



UAB

WOMEN'S SOCCER



2026 SCHEDULE & RESULTS

8.5	AT JACKSONVILLE STATE (EXH)	
8.8	AT SOUTH ALABAMA (EXH)	
8.12	GEORGIA STATE	W, 4-2
8.16	MISSISSIPPI STATE	7 P.M.
8.20	AT WESTERN KENTUCKY	7 P.M.
8.23	OLE MISS	6 P.M.
8.27	AT UCF	7 P.M.
9.3	AUBURN	7 P.M.
9.6	AT ULM	1 P.M.
9.10	AT SAMFORD	6 P.M.
9.17	AT TEMPLE	7 P.M.
9.24	FLORIDA ATLANTIC	7 P.M.
9.27	AT EAST CAROLINA	1 P.M.
10.1	NORTH TEXAS	7 P.M.
10.8	AT RICE	6 P.M.
10.11	AT UTSA	1 P.M.
10.22	TULSA	7 P.M.
10.25	CHARLOTTE	7 P.M.
10.30	AT SOUTH FLORIDA	7 P.M.
11.3	MEMPHIS	7 P.M.

2026 AMERICAN STANDINGS

TEAM	CONF	OVERALL
CHARLOTTE	0-0-0	0-0-0
EAST CAROLINA	0-0-0	0-0-0
FLORIDA ATLANTIC	0-0-0	0-0-1
MEMPHIS	0-0-0	1-0-0
NORTH TEXAS	0-0-0	0-0-0
RICE	0-0-0	0-1-0
SOUTH FLORIDA	0-0-0	0-1-0
TEMPLE	0-0-0	0-1-0
TULSA	0-0-0	0-0-0
UAB	0-0-0	1-0-0
UTSA	0-0-0	0-0-1

UAB VS MISSISSIPPI STATE

MATCH

2

SUNDAY, AUGUST 16 | 7 PM CST | ESPN+
BIRMINGHAM, ALA. | PNC FIELD

LIVE STATS | STATBROADCAST.COM

SERIES RECORD: 4-2-0

LAST RESULT: 8/27/10 - STARKVILLE, MISS. - W, 3-0



HEAD COACH:	LISA MANN	HEAD COACH:	KEVIN O'BRIEN
RECORD:	61-33-20 (8TH YEAR)	RECORD:	156-81-37 (15TH YEAR)
AT UAB:	21-18-16 (4TH YEAR)	AT MISSISSIPPI STATE:	1-0 (1ST YEAR)
RECORD VS MISSISSIPPI STATE:	0-0-0	RECORD VS UAB:	0-0-0
RECORD:	1-0-0	RECORD:	1-0-0
CONFERENCE:	0-0-0	CONFERENCE:	0-0-0
HOME:	1-0-0	HOME:	1-0-0
ROAD:	0-0-0	ROAD:	0-0-0
NEUTRAL:	0-0-0	NEUTRAL:	0-0-0
LAST 5:	0-0-0	LAST 5:	0-0-0
STREAK:	W1	STREAK:	W1
NCAA RPI:	-	NCAA RPI:	-
UNITED SOCCER RANK:	-	UNITED SOCCER RANK:	-
GOALS	4	GOALS	3
GOALS PER GAME	4.00	GOALS PER GAME	3.00
SHOTS	18	SHOTS	26
SHOTS PER GAME	18.00	SHOTS PER GAME	26.00
SHOTS PERCENTAGE	.222	SHOTS PERCENTAGE	.115
SHOTS ON GOAL	5	SHOTS ON GOAL	12
SHOTS ON GOAL PERCENTAGE	.278	SHOTS ON GOAL PERCENTAGE	.462
YELLOW CARDS	1	YELLOW CARDS	1
RED CARDS	0	RED CARDS	0
ASSISTS	3	ASSISTS	3
SAVES	4	SAVES	0
FOULS	7	FOULS	15
CORNER KICKS	5	CORNER KICKS	12
PENALTY KICKS	0-0	PENALTY KICKS	0-0

GENERAL

Location.....	Birmingham, Ala.
Founded	1969
Enrollment.....	22,563
President	Dr. Ray Watts
Athletics Director.....	Mark Ingram
Faculty Athletics Representative.....	Dr. Frank Messina
Sport Administrator	Brad Hardekopf
Nickname	Blazers
School Colors.....	Green (PMS 3425) & Old Gold (PMS 617)
Home Facility (Capacity)	PNC Field (6,500)
Affiliation	NCAA Division I
Conference	American Conference

HISTORY

First Season.....	1996
All-Time Record.....	246-260-65
All-Time American Conference Record.....	10-8-11
NCAA Tournament Appearances/Last.....	2/2006

COACHING STAFF

Head Coach	Lisa Mann (4th season)
Alma Mater	Martin Methodist (2000)
Record at UAB.....	21-18-16
Overall Record.....	61-33-20
Associate Coach.....	Mark Hiller (4th season)
Alma Mater	Ashford (2014)
Assistant Coach	Lucas Costa (3rd season)
Alma Mater	Shorter (2020)

TEAM INFORMATION

Players Returning/Lost.....	19/8
Newcomers	8
Breakdown by Class (Sr./Jr./So./Fr.)	14/3/4/6
Breakdown by State/Province/Country	
Alabama (2)	Mills, Mitchell
Arkansas (1)	Sommer
California (1)	Goehring
Canada (2)	Parsons, Naihin
England (3)	Leath, Cole, Wilson
Florida (2)	Aiken, Lucero
Georgia (8).....	Berryman, Pace, Graeser, Metts, Stewart, Osborne, Gibbons, Servine
Israel (1)	Sirota
Louisiana (2)	Roberts, Dantin
Maryland (1)	Bolinger
North Carolina (1).....	Tart
Oklahoma (1)	Keeling
Sweden (1).....	Larsson
Texas (1).....	Murphy

SOCIAL MEDIA

UAB Women's Soccer Twitter	@UAB_WSOC
UAB Women's Soccer Instagram.....	UAB_WSOC
UAB Athletics Twitter	@UAB_Athletics
UAB Athletics Facebook.....	UAB.Blazers
UAB Athletics You Tube	UABathletics
UAB Athletics Instagram	uab_athletics

ATHLETICS COMMUNICATIONS

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Cell Phone	901-834-1278
Mailing Address	617 13th Street South Birmingham, AL 35294
Website.....	www.UABSports.com

WE ARE UAB

The University of Alabama at Birmingham (UAB) has been an autonomous member of the University of Alabama system since 1969 and has had an intercollegiate athletic program since 1977.

Please note that there are only two correct versions of our name: **UAB** and **The University of Alabama at Birmingham.**

WE ARE NOT:

Alabama-Birmingham
Ala.-Birmingham
Ala.-Birm.
UA-Birmingham
U.A.B.

UAB HOSTS MISSISSIPPI STATE

UAB women's soccer welcomes Mississippi State on Sunday, August 16. Kickoff is set for 7 p.m. CT.

SERIES HISTORY

UAB leads the all-time series 4-2-0. Last time the Blazers faced the Bulldogs was Aug. 27, 2010, in Starkville, Miss., where UAB earned a 3-0 win.

COMMON OPPONENTS

UAB and Mississippi State face three common opponents during the 2026 season.

	UAB	MSU
Ole Miss	Aug. 23	Sept. 11
Auburn	Sept. 3	Oct. 18
Charlotte	Oct. 8	Sept. 6

LAST TIME OUT FOR THE BLAZERS

UAB opened the season defeating Georgia State 4-2. Morgan Goehring, Emily Cole, Lailah Stewart and Avery Berryman each found the back of the net for the Blazers. Berryman, Vita Naihin and goalkeeper Leah Parsons both recorded assists.

SCOUTING THE BULLDOGS

Mississippi State defeated South Alabama 3-0 to open the season. Kati Anne Shepherd, Hailey Johnson and Reganne Morris all recorded goals for the Bulldogs. MSU brought in 19 new players while nine letterwinners returned with one being a starter.

NEW FACES

UAB brought in eight new players for the 2026 season from the high school level (6) and via the transfer portal (2).

FAMILIAR FACES

The Blazers return 19 players from last season with 10 being starters.

WE'RE ALL FROM SOMEWHERE

UAB women's soccer has student-athletes from 10 states and four different countries (Canada, England, Israel and Sweden). Georgia is the most

well-represented state with eight Blazers while England is the most well-represented country outside of the U.S. with three players.

RETURNING PRODUCTION

UAB's top three goal scorers from last season have all returned for the 2026 season in Lailah Stewart (8), Avery Berryman (5) and Ava Mills (4).

GOAL SCORERS

Morgan Goehring opened UAB's scoring for the 2026 season when she scored her first goal as a Blazer against Georgia State in the season opener. It marked her 15th career goal.

Freshman Emily Cole scored her first collegiate goal in the season opener against Georgia State.

Lailah Stewart continued producing for UAB with her first goal of the 2026 season after she led the team last season with eight goals. Stewart has tallied 17 career goals.

Avery Berryman scored her seventh career goal against Georgia State to start the season.

THE AMERICAN WATCHLIST

Berryman, Mills and Stewart were all selected to the American Conference Preseason Watchlist. After last season's efforts on the pitch, Stewart earned a spot on the All-Conference First Team, Berryman was selected to the All-Conference Second Team and Mills earned a spot on the All-Conference Third Team.



**2026-27 UAB Women's Soccer
Combined Statistics
All games**

Page 1/1
as of Aug 14, 2026

Date	Opponent		Score	Att.
08/12/2026	Georgia St.	W	4-2	201

Team statistics

	UAB	OPP
SHOT STATISTICS		
Goals-Shot attempts	4-18	2-12
Goals scored per game	4	2
Shot pct.	.222	.167
Shots on goal-Attempts	5-18	6-12
SOG pct.	.278	.500
Shots/Game	18	12
Assists	3	1
GOAL BREAKDOWN		
Total Goals	4	2
Penalty	0	1
Unassisted	-	-
Overtime	0	0
Goals scored average	4	2
CORNER KICKS	5	5
PENALTY KICKS	0-0	1-1
OFFSIDES	1	2
PENALTIES		
Fouls	7	7
Yellow cards	1	1
Red cards	0	0
ATTENDANCE		
Total	201	0
Dates/Avg Per Date	1/201	0/0
Neutral Site #/Avg	0/0	-

Record	Overall	Home	Away	Neutral
All Games	1-0-0	1-0-0	0-0-0	0-0-0
Conference	0-0-0	0-0-0	0-0-0	0-0-0
Non-Conference	1-0-0	1-0-0	0-0-0	0-0-0

#	Player	GP	G	A	PTS	SH	SH%	SOG	SOG%	GWG	PK-ATT
10	Berryman, Avery	1	1	1	3	5	.200	1	.200	0	0-0
9	Cole, Emily	1	1	0	2	4	.250	2	.500	0	0-0
22	Stewart, Lailah	1	1	0	2	3	.333	1	.333	1	0-0
4	Goehring, Morgan	1	1	0	2	1	1.000	1	1.000	0	0-0
1	Parsons, Leah	1	0	1	1	0	.000	0	.000	0	0-0
11	Naihin, Vita	1	0	1	1	0	.000	0	.000	0	0-0
5	Sirota, Maia	1	0	0	0	2	.000	0	.000	0	0-0
23	Gibbons, Brea	1	0	0	0	1	.000	0	.000	0	0-0
21	Metts, Ava	1	0	0	0	1	.000	0	.000	0	0-0
14	Keeling, Caitlin	1	0	0	0	1	.000	0	.000	0	0-0
17	Mills, Ava	1	0	0	0	0	.000	0	.000	0	0-0
3	Larsson, Louise	1	0	0	0	0	.000	0	.000	0	0-0
13	Lucero, Lauren	1	0	0	0	0	.000	0	.000	0	0-0
18	Graeser, Abby	1	0	0	0	0	.000	0	.000	0	0-0
24	Osborne, Kourtney	1	0	0	0	0	.000	0	.000	0	0-0
28	Bolinger, Sydney	1	0	0	0	0	.000	0	.000	0	0-0
2	Sommer, Lola	1	0	0	0	0	.000	0	.000	0	0-0
Total		1	4	3	11	18	.222	5	.278	-	0-0
Opponents		1	2	1	5	12	.167	6	.500	-	1-1

##	Goalie	GP	MIN.	GA	GA AVG	SAVES	PCT	W-L-T	SHO/CBO
1	Parsons, Leah	1	90:00	2	2.00	4	.667	1-0-0	0/0
TM	TEAM	-	00:00	0	0.00	0	.000	0-0-0	0/0
Total		1	90:00	2	2.00	4	.667	1-0-0	0
Opponents		1	90:00	4	4.00	1	.200	0-1-0	0

Goals by Periods

Team	1st	2nd	OT1	OT2	TOTAL
UAB	2	2	0	0	4
Opponents	2	0	0	0	2

Shots by Periods

Team	1st	2nd	OT1	OT2	TOTAL
UAB	6	12	0	0	18
Opponents	8	4	0	0	12

Saves by Periods

Team	1st	2nd	OT1	OT2	TOTAL
UAB	2	2	0	0	4
Opponents	0	1	0	0	1

Corners by Periods

Team	1st	2nd	OT1	OT2	TOTAL
UAB	2	3	0	0	5
Opponents	1	4	0	0	5

Fouls by Periods

Team	1st	2nd	OT1	OT2	TOTAL
UAB	3	4	0	0	7
Opponents	3	4	0	0	7



2026-27 UAB Women's Soccer
Category Leaders
All games

Page 1/1
 as of Aug 14, 2026

##	Points	GP	G	A	Pts	Shots
10	Berryman, Avery	1	1	1	3	5
4	Goehring, Morgan	1	1	0	2	1
22	Stewart, Lailah	1	1	0	2	3
9	Cole, Emily	1	1	0	2	4

##	Shots	GP	G	A	Shots	Shot%
10	Berryman, Avery	1	1	1	5	.200
9	Cole, Emily	1	1	0	4	.250
22	Stewart, Lailah	1	1	0	3	.333
5	Sirota, Maia	1	0	0	2	.000
4	Goehring, Morgan	1	1	0	1	1.000
14	Keeling, Caitlin	1	0	0	1	.000
21	Metts, Ava	1	0	0	1	.000
23	Gibbons, Brea	1	0	0	1	.000

##	Goals	GP	G	A	Pts	Shots
4	Goehring, Morgan	1	1	0	2	1
22	Stewart, Lailah	1	1	0	2	3
10	Berryman, Avery	1	1	1	3	5
9	Cole, Emily	1	1	0	2	4

##	Shots On Goal	GP	G	A	Shots	Sog	Sog%
9	Cole, Emily	1	1	0	4	2	.500
4	Goehring, Morgan	1	1	0	1	1	1.000
22	Stewart, Lailah	1	1	0	3	1	.333
10	Berryman, Avery	1	1	1	5	1	.200

##	Assists	GP	G	A	Pts	Shots
1	Parsons, Leah	1	0	1	1	0
10	Berryman, Avery	1	1	1	3	5
11	Naihin, Vita	1	0	1	1	0

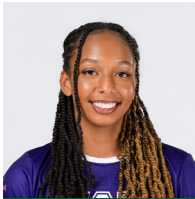
2026 UAB Women's Soccer Roster

#	NAME	YR.	POS.	HT.	HOMETOWN / HIGH SCHOOL / TRANSFER
00	Yesenia Aiken	Sr.	GK	5-7	Wesley Chapel, Fla. / Wiregrass Ranch HS / Alabama A&M
0	Emerson Roberts	Sr.	GK	5-4	Shreveport, La. / C.E. Byrd HS / ULM
1	Leah Parsons	Sr.	GK	5-8	Calgary, Alberta / Burnaby Central Secondary / Oregon
2	Lola Sommer	Sr.	F	5-8	Bentonville, Ark. / Bentonville / Kentucky
3	Louise Larsson	Jr.	D	5-10	Stockholm, Sweden / Stockholm Idrotts Gymnasium
4	Morgan Goehring	Sr.	M	5-7	Yorba Linda, Calif. / Orange Lutheran HS / Montevillo
5	Maia Sirota	Sr.	D	5-7	Raanana, Israel / Ostrovsky / Creighton
6	Maisie Wilson	Jr.	D	5-10	Stevenage, England / The John Henry Newman School
8	Mia Leath	Jr.	M	5-5	Liverpool, England / Fowler Education Football Academy
9	Emily Cole	Fr.	F	5-9	Manchester, England / St Nicholas Catholic
10	Avery Berryman	Sr.	F	5-4	Cumming, Ga. / Forsyth Central
11	Vita Naihin	Sr.	F	5-4	Markham, Ontario / Bill Crothers Secondary School
13	Lauren Lucero	Sr.	M	5-8	Ponte Vedra, Fla. / Nease
14	Caitlin Keeling	Sr.	M	5-6	Tulsa, Okla. / Jenks
15	Cydney Pace	Fr.	D	5-8	Atlanta, Ga. / Greater Atlanta Christian School
17	Ava Mills	Sr.	D	5-6	Tuscaloosa, Ala. / Tuscaloosa Academy
18	Abby Graeser	Sr.	D	5-10	Hoschton, Ga. / Mill Creek
19	Amelia Mitchell	Fr.	M	5-7	Madison, Ala. / James Clemens
21	Ava Metts	So.	F	5-4	Newnan, Ga. / Northgate HS
22	Lailah Stewart	Sr.	F	5-4	Smyrna, Ga. / Campbell HS
23	Brea Gibbons	Fr.	D	5-9	Gainesville, Ga. / Gainesville HS
24	Kourtney Osborne	So.	D	5-6	Atlanta, Ga. / Chamblee HS
25	Reese Dantin	Fr.	F	6-0	Covington, La. / St. Scholastica Academy
28	Sydney Bolinger	Sr.	D	5-10	Linthicum Heights, Md. / North County / Kentucky
29	Macie Murphy	So.	GK	5-6	Frisco, Texas / Lone Star HS
32	Kelsey Tart	So.	D	5-10	Roseboro, N.C. / Fayetteville HS
33	Anna Cate Servine	Fr.	GK	5-8	Milton, Ga. / Cambridge HS

Head Coach: Lisa Mann (4th Season)

Associate Head Coach: Mark Hiller (4th Season)

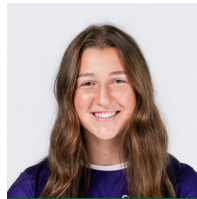
Assistant Coach: Lucas Costa (3rd Season)



00
Yesenia Aiken
Sr. | 5-7 | GK
Wesley Chapel, Fla.



0
Emerson Roberts
Sr. | 5-4 | GK
Shreveport, La.



1
Leah Parsons
Sr. | 5-8 | GK
Calgary, Alberta



2
Lola Sommer
Sr. | 5-8 | F
Bentonville, Ark.



3
Louise Larsson
Jr. | 5-10 | D
Stockholm, Sweden



4
Morgan Goehring
Sr. | 5-7 | M
Yorba Linda, Calif.



5
Maia Sirota
Sr. | 5-7 | D
Raanana, Israel



6
Maisie Wilson
Jr. | 5-10 | D
Stevenage, England



8
Mia Leath
Jr. | 5-5 | M
Liverpool, England



9
Emily Cole
Fr. | 5-9 | F
Manchester, England



10
Avery Berryman
Sr. | 5-4 | F
Cumming, Ga.



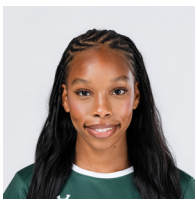
11
Vita Nailhin
Sr. | 5-4 | F
Markham, Ontario



13
Lauren Lucero
Sr. | 5-8 | M
Ponte Vedra, Fla.



14
Caitlin Keeling
Sr. | 5-6 | M
Tulsa, Okla.



15
Cydney Pace
Fr. | 5-8 | D
Atlanta, Ga.



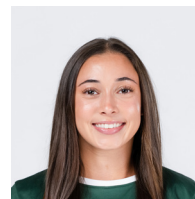
17
Ava Mills
Sr. | 5-6 | D
Tuscaloosa, Ala.



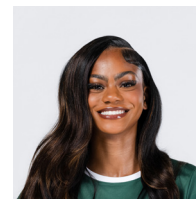
18
Abby Graeser
Sr. | 5-10 | D
Hoschton, Ga.



19
Amelia Mitchell
Fr. | 5-7 | M
Madison, Ala.



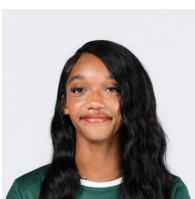
21
Ava Metts
So. | 5-4 | F
Newnan, Ga.



22
Lailah Stewart
Sr. | 5-4 | F
Smyrna, Ga.



23
Brea Gibbons
Fr. | 5-9 | D
Gainesville, Ga.



24
Kourtney Osborne
So. | 5-6 | D.
Atlanta, Ga.



25
Reese Dantin
Fr. | 6-0 | F
Covington, La.



28
Sydney Bolinger
Sr. | 5-10 | D
Linthicum Heights, Md.



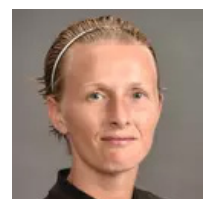
29
Macie Murphy
So. | 5-6 | GK
Frisco, Texas



32
Kelsey Tart
So. | 5-10 | D
Roseboro, N.C.



33
Anna Cate Servine
Fr. | 5-8 | GK
Milton, Ga.



Lisa Mann
Head Coach
4th Season



Mark Hiller
Associate Head Coach
4th Season



Lucas Costa
Assistant Coach
3rd Season