2025 Maroon and White Tune-Up

CC – Ole Miss (small group) – Coahoma CC (small group)

May 1st, 2025

Field:

11:00a – Hammer Throw

Following women – Hammer Throw – Men

Official's break

2:00p – Women's discus throw

Following women – Men's discus throw

6:00P – 5000 – W

Invited Teams: Mississippi State - Samford - Louisiana Tech - UAB (Women only) - Hinds CC - Meridian

May 2nd, 2025

6:20P - 5000 - M

Field:

10:00A - Pole Vault - W

Following Women - Pole Vault - M

11:00A - High Jump - W/M

1:30P - Javelin Throw - W

Following women – Javelin Throw – M

1:00P - Long Jump - W/M

3:00P - Shot Put - W/M

4:00P - Triple Jump - W/M

May 2nd, 2025

RUNNING:

2:40P - Senior Recognition

2:55P – National Anthem

3:00P - 4X100 relay - W (1)

3:05P - 4X100 relay - M (1)

3:15P - 400H - W (1)

3:25P - 400H - M (1)

3:35P - 400m - W (2)

3:45P - 400m - M (2)

3:55P - 100m - W (2)

4:05P - 100m - M (2)

4:25P – 100H – W (2)

4:35P - 110H - M (1)

4:45P – 800m – W (1) 4:50P – 800m – M (2)

5.00F 000H 11(2)

5:00P – 200m – W (2)

5:10P – 200m – M (4)

5:25P - 1500m - W (2)

5:30P - 1500m - M (1)

5:45P - MSU GREEK 4X100M INVITE

5:55P - 4X400 relay - W (1)

6:00P - 4X400 relay - M (1)