Mark Holley (Geosciences) Matt Huey (Real Estate) Daniel Hunter (Political Science) Ryan Irwin (Computer Engineering) Ryan Looney (Biochemistry) Brett Marlin (Bio Engineering) Matt Martin (Secondary Education) Travis McKay (Business Administration) Jeff Montgomery (Bio Engineering) Phillip Moore (Physical Education) Daniel Nolan (Political Science) Shelby Nousain (General Business) Jason Odom (Ag Science) Kendall Pyant (Physical Education) Brad Rowland (Landscape Contracting) Brandon Smith (Mechanical Engineering) Jerald Wilson (Undecided)
2005	John Brigham (Economics) Matt Denton (Business Systems) Gedamu Ege (Interdisciplinary Studies) Ryan Irwin (Computer Engineering) Pad Judd (Physical Education) Ryan Looney (Biochemistry) Matt Martin (Physical Education) Travis McKay (General Business) Phillip Moore (Physical Education) Shelby Nousain (General Business) Brandon Smith (Bio Engineering)
2006	Arthur Davis (Educational Psychology) Gedamu Ege (Interdisciplinary Studies) Ryan Irwin (Computer Engineering) Padrick Judd (Physical Education) Wade Martin (Architecture) Travis McKay (Marketing) Phillip Moore (Physical Education) Robert Scribner (Business Administration) Brandon Smith (Biological Engineering) Tim Williams (Physical Education) Chris Withrow (Physical Education)



# WOMEN'S TRACK & FIELD HONORS



## CoSIDA ACADEMIC AWARDS

### ALL-DISTRICT

2006	Joy Griffith	First Team
	Zita Magloire	Second Team

### SEC RUNNER OF THE YEAR

2004	Tiffany McWilliams
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### H. BOYD MCWHORTER SCHOLAR ATHLETE OF THE YEAR

1995	April Ecke
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### SEC FEMALE SCHOLAR ATHLETE NOMINEE

2003	Martha Hudsonpillar
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### SEC COMMUNITY SERVICE POST-GRADUATE AWARD

1995	April Ecke
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### SEC COMMUNITY SERVICE TEAM

2004	Renata Hendrix
2005	Jourdan Steinberg
2006	Zita Magloire

### SEC ATHLETE OF THE WEEK

2001	Elisha Williams	Outdoor	March 20
2002	Tiffany McWilliams	Outdoor	April 3
2003	Tiffany McWilliams	Indoor	Jan. 22
	Lauren Johnson	Outdoor	April 23
2004	Tiffany McWilliams	Outdoor	April 14
2005	Meggan Hodge		March 23

### NATIONAL COLLEGIATE DIVISION I TRACK COACHES ASSOCIATION ALL-ACADEMIC TEAM

2003	Women's Team
	Nicole Dunn
	Meggan Hodge
	Zita Magloire
	Jennifer McPherson
2006	Women's Team
	Joy Griffith
	Jennifer McPherson
	Jasmine Walls
	Marrissa Harris

### SEC ATHLETE OF THE YEAR NOMINEE

1994	April Ecke
1997	LaTonya Hill
2004	Tiffany McWilliams
2006	Jennifer McPherson

## ACADEMIC ALL-SEC

1987	Liesel Miller (Education)
1988	Liesel Miller (History)
1989	Michelle Hirschman (Home Economics)
1990	Paula Schuerer (Animal Science)
1991	Melissa Rice (Sociology)
	Trina Taddy (Microbiology)
1992	April Ecke (Sports Communication)
	Kristi Irwin (Chemistry)
	Jenny Owens (Physical Education)
	Melissa Rice (Bio Engineering)
	Trina Taddy (Microbiology)
1993	Michelle Black (Fitness Management)
	Apeil Ecke (Sports Communication)
	Jenny Owens (Teaching/Coaching)
	Melissa Rice (Bio Engineering)
	Trina Taddy (Microbiology)
1994	April Ecke (Physical Education)
1995	Ashley Green (Home Economics)
	Amanda White (Bio Engineering)
1996	Tina Bridgeman (Elementary Education)
	Amanda White (General Science)
1997	Tina Bridgeman (Elementary Education)
	Summmer Gingrich (Foreign Language)
	Amanda White (General Science)
1998	Tina Bridgeman (Elementary Education)
	Sandy Dillon (Chemical Engineering)
	Crystal Gibbs (Fitness Management)
	Crashana Gray (Business Systems)
	Karin Haber (Fitness Management)
	Monika Haber (Fitness Management)
	Stacey Salmon (Marketing)
	Ashley Sandberg (Special Education)
1999	Ann-Marie Anderson (Business Systems)
	Pat Barr (Teaching/Coaching)
	Trish Curtis (Landscape Architecture)
	Elizabeth Davis (Special Education)
	Sandy Dillon (Chemical Engineering)
	Crystal Gibbs (Fitness Management)
	Karin Haber (Fitness Management)
	Monika Haber (Fitness Management)
	Jessie Hardcastle (Elementary Education)
	Andrea Ingleton (Accounting)
	Ashley Sandberg (Special Education)
	Elisha Williams (Chemical Engineering)
	Ann-Marie Anderson (Banking/Finance)
	Pat Barr (Teaching/Coaching)
	CeCe Brown (Microbiology)
	Trish Curtis (Landscape Architecture)
	Elizabeth Davis (Special Education)
	Collette Gibbs (Fitness Management)
	Crystal Gibbs (Fitness Management)
	Karin Haber (Fitness Management)
	Monika Haber (Fitness Management)
	Andrea Ingleton (Accounting)
	Teri Rosenbaum (Bio Engineering)
	Stacey Salmon (Marketing)
	LaTonya Stephens (Management)
	Kristin Tallent (Communication)
	Elisha Williams (Chemical Engineering)
	Christine Zawaski (Forestry/Wildlife)
2000	Ann-Marie Anderson (Bankin/Finance)
	CeCe Brown (Microbiology)
	Trish Curtis (Landscape Architecture)
	Elizabeth Davis (Special Education)
	Collette Gibbs (Fitness Management)
	Crystal Gibbs (Fitness Management)
	Karin Haber (Fitness Management)
	Monika Haber (Fitness Management)
	Martha Hudsonpillar (Fitness Management)
	Andrea Ingleton (Accounting)
	Katie Longmire (Communication)
	Stacey Salmon-Rich (Business Admin.)
	Kristin Tallent (Communication)
	Ronni Watjus (Animal/Dairy Science)
	Elisha Williams (Chemical Engineering)
	Christine Zawaski (Forestry/Wildlife)
2002	Ann-Marie Anderson (Bankin/Finance)

	CeCe Brown (Biological Engineering)
	Collette Gibbs (Fitness Management)
	Camille Harper (Fitness Management)
	Martha Hudsonpillar (Business Admin.)
	Andrea Ingleton (Accounting)
	Katie Longmire (Communication)
	Kristin Talent (Communication)
	Ronni Watjus (Animal/Dairy Science)
	Elisha Williams (Chemical Engineering)
	Christine Zawaski (Forestry)
2003	Crystal Averitt (Biological Sciences)
	CeCe Brown (Biological Engineering)
	Nicole Dunn (Banking/Finance)
	Camille Harper (Fitness Management)
	Renata Hendrix (Banking/Finance)
	Trina Hobyan (Business)
	Meggan Hodge (Human Sciences)
	Marth Hudsonpillar (Business Admin.)
	Lacey Johnson (Psychology)
	Jennifer Johnstone (Kinesiology)
	Jackie Rentschler (Psychology)
	Ronni Watjus-Rudolphi (Animal Science)
	Jourdan Steinberg (Psychology)
	Kristin Tallent (Broadcasting)
	Mary Francis Wright (Education)
	Christine Zawaski (Forestry)
2004	Crystal Averitt (Biological Sciences)
	Nicole Dunn (Banking/Finance)
	Joy Griffith (Animal/Dairy Science)
	Liz Grube (Biological Sciences)
	Renata Hendrix (Banking/Finance)
	Christina Hernandez (Physical Education)
	Trina Hobyan (Business Marketing)
	Meggan Hodge (Human Sciences)
	Kia James (Physical Education)
	Lacey Johnson (Psychology)
	Jennifer Johnstone (Kinesiology)
	Michelle Kinney (Banking/Finance)
	Zita Magloire (Biological Sciences)
	Jennifer McPherson (Public Relations)
	Tiffany McWilliams (Ed Psychology)
	Sarah Milam (Bio Engineering)
	Jackie Rentschler (Psychology)
	Jourdan Steinberg (International Business)
	Mina Thorstenson (Microbiology)
	Jasmine Walls (English)
	Mary Fancis Wright (Education)
2005	Jacqui Aubert (Elementary Education)
	Crystal Averitt (Biological Sciences)
	Annie Falor (English)
	Annie Fyfe (English)
	Joy Griffith (Animal/Dairy Science)
	Liz Grube (Biological Sciences)
	Christina Hernandez (Physical Education)
	Trina Hobyan (Business)
	Meggan Hodge (Human Sciences)
	Lacey Johnson (Psychology)
	Jennifer Johnstone (Physical Education)
	Zita Magloire (Biological Sciences)
	Jennifer McPherson (Public Relations)
	Jackie Rentschler (Psychology)
	Jourdan Steinberg (International Business)
	Mina Thorstenson (Microbiology)
	Lauren Vasquez (Sociology)
	Andrea Wahlin (Food & Nutrition)
2006	Annie Farlor (English)
	Joy Griffith (Animal & Dairy Science)
	Elizabeth Grube (Interior Design)
	Christina Hernandez (Communication)
	Meggan Hodge (Human Sciences)
	Lauren Johnson (Business Info Systems)
	Zita Magloire (Biological Sciences)
	Jennifer McPherson (Communication)
	Sara Milam Biological (Engineering)
	Mina Thorstenson (Microbiology)
	Lauren Vasquez (Sociology)
	Andrea Wahlin (Food & Nutrition)
	Jasmine Walls (English)



# MEN S LETTERWINNERS

		Daniels, Tim	1994-95	Herfurth, Kevin	1986-87-88-89	McCullom, Curtis	1983-84	<b>S</b>	
Adabanji, Moses	1977-78-79-80	Darby, Jimmy	1976-77	Hewlett, Keith	2005	McFadden, Glenn	2002-03	Samuel, Stanley	1997-98-99-00
Agnew, Glyn	1980-81-82	Daves, Harold	1951	Hicks, Ken	1983-84-85-86	McIlwain, William	1939	Sanders, David	1969
<b>Aguar, Kiley</b>	<b>2006</b>	Davidson, Charlie	1995	Hilliard, John	1996	<b>McKay, Travis</b>	<b>2004-05-06</b>	Sanders, Michae1	1964
Allen, Ronnie	1987-88	Davis, Art	1956	Hoelzel, Scott	1986-87-88-89	McPherson, Peter	2000	Sanderson, Adian	2005
Alli, Sule	1979-80-81,'83	<b>Davis, Arthur</b>	<b>2004-05-06</b>	Hogan, Miller	1994	McRae, Alton	1974-75	Sanford, William	1966
Andrews, Ronnie	1993, 1995	<b>Davis, Bruce</b>	<b>2006</b>	Holcomb, Matt	2004	McVey, John	1974-75	Santucci, Wilson	1986-87-88
Archer, Rayton	1996-97	Davis, Courtney	2003-04	Holland, Corey	1990,'92-93-94	Miller, James	1974	Schreiner, Barton	1991
Arnold, Sherman	1984-85	Davis, Lorenzo	1976-77	Hood, James	1959	Miller, Mercer Jr.	1951	<b>Scribner, Robert</b>	<b>2005</b>
Ashley, Jamel	2001-02-03-04-05	Davis, Marquis	2002-03	Hopkins, Scot	1986-87-88-89	Millsap, LeRoy	1981-82-83-84	Seals, Lewis	2002
Asquith, Adam	1982	Day, C.J.	1942	Howard, Donald	2000	Mims, Robert	1942	Sedame, Julius	1996-97,'99
<b>B</b>		Day, Terry	1995-96-97	Huddleston, Tim	2001-02	Mitchell, Charles	1994,'96-97	Sewell, Kevin	2004
Badon, Adesola	1996	Deaton, Bil1	1974-75-76	Huell, Ricky	1988-89-90	Montgomery, Jeff	2003	<b>Smith, Brandon</b>	<b>2004-05-06</b>
Balfour, Malcolm	1961-62-63	Dees, Willie	1977-78-79	Huey, Matt	2003-04	Monye, Jude	1994-95	Smith, Roy	1989-90-91
Banks, John	1929	Dennis, Ronnie	1984-85-86	Hull, Phil	1978,'80-81	Moore, Chris	1999-2000	Smyly, Gary	1967
Banks, Wayne	1985-86	Denton, Matt	2002-03-04-05	Hunt, Donald	1967	Moore, Michael	1982-83	Solomon, Carl	1948
Barfield, Neal	1927	Dickson, Hunt	1994	Hunter, Daniel	2000-01-02-04	<b>Moore, Phillip</b>	<b>2004-05-06</b>	Spane, Charles	1981-82,'84-85
Barksdale, Tommy	2001-02	Diggins, Mike	1966	<b>I-J</b>		Moorhouse, Dale	2001-02-03-04	Speed, Donald	1949
Barton, Wade	1940	Dixon, Larry	1974-75-76	Igbinoghene, Festus	1988-89-90-91	Moran, Vince	1996-97-98	Speyerer, David	1952
Bate, John	1974-75	Dooley, Sheldon	1985	Irwin, Rob	1990-91,'93	<b>Morant, Elliott</b>	<b>2004-05-06</b>	Stampley, O.K. Jr.	1938
Bates, Tim	1972-73-74,'76	Dossett, Ken	1974-75-76	<b>Irwin, Ryan</b>	<b>2004-05-06</b>	Morgan, Larry	1977-78	Stenglein, John Jr.	1970
Bazunu, Ruks	1974-75-76,'78	Downer, Charles	1940	James, Charles III	1965	Morrison, Robert	1965	Stephens, Kenny	1999
Beane, Cary	1960	Dubose, Robert	1974	Jennings, Evis	1975-76,'78	Morrow, William Jr.	1952	Stephens, Ronald	1982
Begnaud, Jonathan	2002	Dudley, Heath	2000	Johnson, David	1973-74-75	Mose, Carl	1977-78-79-80	Stewart, Walter	1981
Beicke, Paul	1966	Dudley, Steve	1991-92-93,'95	Johnson, Jonathan	1990-91-92	Moss, Jon	1984	Stowers, John-Micah	2004
Bennett, Dickie	1965	Dykes, Thomas	1968	Johnson, Shamone	2000-01	Mullings, Steve	2005	Stringfellow, Don	1976-77-78-79
Bess, Charlie	1983	<b>E-F</b>		Johnson, Tommy	1969	Murphy, Jerry	1989-90-91-92	Strucko, Mark	1981-82-83-84
Berry, Damond	2004	Ege, Gedamu	2004-05-06	Johnston, Michael	1990	<b>N</b>		Stubbs, John	1977-78,'80-81
Bickham, Thomas	1989-90-91-92	Erickson, J.D.	2002-03-04	Johnston, William	1972	Neely, Julius	1950	<b>T</b>	
Billingsley, M.C. Jr.	1950	Evans, Mitchell	2004-05	Jones, Daryl	1980-81-82-83	Negbenebor, Tony	1976-77-78-79	Tasby, Shawn	1991-92
Boldt, Chris	2000-01-02-03-04	Fier, Dustin	2004	Jones, David	1991	Nelson, Keston	2001-02-03-04	Taylor, Adrian	1995-96-97-98
Bolton, Donald	1992-93	Filzek, Justin	1995	<b>Jones, Ezra</b>	<b>2006</b>	Nespoli, John	1974-75-76-77	Taylor, Dominic	1984-85-86
Boyd, Henry	1939	Fingers, Phillip	1983	Jones, H. Gordon	1949	Nettles, William	1947	Taylor, James	1964
<b>Brady, Darryl</b>	<b>2006</b>	Flowers, Dave	1934	Jones, Joe Don	1971	Newell, Dean	1940	Thomas, John Kelly III	1972
Braddy, Sidney	1987-88-89	Floyd, Cameron	1994-95-96	Jones, Steve	1974-75-76	Newton, Rod	1999-2000	Thomas, John	1982-83
Bradley, Aki	1993-94	Frank, Garry	1984-85-86-87	Jorczak, Jason	1989-90-91-92	Nolan, Daniel	2004	Thomas, Lawrence	1979-80-81-82
Branch, Don	1951	Franklin, Clifton	1984	<b>Judd, Pad</b>	<b>2005</b>	Nousain, Shelby	2004-05	Thome, Gerry	1985-86-87-88
Britt, Hugh	1939	Franks, Houston	1994,'96-97-98	Jullierat, James	1933	<b>O</b>		Thompson III, Frank	1998
Brigham, John	2005	Frederic, Edgar	1930	<b>K</b>		O'Barr, Russell	1969	Thornhill, Keith	1974-75-76
Brock, James	1949	Freeman, Currey	1964	Kee, E.M. Jr.	1942	O'Sullivan, Kevin	1960	Tipton, Henry	1939
Brooks, Michae	1979-80-81	Friend, James	1989	Keller, Tim	1987-88-89-90	Oates, Andre'	1996-97-98-99	Townsend, Maurice	1995
Browne, Pierre	2000-01-02-03	<b>G</b>		Kelly, M.E.	1919	Obia, Iheanyi	2000	Turner, Melvin III	1984
Brumfield, Hunter	1939	Gabbidon, Wayne	1992-93	Kigen, Simeon	1981-82	Odum, Jason	2001-02-03-04	Tutor, Jordan	2004
Brumfield, Zach	2003	Gant, Joe	1974-75	Kimbrough, James	2000-01-02-03	Odum, Willie	1977-78	<b>U-V</b>	
Burns, Warren	1959	Garner, Clay	2001-02-03-04	King, Terry	1978-79-80-81	Offner, Terrance	1960	Ulaeto, Tector	1977-78-79
Butts, Mitche11	1940	Garrison, Mark	2000	Kurgat, Theo	1995-96	Orr, Dushon	1992-93	Utroska, James	1940
Bryant, Carey	1989-90-91	Gelatka, Charles	1937	<b>L</b>		Orungbemi, T.D.	1975-76-77	Veal, R.A	1965
Bryant, Yura	1984-85	Gibson, Dale	1972	Lacoste, Jace	1987-88-89-90	Otono, Dennis	1976-77-78-79	<b>W</b>	
Buie, Larry	1973-74-75	Glover, Danny	1974-75-76	Lagman, Edward	1972	Owens, John	1986-87-88-89	Walker, C.W. Jr.	1957
Burdine, Chuck	1973-74-75-76	<b>Golding, Austin</b>	<b>2005</b>	Landry, Michael	2002-03-04	<b>P-Q</b>		Walker, Chris	1988-89
<b>C</b>		Gray, Samuel	1975-76-77	Langley, Seth	1997	Packer, Walter	1974-75	Walker, Wilfred	1960
Cain, David	1993-94-95-96	Grear, Matt	2004	Laurant, Keith	1987-88-89-90	Palles, Lee	1975-76-77-78	Wallace, Howard Jr.	1963
Cambron, Joel	1968	Greer, Anthony	1992-93	Lawrence, Mike	1974-75	Parsons, Douglas	1950	Walters, Albert	1948
<b>Cassell, Alan</b>	<b>2006</b>	Griffin, Richard	1955	Leathers, Brandon	1995	Pennebaker, Boma	1972	Washington, George	1981-82-83-84
Caton, Matt	1998,'00-01	Griffith, Jason	1990-91-92,'94	Ledford, Danny	2001-02	Pennebaker, John	1968	Ways, Chuck	1988-89-90
Cesar, Kraig	1985-86-87-88	Groce, James	1966	Ledrum, Lexie	1963	Pepper, Mike	1990	Weinhold, Eric	1987-88
Chapman, Anthony	1988-89-90	Gullette, Marlon	1978-79	Lee, J.R.	1999	Perkins, Gary	1966	Welch, Olan	1975-76
Chatman, Greg	1979-80-81-82	Gwaro, Joseph	1980-81,'83-84	Lee, Lloyd	1976-77,'79-80	Pittman, Kevin	2000-01-02	Whalen, Matt	2004
Christopher, Joshua	2003	<b>H</b>		Lehning, Scott	1974-75	Pitts, Kerry	1956	White, Bryant	1988-89
Clarke, Vance	2000-01	Hadley, Fred	1986	Lewis, LaChristopher	2002-03-04-05	Poke, Lamont	1994-95-96	White, Vernon	1972-73-74-75
Cochran, James	2003	Hadley, Michael	1980-81-82-83	Lewis, Tommy	1972-73-74-75	Robeni, Seigha	1973-74-75-76	Whitehead, Les	1974-75-76-77
Coleman, Chris	1978-79	Hagan, John	1965-66	Lilly, Cedric	1996-97-98-99	Porter, Brett	1991-92-93-94	Whiting, Steve	1984-85
Coleman, Shaston	1995	Haley, Charles	1948	Lipscomb, Lee	1991	Porter, David	1987-88-89,'91	Williams, J.D.	1996
Collier, Fred	1996-97-98-99	Hamberlin, Lawrence Jr.	1954	Lipsky, Barry	1972-73-74-75	Pyant II, Kendall	2004-05	Williams, Tim	2005
Conkel, Donald	1957	Hankerson, Reggy	1989-90-91	Lipsky, Eric	1975-76	<b>Queen, Joseph</b>	<b>2005-06</b>	Williamson, Karl	1991
Conn, James	1949	Hanks, Derek	1979	Little, John	1992-93	<b>R</b>		Williford, William	1943
Cooper, Chad	1995-96	Hardee, Trey	2003-04	Loritz, David	1995-96	Rasperry, Errol	1988	<b>Wilson, Jerald</b>	<b>2004-05-06</b>
Cornelius, Michael	1975	Harding, Jack	1939	<b>M</b>		Rea, William F. III	1940	Wilson, John	1948
Cornelius, Steven	2002-03	Hargro, Antonio	2001	MaGill, Bill	1995-96-97-98	Rhett, C.R.	1950	Withrow, Chris	2002-03-04
Covington, William	1959	Hargrove, David	1962	Mann, Bob	1980	Roberts, Kenny	1990,'92-93	Wohner, J. Collins	1942
Crabbe, Dion	2001-02	Harris, Chris	1992	Mara, Viktor	2000-01-02	Robertson, Ian	1998-99-00-01	Wood, James	1963
Cummings, Scott	1996	Harris, Harold	2000-01-02-03	Marett, Allen	1995	Rogers, Denton	1971	<b>Woods, Chris</b>	<b>2006</b>
Curro, Joseph	1992-93	Harrison, Steve	1992	Marett, Kent	1994-95	Ross, James	1957	Wright, Lorenzo	1998-2000
<b>D</b>		Harry, Jeff	1975-76-77	Marlin, Brett	2004	Rowland, Brad	2002-03-04	<b>Y</b>	
Dandino, Bob	1981,'83-84-85	Hart, Larry	1968	Marshall, Isaiah	2005	Ruffin, Dedric	1996-97-98-99	Yarian, Don	1962
Daniel, Lorenzo	1985-86-87-88	Haustein, G.C.	1961	<b>Martin, Matt</b>	<b>2005</b>	Ruto, Mzee	1980-81,'83	Young, Tracy	1981-82
Daniels, Gabe	1995-96	Haywood, Jerome	1977-78-79	<b>Martin, Wade</b>	<b>2006</b>				
<b>Daniels, Nathan</b>	<b>2006</b>	Helmer, Warren	1995-96	McConnell, Elmore	2001-02-03-04				

# WOMEN S LETTERWINNERS



<b>A</b>	
Ajayi, Iyabo	1987-88
Anderson, Ann-Marie	1999-00-01
Armstrong, Alicia	1993
Aubert, Jacqui	2005
Averitt, Crystal	2002-03-04-05

<b>B</b>	
<b>Banks, Antrese</b>	<b>2006</b>
Barnaby-Pope, LeKisha	2000-01-02-03
Barr, Pat	1999-00
Black, Michelle	1990-91-92-93
Braswell, Jessica	2003
Bridgeman, Tina	1995-96-97-98
Brooks, Lisa	1987-88-89-90
Brown, CeCe	1999-00-01-02
Buie, Andrea'	2001-02

<b>C</b>	
Carr, Courtney	1995-96-97-98
Casalini, Val	1995-96
Causey, Debra	1988-89
Causey, Patty	1987-88-89-90
<b>Corrigan, Michelle</b>	<b>2006</b>
Crowder, Jonica	1993-94
Curtis, Trish	1998-99-00-01

<b>D</b>	
Dahmer, DeAnne	1986
Darby, Chanda	1993
Davis, Elizabeth	1999-00
Davis, Yvonne	1988-89-90
Dennison, Becky	1992
<b>Dillon, Gabrielle</b>	<b>2006</b>
Douglass, Holly	1988
Dunn, Nicole	2001-02-03-04

<b>E-F</b>	
Ecke, April	1991-92, '94-95
Ellis, Bernice	2003
Everett, Nina	1988
<b>Falor, Annie</b>	<b>2005-06</b>
Farmer, Michelle	1990-91
Fernandez, Claris	1995-96
Fleming, Brenda	1986-87
<b>Finley, Janelle</b>	<b>2006</b>
Foster, Ivy	1993-94-95-96
Fyfe, Anne	2003-05

<b>G</b>	
Gaines, Kachel	1994-95-96
Gardner, Kim	1994
Gibbs, Collette	1998-99-00-01
Gibbs, Crystal	1997-98-99-00
Gingrich, Summer	1995-96-97
Goodall, Nancy	1991-92, '94
Gordon, Michelle	1998
<b>Graham, Abbey</b>	<b>2006</b>
Gray, Crashana	1997-98
Green (Cain), Ashley	1994-95-96
Green, Floretta	1992-93
Green, Mary	1986
<b>Griffith, Joy</b>	<b>2004-05-06</b>
<b>Grube, Liz</b>	<b>2004-05-06</b>

<b>H</b>	
Haber, Karin	1997-98-99-00
Haber, Monika	1998-99-00
Hammock, Alexia	2005
Hanan, Cassie	2002-03-04-05
Hansen, Joelle	2002-03
Hansen, Jolene	2000-01-02-03
Hardcastle, Jessie	1998-99
Harper, Camille	1999-00-01-02
<b>Harris, Marrisona</b>	<b>2006</b>
Hawley, Jennifer	1997-98
Hendrix, Renata	2001-02-03-04
<b>Hernandez, Christina</b>	<b>2004-05-06</b>
Hill, LaTonya	1994-95, '97-98
Hillman, Lisa	1986
Hirschman, Michelle	1987-88-89-90
Hobyan, Trina	2002-03
Hodge, Meggan	2002-03-04-05
Houston, Artrelle	1993
Hudsonpillar, Martha	2000, '02-03
Hunholz, Corey	1994

<b>I-J</b>	
Ingleton, Andréa	1998-99-00-01
Irwin, Kristi	1991-92
Jakel, Sara	1995-96
James, Kia	2001-02-03-04
Johnson, Lacey	2002-03-04-05
Johnson, Lauren	2003-04-05-06
Johnston, Kandi	1996
Johnstone, Jennifer	2002-03-04-05

<b>K-L</b>	
Kinney, Michelle	2003-04
Latham, Amy	1991
Lee, Karen	1998, '00-01
Longmire, Katie	2001

<b>M-N</b>	
Magliore, Zita	2003-04-05-06
McCain, Dawn	1992, '94-95
<b>McPherson, Jennifer</b>	<b>2003-04</b>
McWilliams, Tiffany	2002-03-04
<b>Milam, Sarah</b>	<b>2003</b>
Miller, Liesel	1986-87
Moseley, Stacey	1995
Neely, Natalie	2005

<b>O-P</b>	
Odom, Tanita	1994-95
Ogunkoya, Falilatu	1987-88-89-90
Owens, Jenny	1991-92-93
Patterson, Kim	1995-96
<b>Phillips, Angelica</b>	<b>2005-06</b>
Pollard, Kawanyza	1996

<b>R</b>	
Rentschler, Jackie	2002-03-04-05
Rice, Meagan	1992
Rice, Melisa	1990, '92-93
Ripstra, LeeAnn	1999-00-01
Roberts, Kristen	1992
Rollins, Stacy	1993
Rogers, Dominique	2005

<b>Rosetti, Nicole</b>	<b>2006</b>
Rossouw, Theresa	1990
Rudolphi, Ronni Watjus	2000-01-02-03

<b>S</b>	
Salmon, Stacey	1997-98, '00-01
Sandberg, Ashley	1996-97-98
<b>Sanders, Emily</b>	<b>2006</b>
Schroeder, Marcie	1989-90
Schuerer, Paula	1989-90
Simmons, Sharon	1987-88-89-90
Steinberg, Jourdan	2002-03-04-05
Stephens, La Toya	1997-98-99-00

<b>T</b>	
Taddy, Trina	1990-91-92-93
Tallent, Kristin	1999-00-01-02
<b>Thorstenson, Mina</b>	<b>2003-04-06</b>
Townsel, Fran	1995-96

<b>V-W</b>	
Vasquez, Lauren	2005
<b>Wahlin, Andrea</b>	<b>2005-06</b>
Walls, Jasmine	2004-05
White, Amanda	1994-95
White, Kristen	2002-03
Whitfield, Cassandra	1990, '92
Williams, Charlotte	1991-92-93-94
Williams, Elisha	1998-99-00-01
Williams, Tonia	1989-90-91-92
<b>Wilson, Nicola</b>	<b>2004-05-6</b>
Wright, Mary Francis	2002-03

<b>Z</b>	
Zawaski, Christine	1999, '01-02
Zawaski, Janice	2000-01-02-03

**Bold denotes current athletes**

\* - Athletes listed before 1980 are listed by graduation year.  
If you have any information that verifies specific years lettered during this period, please contact MSU Media Relations (662-325-2703).



# ALL-TIME SEC CHAMPIONSHIP RESULTS

## MEN'S INDOOR

<i>Year</i>	<i>Site</i>	<i>Finish</i>	<i>Pts</i>	<i>Champion</i>
1957	Montgomery, Ala.	T6th	5	LSU
1958	Montgomery, Ala.	T8th	3	Alabama
1959	Montgomery, Ala.	T10th	2	Alabama
1960	Montgomery, Ala.	T9th	2	Kentucky
1961	Montgomery, Ala.	9th	3.5	Alabama
1962	Montgomery, Ala.	T9th	3	Alabama
1963	Montgomery, Ala.	3rd	25	LSU
1964	Montgomery, Ala.	5th	11	Tennessee
1965	Montgomery, Ala.	T4th	13	Tennessee
1966	Montgomery, Ala.	T8th	3	Tennessee
1967	Montgomery, Ala.	6th	10	Tennessee
1968	Montgomery, Ala.	5th	7	Tennessee
1969	Montgomery, Ala.	9th	2	Tennessee
1970	Montgomery, Ala.	T7th	4	Tennessee
1971	Montgomery, Ala.	7th	7	Tennessee
1972	Montgomery, Ala.	6th	9	Alabama
1973	Jackson, Miss.	4th	24	Tennessee
1974	Montgomery, Ala.	6th	19	Tennessee
1975	Baton Rouge, La.	3rd	34.5	Florida
1976	Baton Rouge, La.	T4th	28	Florida
1977	Baton Rouge, La.	5th	25	Auburn
1978	Montgomery, Ala.	5th	42	Auburn
1979	Montgomery, Ala.	7th	29	Auburn
1980	Baton Rouge, La.	8th	18	Auburn
1981	Baton Rouge, La.	5th	48	Tennessee
1982	Gainesville, Fla.	7th	45	Tennessee
1983	Baton Rouge, La.	7th	41	Tennessee
1984	Baton Rouge, La.	9th	28	Tennessee
1985	Baton Rouge, La.	T8th	36	Tennessee
1986	Baton Rouge, La.	6th	40	Tennessee
1987	Gainesville, Fla.	8th	19	Florida
1988	Baton Rouge, La.	7th	51.5	Florida
1989	Baton Rouge, La.	5th	58	LSU
1990	Gainesville, Fla.	8th	26	LSU
1991	Baton Rouge, La.	T7th	30	Tennessee
1992	Gainesville, Fla.	10th	19	Arkansas
1993	Baton Rouge, La.	11th	5	Arkansas
1994	Gainesville, Fla.	11th	11	Arkansas
1995	Baton Rouge, La.	11th	2	Arkansas
1996	Lexington, Ky.	10th	14	Tennessee
1997	Gainesville, Fla.	11th	13	Arkansas
1998	Baton Rouge, La.	11th	5	Arkansas
1999	Gainesville, Fla.	11th	7	Arkansas
2000	Fayetteville, Ark.	T10th	17.5	Arkansas
2001	Lexington, Ky.	11th	13	Arkansas
2002	Fayetteville, Ark.	T10th	27	Arkansas
2003	Gainesville, Fla.	10th	26	Arkansas

## MEN'S OUTDOOR

<i>Year</i>	<i>Site</i>	<i>Finish</i>	<i>Pts</i>	<i>Champion</i>
1933	Birmingham, Ala.	10th	2	LSU
1934	Birmingham, Ala.	8th	6	LSU
1935	Birmingham, Ala.	T6th	14	LSU
1936	Birmingham, Ala.	T9th	5	LSU
1937	Birmingham, Ala.	T8th	6	Georgia
1938	Birmingham, Ala.	6th	17	LSU

1939	Birmingham, Ala.	7th	15	LSU
1940	Birmingham, Ala.	8th	10.6	LSU
1941	Birmingham, Ala.	6th	17	LSU
1942	Birmingham, Ala.	4th	32	LSU
1943	Birmingham, Ala.	4th	25	LSU
1944	Birmingham, Ala.	Not available		Ga. Tech
1945	Birmingham, Ala.	T5th	8	Ga. Tech
1946	Birmingham, Ala.	4th	34	LSU
1947	Birmingham, Ala.	4th	26	LSU
1948	Birmingham, Ala.	5th	17	LSU
1949	Birmingham, Ala.	9th	12	Ga. Tech
1950	Birmingham, Ala.	T10th	2	Alabama
1951	Birmingham, Ala.	8th	10	LSU
1953	Birmingham, Ala.	5th	23.43	Florida
1954	Birmingham, Ala.	11th	2.4	Auburn
1955	Birmingham, Ala.	8th	13.5	Auburn
1956	Birmingham, Ala.	T9th	2	Florida
1957	Birmingham, Ala.	6th	19.6	LSU
1958	Birmingham, Ala.	9th	14	LSU
1959	Baton Rouge, La.	10th	5	LSU
1960	Gainesville, Fla.	T9th	1	LSU
1961	Auburn, Ala.	10th	6	Auburn
1962	Baton Rouge, La.	1st	43	MSU
1963	Birmingham, Ala.	2nd	48	LSU
1964	Lexington, Ky.	5th	16	Tennessee
1965	Baton Rouge, La.	6th	20	Tennessee
1966	Athens, Ga.	8th	9	Tennessee
1967	Knoxville, Tenn.	6th	11	Tennessee
1968	Tuscaloosa, Ala.	10th	1	Tennessee
1969	Knoxville, Tenn.	8th	8	Tennessee
1970	Gainesville, Fla.	T6th	16	Tennessee
1971	Lexington, Ky.	7th	17	Tennessee
1972	Baton Rouge, La.	7th	23	Tennessee
1973	Auburn, Ala.	7th	29	Tennessee
1974	Gainesville, Fla.	5th	55	Tennessee
1975	Baton Rouge, La.	2nd	93	Tennessee
1976	Athens, Ga.	5th	65	Tennessee
1977	Tuscaloosa, Ala.	5th	46	Tennessee
1978	Knoxville, Tenn.	5th	48	Tennessee
1979	Tuscaloosa, Ala.	8th	20	Auburn
1980	Auburn, Ala.	8th	26	Alabama
1981	Gainesville, Fla.	7th	44	Tennessee
1982	Athens, Ga.	4th	53	Tennessee
1983	Lexington, Ky.	6th	45	Tennessee
1984	Baton Rouge, La.	9th	22	Tennessee
1985	Starkville, Miss.	5th	59	Tennessee
1986	Knoxville, Tenn.	6th	46	Tennessee
1987	Tuscaloosa, Ala.	7th	41.5	Florida
1988	Auburn, Ala.	6th	48	LSU
1989	Gainesville, Fla.	5th	50	LSU
1990	Athens, Ga.	8th	23	LSU
1991	Baton Rouge, La.	8th	28	Tennessee
1992	Starkville, Miss.	7th	30	Arkansas
1993	Knoxville, Tenn.	11th	15	Arkansas
1994	Fayetteville, Ark.	10th	31	Arkansas
1995	Tuscaloosa, Ala.	11th	16.5	Arkansas
1996	Lexington, Ky.	9th	29	Arkansas
1997	Auburn, Ala.	10th	26	Arkansas

1998	Gainesville, Fla.	11th	16	Arkansas
1999	Athens, Ga.	11th	13	Arkansas
2000	Baton Rouge, La.	9th	28	Arkansas
2001	Columbia, S.C.	10th	19.5	Tennessee
2002	Starkville, Miss.	9th	35	Tennessee
2003	Knoxville, Tenn.	8th	69	Arkansas
2004	Oxford, Miss.	7th	42	Arkansas
2005	Nashville, Tenn.	7th	57	Arkansas
2006	Fayetteville, Ark.	11th	19	Arkansas

## WOMEN'S INDOOR

<i>Year</i>	<i>Site</i>	<i>Finish</i>	<i>Pts</i>	<i>Champion</i>
1986	Baton Rouge, La.	T8th	0	Vacated
1987	Gainesville, Fla.	8th	10	LSU
1988	Baton Rouge, La.	8th	22	LSU
1989	Baton Rouge, La.	9th	4	LSU
1990	Gainesville, Fla.	8th	14	Florida
1991	Baton Rouge, La.	Not available		LSU
1992	Gainesville, Fla.	8th	10	Florida
1993	Baton Rouge, La.	12th	2	LSU
1994	Gainesville, Fla.	11th	1	Alabama
1995	Baton Rouge, La.	11th	5	LSU
1996	Lexington, Ky.	12th	4	LSU
1997	Gainesville, Fla.	10th	18	Florida
1998	Baton Rouge, La.	10th	6	LSU
1999	Gainesville, Fla.	12th	2	LSU
2000	Fayetteville, Ark.	T10th	8	Arkansas
2001	Lexington, Ky.	11th	13	Arkansas
2002	Fayetteville, Ark.	9th	15	Florida
2003	Gainesville, Fla.	8th	29	Arkansas
2004	Lexington, Ky.	11th	21	LSU
2005	Fayetteville, Ark.	12th	8	Tennessee
2006	Fayetteville, Ark.	11th	13	Georgia

## WOMEN'S OUTDOOR

<i>Year</i>	<i>Site</i>	<i>Finish</i>	<i>Pts</i>	<i>Champion</i>
1986	Knoxville, Tenn.	T8th	0	Alabama
1987	Tuscaloosa, Ala.	8th	7	LSU
1988	Auburn, Ala.	8th	23	LSU
1989	Gainesville, Fla.	8th	16	LSU
1990	Athens, Ga.	8th	21	LSU
1991	Baton Rouge, La.	9th	6	LSU
1992	Starkville, Miss.	11th	7	Florida
1993	Knoxville, Tenn.	11th	12	LSU
1994	Fayetteville, Ark.	12th	0	Alabama
1995	Tuscaloosa, Ala.	10th	20	Georgia
1996	Lexington, Ky.	12th	7	LSU
1997	Auburn, Ala.	11th	7	Florida
1998	Gainesville, Fla.	12th	10	Florida
1999	Athens, Ga.	12th	10	S. Carolina
2000	Baton Rouge, La.	12th	11	Arkansas
2001	Columbia, S.C.	12th	12.5	Arkansas
2002	Starkville, Miss.	12th	13	S. Carolina
2003	Knoxville, Tenn.	10th	22	Florida
2004	Oxford, Miss.	11th	22	Arkansas
2005	Nashville, Tenn.	11th	12	S. Carolina
2006	Fayetteville, Ark.	11th	27	Georgia



## MEN'S INDOOR

### 100-YARD DASH

1963	Billy Moore	6:30
1965	Marcus Rhoden	6:30

### 60-METER DASH

2003	Pierre Browne	6:60
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### 60-YARD HURDLES

1965	Hank James	7:50
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### 200-YARD DASH

1988	Lorenzo Daniel	20.89
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### 300-YARD DASH

1986	Lorenzo Daniel	29.60
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### 300-METER DASH

1987	Lorenzo Daniel	32.67
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### 440-YARD DASH

1971	Dale Gibson	49.10
1973	Tim Bates	49.10
1975	Evis Jennings	47.60

### 500-METER RUN

1982	Darryl Jones	1:02.4
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### 600-YARD RUN

1975	T.D. Orungbemi	1:10.60
1977	Dennis Otono	1:10.30

### 800-METER RUN

1988	Kraig Cesar	1:51.03
1989	Kraig Cesar	1:51.09

### MILE RUN

1967	Don Hunt	4:09.80
1968	Don Hunt	4:04.00

### TWO MILE RUN

1962	Jim Taylor	N/A
1963	Jim Taylor	9:51.10
1967	Don Hunt	9:02.00
1983	Mark Strucko	9:53.85

### MILE RELAY

1976	Davis, Orungbemi, Deaton, Jennings	3:15.00
1978	Stringfellow, Scott, Mose, Otono	3:15.40

### HIGH JUMP

1975	Les Whitehead	7-00 <sup>1/4</sup>
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### LONG JUMP

1989	Festus Igbinoghene	25-06 <sup>1/4</sup>
1991	Festus Igbinoghene	25-05 <sup>1/4</sup>

### TRIPLE JUMP

1973	Seigha Porbeni	50-00 <sup>1/8</sup>
1974	Seigha Porbeni	52-08
1976	Seigha Porbeni	52-02 <sup>1/2</sup>
1988	Festus Igbinoghene	50-07 <sup>1/4</sup>
1989	Festus Igbinoghene	54-04 <sup>1/2</sup>
1990	Festus Igbinoghene	52-10 <sup>1/4</sup>

### SHOT PUT

1964	Justin Canale	54-09 <sup>1/2</sup>
1986	Garry Frank	63-00 <sup>1/4</sup>

## MEN'S OUTDOOR

### 100-YARD DASH

1942	Blondy Black	9.60
1965	Marcus Rhoden	10.2
1970	Frank Dowsing	9.50

### 100-METER DASH

1986	Lorenzo Daniel	10.00
2003	Marquis Davis	10.13
2005	Steve Mullings	10.15

### 200-METER DASH

1985	Lorenzo Daniel (#)	20.07
1986	Lorenzo Daniel	20.11
1987	Lorenzo Daniel	19.88
1988	Lorenzo Daniel	19.93
1994	Aki Bradley	20.44
2003	Marquis Davis	20.50

### 400-METER DASH

1995	Jude Monye	45.04
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### 120-YARD HURDLES

1953	Jerry Simmons	15.10
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### 220-YARD DASH

1962	Jim Wood	21.20
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### 220-YARD HURDLES

1952	Jerry Simmons	24.60
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### 440-YARD DASH

1946	Albert Walters	49.70
1972	Dale Gibson	46.40
1975	Evis Jennings	46.10
1976	Evis Jennings	45.30

### 440-YARD HURDLES

1976	Dennis Otono	50.60
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### 880-YARD RUN

1942	Bill Rhett	1:55.8
1947	Bill Rhett	1:59.9

### MILE RUN

1935	Evan Davis	4:25.00
1967	Don Hunt (#)	4:06.80

### TWO MILE RUN

1962	Jimmy Taylor	9:34.90
1963	Jimmy Taylor	9:39.80
	Malcolm Balfour	9:39.80
1967	Don Hunt (#)	9:00.40

### 3000-METER STEEPLECHASE

1982	Simeon Kigen	8:49.43
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### 5000-METER RUN

1982	Mark Strucko	14:10.03
1984	Mark Strucko	14:14.69

### 400-METER RELAY

1985	Banks, Bryant, Daniel (#), Dennis	39.18
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### 440-YARD RELAY

1962	Wood, Wallace, Hutton, Sanders	41.6
1963	Wood, Hutton, Sanders, Moore	41.8

## 1600-METER RELAY

1982	Spaine, Washington, Moore, Jones	3:06.52
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## MILE RELAY

1946	France, Nicholson, Rhett, Walters	3:25.5
1975	Johnson, Jennings, Orungbemi, Gray	3:09.0

## HIGH JUMP

1952	Elmo Branch	6-07
1974	Les Whitehead	7-00
2000	Rod Newton	7-04 <sup>1/2</sup>

## LONG JUMP

1975	Seigha Porbeni	25-10 <sup>1/2</sup>
1991	Festus Igbinoghene	25-01 <sup>3/4</sup>
2005	LaChristopher Lewis	25-01 <sup>1/4</sup>

## TRIPLE JUMP

1974	Seigha Porbeni	51-04
1975	Seigha Porbeni	52-11
1989	Festus Igbinoghene	53-07 <sup>3/4</sup>

## POLE VAULT

1940	Bill McClellan	13-00
1941	Lacy Newman	13-00
1952	Elmo Branch	13-03
1965	John Sanders	14-07
1985	Bob Dandino	17-01

## SHOT PUT

1943	Mike Mihalic	46-08
1986	Garry Frank	65-04
1987	Garry Frank	65-08 <sup>3/4</sup>

## DISCUS

1943	Bill Nettles	134-01 <sup>1/4</sup>
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## DECATHLON

1975	Joe Gant	7,216 pts.
1978	Lee Palles	7,540 pts.
2004	Trey Hardee	7,480 pts.

## WOMEN'S INDOOR

### MILE RUN

2003	Tiffany McWilliams	4:35.21
2004	Tiffany McWilliams	4:35.91

### DISTANCE MEDLEY RELAY

2003	McPherson, Dunn, Magloire, McWilliams	11:26.39
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## WOMEN'S OUTDOOR

### 400-METER DASH

1989	Falilat Ogunkoya	51.79
1990	Falilat Ogunkoya	52.25

### 800-METER DASH

2003	Tiffany McWilliams	2:02.74
2004	Tiffany McWilliams	2:01.96

### 1500-METER RUN

2003	Tiffany McWilliams	4:12:17
2004	Tiffany McWilliams	4:09.19

## SHOT PUT

1990	Sharon Simmons	49-01 <sup>3/4</sup>
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(#) -- SEC meet high-point scorer  
**Bold denotes current athlete**



# NCAA CHAMPIONSHIP RESULTS

## MEN'S INDOOR TEAM RESULTS

Year	Location	Finish	Points
1972	Detroit, Mich.	T15th	6
1974	Detroit, Mich.	T44th	2
1976	Detroit, Mich.	T10th	7
1989	Indianapolis, Ind.	T42nd	2
1990	Indianapolis, Ind.	T20th	8
1991	Indianapolis, Ind.	T51st	1
2002	Fayetteville, Ark.	T9th	15
2003	Fayetteville, Ark.	11th	16

## MEN'S OUTDOOR TEAM RESULTS

Year	Location	Finish	Points
1922	Chicago, Ill.	T8th	7
1923	Chicago, Ill.	2nd	16
1930	Chicago, Ill.	32nd	2 <sup>17/70</sup>
1976	Philadelphia, Pa.	T26th	6
1977	Champaign, Ill.	T20th	8
1978	Eugene, Ore.	T23rd	8
1979	Champaign, Ill.	T24th	8
1982	Provo, Utah	17th	27
1985	Austin, Texas	T20th	12
1986	Indianapolis, Ind.	38th	7
1987	Baton Rouge, La.	T27th	11
1988	Eugene, Ore.	T23rd	11
1989	Provo, Utah	T34th	8
1990	Durham, N.C.	T38th	8
1991	Eugene, Ore.	T64th	3
1994	Boise, Idaho	T20th	12
2002	Baton Rouge, La.	T15th	20
2003	Sacramento, Calif.	20th	13
2004	Austin, Texas	T20th	15
2005	Sacramento, Calif.	T26th	18
2006	Sacramento, Calif.	T58th	2

## MEN'S INDOOR INDIVIDUAL

Year	Name	Finish	Event
1972	Dale Gibson	1st	600-yd. run (1:11.3)
1976	Evis Jennings	1st	440-yd. dash (48.42)
	Seigha Porbeni	4th	Triple Jump (51-11 <sup>1/2</sup> )
1989	Festus Igbinoghene	5th	Long Jump (25-9 <sup>1/4</sup> )
1990	Festus Igbinoghene	2nd	Triple Jump (53-10 <sup>1/2</sup> )
1991	Festus Igbinoghene	6th	Triple Jump (52-6 <sup>1/2</sup> )
2002	Pierre Browne	6th	60-m dash (6.72)
	Pierre Browne	4th	200-m dash (20.84)
	Marquis Davis	2nd	200-m dash (20.76)
2003	Pierre Browne	1st	60-m dash (6.60)
	Marquis Davis	2nd	200-m dash (20.70)

## MEN'S OUTDOOR INDIVIDUAL

Year	Name	Finish	Event
1922	C.S. Cochran	1st	440-yd. dash (49.7)
	B.F. Ellis	3rd	220-yd. LH
1923	C.S. Cochran	1st	440-yd. dash (49.2)
	K.P. Gatchell	2nd	Discus (137-4)
	L.B. Priester	2nd	Javelin (189-9 <sup>1/2</sup> )
1930	S.R. Daws	T2nd	High Jump (6-2)
	E.H. Frederic	T6th	Pole Vault (12-6)

1976	Evis Jennings	3rd	400-m dash (45.5)
1977	Dennis Otono	2nd	400H (49.62)
1978	Lee Palles	2nd	Decathlon (7,935)
1979	Dennis Otono	2nd	400 H (49.76)
1982	Simeon Kigen	2nd	3000 SC (8:44.27)
	Michael, Moore, Washington, Jones	1st	1600-m relay (3:03.49)
1985	Bob Dandino	7th	Pole Vault (18-0 <sup>1/2</sup> )
	Lorenzo Daniel	3rd	200-m dash (20.44)
	Banks, Bryant, Dennis, Daniel	5th	400-m relay (39.34)
1986	Lorenzo Daniel	8th	200-m dash (20.64)
	Garry Frank	5th	Shot Put (66-11 <sup>1/2</sup> )
	Banks, Owens Daniel, Dennis	7th	400-m relay (39.37)
1987	Lorenzo Daniel	8th	200-m dash (20.46)
	Garry Frank	1st	Shot Put (65-3 <sup>1/4</sup> )
1988	Lorenzo Daniel	1st	200-m dash (19.87)
	Laurant, Braddy, Daniel, Huell	8th	400-m relay (40.26)
1989	Festus Igbinoghene	2nd	Triple Jump (54-3 <sup>1/4</sup> )
1990	Festus Igbinoghene	2nd	Triple Jump (54-2 <sup>3/4</sup> )
1991	Festus Igbinoghene	6th	Triple Jump (53-8 <sup>1/4</sup> )
1994	Aki Bradley	5th	100-m dash (10.23)
	Aki Bradley	2nd	200-m dash (20.27)
2002	Pierre Browne	3rd	100-m dash (10.39)
	Pierre Browne	3rd	200-m dash (20.83)
	Dion Crabbe	7th	100-m dash (10.49)
	Dion Crabbe	5th	200-m dash (20.90)
	Marquis Davis	7th	200-m dash (21.07)
2003	Pierre Brown	2nd	100-m dash (10.34)
	Trey Hardee	5th	Decathlon (7,468)
	Kelvin Harris	8th	110 H (13.86)
2004	Jamel Ashley	8th	400-m dash (45.63)
	Trey Hardee	2nd	Decathlon (8,041 pts.)
	LaChristopher Lewis	14th	Long Jump (24-11 <sup>1/4</sup> )
	Ashley, A. Davis, Nelson, Lewis	3rd	4x4 relay (3:03.57)
2005	Jamel Ashley	2nd	400-m dash (44.75)
	LaChristopher Lewis	11th	Long Jump (24-03 <sup>1/2</sup> )
	Coleman, Davis, Lewis, Ashley	5th	4x4 relay (3:01.63)
2006	Chris Woods	26th	800m run (p) 1:51.46
	B. Davis, Jones, A. Davis, Daniels	7th	4x4 relay

## WOMEN'S INDOOR TEAM RESULTS

Year	Location	Finish	Points
2001	Fayetteville, Ark.	T27th	8
2003	Fayetteville, Ark.	23rd	8
2004	Fayetteville, Ark.	T21st	10

## WOMEN'S OUTDOOR TEAM RESULTS

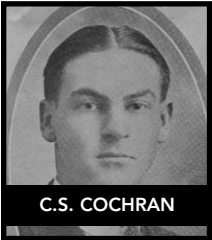
Year	Location	Finish	Points
1987	Baton Rouge, La.	T30th	7
1988	Eugene, Ore.	T30th	5
1989	Provo, Utah	T27th	9
2001	Eugene, Ore.	T40th	5
2003	Sacramento, Calif.	27th	10
2004	Austin, Texas	T22nd	10

## WOMEN'S INDOOR INDIVIDUAL

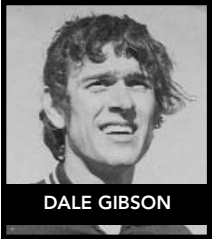
Year	Name	Finish	Event
2001	Elisha Williams	2nd	Long Jump (21-7 <sup>1/2</sup> )
2003	Tiffany McWilliams	2nd	Mile Run (4:36.51)
2004	Tiffany McWilliams	1st	Mile Run (4:32.24)
2005	Jen McPherson	16th	Mile Run (5:01.24)

## WOMEN'S OUTDOOR INDIVIDUAL

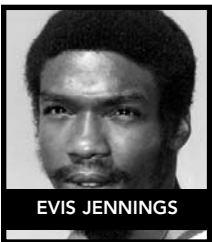
Year	Location	Finish	Event
1987	Falilatu Ogunkoya	6th	100 (11.59)
	Falilatu Ogunkoya	5th	200 (22.87)
1988	Falilatu Ogunkoya	4th	200 (22.94)
1989	Falilatu Ogunkoya	5th	200 (22.88)
	Falilatu Ogunkoya	4th	400 (51.33)
2001	Camielle Harper	8th	100 (11.57)
	Elisha Williams	5th	LJ (20-11 <sup>1/4</sup> )
2003	Tiffany McWilliams	1st	1500 (4:06.75)
2004	Tiffany McWilliams	1st	1500 (4:11.59)
2006	Jennifer McPherson	22nd	1500 (p) 4:25.13



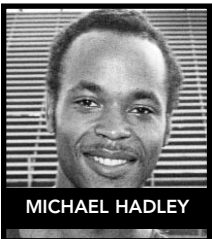
**1922 & 1923**  
**OUTDOOR 440-YARD DASH**



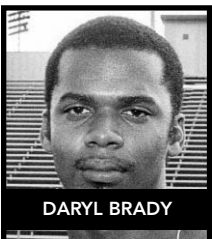
**1972**  
**INDOOR 600-YARD RUN**



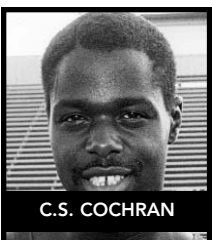
**1976**  
**INDOOR 440-YARD DASH**



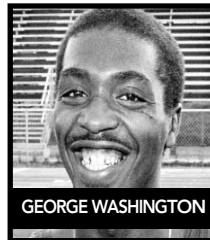
**1982**  
**OUTDOOR 1600-METER RELAY**



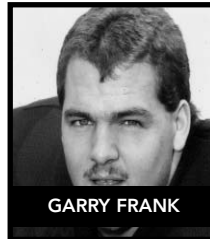
**1982**  
**OUTDOOR 1600-METER RELAY**



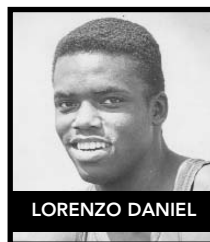
**1982**  
**OUTDOOR 1600-METER RELAY**



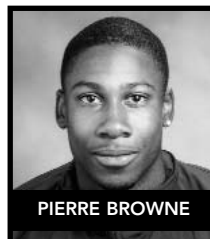
**1982**  
**OUTDOOR 1600-METER RELAY**



**1987**  
**OUTDOOR SHOT PUT**



**1988**  
**OUTDOOR 200-METER DASH**



**2003**  
**INDOOR 60-METER DASH**



**2003 & 2004**  
**OUTDOOR 1500-METER RUN**

**2004**  
**INDOOR MILE RUN**



# ALL-AMERICANS

## MEN'S INDOOR ALL-AMERICANS

1972	Dale Gibson	600-yard run
1974	Seigha Porbeni	Triple Jump
1976	Evis Jennings	440-yard dash
	Dale Gibson	600-yard run
	Seigha Porbeni	Triple Jump
1989	Festus Ibbinoghene	Long Jump
1990	Festus Ibbinoghene	Triple Jump
1991	Festus Ibbinoghene	Triple Jump
2002	Pierre Browne	60-meter dash
	Pierre Browne	200-meter dash
	Marquis Davis	200-meter dash
2003	Pierre Browne	60-meter dash
	Marquis Davis	200-meter dash
	Glenn McFadden	200-meter dash

## MEN'S OUTDOOR ALL-AMERICANS

1922	C.S. Cochran	440-yard dash
	B.F. Ellis	220-yard low hurdles
1923	C.S. Cochran	440-yard dash
	K.P. Gatchell	Discus
	L.B. Priester	Javelin
1930	S.R. Daws	High Jump
	E.H. Frederic	Pole Vault
1976	Evis Jennings	400-meter dash
1977	Dennis Otono	400-meter hurdles
1978	Lee Palles	Decathlon
1979	Dennis Otono	400-meter hurdles
1982	Michael Hadley	1600-meter relay
	Daryl Jones	1600-meter relay
	Simeon Kigen	3000-meter steeplechase
	Michael Moore	1600-meter relay
	George Washington	1600-meter relay
1985	Wayne Banks	400-meter relay
	Yura Bryant	400-meter relay
	Bob Dandino	Pole Vault
	Lorenzo Daniel	200-meter dash
	Lorenzo Daniel	400-meter relay
	Ronnie Dennis	400-meter relay
1986	Wayne Banks	400-meter relay
	Lorenzo Daniel	200-meter dash
	Lorenzo Daniel	400-meter relay
	Ronnie Dennis	400-meter relay
	Garry Frank	Shot Put
	John Owens	400-meter relay
1987	Lorenzo Daniel	200-meter dash
	Garry Frank	Shot Put
1988	Sidney Braddy	400-meter relay
	Lorenzo Daniel	200-meter relay
	Lorenzo Daniel	400-meter relay
	Ricky Huell	400-meter relay
	Keith Laurant	400-meter relay
1989	Festus Igbinoghene	Triple Jump
1990	Festus Igbinoghene	Triple Jump
1991	Festus Igbinoghene	Triple Jump

1993	Aki Bailey	100-meter dash
	John Little	800-meter run
1994	Aki Bailey	100-meter dash
	Aki Bailey	200-meter dash
2002	Pierre Browne	100-meter dash
	Pierre Browne	200-meter dash
	Dion Crabbe	100-meter dash
	Dion Crabbe	200-meter dash
	Marquis Davis	200-meter dash
2003	Pierre Browne	100-meter dash
	Marquis Davis	200-meter dash
	Trey Hardee	Decathlon
	Kelvin Harris	110-meter hurdles
	LaChristopher Lewis	400-meter dash
2004	Jamel Ashley	400-meter dash
		4x400-meter relay
	Arthur Davis	4x400-meter relay
	Trey Hardee	Decathlon
	LaChristopher Lewis	4x400-meter relay
	Keston Nelson	4x400-meter relay
2005	Jamel Ashley	400-meter dash
		4x400-meter relay
	Arthur Davis	4x400-meter relay
	LaChristopher Lewis	4x400-meter relay
	Kendall Pyant II	4x400-meter relay
	Chris Woods	4x400-meter relay
2006	Nathan Daniels	4x400-meter relay
	Arthur Davis	4x400-meter relay
	Bruce Davis	4x400-meter relay
	Ezra Jones	4x400-meter relay

## WOMEN'S INDOOR ALL-AMERICANS

2001	Elisha Williams	Long Jump
2004	Tiffany McWilliams	Mile Run

## WOMEN'S OUTDOOR ALL-AMERICANS

1987	Falilatu Ogunkoya	100-meter dash
	Falilatu Ogunkoya	200-meter dash
1988	Falilatu Ogunkoya	200-meter dash
1989	Falilatu Ogunkoya	200-meter dash
	Falilatu Ogunkoya	400-meter dash
1997	Latonya Hill	Heptathlon
2001	Elisha Williams	Long Jump
	Camille Harper	100-meter dash
2003	Tiffany McWilliams	1500-meter run
2004	Tiffany McWilliams	1500-meter run





## TIFFANY McWILLIAMS (2002-04)

The most decorated female athlete in the history of Mississippi State track and field returns to the program as a volunteer assistant coach for the 2007 season. Tiffany McWilliams was a three-year letterwinner at MSU from 2002-04.

McWilliams, a three-time NCAA Champion and all-American at MSU, she established herself as one of the top middle distance runners in the NCAA and is now one of the best in the United States. She captured her first NCAA

crown at the 2003 outdoor championships in the 1,500-meter run. The Red Bay, Ala.-native won six Southeastern Conference titles during her time in the Maroon and White. McWilliams registered SEC crowns in the indoor mile run in 2003 and 2004 and captured the 2003 and 2004 800-meter run and 1500-meter run events. She was named the SEC's Runner of the Year in 2004 and was tabbed as the conference's Athlete of the Week three times in track and once in cross country. She holds three MSU records in indoor track and owns three in outdoor competitions.

In cross country, she was a back-to-back all-Region honoree in 2002 and 2003. She finished 19th at the NCAA South Regional in 2002 and runner-up in the 2003 edition of the NCAA South Regional. She is only one of three MSU women track athletes to compete at all three NCAA Championships - Indoor, outdoor and cross country. McWilliams joins former Lady Bulldog April Ecke (1991-95) and current senior Jen McPherson as the only three individuals to represent MState at all three national events.

In 2004, she ranked seventh in the nation in the 1500-meter run by *Track and Field News*.

Her professional resume' includes a runner-up spot at the 2006 USA Indoor Championships and won the mile event at the Tyson Invitational (4:30.60). McWilliams ranks fifth in the United States by *Track and Field News*.

As a prep star in Red Bay, Ala., McWilliams was named

captain of the RBHS track team. She set Alabama state records in the 2A division in the 800-meter, 1,600-meter and 3,200-meter run. Claimed the Alabama State Title in cross country as a junior and senior. McWilliams earned four letters in basketball, two in tennis and one letter each in cheerleading and softball.

### McWILLIAMS PERSONAL RECORDS

#### 800-meter run

2:01.00 .....2004

#### 1500-meter run

4:06.75 .....2003

#### Mile

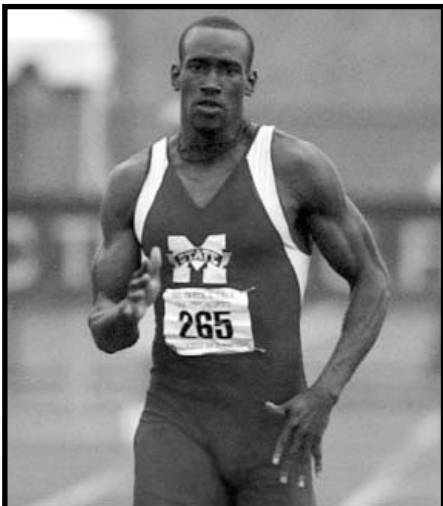
4:31.31 .....2004

#### 3000-meter run

9:26.29 .....2004

#### 5000-meter run

17:01.67 .....2004



## JAMEL ASHLEY (2001-05)

Former Bulldog Jamel Ashley joins a long list of MSU sprinters that have taken their running talents to the professional level. Ashley, concluded his collegiate days on a high note, recording second place-finish in the 400-meter dash at the NCAA Outdoor Championships. The Dudley, Ga.-native came to the Starkville campus after a two-year stint at Wallace State Community College in Alabama. He made immediate impact in 2004, earning all-American status in the 400-meter dash and in the 4x400-meter relay. He left his

mark in the MSU track and field laurels by shattering a ten year old record in the 400-meter relay at the 2005 NCAA Championships. The record was previously held by former bulldog sprinter Jude Monye. Ashley ran on the 4x4 squads that finished third at the Penn Relays and fifth at the 2005 NCAA Mideast Regional. He met five regional-qualifying marks in the 200-and 400-meter dashes combined. He set a Jace Lacoste Invitational in the 400-meter (45.69).

His individual wins include the 100-meter dash and 200-meter dash events at the 2004 MSU-hosted Jace Lacoste Invitational. At Wallace State Community College, he garnered six all-American honors and finish second in the 100 and 200 meters as a freshman at WSCC. An all-around athlete, Ashley participated in basketball and football on the prep level. He was named the Most Valuable Offensive Player for West Laurens High School on the gridiron.

After departing the Maroon and White program, Ashley continued his stellar performances in his events on the professional level within the United States and across the world. In the January, 2007 issue of *Track and Field News*, he ranks 15th on the 400-meter world list. A year ago, Ashley finished third in the 400-meter at the Tyson Invite, a meet that coincides with the Visa Championship Series. At the U.S. Championships in Indianapolis, Ind., the former Bulldog placed fifth in the 400-meter dash. He also participated in the 2006 Reebok Grand Prix along with an eighth-place finish at the Adidas Track Classic.

On the worldwide level, Ashley is a member of the U.S. 4x400-meter relay team that features Darold Williamson, Derrick Brew and LaShawn Merritt, world cup champion in the 400-meter. At the 2006 Norwich Union International event in Birmingham, England, Ashley captured the 400-meter dash over Russia's European Championships silver medalist Vladimir Frolov.



# OLYMPIANS

## 1920, The VIIth Olympiad

*Antwerp, Belgium*

Don Scott United States

## 1924, The VIIIth Olympiad

*Paris, France*

C.S Cochran United States

Early C. "Billy" Hayes United States

Lee Priester United States

Don Scott United States

W.O. Spencer United States

## 1928, The XIth Olympiad

*Amsterdam, The Netherlands*

Sid Robinson United States

W.O. Spencer United States

## 1980, The XXIIth Olympiad

*Moscow, Russia*

Lee Palles United States

## 1984, The XXIIIth Olympiad

*Los Angeles, Calif., USA*

Simeon Kigen Kenya

## 1988, The XXIVth Olympiad

*Seoul, Korea*

Falilatu Ogunkoya Nigeria

## 1992, The XXVth Olympiad

*Barcelona, Spain*

Festus Igbinoghene Nigeria

Falilatu Ogunkoya Nigeria

## 1996, The XXVIth Olympiad

*Atlanta, Ga., USA*

Jude Monye Nigeria

Falilatu Ogunkoya Nigeria

Julius Sedame Ghana

## 2000, The XXIVth Olympiad

*Sydney, Australia*

Pierre Browne Canada

Jude Monye Nigeria

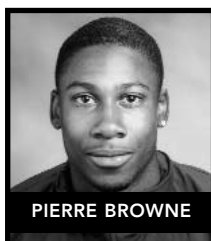
Falilatu Ogunkoya Nigeria

## 2004, The XXVIIIth Olympiad

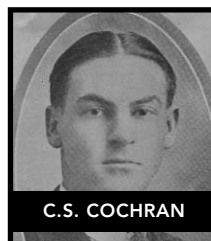
*Athens, Greece*

Pierre Browne Canada

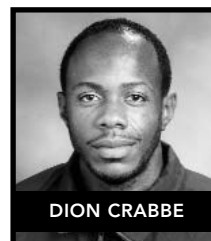
Dion Crabbe British Virgin Islands



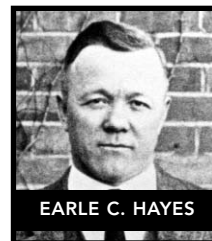
PIERRE BROWNE



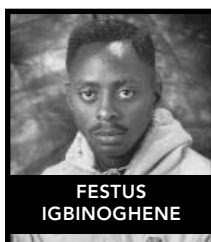
C.S. COCHRAN



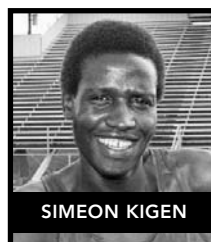
DION CRABBE



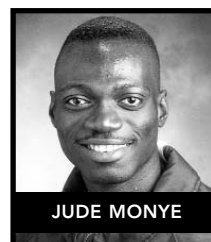
EARLE C. HAYES



FESTUS  
IGBINOGHENE



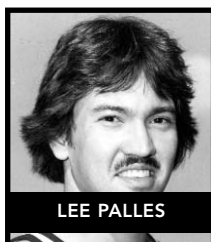
SIMEON KIGEN



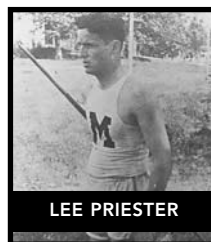
JUDE MONYE



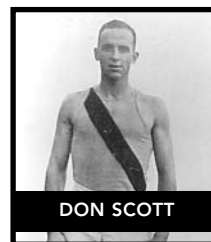
FALILATU  
OGUNKOYA



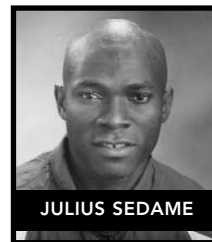
LEE PALLES



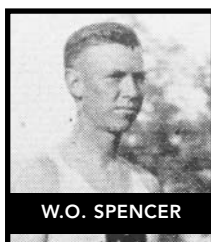
LEE PRIESTER



DON SCOTT



JULIUS SEDAME

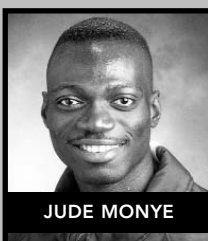


W.O. SPENCER

Not Pictured  
Sid Robinson

### MSU OLYMPIAN MEDALISTS

#### 2000 Silver Medalist



JUDE MONYE

4x400-meter relay

#### 1996 Silver and Bronze Medalist



FALILATU  
OGUNKOYA

4x400-meter relay  
(Silver)

400-meter dash  
(Bronze)

# THE UNIVERSITY



# MISSISSIPPI State

MSU has the largest enrollment in the state of Mississippi. Founded as a land-grant institution, its grass, flowers and trees are as prevalent as buildings, sidewalks and parking lots. Large enough to sport diversity in all areas, the university still maintains a warm, friendly atmosphere.

Ruby Hall, a residence hall with the largest single room size in university history, opened this past August. A co-residential, 160,000-square foot, three-story freshman hall, Ruby is located at the north end of campus, in convenient proximity to the Colvard Union, the Perry Cafeteria, Mitchell Memorial Library, the Sanderson Center and all athletic facilities. Ruby Hall offers students the latest in technology, including Ethernet access, full wireless internet coverage, a refrigerator and microwave, and free cable with HBO in each room. MSU freshman football players are housed in Ruby Hall.



The Colvard Union is a popular meeting place for MSU students. Whether working on a group project, enjoying the food court, or simply relaxing, the student union is one of the campus' main meeting places.

The Chapel of Memories and Carillon Tower were built with bricks from Old Main Dormitory, the largest residence hall in the country when constructed, later destroyed by fire in 1959. The Chapel of Memories, which hosts numerous weddings each year, is one of the most-recognized landmarks on campus.

The Drill Field, located squarely in the center of campus, shows the expanse of greenery for which the campus is famous.





# ***The People's University***

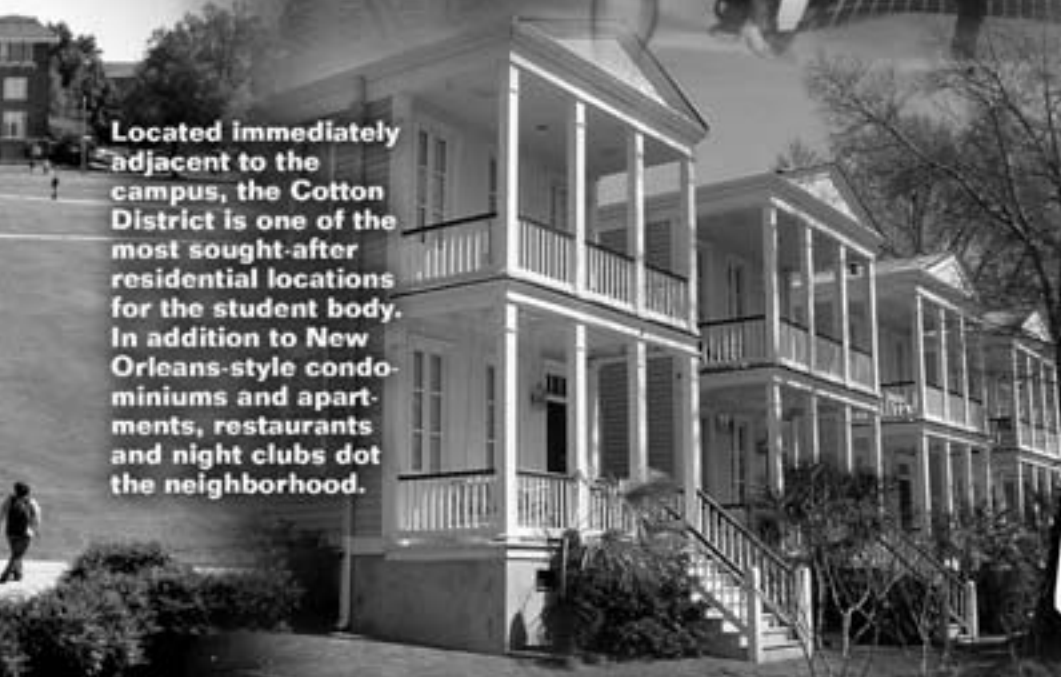


When built in the 1920s, Perry Cafeteria was the largest dining hall in the country. The 300-foot long, Gothic style interior is one of the most beautiful buildings on the campus. It has accommodations for 600 students, faculty and staff and serves as the dining hall for MSU athletes.

The \$19 million, 150,000-square foot Sanderson Center recreation complex opened to students in 1996. The state-of-the-art facility offers recreational opportunities in aquatics, fitness and aerobics, strength and conditioning, and intramural sports.



Located immediately adjacent to the campus, the Cotton District is one of the most sought-after residential locations for the student body. In addition to New Orleans-style condominiums and apartments, restaurants and night clubs dot the neighborhood.



# ATHLETIC Excellence

Mississippi State athletes play in some of the nation's finest facilities. Every Bulldog competition site has either been constructed or renovated during the last decade or so. During that time alone, more than \$60 million in facility enhancements have been made... a real building boom in Bulldog Country.



**DAVIS WADE STADIUM AT SCOTT FIELD:** Near-sellout crowds have become the norm at Davis Wade Stadium at Scott Field, where the Bulldogs have played before masses reaching 85 percent of stadium capacity. Since the 2000 season when expansion and renovation projects gave the nation's second-oldest stadium a gleaming new look, crowds have grown by nearly 30 percent.



**PITTS TENNIS CENTRE:** Considered among the finest tennis facilities in the collegiate ranks, the modern, six-court, 1,000-seat A.J. Pitts Tennis Centre recently completed its 23rd year serving the men's and women's programs. Recent enhancements at the facility include new locker areas and concession stands (1998) and a permanent press box (2004).

**W.D. SPENCER STADIUM/  
CARL MADDOX TRACK:** Co-named in honor of a two-time Mississippi State Olympian and a former MSU athletic director, the W.D. Spencer Stadium/Carl Maddox Track has served as host to the Southeastern Conference Outdoor Track and Field Championships three times since 1985, joining Tennessee as the most frequent host for that event during that time.



**DUDY NOBLE FIELD, POLK-DEMENT STADIUM:** One of the nation's leaders in baseball season ticket sales and attendance, Dudy Noble Field, Polk-Dement Stadium still holds the nation's on-campus single-game attendance mark — 14,991. With a seating capacity of more than 7,000 and more space in the world-famous outfield, *Sports Illustrated* magazine named the park, the "Best Place To Watch College Baseball" in a 1997 issue.

#### NEWELL GRISSOM BUILDING:

The 12,000-square foot, hardwood-floored Newell-Grissom Building serves as the home for Mississippi State's volleyball program and serves as a practice facility for both of the school's basketball programs. A state-of-the-art heating and air conditioning system was installed in 2004.

# Great Places

#### MSU GOLF COURSE:

Nominated by *Golfweek* and *Golf Digest* magazines as one of the premier public golf courses in the United States, Mississippi State's championship University Golf Course is the home to the men's and women's programs. The 18-hole course was recently furnished with a 5,000-square-foot clubhouse, complete with locker areas, snack bar, golf shop and classroom.



**MSU SOCCER FIELD:** Built in 1995, the lighted Mississippi State Soccer Field gives the Bulldog women one of the finest playing surfaces in the Southeast, a 114-yard long, 72-yard wide regulation NCAA Championship field. The lush turf is Mississippi Pride grass, developed by researchers on the MSU campus.



**MSU SOFTBALL FIELD:** Constructed in 1997, the Mississippi State Softball Field has undergone almost constant improvement at the northern-most point of campus. Lights were added to the facility in 1998, brick work was added to the dugouts two years later and, in 2001, additional batting cages were built. In 2005, softball moved into a new locker, training and meeting facility adjacent to the park.



**BRYAN BUILDING:** The state-of-the-art John H. Bryan Athletic Administration Building is the crown jewel of MSU's expansion projects of the last decade. Opened in 1996, this showcase facility is named for longtime Bulldog friend and supporter John H. Bryan Sr. and houses athletic administration, football, ticket, athletic development and media relations offices.



**HUMPHREY COLISEUM:** Season ticket sales records and all-time attendance marks have also been set over the past decade by Bulldog and Lady Bulldog basketball teams in the Humphrey Coliseum, the state's largest on-campus basketball arena. The latest addition to the facility was a \$1.8 million, center-hung, four-sided video scoreboard and jumbotron screen installed in 2004.





# ATHLETIC Excellence

MSU has played in the SEC Football Championship Game, the basketball Final Four, the baseball College World Series, and in numerous NCAA national title events since 1996. The last decade has brought overall achievement unmatched at State, and each new generation adds more hardware to the school's trophy cases.

The 1999 Maroon football team won its first eight games of the season, amassed 10 victories for just the second time in school history, and defeated Clemson in the Peach Bowl at Atlanta. Quarterback Wayne Madkin (above), State's all-time leading passer, was named the bowl game's Most Valuable Offensive Player.

State won the SEC Western Division title in 1998 and held a fourth-quarter lead on eventual national champion Tennessee in the league championship game at the Georgia Dome. The Bulldogs' appearance in the championship game garnered the school a berth in the 1999 Cotton Bowl.



MSU's 1998 men's tennis team was one of two Bulldog squads that reached the NCAA semifinals, losing to perennial national champion Stanford. The '98 team was one of 10 State net teams that earned NCAA Sweet 16 berths from 1991-2001.



State's soccer team captured the 2001 SEC Western Division crown, the first SEC championship of any kind by an MSU women's team. That title came in just the sport's seventh year of existence on the campus.



# Great Teams



The "thunder and lightning" duo of Rafael Palmeiro and Will Clark guided the Bulldog baseball program to SEC regular season and tournament titles, and to a national third-place finish at the College World Series in 1985. The '85 team's finish was the best of MSU's seven CWS squads.

Mississippi State's men's basketball program won the SEC Western Division title in 1995, advancing to the Sweet 16 before losing to eventual national champion UCLA. A year later, Darryl Wilson (00) helped lead the Bulldogs to another West title, the SEC Tournament championship, and to a berth in the national Final Four.

The Lady Bulldog basketball team has gone to seven postseason tournaments in the last nine years, including four NCAA Tournament appearances from 1999-2003. The '02 team (below) finished fourth in the SEC and defeated Boston College in the first round of the NCAA tourney before losing to nationally top-10 ranked Texas Tech in Lubbock.

The MState men's golf team captured the school's second-consecutive SEC Tournament title in 1997 and participated in NCAA regional competition for just the second time in school history.

# ATHLETIC Excellence

MSU student-athletes are prepared for life after their collegiate careers come to an end. Former State athletes succeed professionally in both sports and business.



**ERICK DAMPIER** led Bulldog basketball to back-to-back NCAA Tournament bids in 1995 and '96. Now a 10-year NBA veteran, he helped lead the Dallas Mavericks to an NBA Finals appearance this past season.

**TYRONE KEYS** (center) starred for the MSU football team from 1977-80, won Super Bowl XX with the Chicago Bears, and is founder and president of All Sports Community Service, a Tampa-based firm that assists high-risk youth.

**SAM NICHOLS** lettered four years for the MState football team (1973-76) and is currently a Colonel in the United States Army.

**BAILEY HOWELL**, who still ranks second on the school's all-time basketball scoring list, enjoyed a 12-year career in the NBA and was elected to the Basketball Hall of Fame in 1997.

# Great Alumni

**ROSA MARIELLA (JIMINEZ) MAHAN** was an ITA All-Academic Scholar women's tennis player for State in 1988, and is Senior VP and Regional Manager for Central America, the Caribbean, and Northern South America for Prisma Energy International in Houston, Texas.

**BUCK SHOWALTER** was an all-America baseball player at MSU in 1977 and has managed three clubs in the major leagues, currently serving as skipper of the Texas Rangers.

**BOBBY THIGPEN** helped MSU baseball to the College World Series in 1985 and still holds the Major League record for saves in a season (57 in 1990 with the Chicago White Sox).

Bulldog right-hander **JEFF BRANTLEY** (1982-85) still holds SEC records for pitching wins in a season (18) and career (45). After culminating his pro playing career, he now analyzes the game for ESPN's Baseball Tonight.



# UNIVERSITY PRESIDENT



## ROBERT H. FOGLESONG

UNIVERSITY PRESIDENT

First Year • West Virginia, 1968

Robert H. Foglesong is the 18th president of Mississippi State University, a land-grant university committed to excellence in learning, research, and service. His vision is for MSU to become the most respected land-grant school in the Southeast. As president, he is responsible for planning, budgeting, and execution for the largest university in the state of Mississippi. He is also the president and executive director of the Appalachian Leadership and Education Foundation, a nonprofit operating to identify our next generation of leaders in Appalachia and mentor/financially support their journey toward academic, leadership, and character excellence. He's a director of Massey Energy, one of the largest producers of coal in the nation, and a director of the Michael Baker Corp., an international energy and engineering firm. He also has been designated by President George W. Bush to co-chair the United States-Russia Joint Commission on POW/MIAs.

Previously, he was nominated by the President, confirmed by the U.S. Senate, and served as a four-star general in the United States Air Force. He had responsibility for policy recommendations and implementation of policy relative to personnel, operations, infrastructure, and intra/inter governmental affairs for an organization of 358,000 uniformed members and 158,000 civilian employees. He was responsible for planning/programming for future strategies involving an annual budget of \$90 billion (equivalent to the position of chief operating officer for a company ranked No. 9 on the Fortune 500 list). His jobs required almost daily interface with members of Congress, the White House, and many governmental interagency offices.

In previous positions, Foglesong had CEO responsibilities for field units with budgets up to \$3 billion per year (110th and 430th on the Fortune 500 list). These organizations included up to 87,000 personnel and dependents and were often geographically separated from corporate headquarters. Most involved mission-oriented operations and included responsibilities for housing, medical services, personnel force development, equal-opportunity programs, training, education, and other services for skilled technical and line employees.

He has most often been asked to lead and manage large organizations in establishing a sense of relevancy given a constantly changing national and international environment. Foglesong spent a significant amount of the past decade as a national security advisor at Cabinet and Presidential levels. In this capacity, he had opportunities to travel extensively with the most senior members of the government and directly engage with the most senior civilian and military levels of foreign governments around the globe.



Foglesong, an avid runner, enjoys running on the Carl Maddox Track at W.O. Spencer Stadium to prepare for marathons.

Foglesong has spent 33 years in public service with a clear understanding of the role leadership plays in establishing a sense of integrity/ethics, encouraging service above self, and fostering an attitude of excellence. He has received numerous awards for his demonstrated leadership. In addition, he has continued his education by attending professional military education schools, as well as advanced civilian education forums. He is a member of several professional aviation organizations and a member of the Council on Foreign Relations. His 57 publications cover a range of subjects including technical and leadership topics. A graduate of West Virginia University (bachelor's, master's and doctorate), he was a member and president of Tau Beta Pi, the national engineering honorary, as well as numerous other academic honoraries.

He has accumulated 30 military awards for leadership and technical skills. He holds an honorary Doctorate of Strategic Intelligence. He is married to Mary Thrasher Foglesong. They have two sons--David, married to Laura, and father of two sons (Robert and David), and Mark. David is in the United States Air Force, as is Laura. Mark is in the television business. Foglesong's hobbies include running marathons, collecting slide rules, collecting potato mashers, and public speaking.

### PAST MISSISSIPPI STATE UNIVERSITY PRESIDENTS

1880-1899	General Stephen D. Lee	1934-1945	George Duke Humphrey
1899-1900	John Marshall Stone	1945-1953	Fred Tom Mitchell
1900-1912	John Crumpton Hardy	1953-1960	Benjamin F. Hilbun
1912-1916	George R. Hightower	1960-1966	William L. Giles
1916-1920	William Hall Smith	1966-1976	James D. McComas
1920-1925	David Carlise Hull	1985-1997	Donald W. Zacharias
1925-1930	Buz M. Walker	1998-2001	Malcom A. Portera
1930-1934	Hugh Critz	2002-2006	J. Charles Lee





## LARRY TEMPLETON

DIRECTOR OF ATHLETICS

20th year • Mississippi State, 1969

Mississippi State Director of Athletics Larry Templeton begins his 20th year at the head of the Bulldog sport program in 2006, and under his watchful eye MSU competes, and has competed, for championships in every sport program. MState student-athletes continue to excel in the classroom, setting academic records nearly every semester. And the department

has operated in the black while expanding the program and drastically improving its facilities. He is the third-longest-tenured AD in MSU history and the longest in the Southeastern Conference with 19 seasons under his belt, and the university's athletic program has reached heights never before achieved under his guidance.

On the playing field, the decade of the '90s saw virtually every State sport establish a best-ever finish. The start of the new millennium has been no different with MSU sports teams having qualified for postseason play 51 times during the past seven seasons; a school-record 12 did so in 2004-05. But State's student-athletes are not just succeeding on the playing field. MSU's men's and women's athletes recorded the highest combined grade point average during the 2005-06 academic year in the 16 years in which student-athlete grades have been tracked, and the combined 2.95 grade point average in fall 2005 was a one-semester high. In 13 of the last 15 years, the Bulldog football team has been one of just a handful of schools cited by the American Football Coaches Association for having a graduation rate exceeding 70 percent. MSU is the only school in the SEC to make that list with such frequency. In spring 2006, 145 of the 270 scholarship student-athletes at Mississippi State (54 percent) earned a grade point average of 3.00 or higher. Seventy-eight scholarship student-athletes made either the Dean's List (3.5 GPA) or the President's Scholar List (3.8 GPA).

The early 1990's expansions and renovations of the Leo Seal M-Club Center, the Shira Athletic Complex, and the completion of the John H. Bryan Sr. Athletic Administration Building, were fueled by Templeton. That building trend continued into the latter stages of the '90s, with construction completed on permanent seating at the MSU Soccer Field, the conversion of McCarthy Gymnasium on campus into a varsity indoor tennis facility, and expanded seating at Humphrey Coliseum. Additional chairbacks and 18 skyboxes at Dudy Noble Field/Polk-DeMent Stadium, MSU's baseball facility, were completed in time for the 2000 season, and a \$30 million expansion of the east side of Scott Field raised capacity at the football stadium to 55,082. Fifty new skyboxes and 1,700 chairback seats opened for the 2001 season. Another building boom occurred during 2004-05. The Holliman Athletic Center (a 46,000-square-foot addition at the Shira Complex), the Palmeiro Center (an indoor practice facility for baseball and football), and a softball locker and training facility were added to the athletic facility plant.

Templeton's work also stretches far from the Starkville campus. He has served as chairman of the SEC's athletic directors since 1990. He has also begun a second term on the prestigious NCAA Baseball Committee, currently serving as that committee's chairman. He oversees the group that chooses the sites for regional and super-regional competition, selects the 64-member playing field, oversees the operation of the tournament, selects the umpire crews, gives direction to the game operations personnel and works with the radio and television talent. He is a former member of the NCAA Championship Committee, the NCAA Management Council and the NCAA Bowl Certification Committee.

Templeton is married to the former Linda Jo Nichols. They have a son, Brian, who received his second degree (landscape architecture) at Mississippi State in May 2002. A second son, Stephen, received his doctorate from Mississippi State in August 2002, and a daughter, Nici, is an attorney in Columbia, S.C. Granddaughters Ella Grace Comer and Addison McSwain Comer reside in Columbia, S.C.



## ANN CARR

ASSOCIATE AD/WOMEN'S SPORTS

8th year • Mississippi State, 1990

A veteran of 12 years in athletic administration at MSU and a former Lady Bulldog athlete, Ann Carr succeeds Samye Johnson, who retired as the university's senior woman's administrator in June 2006.

Carr is in her second stint within the State athletic department. She assumes her new role following seven years as Assistant Athletic Director for Student Life. In that position, she worked with the personal development of MSU's student-athletes in addition to continuing her prior responsibilities as academic counselor for the Bulldog football team.

Carr serves as the director of the department's Life Skills program, which includes the support systems and career programs for all MSU student-athletes, and its CHAMPS program (Challenging Athletes' Minds for Personal Success). As SWA, Carr will oversee the operation and supervision of MSU's women's sport program.

Hired in 1993 as an assistant director in the athletic academic office, she returned full-time to MState in 1999 following a one-year stay in a similar capacity at the University of Southern Mississippi.

A native of Brookhaven, Miss., Carr was a four-year letter winner on the Mississippi State women's basketball team (1986-90). When Carr finished her women's basketball playing career, she ranked first on the career leaders list in free-throw percentage, shooting 75.8 percent over a four-year span. She also ranked 12th on the career points list, having scored 762 points in her tenure, averaging 8.3 points per contest. In rebounding, Carr brought down 597 boards (6.5 per game) to finish her career sixth on the all-time list in rebounds and rebounding average. She also finished her career holding the individual record in most three-point field goals made (five) in a single game.

A 1990 graduate of State, she later earned her master's degree in counseling from the institution in 1992.

### ASSOCIATE ATHLETIC DIRECTORS

Dr. David C. Boles	Student Life
Greg Byrne	Development & External Affairs
Jim Ellis	External Operations
Straton Karatassos	Athletic Development
Duncan McKenzie	Internal Operations
Mike Nemeth	Media and Public Relations

### ASSISTANT ATHLETIC DIRECTORS

Ray Berryhill	Academic Advising
John R. Cade	Media and Public Relations
Mike Richey	Bulldog Club
Bobby Tomlinson	Athletic Facilities
Pat Wallace	Ticket Operations



# BULLDOG TRADITIONS

## THE BULLDOG

Mississippi State University athletic teams are called Bulldogs, a name earned and maintained over the decades by the tough, tenacious play of student-athletes wearing the Maroon and White. The official school mascot is an American Kennel Club registered English Bulldog, given the inherited title of "Bully."

As with most universities, Mississippi State University teams answered to different nicknames through the years. The first squads representing Mississippi A&M College were proud to be called Aggies. When the school officially became Mississippi State College in 1932, the nickname Maroons, for MSU's uniform color, gained prominence. Bulldogs became the official title for State teams in 1961, not long after State College was granted university status.

Yet references to school teams and athletes as Bulldogs actually go back to early in the century, and this nickname was used almost interchangeably with both Aggies and Maroons, since at least 1905.

On November 30 of that year, the A&M football team shut out their arch-rivals from the University of Mississippi 11-0 in Jackson, Miss. The campus newspaper, The Reflector, reported: "After the game, filled with that emotion that accompanies every great victory, there was nothing left for the cadets to do but to complete the great victory by showing sympathy for the dead athletic spirit of the University, by having a military funeral parade.

"A coffin was secured, decorated with University colors and a bulldog pup placed on top. It was then placed on the shoulders of a dozen cadets, and the procession started down Capitol Street, preceded by the brass band playing a very pathetic funeral march."

Other newspaper reports of the victory commented on the 'bulldog' style of play by the A&M eleven, and the Bulldog was soon publicly accepted as a school

athletic symbol. Accounts of a 1926 pep rally in Meridian, Miss., had another bulldog parading with students.

Use as an official game mascot began in 1935 when coach Major Ralph Sasse, on 'orders' from his team, went to Memphis, Tenn., to select a bulldog. Ptolemy, a gift of the Edgar Webster family, was chosen and the Bulldogs promptly defeated Alabama 20-7.

A litter-mate of Ptolemy became the first mascot called 'Bully' shortly after Sasse's team beat mighty Army 13-7 at West Point that

same year - perhaps the greatest victory in MSU football history. But Bully I earned other fame the hard way, in 1939 when a campus bus cut short his career.

Days of campus mourning followed, as Bully lay in state in a glass coffin. A half-mile funeral procession accompanied by the Famous Maroon Band and three ROTC battalions went to Scott Field where Bully was buried under the bench at the 50-yard line. Even Life magazine covered the event. Other Bullies have since been buried by campus dorms, fraternity houses, and also at the football stadium.



BULLY XIX - "TONKA"  
MSU'S CURRENT LIVE MASCOT

## THE COWBELL

The cowbell as a fixture of MSU sports tradition remains unclear to this day. The best records have cowbells gradually introduced to the MSU sports scene in the late 1930s and early 1940s, coinciding with the 'golden age' of MSU football success prior to World War II.

The most popular legend is that during a home football game between State and arch-rival Mississippi, a jersey cow wandered onto the playing field. Mississippi State soundly whipped the Rebels that Saturday, and State College students immediately adopted the cow as a good luck charm. Students are said



THE COWBELL  
A RESOUNDING SYMBOL OF MSU

to have continued bringing a cow to football games for a while, until the practice was eventually discontinued in favor of bringing just the cow's bell.

Whatever the origin, it is certain that by the 1950s cowbells were common at MSU games, and by the 1960s were established as the special symbol of Mississippi State. Ironically, the cowbell's popularity grew most rapidly during the long years when State football teams were rarely successful. Flaunting this anachronism from the

'aggie' days was a proud response by students and alumni to outsiders' corn of the university's 'cow college' history.

In the 1960s two MSU professors, Earl W. Terrell and Ralph L. Reeves obliged some students by welding handles on the bells so they could be rung with much more convenience and authority. By 1963 the demand for these long-handled cowbells could not be filled by home workshops alone so, at the suggestion of Reeves, the Student Association bought bells in bulk and the Industrial Education Club agreed to weld on handles. In 1964, the MSU Bookstore began marketing these cowbells with a portion of profits returning to those organizations.

Today many styles of cowbells are available on campus and around Starkville, with the top-of-the-line being a heavy chrome-plated model with a full Bulldog figurine handle. But experts insist the best and loudest results are produced by a classic long-handled, bicycle-grip bell made of thinner and tightly-welded shells.

Cowbells decorate offices and homes of Mississippi State alumni, and are passed down through generations of Bulldog fans. But they are not heard at Southeastern Conference games of a conference rule against 'artificial noise-makers' at football and basketball games. On a 9-1 vote, SEC schools ruled cowbells a disruption and banned them. And in 2002, the SEC voted to impose a set of penalties to enforce the rule.

This has done little harm to the cowbell's popularity, however, or to prevent cowbells from being heard outside stadiums in which the Bulldogs are playing.



The MSU Athletic Academic Office is committed to preparing Mississippi State University student-athletes for life after college. In order to accomplish this mission, the Athletic Academic Office provides quality programs and services to facilitate graduation and promote the overall development of student-athletes. The student services provided by the Athletic Academic Office are designed to promote the personal, educational and career development of the student-athletes. The Athletic Academic staff is committed to empowering student-athletes to develop independence, self-reliance, personal values, leadership skills and responsibility for their own lives.

The primary purpose of the Athletic Academic Office is to provide quality academic assistance to MSU student-athletes during their tenure at the university and beyond. Assisting student-athletes in the successful completion of their degrees is our main concern. In order to accomplish this mission, the Athletic Academic office has developed programs and activities in areas such as CHAMPS/Life Skills, Orientation, Academic Advisement, Academic Mentoring, Tutorial Services, Development, Study Skills, Career Exploration and Development and Life Management Skills.

## ADVISEMENT

The Athletic Academic Office assigns counselors by the program participants' sport. Academic Counselors assist student-athletes with class advising, tutoring, mentoring with career development, and selected petition processes. Counselors also serve as a resource for students in personal development areas including management of test anxieties, personal counseling and developing time management skills. Athletic Academic Counselors assist student-athletes throughout their educational experience at Mississippi State University and are available on both a walk-in basis and through scheduled appointments. All student-athletes are encouraged to utilize the Athletic Academic Counselor services.

The overall athletics program at Mississippi State garner national recognition for its high marks in the classroom and in the athletic arena. Each year, Mississippi State University produces a lion's share of Academic All-Southeastern Conference classroom stars. The goal now is to increase this level of academic success.

This is a daunting task for athletes competing with a full load of classes and a full sched-

ule of opponents and practices. However, Bulldog athletes continue to prove that they are up to the challenge as, each year, its number of academic all-SEC honor roll members increase.

The secret behind the academic success for Bulldog athletes is Mississippi State's athletic academic counselors, headed by Assistant Athletic Director Ray Berryhill along with academic counselors Tyler Hill, Lynda Moore, Victor Parker and Brittany Wagner. Joining this group are two graduate assistants and 40 part-time tutors who work in Hathorn Hall.

The Athletics Academic staff works as a liaison between the Athletic Department, undergraduate divisions and the administrative office of Mississippi State University. The staff offers career advice and counseling, makes sure all athletes are maintaining satisfactory progress toward their degrees and monitors academic eligibility. The advisors also secure tutors and schedule study sessions.

## SUPERVISED STUDY

Supervised study is a monitored study program designed to provide student-athletes with organized study/tutoring time in flexible environment conducive to successful learning. Study sessions are required for all first semester freshmen, transfer student-athletes and any student-athlete whom the appropriate coaching staff and the Athletic Academic Office staff believe would benefit from the experience.

Study sessions are to provide a more structured environment to assist student-athletes in their transition from high school to college. Any study area or learning center is available for use during these times. The hours required by the student's adviser will be totaled at the end of each week. The ultimate goal of supervised study is to assist studentathletes in developing their intellectual and academic potential and to familiarize the student with all services offered by the academic center.

## TUTORING

Tutors are provided for student-athletes in all subject areas. They are available on a one-to-one basis and in small group sessions. The Athletic Academic staff may recommend tutors for you, or you can request one for yourself. Tutoring services are usually arranged on an appointment basis. Student-athletes are expected to keep all tutoring appointments they schedule.

## ATHLETIC ACADEMIC STAFF

### MONITORS

- Academic Progress
- Class Attendance
- NCAA Rules To Ensure Academic Eligibility For Each Semester

### HAS RESPONSIBILITY FOR

- Study Hall Attendance
- Tutors
- Academic Counselors
- Lab with 17 Computers
- Issue of Textbooks to Scholarship Student-Athletes

## ACADEMIC SUCCESS BY MSU STUDENT-ATHLETES

- Over the past nine years, Mississippi State has placed the second-most student-athletes on the SEC Academic Honor Roll in the sports in which MSU competes.

- In the fall of 2005, State's student-athletes posted the highest-ever overall grade point average in MSU Athletics history with a 2.95 GPA.

- In the fall of 2005, MSU's male student-athletes posted the highest-ever men's grade point average in MSU Athletics history.

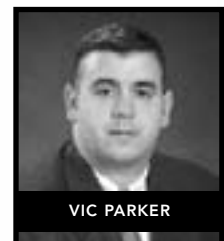
- In the spring of 2006, 78 of State's scholarship student-athletes were named to the Dean's List (3.50-3.79) or the President's List (3.8-above)

- In the spring of 2006, 54 percent of MSU's scholarship student-athletes earned a 3.0 or higher GPA.



LYNDA MOORE

Women's  
Academic Counselor



VIC PARKER

Men's  
Academic Counselor



# W.O. SPENCER STADIUM/ MADDOX TRACK



**W.O. SPENCER STADIUM/CARL MADDOX TRACK**

Co-named in honor of a two-time Olympian and a former MSU athletic director, the W.O. Spencer Stadium/Carl Maddox Track is the home of the Bulldog and Lady Bulldog track and field teams.

Dedicated on Nov. 13, 1982, with Maddox presiding, the W.O. Spencer Track Stadium was originally named in honor of one of MSU's all-time athletic greats. A former Mississippi A&M track captain (1922) and track coach (1936-47), Spencer participated in the 1924 Olympic Games in Paris and the 1928 Olympics in Amsterdam. He was a member of the gold medal-winning mile relay team in the 1924 Olympics, and also ran on the steeple relay team in 1928.

Carl Maddox Track is a 400-meter, nine-lane oval in addition to runways for use in the long jump, triple jump and pole vault events. The oval is a Sika/Bram "Granutan" track and is made of polyurethane, which provides a spike-resistant, highly resilient running surface.

The facility has served as host of three Southeastern Conference Outdoor Track and Field Championships - 1985, 1992 and 2002. MSU uses the facility to host two home meets each spring - The Jace Lacoste Invitational and the Bulldog Invitational along with a high school meet.



**CARL MADDOX TRACK**



**CARL MADDOX TRACK INFIELD**

Now in its third decade of service to Mississippi State's track and field program, the Spencer Stadium/Maddox Track was the vision of former MSU director of athletics Carl Maddox. In dire need of a new facility with a limited budget to work from, Maddox negotiated a deal with the Mississippi National Guard to provide all of the engineering and much of the labor as a training exercise. The facility was completed at a cost of around \$250,000. The track grandstand, which seats 3,500 fans, was a gift from Leo W. Seal Jr.



# FACILITY RECORDS



## W.O. SPENCER STADIUM/CARL MADDOX TRACK RECORDS

### MEN'S RECORDS

EVENT	MALE ATHLETE (SCHOOL)	RECORD	DATE
100-Meter Dash	Terry Scott (Tennessee)	10.06	5-17-85
	Steve Mullings (MSU)	10.06	4-2-05
110-Meter Hurdles	Ron Bramlett (Alabama)	13.42	5-11-02
200-Meter Dash	Justin Gatlin (Tennessee)	20.05	5-10-02
400-Meter Dash	Rickey Harris (Florida)	44.84	5-11-02
400-Meter Hurdles	Lueroy Colquhoun (LSU)	48.91	5-12-02
800-Meter Run	Otukile Lekote (S. Carolina)	1:45.27	5-12-02
1500-Meter Run	Dave Reid (Alabama)	3:41.95	4-19-86
3000-Meter Run	Travis McKay (MSU)	8:26.51	4-1-05
3000-Meter SC	Rickey Pittman (Tennessee)	8:35.11	5-17-85
5000-Meter Run	Brian Abshire (Auburn)	13:48.08	5-18-85
10,000-Meter Run	Daniel Lincoln (Arkansas)	29:24.55	5-10-02
4x100-Meter Relay	Lambert, Stamps,	38.66	5-12-02
	Gatlin, Scott (Tennessee)		
4x400-Meter Relay	Henderson, Griffiths,	3:04.37	5-18-85
	McDougald, Brooks (Auburn)		
High Jump	Matt Vincent (Florida)	7-03 <sup>1/4</sup>	5-12-02
Pole Vault	Jeff Hartwig (Bell)	18-10	3-30-96
Long Jump	Walter Davis (LSU)	26-05 <sup>1/4</sup>	5-11-02
Triple Jump	Alvin Haynes (Mississippi)	54-09	5-18-85
Shot Put	Garry Frank (MSU)	66-05	4-18-87
Discus	Mike Buncic (Kentucky)	213-09	5-18-85
Hammer	Andras Haklits (Georgia)	247-04	5-10-02
Javelin	Rob Curtis (Kentucky)	255-07	5-18-85
Decathlon	Aric Long (Tennessee)	7,683	5-15-92

### WOMEN'S RECORDS

EVENT	FEMALE ATHLETE (SCHOOL)	RECORD	DATE
100-Meter Dash	Muna Lee (LSU)	11.19	5-12-02
100-Meter Hurdles	Michelle Freeman (Florida)	12.79	5-17-92
200-Meter Dash	Stephaine Durst (LSU)	22.48	5-12-02
400-Meter Dash	LaShinda Demus (S. Carolina)	51.24	5-12-02
400-Meter Hurdles	Tiffany Ross (S. Carolina)	55.75	5-18-85
800-Meter Run	Tiffany McWilliams (MSU)	2:03.21	4-10-04
1500-Meter Run	Tiffany McWilliams (MSU)	4:15.72	4-10-04
3000-Meter Run	Shelly Steely (Florida)	9:18.40	5-18-85
3000-Meter SC	Kylene Kowherko (Vanderbilt)	10:34.21	5-11-02
5000-Meter Run	Shelly Steely (Florida)	16:12.89	5-17-85
10,000-Meter Run	Shelly Steely (Florida)	34:23.53	5-17-85
4x100-Meter Relay	Bowles, Taplin,	43.89	5-17-92
	Sheffield, Duhaney (LSU)		
4x400-Meter Relay	Williamson, Williamson,	3:34.29	5-17-92
	Onyali, Campbell (Auburn)		
High Jump	Latifah Long (Georgia)	5-11 <sup>1/4</sup>	5-9-98
Pole Vault	Michelle Leggett (Arkansas St.)	13-03	3-31-01
Long Jump	Elva Goulbourne (Auburn)	22-04 <sup>1/2</sup>	5-11-02
Triple Jump	Oksana Miroshnichenko	44-00	3-29-97
Shot Put	Jessica Cross	55-03 <sup>1/4</sup>	3-13-99
Discus	Diane Slinden (Tennessee)	180-01	5-11-02
Hammer	Dawn Ellerbe	223-04	3-12-99
Javelin	Iris Gronfelt (Alabama)	174-00	5-17-92
Heptathlon	Sharon Jaklofsky (LSU)	5,904	5-15-92

## JACE LACOSTE INVITATIONAL RECORDS (SINCE 1996)

### MEN'S RECORDS

EVENT	RECORD	MALE ATHLETE (SCHOOL)	YEAR
100-Meter Dash	10.32	Bryan Howard (Auburn)	1996
	10.32	Dion Crabbe (MSU)	2002
200-Meter Dash	20.71	Dion Crabbe (MSU)	2002
400-Meter Dash	45.69	Jamel Ashley (MSU)	2005
800-Meter Run	1:49.89	Elmore McConnell	2001
1500-Meter Run	3:51.82	Blake Boldon (SMS)	2002
3000-Meter Run	8:34.57	Jason Foolkes (McNeese St.)	2001
3000-Meter SC	9:24.08	Joe Simolari (Auburn)	1996
5000-Meter Run	14:57.96	Marcel Matanin	1998
110-Meter Hurdles	13.82	Kelvin Harris	2004
400-Meter Hurdles	50.74	Edridge Darling (Tulane)	2000
4x100-Meter Relay	39.58	Mississippi	2002
4x400-Meter Relay	3:08.84	Mississippi State	1996
High Jump	7-01	Jason Cornelius (Wallace St.)	1999
Pole Vault	18-10	Jeff Hartwig (Bell)	1996
Long Jump	25-05 <sup>1/4</sup>	Shantel Glass (Mississippi)	2002
Triple Jump	52-05	Sam Hill (Arkansas St.)	1996
Shot Put	62-04	Peter Gudmundson	1997
Discus	170-10	Jay Heddell (SMS)	2002
Hammer	186-04	Matt Holcomb (MSU)	2004
Javelin	211-06	Juan Lopez (Auburn)	1996

### WOMEN'S RECORDS

EVENT	RECORD	FEMALE ATHLETE (SCHOOL)	YEAR
100-Meter Dash	11.67	Camille Harper (MSU)	1999
200-Meter Dash	23.44	Willisa Heintz (Mississippi)	2002
400-Meter Dash	53.30	Nadia Graham (MTSU)	1996
800-Meter Run	2:03.21	Tiffany McWilliams (MSU)	2004
1500-Meter Run	4:15.72	Tiffany McWilliams (MSU)	2004
3000-Meter Run	9:48.17	Rachel Sauder (Auburn)	1996
3000-Meter SC	11:03.78	Meggan Hodge (MSU)	2005
5000-Meter Run	17:01.67	Tiffany McWilliams (MSU)	2003
100-Meter Hurdles	13.60	Brandit Copper (Alabama)	2000
400-Meter Hurdles	57.86	Petagay Gayle (Alabama)	2000
4x100-Meter Relay	45.43	Mississippi State	2001
4x400-Meter Relay	3:39.54	Mississippi State	2000
High Jump	5-10 <sup>3/4</sup>	Jasmine Walls (MSU)	2006
Pole Vault	12-00	Michelle Legatt (Arkansas St.)	2005
Long Jump	20-06 <sup>1/4</sup>	Elisha Williams (MSU)	2000
Triple Jump	44-00	Oksana Miroshnichenko	1997
Shot Put	50-00 <sup>3/4</sup>	Melissa Gibbons (La. Tech)	2002
Discus	177-03	Safiya Ingram (Alabama)	2000
Hammer	176-10	Heather Jenkins (SE Missouri)	2004
Javelin	157-08	Catherine Betz (Tulane)	2000



# STARKVILLE, MISSISSIPPI

## STARKVILLE - PLAYING TO WIN!

When it's your turn to play, Starkville is the best game around. With more dining, shopping and recreational opportunities than ever before, plus great annual events like the Magnolia Independent Film Festival, the Cotton District Arts Festival, the Sturgis Motorcycle Rally, and exciting SEC athletics, Starkville takes it to the rim and scores '2': exciting travel fun and hometown hospitality. Whether your starting lineup includes cheering at "The Hump," bird-watching at the Noxubee National Wildlife Refuge, walking through a historic district, or practicing your golf swing, you'll score big with all the choices for fun and relaxation in Starkville.

## CITY BACKGROUND

Founded in 1831 under the name "Boardtown," Starkville was incorporated and received its charter in 1837. Renamed for General John Stark, a Revolutionary War hero, Starkville is a thriving community located in the heart of Mississippi, easily accessible to metropolitan areas, such as Jackson, Birmingham and Memphis - and just 25 minutes from the Natchez Trace Parkway.

## MISSISSIPPI STATE UNIVERSITY

A college town for more than a century, Starkville is surrounded by the energy and enthusiasm of the "Peoples University." Boasting an enrollment in excess of 16,000 students, Mississippi State University is the largest university in the state. MSU serves up exciting SEC sports action with its championship football, basketball and baseball teams. The university is also a national leader in veterinary medicine, agricultural research and engineering. Plus, MSU is home to both the highly acclaimed Lyceum Series and the Mississippi Piano Showcase, attracting the best cultural talent from around the world.

When you visit the campus, be sure to stop at the John Grisham Room at the Mitchell Memorial Library where America's best-selling author and 1977 MSU alum exhibits a personal collection of papers and publications. While at the library, you can also visit the Charles H. Templeton Sr. Music Museum, which showcases over 22,000 pieces of sheet music, records and musical instruments from the 1890s Ragtime Era. Don't miss the other complimentary tours available at MSU where visitors may watch how the university's famous Edam cheese is made, taste MSU wine, juice and jellies that are produced from muscadine grapes.

## THE GREAT OUTDOORS

Spectacular natural scenery flourishes every season in our part of the world. A year-round temperate climate makes Starkville an excellent destination for outdoor enthusiasts. Offering visitors a national wildlife refuge for hunting, picnicking, bird-watching, and hiking - as well as plentiful lakes for fishing - Starkville can't be beat. Those who have discovered the 48,000-acre Noxubee National Wildlife Refuge know that it is an outdoor paradise, and a place where America's symbol of freedom, the bald eagle, as well as alligators, red cockaded woodpeckers, bobcats and wild turkeys call home.

Nearby is the John W. Starr Memorial Forest, an 8,200-acre natural woodlands park, and the Tennessee-Tombigbee Waterway, offering 1,000 miles of shoreline and 110,000 acres of land and water for play.

## HOSPITALITY

Starkville is proud of its Southern hospitality, and our dining and lodging options are no exception. With more than 50 restaurants offering everything from down-home cooking and mouthwatering barbecue to fine dining and exotic cuisine, there is something to please every palette. Our lodging options range from national hotel chains to a full-service historic hotel, perfect for families or romantic weekend getaways.

## ENTERTAINMENT

Starkville offers big-city entertainment choices as well. One of the smallest towns in the nation that touts a symphony orchestra and chorus, Starkville also actively supports a community theater. Top-name entertainers and speakers are brought to town through the Lyceum and LECTERN Series, as well as through Music Maker Productions. The Blackfriars Drama Society, the Madrigal Singers, art exhibits, award-winning Mississippi State faculty concerts, as well as exciting year-round events, such as rodeos and horse shows at the Mississippi Horse Park, all add to the numerous cultural activities available.

