

Tentative as of 3/30

2026 Maroon and White Tune-Up

April 30th, 2026

Field:

11:00a – Hammer Throw

Following women – Hammer Throw – Men

Official's break

2:00p – Women's discus throw

Following women – Men's discus throw

6:00P – 5000 – W

6:20P – 5000 – M

May 1st, 2026

Field:

10:00A – Pole Vault – W

Following Women – Pole Vault – M

11:00A – High Jump – W/M

1:30P – Javelin Throw – W

Following women – Javelin Throw – M

12:00P – Long Jump – W

Following women – Long Jump – M

3:00P – Shot Put – W

Following women – Shot Put – M

Following Men's Long Jump – Triple Jump – W

Following women – Triple Jump – M

May 1st, 2026

RUNNING:

2:40P – Senior Recognition

2:55P – National Anthem

3:00P – 4X100 relay – W

3:05P – 4X100 relay – M

3:15P – 400H – W

3:25P – 400H – M

3:35P – 400m – W

3:45P – 400m – M

3:55P – 100m – W

4:05P – 100m – M

4:25P – 100H – W

4:35P – 110H – M

4:45P – 800m – W

4:50P – 800m – M

5:00P – 200m – W

5:10P – 200m – M

5:25P – 1500m – W

5:30P – 1500m – M

5:45P – MSU GREEK LIFE 4X100M INVITE

5:55P – 4X400 relay – W

6:00P – 4X400 relay – M