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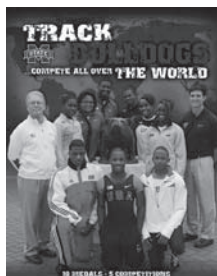
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2010 MISSISSIPPI STATE UNIVERSITY TRACK AND FIELD MEDIA GUIDE



ON THE COVERS



MSU USA Junior National Team participants D'Angelo Cherry, Tavaris Tate, Jessica Merriweather, O'Neal Wilder and Marris Harris; Jamaican Junior National Team members Jody-Ann Muir, Taneisha Baker and Dwight Mullings; Trinidad Junior National Team member Emanuel Mayers; USA Junior Men's Head Coach Al Schmidt and USA Junior Assistant Coach Bryan Fetzer



2010 MSU Track and Field Team



Seniors LaQuinta Aaron, Daniel Simpkins, Wendy Copeland and Dwight Mullings

Mississippi State University does not discriminate on the basis of race, color, religion, national origin, sex, age, disability, or veteran status. Carson C. Cook Jr., Director of the Office of Diversity and Equality Programs (McArthur Hall, Room 223, P.O. Box 6199, Mississippi State, MS 39762 / 662-325-2493) has been designated as the responsible employee to coordinate efforts to carry out responsibilities and make investigations of complaints relating to discrimination in conforming with Title IX of the Education Amendments of 1972, Section 503 and 504 of the Rehabilitation Act of 1974, and the Americans with Disabilities Act of 1990.

MEDIA GUIDE CREDITS

The Mississippi State track and field media guide is a publication of the Mississippi State Athletic Media Relations Office. It has been specifically prepared to assist the media members in their coverage of the Bulldogs and Lady Bulldogs. Additional assistance can be provided by contacting Janelle Finley with the MSU Athletic Media Relations Office at 662-325-0540. The guide was written and designed by Janelle Finley with additional support from John Schaffhauser of Schaffhauser Design in Canton, Miss. Editorial, research and writing assistance provided by Gregg Ellis, Christina Hilliard, Jacob Thames, Brock Turnipseed, and Lee VanHorn. Pictures were provided by Will Gage, Mansel Guerry, Russ Houston and University Relations. The guide was printed at Interstate Printing in Mobile, Ala.



MEDIA INFORMATION

UNIVERSITY

Location	Starkville, Miss.
Founded	February 28, 1878
Enrollment	16,786
Nickname	Bulldogs & Lady Bulldogs
Colors	Maroon (PMS 202) and White
Facility	W.O. Spencer Stadium
Conference	Southeastern
President	Dr. Mark E. Keenum
Athletic Director	Greg Byrne
Associate AD/Women's Sports	Ann Carr
Faculty Ath. Rep	Dr. Steve Turner

TRACK & FIELD STAFF

Head Coach	Al Schmidt
Associate Head Coach	Steve Dudley
Assistant Coaches	Bryan Fetzer Houston Franks Joe Gant April Thomas

Volunteer Assistant Coach

LaChristopher Lewis

Administrative Assistant	Michelle Scrivener
Track & Field Office Phone	(662) 325-2892
Track & Field Office Fax	(662) 325-9051

TEAM INFORMATION

NCAA Region	East
2009 Women's SEC Finish	11th
2009 Men's SEC Finish	9th
2009 Women's Regional Finish	16th
2009 Men's Regional Finish	5th
2009 Men's NCAA Finish	T17th

ATHLETIC MEDIA RELATIONS

Track & Field Contact	Janelle Finley
Office Phone	(662) 325-0540
Office Fax	(662) 325-2563
E-Mail	jmf244@msstate.edu
Cell Phone	(251) 648-7015
Official Web Site	www.mstateathletics.com
Mailing Address:	P.O. Box 5308 Mississippi State, MS 39762

Overnight Mailing Address:

Bryan Athletic Administration Building
288 Lakeview Drive
Mississippi State, MS 39762

Southeastern Conference Address:

Southeastern Conference
2201 North Richard Arrington Blvd.
Birmingham, AL 35203

Ayanna Wakefield - SEC Contact

(205) 458-3000
awakefield@sec.org
www.secsports.com

COACH/ATHLETE INTERVIEWS

ALL interviews with coaches should be directed through the MSU Athletic Media Relations office. Please contact Janelle Finley at 662-325-0540 or 251-648-7015 to arrange an interview time. Coaches are primarily available for interview by phone or in person from 9-11 a.m., depending on the team's travel schedule.

Interviews with student-athletes are encouraged; however, ALL interviews must be arranged through Finley in the Athletic Media Relations Office. Interviews will be arranged according to the schedule of each individual athlete, and are usually conducted before or after scheduled practices. This policy facilitates the orderly scheduling and completion of the desired interview. All interviews must be arranged at least 24 hours in advance. MSU Athletic Media Relations will not supply the media home or cellular telephone numbers for student-athletes. Likewise, training room, locker room and apartment/dormitory areas are considered private player areas and are off-limits to the media.

If you are unable to reach Finley please contact Gregg Ellis at 662-325-3595.

The Southeastern Conference release will be released every week beginning in mid-January by the SEC office. The SEC contact for track and field is Ayanna Wakefield. Wakefield's office

number is 205-458-3000. Media members may also gain access to MSU and SEC releases via www.secsportsmedia.com.

MSU ON THE INTERNET

Visit the official Mississippi State Athletics home page on the Internet at www.mstateathletics.com. The site offers up-to-date information on all of MSU's 16 varsity sports, including schedules and results, player and coach biographies, as well as the latest news from each of the MSU athletic teams.

TRACK FACILITY LOCATION

The W.O. Spencer Stadium/Carl Maddox Track is located just off U.S. Highway 82 on Lakeview Drive, across from the Bryan Athletic Administration Building on campus. Adjacent to the MSU practice football fields, A.J. Pitts Tennis Centre, the MSU Softball Field and the Holliman Athletic Center. The W.O. Spencer Stadium/Carl Maddox Track is also within a half mile of MSU's Humphrey Coliseum and Dudy Noble Field. Parking is available adjacent to the facility and across the street from the Shira Fieldhouse/Holliman Athletic Center.

2010 INDOOR MEET INFORMATION

Kentucky Invitational

Date	January 15-16
Location	Lexington, Ky.
Facility	Nutter Field House
Media Relations Contact	Jeremy Strachan
Phone	859-257-3838
Email	jstrachan@uky.edu
Web Site	www.ukathletics.com

LSU Invitational

Date	January 22
Location	Baton Rouge, La.
Facility	Carl Maddox Field House
Media Relations Contact	Will Stafford
Phone	225-578-7947
Email	wstaff@lsu.edu
Web Site	www.lsusports.net

Indiana Relays

Date	January 29-30
Location	Bloomington, Ind.
Facility	Harry Gladstein Field House
Media Relations Contact	Kyle Johnson
Phone	812-856-0948
Email	krj@indiana.edu
Web Site	www.iuhoosiers.cstv.com

Tyson Invitational

Date	February 12-13
Location	Fayetteville, Ark.
Facility	Randal Tyson Track Center
Media Relations Contact	Molly O'Mara
Phone	479-575-3114
Email	momara@uark.edu
Web Site	www.arkansasrazorbacks.com

SEC Indoor Championships

Date	February 26-28
Location	Fayetteville, Ark.
Facility	Randal Tyson Track Center
Media Relations Contact	Molly O'Mara
Phone	479-575-3114
Email	momara@uark.edu
Web Site	www.arkansasrazorbacks.com

Alex Wilson Invitational

Date	March 5-6
Location	South Bend, Ind.
Facility	Loftus Sports Center
Media Relations Contact	Stephanie Fischer
Phone	574-631-1762
Email	sfischer@nd.edu
Web Site	www.und.com

Last Chance Meet

Date	March 6
Location	Ames, Iowa
Facility	Lied Recreational Center
Media Relations Contact	Brittany Gant
Phone	515-294-3372
Email	bgany@iastate.edu
Web Site	www.cyclones.com

NCAA Indoor Championships

Date	March 12-13
Location	Fayetteville, Ark.
Facility	Randal Tyson Track Center
Media Relations Contact	Molly O'Mara
Phone	479-575-3114
Email	momara@uark.edu
Web Site	www.arkansasrazorbacks.com



2010 OUTDOOR MEET INFORMATION

UNF Spring Break Open (men only)

Date March 5-6
Location Jacksonville, Fla.
Facility Hodges Stadium
Media Relations Contact Andrew Hopkins
Phone 904-620-4025
Email hopa0001@unf.edu
Web Site www.unfospreys.com

Auburn Invitational

Date April 16-17
Location Auburn, Ala.
Facility Hustell-Rosen Track
Media Relations Contact Brad Gust
Phone 334-844-9703
Email gustbra@auburn.edu
Web Site www.auburntigers.cstv.com

Rhodes Invitational

Date March 20
Location Memphis, Tenn.
Facility Rhodes College Track
Media Relations Contact Matt Dean
Phone 901-843-3946
Email mdean@rhodes.edu
Web Site www.rhodeslynx.com

Penn Relays

Date April 22-24
Location Philadelphia, Pa.
Facility Franklin Field
Media Relations Contact Eric Dolan
Phone 215-898-6129
Email erdolan@upenn.edu
Web Site www.pennathletics.com

Alabama Relays

Date March 25-28
Location Tuscaloosa, Ala.
Facility Sam Bailey Track
Media Relations Contact Skip Powers
Phone 205-348-6084
Email spowers@ia.ua.edu
Web Site www.rolltide.com

SEC Outdoor Championships

Date May 13 - 16
Location Knoxville, Tenn.
Facility Tom Black Track at LaPorte Stadium
Media Relations Contact Eric Trainer
Phone 865-974-1212
Email etrainer@utk.edu
Web Site www.utsports.com & www.utladyvols.com

Stanford Invitational

Date March 26
Location Palo Alto, Calif.
Facility Cobb Track and Angell Field
Media Relations Contact Ricky Brackett
Phone 650-736-7635
Email brackett@stanford.edu
Web Site www.gostanford.com

NCAA Outdoor Championships Preliminaries East Region

Date May 28 - 29
Location Greensboro, N.C.
Facility Irwin Bell Track, University of North Carolina A&T
Media Relations Contact Darlene Mitchell
Phone 336-334-7144
Email michelle512@yahoo.com
Web Site www.ncataggies.com

Texas Relays

Date March 31- April 3
Location Austin, Texas
Facility Mike A. Myers Stadium
Media Relations Contact Jeremy Sharpe
Phone 512-471-8373
Email jeremy.sharpe@athletics.utexas.edu
Web Site www.texassports.com

NCAA Outdoor Championships Final Rounds

Date June 9 - 12
Location Eugene, Or.
Facility Hayward Field, University of Oregon
Media Relations Contact Greg Walker
Phone 541-346-2252
Email
Web Site www.goducks.com

Mississippi Invitational

Date April 10
Location Oxford, Miss.
Facility Ole Miss Track and Field Complex
Media Relations Contact Jay D'Abramo
Phone 662-915-7522
Email jdabramo@olemiss.edu
Web Site www.olemisssports.com

TRACK AND FIELD CONTACT

Janelle Finley

Janelle Finley
 jmf244@msstate.edu



AMR Bryan 662 - 325 - 2703
 AMR Coliseum 662 - 325 - 0540
 AMR Bryan Fax 662 - 325 - 2563
 AMR Coliseum Fax 662 - 325 - 0145
 Finley's Cell 251 - 648 - 7015
 Finley's E-Mail jmf244@msstate.edu



ATHLETIC MEDIA RELATIONS

MEDIA RELATIONS STAFF



ATHLETIC MEDIA RELATIONS 2009-10 STAFF DIRECTORY

HUMPHREY COLISEUM

Phone: 662.325.0540; Fax: 662.325.3654

BRYAN BUILDING

Phone: 662.325.2703; Fax: 662.325.2653

BASEBALL OFFICE BUILDING

Phone: 662.325.8040; Fax: 662.325.3600

Name, Title (Office Location) Office Phone/Email

Mike Nemeth, Senior AD/Media Relations (B)..... 662.325.2723
nemeth@athletics.msstate.edu

John R. Cade, Assistant AD/Media Relations (B).... 662.325.0971
jrcade@athletics.msstate.edu

Gregg Ellis, Assistant Director (H)..... 662.325.3595
gellis@athletics.msstate.edu

Brock Turnipseed, Assistant Director (H)..... 662.325.7556
bturnipseed@athletics.msstate.edu

Jay Middleton, Assistant Director (B)..... 662.325.0972
jmiddleton@athletics.msstate.edu

Joe Dier, Assistant Director (BB)..... 662.325.8040
jbdier@athletics.msstate.edu

Joe Galbraith, Senior AD/Media Relations (B)..... 662.325.0967
jgalbraith@athletics.msstate.edu

Jan Blaine, Graduate Assistant (B)..... 662.325.2703
jrb362@msstate.edu

Janelle Finley, Graduate Assistant (H)..... 662.325.0540
jmf244@msstate.edu

Diane Keith, Administrative Assistant (H)..... 662.325.0540
dkeith@athletics.msstate.edu

Anne Cooke, Administrative Assistant (B)..... 662.325.2703
acooke@athletics.msstate.edu

Office Location: (B) Bryan Athletic Building;
(H) Humphrey Coliseum; (BB) Baseball Office Building

MEDIA RELATIONS MAILING ADDRESS

MSU Media Relations
P.O. Box 5308
Mississippi State, MS 39762

OVERNIGHT MAILING ADDRESS

Mississippi State University
Athletic Media Relations
Humphrey Coliseum, Room 202
55 Coliseum Blvd.
Mississippi State, MS 39762



Mike Nemeth
Senior AD



John R. Cade
Assistant AD



Gregg Ellis
Assistant Director



Jay Middleton
Assistant Director



Brock Turnipseed
Assistant Director



Joe Dier
Assistant Director



Joe Galbraith
Assistant Director



Diane Keith
Admin. Assistant



Anne Cooke
Admin. Assistant

MEDIA RELATIONS STUDENT ASSISTANTS



Front Row (L-R): Amber Winstead, Mary Allison North, Janelle Finley.
Second Row (L-R): Kurt Wirth, Sam Anderson, Jamal Davis, Tray Littlefield.
Back Row (L-R): Christina Hilliard, R.J. Zurak, Kyle Bass, Jan Blaine.

SETTING THE STANDARD FOR INTERCOLLEGIATE ATHLETICS IN CROSS COUNTRY AND TRACK & FIELD

In the ever-changing world of collegiate athletics, the tradition of excellence in the Southeastern Conference has remained constant. The SEC boasts a rich history and has dominated track and field like no other conference.

Arkansas finished **fifth** at the NCAA Cross Country Championships in its quest for a fourth national championship in six years. Georgia finished 25th and Kentucky finished 28th in the race. Arkansas' men captured their **13th straight SEC crown** and their amazing **30th consecutive conference title**, dating back to 17 straight Southwest Conference titles prior to joining the SEC in 1991. Arkansas' John McDonnell was named SEC Male Cross Country Coach of the Year. The award marked McDonnell's ninth consecutive honor. Thomas Morgan of Kentucky garnered Male Cross Country Athlete of the Year honors and Arkansas' Mike Poe garnered SEC Freshman of the Year honors.

Tennessee came in 24th to lead the SEC at the NCAA Championships. The Lady Vols also won their third SEC title. Auburn's Angela Homan won the SEC Female Athlete of the Year award. Tennessee head coach J.J. Clark earned his third SEC Female Cross Country Coach of the Year honor and Georgia's Kristin Heffelfinger garnered SEC Freshman of the Year honors.

This marks the fifth time that LSU has won the championships in the schools history, and the first time since 1990. An SEC team has won the NCAA men's indoor title 12 out of the past 13 seasons. The SEC had three of the top 10 at the NCAA Championships and six of the top 25. Arkansas and Florida were national runner-ups. South Carolina (14th), Auburn (t16th), Ole Miss (t22nd), Georgia (t34th), Alabama (t44th) and Tennessee (t56th) also competed at the National Championships. Florida edged out Arkansas, 128-126, in the SEC Men's Indoor Championships.

The **SEC had six of the top 10 at the NCAA Championships and seven of the top 25**. LSU become the first school to sweep the NCAA Indoors women and men's championships. LSU won its third straight and 10th NCAA Women's Indoor National title. It was the 14th straight year the SEC has at least one team in the top two of the final results. Nine other SEC schools scored at the national meet including Florida (2nd), Tennessee (4th), Georgia (6th), Arkansas (t10th), South Carolina (t10th), **Mississippi State (t17th)**, Auburn (t38th), Kentucky (t38th), and Vanderbilt (t38th). LSU claimed its 11th SEC Indoor Track & Field Championship, edging out second-place Florida, 52-51.

Arkansas scored 65 points to win its 11th outdoor title and 39th national championship in either indoor track, outdoor track or cross country under coach John McDonnell. Florida (2nd), LSU (3rd), Tennessee (13th), **Mississippi State (20th)**, Auburn (23rd), Georgia (26th), South Carolina (31st), Kentucky (40th) and Ole Miss (60th) also scored at the national meet. Arkansas won its 11th SEC outdoor crown and its 20th outdoor conference title in 23 years with 183 points.

LSU finished second at the NCAA Outdoor National Championships. **Six SEC schools finished in the top 10 of the NCAA Championships** with Florida coming in fifth, Georgia, South Carolina and Tennessee tied for seventh and Arkansas 10th. Other SEC point scorers were, Auburn (18th), Alabama (T22nd), **Mississippi State (T22nd)**, Vanderbilt (48th) and Kentucky (56th). The University of Arkansas Lady Razorbacks won its third SEC Outdoor Championship in five years.

FUTURE SEC CHAMPIONSHIPS SITES

	CROSS COUNTRY	INDOOR	OUTDOOR
2011	South Carolina	Florida	Kentucky
2012	Tennessee	Arkansas	Georgia

SOUTHEASTERN CONFERENCE

Location	Birmingham, Ala.
Commissioner	Mike Slive
Media Relations Contact	Ayanna Wakefield
Phone	205 - 458 - 3000
E-Mail	awakefield@sec.org
Website	www.secsports.com



Ayanna Wakefield
SEC Contact

COMBINED EVENTS

The MSU multi-event group returns a young squad for the 2010 season. Sophomore Martin Lee is the events most experienced competitor. The Greenville, Miss., native finished eighth in the decathlon at the 2008 SEC Outdoor Championships. His 2009 season was plagued by injuries and he is ready to pick back up where he left off in 2008.

Also returning are Starkville, Miss., native, Antoine Lipscomb and Trevarus Christian of Carrollton, Miss. Lipscomb competed in his first season as a decathlete in 2009 and managed a sixth-place, All-SEC performance scoring 6,302 points. Christian scored a personal-best 5,963 points at the SEC Outdoor Championships to finish 10th.

New to the group this season is junior college transfer Alex Richter. A native of Cullman, Ala., joins the Bulldogs after an impressive JUCO career at Wallace State [AL] Community College, where he was a member of their NJCAA 5th-place 4x100-meter relay team.

DISTANCE

The Bulldog distance runners enter the 2010 outdoor track season after a solid 2009 cross country season. The Bulldogs posted an eighth-place finish at the 2009 SEC Championships in Oxford and a ninth-place finish at the NCAA South Regional in Tuscaloosa. Leading this group are junior Adam Lenz and senior Daniel Simpkins. Lenz, MSU's top cross country finisher of the year, is looking to continue to put up top marks in the 3,000 and 5,000-meter runs. Simpkins, hopes to end his State track and field career atop of the MSU all-time records list for the 10,000-meter run.

Senior Cameron Vincent is also vying to end his Bulldog career on top. Vincent posted career best marks in the 800- (1:57.97) and 1,500- (3:56.90) meter runs in 2009.

Looking to make their mark on the Bulldog track and field program this season are freshmen Julian Duarte, Phillip Johnson, Henry Li, Nick Perkins and Eric Schmidt.



HURDLES & JUMPS

Returning to the hurdles this season is one of MSU most recognized athletes, Emanuel Mayers. Mayers, a junior from Lakewood, N.J., has earned all-American, all-Region and all-SEC accolades. He is ranked second all-time

in MSU history in 400-meter hurdles and posted a personal best 50.30 seconds in the event. Mayers also won the 2009 Mideast Regional Championship in the event in 2009.

In the jumps, senior transfer Kendrick Poullard aspires to improve upon his first season in Maroon and White. In 2009, Poullard posted a personal-best 50-08½ in the triple jump to earn regional qualifying marks. Poullard also competes in the long jump and high jump where he recorded best leaps of 24-00½ and 6-08½. In addition to Poullard is sophomore high jumper Josh Tucker. In Tucker's first season at State, he recorded a season best 6-09½, and finished sixth at the SEC Outdoor Championships earning all-SEC accolades.

New to this group for 2010 is freshman Reid Hargrove. Hargrove, of Memphis, Tenn., prepped at Briarcrest Christian and is looking to put up big numbers in his first year as a Bulldog.



SPRINTS & MIDDLE DISTANCE

One of MSU's most prized event groups, the Bulldog sprinters are looking to be even better in 2010. This group of thinclads consists of all-American, all-Region, and all-SEC performers.

Sophomore all-American D'Angelo Cherry highlights this group as its 100-meter expert. Cherry ran 10.07 seconds in the 100-meter dash to give him the 4th fastest time in school history and a freshman record. Returning to the track after a year plagued by injuries is all-American Kendall May. In 2008, May finished in eighth-place at the NCAA Championships, and also brought home all-Region and all-SEC honors. Joining this speedy duo is sophomore Justin Christian whom earned all-American accolades as a member of State's NCAA fifth-place 4x100-meter relay in 2009.



Senior Dwight Mullings, of Spanish Town, Jamaica, looks to build off his notable 2009 season. Mullings earned all-America status as a member of the Bulldog 4x400-meter relay. He also won individual honors at the Mideast Regional Championship in the 400-meter dash. Mullings currently sits at second on MSU's all-time list in the 400.

Returning to the track after a year off is standout sprinter O'Neal Wilder. In his first year on the track in 2009, Wilder won a bronze medal in the 400-meter dash at IAAF World Junior National Championships was a member of World Junior 4x400 meter relay Gold medal team and was the number two ranked world junior in the 400-meter run at the end of the 2008 season. He also received all-SEC and all-Region honors and is the MSU 400-meter dash freshman record holder and was the 2008 USA Junior National 400-meter Champion.

A high school all-American and a high school scholastic indoor champion join the MSU sprinting core for the 2010 season. Daundre Barnaby, of Hartford, Conn., comes to State after winning medalist honors at the 2009 High School Scholastic Indoor Championships in the 400-meter dash. Starkville, Miss., native Tavaris



Tate, a 2009 high school all-American joins the team after winning gold and silver at the 2009 Pan-American Games in the 400 and 4x400-meter relay.

The middle distance runners are headed by junior Matthew Cameron. Cameron, of Madison, Miss., posted top times in all six MSU cross country meets in 2009 and is ranked second all-time in MSU history in the 1500-meter run. Joining Cameron in the middle distance events are redshirt freshman Robert Ellis and true freshman Kyle Balderson. Both competed for State in the 2009 cross country season.

Throws

MSU's lone male thrower is sophomore Edward Weslea. Weslea sat out of competition in 2009 due to injury, and is looking to make his comeback this season. Weslea competes in both the shot put and the hammer throw for the Bulldogs.



MEN'S ROSTER



<u>Name</u>	<u>Pos.</u>	<u>Yr.</u>	<u>Exp.</u>	<u>Hometown (Prev School)</u>
Kyle Bladerson	Middle Distance	Fr.	HS	Sandy Springs, MD (Sherwood HS)
Daundre Barnaby	Sprints	Fr.	HS	Hartford, CT (Weaver HS)
Matthew Cameron	Middle Distance	Jr.	2L	Madison, MS (Madison Ridgeland Academy)
D'Angelo Cherry	Sprints	So.	1L	Biloxi, MS (Mt. Zion [Ga.] HS)
Justin Christian	Sprints	RSo.	1L	Atlanta, GA (Morrow HS)
Trevarus Christian	Combined Events	So.	1L	Carrolton, MS (J.Z. George HS)
Julian Duarte	Distance	Fr.	HS	Houston, TX (Mayde Creek HS)
Rob Ellis	Distance	RFr.	HS	Tupelo, MS (Tupelo HS)
Allen Gearhart	Distance	RSo.	1L	Clinton, MS (Clinton HS)
Reid Hargrove	Jumps	Fr.	HS	Memphis, TN (Briarcrest HS)
Garren Hendricks	Sprints	So.	1L	St. Louis, MO (Homewood Central HS)
Nathan Johnson	Distance	RSo.	1L	Texarkana, TX (Cabot HS)
Patrick Johnson	Jumps	So.	1L	Memphis, TN (Briarcrest Christian HS)
Phillip Johnson	Distance	Fr.	HS	Homewood, AL (Homewood HS)
Martin Lee	Combined Events	So.	1L	Greenville, MS (Greenville Weston HS)
Adam Lenz	Distance	Jr.	2L	Montpelier, IN (Blackford HS)
Henry Li	Distance	Fr.	HS	Katy, TX (Seven Lakes HS)
Antoine Lipscomb	Combined Events	RSo.	1L	Starkville, MS (Starkville HS)
Kendall May	Sprints	Jr.	2L	Northport, AL (Tuscaloosa County HS)
Emanuel Mayers	Sprints	Jr.	2L	Lakewood, NJ (Lakewood HS)
Dwight Mullings	Sprints	Sr.	1L	Jamaica (Essex County College [NJ])
Nick Perkins	Distance	Fr.	HS	Hoover, AL (Hoover HS)
Kendrick Poullard	Jumps	Sr.	1L	Welsh, LA (South Plains College [TX])
Alex Richter	Combined Events	Jr.	TR	Cullman, AL (Wallace St. [AL] CC)
Eric Schmidt	Distance	Fr.	HS	Centerville, OH (Centerville HS)
Daniel Simpkins	Distance	Sr.	3L	Madison, MS (Madison Central HS)
Tervarus Tate	Sprints	Fr.	HS	Starkville, MS (Starkville HS)
Josh Tucker	Jumps	So.	1L	Tupelo, MS (Tupelo HS)
Cameron Vincent	Distance	Sr.	2L	Ocean Springs, MS (Ocean Springs HS)
Mitch Weegman	Distance	RSo.	1L	Winona, MN (Winona Senior HS)
Ed Wesela	Throws	RSo.	1L	Slinger, WI (Slinger HS)
O'Neal Wilder	Sprints	RSo.	1L	Carthage, MS (Carthage HS)

Combined Events

One of the hardest working Lady Bulldogs on the team belongs to the combined events group. Tuscaloosa native LaQuinta Aaron is returning for her final season in Maroon and White. Aaron had a notable 2009 season provisionally qualifying for the NCAA Championships in both the pentathlon and heptathlon. She also earned Mideast Regional qualifying marks in the 100-meter hurdles and 200-meter dash.

New to the combine event for 2010 are freshman Racquel Farquharson and junior transfer Jessica Merriweather. Farquharson joins that Lady Bulldog team with a recorded personal-best in 100-meter hurdles (14.96), 200-meter dash (25.45) and 800-meter run (2:30.00). Merriweather, a native of Memphis recorded personal-best in high jump of 6-00 ¼ and 13.88 seconds in the 100-meter hurdles while at South Plains College in Texas.



Distance

An impressive 2009 cross country campaign ensures that the distance group will continue to shine during the track and field seasons. The Lady Bulldogs finished in 10th place at the SEC Cross Country Championships and in the top 15 at the NCAA South Regional.

Continuing to lead the distance core is junior Simone Domingue. Domingue has been a mainstay as one of the top State distance runner throughout her career, and she looks to make MSU's history books again in 2010 after her 10,000 meter-run and 5,000-meter run both placed her fourth on MSU's all-time list last season.

Sophomores Loren Bruce, Dominique Lockhart and Renee Masterson hope to build on their 2009 success. These three Lady Bulldogs are all mainstays of the distance group, and have made an impact on the distance program. Bruce and Lockhart have helped MSU cross country to Top 15 performances throughout their time at State. Masterson has been set

back by injuries, but was named to the cross country freshmen All-SEC team in 2008 and hopes to return to prominence this season.

The distance group has a bevy of talented freshman joining the ranks this season. Kalli Dalton, Haley Greenwell, Anna Jarman, Kelly Karcher, Chloe Phillips, Adrianna Poole and Eileen Riley will compete in their first collegiate



indoor and outdoor seasons this year.

Hurdles & Jumps

The hurdles and jumps group returns this season with experience in hopes to leap new bounds for the Lady Bulldogs. All-SEC Wendy Copeland returns for her final season with MSU's track and field team. The senior from Tupelo, Miss., has a resume that consists of second all-time in MSU outdoor records in long jump and third all-time in MSU indoor records in both long jump and triple jump. In 2009 she qualified for the NCAA Outdoor Championships in long jump and made her third appearance at the Mideast Regional championships where she finished in second-place in the long jump.

Joining Copeland in the jumping events are Emily Eads, Sojourner Ewing, Alyssa Hall and Morgan Hall. Eads and M. Hall are competing in the pole vault after redshirting their freshman seasons. Freshman Ewing and A. Hall will compete for their first time in Maroon and White this season.



Returning as one of State's top hurdlers is senior Aaron. Aaron is ranked in MSU all-time history in the 60-meter hurdles indoors and 100-meter hurdles outdoors.

Looking to make a name for herself at State is Jamaica native hurdler Keisha Wallace. The young Lady Bulldog has a personal best in the 100-meter hurdles with a time of 13.94 seconds.

Sprints & Middle Distance

The MSU sprinters return to the track in 2010 with bountiful experience and a lot of young emerging stars. Senior Crystal Wilson of Kingston, Jamaica is the groups leader and top performer in the 400-meter dash. She owns the third best time in State history in the event.

Candice Polk and Richesa McCaleb return for their second season at MSU and seek to improve on their performances in the 100- and 200-meter dashes.

Three freshmen, Taneisha Baker, Talisha Lee and Jody-Ann Muir, join the sprinting squad this season. Baker a junior college transfer from Jamaica was a member of the 2009 NJCAA 4x100-meter relay champion team and finished third in the 200- and 400-meter dash at the NJCAA Championships while at Southland Community College. Lee, also a junior college transfer from Beville State in Alabama, was ranked in the Top 3 in the 400-meter hurdles. Muir, a standout 400-meter dash runner from Jamaica, won a bronze medal in the event at the 2009 Pan-American Games and owns a personal-best of 53.40 seconds in the event.

Christina Coleman, a freshman middle distance runner from Corinth, Miss., was an all-State selection in cross country and 2009 MVP of her track team. Coleman hopes to put up top times for state this season.

Throws

Like the men's team, the Lady Bulldog throwing group is the smallest of the team with only two members. Returning to action this season is red-shirt freshman Favian Cowards. Cowards competed in the 2009 SEC Indoor Championships where she placed eighth in the 20 lb. weight throw. Competing in her first season for MSU is javelin thrower Allison Storey. Storey comes to State from Tuscaloosa, Ala., where she owns a personal best of 137 feet.

WOMEN'S ROSTER



<u>Name</u>	<u>Event</u>	<u>Yr.</u>	<u>Exp.</u>	<u>Hometown (Prev School)</u>
LaQuinta Aaron	Combined Events	Sr.	3L	Tuscaloosa, AL (Northridge HS)
Taneisha Baker	Sprints	Jr.	TR	Spanish Town, Jamaica (Southland [MS] CC)
Loren Bruce	Distance	So.	1L	Lakeland, TN (Briarcrest Christian HS)
Wendy Copeland	Jumps/Sprints	Sr.	3L	Tupelo, MS (Tupelo HS)
Christina Coleman	Middle Distance	Fr.	HS	Corinth, MS (Corinth HS)
Brittany Covington	Hurdles	Fr.	HS	Greenville, MS (Greenville-Weston HS)
Favion Cowards	Throws	RFr.	HS	Jackson, MS (Winyfield HS)
Kalli Dalton	Distance	Fr.	HS	Hoffman Estates, IL (James B. Conant HS)
Simone Dominique	Distance	Jr.	2L	Lafayette, LA (Academy of the Sacred Heart)
Emily Eads	Pole Vault	RFr.	HS	Brandon, MS (Brandon HS)
Sojourner Ewing	Jumps	Fr.	HS	Gulfport, MS (Gulfport HS)
Racquel Farguharson	Combined Events	Fr.	HS	St. Elizabeth, Jamaica (St. Elizabeth HS)
Haley Greenwell	Distance	Fr.	HS	Collierville, TN (Collierville HS)
Alyssa Hall	High Jump	Fr.	HS	Cincinnati, OH (Withrow University HS)
Morgan Hall	Pole Vault	RFr.	HS	Tupelo, MS (Tupelo HS)
Sarah Hammes	Distance	Jr.	2L	Meridian, MS (Meridian HS)
Anna Jarman	Distance	Fr.	HS	Spanish Fort, AL (Spanish Fort HS)
Kelly Karchar	Distance	Fr.	HS	Saline, MI (Toledo Central Catholic HS)
Talisha Lee	Sprints	Jr.	TR	Las Vegas, NV (Bevill State [AL] CC)
Dominique Lockhart	Distance	So.	1L	Washington, D.C. (Eleanor Roosevelt [MD] HS)
Renee Masterson	Distance	RFr.	HS	Beech Grove, IN (Beech Grove HS)
Richesa McCaleb	Sprints	Jr.	1L	Idianola, MS (Tennessee St. University)
Jessica Merriweather	Combined Events	Jr.	TR	Memphis, TN (Rend Lake [IL] CC)
Jody-Ann Muir	Sprints	Fr.	HS	Jamaica (Wolmers HS for Girls)
Chloe Phillips	Distance	Fr.	HS	Flagstaff, AZ (Flagstaff HS)
Candice Polk	Sprints	So.	1L	Madison, MS (Madison Central HS)
Adriana Poole	Distance	Fr.	HS	Huntsville, AL (Sparkman HS)
Eileen Riley	Distance	Fr.	HS	Lynbrook, NY (Lynbrook HS)
Bridgett Rose	Sprints	Sr.	3L	Leeds, AL (Leeds HS)
Allison Storey	Javlin	Fr.	HS	Tuscaloosa, AL (Northridge HS)
Chelsea Rae Smyth	Distance	So.	1L	Arlington, TN (Arlington HS)
Keisha Wallace	Jumps/Hurdles	Fr.	HS	Kingston, Jamaica (Wolmers HS for Girls)
Crystal Wilson	Sprints	Sr.	1L	Kingston, Jamaica (The Queen's [Jamaica] HS)

COACHING STAFF

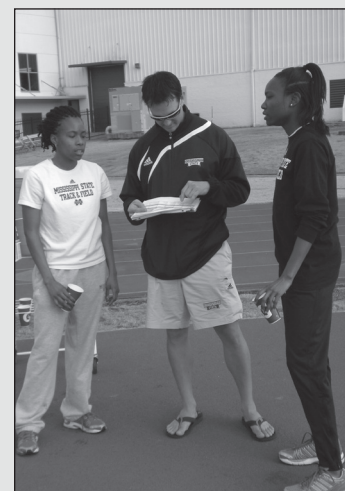
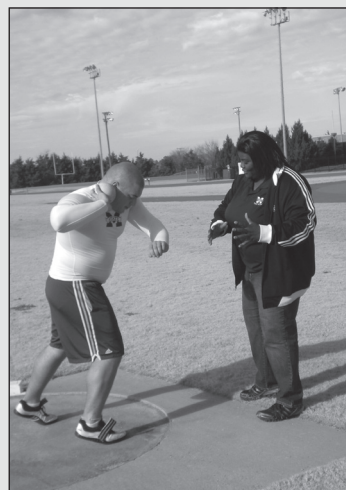
HEAD COACH	Al Schmidt
ASSOCIATE HEAD COACH	Steve Dudley
ASSISTANT COACH	Bryan Fetzer
ASSISTANT COACH	Houston Franks
ASSISTANT COACH	Joe Gant
ASSISTANT COACH	April Thomas
VOLUNTEER COACH	LaChristopher Lewis

SUPPORT STAFF

ATHLETIC TRAINER	Jimmy Strickland
GRADUATE TRAINER	Amy Clampitt-Holsenbeck
MANAGER	Zachary Golsten
MANAGER	Jamal Jenkins
MANAGER	Daniel Schmidt
ADMINISTRATIVE SECRETARY	Michelle Scrivener
MEDIA RELATIONS	Janelle Finley



2010 MSU COACHING STAFF





AL SCHMIDT

HEAD COACH

22nd Season

St. Louis University, 1975

Al and Jessie Schmidt

Regarded and respected nationwide as an authority on endurance running and training, Al Schmidt enters his 22nd season at the helm of the Mississippi State's men's and women's track teams. Since his hiring on Oct. 22, 1988, Schmidt has parlayed his 37 years of collegiate coaching experience into many individual and team accomplishments for MSU, both on and off of the track. In his previous 21 seasons, Schmidt has produced 39 all-Americans and 35 SEC champions.

In 2009, Schmidt tutored six athletes to All-American status. Marrissa Harris was the lone Lady Bulldog to achieve the honor finishing in 8th-place in the 100-meter hurdles and 10th in the heptathlon. The men's 4x100-meter relay team, John Bailey, D'Angelo Cherry, Justin Christian and Dwight Mullings, ran a school record 39.06 seconds to claim fourth place at the NCAA Championships. This record-setting race earned the talented foursome All-American accolades in the relay event. The men's team added three more All-Americans to the Bulldog team, with Cherry achieving recognition in the 100-meter dash, Mullings in the 400-meter dash, and Emanuel Mayers for his performance in the 400-meter hurdles.

MSU sent 16 athletes to the 2009 Mideast Regional Championships. Six Lady Bulldogs traveled to Louisville, Ky., to compete for NCAA Championship tickets. Wendy Copeland made her third trip to the post season, qualifying in the long and triple jump and 4x100-meter relay. Ten Bulldogs made the trip to the post season, with two relays (4x100 and 4x400) and the sprint events being the team's focus. Bulldogs Mayers (400-meter hurdles), Mullings (400-meter dash), and the 4x100-meter relay all claimed top honors at the Regional Championships.

For Schmidt, 2009 was a season full of top honors and record breaking performances. Schmidt saw both his men's and women's teams strive to new heights ensuring him that the best was yet to come.

In 2008, Schmidt coached two athletes to become SEC Champions. Marrissa Harris won the heptathlon with a school record of 5,600 points. Jamil Hubbard won the 400-meter SEC title. During the SEC Outdoor Meet, 14 athletes qualified for the NCAA Regional Meet and 10 athletes scored in their events. The men placed eighth and the women placed 11th.

At the NCAA Regional meet, two Bulldogs, Jamil Hubbard and Golden Coachman, won titles in the 400-meter run and in the 800-meter run. O'Neal Wilder took second in the 400-meter behind Hubbard, while Chris Woods took fourth in the 800-meter. The 4x400-meter relay team, consisting of Wilder, Hubbard, Woods, and Emmanuel Mayers, took first. The men's team placed sixth, which was the best finish for the Bulldogs at the meet. The 4x100-meter relay and Kendall May received at-large bids to the NCAA National Meet. Marrissa Harris qualified in the heptathlon.

Out of these athletes, O'Neal Wilder continued his season by competing in the Junior National Championships, where he won the 400-meter run title. At the World Junior Championships, Wilder won the bronze in the 400-meter event. Marrissa Harris continued hers at the NACAC Under-23 Championships, where she won the bronze in the pentathlon.

The highlight of the 2008 season for Schmidt was being named the coach for the U.S. Men's Under-23 team at the NACAC Championships.

In 2007, Schmidt guided five Bulldogs to All-American status. Schmidt also witnessed three school records broken. At the SEC Championships, the men's team had a total of four athletes score 30 points to finish 11th overall. Among those scorers included Golden Coachman and Travis McKay scoring in the 800-meter run and 3000-meter steeplechase, with third and fourth place finishes, respectively.

Out of the 21 events the Bulldogs competed in, 62 of the athletes marked a personal best in their respective event. There were also six regional qualifiers for the men's team and two relay regional marks met. Bruce Davis, Ezra Jones, Nathan Daniels and Arthur Davis finished fourth at the NCAA Championships, with a time of three minutes, 3.49 seconds.

On 22 separate times during the 2007 season, 15 Lady Bulldogs met their personal best marks, along with seven regional qualifiers. Marrissa Harris finished fourth in the heptathlon at the SEC Championships with a personal-best 5,242 points, along with Jennifer McPherson who finished fourth in the 1500-meter run with a time of 4:20.87, and Michelle Corrigan who took sixth in the 10000-meter run with a time of 37:15.760. A total of 16 Lady Bulldogs scored a total of 19 points for MSU as they finished 11th at the meet.

In 2005, Schmidt witnessed six Bulldogs garner All-America accolades. At the 2005 NCAA Outdoor Championships, Elzie Coleman, Arthur Davis, LaChristopher Lewis and Jamel Ashley ran a school-record 3:01.63 to finish fifth in the 4x400-meter relay. Ashley placed second in the 400, while Lewis took 11th in the long jump to earn his first All-America honor in the event. At the Mideast Regional, Steve Mullings won the 100-meter dash title, repeating his performance from the SEC Championships. Lewis also won the long jump title at the conference meet, while Ashley finished second in the 400-meter dash. Travis McKay finished seventh in the steeplechase, setting the third-best time in school history. As a team, the Bulldogs finished 19th in the last Trackwire 25 of the season.

On the women's side, Meggan Hodge broke the MSU school record in the 3000-meter steeplechase with a 10:46.04 eighth-place finish at the SEC Championships. Jasmine Walls cleared a personal best to tie for second in the high jump. Crystal Averitt ended her career atop the all-time list in the hammer throw, while Lacey Johnson extended her school record in the pole vault.

Three-time All-American Tiffany McWilliams closed out her MSU career in 2004 by becoming the most decorated female athlete in Lady Bulldog track and field history. McWilliams repeated her 2003 feat of winning the outdoor 1500-meter title and also won the NCAA Indoor title in the mile. Behind McWilliams and a strong distance corps, MSU achieved a No. 12 national ranking.

On the men's side, decathlete and All-American Trey Hardee set a school record in the event after tallying 8,041 points in a second-place finish at the NCAA Outdoor Championships. Five Bulldogs were named all-Americans in 2003. Ashley Davis, Lewis and Keston Nelson all earned the recognition following a third-place finish in the 4x400-meter relay at nationals. Ashley picked up the honor in the 400-meter dash in addition to the 4x4.

In 2003, McWilliams became the first woman in MSU track and field history to win a national championship. Running 4:06.75, McWilliams broke an NCAA Championships record en route to winning the 1500-meter run. She was also crowned the SEC indoor champion in the mile run in addition to the outdoor 800- and 1500-meter runs.

At the Outdoor Championships, State tallied the second-highest point total with 20 points. MSU finished in tied for 15th behind Pierre Browne's second-place showing in the 100-meter dash (10.34). Hardee took fifth in the decathlon for his first all-America honor, while Kelvin Harris ran 13.86 in the 110-meter hurdles to earn his first All-America nod.

The men topped all previous indoor squads at the NCAA Indoor Championships. The Bulldogs scored 15 points to score in the top 10 for the first time in school history. Browne won the 60-meter dash title (6.60), while Marquis Davis finished second in the 200 (20.70).



HEAD COACH

During 2002, Schmidt and the MSU program hosted the SEC Outdoor Championships. At the meet, State's men scored 35 points as a team, the second-highest total of an MSU squad since his arrival. He also witnessed the men's program tally its highest points total since 1991 at the SEC Indoor Championship.

Elisha Williams became the school's first indoor all-American in 2001 after taking second in long jump. Later in the season, Williams became the second woman to become a double All-American in the same year. Williams took fifth in the outdoor long jump. Schmidt also helped Falilatu Ogunkoya finished her MSU career in 2001 as a five-time All-American, and Camille Harper closed out her career as an All-American in the 100-meter dash.

The 1990s saw Aki Bradley benefit from the tutelage of Schmidt. Bradley became a double All-American at the 1994 NCAA Outdoor Championships, placing in both the 100- and 200-meter sprints. In 1992, MSU hosted the SEC Outdoor meet. In the first year Arkansas and South Carolina were members of the conference, the Bulldogs finished seventh overall.

Schmidt's first men's team in 1989 showed immediate improvement, finishing fifth at both the SEC Indoor and Outdoor Championships. It marked the first time in five years the Bulldogs finished in the top half of the conference.

During Schmidt's first three years, he saw Festus Igbinoehene earn six All-America awards in horizontal jumps, including three runner-up finishes in the triple jump.

ACADEMICS

Under Schmidt, State's squads have also excelled in the classroom. A total of 208 student-athletes have been named to the SEC Academic Honor Roll a combined 253 times. Three athletes - Rob Irwin, Tina Bridgeman and April Ecke- each earned Academic all-America honors. Distance runner Ecke earned the 1995 H. Boyd McWhorter Scholar Athlete of the Year honor after an outstanding career on the track and in the classroom. Chris Boldt earned First Team Academic All-District honors from the College Sports Information Directors of America in 2003, while Matt Denton collected the honor in 2005. Joining Boldt and Denton in 2006 and 2007 was Ryan Irwin who finished First Team Academic all-District for the Men and Joy Griffith who finished First Team Academic all-District for the Women. Zita Magloire finished with Second Team Academic all-District honors in 2006. Also, in 2006 the Lady Bulldogs were selected by the U.S. Track and Field and Cross Country Coaches Association, as an All-Academic Team. They were one of 77 teams nationally and joined

four other Southeastern Conference squads for the prestigious honor. In 2007, both cross country teams were selected the Track and Field and Cross Country Coaches Association, as an All-Academic Team. The MState women were one of 158 schools, while the men were one of 98 nationwide that receive the honor. Only six SEC teams had both their male and female teams represented.

PRIOR TO MSU

Before coming to MSU, Schmidt was instrumental in the success of Florida State University's track and field program in the mid 1980s. First serving as an assistant women's track coach and head cross country coach, he later became an assistant men's track coach and head cross country coach. Under his guidance, the Lady Seminoles won two national titles, taking the 1984 outdoor and 1985 indoor titles. The FSU women also claimed runner-up honors at the 1983 and 1985 outdoor meets.

Upon earning his bachelor's degree from St. Louis University, Schmidt made his coaching debut as an assistant cross country coach at the University of Missouri-St. Louis before returning to his alma mater as head men's track coach for the next five years. After spending two years in private business, Schmidt returned to the track in 1982 as a graduate assistant at the University of Kansas. Following his one season at KU, he began his six-year stint at Florida State.

PERSONAL

In 1997, Schmidt served as a District 9 representative for the NCAA Women's Cross Country Championships. Having rewritten the endurance curriculum for Levels I and II, Schmidt currently serves as the vice-chairman of USA Track and Field' Coaches Education Committee. Schmidt, 59, is married to the former Jessie Garfield of St. Louis, Mo. They are the parents of two children - daughter Sara Lynne, a senior at MSU and son, Daniel, a MSU sophomore.

AL SCHMIDT AT A GLANCE

PERSONAL

Birthdate : September 3, 1950
Birthplace: Dallas, Texas
Hometown: St. Louis, Mo.
Wife: Former Jessie Garfield
Children: Daughter Sara Lynn; Son Daniel

EDUCATION

College: St. Louis University, 1975

COACHING EXPERIENCE

1972-75 Assistant Coach, Missouri-St. Louis, Cross Country
1975-80 Head Coach, St. Louis Men's Track & Field
1982-83 Graduate Assistant, Kansas, Track & Field
1983-88 Assistant Coach, Florida State, Track & Field
Head Coach, Florida State, Cross Country
1988- Head Coach, Track & Field

NOTABLE

Schmidt has coached 36 all-Americans, 35 Southeastern Conference Champions and four individual national titles ... Placed 208 student-athletes in the SEC Academic Honor Roll, including three academic all-Americans ... Vice-chairman of the USA Track & Field Coaches Education Committee.





STEVE DUDLEY
ASSOCIATE HEAD COACH
10th Season
Mississippi State, 1995

An integral part of the Bulldogs' success since his return to Starkville, Steve Dudley begins his tenth year at Mississippi State as the associate head coach for the track and field squads.

Through ten seasons back on campus, Dudley has tutored 24 athletes to All-American status since his return to his alma mater in 2000. Last season Dudley had five Bulldogs earn All-America accolades, including freshman sprinter D'Angelo Cherry who recorded a personal-best 10.07 seconds in the 100-meter dash. He also tutored Emanuel Mayers to a 50.06 second 400-meter hurdle time good enough for second in MSU history. Dudley has always been a master of relays, and 2009 was no different. His 4x100-meter relay team finished fifth at the NCAA Championships and his 4x400-meter relay team claimed medalist honors at the Mideast Regional Championships.

Through eight seasons back on campus, Dudley has tutored 19 athletes to All-American status since his return to his alma mater in 2000. Last season, Dudley led eight Bulldog sprinters to regional qualifying marks, including two individuals in the 400-meter dash and two in the 800-meter run. He also coached Jamil Hubbard to become an SEC Champion in the 400-meter dash and coached several athletes to NCAA Regional Champions in the 400-meter dash, the 800-meter run and the 4x400-meter relay last year. Dudley coached Kendall May to an eighth-place finish in the 100-meter dash at the NCAA Championships. He also coached O'Neal Wilder to become a USA Track and Field Jr. National Champion in the 400-meter dash and to a bronze medal at the World Jr. Championships in the 400-meter dash and a gold medal in the 4x400 meter relay. Golden Coachman, Bruce Davis, Chris Woods, Kendall May, John Bailey, Emanuel Mayers and O'Neal Wilder made postseason trips.

The 2007 tandem of MState's 4x400-meter relay team of B. Davis, Nathan Daniels, Arthur Davis and Ezra Jones bested their previous finish from 2006, finishing in three minutes, three seconds to take fourth place. Coachman and the quartet all gained all-America honors. The 2006 edition of State's 4x400-meter relay team of juniors B. Davis, Ezra Jones, A. Davis and Daniels ran 3:05 to finish seventh at the NCAA Outdoor Championships. The finish by the quartet garners A. Davis with his third all-America honor in the event, while B. Davis, Jones and Daniels collected their first. In 2005, Dudley guided MState's 4x400-meter relay squad to a fifth-place finish at the national championships and broke a school record held for more than a decade (3:01.63). As a result, senior Jamel Ashley, freshman Elzie Coleman, Arthur Davis, senior LaChristopher Lewis, Kendall Pyant II and Chris Woods earned all-America status. In the 4x100-meter relay, Ashley, Lewis, sophomore Elliott Morant and Mullings tied a school record with a 39.09 clocking at the Texas Relays. Mullings, Ashley, Davis and Lewis combined to finish third in the event at the SEC Championships. Since the 2003 Penn Relays, the Bulldogs have failed to win the 4x200-meter relay only once. Former Bulldog Steve Mullings posted the fastest regional-qualifying time in the country in the 100-meter dash (10.06) and won the Southeastern Conference and Mideast Regional championships. In his final season for the Maroon and White, Jamel Ashley garnered all-America honors with a second-place finish in the 400-meter dash at the national championships. Ashley's 44.75 broke a school record he set a day earlier.

At the 2004 SEC Championships, Ashley, Davis, Keston Nelson and

Steve Dudley has coached 19 Bulldog sprinters to all-American status in his 10 years at Mississippi State.

Lewis finished second in the 4x4. Ashley took eighth in the 400 at the national meet, while the 4x4 squad finished third.

Pierre Browne was named the 2003 NCAA Indoor national champion in the 60-meter dash and finished runner-up in the 100 at the outdoor national meet. Marquis Davis finished second in the 200 at the outdoor national meet the same season. Throughout the season, four of his athletes accumulated six all-America honors. Dudley's first season in Starkville saw his athletes earn eight all-America accolades.

In three seasons at Beville State (Ala.) Community College, Dudley coached three NJCAA national champions and 19 all-Americans. In cross country, the men's and women's squads captured the Region XXII title in 1999. The Bears also won the 1998 Region XXII title en route to a third-place national showing. His 1999 Lady Bear team earned Academic Team of the Year honors, and the men finished second the same season. Twelve Bears earned Academic all-America accolades.

Before entering the coaching ranks, Dudley served as a captain for MSU's track team from 1991-95. While at State, he was named to the SEC Academic Honor Roll for three years (1993-95). He currently ranks fifth on MSU's all-time superlatives list in two categories--the indoor 5000-meter run and the outdoor 10,000-meter run.

The Hamilton, Ala., native graduated with a bachelor's degree in May 1995. He received his master's degree in environmental geology from State in December 2004. Dudley married the former Tiffany McWilliams in December 2009.

STEVE DUDLEY AT A GLANCE

PERSONAL

Birthdate : February 24, 1972
Birthplace: Atlanta, Ga.
Hometown: Hamilton, Ala.
Wife: Former Tiffany McWilliams

EDUCATION

College: Mississippi State University, 1995
Graduate School: Mississippi State University, 2004

COACHING EXPERIENCE

1998 - 2000 Head Coach, Beville State [AL] Community College, Track
2000- Associate Head Coach, Track & Field



COACHING STAFF



BRYAN FETZER

ASSISTANT COACH

Jumps, Hurdles, Sprints, Combined Events
Third Season

Canisius College, 1996

Bryan Fetzer is entering his third season at Mississippi State University. In 2009 he saw four Lady Bulldogs qualify for the NCAA Outdoor Championships. Marrissa Harris earned her second-straight All-America accolades in her eighth-place finish and tenth-place finish in the heptathlon and 100-meter hurdles. Wendy Copeland jumped 21-00 ¾, the second-longest in school history, giving her a second-place finish at the Mideast Regional Championships, while Priscilla Gaines placed fourth at 20-05, the fourth-best jump in school history. In all six Lady Bulldogs qualified for the Regional Championships including the 4x100-meter relay team and two 100-meter hurdlers.

In his inaugural season coaching the Lady Bulldogs he tutored Marrissa Harris into only the third Indoor All-American in school history in the pentathlon. Nine athletes entered the Mississippi State top five all-time in just his first season breaking two school records.

Before coming to Mississippi State he spent three years at Cal building the Golden Bears into a national power. His athletes broke 11 school records under his direction in the sprints and hurdles events. He also helped coach the women's squad to their highest NCAA finishes with an eighth-place showing at the 2007 NCAA Outdoor Championships and 15th at the 2007 indoor championship. Fetzer also served as recruiting coordinator and oversaw the strength training for the men's and women's teams.

Prior to arriving in Berkeley, he spent a season in Muncie, Ind., where he was an assistant women's cross country and track and field coach at Ball State University. Under his guidance, three athletes (long jump-three, 400m, high jump) qualified for the NCAA Regional Championships and one (heptathlon) for the NCAA Outdoor Championships. The season also produced two school records in the multi-events that stood for 10 years.

Preceding his one-year stint at Ball State, Fetzer spent four years as the Director of Track and Field and Cross Country at Gardner-Webb University in Boiling Springs, N.C. From the summer of 1999 to the summer of 2003 at Gardner-Webb, Fetzer started the track and field program and led its transition from NCAA Division II to Division I status. During his tenure, he coached six NCAA National Champions along with twelve All-Americans including; the 2000 IAAF World Leader in the 55m, Julia O'Neal. The women's team produced a pair of top five finishes at the NCAA National Championships in their only year at Division II and additionally finished as the Atlantic Sun Conference runner-up in the school's first year in Division I. After the 2000, season Fetzer was named the USTCA NCAA Division II Women's Southeast Coach of the Year.

Fetzer's collegiate coaching experience started at Ranger College in Ranger, Texas, in both track and field and football. In building the women's track and field program into a national junior college power, he had eight NJCAA National Championships in 1999 and finished no lower than 11th at the NJCAA Championships under his tutelage.

In addition to collegiate athletics, he has consulted and worked on speed and power development and strength training with several professional athletes in the NFL, Arena Football League, WNBA, WUSA and MLB. One of Fetzer's post-collegiate track athletes, Adam Shunk (Nike), has a lifetime

Bryan Fetzer had four Lady Bulldogs qualify for the 2009 NCAA Outdoor Championships.

personal-best of 2.30m (high jump) and has been ranked in the IAAF Top 20 World Ranking. Fetzer boasts an international experience having, been an assistant coach in 2001 at the World University Games for Uganda as well as serving on staffs at the Commonwealth Games and NACAC Under 25-Championships. Fetzer was also a member of the 2008 USATF Men's World Junior Staff.



BRYAN FETZER AT A GLANCE

PERSONAL

Birthdate : March 29, 1973
Birthplace: Johnstown, Pa.
Hometown: Johnstown, Pa.

EDUCATION

College: Canisius College, 1996
Tarleton State University, 1999

COACHING EXPERIENCE

1994 - 95 Assistant Coach, St. Mary's School for the Deaf [Buffalo, Ny.] Track & Field
1996-99 Head Women's Track and Cross Country, Ranger [Texas] College
1999-2003 Director of Track and Cross Country, Gardner-Webb University
2003-04 Assistant Coach, Ball State University, Track & Field
2004-08 Assistnat Coach, University of California, Berkeley, Track & Field
2008- Assistant Coach, Track & Field



HOUSTON FRANKS

HEAD CROSS COUNTRY COACH

Men's Distance

Sixth Season

Mississippi State, 1998

Houston and Meggan Franks

Houston Franks returned home to Mississippi State in 2004 as an assistant track and field coach. An accomplished distance runner for the Maroon and White from 1994-98, Franks coaches and develops men's distance runners, and served his first season as head cross country coach in 2009.

The sixth-year coach is an integral part to the recent success of the MSU men's cross country program. Franks helped the Bulldogs to a sixth-place finish at both the 2008 SEC Championships and the NCAA South Regional. In 2008, Franks also coached Robert Scribner to become the second Bulldog in MSU history to qualify for the NCAA Cross Country Championships.

The 2007 cross country season, the Bulldogs finished fifth at the Southeastern Conference Cross Country Championship - the best placement by the men's squad since the 1981 season and the best finish since the program was revived in 2003.

In the past three seasons, Franks has tutored the MSU men's distance squads to breaking four school records (indoor 3,000, outdoor 10,000, 4x1500-meter relay and 4x800-meter relay), and moving into the MSU all-time ranks in steeplechase, 10,000-, 5,000-, 3,000- and 1500-meter runs.

Prior to returning to Starkville, Franks spent five years at Southwest Missouri State University (now Missouri State University). While at SMS, Franks served as head cross country coach for the Bears. While there, he won three Missouri Valley Conference women's titles. His women's teams finished in the top four at the NCAA Midwest Regional's during his last three years and his men's squads finished in the top half of the conference during all five seasons. During the track and field season, the Bears captured three indoor and outdoor league championships on the women's side.

Franks was a three-time MVC Coach of the Year in women's cross country. During the 2002-03 season, he was also a part of the first SMS squad since 1993-94 to win the league's coveted Triple Crown championships in cross country and both indoor and outdoor track and field.

Franks was also a graduate assistant at MSU under Al Schmidt during the 1998-99 season. While an assistant, he developed training programs for distance runners and coordinated team travel, recruiting and meet administration.

While running for the Maroon and White, Franks was considered MSU's top distance runner and was named to the Southeastern Conference's Academic Honor Roll three times. He currently ranks fourth on MSU's all-time list in the indoor 3000-meter run.

Franks is a 1998 MSU graduate with a teaching and coaching degree. He received his master's degree in sports administration from MSU in August 1999.

Franks has seen four outdoor track and field school records broken, and has had Top 10 team finishes at SEC and NCAA Cross Country Championships.

The Tupelo, Miss., native was a four-year letter winner at Tupelo High School and was named an all-American in cross country his senior season. A state champion in both cross country and the two-mile run, he was also named an All-State selection three times during his track and field career at THS.

He and his wife, the former Meggan Hodge, were married in December 2007.

HOUSTON FRANKS AT A GLANCE

PERSONAL

Birthdate : May 4, 1974
Birthplace: Tupelo, Miss.
Hometown: Tupelo, Miss.
Wife: Former Meggan Hodge

EDUCATION

College: Mississippi State, 1998
Graduate School: Mississippi State, 1999

COACHING EXPERIENCE

1998 - 99 Graduate Assistant, Mississippi State
1999 - 2005 Head Coach, SW Missouri State (Missouri State), Cross Country
1999 - 2005 Assistant Coach, SW Missouri State (Missouri State), Track & Field
2005 - Head Coach Men's Cross Country, Assistant Coach Track & Field



COACHING STAFF



APRIL THOMAS

ASSISTANT COACH

Throws

Third Season

Tennessee, 2007

April Thomas has tutored MSU throwers to All-SEC accolades in her short time at State.

April Thomas enters her third season as MSU's men's and women's throwing coach. She has helped heptathlete Marrissa Harris earn indoor and outdoor All-America and All-SEC accolades by tutoring her to personal-best in the shot put. Thomas also tutored LaQuinta Aaron to personal-best throws in the shot put that helped her earn provisional qualifications in the heptathlon for the 2009 NCAA Outdoor Championships. Thomas also watched decathletes Darryl Brady and Martin Lee earn top eight finishes in the decathlon at the outdoor SEC Championships and also throw personal-best in the shot put and the discus. Thomas was also vital in the emergence of Favion Cowards onto the track and field throwing scene. Thomas tutored Cowards to a personal-best weight throw to earn eighth-place at the 2009 SEC Indoor Championships, where she earned all-SEC accolades.

Thomas comes to MSU after coaching boys' and girls'

shot put and discus at Knoxville (Tenn.) Catholic High School. Her primary responsibilities at MSU are coaching throwers. She also coached with the Knoxville (Tenn.) Track Club.

A native of Albany, Ga., Thomas earned her degree in sociology from University of Tennessee in 2007. Prior to UT, she competed at Cloud County (Kansas) Community College. At the 2006 SEC Indoor Championships, Thomas finished as runner-up in the shot put. She also has three other top five SEC finishes to her credit in the event. She currently ranks sixth on UT's all-time outdoor performers list in the shot put and hammer throw fourth on the all-time indoor weight throw and fifth on the school's all-time indoor performers list in the shot put and weight throw. Thomas helped UT win the 2005 SEC Indoor Championship. She was part of Tennessee's 2005 NCAA Mideast Regional team that captured the program's first victory at that event.



APRIL THOMAS AT A GLANCE

PERSONAL

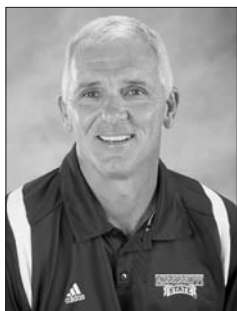
Birthdate: February 4, 19984
Birthplace: Albany, Ga.
Hometown: Albany, Ga.

EDUCATION

College: University of Tennessee, 2007

COACHING EXPERIENCE

2004 - 2007 Assistant Throws Coach, Knoxville (Tenn.) Track Club
2007 Assistant Coach, Knoxville (Tenn.) Catholic High School
2007- Assistant Coach, Track & Field



JOE GANT

ASSISTANT COACH

Pole Vault/Decathlon

Fifth Season • Mississippi State, 1975

Entering his fifth season assisting with the MSU track and field program is Joe Gant. Gant, a former two-year letterwinner on the Bulldog track squad in 1974 and 1975, works daily with the vertical jumps. The Vaiden, Miss. native came to State in 1974 after a two-year stint in the junior college ranks in Mississippi. He turned in a personal best 15 feet, six inches in the pole vault competition and placed second in the Southeastern Conference decathlon with 7,041 points. His total in the event is a school record (old javelin).

After his collegiate days, Gant remained in the state of Mississippi in the high school football ranks at Weir High School in Choctaw County, Miss. While at WHS, Gant led the Lions to five Class 1A State Championships. His quintet of state titles is second all time in the Mississippi High School Athletic Association's coaching laurels. He is the only coach in Mississippi to have won that many at one school.

His nephew, Jamie Gant, played two seasons for the MSU Diamond Dogs from 2003-04.

Support Staff



LACHRISTOPHER LEWIS

Volunteer Assistant Coach



JIMMY STRICKLAND

Athletic Trainer



DANA BLOUNT

Academic Counselor



MICHELLE SCRIVENER

Administrative Assistant



RUSSELL TATE

Volunteer Assistant Coach



ZACHARY GOLSEN

Manager



JAMAL JENKINS

Manager

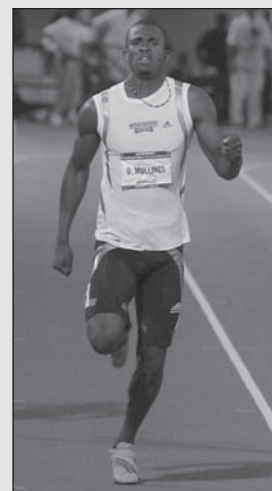


DANIEL SCHMIDT

Manager



MEET THE BULLDOGS





MATTHEW CAMERON

Junior • 6-2 • Madison, Miss.
Madison Ridgeland Academy
Major: Business and Industry
Events: Distance

YEAR - BY - YEAR PERSONAL BEST MARKS

Year	1500	3000	5000	8K	10K
2008	3:48.40	8:50.35	15:02.80	25:22	
2009	3:44.26	8:10.12	14:20.67	25:20	32:07.97

CAREER HIGHLIGHTS

- Cameron was part of the 2008 4x1500 relay team which ran 15:39.86 at the Texas Relays to set a new school record
- His 1500-meter time of 3:48.40 was the team's best for the 2008 season
- Holds the MSU Freshman Record for the 1500-meter run
- Member of school record holding 4x1500 meter relay

MORE ABOUT MATTHEW ...

- If Cameron was an animal he'd be an otter
- Favorite sports team is the New Orleans Saints
- Favorite actor is Bill Murray

HIGH SCHOOL

Lettered 11 times at Madison Ridgeland Academy under the direction of Head Coach Ross Hailey ... Mississippi two-time 3A state champion in 3200-meter run ... Four-time All-MPSA for cross country ... 1600- and 800-meter run state champion ... Won 2006 MPSA State Cross Country individual crown ... Notes personal-best times as 1:56 (800-meter run), 4:07 (mile run) and 15:44 (5000-meter run) ... Ranked sixth in the country in the mile run ... Member of the Fellowship of Christian Athletes, Spanish Club, TARS and National Honor Society.

OTHER COMPETITION

Ran at Nike Outdoor Nationals, posting a time of 4:07.32 to take fourth ... Clocked 4:19.68 to notch first place at the Arkansas High School Invitational.

PERSONAL

Born Matthew Thomas Cameron on June 7 in Flowood, Miss. ... Son of Herman and Rebecca Cameron ... Both parents attended MSU, as did sister Loren.



ALL-AMERICAN

D'ANGELO CHERRY

Sophomore • 5-4 • Jonesboro, Ga.
Mount Zion HS
Major: Undecided
Events: Sprints

YEAR - BY - YEAR PERSONAL BEST MARKS

Year	100
2009	10.07

CAREER HIGHLIGHTS

- 2009 All-American
- 2009 Mid-east Regional Qualifier
- 2009 American Junior 60-meter Record Holder
- MSU Freshman 100-Meter Dash Record Holder

WHAT TO KNOW ABOUT D'ANGELO ...

- D'Angelo's favorite cereal is Frosted Flakes
- Shares love for TV show, Family Guy like many other teammates
- Favorite singer is Amy Winehouse
- Cherry considers the best place to hang out on campus is Ruby Hall

HIGH SCHOOL

Ran for James Davis at Mount Zion High School in Jonesboro, Ga. ... Holds Georgia state record in 55-meter dash and 100-meter dash... Earned three track and field letters ... Also played football and was a member on the swim team while at Mount Zion.

OTHER COMPETITION

Anchored the 2008 Junior Olympic 4 x 100-meter championship relay ... Placed second in the 100- and 200-meter dashes at the Golden South National meet ... Won first place in the 100-meter dash at the Golden West National meet ... 2008 Junior Olympic 100 meter Champion.

PERSONAL

Born D'Angelo Cherry on August 1 in Biloxi, Miss. ... Son of Ms. Brunetta Cherry.





ALL-AMERICAN

JUSTIN CHRISTIAN

Sophomore • 5-9 • Atlanta, Ga.

Morrow HS

Major: Biological Sciences

Events: Sprints

YEAR - BY - YEAR PERSONAL BEST MARKS

Year	100	200
2008	Red shirt	
2009	10.41	22.05

CAREER HIGHLIGHTS

- 2009 NCAA All-American as a member of the 4x100-meter relay team
- NCAA Qualifier
- Midwest Regional qualifier

MORE ABOUT JUSTIN ...

- Justin is as good as anyone at playing video games
- Favorite class is Chemistry
- Most people do not know that Justin likes to listen to classical music
- Justin is best known as J.C. to teammates and friends

HIGH SCHOOL

Lettered four years at Morrow (Ga.) High School under Sam Pennepacher ... List best times as 10.42 in the 100-meter dash and 21.15 in the 200-meter dash ... Also lettered two years in football ... Ranked top 10 in the country coming out of high school in the 100-meter dash.

OTHER COMPETITION

Won 60-meter indoor championship at NSIC in 2007 with time of 6.69.

PERSONAL

Born Justin Deontrae Christian on February 19 in Atlanta, Ga. ... Son of Dwight and Naomi Christian.



TREVARUS CHRISTIAN

Sophomore • 6-2 • Vaiden, Miss.

J.Z. George HS

Major: Engineering

Events: Combined Events

YEAR - BY - YEAR PERSONAL BEST MARKS

Year	110H	400	HJ	LJ	Discus	SP	Dec.
2009	15.92	49.64	6-01¼	21-04 ¾	89-05	36-11¼	6,302 pts.

GET TO KNOW TREVARUS ...

- Trevarus' nickname is Sleepy
- Favorite music artist is T.I.
- Friends would describe him as funny and outgoing
- Favorite book is Hamlet

HIGH SCHOOL

Prepped at J.Z. George High School for Heath Dudley ... Earned four varsity letters ... Three time All-State selection in 400-meter dash ... 2A Mississippi High School All-State selection in long jump and 200-meter dash ... Also earned two letters in football and basketball.

PERSONAL

Born Trevarus Montez Christian on August 14 in Vaiden, Miss. ... Son of Ms. Katrina Grant ... Cousin Rodney Lockhart ran track at University of Mississippi and cousin Terrance Fleming played football at North Dakota State.



ROBERT ELLIS

Sophomore • 5-11 • Tupelo, Miss.

Tupelo HS

Major: Undecided

Events: Distance

YEAR - BY - YEAR PERSONAL BEST MARKS

Year	
2009	Red shirt

MORE ABOUT ROBERT ...

- Nickname is Bobinhood
- Agrees with most teammates that Family Guy is the best TV show out there
- Loves to play soccer when not running
- Likes to play pool in free time

HIGH SCHOOL

Earned four letters in both cross country and track under Coach Nathan Hall at Tupelo High School ... Was class MHSAA class 5A cross country runner up in 2007 and 2006 ... Brought home the cross country crown in 2006 ... Two time 1600 meter state champion ... Also was a member of the soccer team.

PERSONAL

Born Robert Franklin Ellis Jr. on March 13 ... Son of Robert and Margaret Ellis.



ALLEN GEARHART

Sophomore • 5-11 • Tupelo, Miss.

Tupelo HS

Major: Undecided

Events: Distance

YEAR - BY - YEAR PERSONAL BEST MARKS

Year	5000	8K
2008	Red shirt	
2009	16:13.14	27:09.10

MORE ABOUT ALLEN ...

- Favorite sports team is Mississippi State
- Likes to hang out in the Union when on campus
- Favorite color is blue
- Thinks the best thing about MSU track and field are his teammates

HIGH SCHOOL

Earned varsity letters in cross country and track and field at Clinton High School in Clinton, Miss. ... Prepped under coach Gary Hawell ... Competed in both mile and 2 mile run ... 2005 and 2006 All-State Cross Country team ... Member of National Honor Society and Spanish Club ... Honor Roll student.

PERSONAL

Born Allen Gearhart on October 8 in Clinton, Miss. ... Son of Judy and Greg Gearhart.



NATHAN JOHNSON

Junior • 5-10 • Texarkana, Texas
Cabot HS
Major: Biomedical Engineering
Events: Distance

YEAR - BY - YEAR PERSONAL BEST MARKS

Year

2009 Red shirt

DID YOU KNOW NATHAN ...

- Something interesting about Johnson is that he is a MSU man
- Favorite song is Justin Timberlake's "Sexy Back"
- Likes to dance to hip music in his spare time
- Favorite class is Physics

HIGH SCHOOL

Prepped at Cabot High School for Leon White ... Lettered three years in both cross country and track and field ... Arkansas state cross country and track and field runner-up ... Named all-state four times ... Two-time Arkansas track and field academic all-Star (2006, 2007) ... List personal best times as 16:06 in 5000-meter competition and 9:42 in the 3200-meter run.

PERSONAL

Born Nathan Merritt Johnson on October 10 in Cheyenne, Wyo. ... Son of Martin and Laura Johnson.



GARREN HENDRICKS

Sophomore • 5-11 • St. Louis, Mo.
Hazelwood Central HS
Major: Real Estate
Events: Sprints

YEAR - BY - YEAR PERSONAL BEST MARKS

Year

2009 Red shirt

GET TO KNOW GARREN ...

- Garren believes Honey Bunches of Oats is the breakfast for champions
- Besides track Garren loves football
- "The Loop" is the best place to hangout in St. Louis
- Would love to be a stunt car driver one day

HIGH SCHOOL

A winner of eight MVP awards at Hazelwood Central ... Ran the 100 and 200 meter dashes and was a member of the voted best 4x100 relay team ... Was also a member of the Varsity football team

OTHER COMPETITION

Competed at USATF Junior Olympics from 2003 - 2008 ... Was a member of the 2008 first place 4 x 100 meter relay team and was runner up in the individual 200 meter dash.

PERSONAL

Born Garren Hendricks on May 24 ... Son of Angie Fisher and Eugene Hendricks.



PATRICK JOHNSON

Sophomore • 5-11 • Memphis, Tenn.
Briarcrest Christian HS
Major: Real Estate
Events: Jumps

YEAR - BY - YEAR PERSONAL BEST MARKS

Year Pole Vault

2009 15-01

WHAT TO KNOW ABOUT PATRICK ...

- Biggest fear in life is to fail
- Loves to watch Prison Break and The Office
- Many people don't know that Patrick is a pretty good tennis and golf player
- Patrick's favorite spot on campus is the Drill Field

HIGH SCHOOL

Ran under the direction of Mark Boggess and Jason Vogt at Briarcrest Christian ... Earned three varsity letter pole vaulting ... With a personal best jump of 15 feet, broke the West Tennessee regional meet record and the Briarcrest school pole vaulting record ... Finished second in the 2008 Tennessee High School State meet ... Also earned three varsity letters as a member of the wrestling and tennis teams ... Member of the Fellowship of Christian Athletes and Young Life campus organizations.

PERSONAL

Born Patrick Mark Johnson on December 22 ... Son on Mark and Angela Johnson.



MARTIN LEE

Junior • 6-1 • Greenville, Miss.
Greenville Weston HS
Major: Pre-major Studies
Events: Combined Events

YEAR - BY - YEAR PERSONAL BEST MARKS

Year	110H	400	HJ	LJ	PV	Discus	SP	Dec.
2008	15.45	51.03	6-1 ¼	21-00	12-07	139-5	43-4 ¼	6,641 pts
2009	15.08				12-01	40-04¼		

CAREER HIGHLIGHTS

- Scored 6,641 points in the decathlon at the outdoor SEC Championships earning eighth place and All-SEC honors as a freshman

MORE ABOUT MARTIN ...

- Martin loves to eat turkey and dressing
- Thinks the Boston Celtics are the best basketball team in the NBA
- Likes playing pool and basketball in his spare time
- Likes to read anything by Langston Hughes

HIGH SCHOOL

Lettered four years in track and field on the prep levels at Greenville (Miss.) Weston High School under Kenneth Kable ... Won Mississippi State 5A championship in 110-meter hurdles, triple jump and discus ... Finished in second place in 300-meter hurdles ... Scored 38 of team's 43 total points at the state meet ... Earned state title in 300-meter hurdles with time of 40.36 his junior year ... Named Gatorade Player of the Year for Mississippi ... Notched all-state honors and all region in decathlon ... Personal-bests carded at the Mississippi State 5A championship include, 47-03 ¾ (triple jump), 14.74 (110-meter hurdles) and 143-00 (discus) ... Also lettered in football ... Named Mississippi Scholar.

PERSONAL

Born Martin Lamar Lee on January 17 in Queens, N.Y. ... Son of Harvey Lee.



ADAM LENZ

Junior • 5-6 • Montpelier, Ind.
Blackford HS
Major: Geology
Events: Distance

YEAR - BY - YEAR PERSONAL BEST MARKS

Year	3000	5000	10,000	8K	10K
2007				24:52	
2008	8:31.13	14:37.4	30:25.91	24:22	32:13.10
2009		14:43.39	30:47.79	25:03.02	31:25.83

CAREER HIGHLIGHTS

- Ran 30 minutes 25.91 seconds in the 10,000 meter run to claim the MSU freshman record
- All- Region in Cross Country

GET TO KNOW ADAM ...

- Favorite color is maroon
- Could be found either playing basketball or going on long runs in his free time
- Thinks the Indianapolis Colts are the best team in the NFL

HIGH SCHOOL

Ran at Blackford High School, where he earned three varsity letters in cross country and two in track and field ...Tutored by Ron Grogg ... Named to Indiana all-state cross country team in 2003 ... 2007 Indoor all-American in 5000-meter run ... Notes personal best marks as 4:18 in the 1600, 9:17 in the two-mile run and 15:22 in the 5000 ... Also lettered in varsity basketball ... Ran at Crested Butte Academy in Colorado his senior year.

PERSONAL

Born Adam Davis Lenz on June 2 in Hartford City, Ind. ... Son of Jason and Joni Lenz ... Both parents participated in cross country and track and field at Anderson University.



ANTOINE LIPSCOMB

Junior • 5-11 • Starkville, Miss.
Starkville HS
Major: Undecided
Events: Jumps/Hurdles

YEAR - BY - YEAR PERSONAL BEST MARKS

Year	100	110H	400	HJ	LJ	Dec.
2008	Red shirt					
2009	11.43	14.92	52.58	6-02	22-06	5,963 pts.

MORE ABOUT ANTOINE ...

- Best non-athletic talent is doing back flips
- Favorite TV show is Family Guy
- Loves football
- Enjoys cleaning as a hobby

HIGH SCHOOL

Notched all-American status at Starkville High School under Cleveland Hudson ... Lettered five years in track and field ... Two third-place finishes (2006, 2007) at Mississippi High School Activities Association meet ... Took first place in the long jump and second in 110-meter hurdles at 2006 state meet ... Earned varsity letters in basketball and football ... Honor Roll recipient.

OTHER COMPETITION

Competed in National AAU Championships and National Scholastic Championships ... At the NSC, SHS finished as one of the top five teams in the nation ... Also competed in the LSU High School Classic where he finished in the top three in both the 55-meter hurdles and the long jump.

PERSONAL

Born Antoine Joseph Lipscomb on January 5 in Fort Stewart, Ga. ... Son of Joseph and Rosalind Lipscomb.

ALL-AMERICAN

KENDALL MAY

Junior • 5-9 • Northport, Ala.
Tuscaloosa County HS
Major: Fitness Management
Events: Sprints



YEAR - BY - YEAR PERSONAL BEST MARKS

Year	100	200
2007	10.55	
2008	10.24	21.22
2009	Red shirt	

CAREER HIGHLIGHTS

- Earned All-SEC honors in 100 meter dash in 2008
- Ran personal best 100 meter time of 10.24 at the Mideast Regional earning him an at-large invitation to 2008 NCAA Outdoor Championships
- NCAA All-American

WHAT TO KNOW ABOUT KENDALL ...

- Chose MSU because it is really close to his hometown, Northport, Ala.
- Favorite color is blue
- Most people don't know that Kendall is a twin
- Other than track, Kendall wouldn't mind playing football

HIGH SCHOOL

Competed at Tuscaloosa (Ala.) County High School for Jeff McNealy ... State champion in the 100-meter dash and fourth in the 200-meter dash ... Finished second in the 100 at the Meet of Champions ... Notes personal best times as 10.63 in the 100 and 21.78 in the 200 ... Also competed in football ...Finished career as second leading receiver in school history ... Member of the Interact Club.

PERSONAL

Born Kendall May on January 5 ... Son of Roy and Constance May.



ALL-AMERICAN EMANUEL MAYERS

Junior • 5-10 • Lakewood, N.J.
Lakewood HS
Major: Banking and Finance
Events: Hurdles/Sprints

YEAR - BY - YEAR PERSONAL BEST MARKS

Year	400	800	400H
2008	47.80	1:53.67	51.35
2009			50.30

CAREER HIGHLIGHTS

- Ranks second in MSU All-Time superlatives in 400 meter hurdles
- Placed seventh in 400 hurdles earning All-SEC accolades
- 2008 NCAA Mid-East Regional Qualifier in 400 hurdles and 4x400 meter relay
- USATFCCCA all-Region
- Member of the 2008 NCAA Outdoor National qualifying 4x400 relay team
- Trinidad Junior National 400 hurdles record holder
- 2009 USTFCCCA All-America and All-Region selection
- 2009 All-SEC
- 2009 Mideast Regional 400-meter hurdles Champion

DID YOU KNOW EMANUEL ...

- Emanuel is best known as Manny
- Favorite TV show is Fresh Prince
- One thing most don't know about Emanuel is that he is very shy
- Ran for Trinidad and Tobago in the summer of 2008

HIGH SCHOOL

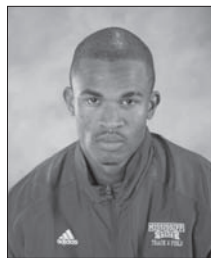
Named two-time all-American and all-state ... Prepped at Lakewood (N.J.) High School under the tutelage of Coach Fraser ... Lettered four years in cross country, indoor and outdoor track and field ... Ran fourth fastest time in the 400-meter hurdles in 2007 ... Best times reported in the 110-meter hurdles, triple jump and the 400 are 51.9, 46-10 and 48.3, respectively ... Member of History Club and Sociology Club.

OTHER COMPETITION

Took home first place at the Penn Relays in the 400-meter hurdles with a time of 52.81 ... Finished third in his section at the 2007 Nike Outdoor Nationals ... Named ShoreConferenceSports.com's Boy's Track and Field Athlete of the Week for April 30, 2007 for performance at Penn Relays.

PERSONAL

Born Emanuel C. Mayers on March 9 in Lakewood, N.J. ... Son of Andrien and Karen Mayers.



ALL-AMERICAN DWIGHT MULLINGS

Senior • 5-11 • Spanish Town, Jamiaca
Essex County (N.J.) College
Major: Educational Psychology
Events: Sprints

YEAR - BY - YEAR PERSONAL BEST MARKS

Year	200	400
2009	20.73	44.98

CAREER HIGHLIGHTS

- USTFCCCA All-America and All-Region selection
- Mideast Regional 400-meter dash Champion
- All-SEC

MORE ABOUT DWIGHT ...

- On campus you would most likely find Mullings hanging out in study hall
- Mullings would be a bear if he could be any animal
- Chicken and rice are his favorite foods

AT ESSEX COUNTY (N.J.) COLLEGE

Marked personal best times in 100 (10.51), 200 (21:01), and 400 (46.12) meter dashes under Michael Smart ... Competed in indoor track running 47.12 in the 400 meter dash ... Was four-time NJCCA All-American.

OTHER COMPETITION

Competed in the Jamaica Junior Nationals and was a member of the Senior National team.

PERSONAL

Born Dwight Mullings on December 10 ... Son of Juliet Williams ... Brother Steve Mullings ran track for the Bulldogs and is currently ranked in the men's top five outdoor season superlatives.





KENDRICK POULLARD

Senior • 6-4 • Welsh, La.
South Plains (Texas) College
Major: Undecided
Events: Jumps

YEAR - BY - YEAR PERSONAL BEST MARKS

Year	Long Jump	Triple Jump	High Jump
2009	24-00¾	50-08¾	6-08¾

CAREER HIGHLIGHTS

- 2009 Mideast Regional Qualifier

MORE ABOUT KENDRICK ...

- Likes to be called K-Smoov
- Favorite song is Number One by Nelly, but favorite music artist is Lil Wayne
- Enjoys drawing in spare time
- Loves absolutely everything about Mississippi State

AT SOUTH PLAINS COLLEGE

Won three junior college team national championships while at South Plains ... NJCAA All-American in both triple and high jump ... Coached by Blaine Wiley ... Was voted most improved athlete in 2008.

PERSONAL

Born Kendrick Poullard on March 26 in Jennings, La. ... Son of Francis and Barbera Poullard.



DANIEL SIMPKINS

Senior • 5-8 • Madison, Miss.
Madison Central HS
Major: Computer Engineering
Events: Distance

YEAR - BY - YEAR PERSONAL BEST MARKS

Year	1500	5000	3000 Steeplechase	8K
2006				26:41
2007	4:07.64	15:22.44	9:36.69	27:02.71
2008	4:06.16	15:23.62	9:25.18	26:09
2009	4:03.41		9:12.26	25:21.11

WHAT TO KNOW ABOUT DANIEL ...

- Favorite track athlete is Ryan Hall
- Musically talented as well, and is a skilled guitar player
- Favorite food are burgers and likes to eat them whenever he can

HIGH SCHOOL

Mississippi Premier Mile Championships Festival winner (4:29)... Three Mississippi High School Association Class 5A state titles in the 1600-meter run, one in the 3200-meter run and two in cross country ... Finished second in the 800-meter run as a senior ... Footlocker all-South selection for his age group ... Three-time all-state selection in track ... Five-time all-district and all-state cross country ... Notes personal-best times as 2:00 (800), 4:28 (1600), 9:46 (3200) and 15:46 (5K cross country) ... 2006 Mississippi Pop Star award winner for cross country ... Member of the Government Club, Mu Alpha Theta, the Academic Decathlon and Thespians ... Wendy's High School Heisman state finalist ... National Merit finalist.

PERSONAL

Born Daniel Monroe Simpkins on November 21 in Oxford, Miss. ... Son of Monty and Mary Ann Simpkins ... Mother and uncles Joseph Simpkins and David Roberts all attended MSU ... Mother was also cheerleader at MSU and father played tennis at Millsaps College.



JOSHUA TUCKER

Sophomore • 6-0 • Tupelo, Miss.
Tupelo HS
Major: Chemical Engineering
Events: Jumps

YEAR - BY - YEAR PERSONAL BEST MARKS

Year	High Jump
2009	6-09¾

MORE ABOUT JOSHUA ...

- Nickname is string bean
- Surprisingly knows how to barefoot water ski
- Favorite music artist is George Strait
- Loves movies with his favorite actress Catherine Zeta-Jones in them

HIGH SCHOOL

Prepped at Tupelo High School under the direction of Coach Nathan Hall ... Earned three varsity letters while at Tupelo ... Earned first, second, and third place in the high jump at the Mississippi High School Track Championships during 2006, 2007, and 2008 ... Recorded a personal best jump of six feet, nine inches ... Also lettered in football.

PERSONAL

Born Joshua Samuel Tucker on February 13 in Tupelo, Miss. ... Son of Bruce and Leslie Tucker ... Both father Bruce and brother Andy Tucker played football for Delta State.



CAMERON VINCENT

Junior • 5-8 • Ocean Springs, Miss.
Ocean Springs HS
Major: Kinesiology
Events: Distance

YEAR - BY - YEAR PERSONAL BEST MARKS

Year	800	1500	8K
2007	2:01.17	4:07.64	
2008	1:58.13	4:02.95	25:41.28
2009	1:57.95	3:56.90	26:04.14

GET TO KNOW CAMERON ...

- Favorite color is green and favorite food is pizza
- Loves absolutely everything about Mississippi State
- Two words that would be used to describe him are "The Batman"
- Favorite part of the track is the finish line
- Loves to watch Super Bad and The Dark Night

HIGH SCHOOL

Earned five letters in cross country and four in track at Ocean Springs High School ... 2005 state champion in the 3200-meter run ... In 2006, claimed the 800-meter run and holds the OSHS school record for the 800-meter ... A three-time all-state selection in cross country ... Claimed three district championships ... Lists personal-best times as 1:59 (800), 4:30 (1600) and 16:03 (5000) ... An honors graduate and a Mississippi Scholars Student.

PERSONAL

Born Cameron Jamison Vincent on May 10 in Gulfport, Miss. ... Son of Troy and Shelia Vincent ... Cousin Aspen Grissom attended MSU.



MITCH WEEGMAN

Sophomore • 6-0 • Winona, Minn.
Winona Senior HS
Major: Wildlife Science

YEAR - BY - YEAR PERSONAL BEST MARKS

Year	3000	5000	8K
2007			28:40.86
2008	9:11.05	15:48.62	
2009	Redshirt Outdoor and Cross Country		

DID YOU KNOW MITCH ...

- Fan of coaching legend Lou Holtz
- Likes to go hunting and fishing in free time
- Likes to read the Minneapolis Star Tribune

HIGH SCHOOL

Lettered three years in cross country and two years in track and field at Winona Senior High School under the direction of John Ruggeberg ... Named all-conference in cross country in 2006 ... At 2006 Minnesota state meet, ran 16:35 in the 5K event ... Lists top times as 16:32 (5K), 9:50 (3200), and 4:34 (1600) ... Also lettered in nordic skiing ... Three-time finalist at International Science and Engineering Fair ... National Junior Science and Humanities Symposium finalist in 2007... Finished in top four three years straight at Grand Awards...Member of National Honor Society and marching band.

PERSONAL

Born Mitchell Dale Weegman on September 2 in Minneapolis, Minn. ... Son of Dale and Lise Weegman.



EDWARD WESELA IV

Junior • 6-2 • Slinger, Wis.
Slinger HS
Major: Kinesiology
Events: Throws

YEAR - BY - YEAR PERSONAL BEST MARKS

Year	Shot Put	Discus
2008	53-03	150-00
2009	Red shirt	

WHAT TO KNOW ABOUT EDWARD ...

- Favorite food is breakfast and hobby is eating
- Would love to win the lottery one day
- Nicknamed Teddy Bear and his friends would describe him as huge and cuddly
- The best thing about MSU track is the team

HIGH SCHOOL

Lettered four years in track and field at Slinger (Wis.) High School ... Two-time state champion in the shot put ... Named team most valuable player twice ... Notes top throws as 61-10 in the shot put and 171-00 in the discus ... Named to the *Milwaukee Journal Sentinel's* all-area boys track and field team for 2006 ... Named to *wisconsintrackandfield.com's* honor roll in 2006 and 2007 ... Earned three letters in football and four in wrestling.

PERSONAL

Born Edward Michael Weesela IV on October 30 in Milwaukee, Wis. ... Son of Edward, III and Patti Weesela.



O'NEAL WILDER

Sophomore • 6-5 • Carthage, Miss.
Carthage HS
Major: Pre-major Studies
Events: Sprints

YEAR - BY - YEAR PERSONAL BEST MARKS

Year	Shot Put	Discus
2008	53-03	150-00
2009	Red shirt	

CAREER HIGHLIGHTS

- Bronze medal winner in 400 meter dash at IAAF World Junior National Championship
- Member of World Junior 4x400 meter relay Gold medal team
- Was the number two ranked world junior in the 400-meter run at the end of the 2008 season
- All- SEC
- MSU 400 meter dash freshman record holder
- 5th on MSU all-time 400 meter record list
- 2008 NCAA Outdoor Championship Qualifier
- 2008 Mideast Regional Qualifier
- USATFCCCA all-Region
- Member of Mideast regional champion 4x400 meter relay team
- USA Junior National 400 meter Champion

MORE ABOUT O'NEAL ...

- Loves to watch *Saved by the Bell* and favorite actress is Jennifer Lopez
- Likes country music and Travis Tritt
- Best non-athletic talent is sleeping
- Friends would describe him as goofy and coaches would describe him as humble and injured

HIGH SCHOOL

At 2007 Mississippi High School Activities Association 3A state meet, ran a personal-best 47.85 in the 400-meter dash en route to the state title ... Also ran a 21.93 in the 200, grabbing the state title, as well ... At Region 3-3A championships, ran a personal-best 21.87 in the 200-meter dash, finishing first while also taking first in the 400 with a time of 48.31 ... Helped team earn 2007 3A State Championship and Region 3-3A championship ... In 2006, named state champion in 400-meter dash with a time of 48.98 and took second place in the 200-meter dash (21.98) ... Also participated in football ... Selected to play in the Max Emfinger All-American Bowl Game Classic all-star game at Shreveport, La., following his senior season in 2006 ... Credited with running a 4.48 in the 40-yard dash by recruiting web site Scout.com ... Named second team, all-state at wide receiver following his senior season for head coach Pete Lucovich at Carthage (Miss.) High School by the *Jackson Clarion-Ledger* ... Selected first team, all-state in Class 3A by the Mississippi Association of Coaches ... Helped his prep team reach the second round the state playoffs during his senior season ... Had more than 600 yards receiving and 13 touchdowns during that senior year ... Had 18 catches for 428 yards, a 23.8-yard average and four touchdowns, during his junior campaign ... Lettered in basketball.

PERSONAL

Born Cranston O'Neal Wilder on August 9 ... Son of Mr. and Mrs. Leroy Rushing ... Was a member of the MSU football team.



BULLDOG NEWCOMERS



KYLE BALDERSON

Freshman • 5-10 • Brookville, Md.
Sherwood HS
Major: Biological Science
Events: Distance

MORE ABOUT KYLE ...

- Favorite colors are red and black
- He's visited four of the seven continents and would like to visit the other three
- One thing people don't know is that Kyle went skydiving for his 18th birthday
- His favorite musical artist is Lil Wayne

High School:

Earned four cross country letter at Sherwood High School in Sandy Springs, Md. ... Competed in both cross country and track for Dan Reeks ... Was a Virginia Triple Crown Individual Champion in 2007... Posted personal-best in the 5K (16:05), 3200 (9:34), 1600 (4:31), and 800 (2:02) ... Was a member of the Asian American Association.

Personal:

Born Kyle Balderson on June 21 in Silver Spring, Md. ... Son of Mike Balderson and Vicki Pappas.



DAUNDRE BARNABY

Freshman • 6-1 • Hartford, Conn.
Weaver HS
Major: Undecided
Events: Sprints

WHAT TO KNOW ABOUT DAUNDRE ...

- Asafa Powell is his favorite track athlete
- When home his high school is his favorite place to be
- You can always find him texting in his free time
- Blue is his favorite color

High School:

Earned two track and field varsity letters while at Weaver High School ... Prepped under coach Lee Hunt and Adrian Nelson ... Recorded personal-best in the 400 (46.13) and 200 (21.04) ... Won National Scholastic Indoor 400-meter ... Also played soccer.

Personal:

Born Daundre Barnaby on December 9 in St. Ann, Jamaica ... Son of Janet Dickens.



JULIAN DUARTE

Freshman • 5-6 • Houston, Texas
Mayde Creek HS
Major: Biomedical Engineering
Events: Distance

WHAT TO KNOW ABOUT JULIAN ...

- Thinks his teammates are the best thing about MSU track and field
- If he were an animal he'd be a tiger
- Favorite book is 1984 by George Orwell
- When he's home he's most likely hanging out at the cliffs

High School:

Competed in cross country and track at Mayde Creek High School in Houston, Texas under the direction of coach Tony Brillion ... Earned five letters between the two sports ... Cross country district champion ('06, '07, '08) ... Second place finisher at 2007 cross country regionals ... A member of National Honor Society, Spanish Club and D.A.R.E ... Graduated with high honors and a 4.2 G.P.A.

Personal:

Born Julian Duarte on January 11 in Bogota, Colombia ... Son of Leonor Mora and Luis Duarte.



REID HARGROVE

Freshman • 6-0 • Memphis, Tenn.
Briarcrest Christian HS
Major: Biochemistry
Events: Jumps

MORE ABOUT REID ...

- Favorite color is Maroon
- Loves to eat seafood and listen to any type of country music
- Thinks he's just as good as anybody at sleeping in
- Favorite sports team is Mississippi State and loves to watch Sportscenter

High School:

Prepped at Briarcrest Christian High School in Memphis, Tenn. ... Earned two varsity letters in track and field his junior and senior years under coach Jason Voght ... Also played tennis and football.

Personal:

Born Reid Hargrove on May 5 in Memphis, Tenn. ... Son of Mary and Michael Hargrove.



PHILIP JOHNSON

Freshman • 5-9 • Homewood, Ala.

Homewood HS

Major: Undecided

Events: Distance

DID YOU KNOW PHILIP ...

- Likes to read books by Aldous Huxley
- Is a huge Atlanta Braves fan
- Enjoys doing 200's to workout
- Will watch pretty much any movie that stars Tommy Lee Jones or Sandra Bullock

High School:

Competed for Coach Tom Esslinger at Homewood High School in Homewood, Ala. ... Earned eight varsity letters in cross country and track and field ... Four-time cross country All-State runner ... Earned track and field All-State honors in 2009 ... Recorded 15:53 5K personal-best time ... National Merit finalist and honor graduate.

Personal:

Born Philip Edward Johnson on September 9 in Homewood, Ala. ... Son of Maria and Burney Johnson ... grandfather Roger Barton Johnson attended Mississippi State and sister Anna Johnson competed at Rhodes College.



HENRY LI

Freshman • 6-1 • Katy, Texas

Seven Lakes HS

Major: Aerospace Engineering

Events: Distance

GETTING TO KNOW HENRY ...

- Believes he's as good as anyone at math and thinks it's his best non-athletic talent
- Thinks that the team chemistry is the best thing about MSU track and field
- Fahrenheit 451 is considered a great read
- Loves to play basketball

High School:

Ran for Marvin Rathke, dad of teammate Chase Rathke, at Seven Lakes High School in Katy, Texas ... Earned five varsity letters in cross country and track and field ... Posted personal-best times in 5000 (16:16) and 800 (2:00) ... A member of Spartans Out Serving and Mu Alpha Theta ... Three-year honor roll recipient.

Personal:

Born Henry Li in Calgary, Ark. ... Son of Sharon Sin and Yueaiu Li.



NICK PERKINS

Freshman • 5-7 • Hoover, Ala.

Hoover HS

Major: Accounting

Events: Distance

GETTING TO KNOW NICK ...

- Really likes the color orange
- Would love to wrestle a bull one day
- Really loves the campus and the people at State
- His coaches would describe him as determined and focused

High School:

Prepped under coach Devon Hind at Hoover High School ... Earned four varsity letters in cross country and three in track and field ... Won 6A Cross Country State Championship in 2007 and 6A Track and Field Championship in 2009 ... Recorded personal best 5K time of 15:28 and 3200-meter run time of 9:40 ... Bob Finely Character Recognition Award recipient.

Personal:

Born Joseph Nicholas Perkins on December 27 in Lexington, Ky. ... Son of Terri and Kirby Perkins.



ALEX RICHTER

Junior • 6-0 • Cullman, Ala.

Wallace State [AL] CC

Major: Undecided

Events: Sprints

GET TO KNOW ALEX ...

- Favorite color is green
- Loves peanut butter and banana sandwiches and fruit loops
- John Grisham is his favorite author
- As long as it's a science class Alex will enjoy it

At Wallace State:

Ran for coach Stan Naruski ... Was a member of the 5th- place NJCAA 4x100-meter relay team ... A member of Phi Theta Kappa fraternity ... Earned a place on the Dean's List and President's List.

High School:

Prepped under Mike Stansberry at Good Hope High School ... Finished 2nd ath Alabama State Championships in 400-meter dash ... Earned County MVP award and was named the Cullman Times Track Athlete of the Year ... Also played basketball ... Recipient of the Doe Shults Award for having the highest GPA on the basketball team.

Personal:

Born Alexander Davis Richter on January 31 in Decatur, Ala. ... Son of Anita and David Richter ... Uncle Jacob Richter Jr., ran track for Auburn in the 60s.



BULLDOG NEWCOMERS



ERIC SCHMIDT

Freshman • 5-9 • Centerville, Ohio

Centerville HS

Major: Undecided

Events: Distance

MORE ABOUT ERIC ...

- Chose to attend MSU because of the team atmosphere
- Enjoys his psychology classes
- Favorite sports team are the MSU Bulldogs and loves cowbells
- Would be described by coaches as eccentric and wired

High School:

Earned five varsity letters in cross country and track and field while at Centerville High School in Centerville, Ohio ... Ran for head coach Matt Somerlot...2008 Ohio Indoor 3200-meter run State Champion ...1st-team All-Conference Cross Country MVP...Academic All-Ohio award winner ... National French Honor Society ... American Academic Accomplishment Organization club member ... Scholar Athlete Award Winner.

Personal:

Born Eric Schmidt on October 27 on Loma Linda, Ca. ... Son of Donnette Lowe and Steven Schmidt.



TAVARIS TATE

Freshman • 5-7 • Starkville, Miss.

Starkville HS

Major: Undecided

Events: Sprints

MORE ABOUT TAVARIS ...

- Favorite color is black
- Likes to watch movies with Vivica Fox in them
- Thinks the food is the best thing about MSU
- Lashawn Merrit is his favorite track athlete

Other Competition:

A high school all-American ... Held a number one ranking in the U.S. Junior 400-meter dash ... 2009 Nike Indoor National 400-meter champion ... Won USATF Junior National 400-meter title ... 2009 Pan-Am gold (4x400-meter relay) and silver (400-meter dash) medalist.

High School:

Ran for Cleveland Hudson at Starkville High School ... Mississippi State Champion in the 100-, 200-, and 400-meter dashes ... Recorded personal-best 20.89 seconds in the 200 and 45.45 seconds in the 400.

Personal:

Born Tavaris Jamal Tate on December 21 in Germany ... Son of Tiffany and Russell Tate.



LAQUINTA AARON

Senior • 5-4 • Tuscaloosa, Ala.
Northridge HS
Major: Biological Sciences
Events: Combined Events/ Hurdles

YEAR - BY - YEAR PERSONAL BEST MARKS

Indoor Year	60H	Long Jump	Shot Put	Pentathlon
2007	8.99	17-09 ¾	33-01	3,408 pts
2008	8.64	18-07	36-11	3,486 pts
2009	8.44	18-04 ½	35-05	3,917 pts

Outdoor Year	100H	Long Jump	Shot Put	Heptathlon
2008				
2009				

CAREER HIGHLIGHTS

- All-SEC
- Fourth place finish at 2008 Outdoor SEC's in heptathlon
- 5,174 set NCAA provisional marks in heptathlon
- Forth in MSU all-time records for 60 meter hurdles
- Ranks fifth in MSU all-time records for the pentathlon
- 100 meter hurdle personal best of 13.77 is third best in school history
- Member of first ever 4x100 relay team to qualify for Mideast regional meet
- Provisionally qualified for both the pentathlon and heptathlon in 2009
- 2009 Mideast regional qualifier (100-meter hurdles and 200-meter dash)

GET TO KNOW LAQUINTA ...

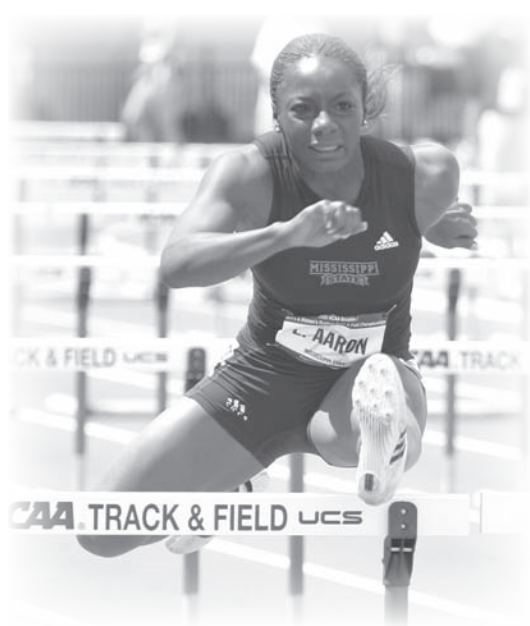
- Favorite color is lime-green
- Loves to play volleyball
- The Cowboys are her favorite football team

HIGH SCHOOL

Competed at Northridge High School in Tuscaloosa, Ala. for Head Coach Jeff Sparks ... Won a combined 15 state titles in the 55-meter dash, 55-meter hurdles, indoor and outdoor long jump, indoor and outdoor 400-meter dash, 100-meter dash, outdoor 200-meter dash, 300-meter hurdles, 4x100- and 4x400-meter relays and heptathlon ... Named Most Valuable Player of the AHSAA Class 5A state indoor meet ... Named Outstanding Performer ... Broke four indoor and two outdoor Class 5A records ... Named Paul Bryant Invitational MVP ... Member of the Spanish Club ... Named to the Honor Roll and received the Most Distinguished Senior award.

PERSONAL

Born LaQuinta Aaron on February 22 in Tuscaloosa, Ala. ... Daughter of Rachael Washington.



LOREN BRUCE

Sophomore • 5-4 • Memphis, Tenn.
Briarcrest Christian HS
Major: Nutrition
Events: Distance

YEAR - BY - YEAR PERSONAL BEST MARKS

Cross Country Year	5K	6K
2009	19:29	23:36.31

Indoor Year	3000	5000
2009	10:33.14	18:27.48

Outdoor Year	
2009	Red shirt

WHAT TO KNOW ABOUT LOREN ...

- Favorite color is blue
- Thinks the best read is Redeeming Love and likes to read books by Rob Bell
- Enjoys hanging on the Drill Field
- Favorite workout activity is doing repetitive 400s

HIGH SCHOOL

Ran at Briarcrest Christian High School in Memphis, Tenn. ... Recorded personal best times in 5K (19:29), 6K (23:27), mile (5:46), and 2 mile (12:36) under Coach Tom Rand ... Was a member of the Choir, Student Government, Honor Council, and Spanish Club ... National Honor Society member, National Spanish Honor Society member, Joseph A. Clayton Award Winner, Summa Cum Laude high school graduate.

PERSONAL

Born Loren Elizabeth Bruce on December 18 ... Daughter of Kenny and Jeanie Bruce ... Both parents attended Mississippi State.



WENDY COPELAND

Senior • 5-8 • Tupelo, Miss.
Tupelo HS
Major: Biological Sciences
Events: Jumps

YEAR - BY - YEAR PERSONAL BEST MARKS

Indoor Year	Long Jump	Triple Jump
2007	19-02 ½	39-07
2008	19-10 ¾	39-07
2009	19-09 ¾	

Outdoor Year	Long Jump	Triple Jump
2007	19-09 ½	39-08
2008	20-05	
2009	21-00 ¾	40-07

CAREER HIGHLIGHTS

- 2009 NCAA Outdoor Championships qualifier
- 2009 Mideast Regional qualifier
- Three-time Mideast regional qualifier in long jump
- Ranks third all-time in MSU indoor records in both long jump and triple jump
- Ranks second all-time in MSU outdoor records in long jump
- Tied for fifth all-time in MSU outdoor records in triple jump
- 8th place finish at 2008 Mideast regional



LADY BULLDOGS

MORE ABOUT WENDY ...

- Nicknamed WenDingo by her teammates
- Can't miss an episode of The Hills or Reba
- Favorite track athletes are teammates Marrissa Harris, LaQuinta Aaron, and Priscilla Gaines
- Loves to shop and thinks the mall at Barnes Crossing is the best place in her hometown

HIGH SCHOOL

Prepped under Chris McCrae at Tupelo (Miss.) High School ... 2005 Mississippi Track and Field Gatorade Player of the Year ... Won MHSAA Class 5A state titles in the long and triple jumps ... As a sophomore and junior, a district, regional and North State champion in both events ... Notes personal best jumps as 19-01 in the long jump and 39-00 ¾ in the triple ... Recognized as THS' Outstanding Field Event athlete ... Pop Star award nominee ... Played basketball for the Lady Golden Waves ... Earned the Hustle Award and Heart of a Champion award ... Member of the National Honor Society and Anchor Club.

PERSONAL

Born Wendy Lasha Copeland on October 9 in Tupelo, Miss. ... Daughter of Velma Bowdry ... Cousin Cedric Brim played basketball for Ole Miss.



FAVIAN COWARDS

Sophomore • 5-8 • Jackson, Miss.

Oscar Wingfield HS

Major: Biological Science

Events: Throws

YEAR-BY-YEAR PERSONAL BEST MARKS

Indoor Year	Shot Put	20 lb. Weight Throw
2009	40-03½	52-03¼

Outdoor Year

2009 Red shirt

CAREER HIGHLIGHTS

- Finished eighth in 20 lb. weight throw at 2009 SEC Indoor Championship

DID YOU KNOW FAVIAN ...

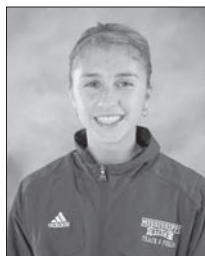
- Like hanging out at Hurst Hall when on campus
- Loves everything about basketball and the Boston Celtics
- Also known as Faybo
- Favorite class is math

HIGH SCHOOL

Won three Mississippi State Championships while at Oscar Wingfield High in Jackson, Miss. ... Coached by coach Nutter and coach Korumph... State Championships came in both discus and shot put ... Also played volleyball and basketball.

PERSONAL

Born Favian Cowards on May 11 ... Daughter of Amy Cowards and the late Steve Dottery.



SIMONE DOMINGUE

Junior • 4-11 • Lafayette, La.

Academy of the Sacred Heart

Major: Nutrition

Events: Distance

YEAR - BY - YEAR PERSONAL BEST MARKS

Cross Country Year	5K	6K
2007	17:44	21:39.56
2008	18:45.75	23:33.59
2009	18:23.72	22:27.81

Indoor Year	3000	5000
2008	10:05.41	17:22.42
2009	10:07.12	

Year	1500	5000	10,000
2008	4:47.73	17:14	37:05.51
2009	4:44.49	17:29.76	

CAREER HIGHLIGHTS

- 2007 Cross Country Freshman all-SEC
- Ranks fourth all-time in MSU history in the indoor 5000 meter run
- 10,000 meter run time of 37:05.51 is fourth best in MSU outdoor history

MORE ABOUT SIMONE ...

- Likes to read J.K. Rowling books
- You would never know that Simone enjoys Cajun dancing
- Enjoys movies with Julia Roberts and Harrison Ford in them
- Loves listening to anything by Cold Play

OTHER COMPETITION

Placed second at 2006 Junior Olympics in the 3000-meter run ... Also posted top 50 finish at 2006 Footlocker South meet.

HIGH SCHOOL

Prepped at Academy of the Sacred Heart for Kelly LaMaison in Grand Coteau, La. ... Lettered a total of 11 times in cross country and track and field ... 3200-meter indoor and outdoor state champion in 2006 ... Repeated as indoor state champion in 2007 ... Wendy's Heisman State finalist ... All-state in cross country in 2004, 2005 and 2006 ... Lists personal best times at 5:14 (1600-meter run), 11:16 (3200-meter run) and 17:57 in 5K competition ... Also lettered in cheerleading and tennis ... Member of Honor Council, Environmental Club and National Honor Society ... Valedictorian of senior class ... Received student-athlete award ... Named Rotary Club Honor Student ... State Rally winner in chemistry.

PERSONAL

Born Simone Justine Domingue on January 6 in Lafayette, La. ... Daughter of Dean and Denise Domingue.





EMILY EADS

Sophomore • 5-8 • Brandon, Miss.
Brandon HS
Major: Clinical Exercise Physiology
Events: Pole Vault

DID YOU KNOW EMILY ...

- Reads John Grisham novels in her free time
- People wouldn't know that Emily was born in Hawaii
- Best non-athletic talent is being able to bend elbow backwards

HIGH SCHOOL

Ran for Brandon High School under Coach John McInnis ... Earned three varsity letters ... Member of 2006 5A State Championship team ... 2006 and 2008 5A Pole Vault State Champion ... 5A Pole Vault record holder (9'0) ... National Honor Society and BETA Club member ... Diamond Girl ... Spanish and Key Club member ... Students Against Destructive Decisions... Principal's List (2006 - 2008) ... Honors graduate and Brandon High School Hall of Fame.

PERSONAL

Born Emily Katherine Eads on April 10 ... Daughter of Patsy and John Eads ... Father John, was a member of the US Naval Academy fencing team.



MORGAN HALL

Sophomore • 5-7 • Tupelo, Miss.
Tupelo HS
Major: Economics
Events: Pole Vault

MORE ABOUT MORGAN ...

- Will watch pretty much anything that comes on VH1
- Likes the color green and the singer Pink
- Likes to do abs and play basketball
- Would be a dog if she could be an animal

HIGH SCHOOL

Prepped at Tupelo High under Nathan Hall ... Ran cross country and competed in pole vault ... Member of six-time cross country championship team ... Tupelo High School pole vault record holder ... Second and third place finishes at state meet in pole vault ... National Honor Society, National Art Honor Society and Spanish Honor Society member ... Anchor Club and Future Medical Professionals Club ... Rotary Scholar ... ACT Scholar.

PERSONAL

Born Morgan Leigh Hall on May 10 ... Daughter of David and Shay Hall.



SARAH HAMMES

Sophomore • 5-2 • Meridian, Miss.
Meridian HS
Major: Art
Events: Distance

YEAR - BY - YEAR PERSONAL BEST MARKS

YEAR	6K
2007	21:32.50

Indoor Year	3000	5000
2008	10:20.26	17:56.40
2009	Red shirt	

Outdoor Year	1500	5000	10,000	3000 Steeplechase
2008	4:52.86	17:47.36	36:34.27	11:31.90
2009		19:09.28		

CAREER HIGHLIGHTS

- 2007 Cross Country Freshman all-SEC
- MSU Freshman record in 3000-meter steeplechase
- Ranks second all-time in the outdoor 10,000-meter race
- Fourth in school history in 3000-meter steeplechase

GET TO KNOW SARAH ...

- Enjoys sleeping and eating sushi
- Likes collecting jelly beans that are her favorite color green
- Is as good as anyone at putting on shoes
- Coaches would describe her as quiet and confused

HIGH SCHOOL

Prepped at Meridian (Miss.) High School under coach Barbara Brown ... Earned 5A State Cross Country individual title senior year and 5A State Champion in two mile ... Notes personal-bests as 14:53 (two and half mile run), 18:21 (three mile) and 11:19 (two mile) ... Member of Anchor Club, National Honor Society and National Spanish Honor Society ... Lettered in soccer.

PERSONAL

Born Sarah Grace Hammes on January 1 in Little Rock, Ark. ... Daughter of David and Jill Hammes.



LADY BULLDOGS



DOMINIQUE LOCKHART

Sophomore • 5-6 • Washington, D.C.
Eleanor Roosevelt HS
Major: Architecture
Events: Middle Distance

YEAR - BY - YEAR PERSONAL BEST MARKS

Cross Country		
Year	5K	6K
2008	18:27	23:02.63
2009	18:50.32	24:42.64
Indoor		
Year	800	Mile
2009	2:17.23	5:24.51
Outdoor		
Year	800	1500
2009	2:16.28	4:44.18

WHAT TO KNOW ABOUT DOMINIQUE ...

- Favorite color is red and likes to eat chocolate chip cookies
- Most people don't know that she is a really good singer
- An interesting fact is that Dominique smiles for no reason at all
- Likes to hang out in the Union if she has free time on campus

HIGH SCHOOL

Ran at Eleanor Roosevelt High School in Greenbelt, M.D. ... Four time letter winner and was a part of the 2004, 2006, and 2007 state championship teams ... Three time all-Metro team for both cross country and track ... Apart of the 4x800 national record team ... Recorded personal best of 2:12 in the 800 and 57.00 seconds in the 400 ... Member of the Academy of Finance ... Honor roll student throughout high school.

PERSONAL

Born Domonique Antoinette Lockhart on July 6 ... Daughter of Tracie Glee and Gerald Jefferson.



RENEE MASTERSON

Sophomore • 5-5 • Beech Grove, Ind.
Beech Grove HS
Major: Kinesiology
Events: Distance

YEAR - BY - YEAR PERSONAL BEST MARKS

Cross Country		
Year	5K	6K
2008	17:53	22:00.76

Red shirted 2009 Indoor, Outdoor, and Cross Country

CAREER HIGHLIGHTS

- MSU top finisher at all 2008 cross country meets
- 2008 Freshman all-SEC

DID YOU KNOW RENEE ...

- Is really talented at finding four leaf clovers
- Craziest life ambition is to make it to the Olympics in 2012
- Likes to read books by Richard Matheson and watch movies with favorite actor Bruce Willis in them
- Favorite food is spinach and strawberry salad

HIGH SCHOOL

Earned four letters in cross country and track at Beech Grove High School in Beech Grove, Ind. ... Prepped under coach Lee Rund ... Marion County Athlete of the Year ... 15-time Indiana Cross Road Champion ... Eight-time Marion County Champion ... Six-time sectional champion ... Eight-time state qualifier ... Four-time all-state performer ... Was a member of the Indiana All-Star Cross Country and Track Teams ... Also participated in swimming and cheerleading ... Member of FCA, Student Council, Science Olympiad, and Spanish Club ... 4.1 overall G.P.A. ... National Honor Society and Spanish National Honor Society member.

PERSONAL

Born Renee Nicole Masterson on November 10 ... Daughter of Michael and Amy Masterson.





RICHESA MCCALED

Junior • 5-3 • Indianola, Miss.
Tennessee State University
Major: Biology
Events: Sprints

YEAR - BY - YEAR PERSONAL BEST MARKS

Outdoor Year	100	200
2009	11.92	24.64

WHAT TO KNOW ABOUT RICHESA ...

- Loves to eat cabbage greens and Cinnamon Toast Crunch cereal
- Thinks best non-athletic talent is dancing to favorite artist Ciara
- Likes to workout in the weight room, especially squats
- Is as good as anyone at shopping, especially in her favorite store Rue 21

AT TENNESSEE STATE ...

Competed in outdoor track and field under the direction of coach Chandra Cheeseborough ... Ran 100 and 200 meter dashes ... Deans List Scholar Spring 2008

HIGH SCHOOL

Ran at Gentry High School for coach Robert Hunter ... Earned two track and one cross country letter ... 2004 State runner-up ... Member of National Honor Society and Who's Who Among African American Students.

OTHER COMPETITION

Ran at the 2006 Golden West Invitational and the 2004 USATF Junior Olympics.

PERSONAL

Born Richesa Juanshay McCaleb on December 25 ... Daughter of Wanda Moton and Richard McCaleb ... Cousin Vanessa Anderson ran track for Northeast Louisiana University.



CANDICE POLK

Sophomore • 5-4 • Madison, Miss.
Madison Central HS
Major: Biological Science
Events: Sprints

YEAR - BY - YEAR PERSONAL BEST MARKS

Outdoor Year	100	200
2009	12.23	25.15

GET TO KNOW CANDICE ...

- A very talented poet
- Would love to go on an African safari one day
- Favorite movie is Remember the Titans
- Enjoys talking on the phone and doing word puzzles

HIGH SCHOOL

Two - time State Champion in 100 meter dash while at Madison Central ... Coached by Billy Lamb ... 2008 200 meter state champion ... Anchor of state champion 4x100 and 4x200 meter relay teams ... Member of Key Club ... Interact Club member ... In the band ... Honor roll student and graduated with special distinction honors.

PERSONAL

Born Candice Polk on September 29 ... Daughter of Ray and Teresa Polk.



BRIDGETT ROSE

Senior • 5-5 • Leeds, Ala.
Leeds HS
Major: Kinesiology
Events: Hurdles

YEAR - BY - YEAR PERSONAL BEST MARKS

Indoor Year	60H
2007	Red shirt
2008	8.63
2009	8.74

Outdoor Year	100	100H	200
2007	12.03	14.06	24.48
2008	11.83	13.68	24.35
2009	12.09	13.65	25.65

CAREER HIGHLIGHTS

- 2008 and 2009 Mideast Regional Qualifier
- 60 meter hurdle time ranks fourth best in school history
- 100 meter hurdle time is second best in school history
- A member of the third and fifth best 4x100 meter relay teams in school history

DID YOU KNOW BRIDGETT ...

- Likes to watch Family Guy
- Loves "Live Your Life" by T.I. and Lil Wayne is favorite musical artist
- Favorite spot on campus is Allen Hall
- People don't know that she is really afraid of the dark

HIGH SCHOOL

Won the Alabama High School Athletic Association's Class 3A state championship in the 300-meter hurdles as a sophomore and junior, the 100-meter dash title as a junior and the pole vault as a junior ... Awarded the Best Performance Award for indoor track and the Most Valuable Player award as a junior ... An all-county selection ... Personal records are all state records in their respective events ... 100-meter hurdles (14.23), 300-meter hurdles (44.71), 100-meter dash (11.93) and pole vault (9-06) ... A three-year member of the volleyball team where she served as team captain ... Named MVP of the squad during her senior season ... A member of the Student Government Association ... Volunteered with various community service projects.

OTHER COMPETITION

At the 2005 Nike Nationals, competed in the 100-meter hurdles and 100- and 200-meter dashes ... In 2004, she ran the 100- and 400-meter hurdles and 4x400-meter relay at the Amateur Athletic Union's National Club championships

PERSONAL

Born Bridgett Rose in Leeds, Ala. ... Daughter of Terrence and Ayanna Rose ... Uncle Charles Rose, Jr. played football at Auburn University.



CHELSEA RAE SMYTH

Sophomore • 5-9 • Arlington, Tenn.
Arlington HS
Major: Nutrition
Events: Middle Distance

YEAR-BY-YEAR PERSONAL BEST MARKS

Cross Country

Year	5K	6K
2009	20:35.85	26:16.39

Indoor

Year	800
2009	2:15.26

Outdoor

Year	800
2009	2:11.72

WHAT TO KNOW ABOUT CHELSEA RAE ...

- Favorite TV show is Wheel of Fortune
- Would love to travel through Greece one day
- The best thing about MSU is that the campus is like a family
- Biggest fear in life is that she'll lose one moment of opportunity to fear

HIGH SCHOOL

Earned four track and one cross country letter while at Arlington High School in Arlington, Tenn. ... Coached by Scott Mckee ... On the Ball Magazine's 2007 Athlete of the Year ... All-State ... Best of Preps Female Athlete of the Year ... All-Metro ... County and district champion ... Also earned three letters in volleyball ... Member of National Spanish Honor Society and Leo Club ... National Honor Society President ... Graduated in top five percent of class ... Twelfth ranked scholar out of 413 students.

OTHER COMPETITION

Ran at 2008 Nike Indoor Nationals and USATF Junior Nationals.

PERSONAL

Born Chelsea Rae Smyth on August 21 ... Daughter of Shari and Brian Smyth ... Mother, Shari ran track for Missouri State University.



CRYSTAL WILSON

Senior • 5-10 • Kingston, Jamaica
South Plains College
Major: Educational Psychology
Events: Sprints

YEAR-BY-YEAR PERSONAL BEST MARKS

Outdoor Year	200	400
2009	24.75	54.61

CAREER HIGHLIGHTS

- 2009 Mideast Regional qualifier
- Ranked third all-time in 400-meter dash

GET TO KNOW CRYSTAL ...

- Loves going to the new study hall on campus
- Favorite food is ox tail with rice
- Is the first person in her family to go to college
- Wanted and Sponge Bob are her favorite movies

AT SOUTH PLAINS COLLEGE

Ran under coach Chris Beene at South Plain College in Levelland, Texas ... NJCAA Outdoor All-American ... Member of South Plains College record indoor and outdoor 4x400 meter relay teams.

HIGH SCHOOL

Prepped at The Queen's High School in Kingston, Jamaica under head coach Loyd Clark ... Competed in 400 meter dash.

PERSONAL

Born Crystal Wilson on January 25 ... Daughter of Maureen Cunningham.



TANEISHA BAKER

Junior • 5-6 • Spanish Town, Jamaica
Southwest [MS] Community College
Major: Art
Events: Sprints

DID YOU KNOW TANESHIA ...

- Favorite TV show is The Game
- If she was an animal she'd be a lion
- Loves to eat chicken and white rice
- Like any movie that stars Will Smith

AT SOUTHWEST COMMUNITY COLLEGE

Ran for Coach Flyod where she became a junior college academic All-American ... A member of the 2009 NJCAA 4x100-meter relay champion team ... Finished third in the 200- and 400-meter dashes ... And recorded personal-best times of 23.93 seconds in the 200 and 54.80 seconds in the 400.

HIGH SCHOOL

Competed at St. Jago High School in Spanish Town, Jamaica under head coach Raymond Graham ... Won championships in the 200- and 400-meter dashes ... Was member of the championship 4x100- and 4x400-meter relay teams

PERSONAL

Born Taneisha Ramon Baker on Oct. 27 ... Daughter of Lois and Denier Baker.



BRITTENY COVINGTON

Freshman • 5-7 • Greenville, Miss.
Greenville-Weston HS
Major: General Studies
Events: Hurdles

WHAT TO KNOW ABOUT BRITTENY ...

- Loves the color purple
- People don't know that she likes to sing in the mirror
- Favorite singer is Nelly and loves his song "Mad"
- Her favorite hobby is talking on the phone

HIGH SCHOOL

Competed at Greenville-Weston High School in Greenville, Miss. ... Earned letters in both cross country and track under the direction of Kenneth Kable ... Was named MVP and Athlete of the Year ... Helped lead Greenville-Weston to a 5A State Championship ... Won 100-meter hurdles, 300-meter hurdles and triple jump at 2009 5A State Championships ... Also lettered in basketball ... Was a member of the National Honor Society and won the Wendy's High School Heisman Award.

OTHER COMPETITION

Competed in the USATF Junior Olympics

PERSONAL

Born Britteny Nicole Covington on Nov. 13 ... Daughter of Bridget Covington-Frazier and Timothy Frazier.



CHRISTINA COLEMAN

Freshman • 5-4 • Corinth, Miss.
Corinth HS
Major: Elementary Education
Events: Middle Distance

GET TO KNOW CHRISTINA ...

- Wants to go skydiving one day
- Most people don't know she was a tennis star in high school
- Favorite color is green
- Loves to shop at the Gap

HIGH SCHOOL

Competed for Ken Williams and Ryan Summers in cross country and track and field while at Corinth High School ... Earned six letters in cross country and four in track ... Earned nine state championships in cross country and track ... All-State cross country team selection and 2009 MVP for track and field team ... Earned Heart of a Warrior Award in cross country ... Also lettered in cheerleading, tennis and slow-pitch softball ... Member of "C" Club, Mu Alpha Theta, FCA, National Honor Society, Interact and Environmental Club ... Graduated with honors and received the DAR Good Citizen Award.

PERSONAL

Born Christina Leigh Coleman on August 20 in Tupelo, Miss....Daughter of Susie and Chris Coleman...Both parents attended MSU along with uncle Joe Gant and aunt Kay Gant...Dad and uncle ran track for MSU and mom played softball for the Lady Bulldogs; sister Courtney played tennis at University of North Alabama.



KALLI DALTON

Freshman • 5-8 • Hoffman Estates, Ill.
James B. Conant HS
Major: Special Education
Events: Distance

MORE ABOUT KALLI ...

- Biggest fear are thunderstorms
- Is as good as anyone at playing soccer
- Chose MSU to get away from the snow
- Favorite author is J.K. Rowling

HIGH SCHOOL

Ran for Amy Spizziri and Robert Borczak at James B. Conant High School in Hoffman Estates, Ill. ... Earned eight varsity letters in cross country and track and field ... Two-time All-State cross country team member ... 3rd place state championship team ... National Honor Society and National Art Honor Society member ... Peer Jury and Junior Class Council ... Honor Roll student ... Perfect attendance and All-Academic Senior.

OTHER COMPETITION

2004 Cross Country Junior Olympic qualifier ... 2006 3rd place at Distance Gala in 800-meter run

PERSONAL

Born Kalli Ann Dalton in Oak Lawn, Ill. on December 30...Daughter of Tracy and Edward Dalton...Mom played basketball and ran track at University of Wisconsin-Stout.



LADY BULLDOG NEWCOMERS



SOJOURNER EWING

Freshman • 5-3 • Gulfport, Miss.
Gulfport HS
Major: Microbiology
Events: Jumps

GET TO KNOW SOJOURNER ...

- Nicknamed Miss Truth
- Is really good at ignoring people
- Favorite color is orange
- Most would describe her as goofy and helpful

HIGH SCHOOL

Prepped at Gulfport High School under Daphne Poole ... Earned three varsity letters in track and two in cross country ... Was names team's Most Outstanding Sprinter ... Also played basketball ... Member of Ujoma Club ... Beta and National Honor Society ... Was named to Superintendents List four times.

PERSONAL

Born Sojourner La'Trease Ewing in Gulfport, Miss. ... Daughter of Antruasie Ewing.



RACQUEL FARQUHARSON

Freshman • 5-6 • St. Elizabeth, Jamaica
St. Elizabeth Technical HS
Major: Biochemistry
Events: Combined Events

WHAT TO KNOW ABOUT RACQUEL ...

- Loves to watch Family Guy
- Favorite class is Chemistry
- When home likes to hang out at Santa Cruz
- Enjoys reading in her free time

HIGH SCHOOL

Went to St. Elizabeth Technical High School ... Recorded personal-best in 100-meter hurdles (14.96), 200-meter dash (25.45) and 800-meter run (2:30.00) under head coach Milton Brown ... Won Most All-Around Female Athlete in 2007 ... Won top Spanish, English and Biology student award in 2007 ... Won top chemistry student award in 2008.

PERSONAL

Born Racquel Jessecia Farquharson in St. Elizabeth, Jamaica ... Daughter of Valda and Clinton Farquharson.



HALEY GREENWELL

Freshman • 5-5 • Collierville, Tenn.
Collierville HS
Major: General Studies
Events: Distance

WHAT TO KNOW ABOUT HALEY ...

- Best non-athletic talent is eating
- Enjoys the Harry Potter books
- People would describe her as outgoing and loud
- Chose MSU because of its great people

HIGH SCHOOL

Earned eight letters in cross country and track and field while at Collierville High School in Collierville, Tenn. ... Ran for Bobbie Simmons ... Awarded All-State honors in both cross country and track ... Finished in 4th place at the state championships in 3200 ... Recorded personal-best in 3200 (11:21), 1600 (5:21) and 5K (19:17) ... A member of Earth Club and Spanish Club ... Honor roll student all four years.

PERSONAL

Born Haley Christine Greenwell on January 31 in Memphis, Tenn. ... Daughter of Susan and Jay Greenwell.



ALYSSA HALL

Freshman • 5-10 • Cincinnati, Ohio
Withrow University HS
Major: General Studies
Events: High Jump

WHAT TO KNOW ABOUT ALYSSA ..

- Favorite movie is Love and Basketball
- Is as good as anyone at Volleyball
- Best non-athletic talent is modeling
- Chose MSU because of the campus and how close the team was

HIGH SCHOOL

Went to Withrow University High School in Cincinnati, Ohio and competed for Darren Braddix ... Recorded a personal best 5-8 in the high jump ... Also earned four varsity letters in volleyball ... Honor Roll student.

PERSONAL

Born Alyssa Hall on June 5 in Cincinnati, Ohio ... Daughter of Theresa Hall and Kenneth Russell.



ANNA JARMAN

Freshman • 5-5 • Spanish Fort, Ala.
Spanish Fort HS
Major: Biological Sciences
Events: Distance

GET TO KNOW ANNA ...

- Loves to visit Blakely State Park when at home
- Chose MSU because it felt like home and the perfect place for her
- Favorite color is blue
- Likes music by Kenny Chesney

HIGH SCHOOL

Ran for Coach Christ Schmidt at Spanish Fort High School ... Earned four varsity letters in cross country and track and field ... Earned All-State accolades ... Ran a 2:21 personal-best in 800 and 5:17 personal-best in 1600 ... Member of Honor Society, Art Honor Society, Interact Club and FCA ... Honor roll student.

PERSONAL

Born Anna Jarman on January 19 in Mobile, Ala. ... Daughter of Loni and Tom Jarman ... Dad Tom attended Mississippi State.



JESSICA MERRIWEATHER

Junior • 5-9 • Memphis, Tenn.
Rend Lake CC
Major: General Studies
Events: Combined Events/ High Jump

GET TO KNOW JESSICA ...

- Enjoys singing, drawing and playing the piano
- Favorite color is blue
- Wants to be a tiger if she were an animal
- Craziest life ambition is to create her own clothing line one day

AT REND LAKE CC

Competed for coach Danny Myers ... A NJCAA All-American ... Recorded personal-best in high jump of 6-01¼ and 13.88 seconds in the 100-meter hurdles.

HIGH SCHOOL

Prepped in Bartlett, Tenn., at Bartlett High School ... Also earned varsity letters in volleyball.

OTHER COMPETITION

Competed in the 2008 USATF Junior Olympics ... 2008 USATF Junior Team Member in High Jump.

PERSONAL

Born Jessica Merriweather on July 21 in Memphis, Tenn. ... Daughter of Andera and Bobby Merriweather.



TALISHA LEE

Junior • 5-9 • Las Vegas, Nev.
Bevill State CC
Major: Communications
Events: Sprints/Hurdles

MORE ABOUT TALESHIA ...

- Best track and field moment so far at MSU was meeting the team
- Favorite color is red
- Likes to bowl and loves the LA Lakers
- When on campus you will most likely find her hanging out in the Union

AT BEVILL STATE

Earned two track and field letters under coach Jason Marshall ... All-American ... Ranked in the Top 3 in 400-meter hurdles ... Also played basketball ... Dean's List student.

HIGH SCHOOL

Competed at Rancho High School in Las Vegas for coach Mayers ... Earned four varsity letters ... Regional record holder in 300-meter hurdles, 100-meter hurdles ... 2007 100-meter hurdle state champion ... Also played basketball ... member of BSU and Akateens Youth Group.

PERSONAL

Born Talisha Lee on March 21 in Las Vegas, Nev. ... Daughter of Quennie Johnson and Reginald Simon ... Uncles John Johnson and Curtis Johnson played football for UNLV.



JODY-ANN MUIR

Freshman • 5-6 • St. Catherine, Jamaica
Wolmers High School for Girls
Major: Biological Sciences
Events: Sprints

DID YOU KNOW JODY-ANN ...

- Favorite TV shows are Family Guy and The Game
- Enjoys everything about biology
- Likes to lift weights
- Would be a tiger if she were an animal

HIGH SCHOOL

Ran track at Wolmers High School for Girls in Kingston, Jamaica ... Won 400-meter dash championship in 2009 ... Recorded a personal best 53.40 in 400-meter dash under coach Michael Carr ... Vice Captain of track team.

OTHER COMPETITION

Won gold at 2009 Carifta Games ... Won bronze at 2009 Pan-American Championships.

PERSONAL

Born Jody-Ann Nicole Muir on Jan. 1 in Kingston, Jamaica ... Daughter of Grica Coley-Muir and Patrick Muir.



LADY BULLDOG NEWCOMERS



KELLY KARCHER

Freshman • 5-10 • Saline, Mich.
Toledo Central Catholic HS
Major: Early Childhood Education
Events: Distance

MORE ABOUT KELLY ...

- Favorite color is blue and loves to eat pasta
- Most people don't know that she's lived in nine states and in Europe
- Thinks the best thing about MSU is everything
- Two words that would describe her are fun and outgoing

HIGH SCHOOL

Competed in cross country and track at Toledo Central Catholic school ... Earned four varsity letters in cross country and three varsity letters in track and field under Coach David Carpenter ... 3rd place finish at 2007 State Cross Country meet ... 8th place finish at 2008 State Cross Country meet ... 3rd place finish in 1600 and 3200 in 2008 State Championships ... 2009 City Champion ... Was a member of Beta Club, National Honor Society and in the school play.

PERSONAL

Born Kelly Karcher on November 19 in Independence, Mo. ... Daughter of Pauline and Ken Karcher ... Dad played football at Notre Dame and Tulane ... Mom was a cheerleader at Tulane ... Uncle played baseball for LSU ... Brother played football at Defiance and cousin played baseball at Florida International.



ADRIANNA POOLE

Freshman • 5-5 • Huntsville, Ala.
Sparkman HS
Major: Political Science
Events: Distance

WHAT TO KNOW ABOUT ADRIANNA ...

- Could live off of cheeseburgers
- Craziest life ambition is to become a Nascar driver
- Best non-athletic talent is making people smile
- Chose MSU because of the staff, team and campus

HIGH SCHOOL

Ran at Sparkman High in Harvest, Ala., under Charlie Glover ... Earned two varsity letters in cross country ... 5-time All-State, All-Metro and sectionals qualifier ... 3-time state qualifier in track and field ... 2005 Runner of the Year ... Top 25 finisher at Great American Classic ... Also played basketball ... Member of SGA, FCA, yearbook and newspaper staff ... Honor roll student.

PERSONAL

Born Adrianna Renee Poole in St. Louis, Mo., on February 18 ... Daughter of Arnatta and Allen Poole ... Dad ran track at Jackson State.



CHLOE PHILLIPS

Freshman • 5-6 • Flagstaff, Ariz.
Flagstaff HS
Major: Kinesiology
Events: Distance

GET TO KNOW CHLOE...

- Favorite TV show is One Tree Hill
- Something interesting is that she grew up in Grand Canyon National Park
- Likes to run and ski
- Chose MSU because she felt like the coaches believed in her

HIGH SCHOOL

Competed at Flagstaff High School for Trina Painter and Kyle Harris and former MSU Lady Bulldog Annie Falor ... Earned four varsity letters in both cross country and track and field ... 2009 1600- and 800-meter 4A State Champion ... 4th fastest 800 time in Arizona ... Grand Canyon Region 400-meter record ... Recorded personal-best in 400 (57.68), 800 (2:11), 1600 (5:03) and 3200 (11:28) ... Member of National Honor Society, Student Council and Characters Helping Initiate Change through Community Service ... Salutatorian ... Collegeboard AP Scholar...Honor roll student throughout high school.

PERSONAL

Born Chloe Elizabeth Phillips in Flagstaff, Ariz., on March 20 ... Daughter of Anne and Ken Phillips ... Mother Anne ran track and cross country at Oregon State University.



EILEEN RILEY

Freshman • 4-11 • Lynbrook, Ny.
Lynbrook HS
Major: Biochemistry
Events: Distance

GET TO KNOW EILEEN ...

- Favorite color is orange and favorite song is "Supernova"
- Likes to read books by Owen Meansy
- Would like to climb a water tower one day
- Considers herself to be a human GPS

HIGH SCHOOL

Earned three varsity letter in track and four varsity letters in cross country while at Lynbrook High School ... Ran for coach Joe Beyrer ... Awarded Rookie of the Year ... All-Division and All-Conference ... Also earned two varsity letters in Lacrosse ... A member of Key Club, National Honor Society, Relay for Life and Italian Club ... Won the Italian Award and PTA Award.

PERSONAL

Born Eileen Riley in Lynbrook, N.Y., on June 21 ... Daughter of Geraldine and Michael Riley.



ALLISON STOREY

Freshman • 5-3 • Tuscaloosa, Ala.
Northridge HS
Major: Mechanical Engineering
Events: Javelin

WHAT TO KNOW ABOUT ALLISON ...

- Thinks the best thing about MSU track and field are her teammates
- Enjoys playing softball when not busy with track
- Likes to listen to music by Earth, Wind and Fire
- Nicknamed A-Sto

HIGH SCHOOL

Prepped at Northridge High School in Tuscaloosa, Ala. ... Under head coach Jeff Sparks recorded personal best 45.65 meters in the javelin ... A member of the National Honor Society ... Science Honor Society ... Spanish Honor Society and Mu Alpha Theta.

OTHER COMPETITION

Threw 137 feet at the 2009 USATF Junior Olympics to win third place.

PERSONAL

Born Allison Marie Storey in Tuscaloosa, Ala., on March 8 ... Daughter of Toni and Charles Storey.



KEISHA WALLACE

Freshman • 5-4 • Kingston, Jamaica
Wolmer's Trust HS for Girls
Major: General Studies
Events: Jumps/Hurdles

MORE ABOUT KEISHA ...

- Favorite TV show is The George Lopez Show
- Biggest fear in life is not achieving her goals
- Wants to go skydiving one day
- When she's home you'd most likely find her at the theatre

HIGH SCHOOL

Competed for Wolmer's Trust High School for Girls in Kingston, Jamaica under Michael Carr ... Won gold medals at the 2009 Boys and Girls Championships in the 100-meter hurdles ... Team captain ... Member of JSCF, Octagon Club and Bible Society ... In the Speech and Drama Choir ... Member of Tourism Club and school choir.

OTHER COMPETITION

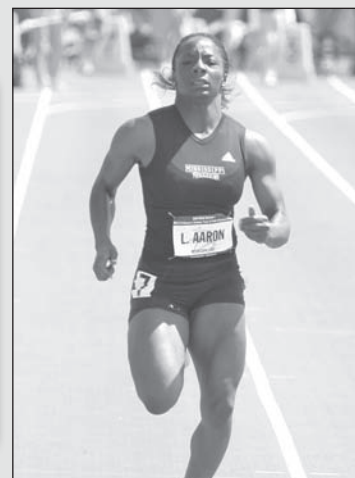
Competed at the 2006 Carita games in Guadeloupe.

PERSONAL

Born Keisha Ann-Marie Wallace in Kingston, Jamaica on January 25 ... daughter of Kirsha Simone Redward and Devon George Wallace.



2009 SEASON REVIEW





**2009 MEN'S AND WOMEN'S SEASON
HIGHLIGHTS
"BY THE NUMBERS"**

6 USTFCCA OUTDOOR ALL-AMERICANS

1 USTFCCA INDOOR ALL-AMERICAN

17TH PLACE NCAA FINISH

3 REGIONAL CHAMPIONS

16 MIDEAST REGIONAL QUALIFIERS

5TH AND 16TH PLACE MIDEAST REGIONAL FINISH

10 SCHOOL RECORDS





2009 MEN'S REVIEW

In 2009 the Mississippi State Bulldogs let the track world know that they were in it to win it. All throughout the outdoor season, the men's track team gave their all to make sure the track and field world knew that when they saw a maroon and white uniform that it was going to be a battle. From the first meet all the way to the last, MSU proved that they had a place on top and planned to be there for a while.



Early success is something State has grown accustomed to over the years, and 2009 was no different. The outdoor season opened with a trip to Jacksonville, Fla., for the North Florida Spring Break Open. In Florida two Bulldogs stood out from the rest of the pack earning victories and regional qualifying marks in their respective events. Sophomore Matthew Cameron took first-place in the 1500-meter run in a 3 minutes, 45.49 seconds finish. In the sprints, sophomore Justin Christian won the 100-meter dash in the 10.52 seconds.

The winning theme continued at State's next two meets of the year, the Rhodes College Invitational and the Alabama Relays. MSU took three events while in Memphis. Freshman high jumper Josh Tucker cleared 6 feet, 7.5 inches for the victory, while both the 4x100-meter and 4x400-meter relay teams crossed the line first. In Tuscaloosa, senior Darryl Brady continued to thrive in the decathlon scoring 6,544 points to repeat as the Alabama Relays decathlon champion. Cameron bettered his 1500-meter time to claim the title running 3:45.01 in the event.



Next up for the MSU thin clads was the Texas Relays, where from day one of the four day event the Bulldogs reintroduced themselves to the track and field elite. In the 3,000-meter steeplechase junior Daniel Simpkins claimed the event crown in 9:23.77. By day three regional marks were earned in the 4x100-meter relay (40.17 seconds), 4x400-meter relay (3:09.54) and freshman D'Angelo Cherry in the 100-meter dash (10.44 seconds). State ended their stay in Texas with phenomenal performances both on the track and in the field. Cherry bettered his 100-meter dash time winning the University section final in 10.17 seconds, fifth all-time in MSU history. In the triple jump junior transfer Kendrick Poullard qualified for the post-season leaping 50-8.75 to win second place.

The early success continued as State shined in all areas of track and field, which prepared them for their big test of the year, the SEC Championships. Prior to SECs, the men's team collected 19 regional qualifying marks and were looking to have a strong finish in one of the toughest conferences in the nation. MSU opened conference competition placing three in the top ten of the decathlon. Brady, Antoine Lipscomb and Trevarus Christian finished fifth, sixth and tenth respectively. In the distance events senior Robert Scribner finished fifth in the 10,000-meter run. Two more Bulldogs scored points on the third day of competition in the high jump. Tucker cleared 6-8.75 to finish sixth, while senior Allen Cassel closed out his career with a 6-6.75 jump good enough for eighth-place.

The final day in Florida saw Mullings move into second MSU all-time in the 400-meter dash with a second place 44.98 seconds finish. Right behind Mullings was Bailey who finished third in the event in 45.55 seconds. Cherry added a sixth-place 100-meter dash finish to his notable season, and Mayers finished fifth in the 400-meter hurdles. The Bulldogs scored 44.50 points to end the weekend in ninth-place.

After their impressive showing at the SEC Championships, the Bulldogs climbed 16 spots in the USTFCCCA Divisional rankings to claim the No. 23 spot. They took their ranking into the Mideast Regional Championships where 10 competed for a spot in the NCAA Championships. State brought home three first-place regional finishes from Louisville, Ky. Sophomore Emanuel Mayers stole the show exploding off his last hurdle in the 400-meter hurdles to claim the regional title in 50.30 seconds. Also in the winner's circle was junior transfer Dwight Mullings who clocked in a 45.66 seconds finish in the 400-meter dash. Then there was the 4x400-meter relay team of Mullings, Mayers, Trey Charles and John Bailey who ran a Cardinal Park track record

3:04.72 for top honors.

At regionals, second-place still earns you a trip to nationals, and for Cherry that was good enough. Cherry ran a career-best and MSU freshman record 10.07 seconds in the 100-meter dash. The 4x100-meter relay team also saw success in Kentucky with a fourth-place 39.65 seconds finish. The Bulldogs finished the weekend with 44 points scored good enough for a fifth-place team finish, the highest in school history.

Seven Bulldogs traveled to Fayetteville, Ark. for the NCAA Championships, with a No. 13 ranking. They opened the championships setting a school record in the 4x100-meter relay in the preliminary round of the event. Cherry also broke his freshman 100-meter dash record clocking in a 10.04 second finish to finish the opening round with the fastest time.



On the third day of the championships, MSU placed fifth in the 4x100-meter relay. The quartet of Christian, Cherry, Mullings and Bailey earned all-American accolades and finished the race in 39.06 seconds, second MSU all-time. Cherry finished the sixth in the 100-meter dash final to give him all-America status in that event as well. Mayers ran a personal-best 50.06 seconds in the 400-meter hurdles to finish seventh.

In the final day of the championships, Mullings crossed the line in 45.48 seconds to finish fifth in the 400-meter dash. The Bulldog 4x400-meter relay team also earned eighth-place with a time of 3:05.25. The Bulldogs scored 14 points to finish the meet tied for 17th



Mississippi State women's track and field team saw success throughout the entire 2009 season. It was a season full of top performances and awards won. It all got underway in January with the beginning of indoor track and field.



The Lady Bulldogs opened the indoor season in Fayetteville, Ark., at the Razorback Invitational. Senior Marrissa Harris got the started off on a high note, breaking an 11-year-old 60-meter hurdles record in her face race of the season, finishing the race in 8.29 seconds and garnering medalist honor.

Over the next month the MSU women competed against the best in New Mexico, Kentucky, and back in Arkansas. NCAA provisional marks were achieved by Harris at the New Mexico Invitational in both the pentathlon and the 60-meter hurdles. In Kentucky, junior Wendy Copeland leaped 19 feet, 9.75 inches in the long jump to finish third and keep her on track for a big leap come SEC Championships. On the track, junior Crystal Wilson moved into the MSU all-time ranks in the 400-meter dash running 56.86 seconds. Freshmen Chelsea Rae Smyth and Dominique Lockhart rounded out the top ten finishers in the 800-meter run. Smyth ran 2 minutes, 16.02 seconds to take seventh place, and Lockhart ran 2:17.23 to finish tenth.



By the time the SEC Championships came around the Lady Bulldogs had been improving non-stop. Harris and junior LaQuinta Aaron opened the weekend with second- and fourth- place finishes in the pentathlon. Both also qualified provisionally in the event as well. In the long jump Copeland jumped a season-best 19-8.25 for a sixth-place finish while senior

Priscilla Gaines finished seventh with a 19-06 leap. Freshman thrower Favion Cowards threw a personal-best 52-03.25 in the 20-pound weight throw to place eighth. After a weekend of top performances the Maroon and White scored a total of 28 points for a ninth-place overall finish. Their 28 points was a school record for points scored at the event.

Harris was the lone Lady Bulldog to qualify for the NCAA Indoor Championships. The 2008 Indoor all-American competed in the 60-meter hurdles where after a successful start, she tripped over a hurdle and managed to finish the race in 9.22 seconds to finish 15th in the event.

After ending the indoor season on a high note, focus was immediately switched to outdoor. Copland won the triple jump at the Rhodes Invitational jumping 40-03, while Gaines came in second jumping 39-01. The Lady Bulldogs continued to take first place in events, as Harris picked up her first outdoor victory at the Alabama Relays in the heptathlon. Also while at Alabama's Sam Bailey Track, Wilson finished fourth in the 400-meter dash running 55.73 seconds. On the final day of the relays Lockhart, Wilson, Smyth and Anais DeChamps won the distance medley title with a time of 12:5.46.

Personal-bests were the theme of State's trip up the road to the Ole Miss Invitational. Sophomore Simone Domingue grabbed her personal-best in the 1500-meter run running 4:46, while Gaines grabbed her's in the long jump with a 19-08 leap.

Like every season, the SEC Championships are a big test for the ladies. 2009 was no different, and the Lady Bulldogs traveled to Gainesville, Fla., with something to prove. The week in Florida started off with great performances from Harris and Aaron in the heptathlon. Harris scored 5,579 points to finish second in the event, while Aaron scored a career-best 5,351 points to finish fifth. Harris' second-place finish earned her a spot on the second team all-SEC list. The ladies went on to collect 10 team points in the long jump on the second day of competition. Copeland jumped a personal-best and regionally qualifying 20-05.75 inches to take second-place, and Harris jumped 20-03.50 placing seventh.

On the final day of the championships Harris ended the meet for the Lady Bulldogs with a run of 13.35 seconds in the 100-meter hurdles for a second-place finish. Her performance gave State a team total of 42 points, a new school record, to finish 11th.

Six Lady Bulldogs qualified to compete at the Mideast Regional Championships in Louisville, Ky. MSU got their weekend at the University of Louisville's Cardinal Park Stadium started off in grand fashion with Copeland and Gaines advancing to the nationals in the long jump following impressive and personal-best leaps.

Copeland's jump of 21-00 ¾, the second-longest in school history, gave her a second-place finish, while Gaines placed fourth at 20-05, the fourth-best jump in school history.

Harris continued her dominance in the 100-meter hurdles running 13.36 seconds in

the event finals to finish fourth and qualify for nationals.

As a team, MSU finished 16th out of 116, the second-highest in school history.

Four Lady Bulldogs made the trip to Fayetteville, Ark., for the NCAA Outdoor Championships. All-American Harris and junior Aaron got things underway in the heptathlon.



Harris was looking to better her 2008 performance where she finished 14th.

After the opening day of competition, Harris was in fifth place with 3,483 points. Harris ran a personal-best 24.02 seconds in the 200-meter dash and jumped 5 feet, 7.75 inches in the high jump, and Aaron was in 17th place with 3,281 points.

Harris scored a school record 5,625 points in the heptathlon to finish tenth. Harris threw a personal-best 119 feet, 6 inches in the javelin to end her multi-event career at MSU. Harris is now the sixth Lady Bulldog to earn outdoor All-American accolades. Aaron ended her first trip to NCAAAs in 21st place.

In the long jump, inclement weather gave for harsh jumping conditions. Copeland jumped 19-08 to finish in 17th place, while Gaines came in 19th with a 19-05 ¼ leap.

Harris closed out her MSU career with an 8th-place finish in the 100-meter hurdle finals. She ran 13.53 seconds to earn her a second All-American accolade and score their only point for the weekend.

In 2009, the Lady Bulldogs delivered some of the programs best performances in history.





2009 CROSS COUNTRY REVIEW

Mississippi State Bulldogs had a season of top finishes as they constantly crossed the line in the top half of the pack. They opened the season winning the Sewanee Invitational for the fourth year in a row. The Bulldogs scored a team total of 24 points in the 8K race.

State went on to win their second races of the season at the MSU Invitational, which was run on a 1,000-meter horse track because of a rain-soaked course, with the men's team having a perfect 15 points scored.

For its third test of the season, State traveled to Louisville, Ky., to compete at the Greater Louisville Classic, garnering a 14th place finish. In their final test before the SEC Championships, Mississippi State's cross country teams competed at the 2009 Chile Pepper Cross Country Festival at Arkansas, with the men finishing 11th out of 29 teams, finishing ahead of SEC foe LSU.

The Maroon and White ended their regular season with 8th place



finish at the SEC Championships. Bulldogs Adam Lenz and Daniel Simpkins led a young men's team through the rough conditions to finish as MSU's top 2 runners. Lenz ran 26:20.44 to finish as MSU's top finisher, followed by Simpkins who ran 26:21.11 respectively. The 2009 season ended just down the road at the NCAA South Regional Championships in Tuscaloosa, Ala., where they brought home a ninth place finish.

MSU's men's team remained in the NCAA South regional rankings throughout the 2009 season. The Bulldogs kept a steady place as the ninth ranked team in the South region, where they finished the season.



Sewanee Invite (8K)

Sept. 5, 2009 Sewanee, Tenn. Sewanee Golf Course

Team Finish: 1st

2. Adam Lenz, 25:43.03
4. Nick Perkins, 26:03.31
5. Cameron Vincent, 26:15.87
6. Daniel Simpkins, 26:17.26
7. Chase Rathke, 26:20.20
9. Matthew Cameron, 26:42.38
10. Julian Duarte, 26:42.38
13. Rob Ellis, 27:05.92
23. Phillip Johnson, 27:34.58
40. Allen Gearhart, 28:28.63

MSU Invite (8K)

Sept. 19, 2009 Starkville, Miss. MSU Cross Country Course

Team Finish: 1st

2. Daniel Simpkins, 25:21.92
3. Nick Perkins, 25:25.55
4. Matthew Cameron, 25:42.11
5. Chase Rathke, 26:01.29
6. Vincent Cameron, 26:04.14
8. Phillip Johnson, 26:20.55
10. Rob Ellis, 26:24.08
13. Julian Duarte, 27:01.69
15. Allen Gearhart, 27:09.04

Greater Louisville Classic (8K)

Oct. 3, 2009 Louisville, Ky.

Team Finish: 14th

42. Adam Lenz, 25:03.02
61. Matthew Cameron, 25:20.49
109. Daniel Simpkins, 25:21.70
115. Cameron Vincent, 25:53.18
116. Rob Ellis, 25:53.61
137. Chase Rathke, 26:04.96
168. Phillip Johnson, 26:20.59
198. Julian Duarte, 26:39.97
242. Allen Gearheart, 27:09.95

Chile Pepper Invitational (10K)

Oct. 17, 2009 Fayetteville, Ark.

Team Finish: 11th

49. Adam Lenz, 31:25.83
65. Daniel Simpkins, 31:45.25
72. Cameron Vincent, 31:52.83
84. Matthew Cameron, 32:07.97
89. Robert Ellis, 32:13.55
90. Chase Rathke, 32:13.58
113. Julian Duarte, 32:34.46
140. Philip Johnson, 32:59.53

SEC Championships (8K)

Oct. 31, 2009 Oxford, Miss. Ole Miss Golf Course

Team Finish: 8th

38. Adam Lenz, 26:20.44
39. Daniel Simpkins, 26:21.11
47. Chase Rathke, 26:54.61
49. Julian Duarte, 26:54.61
52. Matthew Cameron, 27:04.97
55. Rob Ellis, 27:11.42
60. Philip Johnson, 27:28.01
76. Allen Gearhart, 28:35.60

NCAA South Regional (10K)

Nov. 14, 2009 Tuscaloosa, Ala.

Team Finish: 9th

44. Adam Lenz, 31:57.94
48. Daniel Simpkins, 32:10.28
64. Chase Rathke, 32:43.77
69. Julian Duarte, 32:43.77
82. Matthew Cameron, 33:05.05
128. Philip Johnson, 34:22.16



The Lady Bulldogs entered the 2009 season as a young team ready anything. With their eyes wide open the stepped up to the line and proved that even though they were young they could handle any race thrown in their path.

They opened the season winning the Sewanee Invitational for the fourth year in a row, having scored 25 points in the 5K race. State went on to win their second races of the season at the MSU Invitational, which was run on a 1,000-meter horse track because of

a rain-soaked course, matching their team total points scored from their opening race. For its third test of the season, MSU traveled to Louisville, Ky., to compete at the Greater Louisville Classic, where the Lady Bulldogs garnered a top 15 finish, completing their first 6K of the season for 12th place. In their final test before the SEC Championships, Mississippi State women's cross country team competed at the 2009 Chile Pepper Cross Country Festival at Arkansas, placing 15th out 34 teams, and finishing ahead of SEC foe LSU.

The Maroon and White ended their regular season with a 10th place finishes at the SEC Championships in Oxford. Junior

Simone Domingue finished in 22:57.90 as the Lady Bulldogs No. 1 runner, while freshman Chloe Phillips was right behind completing her first SEC Championship race in 23:27.76. The 2009 season ended with a trip to the NCAA South Regional Championships in Tuscaloosa, Ala. The Lady Bulldogs entered the race unranked, but proved they could keep up with the best and completed the race with a 13th place finish.



Sewanee Invite (5K)

Sept. 5, 2009 Sewanee, Tenn. Sewanee Golf Course

Team Finish: 1st

1. Renee Masterson, 17:57.66
3. Simone Domingue, 18:45.97
4. Chloe Phillips, 18:52.23
7. Dominique Lockhart, 19:40.24
10. Adrianna Poole, 19:55.02
11. Loren Bruce, 20:00.44
15. Haley Greenwell, 20:14.39
24. Kelly Karcher, 20:31.13
28. Chelsea Rae Smith, 20:42.98
57. Eilene Riley, 22:02.57

MSU Invite (5K)

Sept. 19, 2009 Starkville, Miss. MSU Cross Country Course

Team Finish: 1st

1. Simone Domingue, 18:27.64
2. Chloe Phillips, 18:43.90
3. Adrianna Poole, 19:16.98
5. Dominique Lockhart, 19:31.21
9. Kelly Kartcher, 19:37.20
10. Loren Bruce, 19:53.77
13. Haley Greenwell, 20:21.81
18. Eileen Riley, 21:22.42
21. Chelsea Smyth, 21:47.58
27. Christina Coleman, 22:08.09

Greater Louisville Classic (5K)

Oct. 3, 2009 Louisville, Ky.

Team Finish: 12th

38. Chloe Phillips, 18:23.20
39. Simone Domingue, 18:23.72
76. Dominique Lockhart, 18:50.32
82. Adrianna Poole, 18:53.70
162. Haley Greenwell, 19:43.37
205. Kelly Kartcher, 20:11.87
226. Chelsea Smyth, 20:35.85
247. Eileen Riley, 20:59.16

Chile Pepper Invitational (6K)

Oct. 17, 2009 Fayetteville, Ark.

Team Finish: 15th

53. Simone Domingue, 22:27.81
57. Chloe Phillips, 22:32.94
122. Loren Bruce, 23:26.88
137. Haley Greenwell, 23:34.93
139. Adrianna Poole, 23:35.19
188. Kelly Karcher, 24:29.77
196. Dominique Lockhart, 24:42.64
241. Eileen Riley, 26:46.73

SEC Championships (6K)

Oct. 31, 2009 Oxford, Miss. Ole Miss Golf Course

Team Finish: 10th

41. Simone Domingue, 22:57.90
57. Chloe Phillips, 23:27.76
62. Adriana Poole, 23:36.32
65. Dominique Lockhart, 23:40.40
76. Haley Greenwell, 24:16.78
80. Loren Bruce, 24:35.58
89. Kelly Kartcher, 24:58.60
97. Chelsea Smyth, 26:16.39

NCAA South Regional (6K)

Nov. 14, 2009 Tuscaloosa, Ala.

Team Finish: 13th

31. Simone Domingue, 21:29.75
68. Dominique Lockhart, 22:17.59
86. Adrianna Poole, 22:46.83
88. Chloe Phillips, 22:51.17
100. Loren Bruce, 23:07.14
103. Kelly Karcher, 23:12.87
113. Haley Greenwell, 23:19.72



CROSS COUNTRY RECORDS AND AWARDS

ALL-TIME SEC CHAMPIONSHIPS WOMEN

Year	Site	Finish	Pts	Champion
1985	Oxford, Miss.	8th	232	Kentucky
1986	Knoxville, Tenn.	8th	208	Alabama
1987	Nashville, Tenn.	6th	183	Alabama
1988	Tuscaloosa, Ala.	8th	198	Kentucky
1989	Auburn, Ala.	7th	200	Kentucky
1990	Gainesville, Fla.	6th	128	Tennessee
1991	Athens, Ga.	3rd	110	Arkansas
1992	Lexington, Ky.	8th	194	Arkansas
1993	Baton Rouge, La.	9th	225	Arkansas
1994	Fayetteville, Ark.	8th	229	Arkansas
1995	Starkville, Miss.	8th	240	Arkansas
1996	Oxford, Miss.	7th	201	Florida
1997	Columbia, S.C.	11th	280	Florida
1998	Maryville, Tenn.	10th	280	Arkansas
1999	Nashville, Tenn.	10th	248	Arkansas
2000	Tuscaloosa, Ala.	7th	191	Arkansas
2001	Auburn, Ala.	9th	205	Arkansas
2002	Gainesville, Fla.	5th	140	Arkansas
2003	Athens, Ga.	7th	156	Tennessee
2004	Fayetteville, Ark.	7th	186	Tennessee
2005	Tuscaloosa, Ala.	6th	152	Tennessee
2006	Baton Rouge, La.	5th	162	Arkansas
2007	Lexington, Ky.	7th	209	Arkansas
2008	Starkville, Miss.	9th	252	Arkansas
2009	Oxford, Miss.	10th	276	Florida

WOMEN'S ALL-AMERICANS

1993 April Ecke

WOMEN'S ALL-REGION SELECTIONS

1993 April Ecke
1998 Janice Zawaski
2001 Meggan Hodge
2002 Meggan Hodge
Tiffany McWilliams
2003 Tiffany McWilliams
2004 Jennifer McPherson
2005 Zita Magloire
2006 Annie Falor
Jennifer McPherson

WOMEN'S ALL-SEC (SINCE 1982)

1992 April Ecke
1993 April Ecke
2002 Meggan Hodge
Tiffany McWilliams
2003 Tiffany McWilliams
2005 Zita Magloire

WOMEN'S ACADEMIC ALL-AMERICANS

1993 April Ecke
1996 Tina Bridgeman

WOMEN'S FRESHMAN ALL-SEC

2007 Simone Domingue
Sarah Hammes
2008 Lydia Cebii
Renee Masterson

ALL-TIME SEC CHAMPIONSHIPS MEN

Year	Site	Finish	Pts	Champion
1936	Atlanta, Ga.	3rd	69	Ga. Tech
1937	Atlanta, Ga.	2nd	48	Ga. Tech
1941	Atlanta, Ga.	1st	34	MSU
1947	Atlanta, Ga.	4th	101	Ga. Tech
1948	Atlanta, Ga.	3rd	70	Auburn
1957	Atlanta, Ga.	1st	35	MSU
1958	Atlanta, Ga.	2nd	47	Kentucky
1959	Atlanta, Ga.	2nd	69	Kentucky
1960	Atlanta, Ga.	1st	38	MSU
1961	Atlanta, Ga.	1st	33	MSU
1962	Atlanta, Ga.	1st	37	MSU
1963	Atlanta, Ga.	4th	93	Tennessee
1964	Pine Mtn., Ga.	2nd	48	Auburn
1965	Birmingham, Ala.	2nd	70	Tennessee
1966	Birmingham, Ala.	4th	102	Tennessee
1967	Birmingham, Ala.	7th	151	Tennessee
1968	Birmingham, Ala.	9th	253	Tennessee
1969	Birmingham, Ala.	9th	193	Tennessee
1970	Birmingham, Ala.	9th	261	Kentucky
1971	Birmingham, Ala.	7th	171	Tennessee
1972	Tuscaloosa, Ala.	6th	157	Tennessee
1973	Gainesville, Fla.	8th	231	Alabama
1974	Lexington, Ky.	8th	199	Tennessee
1975	Baton Rouge, La.	7th	193	Tennessee
1976	Starkville, Miss.	8th	215	Tennessee
1977	Knoxville, Tenn.	8th	207	Tennessee
1978	Nashville, Tenn.	9th	257	Tennessee
1979	Tuscaloosa, Ala.	8th	185	Auburn
1980	Auburn, Ala.	7th	164	Auburn
1981	Gainesville, Fla.	3rd	87	Tennessee
1982	Athens, Ga.	5th	110	Tennessee
1983	Lexington, Ky.	9th	259	Tennessee
1984	Clinton, La.	8th	203	Tennessee
1985	Oxford, Miss.	9th	259	Tennessee
1986	Knoxville, Tenn.	6th	182	Florida
1987	Nashville, Tenn.	6th	152	Florida
1988	Tuscaloosa, Ala.	8th	249	Kentucky
1989	Auburn, Ala.	9th	280	Tennessee
1990	Gainesville, Fla.	9th	239	Tennessee
1991	Athens, Ga.	7th	210	Arkansas
1992	Lexington, Ky.	10th	291	Arkansas
1993	Baton Rouge, La.	8th	257	Arkansas
1994	Fayetteville, Ark.	10th	267	Arkansas
1995	Starkville, Miss.	8th	205	Arkansas

[Did not compete in cross country from 1996-2002]

2003 Athens, Ga. 8th 206 Arkansas
2004 Fayetteville, Ark. 9th 263 Arkansas
2005 Tuscaloosa, Ala. 8th 212 Arkansas
2006 Baton Rouge, La. 6th 158 Arkansas
2007 Lexington, Ky. 5th 139 Arkansas
2008 Starkville, Miss. 6th 186 Alabama
2009 Oxford, Miss. 8th 220 Alabama

SEC CHAMPIONS

1961 Jimmy Taylor
1962 Jimmy Taylor
1965 Don Hunt
1982 Simeon Kigen

MEN'S ALL-REGION SELECTIONS

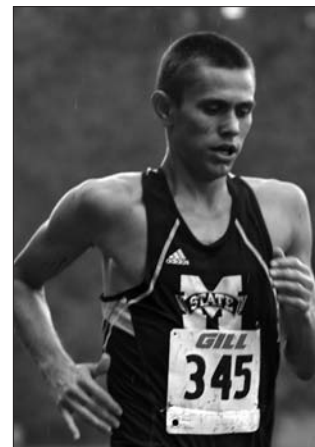
2005 Wade Martin
2007 Ashenafi Arega
Ben Blakenship

MEN'S ALL-SEC (SINCE 1982)

1982 Simeon Kigen
Mzee Ruto
Mark Strucko



JENNIFER McPHERSON



ROBERT SCRIBNER



ANNIE FALOR

The SEC Championships are where the elite separate themselves from the pack.

The Lady Bulldogs train all season to prepare themselves for this test. No matter whether it is indoor or outdoor season, State track and field always arise to the challenge and show their talents amongst the best.



The Lady Bulldogs traveled to Lexington, Ky., to vie for the 2009 SEC Indoor Championship. Senior Marrissha Harris began her last SEC Indoor Championship with a second-place overall finish in the women's pentathlon. Harris took first place in the pentathlon 60-meter hurdles, running 8.39 seconds. She also scored a season best 3,945 points in the event to provisionally qualify for the NCAA Indoor Championships for the second time of the season.

Junior LaQuinta Aaron was not far behind Harris, finishing in fourth place with a personal best score of 3,917 points. Aaron also provisionally qualified for the NCAA Indoor Championship in the pentathlon, setting a personal-best in four out of the five events. Also competing in the pentathlon for the Lady Bulldogs was junior Bridgett Rose, who scored 2,511 points to finish in 17th place.

The second day of competition began with Saturday's competition began with Harris breaking her own 60-meter hurdle record for the second of this season, posting a time of 8.27 seconds to finish with the second fastest run going into the final. Also in the 60-meter hurdle preliminaries, junior LaQuinta Aaron ran 8.66 seconds to finish 12th.

In the field events, junior Wendy Copeland jumped 19 feet, 8 1/4 inches to finish in sixth place. Also, senior Priscilla Gaines jumped an indoor personal-best 19-06 to take seventh in the event.

Freshman Favian Cowards placed eighth in the 20-pound weight throw with a personal-best, 52-03 1/4.

To complete a fantastic weekend in field events, Copeland matched a personal-best jump of 39 feet, 7 inches in the triple jump to take seventh place. Also, senior Trumesa Banks threw a personal best 41-01 in the shot put to finish in 19th place. Banks was followed closely by Cowards, who also threw a personal-best 40-03 1/2 to finish 20th.

On the track, senior standout Harris completed her SEC Championship with a 5th

place finish in the 60-meter hurdles final. Harris ran another NCAA provisionally qualifying time of 8.41 seconds in the event.

The distance medley-relay ran 11:52.57 for a sixth place finish. The team, which consisted of Harris and freshmen Dominique Lockhart, Chelsea Rae Smyth and Renee Masterson, bettered its season personal-best time by 14 seconds.

Also, the 4x400-meter relay team - Aaron, Diamond Marks, Gaines and junior Crystal Wilson - ran a season-best time of 3:46.77 to finish 10th, and move into a third place ranking in MSU All-Time superlatives.

The Lady Bulldogs finished the SEC Indoor Championships in ninth place, scoring 28 points to record the second most points scored in school history.

Also, their ninth place finish is the school's highest placing in the past five years.

Like every season, the Outdoor SEC Championships are a major meet for the Lady Bulldogs. 2009 was no different, as the Lady Bulldogs traveled to Gainesville, Fla., with



something to prove.

Competition opened with Harris bidding to repeat as the heptathlon champion. The Memphis native opened the first leg of the heptathlon with an SEC meet record of 13.18 seconds in the 100-meter hurdles, breaking her own mark of 13:20 set last year. Despite Harris' effort, which was the ninth fastest mark in the nation this season and qualifies her for regionals, she entered final two legs (long jump and javelin) in second place with 3,408 points.

Junior LaQuinta Aaron, who finished second last year, finished the first four events in sixth with 3,285 points.

After finishing second in the hurdles (a regional qualifying time of 13.32) and 11th in the high jump, she was sixth in the shot put and first in the 200-meter dash with a regional qualifying mark of 23.94.

Harris, a Mississippi State All-American held a small 12-point lead going into the final event, the 800-meter run, but came up short in reclaiming her title. However, Harris' 800-meter time of 2:23.79 was a personal best. She finished with 5,579 points take second place and earn an automatic qualifying mark for the NCAA Championships. Harris, who also had a personal best in the javelin with a throw of 124-3, entered the second day of competition at Florida's Percy Beard Track at James G.

Pressley Stadium 117 points out of first place.

Aaron had another stellar afternoon as she finished fifth with a career-best 5,351 points, the third-most in school history. She aided her cause with a second-place finish in the long jump (18' 10 3/4"), then secured her spot with a personal-best time of 2:25.39 in the 800-meter dash.

The highlight of the third day of competition for MSU came in the women's long jump, where the Lady Bulldogs collected 10 points thanks to Tupelo native Copeland finishing second with a personal best and regional qualifying leap of 20 feet, 5 3/4 inches and senior Marrissha Harris of Memphis placing seventh at 20-03 1/2.

On the track, Harris also had an impressive run in the 100-meter hurdles, advancing to the finals with a regional qualifying time of 13.54 to finish third in the preliminaries. Aaron also advanced as well with a regional qualifying mark of 13.74, as did Bridgett Rose (14.22).

In the 400-meter dash, Wilson clocked a personal best time of 54.75 to punch her ticket to the finals.

The final day of competition was definitely a good day for the Lady Bulldogs. Harris completed her last SEC Championships with a second-place finish in the 100-meter hurdle final with a run of 13.35 seconds to give her a third regional qualifying mark in the event for the weekend. Rose also ran a regionally qualifying time 13.65 seconds to finish sixth.

The 4x100-meter relay team of Aaron, Copeland, Rose and Gaines ran 45.69 seconds to finish seventh. Wilson moved into third in MSU history with her fifth-place finish in the 400-meter dash. Wilson ran 54.61 seconds to qualify regionally and gain a new personal best.

In the triple jump, Copeland jumped 40 feet, 7 inches to finish in fourth place and Gaines finished in ninth with a 39-11.25 jump.

The women's track team set a school record in points scored on the final day of the SEC Outdoor Track & Field Championships Sunday with 42 to finish in 11th place at the Percy Beard Track at James G. Pressley Stadium in Gainesville.





SEC CHAMPIONSHIPS

After a highly competitive and successful regular season that saw Mississippi State's men's track team collect over 20 regional qualifying marks, the focus quickly turned to the postseason, starting with the SEC Outdoor Track & Field Championships at the University of Florida in Gainesville. The four-day event, began on Thursday May 14 took place at Percy Beard Track at James G. Pressley Stadium.

The 43rd-ranked men's team also faced some of the nation's top squads. In addition to top-ranked Florida, LSU, South Carolina, the defending SEC champion Arkansas Razorbacks and Auburn were all ranked in the Top 25 according to the USTFCCA, heading into SEC's.

On the opening day of competition a rain delay put the men's decathlon behind schedule. However, MSU's Tevarus Christian got off to an outstanding start by winning the 100-meter dash with a time of 10.96 seconds, while Antoine Lipscomb followed suit with a first-place finish in the long jump and Darryl Brady was first in the high jump.

After four of the 10 events, Brady is fourth with 2,892 points, while Christian is sixth with 2,814 points, followed by Lipscomb at seventh place with 2,711 points.

On the second day of the decathlon, the Bulldogs had an impressive showing after placing three in the Top 10 following a rain delay for the second-straight day.

Senior Brady finished fifth with 6,573 points, while freshman Lipscomb was sixth with 6,302 points. Sophomore T. Christian placed 10th with 5,963 points.

As individual competition opened, Dwight Mullings qualified for the finals after finishing second in the preliminaries in the 200-meter dash with a regional qualifying mark of 20.73. In the sectionals of the 400-meter hurdles, Emanuel Mayers placed fifth with a time of 50.68, also a regional qualifying mark.

Mississippi State closed out the day with Tupelo native Robert Scribner finishing fifth in the 10,000-meter run with

a time of 30:42.57 to put MSU in fourth place of the overall standings with 11 points.

By the third day of competition State was having the meet of the year. In the 400-meter dash, junior Mullings was clocked with the fastest time in the preliminaries at 45.59, while senior John Bailey was sixth at 45.93. Both times were personal bests and regional qualifying marks.

In the 100-meter dash, D'Angelo Cherry advanced with a fourth-place and regional qualifying run of 10.21, while Matthew Cameron moved to the finals in the 1,500-meter run at 3:48.25.

In the high jump, the Bulldogs had two to score, with freshman Josh Tucker of Tupelo finishing sixth (6-08¾) and senior Allen Cassell placing eighth (6-06¾). Both jumps were personal bests.

MSU also scored in the 3,000-meter steeplechase with Daniel Simpkins finishing eighth at 9:22.01.

The last day in Florida was just as good as the three before it for the State track and field team. Mullings moved into second place in MSU history in the 400-meter dash with a time of 44.98 seconds. Mullings finished second to regionally qualify along with teammate Bailey, who finished third at 45.55 seconds. In the 100-meter dash, Cherry added to his notable season with a sixth-place finish and a time of 10.30 seconds.

Both MSU 4x100-meter relays qualified for the post-season with fourth and seventh place finishes. Justin Christian, Cherry, Mullings and Mayers ran 39.45 seconds to finish fourth.

Junior Kendrick Poullard jumped 50-05¼ to finish seventh in the triple jump and Mayers added another regional mark in the 400-meter hurdles with a fifth-place finish of 50.84 seconds to stay second in MSU history.

The Bulldogs completed their stint in Florida with a ninth-place finish after totaling 44.50 points.

WOMEN'S INDOOR RESULTS

1. Tennessee
2. LSU
3. Arkansas
4. Florida
5. South Carolina
6. Auburn
7. Kentucky
8. Ole Miss
- 9. Mississippi State**
10. Alabama
11. Georgia
12. Vanderbilt

MEN'S OUTDOOR RESULTS

1. Arkansas
2. Florida
3. LSU
4. South Carolina
5. Auburn
6. Georgia
7. Kentucky
8. Tennessee
- 9. Mississippi State**
10. Alabama
11. Ole Miss

WOMEN'S OUTDOOR RESULTS

1. Florida
2. LSU
3. Tennessee
4. Arkansas
5. Auburn
6. Kentucky
7. Alabama
8. South Carolina
9. Georgia
10. Ole Miss
- 11. Mississippi State**

NCAA QUALIFYING STANDARDS



2010 WOMEN'S INDOOR QUALIFYING STANDARDS

EVENT	AUTOMATIC		PROVISIONAL	
	FAT	MT	FAT	MT
55 METERS	6.74@	--	6.92@	--
60 METERS	7.26@	--	7.44@	--
55 METER HURDLES	7.57@	--	7.86@	--
60 METER HURDLES	8.14@	--	8.43@	--
200 METERS				
(Under 200m/220 yds)*	23.60	--	24.30	--
(200m/220 yds)*	23.40	--	24.10	--
(Banked or Over 200m/220 yds)*	23.20	--	23.90	--
400 METERS				
(Under 200m/220 yds)*	53.00	52.7	55.00	54.7
(200m/220 yds)*	52.70	52.4	54.70	54.4
(Banked or Over 200m/220 yds)*	52.40	52.1	54.40	54.1
800 METERS#				
(200m/220 yds or less)*	2:05.40	2:05.1	2:09.40	2:09.1
(Banked or Over 200m/220 yds)*	2:05.00	2:04.7	2:09.00	2:08.7
MILE#				
(200m/220 yds or less)*	4:40.60	4:40.3	4:48.60	4:48.3
(Banked or Over 200m/220 yds)*	4:40.00	4:39.7	4:48.00	4:47.7
3,000 METERS#				
(200m/220 yds or less)*	9:15.80	9:15.5	9:34.80	9:34.5
(Banked or Over 200m/220 yds)*	9:15.00	9:14.7	9:34.00	9:33.7
5,000 METERS#				
(200m/220 yds or less)*	16:09.60	16:09.3	16:46.60	16:46.3
(Banked or Over 200m/220 yds)*	16:08.00	16:07.7	16:45.00	16:44.7
1,600-METER RELAY#				
(Under 200m/220 yds)*	3:35.40	3:35.1	3:42.40	3:42.1
(200m/220 yds)*	3:34.20	3:33.9	3:41.20	3:40.9
(Banked or Over 200m/220 yds)*	3:33.00	3:32.7	3:40.00	3:39.7
MILE RELAY#				
(Under 200m/220 yds)*	3:36.60	3:36.3	3:43.60	3:43.3
(200m/220 yds)*	3:35.40	3:35.1	3:42.40	3:42.1
(Banked or Over 200m/220 yds)*	3:34.20	3:33.9	3:41.20	3:40.9
DISTANCE MEDLEY RELAY#				
(200m/220 yds)*	11:11.00	11:10.7	11:32.00	11:31.7
(Banked or Over 200m/220 yds)*	11:09.00	11:08.7	11:30.00	11:29.7
DISTANCE MEDLEY RELAY#				
(200m/220 yds)*	11:14.50	11:14.2	11:35.50	11:35.2
(Banked or Over 200m/220 yds)*	11:12.50	11:12.2	11:33.50	11:33.2
HIGH JUMP	1.85	1.78		
POLE VAULT	4.20	3.95		
LONG JUMP	6.35	6.10		
TRIPLE JUMP	13.30	12.65		
SHOT PUT	16.90	15.20		
20-POUND WEIGHT	21.00	18.75		
PENTATHLON	4,050 PTS. 3,700 PTS.			

@ Qualifying times attained at altitude of 6,000 feet and above, add .04 seconds. Times attained at altitude of 3,000-5,999 feet, add .02 seconds.

2010 MEN'S REGIONAL QUALIFYING STANDARDS

EVENT	FAT	MT	ALTITUDE
			ADJUSTMENT
100 METERS	10.55	--	3K-5,999/6K +
200 METERS	21.35	--	+ .03/+ .07
400 METERS	47.20	46.9	+ .07/+ .14
+ .11/+ .21			
800 METERS#	1:50.40	1:50.1	
1,500 METERS#	3:47.80	3:47.5	
MILE#	4:06.00	4:05.7	
3,000-M STEEPLECHASE#	9:07.00	9:06.7	
5,000 METERS#	14:12.00	14:11.7	
10,000 METERS# - (A)	28:45.00	28:44.7	
10,000 METERS# - (P)	29:30.00	29:29.7	
110-METER HURDLES	14.30	--	+ .04/+ .08
400-METER HURDLES	52.51	52.2	+ .11/+ .21
400-METER RELAY	40.66	40.6	+ .12/+ .24
440-YARD RELAY	40.86	40.6	
+ .12/+ .24			
1600-METER RELAY	3:10.00	3:09.7	
MILE RELAY	3:11.10	3:10.8	
METRIC			
HIGH JUMP	2.10		
POLE VAULT	5.05		
LONG JUMP	7.34		
TRIPLE JUMP	15.00		
SHOT PUT	16.80		
DISCUS	51.70		
JAVELIN	61.60		
HAMMER	56.80		
DECATHLON - (A)	7,500 PTS.		
DECATHLON - (P)	6,900 PTS.		

2010 WOMEN'S REGIONAL QUALIFYING STANDARDS

EVENT	FAT	MT	ALTITUDE
			ADJUSTMENT
100 METERS	11.75	--	3K-5,999/6K +
200 METERS	23.96	--	+ .03/+ .06
400 METERS	54.61	54.3	+ .07/+ .12
+ .11/+ .21			
800 METERS#	2:09.80	2:09.5	
1,500 METERS#	4:27.80	4:27.5	
MILE#	4:49.30	4:49.0	
3,000-M STEEPLECHASE#	10:50.25	10:50.0	
5,000 METERS#	16:52.00	16:51.7	
10,000 METERS# - (A)	33:30.00	33:29.7	
10,000 METERS# - (P)	35:00.00	34:59.7	
100-METER HURDLES	13.92	--	+ .04/+ .08
400-METER HURDLES	1:00.82	1:00.5	+ .11/+ .21
400-METER RELAY	45.70	45.4	+ .12/+ .28
440-YARD RELAY	45.90	45.6	
+ .12/+ .28			
1600-METER RELAY	3:42.00	3:41.7	+ .44/+ .84
MILE RELAY	3:43.30	3:43.0	+ .44/+ .84
METRIC			
HIGH JUMP	1.75		
POLE VAULT	3.85		
LONG JUMP	6.00		
TRIPLE JUMP	12.32		
SHOT PUT	14.30		
DISCUS	47.30		
JAVELIN	43.45		
HAMMER	54.15		
HEPTATHLON - (A)	5,500 PTS.		
HEPTATHLON - (P)	5,050 PTS.		

- Altitude adjustment available
(A) - Automatic, (P) - Provisional

Two weeks after an impressive showing at the SEC Outdoor Championships, the Mississippi State men's and women's track teams gear up for the NCAA Mideast Regional in Louisville, Ky. The two-day event,



was held at Cardinal Park, on the University of Louisville campus. Mississippi State had 16 student-athletes qualify for the regionals, including 10 on the men's side. The men traveled to Louisville ranked No. 23 nationally after finishing with 44.5 points to place ninth at the SEC Championships in Gainesville, Fla.

Sophomore Emanuel Mayers stole the show exploding off his last hurdle in the 400-meter hurdles to claim the regional title in 50.30 seconds. Also in the winner's circle was junior transfer Dwight Mullings who clocked in a 45.66 seconds finish in the 400-meter dash. Then there was the 4x400-meter relay team of Mullings, Mayers, Trey Charles and John Bailey who ran a Cardinal Park track record 3:04.72 for top honors.

At regionals, second-place still earns you a trip to nationals, and for Cherry that was good enough. Cherry ran a career-best and MSU freshman record 10.07 seconds in



the 100-meter dash. The 4x100-meter relay team also saw success in Kentucky with a fourth-place 39.65 seconds finish. The Bulldogs finished the weekend with 44 points scored good enough for a fifth-place team finish, the highest in school history.

On the opening day of the meet Copeland and Gaines punched their ticket to the NCAA Outdoor Championships in the long jump. Copeland jumped 21-00³/₄ to move to second all-time in MSU history and second-place in the event. Gaines finished fourth with a 20-05 jump that moved her to fourth all-time in MSU history. Harris continued on her triumphant senior season finishing fourth in the 100-meter hurdles. Overall as a team MSU finished 16th out of 116, the second-highest finish in school history.



2009 MSU Mideast Regional Results

Women's Long Jump

- Wendy Copeland - 21-00³/₄, 2nd Place
- Priscilla Gaines - 20-05, 4th Place

Women's 100-Meter Hurdles

- Marrissa Harris - 13.36, 5th Place

Women's 4x100-Meter Relay

- LaQuinta Aaron, Wendy Copeland, Bridgett Rose, Priscilla Gaines - 46.16, 14th Place

Men's 100 - Meter Dash

- D'Angelo Cherry - 10.07, 2nd Place

Men's 400 - Meter Hurdles

- Emanuel Mayers - 50.30, 1st Place

Men's 400-Meter Dash

- Dwight Mullings - 45.66, 1st Place
- John Bailey - 46.94, 8th Place

Men's 4x100-Meter Relay

- Justin Christian, D'Angelo Cherry, Dwight Mullings, Emanuel Mayers - 39.65, 4th Place

Men's 4x400-Meter Relay

- Dwight Mullings, Emanuel Mayers, Trey Charles, John Bailey - 3:04.72, 1st Place

MSU traveled to the University of Arkansas for the NCAA Outdoor Championships at John McDonnell Field. In all, Mississippi State has 11 student-athletes competing, including seven on the men's side.

The Bulldogs opened the championships setting a school record in the 4x100-meter relay in the preliminary round of the event. D' Angelo Cherry also broke his freshman 100-meter dash record clocking in a 10.04 second to finish the opening round with the fastest time.

On the third day of the championships, MSU placed fifth in the 4x100-meter relay. The quartet of Justin Christian, Cherry, Dwight Mullings and John Bailey earned all-American accolades and finished the race in 39.06 seconds,

second all-time at MSU. Cherry finished the sixth in the 100-meter dash final to give him all-America status in that event as well. Mayers ran a personal-best 50.06 seconds in the 400-meter hurdles to finish seventh.

The final day of the championships Mullings crossed the line in 45.48 seconds to finish fifth in the 400-meter dash. The Bulldog



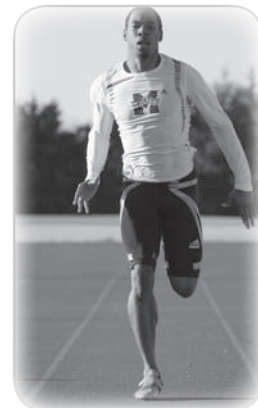
4x400-meter relay team also earned eighth-place with a

time of 3:05.25. The Bulldogs scored 14 points to finish the meet tied for 17th place.



Heavy storms surrounded the opening day of the meet, so Wendy Copeland and Priscilla Gaines competed in less than favorable conditions. In their first trip to the championships, both finished in the top 20 in the long jump. Aaron competed against the nations best in the heptathlon, and finished the

two-day event in 21st place. Harris put on her MSU uniform for the last time in Arkansas, and she performed as well as she had done in her four years in Maroon and White. Harris scored a school-record 5,625 points to claim all-American status and a tenth-place finish in the multi event. The heptathlon was not the only event Harris shined in. She earned an eighth-place finish in the 100-meter hurdles to score State's lone point of the weekend.



2009 MSU NCAA Outdoor Championships Results

Women's Long Jump

- Wendy Copeland - 19-08, 17th Place
- Priscilla Gaines - 19-05 $\frac{1}{4}$, 19th Place

Women's 100-Meter Hurdles

- Marrisra Harris - 13.35, 8th Place

Women's Heptathlon

- Marrisra Harris - 5,625 points, 10th Place
- LaQuinta Aaron - 4,795 points, 21st Place

Men's 100 - Meter Dash

- D'Angelo Cherry - 10.22, 6th Place

Men's 400 - Meter Hurdles

- Emanuel Mayers - 50.60, 7th Place

Men's 400-Meter Dash

- Dwight Mullings - 45.48, 5th Place

Men's 4x100-Meter Relay

- Justin Christian, D'Angelo Cherry, Dwight Mullings, John Bailey - 39.06, 5th Place

Men's 4x400-Meter Relay

- Dwight Mullings, Emanuel Mayers, Trey Charles, John Bailey - 3:05.25, 8th Place



BULLDOG HISTORY



MEN'S SCHOOL RECORDS



FRESHMAN RECORDS

100-meter dash	D'Angelo Cherry	10.07	2009
110-meter hurdles	Clifton Frankin	14.07	1984
200-meter dash	Lorenzo Daniel	20.70	1985
400-meter dash	O'Neal Wilder	45.54	2008
400-meter hurdles	Dedric Ruffin	52.43	1996
800-meter run	Joseph Gwaro	1:48.60	1980
1500-meter run	Matthew Cameron	3:48.40	2008
3000-meter SC	Simeon Kigen	8:44.97	1981
5000-meter run	Mzee Ruto	13:59.9 (m)	1980
10,000-meter run	Adam Lenz	30:25.91	2008
High Jump	Phillip Fingers	7-02 ¼	1983
Pole Vault	Bob Dandino	16-07	1981
Long Jump	Phillip Fingers	25-02 ½	1983
Triple Jump	LeRoy Millsap	50-10	1981
Shot Put	Garry Frank	57-08	1984
Discus	J.D. Erickson	163-02	2002
Hammer	Matt Whalen	181-08	2004
Javelin (new)	Corwyn Aldredge	212-03	1982
Decathlon	Trey Hardee	8,041	2004

INDOOR SCHOOL RECORDS

60-meter dash	Pierre Browne	6.60	2003
60-meter hurdles	Anthony Greer	7.82 (c)	1992
200-meter dash	Marquis Davis	20.70	2003
400-meter dash	Jude Monye	45.94	1995
800-meter run	Kraig Cesar	1:51.03	1988
Mile run	Don Hunt	4:04.0 (m)	1968
3000-meter run	Gerry Thome	8:18.84	1986
5000-meter run	Mark Strucko	14:09.7 (m)	1982
4x400-meter relay	Harris, Lewis, Nelson, McFadden	3:10.67	2003
Mile relay	Arnold, Spane, Whiting, Bryant	3:09.61	1985
Two-Mile relay	King, Alli, Hull, Gwaro	7:37.07	1981
3200-meter relay	Griffith, Jorczak, Gabbidon, Murphy	7:43.44	1992
Distance medley relay	Odom, Nelson, McConnell, Boldt	9:48.28	2003
High Jump	Rod Newton	7-03	2000
Pole Vault	Bob Dandino	16-10	1985
Long Jump	Festus Igbinoghene	25-09 ¼	1991
Triple Jump	Festus Igbinoghene	54-04 ½	1989
Shot Put	Garry Frank	63-00 ¼	1986
35-lb weight throw	Terry Day	62-00 ¼	1997
Pentathlon	Daniel Hunter	3,676 pts.	2003

OUTDOOR SCHOOL RECORDS

100-meter dash	Pierre Browne	9.98	2002
110-meter hurdles	Kelvin Harris	13.73	2003
200-meter dash	Lorenzo Daniel	19.87	1988
400-meter dash	Jamel Ashley	44.75	2005
400-meter hurdles	Dennis Otono	49.39	1988
800-meter run	Golden Coachman	1:46.79	2007
1500-meter run	Simeon Kigen	3:43.68	1982
3000-meter SC	Simeon Kigen	8:43.68	1982
5000-meter run	Mark Strucko	13:58.30	1984
10,000 meter-run	Robert Scribner	29:07.06	2009
4x100-meter relay	J. Christian, Cherry, Mullings, Bailey	39.06	2009
4x200-meter relay	Banks, Spane, Dennis, Daniel	1:21.20	1985
4x400-meter relay	Coleman, Davis, Lewis, Ashley	3:01.63	2005
4x800-meter relay	Rono, Daniels, Woods, Coachman	7:20.29	2007
4x1500-meter relay	Cameron, Blankenship, Cachman, Smith	15:39.86	2008
Sprint medley relay	Braddy, Cesar, Daniel, Laurant	3:15.47	1987
Distance medley relay	Gwaro, Jones, Hull, Stubbs	9:43.7 (m)	1980
High Jump	Rod Newton	7-04 ½	2000
Pole Vault	Bob Dandino	18-00 ½	1985
Long Jump	Festus Igbinoghene	26-11	1991
Triple Jump	Festus Igbinoghene	54-03 ¼	1989
Shot Put	Garry Frank	67-09 ½	1987
Discus	Garry Frank	178-03	1987
Hammer	Terry Day	200-03	1997
Javelin	Corwyn Aldredge	248-06	1984
Decathlon	Trey Hardee	8, 041 pts.	2004



Pierre Brown
100-Meter Record Holder



WOMEN'S SCHOOL RECORDS

FRESHMAN RECORDS

100-meter dash	Falilatu Ogunkoya	11.46	1987
100-meter hurdles	Marrissa Harris	13.52	2006
200-meter dash	Falilatu Ogunkoya	22.98	1987
400-meter dash	Artrelle Houston	55.38	1993
800-meter run	Iyabi Ajayi	2:07.73	1987
1500-meter run	Tiffany McWilliams	4:20.13	2002
3000-meter SC	Meggan Hodge	11:26.37	2002
10,000-meter SC	Sarah Hammes	36:25.91	2008
5000-meter run	Christine Zawaski	17:15.78	1999
High Jump	Dorothy Youmans	5-07	2006
Long Jump	Elisha Williams	20-03	1998
Triple Jump	Janelle Finley	39-08	2006
Shot Put	Nicola Wilson	46-05 ½	2004
Discus	Crystal Averitt	151-06	2002
Hammer	Emily Sanders	172-02	2006
Javelin	Emily Sanders	133-07	2006
Heptathlon	Marrissa Harris	5,112	2006

INDOOR SCHOOL RECORDS

60-meter dash	Falilatu Ogunkoya	7.39 (c)	1988
60-meter hurdles	Marrissa Harris	8.27	2009
200-meter dash	Falilatu Ogunkoya	22.98	1987
400-meter dash	Falilatu Ogunkoya	53.03	1990
800-meter run	Tiffany McWilliams	2:05.46	2004
Mile run	Tiffany McWilliams	4:32.24	2004
3000-meter run	Tiffany McWilliams	9:26.29	2003
5000-meter run	April Ecke	16:27.26	1994
4x400-meter relay	J. Zawaski, Stephens, Anderson, Ingleton	3:44.14	2000
Mile relay	Brooks, Ajayi, Everett, Ogunkoya	3:57.70	1988
Two-Mile relay	Ecke, Goodall, Rice, Williams	9:47.92	1992
Distance Medley Relay	McPherson, Dunn, Magloire, McWilliams	11:18.04	2003
High Jump	Jasmine Walls	5-08 ¾	2006
Pole Vault	Lacey Johnson	11-03 ½	2002
Long Jump	Elisha Williams	21-07 ½	2001
Triple Jump	Elisha Williams	40-09	1999
Shot Put	Nicola Wilson	48-00 ¾	2006
20-lb weight throw	Crystal Averitt	54-09 ¼	2004
Pentathlon	Marrissa Harris	4,059 pts.	2008

OUTDOOR SCHOOL RECORDS

100-meter dash	Camille Harper	11.38	2001
100-meter hurdles	Marrissa Harris	13.05	2008
200-meter dash	Falilatu Ogunkoya	22.82	1989
400-meter dash	Falilatu Ogunkoya	51.26	1989
400-meter hurdles	CeCe Brown	1:00.43	2002
800-meter run	Tiffany McWilliams	2:01.00	2004
1500-meter run	Tiffany McWilliams	4:06.75	2003
Mile run	Tiffany McWilliams	4:31.31	2004
3000-meter run	April Ecke	9:34.1 (m)	1994
3000-meter SC	Joy Griffith	10:35.31	2006
5000-meter run	April Ecke	16:33.37	1994
10,000-meter run	Stacey Moseley	36:05.30	1995
4x100-meter relay	Barnaby-Pope, Gibbs, Lee, Harper	44.92	2001
4x200-meter relay	Gibbs, Ingleton, Harper, Barnaby-Pope	1:35.24	2001
4x400-meter relay	Stephens, Anderson, Zawaski, Ingleton	3:39.54	2000
Sprint medley relay	Gaines, Patterson, Foster, Bridgeman	3:50.16	1996
Distance medley relay	McPherson, Dunn, Magloire, McWilliams	11:10.06	2004
High Jump	LaTonya Hill	5-09 ¼	1998
Pole Vault	Lacey Johnson	11-06	2005
Long Jump	Elisha Williams	21-07 ¼	2001
Triple Jump	Crystal Gibbs	40-08 ¼	2000
Shot Put	Sharon Simmons	49-01 ¾	1990
Discus	Crystal Averitt	157-02	2004
Hammer	Crystal Averitt	178-11	2005
Javelin (new)	Elisha Williams	137-11	2001
Heptathlon	Marrissa Harris	5,625 pts.	2008

Bold denotes current athlete



Marrissa Harris
Owns 3 MSU Records

ALL-TIME INDOOR SUPERLATIVES



MEN'S ALL-TIME INDOOR SUPERLATIVES

60-METER DASH

1.	Pierre Browne	6.60	2003
2.	Marquis Davis	6.61	2003
3.	Fred Collier	6.70 (c)	1998
4.	Dion Crabbe	6.71	2002
5.	Kenny Roberts	6.72 (c)	1992

60-METER HURDLES

1.	Anthony Greer	7.82 (c)	1992
2.	Kelvin Harris	7.84	2003
3.	John Owens	7.88 (c)	1989
4.	Jonathan Johnson	7.91 (c)	1990
5.	Melvin Turner	7.99 (c)	1982

200-METER DASH

1.	Marquis Davis	20.70	2003
2.	Pierre Browne	20.78	2002
3.	Lorenzo Daniel	20.89	1988
4.	Dion Crabbe	21.10	2002
5.	Antonio Hargro	21.12	2001

400-METER DASH

1.	Jude Monye	45.94	1995
2.	Rayton Archer	46.68	1996
3.	LaChristopher Lewis	47.24	2003
4.	George Washington	47.35	1982
5.	Michael Moore	47.51	1982

800-METER RUN

1.	Kraig Cesar	1:51.03	1988
2.	John Little	1:51.16	1992
3.	Adrian Taylor	1:51.85	1997
4.	James Kimbrough	1:52.08	2001
	Wayne Gabbidon	1:52.08	1992

MILE RUN

1.	Don Hunt	4:04.0 (m)	1968
2.	Mark Strucko	4:07.56	1983
3.	Tim Keller	4:09.13	1990
4.	Jason Jorczak	4:09.55	1990
5.	Ken Hicks	4:10.68	1984

3000-METER RUN

1.	Garry Thome	8:18.84	1986
2.	Houston Franks	8:19.63	1998
3.	Scott Hoelzel	8:31.2 (m)	1988
4.	Brett Porter	8:36.01	1994
5.	Steve Dudley	8:36.15	1993

5000-METER RUN

1.	Mark Strucko	14:09.7 (m)	1982
2.	Simeon Kigen	14:39.11	1982
3.	Scott Hoelzel	14:42.87	1988
4.	Joseph Curro	14:59.01	1993
5.	Steve Dudley	15:07.13	1993

4x400-METER RELAY

1.	Harris, Lewis, Nelson, McFadden	3:10.67	2003
2.	Washington, Spane, Moore, Jones	3:10.69	1982
3.	Poke, Lilly, Sedame, Archer	3:10.77	1996
4.	Ruffin, Sedame, Stephens, Samuel	3:10.98	1999
5.	Lilly, Sedame, Samuel, Archer	3:11.17	1997

DISTANCE MEDLEY RELAY

1.	Odom, Nelson, McConnell, Boldt	9:48.28	2003
2.	Keller, Santucci, Hopkins, Thome	9:56.01	1987
3.	Alli, Jones, Hull, Stubbs	10:00.52	1980
4.	McConnell, Ashley, Kimbrough, Boldt	10:00.87	2003
5.	Gwaro, Jones, Alli, Strucko	10:03.51	1983

HIGH JUMP

1.	Rod Newton	7-03	2000
2.	Chuck Ways	7-02 ½	90, 91
3.	Lee Palles	7-01 ¼	1976
4.	Phillip Fingers	7-00	1983

POLE VAULT

1.	Bob Dandino	16-10	1985
2.	Trey Hardee	16-08 ¾	2003
3.	Kevin Pittman	16-00 ¾	2002
4.	Kevin Herfurth	16-00 ½	1987
5.	Adam Asquith	16-00 ¼	1982

LONG JUMP

1.	Festus Igbinoghene	25-09 ½	1991
2.	Dion Crabbe	25-01 ¼	2001
3.	Yura Bryant	25-00 ¼	1984
4.	Ian Robertson	24-11 ¼	1998
5.	Fred Collier	24-09 ¼	1999

TRIPLE JUMP

1.	Festus Igbinoghene	54-04 ½	1989
2.	Seigha Porbeni	52-08	1974
3.	Vance Clarke	51-11 ¼	2001
4.	Corey Holland	51-08	1992
5.	Ian Robertson	51-07 ¾	2001

SHOT PUT

1.	Garry Frank	63-00 ¼	1986
2.	John Hilliard	58-06	1997
3.	David Porter	57-00	1991
4.	Terry Day	56-03 ¾	1997
5.	Justin Canale	55-07	1964

35-POUND WEIGHT THROW

1.	Terry Day	62-00 ¼	1997
2.	J. D. Erickson	60-02 ½	2003
3.	John Hillard	59-08 ½	1998
4.	Viktor Mara	58-03 ¾	2002
5.	Tim Huddleston	57-07 ¾	2002

PENTATHLON

1.	Daniel Hunter	3,676	2003
2.	Trey Hardee	3,602	2003
3.	Jace Lacoste	3,552	1989
4.	LaChristopher Lewis	3,447	2002

WOMEN'S ALL-TIME INDOOR SUPERLATIVES

60-METER DASH

1.	Falilat Ogunkoya	7.39 (c)	1988
2.	Collette Gibbs	7.44 (c)	1998
3.	Camille Harper	7.52	2001
4.	Gabrielle Dillion	7.53	2008
5.	Kim Patterson	7.53 (c)	1995

60-METER HURDLES

1.	Marrissa Harris	8.27	2009
2.	LaQuinta Aaron	8.44	2009
3.	LaTonya Hill	8.57 (c)	1998
4.	Le'Kisha Barnaby-Pope	8.61	2002
5.	Bridgett Rose	8.63	2008

200-METER DASH

1.	Falilat Ogunkoya	23.89	1988
2.	Kim Patterson	24.37	1995
3.	Camille Harper	24.50	2002
4.	Jonica Crowder	24.75	1994
5.	Priscilla Gaines	24.78	2008

400-METER DASH

1.	Falilat Ogunkoya	53.03	1990
2.	Andrea Ingleton	55.82	1999
3.	Crystal Wilson	56.12	2009
4.	Iyabo Ajayi	56.28	1988
5.	Nicole Dunn	57.05	2003

800-METER RUN

1.	Tiffany McWilliams	2:05.46	2004
2.	Iyabo Ajayi	2:10.65	1988
3.	Jennifer McPherson	2:10.69	2005
4.	Melisa Rice	2:11.14	1991
5.	LaTonya Stephens	2:12.66	2000

MILE RUN

1.	Tiffany McWilliams	4:34.61	2003
2.	Jennifer McPherson	4:43.39	2005
3.	Tina Bridgeman	4:50.20	1997
4.	Melisa Rice	4:52.42	1992
5.	Zita Magloire	4:57.75	2006

3000-METER RUN

1.	Tiffany McWilliams	9:26.29	2003
2.	Jenny Owens	9:40.05	1991
3.	April Ecke	9:40.34	1992
4.	Trina Taddy	9:47.52	1991
5.	Meggan Hodge	9:53.09	2003

5000-METER RUN

1.	April Ecke	16:27.26	1994
2.	Meggan Hodge	16:59.34	2003
3.	Joy Griffith	17:10.29	2004
4.	Simone Domingue	17:22.42	2008
5.	Michelle Black	17:49.3 (m)	1991

4x400-METER RELAY

1.	J. Zawaski, Stephens, Anderson, Ingleton	3:44.14	2000
2.	J. Zawaski, Stephens, Anderson, Ingleton	3:46.56	2000
3.	Aaron, Marks, Gaines, Wilson	3:46.77	2009
4.	Brooks, Ajayi, Miller, Ogunkoya	3:46.87	1987
5.	Aaron, Marks, Harris, Wilson	3:47.04	2009

DISTANCE MEDLEY RELAY

1.	McPherson, Dunn, Magloire, McWilliams	11:18.04	2003
2.	McPherson, Dunn, Magloire, McWilliams	11:27.54	2004
3.	Sandberg, Pollard, K. Haber, Bridgeman	11:38.51	1997
4.	McPherson, Banks, Wahlin, Magloire	11:41.77	2006
5.	McPherson, Banks, Wahlin, Grube	11:44.82	2006

HIGH JUMP

1.	Jasmine Walls	5-08	2006
2.	Elisha Williams	5-08	2000
3.	LaTonya Hill	5-08	1997
4.	Marrissa Harris	5-07.75	2008
5.	Dorothy Youmans	5-06	2006

POLE VAULT

1.	Lacey Johnson	11-03	2005
2.	Natalie Neely	10-04	05, 06

LONG JUMP

1.	Elisha Williams	21-07 ½	2001
2.	Marrissa Harris	20-02 ¼	2008
3.	Wendy Copeland	19-10 ¾	2008
4.	Priscilla Gaines	19-06	2009
5.	Andrea Buie	19-02	2002

TRIPLE JUMP

1.	Elisha Williams	40-09	1999
2.	Courtney Carr	40-02	1997
3.	Wendy Copeland	39-07	2007
4.	Janelle Finley	39-03	2006
5.	Pat Barr	38-02	1999

SHOT PUT

1.	Nicola Wilson	49-01 ¾	2006
2.	Stacey Salmon	46-06 ¼	2001
3.	Fran Townsel	46-01 ¼	1996
4.	Sharon Simmons	46-00	1990
5.	Christina Hernandez	43-03	2006

20-POUND WEIGHT THROW

1.	Crystal Averitt	54-09 ¼	2004
2.	Stacey Salmon	54-05 ¼	2001
3.	Jennifer Johnstone	53-05	2005
4.	Emily Sanders	52-03 ¾	2007
5.	Favian Cowards	52-03 ¼	2009

PENTATHLON

1.	Marrissa Harris	4,059	2008
2.	LaQuinta Aaron	3,917	2009
3.	Elisha Williams	3,801	2002
4.	Lauren Johnson	3,700	2006
5.	LaTonya Hill	3,616	1995

(c) -- converted from 55-meter

(m) -- denotes hand times

Bold denotes current athletes



MEN'S ALL - TIME SUPERLATIVES

100-METER DASH

1.	Pierre Browne	9.98	2002
2.	Lorenzo Daniel	10.00	86,88
3.	Steve Mullings	10.06	2005
4.	D'Angelo Cherry	10.07	2009
5.	Marquis Davis	10.10	2003

110-METER HURDLES

1.	Kelvin Harris	13.73	2003
2.	John Owens	13.81	1989
3.	Dedric Ruffin	13.90	1998
4.	Anthony Greer	13.94	1992
5.	Clifton Franklin	14.07	1984

200-METER DASH

1.	Lorenzo Daniel	19.87	1988
2.	Marquis Davis	20.15	2003
3.	Aki Bradley	20.27	1994
4.	Dion Crabbe	20.30	2002
5.	Steve Mullings	20.31	2005

400-METER DASH

1.	Jamel Ashley	44.75	2005
2.	Dwight Mullings	44.98	2009
3.	Evis Jennings	45.0 (m)	1976
4.	Jude Monye	45.04	1995
5.	Jamil Hubbard	45.24	2008

400-METER HURDLES

1.	Dennis Otono	49.39	1979
2.	Emanuel Mayers	50.06	2009
3.	Delandus O'Neal	51.36	2007
3.	Kyle Roberts	51.45	2007
4.	Jerry Smith	51.56	1990

800-METER RUN

1.	Golden Coachman	1:46.79	2007
2.	Kraig Cesar	1:47.62	1988
3.	John Little	1:47.86	1993
4.	Chris Woods	1:48.15	2007
5.	Wayne Gabbidon	1:48.47	1993

1500-METER RUN

1.	Simeon Kigen	3:43.68	1982
2.	Matthew Cameron	3:44.52	2009
3.	Mark Strucko	3:45.08	1982
4.	Eric Weinhold	3:45.22	1988
5.	Travis McKay	3:45.25	2007

3000-METER STEEPLECHASE

1.	Simeon Kigen	8:43.87	1982
2.	Travis McKay	8:49.45	2007
3.	Gerry Thome	8:59.94	1988
4.	Pad Judd	9:07.68	2008
5.	Jonathan Rono	9:08.09	2008

5000-METER RUN

1.	Mark Strucko	13:58.30	1984
2.	Mzee Ruto	13:59.9(m)	1980
3.	Simeon Kigen	14:12.11	1982
4.	Robert Scribner	14:14.10	2009
5.	Gerry Thome	14:16.6(m)	1988

10,000-METER RUN

1.	Robert Scribner	29:07.06	2009
2..	Gerry Thome	29:47.82	1986
3.	Adam Lenz	30:25.91	2008
4.	Mark Strucko	30:30.20	1981
5.	Mzee Ruto	30:33.7(m)	1980

4 x 100-METER RELAY

1.	J. Christian, D. Cherry	39.06	2009
	D. Mullings, J. Bailey		
2.	L. Lewis, A. Davis,	39.09	2003
	G. McFadden, P. Browne		
	E. Morant, J. Ashley,	39.09	2005
	S. Mullings, L. Lewis		
4.	G. McFadden, M. Davis,	39.12	2002
	D. Crabbe, P. Browne		
	W. Banks, J. Owens,	39.12	1986
	L. Daniel, R. Dennis		

4 x 200-METER RELAY

1.	W. Banks, C. Spane,	1:21.20	1985
	R. Dennis, L. Daniel		
2.	S. Mullings, J. Ashley,	1:21.31	2005
	A. Davis, L. Lewis		
3.	W. Banks, Y. Bryant,	1:21.44	1985
	L. Daniel, R. Dennis		
4.	G. McFadden, M. Davis,	1:21.58	2002
	D. Crabbe, P. Browne		
5.	W. Banks, R. Dennis,	1:21.59	1986
	S. Braddy, L. Daniel		

4 x 1500-METER RELAY

1.	M. Cameron,	15:39.86	2008
	B. Blankenship, G. Coachman,		
	B. Smith		
2.	R. Irwin, P. Judd,	15:49.91	2007
	B. Smith, J. Rono		
3.	H. Franks, T. Kurgat,	15:50.23	1995
	D. Loritz, J. Williams		
4.	R. Irwin, B. Smith,	15:54.80	2007
	P. Judd, T. McKay		
5.	B. Smith, J. Brigham,	16:00.17	2005
	P. Moore, P. Judd		

4 x 800-METER RELAY

1.	J. Rono, G. Coachman,	7:20.29	2007
	N. Daniels, C. Woods		
2.	J. Rono, E. Mayers,	7:23.22	2008
	G. Coachman, C. Woods		
3.	J. Rono, G. Coachman,	7:25.46	2007
	N. Daniels, C. Woods		
4.	J. Rono, G. Coachman,	7:28.93	2007
	N. Daniels, C. Woods		
5.	J. Rono, G. Coachman,	7:31.94	2007
	N. Daniels, C. Woods		



JOSEPH QUEEN

MEN'S ALL- TIME SUPERLATIVES



4 x 400-METER RELAY

1.	E. Coleman, A. Davis, L. Lewis, J. Ashley	3:01.63	2005
2.	M. Hadley, G. Washington, M. Moore, D. Jones	3:02.80	1982
3.	J. Ashley, A. Davis, K. Nelson, L. Lewis	3:03.42	2004
4.	J. Ashley, A. Davis, E. Coleman, L. Lewis	3:03.44	2005
5.	B. Davis, N. Daniel, A. Davis, E. Jones	3:03.49	2007

SPRINT MEDLEY RELAY

1.	S. Braddy, K. Cesar, L. Daniel, K. Laurant	3:15.47	1987
2.	K. May, J. Bailey, B. Davis, C. Woods	3:16.52	2007
3.	A. Bradley, D. Orr, J. Little, W. Gabbidon	3:16.62	1993
4.	O. Wilder, J. Bailey, J. Hubbard, C. Woods	3:16.83	2008
5.	K. Laurant, S. Braddy, L. Daniel, K. Cesar	3:17.19	1987

DISTANCE MEDLEY RELAY

1.	J. Gwaro, D. Jones, P. Hull, J. Stubbs	9:43.7(m)	1980
2.	J. Gwaro, R. Dennis, K. Hicks, M. Strucko	9:44.29	1984
3.	S. Arnold, S. Whiting, K. Cesar, K. Hicks	9:45.55	1985
4.	G. Coachman, J. Bailey, J. Rono, T. McKay	9:45.80	2007
5.	J. Gwaro, D. Jones, S. Alli, M. Strucko	9:48.00	1983

HIGH JUMP

1.	Rod Newton	7-04 ½	2000
2.	Chuck Ways	7-03 ¼	1989
3.	Phillip Fingers	7-02 ¼	1983
4.	Lee Palles	7-01 ½	1977
5.	Les Whitehead	7-01 ¼	1977

POLE VAULT

1.	Bob Dandino	18-00 ½	1985
2.	Kevin Herfurth	17-02 ¼	1989
3.	Trey Hardee	16-07 ¼	2003
4.	Kevin Pittman	16-03 ¼	2001
5.	Tommy Shook	16-00	1984

LONG JUMP

1.	Festus Igbinoghene	26-11	1991
2.	Seigha Porbeni	25-10 ½	1975
3.	LaChristopher Lewis	25-08	2004
4.	Fred Collier	25-06 ¾	1999
5.	Kendall Pyant II	25-00 ¾	2004

TRIPLE JUMP

1.	Festus Igbinoghene	54-03 ¼	1989
2.	Vance Clarke	53-03 ½	2000
3.	Seigha Porbeni	53-01	1975
4.	Ian Robertson	52-08 ¾	2000
5.	Corey Holland	51-03 ½	1993
	Leroy Millsap	51-03 ½	1983

SHOT PUT

1.	Garry Frank	67-09 ½	1987
2.	Justin Canale	57-07	1964
3.	Terry Day	56-08 ½	1997
4.	David Porter	56-02 ½	1991
5.	J.D. Erickson	56-06	2004

DISCUS

1.	Garry Frank	178-03	1987
2.	David Porter	177-04	1988
3.	J.D. Erickson	174-02	2003
4.	Terry Day	173-07	1997
5.	Lloyd Lee	171-09	1980

HAMMER

1.	Terry Day	200-03	1997
2.	Matt Holcomb	192-08	2004
3.	Matt Whalen	185-03	2005
4.	Kiley Aguar	184-06	2009
5.	Andre Oates	170-02	1999

JAVELIN (NEW)

1.	Corwyn Aldredge	248-06	1984
2.	Phillip Fingers	243-06	1983
3.	Steve Harrison	207-04	1992
4.	Tracy Young	203-00 ¼	1981
5.	Clay Garner	200-05	2003

DECATHLON (NEW JAVELIN)

1.	Trey Hardee	8, 041	2004
2.	Lee Palles	7, 935	1978
3.	Chris Coleman	7, 418	1979
4.	Daniel Hunter	7, 074	2001
5.	Joseph Queen	6,775	2008

(m) -- denotes hand times

Bold denotes current athletes



LORENZO DAY



ARTHUR DAVIS



LaCHRISTOPHER LEWIS



WOMEN'S ALL - TIME SUPERLATIVES

100-METER DASH

1.	Camille Harper	11.38	2001
2.	Falilat Ogunkoya	11.40	1988
3.	Kim Patterson	11.58	1995
4.	Jonica Crowder	11.69	1993
5.	Yvonne Davis	11.71	1988

100-METER HURDLES

1.	Marrissa Harris	13.05	2008
2.	LaQuinta Aaron	13.32	2009
3.	Bridgett Rose	13.65	2009
4.	Alicia Armstrong	13.70	1993
5.	LeKisha Barnaby-Pope	13.80	01,02

200-METER DASH

1.	Falilat Ogunkoya	22.82	1989
2.	Kim Patterson	23.31	1995
3.	Collette Gibbs	23.77	2001
	Camille Harper	23.77	2001
5.	LaQuinta Aaron	23.94	2009

400-METER DASH

1.	Falilat Ogunkoya	51.26	1989
2.	Andrea Ingleton	53.62	2000
3.	Crystal Wilson	54.61	2009
4.	Ivy Foster	55.27	1996
5.	Artrelle Houston	55.38	1993

400-METER HURDLES

1.	CeCe Brown	1:00.43	2002
2.	Alicia Armstrong	1:01.77	1993
3.	Dominique Rogers	1:03.50	2005

800-METER RUN

1.	Tiffany McWilliams	2:01.00	2004
2.	Jennifer McPherson	2:06.97	2007
3.	Iyabo Ajayi	2:07.73	1987
4.	Melisa Rice	2:08.34	1990
5.	Zita Magloire	2:09.16	2005

1500-METER RUN

1.	Tiffany McWilliams	4:06.75	2003
2.	Jennifer McPherson	4:20.80	2004
3.	Melisa Rice	4:24.40	1990
4.	Zita Magloire	4:25.80	2006
5.	Tina Bridgeman	4:26.81	1997

3000-METER RUN

1.	April Ecke	9:34.1(m)	1994
2.	Tina Bridgeman	9:37.73	1996
3.	Jenny Owens	9:40.82	1991
4.	Melisa Rice	9:57.62	1990
5.	Trina Taddy	9:59.87	1991

3000-METER STEEPLECHASE

1.	Joy Griffith	10:35.31	2006
2.	Meggan Hodge	10:46.04	2005
3.	Joey Hansen	11:06.49	2001
4.	Sarah Hammes	11:31.90	2008

5000-METER RUN

1.	April Ecke	16:33.37	1994
2.	Christine Zawaski	17:00.21	2002
3.	Tiffany McWilliams	17:01.67	2003
4.	Annie Falor	17:10.09	2006
5.	Meggan Hodge	17:21.90	2003

10,000-METER RUN

1.	Michelle Corrigan	35:30.43	2007
2.	Sarah Hammes	36:34.27	2008
3.	Stacey Moseley	36:05.30	1995
4.	Joy Griffith	36:43.84	2004
5.	Simone Domingue	37:03.51	2008

4 x 100-METER RELAY

1.	L. Barnaby-Pope, Co. Gibbs, K. Lee, C. Harper	44.92	2001
2.	Cr. Gibbs, Co. Gibbs, K. Lee, C. Harper	45.13	1999
3.	L. Barnaby-Pope, Co. Gibbs, K. Lee, C. Harper	45.15	2001
4.	L. Aaron, M. Harris, B. Rose, P. Gaines	45.16	2008
5.	I. Foster, K. Patterson, C. Carr, K. Gaines	45.16	1995

4 x 200-METER RELAY

1.	Co. Gibbs, A. Ingleton, C. Harper, L. Barnaby-Pope	1:35.24	2001
2.	B. Rose, P. Gaines, G. Dillon, M. Harris	1:35.77	2008
3.	B. Rose, G. Dillon, M. Harris, L. Aaron, Co Gibbs, A. Ingleton, C. Harper, L. Barnaby-Pope	1:36.34	2008
4.	P. Gaines, W. Copeland, L. Aaron, M. Harris	1:36.50	2001
5.	I. Foster, C. Carr, K. Patterson, K. Gaines	1:36.64	2009
		1:36.67	1996



ANNIE FALOR



ELISHA WILLIAMS



TIFFANY MCWILLIAMS

WOMEN'S ALL - TIME SUPERLATIVES



4 x 400-METER RELAY

1. L. Stephens, A. Anderson, 3:39.54 2000
J. Zawaski, A Ingleton
2. L. Stephens, A. Anderson, 3:40.62 2000
J. Zawaski, A Ingleton
3. I. Foster, A. Houston, 3:41.13 1993
C. Williams, M. Green
4. A. Stephens, A. Anderson, 3:41.43 2000
J. Zawaski, A. Ingleton
5. F. Ogunkoya, L. Brooks, 3:41.80 1988
E. Davis, N. Everett

SPRINT MEDLEY RELAY

1. K. Gaines, K. Patterson, 3:50.16 1996
I. Foster, T. Bridgeman
2. L. Johnson, K. James, 3:52.14 2004
N. Dunn, T. McWilliams
3. Co. Gibbs, C. Harper, 3:52.26 2000
A. Ingleton, L. Stephens
4. K. Gaines, K. Patterson, 3:54.26 1996
I. Foster, T. Bridgeman
5. K. Gaines, K. Patterson, 3:54.38 1996
I. Foster, T. Bridgeman

DISTANCE MEDLEY RELAY

1. J. McPherson, N. Dunn, 11:10.06 2004
Z. Magloire, T. McWilliams
2. J. McPherson, Banks, 11:22.92 2006
Wahlin, Magloire
3. T. Bridgeman, L. Stephens, 11:49.67 1997
K. Haber, A. Sandberg
4. A. Sandberg, C. Gray, 11:51.15 1998
L. Stephens, T. Bridgeman
5. K. Haber, A. Anderson, 11:57.04 1999
K. Tallent, L. Ripstra

HIGH JUMP

1. Jasmine Walls 5-10 ¾ 2006
2. LaTonya Hill 5-09 ¼ 1998
3. Marrissa Harris 5-07 ¾ 2008
4. Dot Youmans 5-07 2006
5. Jennifer Hawley 5-05 ¼ 1997

POLE VAULT

1. Lacey Johnson 11-06 2005
2. Natalie Neely 10-06 2005

LONG JUMP

1. Elisha Williams 21-07 ¼ 2001
2. **Wendy Copeland 21-00 ¾ 2009**
3. Marrissa Harris 21-00 ½ 2008
4. Priscilla Gaines 20-05 ½ 2008
5. Janelle Finley 19-11 ¾ 2006

TRIPLE JUMP

1. Crystal Gibbs 40-08 ¼ 2000
2. **Wendy Copeland 40-07 2009**
3. Pat Barr 40-00 ½ 2000
4. Priscilla Gaiens 39-11 ¼ 2009
5. Elisha Williams 39-10 ¾ 1999

SHOT PUT

1. Nicola Wilson 50-01 ¾ 2006
2. Sharon Simmons 49-01 ¾ 1990
3. Stacey Salmon 46-01 ¼ 1998
4. Fran Townsel 45-01 1995
5. Trish Curtis 44-05 ¼ 1998

DISCUS

1. Crystal Averitt 157-02 2004
2. Christina Hernadez 156-04 2007
3. Jennifer Johnstone 149-07 2005
4. Trish Curtis 143-03 2001
5. Nicola Wilson 141-08 2006

HAMMER

1. Crystal Averitt 178-11 2005
2. Emily Sanders 176-02 2006
3. Jennifer Johnstone 172-05 2005
4. Trish Curtis 167-00 2000
5. Stacey Solomon 165-02 2001

JAVELIN (NEW)

1. Elisha Williams 137-11 2001
2. Emily Sanders 133-07 2006
3. Marrissa Harris 124-03 2009
4. Michelle Kinney 122-04 2004
5. Jennifer Johnstone 120-06 2005

HEPATHALON

1. Marrissa Harris 5, 625 2009
2. LaTonya Hill 5, 522 1998
3. **LaQuinta Aaron 5, 351 2009**
4. Lauren Johnson 5, 092 2006
5. Elisha Williams 5, 016 2000

(m) -- denotes hand times

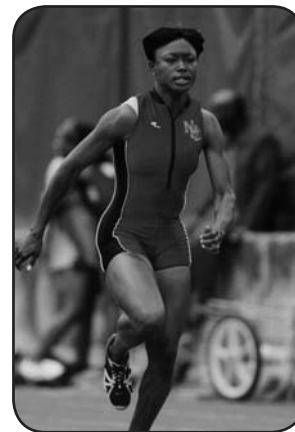
Bold denotes current athletes



LAUREN JOHNSON



ZITA MAGLORIE



CRYSTAL GIBBS



MEN LETTER WINNERS

A

Adabanji, Moses	1977-78-79-80
Agnew, Glyn	1980-81-82
Aguar, Kiley	2006-07-08-09
Allen, Ronnie	1987-88
Alli, Sule	1979-80-81,83
Andrews, Ronnie	1993,95
Archer, Rayton	1996-97
Arega, Ashenafi	2007-08
Arnold, Sherman	1984-85
Ashley Jamel	2001-02-03-04-04
Asquith, Adam	1982

B

Badon, Adesola	1996
Bailey, John	2006-07-08-09
Balfour, Malcolm	1961-62-63
Banks, John	1929
Banks, Wayne	1985-86
Barfield, Neal	1927
Barksdale, Tommy	2001-02
Barton, Wade	1940
Bate, John	1974-75
Bates, Tim	1972-73-74-75
Bazunu, Ruks	1974-75-76,78
Beane, Cary	1960
Begnaud, Jonathan	2002
Beicke, Paul	1966
Bennett, Dickie	1965
Bess, Charlie	1983
Berry, Damond	2004
Bickham, Thomas	1989-90-91-92
Billingsley, M.C., Jr.	1950
Boldt, Chris	2000-01-02-03-04
Bolton, Donald	1992-93
Boyd, Henry	1939
Brady, Darryl	2006-07-08
Braddy, Sidney	1987-88-89
Bradley, Aki	1993-94
Branch, Don	1951
Britt, Hugh	1939
Brigham, John	2005
Brock, James	1949
Brooks, Michae	1979-80-81
Browne, Pierre	2000-01-02-03
Brumfield, Hunter	1939
Brumfield, Zach	2003
Burns, Warren	1959
Butts, Mitchell	1940
Bryant, Carey	1989-90-91
Bryant, Yura	1984-85
Buie, Larry	1973-74-75
Burdine, Chuck	1973-74-75-76

C

Cain, David	1993-94-95-96
Cambron, Joel	1968
Cameron, Matt	2008-09
Cassell, Allen	2006-07-08-09
Caton, Matt	1998, 00-01
Cesar, Kraig	1985-86-87-88
Chapa, Michael	2008-09
Chapman, Anthony	1988-89-90
Chatman, Greg	1979-80-81-82
Christopher, Joshua	2003
Clarke, Vance	2000-01
Coachman, Golden	2007-08
Cobbins, Demetrius	2007-08-09
Cochran, James	2003
Coleman, Chris	1978-79
Coleman, Shaston	1995
Collier, Fred	1996-97-98-99
Conkel, Donald	1957
Conn, James	1949
Cooper, Chad	1995-96
Cornelius, Michael	1975
Cornelius, Steven	2002-03

Covington, William	1959
Crabbe, Dion	2001-02
Cummings, Scott	1996
Curro, Joseph	1992-93

D

Dandino, Bob	1981, 83-84-85
Daniel, Lorenzo	1985-86-87-88
Daniels, Gabe	1995-96
Daniels, Nathan	2006-07
Daniels, Tim	1994-95
Darby, Jimmy	1976-77
Daves, Harold	1951
Davidson, Charlie	1995
Davis, Art	1956
Davis, Arthur	2004-05-06-07
Davis, Bruce	2006-07
Davis, Courtney	2003-04
Davis, Lorenzo	1976-77
Davis, Marquis	2002-03
Day, C.J.	1942
Day, Terry	1995-96-97
Deaton, Bill	1974-75-76
Dees, Willie	1977-78-79
Dennis, Ronnie	1984-85-86
Denton, Matt	2002-03-04-05
Dickson, Hunt	1994
Diggins, Mike	1966
Dixon, Larry	1974-75-76
Dooley, Sheldon	1985
Dossett, Ken	1974-75-76
Downer, Charles	1940
Downs, J.J.	1998-99
Dubose, Robert	1974
Heath Dudley	2000
Dudley, Steve	1991-92-93,95
Dykes, Thomas	1968

E-F

Ege, Gedamu	2004-05-06
Erickson, J.D.	2002-03-04
Evans, Mitchell	2004-05
Fier, Dustin	2004
Filsek, Justin	1995
Fingers, Phillip	1983
Flowers, Dave	1934
Floyd, Cameron	1994-95-96
Frank, Garry	1984-85-86-87
Franklin, Clifton	1984
Franks, Houston	1994, 96-97-98
Frederic, Edgar	1930
Freeman, Currey	1964
Friend, James	1989

G

Gabbidon, Wayne	1992-93
Gant, Joe	1974-75
Garner, Clay	2001-02-03-04
Garrison, Mark	2000
Gelatka, Charles	1937
Gibson, Dale	1972
Glover, Danny	1974-75-76
Golding, Austin	2005
Golsen, Zach	2008
Gray, Samuel	1975-76-77
Grear, Matt	2004, 07
Greene, Zach	2006-07
Greer, Anthony	1992-93
Griffin, Richard	1955
Griffith, Jason	1990-91-92,94
Groce, James	1966
Gullette, Marlon	1978-79
Gwaro, Joseph	1980-81,83-84

H

Hadley, Fred	1986
Hadley, Michael	1980-81-82-83

Hagan, John	1965-66
Haley, Charles	1948
Hamberlin, Lawrence Jr.	1954
Hankerson, Reggy	1989-90-91
Hanks, Derek	1979
Hardee, Trey	2003-04
Harding, Jack	1939
Hargo, Antonio	2001
Hargrove, David	1962
Harris, Chris	1992
Harris, Harold	
Harris, Kelvin	2000-01-02-03
Harrison, Steve	1992
Harry, Jeff	1975-76-77
Hart, Larry	1968
Haustein, G.C.	1961
Haywood, Jerome	1977-78-79
Helmer, Warren	1995-96
Herfurth, Kevin	1986-87-88-89
Hewlett, Keith	2005
Hicks, Ken	1983-84-85-86
Hilliard, John	1996
Hoelzel, Scott	1986-87-88-89
Hogan, Miller	1994
Holcomb, Matt	2004
Holland, Corey	1990., 92-93-94
Hood, James	1959
Hopkins, Scot	1986-87-88-89
Howard, Donald	2000
Hubbard, Jamil	2007-08
Huddleston, Tim	2001-02
Huell, Ricky	188-89-90
Huey, Matt	2003-04
Hull, Phil	1978, 80-81
Hunt, Donald	1967
Hunter, Daniel	2000-01-02-03

I-J

Igbinoghene, Festus	1988-89-90-91
Irwin, Rob	1990-91, 93
Irwin, Ryan	2004-05-06-07
James, Charles III	1965
Jennings, Evis	1975-76,78
Johnson, David	1973-74-75
Johnson, Jonathan	1990-91-92
Johnson, Shamone	2000-01
Johnson, Tommy	1969
Johnston, Michael	1990
Johnston, William	1972
Jones, Daryl	1980-81-82-83
Jones, David	1991
Jones, Ezra	2006-07
Jones, H. Gordon	1949
Jones, Joe Don	1971
Jones, Steve	1974-75-76
Jorczak, Jason	1989-90-91-92
Judd, Pad	2005-06-07-08
Juillerat, James	1933

K

Kee, E.M. Jr.	1942
Keller, Tim	1987-88-89-90
Kelly, M.E.	1919
Kigen, Simeon	1981-82
Kimbrough, James	2000-01-02-03
King, Terry	1978-79-80-81
Kurgat, Theo	1995-96

L

Lacoste, Jace	1987-88-89-90
Lagman, Edward	1972
Landry, Michael	2002-03-04
Langley, Seth	1997
Laurant, Keith	1987-88-89-90
Lawrence, Mike	1974-75

MEN LETTER WINNERS



Leathers, Brandon	1995
Ledrum, Lexie	1963
Lee, J.R.	1999
Lee, Lloyd	1976-77, 79-80
Lee, Martin	2008-09
Lehning, Scott	1974-75
Lenz, Adam	2008-09
Lewis, LaChristopher	2002-03-04-05
Lewis, Tommy	1972-73-74-75
Lilly, Cedric	1996-97-98-99
Lipscomb, Lee	1991
Lipsky, Barry	1972-73-74-75
Lipsky, Eric	1975-76
Little, John	1992-93
Loritz, David	1995-96
Luczak, Taylor	2008

M

MaGall, Bill	1995-96-97-98
Mann, Bob	1980
Mara, Viktor	2000-01-02
Marett, Allen	1995
Marlin, Brett	2004
Marshall, Isaiah	2005
Martin, Matt	2005
Martin, Wade	2006-07
May, Kendall	2007-08
Mayers, Emauel	2008-09
McConnell, Elmore	2001-02-03-04
McCullom, Curtis	1983-84
McFadden, Glenn	2002-03
Mcwain, William	1939
McKay, Travis	2004-05-06-07
McPherson, Peter	2000
McRae, Alton	1974-75
McVey, John	1974-75
Miller, James	1974
Miller, Mercer Jr.	1951
Millsap, LeRoy	1981-82-83-84
Mims, Robert	1942
Mitchell, Charles	1994, 96-97
Montgomery, Jeff	2003
Monye, Jude	1994-95
Moore, Chris	1999-00
Moore, Michael	1982-83
Moore, Phillip	2004-05-06-07
Moorhouse, Dale	2001-02-03-04
Moran, Vince	1996-97-98
Morant, Elliot	2004-05-06-07
Morgan, Larry	1977-78
Morrison, Robert	1965
Morrow, William Jr.	1952
Mose, Carl	1977-78-79-80
Moss, Jon	1984
Mullings, Steve	2005
Murphy, Jerry	1989-90-91-92

N

Neely, Julius	1950
Negbenebor, Tony	1976-77-78-79
Nelson, Keston	2001-02-03-04
Nespoli, John	1974-75-76-77
Nettles, William	1947
Newell, Dean	1940
Newton, Rod	1999-00
Nolan, Daniel	2004
Noussain, Shelby	2004-05, 07

O

O'Barr, Russell	1969
O'Neal, Delandus	2007, 09
O'Sullivan, Kevin	1960
Oates, Andre'	1996-97-98-99
Obia, Iheanyi	2000
Odom, Jason	2001-02-03-04

Odom, Willie	1977-78
Offner, Terrance	1960
Orr, Dushon	1992-93
Orungbemi, T.D.	1975-76-77
Otono, Dennis	1976-77-78-79
Owens, John	1986-87-88-89

P-Q

Packer, Walter	1974-75
Palles, Lee	1975-76-77-78
Parsons, Douglas	1950
Pennebaker, Boma	1972
Pennebaker, John	1968
Pepper, Mike	1990
Perkins, Gary	1966
Pittman, Kevin	2000-01-02
Pitts, Kerry	1956
Poke, Lamont	1994-95-96
Porbeni, Seigha	1973-74-75-76
Porter, Brett	1991-92-93-94
Porter, David	1987-88-89, 91
Pyant II, Kendall	2004-05
Queen, Joseph	2005-06-07-08

R

Raspberry, Errol	1988
Rea, William F. III	1940
Rhett, C.R.	1950
Roberts, Kenny	1990, 92-93
Roberts, Kyle	2007-08
Robertson, Ian	1998-99-00-01
Rogers, Denton	1971
Rono, Jonathan	2007-08
Ross, James	1957
Rowland, Brad	2002-03-04
Ruffin, Dedric	1996-97-98-99
Ruto, Mzee	1980-81, 83

S

Samuel, Stanley	1997-98-99-00
Sanders, David	1969
Sanders, Michael	1964
Sanderson, Adrian	2005
Sanford, William	1966
Santucci, Wilson	1986-87-88
Schreiner, Barton	1991
Scribner, Robert	2005, 07-08-09
Seals, Lewis	2002
Sedame, Julius	1996-97, 99
Sewell, Kevin	2004
Simpkins, Daniel	2007-08-09
Smith, Brandon	2004-05-06-07-08
Smith, Roy	1989-90-91
Smyly, Gary	1967
Soloman, Carl	1948
Spane, Charles	1981-82, 84-85
Speed, Donald	1949
Speyerer, David	1952
Stampley, O.K. Jr.	1938
Stenglein, John Jr.	1970
Stephens, Kenny	1999
Stephens, Ronald	1982
Stewart, Walter	1981
Stowers, John-Micah	2004
Stringfellow, Don	1976-77-78-79
Strucko, Mark	1981-82-83-84
Stubbs, John	1977-78, 80-81
Swims, Chad	2007

T

Tasby, Shawn	1991-92
Taylor, Adrian	1995-96-97-98
Taylor, Dominic	1984-85-86
Taylor, James	1964
Thomas, John Kelly III	1972

Thomas, John	1982-83
Thomas, Lawrence	1979-80-81-82
Thome, Gerry	1985-86-87-88
Thompson III, Frank	1998
Thornhill, Keith	1974-75-76
Tipton, Henry	1939
Townsend, Maurice	1995
Turner, Melvin III	1984
Tutor, Jordan	2004

U-V

Ulaeto, Tector	1977-78-79
Utroska, James	1940
Veal, R.A.	1965
Vincent, Cameron	2007-08-09

W

Walker, C.W. Jr	1957
Walker, Chris	1988-89
Walker, Wilfred	1960
Wallace, Howard Jr.	1963
Walters, Albert	1948
Washington, George	1981-82-83-84
Ways, Chuck	1988-89-90
Weegman, Mitch	2008-09
Weinhold, Eric	1987-88
Welch, Olan	1975-76
Weslea, Edward	2008
Whalen, Matt	2004
White, Bryant	1988-89
White, Vernon	1972-73-74-75
Whitehead, Les	1974-75-76-77
Whiting, Steve	1984-85
Wilder, O'Neal	2008
Williams, J.D.	1996
Williams, Tim	2005
Williamson, Karl	1991
Williford, William	1943
Wilson, Jerald	2004-05-06-07
Withrow, Chris	2002-03-04
Wohner, J. Collins	1942
Wood, James	1963
Woods, Chris	2005-06-07-08
Wright, Lorenzo	1998-00

Y

Yarian, Don	1962
Young, Tracy	1981-82

Bold denotes current athletes

* - Athletes listed before 1980 are listed by graduation year. If you have any information that verifies specific years lettered during this period, please contact MSU Media Relations (662-325-0450)



WOMEN LETTER WINNERS

A

Aaron, LaQuinta	2007-08-09
Ajayi, Iyabo	1987-88
Anderson, Ann-Marie	1999-00-01
Armstrong, Alicia	1993
Aubert, Jacqui	2005
Averitt, Crystal	2002-03-04-05

B

Banks, Antrese	2006-07-08-09
Barnaby-Pope, LeKisha	2000-01-02-03
Barr, Patt	1999-00
Barrett, Caitlin	2006-07
Black, Michelle	1990-91-92-93
Braswell, Jessica	2003
Bridgeman, Tina	1995-96-97-98
Brooks, Lisa	1987-88-89-90
Brown, CeCe	1999-00-01-02
Bruce, Loren	2009
Buie, Andrea	2001-02

C

Carr, Courtney	1995-96-97-98
Casalini, Val	1995-96
Causey, Debra	1988-89
Chebii, Lydia	2008
Copeland, Wendy	2007-08-09
Corrigan, Michelle	2006
Cowards, Favian	2009
Crowder, Jonica	1993-94
Curtis, Trish	1998-99-00-01

D

Dahmer, DeAnne	1986
Darby, Chanda	1993
Davis, Elizabeth	1999-00
Davis, Yvonne	1988-89-90
Dennison, Becky	1992
Detzel, Brittney	2006-07-08
Dillon, Gabrielle	2006-07-08
Domingue, Simone	2008-09
Douglass, Holly	1988
Dunn, Nicole	2001-02-03-04

E-F

Ecke, April	1991-92,94-95
Ellis, Bernice	2003
Everett, Nina	1988
Falor, Annie	2005-06-07-08
Farmer, Michelle	1990-91
Fernandez, Claris	1995-96
Fleming, Brenda	1986-87
Finley, Janelle	2006-07-08
Foster, Ivy	1993-94-95-96
Fyfe, Anne	2003-05

G

Gaines, Kachel	1994-95-96
Gaines, Priscilla	2008-09
Gardner, Kim	1994
Gibbs, Collette	1998-99-00-01
Gibbs, Crystal	1997-98-99-00
Gingrich, Summer	1995-96-97
Goodall, Nancy	1991-92,94
Gordon, Michelle	1998
Graham, Abbey	2006-07-08
Gray, Crashana	1997-98
Green (Cain), Ashley	1994-95-96
Green, Floretta	1992-93

Green, Mary	1986
Griffith, Joy	2004-05-06
Grube, Liz	2004-05-06-07-08

H

Haber, Karin	1997-98-99-00
Haber, Monika	1998-99-00
Hammes, Sahah	2008-09
Hammock, Alexia	2005
Hanan, Cassie	2002-03-04-05
Hansen, Joelle	2000-01-02-03
Hansen, Jolene	2000-01-02-03
Hardcastle, Jessie	1998-99
Harper, Camille	1999-00-01-02
Harris, Marriisa	2006-07-08-09
Hawley, Jennifer	1997-98
Hendrix, Renata	2001-02-03-04
Hernandez, Christina	2004-05-06-07
Hill, LaTonya	1994-95,97-98
Hillman, Lisa	1986
Hirschman, Michelle	1987-88-89-90
Hobyan, Trina	2002-03
Hodge, Meggan	2002-03-04-05
Houston, Artrelle	1993
Hudsonpillar, Martha	2000,02-03
Hunholz, Corey	1994

I-J

Ingleton, Andrea	1998-99-00-01
Irwin, Christi	1991-92
Jakel, Sara	1995-96
James, Kia	2001-02-03-04
Johnson, Lacey	2001-02-03-04
Johnson, Lauren	2003-04-05-06
Johnston, Kandi	1996
Johnstone, Jennifer	2002-03-04-05

K-L

Kinney, Michelle	2003-04
Latham, Amy	1991
Lee, Karen	1998, 00-01
Lockhart, Dominique	2009
Longmire, Katie	2001

M-N

Magloire, Zita	2003-04-05-06
Marks, Daimond	2008
Masterson, Renee	2009
McCain, Dawn	1992,94-95
McGhee, Shannon	2008
McPherson, Jennifer	2003-04-05-06
McWilliams, Tiffany	2002-03-04
Milam, Sarah	2004-05-06-07
Miller, Liesel	1986-87
Moseley, Stacey	1995
Neely, Natalie	2005

O-P

Odom, Tanita	1994-95
Ogunkoya, Falilatu	1987-88-89-90
Owens, Jenny	1991-92-93
Patterson, Kim	1995-96
Phillips, Angelica	2005-06-07-08
Polk, Candice	2009

R

Rentschler, Jackie	2002-03-04-05
Rice, Meagan	1992

Rice, Melisa	1990,92-93
Ripstra, LeeAnn	1999-00-01
Roberts, Kristen	1992
Rollins, Stacy	1993
Rodgers, LaTisha	2008
Rogers, Dominique	2005
Rose, Bridgett	2007-08-09
Rosetti, Nicole	2006-07-08
Rossouw, Theresa	1990
Rudolphi, Ronni Watjus	2000-01-02-03

S

Salmon, Stacey	1997-98,00-01
Sandberg, Ashley	1996-97-98
Sanders, Emily	2006
Schroeder, Marcie	1989-90
Schuerer, Paula	1989-90
Simmons, Sharon	1987-88-89-90
Smyth, Chelsea Rae	2009
Steinberg, Jourdan	2002-03-04-05
Stephens, La Toya	1997-98-99-00

T

Taddy, Trina	1990-91-92-93
Tallent, Kristin	1999-00-01-02
Thorstenson, Mina	2003-04-06-07
Townsel, Fran	1995-96

V-W

Vasquez, Lauren	2005
Wahlin, Andrea	2005-06-08
Walls, Jasmine	2004-05
White, Amanda	1994-95
White, Kristen	2002-03
Whitefield, Cassandra	1990,92
Williams, Charlotte	1991-92-93-94
Williams, Elisha	1998-99-00-01
Williams, Tonia	1989-90-91-92
Wilson, Crystal	2009
Wilson, Nicola	2004-05-06-07
Wright, Mary Francis	2002-03

Y

Youmans, Dorothy	2006-07-08-09
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Z

Zawaski, Christine	1999,01-02
Zawaski, Janice	2000-01-02-03

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MEN'S INDOOR

100-YARD DASH

1963	Billy Moore	6.30
1965	Marcus Rhoden	6.30

60-METER DASH

2003	Pierre Browne	6.60
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60-YARD HURDLES

1965	Hank James	7.50
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200-YARD DASH

1988	Lorenzo Daniel	20:89
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300-METER DASH

1986	Lorenzo Daniel	32.67
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440-YARD DASH

1971	Dale Gibson	49.10
1973	Tim Bates	49.10
1975	Evis Jennings	47.60

500-METER RUN

1982	Darryl Jones	1:02.4
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600-YARD RUN

1975	T.D. Orungbemi	1:10.60
1977	Dennis Otono	1:10.30

800-METER RUN

1988	Kraig Cesar	1:51.03
1989	Kraig Cesar	1:51.09

MILE RUN

1967	Don Hunt	4:09.80
1968	Don Hunt	4:04.00

TWO MILE RUN

1962	Jim Taylor	N/A
1963	Jim Taylor	9:51.10
1967	Don Hunt	9:02.00
1983	Mark Strucko	9:53.85

MILE RELAY

1976	Davis, Orungbemi, Deaton, Jennings	3:15.00
1978	Stringfellow, Scott, Mose, Otono	3:15.40

HIGH JUMP

1975	Les Whitehead	7-00 ¼
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LONG JUMP

1989	Festus Igbinoghene	25-06 ¼
1991	Festus Igbinoghene	25-05 ¼

TRIPLE JUMP

1973	Seigha Porbeni	50-00 1/8
1974	Seigha Porbeni	52-08
1976	Seigha Porbeni	52-02 ½
1988	Festus Igbinoghene	50-07 ¼
1989	Festus Igbinoghene	54-04 ½
1990	Festus Igbinoghene	52-10 ¼

SHOT PUT

1964	Justin Canale	54-09 ¼
1986	Garry Frank	63-00 ¼

MEN'S OUTDOOR

100-YARD DASH

1942	Blondy Black	9.60
1965	Marcus Rhoden	10.2
1970	Frank Dowsing	9.50

100-METER DASH

1986	Lorenzo Daniel	10.00
2003	Marquis Davis	10.13
2005	Steve Mullings	10.15

200-METER DASH

1985	Lorenzo Daniel (#)	20:07
1986	Lorenzo Daniel	20.11
1987	Lorenzo Daniel	19.88
1988	Lorenzo Daniel	19.93
1994	Aki Bradley	20.44
2003	Marquis Davis	20.50

400-METER DASH

1995	Jude Monye	45.04
2008	Jamil Hubbard	45.24

120-YARD HURDLES

1953	Jerry Simmons	15.10
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220-YARD DASH

1962	Jim Wood	21.20
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220-YARD HURDLES

1952	Jerry Simmons	24.60
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440-YARD DASH

1946	Albert Walters	49.70
1972	Dale Gibson	46.40
1975	Evis Jennings	46.10
1976	Evis Jennings	45.30

440-YARD HURDLES

1976	Dennis Otono	50.60
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880-YARD RUN

1942	Bill Rhett	1:55.8
1947	Bill Rhett	1:59.9

MILE RUN

1935	Evan Davis	4:25.00
1967	Don Hunt (#)	4:06.80

TWO MILE RUN

1962	Jimmy Taylor	9:34.90
1963	Jimmy Taylor	9:39.80
	Malcolm Balfour	9:39.80
1967	Don Hunt (#)	9:00.40

3000-METER STEEPLECHASE

1982	Simeon Kigen	8:49.43
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5000-METER RUN

1982	Mark Strucko	14:10.03
1984	Mark Strucko	14:14.69

400-METER RELAY

1985	Banks, Bryant, Daniel (#), Dennis	39.18
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440-YARD RELAY

1962	Wood, Wallace, Hutton, Sanders	41.6
1963	Wood, Hutton, Sanders, Moore	41.8

1600-METER RELAY

1982	Spane, Washington, Moore, Jones	3:06.52
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MILE RELAY

1946	France, Nicholson, Rhett, Walters	3:25.5
1975	Johnson, Jennings, Orungbemi, Gray	3:09.0

HIGH JUMP

1952	Elmo Branch	6-07
1974	Les Whitehead	7-00
2000	Rod Newton	7-04 ½

LONG JUMP

1975	Seigha Porbeni	25-10 ½
1991	Festus Igbinoghene	25-01 ¾
2005	LaChristopher Lewis	25-01 ¾

TRIPLE JUMP

1974	Seigha Porbeni	51-04
1975	Seigha Porbeni	52-11
1989	Festus Igbinoghene	53-07 ¾

POLE VAULT

1940	Bill McClellan	13-00
1941	Lacy Newman	13-00
1952	Elmo Branch	13-03
1965	John Sanders	14-07
1985	Bob Dandino	17-01

SHOT PUT

1943	Mike Mihalic	46-08
1986	Garry Frank	65-04
1987	Garry Frank	65-08 ¾

DISCUS

1943	Bill Nettles	134-01¼
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DECATHLON

1975	Joe Gant	7,216 pts.
1978	Lee Palles	7,540 pts.
2004	Trey Hardee	7,480 pts.

WOMEN'S INDOOR

MILE RUN

2003	Tiffany McWilliams	4:35.21
2004	Tiffany McWilliams	4:35.91

DISTANCE MEDLEY RELAY

2003	McPherson, Dunn, Magloire, McWilliams	11:26.39
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WOMEN'S OUTDOOR

400-METER DASH

1989	Falilatu Ogunkoya	51.79
1990	Falilatu Ogunkoya	52.25

800-METER DASH

2003	Tiffany McWilliams	2:02.74
2004	Tiffany McWilliams	2:01.96

1500-METER RUN

2003	Tiffany McWilliams	4:12.17
2004	Tiffany McWilliams	4:09.19

SHOT PUT

1990	Sharon Simmons	49-01 ¾
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HEPTATHLON

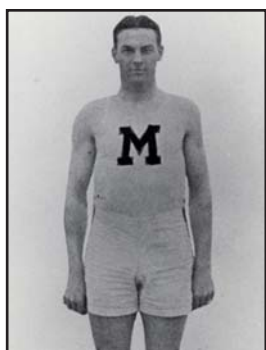
2008	Marrissa Harris	5,600 pts
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(#) -- SEC meet high-point scorer

Bold denotes current athletes



NCAA CHAMPIONS



C.S. COCHRAN

1922 & 1923
440-YARD DASH



DALE GIBSON

1972
INDOOR 600-YARD RUN



ELVIS JENNINGS

1976
INDOOR 440-YARD DASH



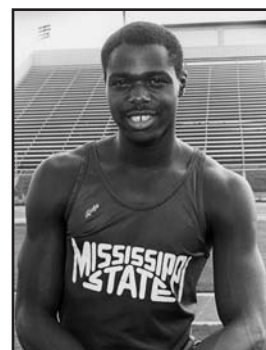
MICHAEL HADLEY

1982
OUTDOOR 1600-METER RELAY



DARYL JONES

1982
OUTDOOR 1600-METER RELAY



MICHAEL MOORE

1982
OUTDOOR 1600-METER RELAY



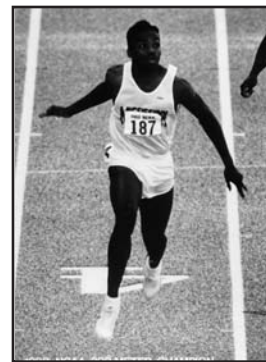
GEORGE WASHINGTON

1982
OUTDOOR 1600-METER RELAY



GARRY FRANK

1987
OUTDOOR SHOT PUT



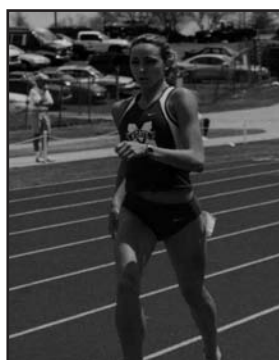
LORENZO DANIEL

1988
OUTDOOR 200-METER DASH



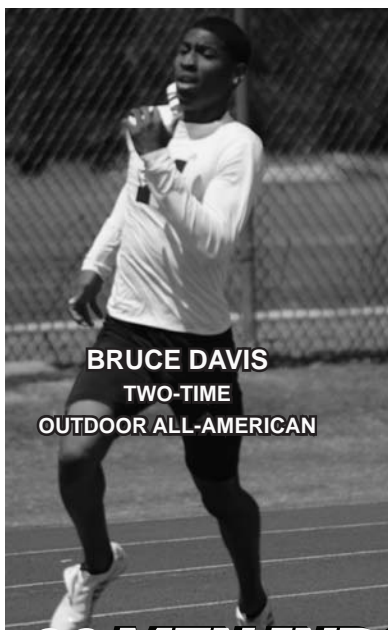
PIERRE BROWN

2003
INDOOR 60-METER DASH



TIFFANY McWILLIAMS

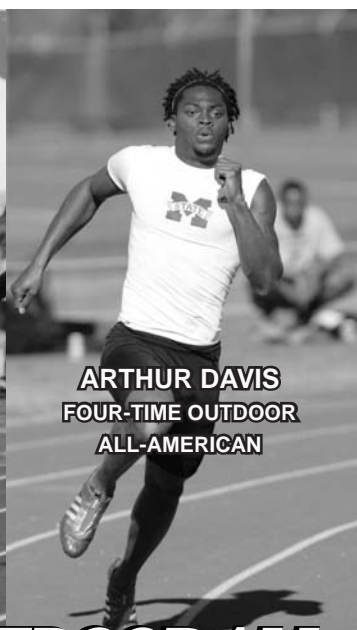
2003 & 2004
OUTDOOR 1500-METER RUN
2004
INDOOR MILE RUN



BRUCE DAVIS
TWO-TIME
OUTDOOR ALL-AMERICAN



DION CRABBE
TWO-TIME OUTDOOR
ALL-AMERICAN

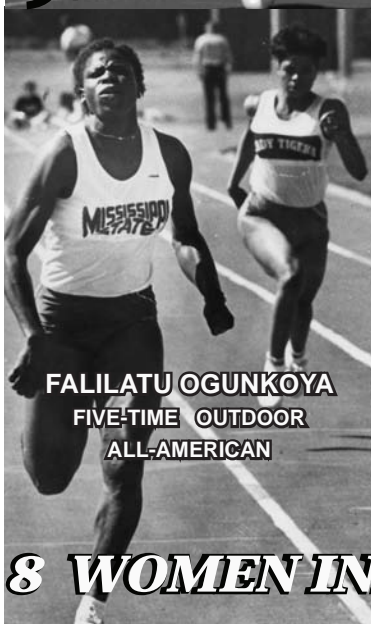


ARTHUR DAVIS
FOUR-TIME OUTDOOR
ALL-AMERICAN

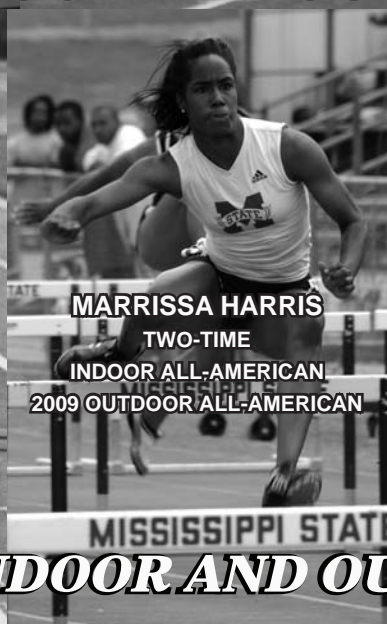


EZRA JONES
TWO-TIME OUTDOOR
ALL-AMERICAN

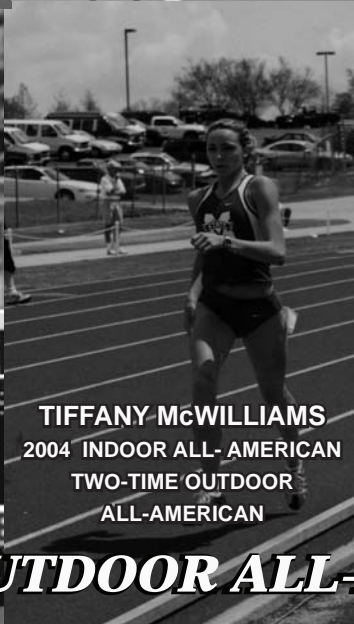
90 MEN INDOOR AND OUTDOOR ALL-AMERICANS



FALILATU OGUNKOYA
FIVE-TIME OUTDOOR
ALL-AMERICAN



MARRISSA HARRIS
TWO-TIME
INDOOR ALL-AMERICAN
2009 OUTDOOR ALL-AMERICAN

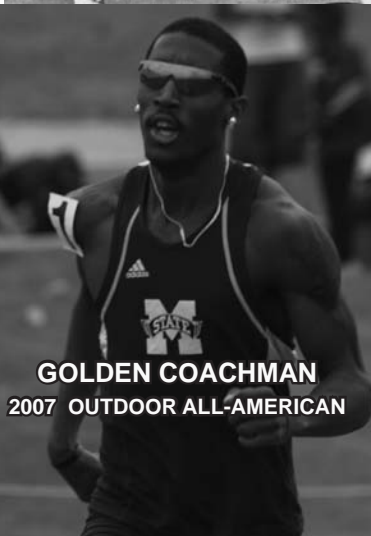


TIFFANY McWILLIAMS
2004 INDOOR ALL-AMERICAN
TWO-TIME OUTDOOR
ALL-AMERICAN

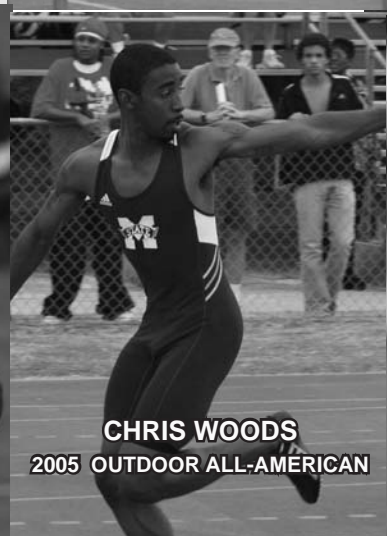


ELISHA WILLIAMS
2001 INDOOR AND OUTDOOR
ALL-AMERICAN

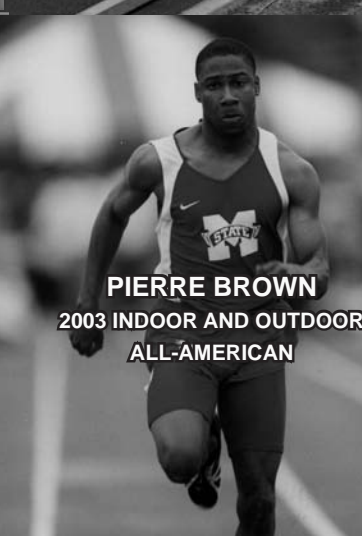
8 WOMEN INDOOR AND OUTDOOR ALL-AMERICANS



GOLDEN COACHMAN
2007 OUTDOOR ALL-AMERICAN



CHRIS WOODS
2005 OUTDOOR ALL-AMERICAN



PIERRE BROWN
2003 INDOOR AND OUTDOOR
ALL-AMERICAN



NATHAN DANIELS
TWO-TIME
OUTDOOR ALL-AMERICAN



ALL - AMERICANS

MEN'S INDOOR ALL-AMERICANS

1972	Dale Gibson	600-yard run
1974	Seigha Porbeni	Triple Jump
1976	Evis Jennings	440-yard dash
	Dale Gibson	600-yard run
	Seigha Porbeni	Triple Jump
1989	Festus Igbinoghene	Long Jump
1990	Festus Igbinoghene	Triple Jump
1991	Festus Igbinoghene	Triple Jump
2002	Pierre Browne	60-meter dash
		200-meter dash
	Marquis Davis	200-meter dash
2003	Pierre Browne	60-meter dash
	Marquis Davis	200-meter dash
	Glenn McFadden	200-meter dash

MEN'S OUTDOOR ALL-AMERICANS

1922	C.S. Cochran	440-yard run
	B.F. Ellis	220-yard hurdles
1923	C. S. Cochran	440-yard run
	K. P. Gatchell	Discus
	L.B. Priestester	Javelin
1930	S.R. Daws	High Jump
	E. H. Frederic	Pole Vault
1976	Evis Jennings	400-meter dash
1977	Dennis Otono	400-meter hurdles
1978	Lee Palles	400-meter hurdles
1982	Michael Hadley	1600-meter relay
	Daryl Jones	1600-meter relay
	Simeon Kigen	3000-meter Steeplechase
	Michael Moore	1600-meter relay
	George Washington	1600-meter relay
1985	Wayne Banks	400-meter relay
	Yura Bryant	400-meter relay
	Bob Dandino	Pole Vault
	Lorenzo Daniel	200-meter dash
		400-meter relay
	Ronnie Dennis	400-meter relay
1986	Wayne Banks	400-meter relay
	Lorenzo Daniel	200-meter dash
		400-meter relay
	Ronnie Dennis	400-meter relay
	Garry Frank	Shot Put
	John Ownes	400-meter relay
1987	Lorenzo Daniel	200-meter dash
	Garry Frank	Shot Put
1988	Sidney Braddy	400-meter relay
	Lorenzo Daniel	200-meter dash
		400-meter relay
	Ricky Huell	400-meter relay
	Keith Laurant	400-meter relay
1989	Festus Igbinoghene	Triple Jump
1990	Festus Igbinoghene	Triple Jump
1991	Festus Igbinoghene	Triple Jump
1993	Aki Bailey	100-meter dash
	John Little	800-meter run
1994	Aki Bailey	100-meter dash
		200-meter dash
2002	Pierre Browne	100-meter dash
		200-meter dash
	Dion Crabbe	100-meter dash
		200-meter dash
	Marquis Davis	200-meter dash
2003	Pierre Browne	100-meter dash
	Marquis Davis	200-meter dash
	Trey Hardee	Decathlon
	Kelvin Harris	110-meter hurdles
	LaChristopher Lewis	400-meter dash
2004	Jamel Ashley	400-meter dash
		4x400-meter relay
	Arthur Davis	4x400-meter relay

	Trey Hardee	Decathlon
	LaChristopher Lewis	4x400-meter relay
	Keston Nelson	4x400-meter relay
2005	Jamel Ashley	400-meter dash
		4x400-meter relay
	Arthur Davis	4x400-meter relay
	LaChristopher Lewis	4x400-meter relay
	Kendall Pyant II	4x400-meter relay
	Chris Woods	4x400-meter relay
2006	Nathan Daniels	4x400-meter relay
	Arthur Davis	4x400-meter relay
	Bruce Davis	4x400-meter relay
	Ezra Jones	4x400-meter relay
2007	Golden Coachman	800-meter run
	Nathan Daniels	4x400-meter relay
	Arthur Davis	4x400-meter relay
	Bruce Davis	4x400-meter relay
	Ezra Jones	4x400-meter relay
2008	Golden Coachman	800-meter run
	Kendall May	100-meter dash
2009	John Bailey	4x100-meter relay
	D'Angelo Cherry	100-meter dash
		4x100-meter relay
	Justin Christian	4x100-meter relay
	Emanuel Mayers	400-meter hurdles
	Dwight Mullings	400-meter dash

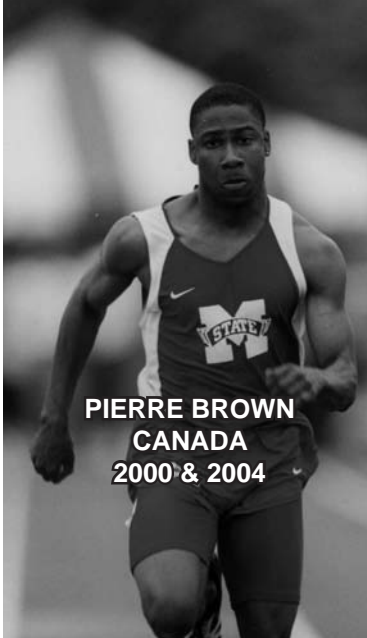
WOMEN'S INDOOR ALL-AMERICANS

2001	Elisha Williams	Long Jump
2004	Tiffany McWilliams	Mile Run
2008	Marrissa Harris	Pentathlon
2009	Marrissa Harris	Pentathlon

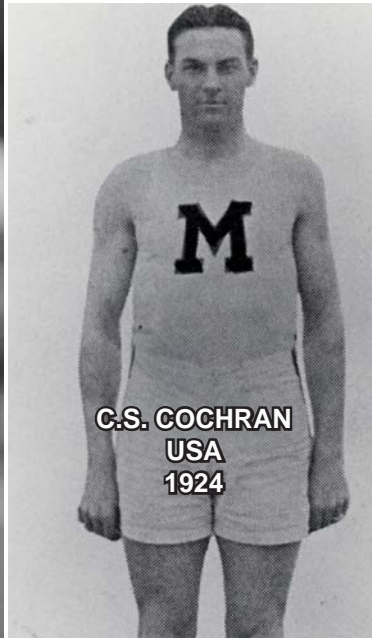
WOMEN'S OUTDOOR ALL-AMERICANS

1987	Falilatu Ogunkoya	100-meter dash
		200-meter dash
1988	Falilatu Ogunkoya	200-meter dash
1989	Falilatu Ogunkoya	200-meter dash
	Falilatu Ogunkoya	400-meter dash
1997	Latonya Hill	Heptathlon
2001	Camille Harper	100-meter dash
	Elisha Williams	Long Jump
2003	Tiffany McWilliams	1500-meter run
2004	Tiffany McWilliams	1500-meter run
2009	Marrissa Harris	100-meter hurdles
		Heptathlon

Bold denotes current athletes



PIERRE BROWN
CANADA
2000 & 2004



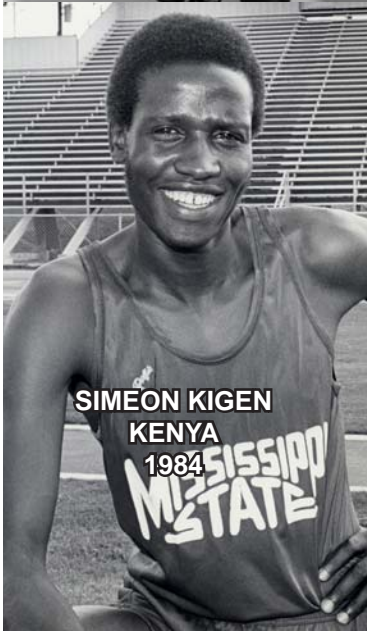
C.S. COCHRAN
USA
1924



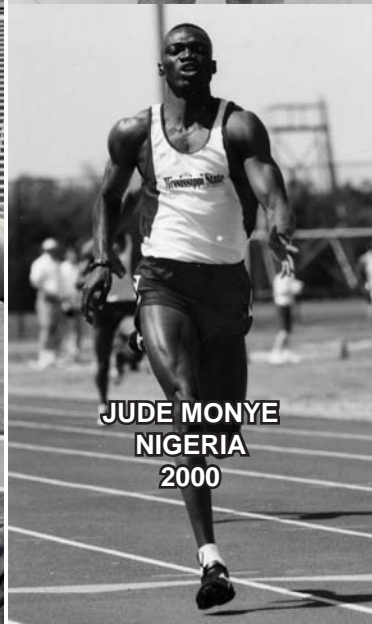
DION CRABBE
BRITISH VIRGIN ISLANDS
2004



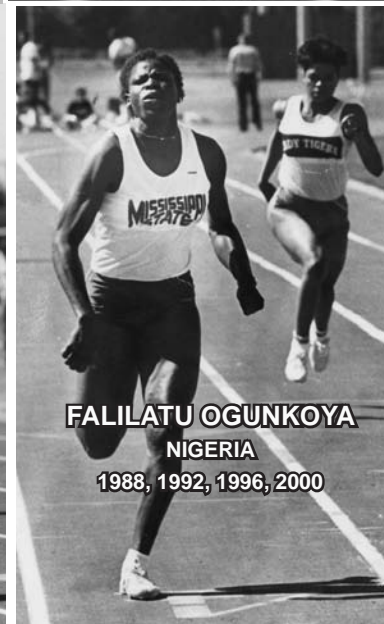
FESTUS IGBINOGHENE
NIGERIA
1992



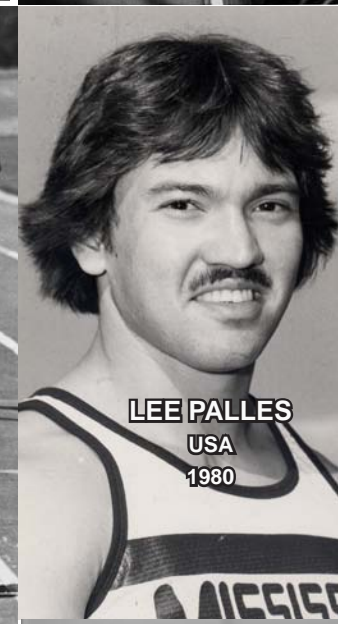
SIMEON KIGEN
KENYA
1984



JUDE MONYE
NIGERIA
2000



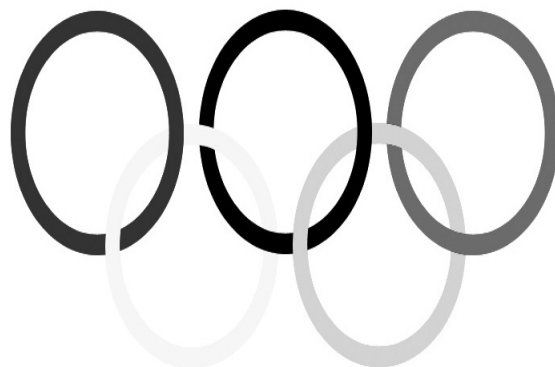
FALILATU OGUNKOYA
NIGERIA
1988, 1992, 1996, 2000



LEE PALLES
USA
1980

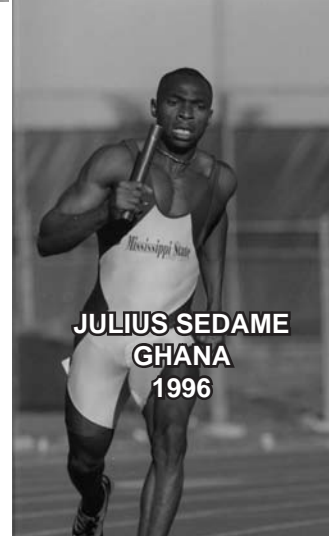


DON SCOTT
USA
1920



©

Not Pictured
E.C. Billy Hayes, Lee Priester, W.O. Spencer, Sid Robinson



JULIUS SEDAME
GHANA
1996



Mississippi State University

Mississippi State is a comprehensive land-grant institution and the largest university in Mississippi, with a statewide enrollment of more than 16,000 students.

Established in 1878 as the Agricultural and Mechanical College of Mississippi, the university has traditional strengths in engineering and scientific agriculture but has evolved into a comprehensive institution with a diverse array of programs in teaching, research, and service.



Academics and Student Life

Mississippi State students consistently earn honors such as the prestigious Harry S. Truman Scholarship, awarded for those who will enter public service, and, with 16 Truman Scholars to date, the university has been recognized as a Truman Honor Institution. In the past year, a student team competed for and won first place in a national Challenge X competition to redesign a fuel-efficient and environmentally-friendly SUV.

Recently initiated programs are providing opportunities to develop leadership potential and global study options. The university's Global Leadership Continuum provides "cradle-to-CEO" programming designed to develop leadership



across a "global" spectrum that begins with high school and continues through the university experience and into professional life. Included are the Young Guns Leadership Camp for rising high school seniors; the Day one Leadership Community for incoming freshmen, focusing on shared academic and service experiences; and the highly competitive Appalachian Leadership Honors Program for sophomores and juniors.

To complement these efforts, the university has launched a minor in leadership studies open to students in all majors. A university honor code adopted in 2007 institutionalizes a campus culture of integrity and personal responsibility in academic studies. Through the Global Leadership Program, students may experience significantly expanded study-abroad opportunities.





Research

Mississippi State faculty researchers attracted \$186.5 million in external funding for 2006-07, up from about \$155 million during the previous year. This funding supported 1,691 sponsored projects in 2007.

Based on the latest rankings available from the National Science Foundation, MSU ranks 7th in the nation in agricultural sciences research expenditures and 44th in engineering. Last year MSU faculty and staff disclosed 80 new technologies resulting in three new start-up companies, nine licenses, and 22 patent applications. The university now holds 77 patents.

In recent years, MSU has established the Thad Cochran Endowment for Entrepreneurship, as well as collaborating with federal agencies and industries to help increase technology-oriented start-up companies. Among the collaborators and sponsors are the U.S. departments of Defense and Energy, NASA, General Electric, Northrop Grumman, EADS/American Eurocopter, Boeing, Raytheon, General Dynamics, Israeli Aerospace Industry, and the Mississippi Technology Alliance.

In a key area of economic interest to Mississippi, MSU's Center for Advanced Vehicular Systems, established in 2001, continues research and development supporting a goal of attracting automotive industries to the state. The center is conducting research in areas that include materials processing,

human and systems engineering, alternative power systems, computational manufacturing and design, and advanced learning technologies.

Outreach and Service

From its academic programs to the work of countless individuals, Mississippi State has "extended farther" and gone "beyond the limit" to make a difference in the lives of citizens around the state. In 2006, the university formed the Mississippi State Community Action Team to organize university resources and expertise for quick response to local issues around the state. MSU's Extension Service is the first in the nation to have an interactive videoconferencing system in every county Extension office. Through the Freedom Calls program, the system is being used to connect Mississippians with family members in the U.S. military serving our country in Iraq.

The MSU Extension Service maintains offices in almost every county of the state, and the Mississippi Agricultural and Forestry Experiment Station operates 10 branch stations throughout Mississippi. Four strategically located research and extension centers coordinate the delivery of services statewide.

ATHLETIC Excellence

Mississippi State student-athletes have been achievers on the playing fields and off them. For every Bulldog winning All-SEC or All-America honors, another earns recognition for academic achievement. Players are coached to greatness throughout the MSU athletic program.

Bulldog catcher EDWARD EASLEY (R) was named the winner of the 2007 Coleman Company Johnny Bench Award as the nation's top collegiate catcher. Bench (L) presented Easley with the award. Easley also won the 2007 Cellular South Ferriss Trophy as Mississippi's top collegiate baseball player.

LAWRENCE ROBERTS was the SEC Player of the Year in 2004 and a national finalist for the Wooden Award, given annually to college basketball's top player.

IYHIA McMICHAEL, who concluded her career in 2004, is the only two-time SEC Softball Athlete of the Year in league history.

LAURENT MIQUELARD (L) and JOC SIMMONS won the NCAA men's tennis doubles national championship in 1994.



Great Players



As a relief pitcher with the Boston Red Sox, JONATHAN PAPELBON has been an MLB All-Star in each of his first four seasons.

JERIOUS NORWOOD concluded his football career in 2005 as the school's single-game and career rushing leader. He was named winner of the Conerly Trophy as the state's top college football player, was selected to play in the Senior Bowl, and was taken by the Atlanta Falcons in the NFL Draft.

LATOYA THOMAS concluded her career in 2003 as a two-time SEC Player of the Year and became only the sixth player in NCAA Division I history to be named a four-time Kodak All-American.

TIFFANY McWILLIAMS won the NCAA national championship in the 1500 meter run in 2003 and '04, and the national title in the indoor mile in 2004.

ATHLETIC Excellence

State's coaches care for their student-athletes and the school's sports programs. Each has a passion for their specialty, experience as a player and coach, and expertise to instruct at the highest levels. Their goal is to coach champions on the field and mold productive college graduates from the university's classroom.



CHRISTI SANDERS (back left) has the longest, consecutive coaching reign of any head coach at State, with 21 seasons at the helm of the women's golf program. She has twice been named SEC Coach of the Year (1990, 2000).

RICK STANSBURY, the winningest coach in MSU basketball history, has guided the Bulldogs to 231 wins and eight postseason appearances in his 11 seasons at State.

Former MSU baseball standout **JOHN COHEN** was introduced as Mississippi State's new baseball skipper in June 2008.

DAN MULLEN is widely regarded as one of the top young minds in college football. With 15 years of experience in the collegiate coaching ranks, Mullen was named the 32nd head football coach in the history of Mississippi State University on December 10, 2008.

NEIL MACDONALD is the only head coach to guide the MState soccer program to an SEC Tournament appearance in his first season (2004).

SHARON FANNING the winningest basketball coach in Lady Bulldog history, led her 2008-09 team to a 23-10 record and the second round of the NCAA Tournament. On Nov. 10, 2006, she became the 29th NCAA Division I women's basketball head coach to reach 500 wins.

Great Teachers

Returning home to coach his alma mater, PER NILSSON was a part of the 1993 SEC Championship team.

CLAY HOMAN, a second-team all-SEC performer during his MState playing career, has led the men's golf program to 52 top-10 finishes in six years.

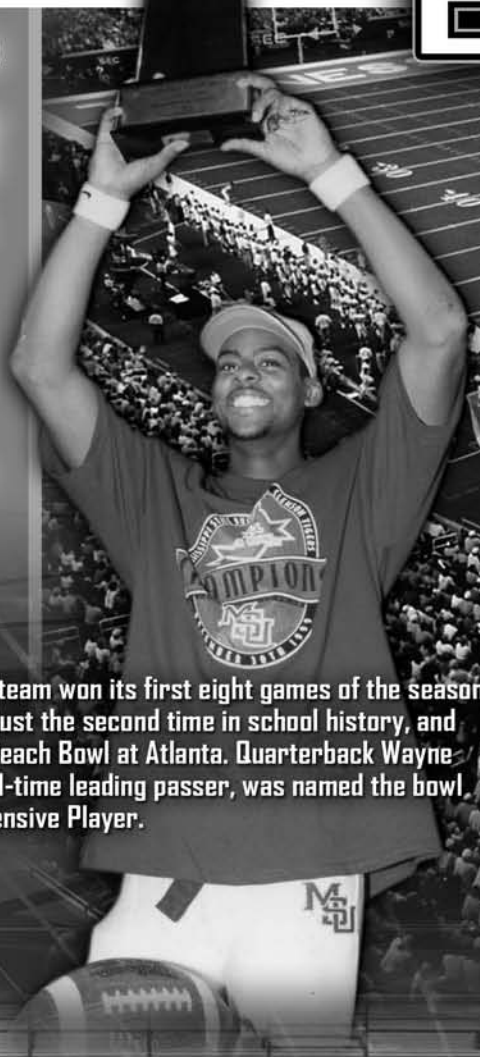
JENNY HAZELWOOD returned to her alma mater as the head volleyball coach in 2009. During her career at State she set the school record for assists in a match, a season and a career.

JAY MILLER is one of the most respected coaches in the country. The USA National Team head coach and NFCA Hall of Fame inductee has directed the State softball program to six NCAA postseason appearances in his seven seasons.

Now in his second decade as the head coach of the men's and women's track teams, AL SCHMIDT has coached three MState athletes to national titles.

ATHLETIC Excellence

MSU has played in the SEC Football Championship Game, the basketball Final Four, the baseball College World Series, and in numerous NCAA national title events since 1996. The last decade has brought overall achievement unmatched at State, and each new generation adds more hardware to the school's trophy cases.



State won the SEC Western Division title in 1998 and held a fourth-quarter lead on eventual national champion Tennessee in the league championship game at the Georgia Dome. The Bulldogs' appearance in the championship game garnered the school a berth in the 1999 Cotton Bowl.

The 1999 Maroon football team won its first eight games of the season, amassed 10 victories for just the second time in school history, and defeated Clemson in the Peach Bowl at Atlanta. Quarterback Wayne Madkin (above), State's all-time leading passer, was named the bowl game's Most Valuable Offensive Player.



MSU's 1998 men's tennis team was one of two Bulldog squads that reached the NCAA semifinals, losing to perennial national champion Stanford. The '98 team was one of 10 State net teams that earned NCAA Sweet 16 berths from 1991-2001.



State's soccer team captured the 2001 SEC Western Division crown, the first SEC championship of any kind by an MSU women's team. That title came in just the sport's seventh year of existence on the campus.

Great Teams

The "thunder and lightning" duo of Rafael Palmeiro and Will Clark guided the Bulldog baseball program to SEC regular season and tournament titles, and to a national third-place finish at the College World Series in 1985. The '85 team's finish was the best of MSU's seven CWS squads.

The 1995-96 Mississippi State men's basketball team earned the school's first-ever NCAA Final Four appearance after claiming the program's first SEC Tournament title and winning the SEC Western Division crown.

The MState men's golf team captured the school's second-consecutive SEC Tournament title in 1997 and participated in NCAA regional competition for just the second time in school history.

The Lady Bulldog basketball team has gone to ten postseason appearances under Head Coach Sharon Fanning, including five NCAA Tournament appearances.



ATHLETIC Excellence

Mississippi State athletes play in some of the nation's finest facilities. Almost every Bulldog competition site has either been constructed or renovated in the last 15 years. During that time alone, more than \$60 million in facility enhancements have been made.



DAVIS WADE STADIUM AT SCOTT FIELD: Near-sellout crowds have become the norm at Davis Wade Stadium at Scott Field, where the Bulldogs have played before masses reaching 85 percent of stadium capacity. Since the 2000 season when expansion and renovation projects gave the nation's second-oldest stadium a gleaming new look, crowds have grown by nearly 30 percent.



PITTS TENNIS CENTRE: Considered among the finest tennis facilities in the collegiate ranks, the modern, six-court, 1,000-seat A.J. Pitts Tennis Centre recently completed its 26th year serving the men's and women's programs. Recent enhancements at the facility include new locker areas and concession stands (1998) and a permanent press box (2004).

**W.O. SPENCER STADIUM/
CARL MADDOX TRACK:** Co-named in honor of a two-time Mississippi State Olympian and a former MSU athletic director, the W.O. Spencer Stadium/Carl Maddox Track has served as host to the Southeastern Conference Outdoor Track and Field Championships three times since 1985, joining Tennessee as the most frequent host for that event during that time.



DUDY NOBLE FIELD, POLK-DEMENT STADIUM: One of the nation's leaders in baseball season ticket sales and attendance, Dudy Noble Field, Polk-Dement Stadium still holds the nation's on-campus single-game attendance mark — 14,991. With a seating capacity of more than 7,000 and more space in the world-famous outfield, *Sports Illustrated* magazine named the park, the "Best Place To Watch College Baseball" in a 1997 issue.

NEWELL GRISSOM BUILDING:

The 12,000-square foot, hardwood-floored Newell-Grisson Building serves as the home for Mississippi State's volleyball program and serves as a practice facility for both of the school's basketball programs. Recent improvements include the addition of an air conditioning/heating system and chairback seating.

Great Places

MSU GOLF COURSE:

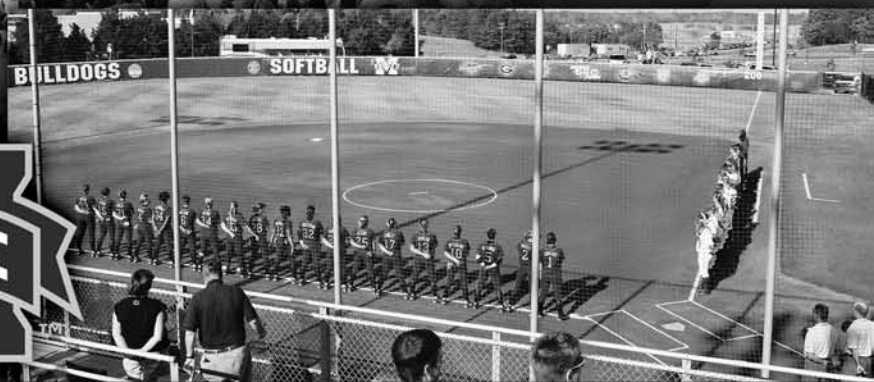
Nominated by *Golfweek* and *Golf Digest* magazines as one of the premier public golf courses in the United States, Mississippi State's championship University Golf Course is the home to the men's and women's programs. The 18-hole course was recently furnished with a 5,000-square-foot clubhouse, complete with locker areas, snack bar, golf shop and classroom.



MSU SOCCER FIELD: Built in 1995, the lighted Mississippi State Soccer Field gives the Bulldog women one of the finest playing surfaces in the Southeast, a 114-yard long, 72-yard wide regulation NCAA Championship field. The lush turf is Mississippi Pride grass, developed by researchers on the MSU campus.



HUMPHREY COLISEUM: Season ticket sales records and all-time attendance marks have also been set over the past decade by Bulldog and Lady Bulldog basketball teams in the Humphrey Coliseum, the state's largest on-campus basketball arena. The latest addition to the facility was a \$1.8 million, center-hung, four-sided video scoreboard and jumbotron screen installed in 2004.



MSU SOFTBALL FIELD: Constructed in 1997, the Mississippi State Softball Field has undergone almost constant improvement at the northern-most point of campus. Lights were added to the facility in 1998, brick work was added to the dugouts two years later and, in 2001, additional batting cages were built. In 2005, softball moved into a new locker, training and meeting facility adjacent to the park.

BRYAN BUILDING: The state-of-the-art John H. Bryan Athletic Administration Building is the crown jewel of MSU's expansion projects of the last decade. Opened in 1996, this showcase facility is named for longtime Bulldog friend and supporter John H. Bryan Sr., and houses athletic administration, football, ticket, athletic development and media relations offices.



ATHLETIC TRAINING FACILITIES

Jim and Julia Rouse Weight Room

Mississippi State athletes use top-of-the-line weight training machines that are a part of the Jim and Julia Rouse Weight Room located in the Shira Athletic complex.

A 9,000-square foot strength and conditioning room. Equipped with the latest technology in weight training, more than \$350,000 worth of equipment is housed in the Julia and Jim Rouse Weight Room. Jim Rouse, a 1962 graduate of MSU and an original member of the Bulldog Foundation, is the retired vice president of Exxon Mobile.



Holliman Athletic Center

A 46,000-square foot athletic center, providing Bulldog athletes with a locker room, equipment room and team meeting rooms, as well as a state-of-the-art athletic training area and strength and conditioning facility.



The Holliman Athletic Center is located just east of the Shira Athletic Complex, State's original practice facility, which was constructed in the 1970s.

Athletic Training Staff

The medical team begins with the certified athletic trainers (ATC's) who interact with the student athletes on a daily basis. Each full time staff athletic trainer at Mississippi State is certified by the National Athletic Trainers' Association Board of Certification and is licensed in the state of Mississippi.

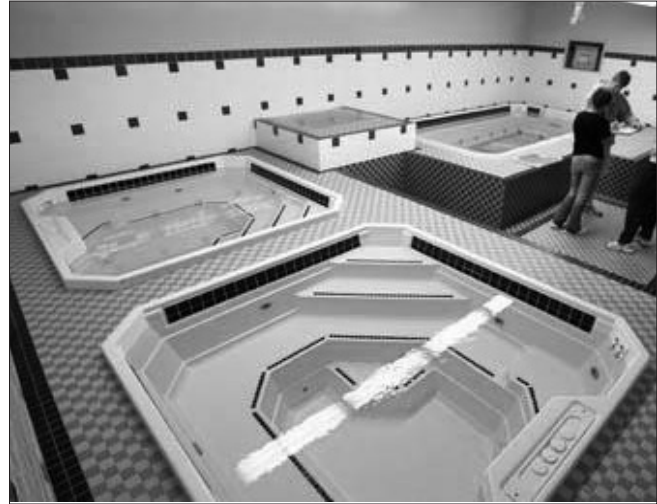
Athletic Training Room

The Mississippi State Sports Medicine Department consists of six athletic training rooms at various athletic facilities to better serve our student athletes. The athletic training rooms are staffed by our seven full time staff members along with five graduate assistants and 20 student athletic trainers.



The new Columbus Orthopaedic Sports Medicine Center is equipped with the latest in modalities (in-ground whirlpools, ultrasound, electrical stimulation), rehabilitation equipment (including a Biodex and Hydroworx® therapy pool with an underwater treadmill), an x-ray machine, and a variety of additional equipment necessary to meet the needs of the elite collegiate athlete.

The Team Family Practice Physicians and Orthopedists are available at practice and in the athletic training room almost daily for consultation with the athletic trainers and student athletes.



John C. Longest Student Health Center

Mississippi State University maintains a full service student health center on campus where our two Team Family Practice Physicians practice. They are supported by a lab, pharmacy, x-ray, physical therapy department, nutritionists, three additional physicians, four nurse practitioners, and a nursing staff.





Larry H. Templeton Athletic Academic Center

The Shira Athletic Complex received its second neighborhood addition in the past four years on Nov. 1 when the Templeton Athletic Academic Center was officially dedicated.

Mississippi State's student-athletes have enjoyed outstanding success in the classroom, and the new \$10 million facility provides state-of-the-art amenities that will help the Bulldogs and Lady Bulldogs continue that success while reaching new levels.

The Templeton Athletic Academic Center includes a large computer lab and individual computer rooms and work stations that will allow student-athletes access to a computer at their convenience. The building also houses academic counselor offices, large study areas, resource rooms, conference rooms and tutor rooms that will allow MState's academic staff the most efficient way to interact with student-athletes.

The two biggest areas of the State's newest facility are a 300-seat dining room and a large foyer that captures many of the team highlights and individual greats that have encompassed Mississippi State's rich athletic history.

Perhaps the greatest attribute of the Templeton Athletic

Academic Center is the location. Situated adjacent to the Shira Complex and Holliman Athletic Center, the facility stands in the heart of MSU's athletic facilities.

The structure is named for Larry Templeton, who served as Mississippi State's director of athletics from 1987-2008. Under his leadership, MState accomplished many great athletic feats. The football team reached six postseason bowl games, the men's basketball squad reached the Final Four and the baseball team went to the NCAA College World Series three times. State teams also claimed five Southeastern Conference championships under his guidance and advanced to NCAA championship play 29 times. The Bulldog softball team made seven of those trips in a nine-year stretch.

With all of the on-field accomplishments under Templeton's watch, State enjoyed even more success in the classroom. During the 2005-06 academic year, MSU's men and women athletes posted the highest combined grade-point average ever recorded in the 18 years of tracking student-athlete grades.

Head coach Al Schmidt's track and field teams have been an integral part of the school's academic success, landing 219 athletes on the SEC Academic Honor Roll since his arrival in 1988. Last season, ten Bulldogs and nine Lady Bulldogs a 3.17 GPA or better, with three earning perfect 4.0.



LARRY TEMPLETON

SEC HONOR ROLL

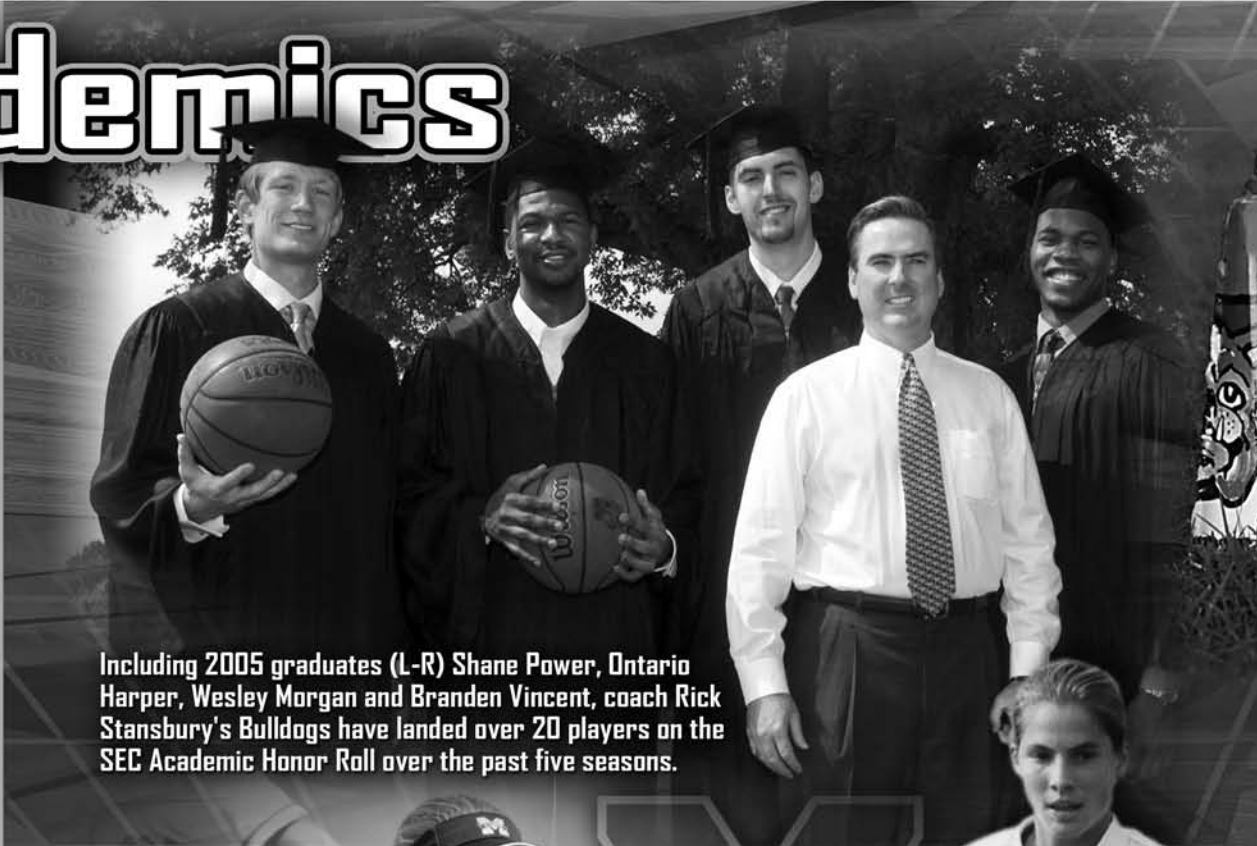


1985	Bob Dandino (Psychology)	Chris Boldt (Industrial Engineering)	Pad Judd (Physical Education)
1986	Lorenzo Daniel (Communication)	Vance Clarke (Business Administration)	Ryan Looney (Biochemistry)
	Scott Hoelzel (Computer Science)	Trish Curtis (Landscape Architecture)	Zita Magloire (Biological Sciences)
	Gerry Thome (Computer Science)	Elizabeth Davis (Special Education)	Matt Martin (Physical Education)
1987	Jace Lacoste (Business)	Collette Gibbs (Fitness Management)	Travis McKay (General Business)
	Liesel Miller (History)	Crystal Gibbs (Fitness Management)	Jennifer McPherson (Public Relations)
	Gerry Thome (Computer Science)	Karin Haber (Fitness Management)	Phillip Moore (Physical Education)
	Eric Weinhold (Dairy Science)	Monika Haber (Fitness Management)	Shelby Nousain (General Business)
1988	Lorenzo Daniel (Communication)	Kelvin Harris (Microbiology)	Jackie Rentschler (Psychology)
	Scott Hoelzel (Mechanical Engineering)	Martha Hudsonpillar (Fitness Management)	Brandon Smith (Biological Engineering)
	Tim Keller (Advertising)	Dan Hunter (Physical Education)	Jordan Steinberg (International Business)
	Jace Lacoste (Advertising)	Andrea Ingleton (Accounting)	Mina Thorntenson (Microbiology)
	Liesel Miller (History)	Katie Longmire (Communication)	Lauren Vasquez (Sociology)
	Wilson Santucci (Art)	John McCaskill (Management)	Andrea Wahlin (Food & Nutrition)
	Gerry Thome (Computer Science)	Iheanyi Obia (Political Science)	Arthur Davis (Educational Psychology)
	Eric Weinhold (Dairy Science)	Stacey Salmon-Rich (Business Administration)	Gedamu Ege (Interdisciplinary Studies)
1989	Scott Hoelzel (Mechanical Engineering)	Kristin Tallent (Communication)	Annie Falor (English)
	Scot Hopkins (History)	Ronni Watjus (Animal/Dairy Science)	Joy Griffith (Animal/Dairy Science)
	Michelle Hirschman (Home Economics)	Elisha Williams (Chemical Engineering)	Liz Grube (Interior Design)
	Jace Lacoste (Business Administration)	Christine Zawaski (Forestry/Wildlife)	Christina Hernandez (Communication)
1990	Rob Irwin (Biology)	Ann-Marie Anderson (Banking/Finance)	Megan Hodge (Human Sciences)
	Jace Lacoste (Advertising)	Chris Boldt (Industrial Engineering)	Ryan Irwin (Computer Engineering)
	Paula Schuerer (Animal Science)	CeCe Brown (Biological Engineering)	Lauren Johnson (Business Information Systems)
1991	Rob Irwin (Biology)	Vance Clarke (Business Administration)	Pad Judd (Physical Education)
	David Jones (Biology)	Clay Garner (Physical Education)	Zita Magloire (Biological Sciences)
	Melissa Rice (Sociology)	Collette Gibbs (Fitness Management)	Wade Martin (Architecture)
	Trina Taddy (Microbiology)	Camille Harper (Fitness Management)	Travis McKay (Marketing)
1992	April Ecke (Sports Communication)	Martha Hudsonpillar (Business Administration)	Jennifer McPherson (Communication)
	Kristi Irwin (Chemistry)	Dan Hunter (Political Science)	Sara Milam (Biological Engineering)
	Rob Irwin (Biology)	Andrea Ingleton (Accounting)	Phillip Moore (Physical Education)
	Jenny Owen (Physical Education)	James Kinbrough (Physical Education)	Robert Scribner (Business Administration)
	Melissa Rice (Biological Engineering)	Katie Longmire (Communication)	Brandon Smith (Biological Engineering)
	Trina Taddy (Microbiology)	Kristin Tallent (Communication)	Mina Thorntenson (Microbiology)
1993	Michelle Black (Fitness Management)	Ronni Watjus (Animal/Dairy Science)	Lauren Vasquez (Sociology)
	April Ecke (Sports Communication)	Elisha Williams (Chemistry Engineering)	Andrea Wahlin (Food & Nutrition)
	Rob Irwin (Biology)	Christine Zawaski (Forestry)	Jasmine Walls (English)
	Jenny Owens (Teaching/Coaching)	Crystal Averitt (Biological Sciences)	Tim Williams (Physical Education)
	Melissa Rice (Biological Engineering)	Chris Boldt (Industrial Engineering)	Chris Withrow (Physical Education)
1994	Trina Taddy (Microbiology)	CeCe Brown (Biological Engineering)	Ashenafi Arega (Industrial Technology)
	Ronnie Andrews (Educational Psychology)	Zach Brumfield (Mechanical Engineering)	Wendy Copeland (Biological Sciences)
	David Cain (Pre-Medical)	Steven Cornelius (Management)	Michelle Corrigan (Biological Sciences)
	Steve Dudley (Geology)	Matt Denton (Business)	Brittany Detzel (Animal/Dairy Sciences)
1995	April Ecke (Physical Education)	Nicole Dunn (Banking/Finance)	Annie Falor (English)
	Ronnie Andrews (Educational Psychology)	Clay Garner (Physical Education)	Zachary Greene (Chemical Engineering)
	Davis Cain (Pre-Medical)	Camille Harper (Fitness Management)	Joy Griffith (Animal/Dairy Sciences)
	Ashley Green (Home Economics)	Renata Hendrix (Banking/Finance)	Liz Grube (Interior Design)
	Kent Marett (Biology Education)	Trina Hobyan (Business)	Marrissa Harris (Physical Education)
	Charles Mitchell (Marketing)	Megan Hodge (Human Sciences)	Christina Hernandez (Communication)
	Lamont Poke (Arts & Sciences)	Martha Hudsonpillar (Business Administration)	Ryan Irwin (Computer Engineering)
1996	Amanda White (Biological Engineering)	Dan Hunter (Political Science)	Pad Judd (Physical Education)
	Tina Bridgeman (Elementary Education)	Lacey Johnson (Psychology)	Wade Martin (Architecture)
	David Cain (Pre-Medical)	Jennifer Johnstone (Kinesiology)	Travis McKay (Marketing)
	Houston Franks (Teaching/Coaching)	Michael Landry (Secondary Education)	Jennifer McPherson (Physical Education)
	Summer Gingrich (Foreign Language)	LaChristopher Lewis (Civil Engineering)	Phillip Moore (Physical Education)
	Theo Kurgat (Business Administration)	Jason Odom (Agricultural Science)	Angelica Phillips (Sociology)
	Bill McGill (Political Science)	Kevin Pittman (Teaching/Coaching)	Joseph Queen (Physical Education)
	Amanda White (General Science)	Jackie Rentschler (Psychology)	Kyle Roberts (Biological Sciences)
1997	Tina Bridgeman (Elementary Education)	Brad Rowland (Landscape Contracting)	Jonathan Rono (Physical Education)
	Houston Franks (Teaching/Coaching)	Ronni Watjus-Rudolphi (Animal Science)	Nicole Rosetti (Elementary Education)
	Summer Gingrich (Foreign Language)	Jordan Steinberg (Psychology)	Emily Sanders (Physical Education)
	Theo Kurgat (Sports Administration)	Kristin Tallent (Broadcasting)	Robert Scribner (Marketing)
	Dedric Ruffin (Insurance)	Mary Francis Wright (Education)	Daniel Simpkins (Computer Engineering)
	Julius Sedame (Banking/Finance)	Christine Zawaski (Forestry)	Brandon Smith (Biological Engineering)
	Amanda White (General Science)	Crystal Averitt (Biological Sciences)	Mina Thorntenson (Physical Education)
1998	Tina Bridgeman (Elementary Education)	Matt Denton (Business)	Andrea Wahlin (Food & Nutrition)
	Bryan Bridges (Arts & Sciences)	Nicole Dunn (Banking/Finance)	Clayton Walls (Undecided)
	Fred Collier (Corrections)	Clay Garner (Physical Education)	Nicola Wilson (Sociology)
	Sandy Dillon (Chemical Engineering)	Joy Griffith (Animal/Dairy Sciences)	Ashenafi Arega (Industrial Technology)
	Houston Franks (Teaching/Coaching)	Liz Grube (Biological Sciences)	Trumasa Banks (Physical Education)
	Brian Gaylord (Biological Sciences)	Trey Hardee (Graphic Design)	Miranda Bauman (Biological Engineering)
	Crystal Gibbs (Fitness Management)	Renata Hendrix (Banking/Finance)	Matthew Cameron (Business Administration)
	Crashana Gray (Business Systems)	Christina Hernandez (Physical Education)	Michael Chapa (Business Administration)
	Karin Haber (Fitness Management)	Trina Hobyan (Business Marketing)	Demetrius Cobbins (Physical Education)
	Monika Haber (Fitness Management)	Megan Hodge (Human Sciences)	Wendy Copeland (Biological Sciences)
	Bill McGill (Political Science)	Mark Holley (Geosciences)	Brittany Detzel (Animal and Dairy Science)
	Andre' Oates (Business Administration)	Matt Huey (Real Estate)	Simone Domingue (Biochemistry)
	Dedric Ruffin (Insurance)	Daniel Hunter (Political Science)	Jaurice Dye (Business Administration)
	Stacey Salmon (Marketing)	Ryan Irwin (Computer Engineering)	Annie Falor (English)
	Ashley Sandberg (Special Education)	Kia James (Physical Education)	Abbey Graham (Physical Education)
1999	Julius Sedame (Banking/Finance)	Lacey Johnson (Psychology)	Elizabeth Grube (Interior Design)
	Ann-Marie Anderson (Business Systems)	Jennifer Johnstone (Kinesiology)	Marrissa Harris (Physical Education)
	Pat Barr (Teaching/Coaching)	Michelle Kinney (Banking/Finance)	Padrick Judd (Physical Education)
	Bryan Bridges (Arts & Sciences)	Ryan Looney (Biochemistry)	Adam Lenz (Geoscience)
	Fred Collier (Corrections)	Zita Magloire (Biological Sciences)	Anthony Luczak (Political Science)
	Trish Curtis (Landscape Architecture)	Brett Martin (Biological Sciences)	Thuom Mathiang (Physical Education)
	Elizabeth Davis (Special Education)	Matt Martin (Secondary Education)	Angelica Phillips (Sociology)
	Sandy Dillon (Chemical Engineering)	Travis McKay (Business Administration)	Joseph Queen (Physical Education)
	Crystal Gibbs (Fitness Management)	Jennifer McPherson (Public Relations)	Kyle Roberts (Biological Science)
	Karin Haber (Fitness Management)	Tiffany McWilliams (Educational Psychology)	Jonathan Rono (Physical Education)
	Monika Haber (Fitness Management)	Sarah Milam (Biological Engineering)	Nicole Rosetti (Communication)
	Jessie Hardcastle (Elementary Education)	Jeff Montgomery (Biological Engineering)	Robert Scribner (Marketing)
	Andrea Ingleton (Accounting)	Phillip Moore (Physical Education)	Daniel Simpkins (Computer Engineering)
	Vince Moran (Teaching/Coaching)	Daniel Nolan (Political Science)	Brandon Smith (Biological Engineering)
	Andre' Oates (Business Administration)	Shelby Nousain (General Business)	Cameron Vincent (Physical Education)
	Dedric Ruffin (Insurance)	Jason Odom (Agricultural Science)	Andrea Wahlin (Food & Nutrition)
	Ashley Sandberg (Special Education)	Kendall Pyant (Physical Education)	Mitchell Weegman (Wildlife & Fisheries)
	Julius Sedame (Banking/Finance)	Jackie Rentschler (Psychology)	Dorothy Youmons (Physical Education)
	Elisha Williams (Chemical Engineering)	Brad Rowland (Landscape Contracting)	Loren Bruce (Food & Nutrition)
2000	Ann-Marie Anderson (Banking/Finance)	Brandon Smith (Mechanical Engineering)	Matthew Cameron (Business Administration)
	Pat Barr (Teaching/Coaching)	Jordan Steinberg (International Business)	Allen Cassell (Business Administration)
	Bryan Bridges (Arts & Sciences)	Mina Thorntenson (Microbiology)	Wendy Copeland (Biological Sciences)
	CeCe Brown (Microbiology)	Jasmine Walls (English)	Anais Dechamps (Architecture)
	Trish Curtis (Landscape Architecture)	Mary Francis Wright (Education)	Simone Domingue (Food & Nutrition)
	Elizabeth Davis (Special Education)	Jerald Wilson (Undecided)	Robert Ellis (Undecided)
	Collette Gibbs (Fitness Management)	Jacqui Aubert (Elementary Education)	Allen Gearheart (Civil Engineering)
	Crystal Gibbs (Fitness Management)	Crystal Averitt (Biological Sciences)	Marrissa Harris (Physical Education)
	Karin Haber (Fitness Management)	John Brigham (Economics)	Nathan Johnson (Biological Sciences)
	Monika Haber (Fitness Management)	Matt Denton (Business Systems)	Patrick Johnson (Business Administration)
	Andrea Ingleton (Accounting)	Gedamu Ege (Interdisciplinary Studies)	Adam Lenz (Geosciences)
	Vince Moran (Teaching/Coaching)	Annie Falor (English)	Dominique Lockhart (Interior Design)
	Teri Rosenbaum (Biological Engineering)	Annie Fyfe (English)	Renee Masterson (Physical Education)
	Ben Rudolphi (Biological Engineering)	Joy Griffith (Animal/Dairy Sciences)	Candice Polk (Biological Sciences)
	Stacey Salmon (Marketing)	Liz Grube (Biological Sciences)	Daniel Simpkins (Computer Engineering)
	LaTonya Stephens (Management)	Christina Hernandez (Physical Education)	Chelsea Rae Smyth (Undecided)
	Kristin Tallent (Communication)	Trina Hobyan (Business)	Cameron Vincent (Physical Education)
	Elisha Williams (Chemical Engineering)	Megan Hodge (Human Sciences)	
2001	Christine Zawaski (Forestry/Wildlife)	Ryan Irwin (Computer Engineering)	
	Ann-Marie Anderson (Banking/Finance)	Lacey Johnson (Psychology)	
	CeCe Brown (Microbiology)	Jennifer Johnstone (Physical Education)	
	Chris Boldt (Industrial Engineering)		


The BULLDOG

Academics

While the MSU athletic program has experienced success both on the field and court, Bulldog and Lady Bulldog athletes are excelling where it counts the most — in the classroom. During the 2008-09 school year, 153 MState athletes earned SEC Academic Honor Roll honors.



Including 2005 graduates (L-R) Shane Power, Ontario Harper, Wesley Morgan and Branden Vincent, coach Rick Stansbury's Bulldogs have landed over 20 players on the SEC Academic Honor Roll over the past five seasons.



BURKE MASTERS was a two-time First Team GTE-CoSIDA Academic All-American (1989 and 1990), four-time SEC Academic Honor Roll selection and the 1990 Boyd McWhorter SEC Scholar-Athlete of the Year.



A two-time Academic all-SEC selection, KATE JASPERS racked up numerous academic awards while at MSU. She was twice named *ESPN the Magazine* Academic All-American, and a three-time NFCA Scholar Athlete All-America. In 2004, Jaspers was named the SEC Scholar-Athlete of the Year, as well as the CoSIDA Academic Player of the Year.



ANNEMARIE PIMENTEL was a four-year soccer letterwinner. While at State, she was a three-time Academic all-SEC selection and was named to the GTE and Verizon Academic All-District teams. Her career culminated in being selected the 2000 SEC Boyd McWhorter Post-Graduate Scholarship winner, awarded to the student-athlete who best demonstrates excellence in athletics, academics and community service.



Way

Traditions

Mississippi State is deep with tradition. From Bully to cowbells and the maroon and white, evidence of *The Bulldog Way* are found deep in the heart of every State graduate.

The most unique and certainly the most resounding symbol of MSU tradition is the cowbell. Cowbells decorate homes and offices of MSU alumni, and are passed down through generations of Bulldog fans. Although banned from SEC games since 1974, the ruling has not damaged the cowbell's historical importance.

HAIL STATE (FIGHT SONG)

*Hail dear 'ole State,
Fight for that victory today;
Hit that line and 'tote that ball;
Cross the goal before you fall,
And then we'll yell, yell, yell, yell!
For dear 'ole State we'll yell like hell!
Fight for Mis-sis-sip-pi State,
Win that game today.*

MAROON AND WHITE (ALMA MATER)

*In the heart of Mississippi,
Made by none but God's own hands,
Stately in her nat'ral splendor
Our Alma Mater proudly stands;
State College of Mississippi,
Fondest mem'ries cling to thee,
Life shall hoard thy spirit ever,
Loyal sons we'll always be.*

Chorus:

*Maroon and White! Maroon and White!
Of thee with joy we sing;
Thy colors bright our souls delight,
With praise our voices ring.*

*Tho' our life some pow'r may vanquish,
Loyalty can't be o'er run;
Honors true on thee we lavish
Until the setting of the sun;
Live Maroon and White for ever,
Ne'er can evil mar thy fame,
Nothing us from thee can sever,
Alma Mater we acclaim.*

MSU's athletic teams are called the Bulldogs, a name earned and maintained over the decades by the tough, tenacious play of student-athletes wearing the maroon and white. The official school mascot is an American Kennel Club registered English Bulldog, given the inherited title of "Bully." A costumed Bully often makes his presence known at various athletic events.



MISSISSIPPI STATE

MSU has the largest enrollment in the state of Mississippi. Founded as a land-grant institution, its grass, flowers and trees are as prevalent as buildings, sidewalks and parking lots. Large enough to sport diversity in all areas, the university still maintains a warm, friendly atmosphere.

Ruby Hall, a residence hall with the largest single room size in university history, opened in August 2006. A co-residential, 160,000-square foot, three-story freshman hall, Ruby is located at the north end of campus, in convenient proximity to the Colvard Union, the Perry Cafeteria, Mitchell Memorial Library, the Sanderson Center and all athletic facilities. Ruby Hall offers students the latest in technology, including Ethernet access, full wireless internet coverage, a refrigerator and microwave, and free cable with HBO in each room.



The Colvard Union is a popular meeting place for MSU students. Whether working on a group project, enjoying the food court, or simply relaxing, the student union is one of the campus' main meeting places.



The Chapel of Memories and Carillon Tower were built with bricks from Old Main Dormitory, the largest residence hall in the country when constructed, later destroyed by fire in 1959. The Chapel of Memories, which hosts numerous weddings each year, is one of the most-recognized landmarks on campus.

The Drill Field, located squarely in the center of campus, shows the expanse of greenery for which the campus is famous.



The People's University



When built in the 1920s, Perry Cafeteria was the largest dining hall in the country. The 300-foot long, Gothic style interior is one of the most beautiful buildings on the campus. It has accommodations for 600 students, faculty and staff and serves as the dining hall for MSU athletes.



Barnes & Noble opened on the MSU campus in August 2006 and features a world-class bookstore, apparel and gift shop, and café.



The \$19 million, 150,000-square foot Sanderson Center recreation complex opened to students in 1996. The state-of-the-art facility offers recreational opportunities in aquatics, fitness and aerobics, strength and conditioning, and intramural sports.



CARL MADDOX

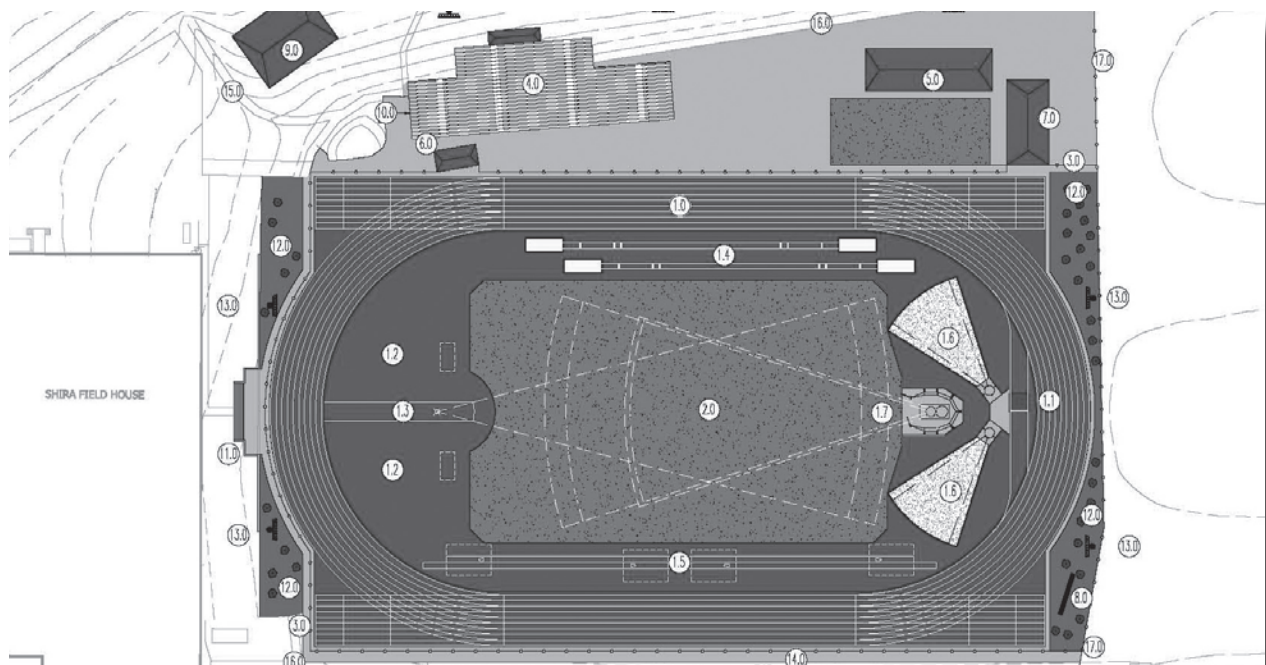


The Bulldogs' state of the art, \$3 million track renovation is set to open in 2011. The new facility will feature a completely remodeled, nine-lane track surface and field event areas.

TRACK RENOVATION

Amentities Include:

- Nine 48" lane track oval
- Steeplechase Water Jump
- High Jump, Pole Vault & Long/Triple Jump Areas
- Javelin Runway
- Shot Put Ring
- Hammer and Discus Throw Ring
- Natural Grass Infield





Dr. Mark Everett Keenum

UNIVERSITY PRESIDENT
Mississippi State, 1984
Joined MState: January 2009

Dr. Mark Everett Keenum became Mississippi State's 19th president Jan. 5, 2009, following a distinguished public service career.

After completing his bachelor's and master's degrees in agricultural economics at Mississippi State, Dr. Keenum joined the university faculty in 1984 as a marketing specialist with the Mississippi Cooperative Extension Service. Two years later, he accepted a position as a research associate with the Mississippi Agricultural and Forestry Experiment Station at MSU.

He continued his education at the university, in 1988 receiving a doctorate in agricultural economics, and he joined the faculty of that department as an assistant professor/economist. During his professional tenure at Mississippi State, his primary research and extension work focused on the marketing and economics of aquaculture, specialty crops and forestry. He continued his faculty ties at the university 1997-2006 as an adjunct professor, teaching an annual course on agricultural legislative policy.

Prior to being named president of Mississippi State in November 2008, Dr. Keenum served as Under Secretary of the U.S. Department of Agriculture for two years, where he provided leadership and oversight for the Farm Service Agency, the Risk Management Agency and the Foreign Agricultural Service. The mission area, comprised of the three agencies, had a total operating budget of \$1.7 billion and approximately \$40 billion in program authority. The three agencies employed more than 16,500 people at more than 2,300 offices nationwide and 98 locations around the globe.

In 1989, Dr. Keenum joined the Washington, D.C., staff of U.S. Senator Thad Cochran as Legislative Assistant for Agriculture and Natural Resources. As Sen. Cochran's adviser on agricultural affairs, he worked on numerous issues important to U.S. agriculture, including the 1990, 1996, and 2002 Farm Bills. From 1996-2006, he served as Chief of Staff for Sen. Cochran. In this role, Dr. Keenum was the chief adviser to the senator on political, legislative and appropriations issues. He also was responsible for managing all administrative and legislative functions of Sen. Cochran's Washington, D.C., office and three Mississippi offices, including direct oversight of the U.S. Senate Committee on Agriculture, Nutrition, and Forestry and the U.S. Senate Committee on Appropriations.

Dr. Keenum and his wife Rhonda have four children.



Greg Byrne

ATHLETIC DIRECTOR
Arizona State, 1994
Joined MState: February 2008

When Greg Byrne was named Mississippi State University's 15th Director of Athletics on February 21, 2008, he became the youngest top current athletic administrator in the Southeastern Conference.

Despite his age, Byrne is anything but inexperienced. He has been around successful athletic programs, and the director's chair at those institutions, literally all his life. He is the son of long-time athletic administrator Bill Byrne, currently the Director of Athletics at Texas A&M University.

Prior to being named to head State's athletic program, Byrne came to MSU in June 2006 as Associate Athletic Director for External Affairs. In just his first year on the job, Byrne initiated a first-ever volunteer fund-drive that resulted in 969 new Bulldog Club members for Mississippi State. He implemented a priority seating program for football and men's basketball that led to a \$1 million increase in annual giving. He also led the effort to package State's donor and ticketing software, in connection with the department's athletic web site, for fan convenience.

In doing so, MSU became the first Bowl Championship Series school to enlist XOS Technologies for total donor support in those areas. Byrne held a similar position at the University of Kentucky prior to coming to Starkville. As Associate Athletic Director for Development and Fund-Raising at UK from 2002-05, he managed the development staff and operated a multi-million dollar budget. He oversaw development efforts that raised annual gifts from \$4 million to \$9 million annually. While in Lexington, Byrne led a \$35 million athletic facility campaign, and participated in the design, funding and marketing for Kentucky's \$30 million basketball practice facility. He worked with a corporate sponsorship team to manage UK marketing and development efforts, including signing one of the nation's top multi-media rights packages.

Byrne was one of four members on the UK search committees that brought new head football and baseball coaches to the Wildcat athletic program. Byrne possibly made his greatest athletic program impact as Associate Athletic Director for Development at Oregon State University from 1998-2002. Managing an eight-person staff, he replaced an antiquated 60-year old fund-raising organization and increased annual giving from \$1 million to over \$5 million in cash during his tenure there. He assisted the Director of Major Gifts in raising more than \$30 million in capital gifts for facilities and budget enhancement while in Corvallis. He participated in securing a \$12.5 million gift to rename the Beavers' football stadium. Byrne was involved in the department's transition of corporate sponsorships for radio, television, stadium and arena signage and game program sales to increase revenue.

Byrne began his athletic fund-raising career as Regional Director of Development at the University of Oregon from 1995 through '98, overseeing development efforts for Portland, Southern and Central Oregon, Northern California and the Oregon coast. While overseeing the Duck's letterman's organization, he participated in raising \$14 million for an indoor football facility and soccer complex.

The energetic Byrne launched his professional career as Special Projects Coordinator for the Fiesta Bowl in Tempe, Ariz., from 1993-95. During that time, he managed a 1,000-person volunteer base for 63 Fiesta Bowl annual events.

A native of Pocatello, Idaho, Byrne earned his bachelor's degree from Arizona State University in 1994. He received his master's degree from Mississippi State this past May. Byrne is married to the former Regina Misa of Junction City, Ore., and the couple has two sons: Nick and Davis.