



2020 MISSISSIPPI STATE WOMEN'S CROSS COUNTRY

Head Coach Patrick McGregor (Second Season)

2 NCAA Championships Appearances

4 All-Americans

SEC PREVIEW

Sept. 19, 2020 | Baton Rouge, La. | 5K

TEAM RESULTS

1.	Arkansas	15
2.	Ole Miss	46
3.	LSU	96
4.	Mississippi State	103
5.	Texas A&M	126

INDIVIDUAL RESULTS

8.	Sylvia Russell	17:28.6
23.	Audrey Honiotes	18:17.4
27.	Breja Hooks	18:32.0
30.	Ava Weems	18:34.6
34.	Mary Beth Woodward	18:54.8
35.	Emma Tucker	19:00.2
37.	Ashley Melcherts	19:08.4
43.	Caroline Mattox	19:53.8
44.	Savannah Schwab	19:53.9

FSU INVITE

Oct. 2, 2020 | Tallahassee, Fla. | 5K

TEAM RESULTS

1.	Florida State	38
2.	Alabama	51
3.	Georgia Tech	97
4.	Georgia	134
5.	Boston College	135
6.	Mississippi State	151
7.	Florida	170
8.	Clemson	188
9.	Auburn	262
10.	Miami (Fla.)	290

INDIVIDUAL RESULTS

9.	Sylvia Russell	17:13.6
25.	Audrey Honiotes	17:46.2
41.	Sylvia De La Pena Garibay	18:02.0
46.	Ashley Melcherts	18:04.7
47.	Breja Hooks	18:06.3
62.	Ava Weems	18:25.4
64.	Emma Tucker	18:31.4
74.	Mary Beth Woodward	18:42.6
85.	Stephanie Peterson	19:10.6
97.	Caroline Mattox	19:49.5

UAB BLAZER CLASSIC

Oct. 16, 2020 | Hoover, Ala. | 6K

TEAM RESULTS

1.	Arkansas	32
2.	Georgia Tech	104
3.	Florida State	115
4.	Ole Miss	118
5.	Tennessee	121
6.	Kentucky	126
7.	Middle Tennessee State	167
8.	Vanderbilt	221
9.	Florida	224
10.	Mississippi State	235

INDIVIDUAL RESULTS

19.	Sylvia Russell	20:51.87
47.	Sylvia De La Pena Garibay	21:33.40
52.	Audrey Honiotes	21:39.20
79.	Breja Hooks	22:18.53
82.	Ava Weems	22:24.95
85.	Sydney Steely	22:31.73
90.	Emma Tucker	22:40.57
92.	Mary Beth Woodward	22:43.59
102.	Ashley Melcherts	22:59.65
108.	Caroline Mattox	24:17.06



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SEC CHAMPIONSHIP

Oct. 30, 2020 | Baton Rouge, La. | 6K

TEAM RESULTS

1.	Arkansas	41
2.	Alabama	57
3.	Ole Miss	97
4.	Kentucky	98
5.	LSU	173
6.	Vanderbilt	198
7.	Missouri	230
8.	Georgia	249
9.	Florida	257
10.	Mississippi State	258
11.	South Carolina	277
12.	Auburn	288
13.	Texas A&M	294

INDIVIDUAL RESULTS

23.	Sylvia Russell	20:48.9
47.	Breja Hooks	21:29.5
56.	Audrey Honiotes	21:36.5
77.	Ava Weems	22:02.1
93.	Emma Tucker	22:19.3
97.	Sydney Steely	22:24.1
107.	Ashley Melcherts	22:35.1
108.	Mary Beth Woodward	22:36.0
114.	Silvia De La Pena Garibay	22:53.1



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INDIVIDUAL BREAKDOWN

Silvia De La Pena Garibay

18:02.2 ! FSU Invite 5K
21:33.40 UAB Blazer Classic 6K
22:53.1 SEC Championship 6K

Audrey Honiotes

18:17.4 ! SEC Preview 5K
17:46.2 ! FSU Invite 5K
21:39.20 ! UAB Blazer Classic 6K
21:36.5 ! SEC Championship 6K

Breja Hooks

18:32.0 SEC Preview 5K
18:06.3 ! FSU Invite 5K
22:18.53 UAB Blazer Classic 6K
21:29.5 ! SEC Championship 6K

Caroline Mattox

19:53.8 ! SEC Preview 5K
19:49.5 ! FSU Invite 5K
24:17.06 ! UAB Blazer Classic 6K

Ashley Melcherts

19:08.4 ! SEC Preview 5K
18:04.7 ! FSU Invite 5K
22:59.65 ! UAB Blazer Classic 6K
22:35.1 ! SEC Championship 6K

Stephanie Peterson

19:10.6 FSU Invite 5K

Sylvia Russell

17:28.6 ! SEC Preview 5K
17:13.6 ! FSU Invite 5K
20:51.87 ! UAB Blazer Classic 6K
20:48.9 ! SEC Championship 6K

Savannah Schwab

19:53.9 ! SEC Preview 5K

Emma Tucker

19:00.2 SEC Preview 5K
18:31.4 FSU Invite 5K
22:40.57 UAB Blazer Classic 6K
22:19.3 SEC Championship 6K

Ava Weems

18:34.6 SEC Preview 5K
18:25.4 FSU Invite 5K
22:24.95 UAB Blazer Classic 6K
22:02.1 SEC Championship 6K

Mary Beth Woodward

18:54.8 SEC Preview 5K
18:42.6 ! FSU Invite 5K
22:43.59 UAB Blazer Classic 6K
22:36.0 SEC Championship 6K

KEY

! Personal best