

# MISSISSIPPI STATE TRACK & FIELD

## MEN'S INDOOR PERFORMANCE CHART

### 60 METERS

*Top Qualifier: Raymond Ekevwo, Florida (6.53)*

*School Record: D'Angelo Cherry, 2013 (6.49)*

|      |                  |                                 |
|------|------------------|---------------------------------|
| 6.76 | Lester Miller    | Vanderbilt Invitational (1/18)  |
| 6.80 | Karson Kowalchuk | UAB Blazer Invitational (1/10)  |
| 6.89 | Terryon Conwell  | Tiger Paw Invitational (2/14)   |
| 6.95 | Cameron Crump    | Power 5 Invitational (1/31)     |
| 7.00 | Okheme Moore     | Vanderbilt Invitational (1/18)  |
| 7.06 | Jesse Henderson  | SEC Indoor Championships (2/28) |

### 60 METER HURDLES

*Top Qualifier: Trey Cunningham, Florida State (7.51)*

*School Record: Anthony Greer, 1992 (7.829 - c)*

|      |                 |                                 |
|------|-----------------|---------------------------------|
| 7.87 | Jesse Henderson | SEC Indoor Championships (2/28) |
|------|-----------------|---------------------------------|

### 200 METERS

*Top Qualifier: Terrance Laird, LSU (20.43)*

*School Record: Marquis Davis, 2003 (20.70)*

|       |                  |                                |
|-------|------------------|--------------------------------|
| 21.15 | Terryon Conwell  | Tiger Paw Invitational (2/15)  |
| 21.25 | Karson Kowalchuk | Tiger Paw Invitational (2/15)  |
| 21.49 | Okheme Moore     | Power 5 Invitational (2/1)     |
| 22.11 | Brian Evans      | Tiger Paw Invitational (2/15)  |
|       | Montel Hood      | Tiger Paw Invitational (2/15)  |
| 23.13 | Joshua Stradford | Vanderbilt Invitational (1/17) |
| 23.59 | Jesse Henderson  | Vanderbilt Invitational (1/17) |

### 400 METERS

*Top Qualifier: Randolph Ross, North Carolina A&T (45.55)*

*School Record: Tavaris Tate, 2010 (45.80)*

|       |                  |                                 |
|-------|------------------|---------------------------------|
| 47.44 | Terryon Conwell  | SEC Indoor Championships (2/28) |
| 47.99 | Brian Evans      | Tiger Paw Invitational (2/14)   |
| 48.05 | Montel Hood      | SEC Indoor Championships (4/28) |
| 49.30 | Joshua Stradford | Tiger Paw Invitational (2/14)   |
| 50.35 | Malcum Tatum     | Power 5 Invitational (2/1)      |
| 50.39 | Vince Castillo   | Vanderbilt Invitational (1/18)  |
| 51.00 | Garrett Carswell | Music City Challenge (2/15)     |

### 800 METERS

*Top Qualifier: Isaiah Jewett, USC (1:46.82)*

*School Record: Marco Arop, 2019 (1:45.90)*

|         |                     |                                |
|---------|---------------------|--------------------------------|
| 1:49.29 | Dejon Devroe        | Power 5 Invitational (2/1)     |
| 1:54.40 | Freddie Jackson III | Power 5 Invitational (2/1)     |
| 1:54.92 | Malcum Tatum        | Vanderbilt Invitational (1/18) |
| 1:57.80 | Slater Richardson   | Music City Challenge (2/15)    |

### MILE

*Top Qualifier: Joe Klecker, Colorado (3:55.13)*

*School Record: Don Hunt, 1968 (4:04.00 - m)*

|         |                     |                                |
|---------|---------------------|--------------------------------|
| 4:09.86 | Giacomo DeLuca      | Power 5 Invitational (2/1)     |
| 4:14.55 | Kenya Small         | Music City Challenge (2/15)    |
| 4:16.27 | Dejon Devroe        | Vanderbilt Invitational (1/18) |
| 4:17.45 | Lake Spradling      | Music City Challenge (2/15)    |
| 4:21.00 | Slater Richardson   | UAB Blazer Invitational (1/10) |
| 4:22.76 | Freddie Jackson III | Music City Challenge (2/15)    |
| 4:25.25 | Eryk Yunk           | Vanderbilt Invitational (1/18) |
| 4:28.38 | Brock Isom          | UAB Blazer Invitational (1/10) |

### 3000M

*Top Qualifier: Luis Grijalva, Northern Arizona (7:43.73)*

*School Record: Matthew Cameron, 2009 (8:10.22)*

|         |                    |                                |
|---------|--------------------|--------------------------------|
| 8:15.93 | Giacomo DeLuca     | Music City Challenge (2/15)    |
| 8:27.91 | Lake Spradling     | Vanderbilt Invitational (1/18) |
| 8:38.19 | Eryk Yunk          | Music City Challenge (2/15)    |
| 8:42.81 | Benjamin Craw      | Music City Challenge (2/15)    |
| 8:51.73 | Luke Zacharias     | UAB Blazer Invitational (1/10) |
| 8:58.08 | Chandler Underwood | UAB Blazer Invitational (1/10) |
| 9:04.01 | Blake Beavers      | Vanderbilt Invitational (1/18) |
| 9:05.86 | Matthew Ray        | Vanderbilt Invitational (1/18) |
| 9:15.69 | Jacob Warner       | UAB Blazer Invitational (1/10) |

### 5000M

*Top Qualifier: Tyler Day, Northern Arizona (13:16.95)*

*School Record: Mark Strucko, 1982 (14:09.70-m)*

|          |                    |                                 |
|----------|--------------------|---------------------------------|
| 14:41.15 | Chandler Underwood | SEC Indoor Championships (2/28) |
| 15:09.08 | Luke Zacharias     | Vanderbilt Invitational (1/17)  |
| 15:32.06 | Benjamin Craw      | Vanderbilt Invitational (1/17)  |
| 15:46.81 | Blake Beavers      | UAB Blazer Invitational (1/10)  |
| 15:50.97 | Matthew Ray        | UAB Blazer Invitational (1/10)  |
| 15:59.57 | Clayton Fulgham    | UAB Blazer Invitational (1/10)  |

### 4X400M RELAY

*Top Qualifier: J. Walton, C. Orange, B. Deadmon, D. Dixon, Texas A&M (3:03.21)*

*School Record: E. Mayers, D. Barnaby, J. Harris, T. Tate; 2012 (3:05.07)*

|         |                                           |                        |
|---------|-------------------------------------------|------------------------|
| 3:10.15 | T. Conwell, C. Crump, D. Devroe, B. Evans | Tiger Paw Inv. (2/15)  |
| 3:15.43 | M. Hood, L. Miller, O. Moore, M. Tatum    | Power 5 Inv. (2/1)     |
| 3:15.56 | B. Evans, T. Conwell, O. Moore, C. Crump  | UAB Blazer Inv. (1/10) |
| 3:15.61 | C. Crump, B. Evans, M. Hood, M. Tatum     | Vanderbilt Inv. (1/18) |
| 3:15.68 | M. Hood, L. Miller, D. Devroe, M. Tatum   | UAB Blazer Inv. (1/10) |

### DISTANCE MEDLEY RELAY

*Top Qualifier: J. West, J. Miller, C. Hunter, C. Teare, Oregon (9:24.52)*

*School Record: P. Monaghan, S. Hearn, B. McBride, D. Roszko; 2014 (9:33.61)*

|          |                                                  |                                 |
|----------|--------------------------------------------------|---------------------------------|
| 9:52.46  | K. Small, M. Hood, F. Jackson III, G. DeLuca     | SEC Indoor Championships (2/29) |
| 10:12.87 | K. Small, G. DeLuca, Jackson III, Richardson     | Music City Chall. (2/14)        |
| 10:17.60 | L. Spradling, V. Castillo, F. Jackson, G. DeLuca | UAB Blazer Inv. (1/10)          |
| 11:02.14 | C. Freeman, R. Dunne, J. Wohlers, E. Yunk        | UAB Blazer Inv. (1/10)          |

### HIGH JUMP

*Top Qualifier: Darryl Sullivan, Tennessee (2.33m)*

*School Record: Marcus Jackson, 2014 (2.29m)*

|       |                 |                             |
|-------|-----------------|-----------------------------|
| 1.93m | Jesse Henderson | Power 5 Invitational (1/31) |
|-------|-----------------|-----------------------------|

### POLE VAULT

*Top Qualifier: Chris Nilsen, South Dakota (5.93m)*

*School Record: Bob Dandino, 1985 (5.13m)*

|       |                 |                                 |
|-------|-----------------|---------------------------------|
| 3.65m | Jesse Henderson | SEC Indoor Championships (2/28) |
|-------|-----------------|---------------------------------|

### LONG JUMP

*Top Qualifier: Carey McLeod, Tennessee (8.16m)*

*School Record: Festus Igbinoghene, 1991 (7.86m)*

|       |                 |                             |
|-------|-----------------|-----------------------------|
| 7.40m | Cameron Crump   | Power 5 Invitational (2/1)  |
| 6.64m | Jesse Henderson | Music City Challenge (2/14) |

### SHOT PUT

*Top Qualifier: Adrian Piperi, Texas (20.83m)*

*School Record: Garry Frank, 1986 (19.20m)*

|        |                 |                                 |
|--------|-----------------|---------------------------------|
| 15.86m | Jeremiah Pierce | UAB Blazer Invitational (1/10)  |
| 10.76m | Jesse Henderson | SEC Indoor Championships (2/28) |

# MISSISSIPPI STATE TRACK & FIELD

## MEN'S INDOOR PERFORMANCE CHART

### WEIGHT THROW

*Top Qualifier: Gleb Dudarev, Kansas (24.38m)*

*School Record: Terry Day, 1997 (18.90m)*

|        |             |                             |
|--------|-------------|-----------------------------|
| 12.17m | Cade Finley | Music City Challenge (2/14) |
|--------|-------------|-----------------------------|

### HEPTATHLON

*Top Qualifier: Johannes Erm, Georgia (6,114 pts.)*

*School Record: Jaquarius Wilson, 2017 (5,160 pts.)*

|            |                 |                                      |
|------------|-----------------|--------------------------------------|
| 4,221 pts. | Jesse Henderson | SEC Indoor Championships (2/28-2/29) |
|------------|-----------------|--------------------------------------|

# MISSISSIPPI STATE TRACK & FIELD

## WOMEN'S INDOOR PERFORMANCE CHART

### 60 METERS

*Top Qualifier: Julien Alfred, Texas (7.12)*

*School Record: Falilatu Ogunkoya, 1988 (7.39 - c)*

|      |                 |                                |
|------|-----------------|--------------------------------|
| 7.43 | Faith Gilbert   | Tiger Paw Invitational (2/14)  |
| 7.96 | Jada Grant      | UAB Blazer Invitational (1/10) |
| 8.12 | Jaylah Bailey   | UAB Blazer Invitational (1/10) |
| 8.21 | Destini Pickens | Vanderbilt Invitational (1/18) |

### 60 METER HURDLES

*Top Qualifier: Tonea Marshall, LSU (7.88)*

*School Record: Erica Bougard, 2015 (8.03)*

|      |                  |                                 |
|------|------------------|---------------------------------|
| 8.35 | Shayla Broughton | Music City Challenge (2/15)     |
| 8.59 | Cathrina Morris  | Music City Challenge (2/15)     |
| 8.68 | Asia Poe         | SEC Indoor Championships (2/28) |
| 8.93 | Alex Woodberry   | SEC Indoor Championships (2/28) |

### 200 METERS

*Top Qualifier: Anavia Battle, Ohio State (22.66)*

*School Record: Falilatu Ogunkoya, 1988 (23.89)*

|       |                 |                                 |
|-------|-----------------|---------------------------------|
| 23.92 | Faith Gilbert   | SEC Indoor Championships (2/28) |
| 25.53 | Alex Woodberry  | Vanderbilt Invitational (1/17)  |
| 25.63 | Cathrina Morris | Vanderbilt Invitational (1/17)  |
| 26.35 | Jaylah Bailey   | Vanderbilt Invitational (1/17)  |
| 26.42 | Destini Pickens | Vanderbilt Invitational (1/17)  |

### 400 METERS

*Top Qualifier: Doneisha, Florida (52.06)*

*School Record: Falilatu Ogunkoya, 1990 (53.03)*

|       |                  |                                 |
|-------|------------------|---------------------------------|
| 54.98 | San'Toria Harris | SEC Indoor Championships (2/28) |
| 55.41 | Destini Pickens  | SEC Indoor Championships (2/28) |
| 57.50 | Katie Martin     | Music City Challenge (2/15)     |
| 58.23 | Cathrina Morris  | Power 5 Invitational (2/1)      |

### 800 METERS

*Top Qualifier: Nia Akins, Penn (2:00.71)*

*School Record: Tiffany McWilliams, 2004 (2:05.46)*

|         |                        |                                 |
|---------|------------------------|---------------------------------|
| 2:07.40 | Charlotte Cayton-Smith | SEC Indoor Championships (2/29) |
| 2:16.79 | Ashley Melcherts       | SEC Indoor Championships (2/28) |
| 2:18.13 | Savannah Schwab        | Vanderbilt Invitational (1/18)  |
| 2:19.33 | Emma Tucker            | Vanderbilt Invitational (1/18)  |
| 2:22.16 | Shardonnay Nichols     | Music City Challenge (2/15)     |
| 2:27.29 | Asia Poe               | SEC Indoor Championships (2/29) |
| 2:29.48 | Shayla Broughton       | SEC Indoor Championships (2/29) |
| 2:31.45 | Alex Woodberry         | SEC Indoor Championships (2/29) |

### MILE

*Top Qualifier: Dani Jones, Colorado (4:27.88)*

*School Record: Tiffany McWilliams, 2004 (4:32.24)*

|         |                           |                                |
|---------|---------------------------|--------------------------------|
| 4:56.58 | Sylvia De La Pena Garibay | Vanderbilt Invitational (1/18) |
| 4:59.92 | Sylvia Russell            | Vanderbilt Invitational (1/18) |
| 5:05.84 | Breja Hooks               | Music City Challenge (2/15)    |
| 5:08.21 | Sydney Steely             | Vanderbilt Invitational (1/18) |
| 5:10.76 | Emma Tucker               | Music City Challenge (2/15)    |
| 5:11.02 | Ava Weems                 | UAB Blazer Invitational (1/10) |
| 5:14.21 | Ashley Melcherts          | Vanderbilt Invitational (1/18) |
| 5:28.66 | Savannah Schwab           | UAB Blazer Invitational (1/10) |

### 3000M

*Top Qualifier: Whittni Orton, BYU (8:49.63)*

*School Record: Mia Meydrich, 2017 (9:18.13)*

|          |                           |                                |
|----------|---------------------------|--------------------------------|
| 9:41.90  | Sylvia Russell            | Music City Challenge (2/15)    |
| 9:52.96  | Sylvia De La Pena Garibay | Music City Challenge (2/15)    |
| 10:08.48 | Sydney Steely             | Music City Challenge (2/15)    |
| 10:18.89 | Ava Weems                 | Music City Challenge (2/15)    |
| 10:28.92 | Stephanie Peterson        | UAB Blazer Invitational (1/10) |
| 11:11.82 | Kristy Terp               | UAB Blazer Invitational (1/10) |

### 5000M

*Top Qualifier: Katie Izzo, Arkansas (15:13.09)*

*School Record: Cornelia Griesche, 2016 (16:22.93)*

|          |                    |                                |
|----------|--------------------|--------------------------------|
| 17:39.52 | Stephanie Peterson | Vanderbilt Invitational (1/17) |
| 17:46.62 | Ava Weems          | Vanderbilt Invitational (1/17) |
| 18:46.00 | Mary Beth Woodward | Vanderbilt Invitational (1/17) |

### 4X400M RELAY

*Top Qualifier: M. Moss, A. Steiner, D. Miles, C. Abbott, Kentucky (3:29.74)*

*School Record: S. Luckett, O. Archer, E. Bougard, S. McNeil; 2015 (3:38.04)*

|         |                                                    |                                 |
|---------|----------------------------------------------------|---------------------------------|
| 3:42.34 | S. Harris, F. Gilbert, C. Cayton-Smith, D. Pickens | SEC Indoor Championships (2/29) |
| 3:45.37 | C. Morris, S. Broughton, S. Harris, D. Pickens     | Music City Challenge (2/15)     |
| 3:47.89 | C. Morris, C. Cayton-Smith, F. Gilbert, S. Nichols | Power 5 Inv. (2/1)              |
| 3:49.73 | K. Martin, C. Cayton-Smith, C. Morris, S. Nichols  | Vanderbilt Inv. (1/18)          |
| 3:53.65 | S. Harris, F. Gilbert, C. Morris, D. Pickens       | UAB Blazer Inv. (1/10)          |
| 3:59.77 | S. Nichols, K. Martin, A. Woodberry, J. Bailey     | UAB Blazer Inv. (1/10)          |

### DISTANCE MEDLEY RELAY

*Top Qualifier: A. Camp, A. Ellsworth, L. Ellsworth, W. Orton, BYU (10:53.95)*

*School Record: F. Price, A. Lewis, C. Cayton-Smith, R. Price-Weimer; 2017 (11:06.32)*

|          |                                                           |                                 |
|----------|-----------------------------------------------------------|---------------------------------|
| 11:41.95 | S. De La Pena Garibay, D. Pickens, B. Hooks, S. Russell   | SEC Indoor Championships (2/29) |
| 12:02.02 | C. Cayton-Smith, S. Nichols, A. Melcherts, E. Tucker      | Vanderbilt Inv. (1/17)          |
| 12:15.13 | B. Hooks, A. Melcherts, S. Russell, S. De La Pena Garibay | UAB Blazer Inv. (1/10)          |

### HIGH JUMP

*Top Qualifier: Ellen Ekholm, Kentucky (1.90m)*

*School Record: Logan Boss, 2018 (1.92m)*

|       |                      |                                 |
|-------|----------------------|---------------------------------|
| 1.73m | Asia Poe             | Power 5 Invitational (1/31)     |
| 1.70m | Shayla Broughton     | Power 5 Invitational (1/31)     |
| 1.62m | Alex Woodberry       | SEC Indoor Championships (2/28) |
| 1.59m | Helen Claire Edmonds | Music City Challenge (2/14)     |
| 1.55m | Emilia Lesniak       | Vanderbilt Invitational (1/17)  |

### POLE VAULT

*Top Qualifier: Olivia Gruver, Washington (4.70m)*

*School Record: Peyton Mickelson, 2019 (4.03m)*

|       |                  |                             |
|-------|------------------|-----------------------------|
| 3.94m | Peyton Mickelson | Power 5 Invitational (2/1)  |
| 3.61m | Emma Hunt        | Music City Challenge (2/15) |
| 3.61m | Madalyn Kish     | Music City Challenge (2/15) |

### LONG JUMP

*Top Qualifiers: Taishia Pryce, Kansas State (6.65m)*

*School Record: Elisha Williams, 2001 (6.59m)*

|       |                  |                                 |
|-------|------------------|---------------------------------|
| 6.05m | Shayla Broughton | Vanderbilt Invitational (1/17)  |
| 5.95m | Asia Poe         | SEC Indoor Championships (2/28) |
| 5.62m | Alex Woodberry   | SEC Indoor Championships (2/28) |
| 5.39m | Jada Grant       | Power 5 Invitational (2/1)      |

### TRIPLE JUMP

*Top Qualifier: Jasmine Moore, Georgia (13.90m)*

*School Record: Tiffany Flynn, 2017 (13.53m)*

|        |            |                                |
|--------|------------|--------------------------------|
| 12.18m | Asia Poe   | UAB Blazer Invitational (1/10) |
| 11.39m | Jada Grant | Power 5 Invitational (2/1)     |

# MISSISSIPPI STATE TRACK & FIELD

## WOMEN'S INDOOR PERFORMANCE CHART

### SHOT PUT

*Top Qualifier: Samantha Noennig, Arizona State (18.17m)*

*School Record: Alicia Viveros, 2020 (15.33m)*

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|        |                  |                                 |
|--------|------------------|---------------------------------|
| 15.33m | Alicia Viveros   | Vanderbilt Invitational (1/18)  |
| 13.57m | Chardae Tryon    | Music City Challenge (2/14)     |
| 13.06m | Madelyn Lee      | Vanderbilt Invitational (1/18)  |
| 12.22m | Alex Woodberry   | Power 5 Invitational (1/31)     |
| 10.98m | Shayla Broughton | Power 5 Invitational (1/31)     |
| 10.79m | Asia Poe         | SEC Indoor Championships (2/28) |

### WEIGHT THROW

*Top Qualifier: Rachel Tanczos, Notre Dame (23.31m)*

*School Record: Brianna Smith, 2018 (21.05m)*

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|        |                  |                                 |
|--------|------------------|---------------------------------|
| 18.63m | Tiffaney Johnson | SEC Indoor Championships (2/29) |
| 16.29m | Alicia Viveros   | SEC Indoor Championships (2/29) |
| 14.68m | Madelyn Lee      | UAB Blazer Invitational (1/10)  |

### PENTATHLON

*Top Qualifier: Lauren Taubert, Kansas State (4,352 pts.)*

*School Record: Erica Bougard, 2014 (4,586 pts.)*

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|            |                  |                                      |
|------------|------------------|--------------------------------------|
| 3,966 pts. | Shayla Broughton | SEC Indoor Championships (2/28-2/29) |
| 3,950 pts. | Asia Poe         | SEC Indoor Championships (2/28-2/29) |
| 3,722 pts. | Alex Woodberry   | SEC Indoor Championships (2/28-2/29) |

# MISSISSIPPI STATE TRACK & FIELD

## 2020 MEET RECAPS



### BLAZER INVITATIONAL - JAN. 10

In Chris Woods' first official meet as head coach since the earning the job full-time over the summer, the Bulldogs posted 38 top-10 finishes and won four events, including three of the four relays.

Cathrina Morris burst onto the scene in her collegiate debut, reaching the finals of the 60m hurdles, finishing eighth overall. Her best run came in the prelims where she crossed the line in 8.79. Morris also ran the 300m and a leg of the winning 4x400m relay.

In the field events, Tiffaney Johnson started her senior campaign off on a high note, cracking the MSU all-time top five in the weight throw with a personal-best, 16.75m (54-11.5). Associate head coach April Thomas has now coached all but one of State's top-five marks in the event.

Luke Zacharias shaved eight seconds off his personal-best 3000m time, crossing the line in 8:51.73. Blake Beavers also took just shy of eight seconds off his prior best in the 5000m. Beavers finished second in 15:46.81.

Dejon Devroe won the men's 1000m in 2:26.24. State also won both the men's and women's distance medley relays.

### VANDERBILT INVITATIONAL - JAN. 17-18

State's women posted two large improvements in the field events on Friday. As a team, MSU recorded four new personal bests to go along with 13 top-10 finishes.

Tiffaney Johnson recorded a personal best in the weight throw and moved up State's all-time leaderboard in the event for the second straight week. Johnson broke her personal best on her first throw and finished with a 17.53m (57-6.25) throw that ranks third in school history. Shayla Broughton posted a 15cm improvement in the long jump to place fifth with a 6.05m (19-10.25) leap.

Jesse Henderson's busy weekend culminated with a victory in the 60m hurdles on Saturday. His time was one of eight personal bests for MSU on its final day in Nashville. He clocked in at 8.00 to edge out Oklahoma's Isaiah Livingston (8.01) for his first career victory in any event.

State's women's distance medley relay improved by 13 seconds, crossing the line in 12:02.02 to finish seventh. The women's 4x400m relay also improved its season best, running 3:49.73.

### POWER 5 INVITATIONAL - JAN. 31- FEB. 1

Mississippi State's track and field program recorded 16 top-three finishes at the Power 5 Invitational on Saturday. 15 Bulldogs matched or set new personal-bests, and six Bulldogs claimed individual event titles throughout the weekend. Cameron Crump broke his previous personal best by 40 cm to win the long jump with a 7.40 (24-3.5) leap. Brian Evans won the 400m, Terryon Conwell took the 200m crown and Dejon Devroe took home the 800m gold.

On the women's side, Shayla Broughton matched her lifetime best in 8.42 to win the pentathlon 60m hurdles. Broughton went on to place second in the pentathlon with a personal-best score of 3,862 points, which ranks fourth in school history. Asia Poe took home gold in the pentathlon high jump with a career-best 1.73m (5-8.0). Alex Woodberry broke the nine-second mark for the first time in the pentathlon 60m hurdles.



### TIGER PAW INVITATIONAL - FEB. 14-15

Faith Gilbert posted a career-best time of 7.44 in the women's 60m prelims to qualify for the semifinals. Joshua Stradford also set a personal-best in the men's 400m, finishing in 49.30.

In the women's 200m on day two, Gilbert ran a personal-best time of 24.04 that bumped her into second all-time in MSU indoor history. Gilbert had previously cracked the top-5 charts at the 2019 SEC Indoor Championships, finishing in 24.23 to tie for fourth in program history.

Charlotte Cayton-Smith earned fifth, running the 800m in 2:09.92.



### MUSIC CITY CHALLENGE - FEB. 14-15

The multis, who shined in their last outing at the Power 5 Invitational, continued their success in Nashville. Shayla Broughton and Asia Poe earned a couple of sixth-place finishes in the high jump and long jump, respectively.

Chandler Underwood shaved nearly seven seconds off of his previous personal-best with a time of 14:44.09 in the men's 5000m. State's men's distance medley relay improved their season-best by five seconds and crossed the line third in 10:12.87.

Viveros shattered her personal best and the school record with a toss of 15.33m (50-5.25) for a sixth-place finish. The junior became the first Bulldog woman in school history to eclipse 15 meters.

Giacomo DeLuca and Faith Gilbert landed two times inside the school's all-time indoor top five. DeLuca joined teammate Stephen Jones in the indoor men's 3000 top five with a 8:15.93 and seventh-place finish at the Music City Challenge.

All four Bulldogs who competed in the women's 3000m shattered their career bests by at least eight seconds. Sylvia Russell's personal-best time of 9:41.90 earned her sixth place in the event.

### JDL INVITE - FEB. 22

Serving as the final tuneup before the conference championship next weekend, Dejon Devroe competed in the JDL Invite in Winston-Salem, North Carolina. The senior earned a sixth-place finish in the Men's Invite 800m with a time of 1:52.53.



# MISSISSIPPI STATE TRACK & FIELD

## 2020 MEET RECAPS



### SEC INDOOR CHAMPIONSHIPS - FEB. 28-29

Jesse Henderson wrapped up the heptathlon in the 60m hurdles, 1000m and pole vault on Saturday. Henderson recorded personal bests in three of the seven events en route to 4,221 points, the highest mark of his career in the heptathlon. The sophomore posted the team's highest finish on Saturday as he placed second in the men's 60m hurdles, before improving his personal best in pole vault by 1.0 meter.

In the evening, Henderson earned an eighth-place finish and picked up one point for the Bulldog men in the 60m hurdles final after crossing the line in 8.01.

Dejon Devroe and Charlotte Cayton-Smith made appearances in the men's and women's 800m final, respectively. Cayton-Smith posted a season-best time of 2:07.40 to grab fifth place and four points for the State women, while Devroe finished eighth seventh in 1:51.56 to garner two points for the men.

# MISSISSIPPI STATE TRACK & FIELD

## 2020 TEAM/INDIVIDUAL MEET RESULTS

### BLAZER INVITATIONAL JANUARY 10 • BIRMINGHAM, ALA.

#### MEN

#### 60m (Qualifying)

| Place | Name            | Mark     |
|-------|-----------------|----------|
| 16.   | Cameron Crump   | 7.05 (q) |
| 22.   | Jesse Henderson | 7.18     |

#### 60m (Prelims)

| Place | Name             | Mark     |
|-------|------------------|----------|
| 5.    | Karson Kowalchuk | 6.84 (q) |
| 15.   | Cameron Crump    | 6.96     |

#### 60m (Finals)

| Place | Name             | Mark |
|-------|------------------|------|
| 2.    | Karson Kowalchuk | 6.80 |

#### 60m Hurdles (Prelims)

| Place | Name            | Mark     |
|-------|-----------------|----------|
| 7.    | Jesse Henderson | 8.18 (q) |

#### 60m Hurdles (Finals)

| Place | Name            | Mark |
|-------|-----------------|------|
| 5.    | Jesse Henderson | 8.14 |

#### 300m

| Place | Name            | Mark  |
|-------|-----------------|-------|
| 3.    | Terryon Conwell | 34.11 |
| 4.    | Okheme Moore    | 34.35 |
| 5.    | Brian Evans     | 34.57 |

#### 500m

| Place | Name             | Mark    |
|-------|------------------|---------|
| 7.    | Montel Hood      | 1:05.71 |
| 17.   | Joshua Stradford | 1:07.81 |
| 18.   | Lester Miller    | 1:08.62 |

#### 600m

| Place | Name             | Mark    |
|-------|------------------|---------|
| 3.    | Malcum Tatum     | 1:20.87 |
| 16.   | Garrett Carswell | 1:24.36 |

#### 1000m

| Place | Name                | Mark           |
|-------|---------------------|----------------|
| 1.    | <b>Dejon Devroe</b> | <b>2:26.24</b> |
| 10.   | Freddie Jackson III | 2:33.23        |
| 13.   | Giacomo DeLuca      | 2:33.89        |

#### Mile

| Place | Name              | Mark    |
|-------|-------------------|---------|
| 3.    | Slater Richardson | 4:21.00 |
| 4.    | Lake Spradling    | 4:21.82 |
| 7.    | Brock Isom        | 4:28.38 |

#### 3000m

| Place | Name               | Mark    |
|-------|--------------------|---------|
| 4.    | Luke Zacharias     | 8:51.73 |
| 9.    | Chandler Underwood | 8:58.08 |
| 13.   | Jacob Warner       | 9:15.69 |

#### 5000m

| Place | Name            | Mark     |
|-------|-----------------|----------|
| 2.    | Blake Beavers   | 15:46.81 |
| 3.    | Matthew Ray     | 15:50.97 |
| 4.    | Clayton Fulgham | 15:59.57 |

#### 4x400m Relay

| Place | Name                                        | Mark    |
|-------|---------------------------------------------|---------|
| 2.    | B. Evans, T. Conwell,<br>O. Moore, C. Crump | 3:15.56 |
| 3.    | M. Hood, L. Miller,<br>D. Devroe, M. Tatum  | 3:15.68 |

#### Distance Medley Relay

| Place | Name                                                        | Mark            |
|-------|-------------------------------------------------------------|-----------------|
| 1.    | <b>L. Spradling, V. Castillo,<br/>F. Jackson, G. DeLuca</b> | <b>10:17.60</b> |
| 4.    | C. Freeman, R. Dunne,<br>J. Wohlers, E. Yunk                | 11:02.14        |

#### Shot Put

| Place | Name            | Mark            |
|-------|-----------------|-----------------|
| 4.    | Jeremiah Pierce | 15.86m (52-0.5) |

#### WOMEN

#### 60m (Qualifying)

| Place | Name          | Mark |
|-------|---------------|------|
| 18.   | Jada Grant    | 7.96 |
| 25.   | Jaylah Bailey | 8.12 |

#### 60m Hurdles (Qualifying)

| Place | Name            | Mark     |
|-------|-----------------|----------|
| 2.    | Asia Poe        | 8.92 (Q) |
| 11.   | Cathrina Morris | 9.11 (Q) |
| 15.   | Alex Woodberry  | 9.19 (q) |

#### 60m Hurdles (Prelims)

| Place | Name            | Mark     |
|-------|-----------------|----------|
| 7.    | Cathrina Morris | 8.79 (q) |
| 10.   | Asia Poe        | 8.83     |
| 20.   | Alex Woodberry  | 9.27     |

#### 60m Hurdles (Final)

| Place | Name            | Mark |
|-------|-----------------|------|
| 8.    | Cathrina Morris | 9.29 |

#### 300m

| Place | Name             | Mark  |
|-------|------------------|-------|
| 10.   | Faith Gilbert    | 40.36 |
| 12.   | Cathrina Morris  | 40.61 |
| 16.   | San'Toria Harris | 40.82 |

#### 500m

| Place | Name         | Mark    |
|-------|--------------|---------|
| 6.    | Katie Martin | 1:18.61 |

#### 600m

| Place | Name               | Mark    |
|-------|--------------------|---------|
| 3.    | Destini Pickens    | 1:36.79 |
| 4.    | Shardonnay Nichols | 1:37.54 |

#### 1000m

| Place | Name                      | Mark    |
|-------|---------------------------|---------|
| 3.    | Sylvia Russell            | 2:57.78 |
| 8.    | Silvia De La Pena Garibay | 2:59.74 |
| 9.    | Ashley Melcherts          | 2:59.79 |

#### Mile

| Place | Name            | Mark    |
|-------|-----------------|---------|
| 4.    | Ava Weems       | 5:11.02 |
| 11.   | Emma Tucker     | 5:19.82 |
| 16.   | Savannah Schwab | 5:28.66 |

#### 3000m

| Place | Name               | Mark     |
|-------|--------------------|----------|
| 7.    | Stephanie Peterson | 10:28.92 |
| 9.    | Sydney Steely      | 10:33.40 |
| 18.   | Kristy Terp        | 11:11.82 |

#### 4x400m Relay

| Place | Name                                                    | Mark           |
|-------|---------------------------------------------------------|----------------|
| 1.    | <b>S. Harris, F. Gilbert,<br/>C. Morris, D. Pickens</b> | <b>3:53.65</b> |
| 3.    | S. Nichols, K. Martin,<br>A. Woodberry, J. Bailey       | 3:59.77        |

#### Distance Medley Relay

| Place | Name                                                                 | Mark            |
|-------|----------------------------------------------------------------------|-----------------|
| 1.    | <b>B. Hooks, A. Melcherts,<br/>S. Russell, S. De La Pena Garibay</b> | <b>12:15.13</b> |

#### High Jump

| Place | Name                 | Mark          |
|-------|----------------------|---------------|
| T13.  | Helen Claire Edmonds | 1.54m (5-0.5) |
| T13.  | Emilia Lesniak       | 1.54m (5-0.5) |

#### Pole Vault

| Place | Name             | Mark            |
|-------|------------------|-----------------|
| 9.    | Peyton Mickelson | 3.50m (11-5.75) |
| —     | Emma Hunt        | NH              |

#### Long Jump

| Place | Name           | Mark            |
|-------|----------------|-----------------|
| 5.    | Alex Woodberry | 5.59m (18-4.25) |

#### Triple Jump

| Place | Name       | Mark             |
|-------|------------|------------------|
| 2.    | Asia Poe   | 12.18m (39-11.5) |
| 11.   | Jada Grant | 11.21m (36-9.5)  |

#### Shot Put

| Place | Name           | Mark             |
|-------|----------------|------------------|
| 7.    | Alicia Viveros | 14.35m (47-1.0)  |
| 11.   | Chardae Tryon  | 13.55m (44-5.5)  |
| 17.   | Madelyn Lee    | 12.68m (41-7.25) |

#### Weight Throw

| Place | Name             | Mark             |
|-------|------------------|------------------|
| 9.    | Tiffaney Johnson | 16.75m (54-11.5) |
| 17.   | Alicia Viveros   | 14.98m (49-1.75) |
| 21.   | Madelyn Lee      | 14.68m (48-2.0)  |

### VANDERBILT INVITATIONAL JANUARY 17-18 • NASHVILLE, TENN.

#### MEN

#### 60m (Prelims)

| Place | Name             | Mark     |
|-------|------------------|----------|
| 6.    | Lester Miller    | 6.84 (Q) |
| 9.    | Karson Kowalchuk | 6.87     |
| 19.   | Okheme Moore     | 7.00     |
| 26.   | Cameron Crump    | 7.04     |

#### 60m (Finals)

| Place | Name          | Mark |
|-------|---------------|------|
| 5.    | Lester Miller | 6.76 |

#### 60m Hurdles (Prelims)

| Place | Name            | Mark     |
|-------|-----------------|----------|
| 4.    | Jesse Henderson | 8.16 (q) |

# MISSISSIPPI STATE TRACK & FIELD

## 2020 TEAM/INDIVIDUAL MEET RESULTS

### 60m Hurdles (Finals)

| Place | Name            | Mark |
|-------|-----------------|------|
| 1.    | Jesse Henderson | 8.00 |

### 200m

| Place | Name             | Mark  |
|-------|------------------|-------|
| 7.    | Okheme Moore     | 21.71 |
| 30.   | Joshua Stradford | 23.13 |
| 33.   | Jesse Henderson  | 23.59 |

### 400m

| Place | Name             | Mark  |
|-------|------------------|-------|
| 9.    | Montel Hood      | 48.83 |
| 20.   | Joshua Stradford | 49.70 |
| 24.   | Vince Castillo   | 50.39 |
| 28.   | Garrett Carswell | 51.92 |
| –     | Brian Evans      | DNF   |
| –     | Karson Kowalchuk | DNF   |
| –     | Lester Miller    | DNF   |

### 800m

| Place | Name                | Mark    |
|-------|---------------------|---------|
| 15.   | Freddie Jackson III | 1:54.70 |
| 16.   | Malcum Tatum        | 1:54.92 |
| 29.   | Slater Richardson   | 1:57.94 |

### Mile

| Place | Name           | Mark    |
|-------|----------------|---------|
| 22.   | Giacomo DeLuca | 4:13.74 |
| 28.   | Dejon Devroe   | 4:16.27 |
| 37.   | Eryk Yunk      | 4:25.25 |

### 3000m

| Place | Name           | Mark    |
|-------|----------------|---------|
| 13.   | Lake Spradling | 8:27.91 |
| 37.   | Blake Beavers  | 9:04.01 |
| 39.   | Matthew Ray    | 9:05.86 |

### 5000m

| Place | Name               | Mark     |
|-------|--------------------|----------|
| 4.    | Luke Zacharias     | 15:09.08 |
| 5.    | Chandler Underwood | 15:12.35 |
| 6.    | Benjamin Craw      | 15:32.06 |

### 4x400m Relay

| Place | Name                                  | Mark    |
|-------|---------------------------------------|---------|
| 7.    | C. Crump, B. Evans, M. Hood, M. Tatum | 3:15.61 |

### Long Jump

| Place | Name            | Mark            |
|-------|-----------------|-----------------|
| 15.   | Cameron Crump   | 6.89m (22-7.25) |
| 19.   | Jesse Henderson | 6.43m (21-1.25) |

### Shot Put

| Place | Name            | Mark            |
|-------|-----------------|-----------------|
| 12.   | Jeremiah Pierce | 15.58m (51-1.5) |

## WOMEN

### 60m (Prelims)

| Place | Name            | Mark |
|-------|-----------------|------|
| 25.   | Jaylah Bailey   | 8.15 |
| 27.   | Destini Pickens | 8.21 |

### 60m Hurdles (Prelims)

| Place | Name             | Mark     |
|-------|------------------|----------|
| 4.    | Shayla Broughton | 8.62 (Q) |
| 15.   | Cathrina Morris  | 9.04     |
| 19.   | Asia Poe         | 9.15     |
| 31.   | Alex Woodberry   | 9.68     |

### 60m Hurdles (Final)

| Place | Name             | Mark |
|-------|------------------|------|
| 4.    | Shayla Broughton | 8.45 |

### 200m

| Place | Name            | Mark  |
|-------|-----------------|-------|
| T17.  | Alex Woodberry  | 25.53 |
| 23.   | Cathrina Morris | 25.63 |
| 37.   | Jaylah Bailey   | 26.35 |
| 39.   | Destini Pickens | 26.42 |

### 400m

| Place | Name         | Mark  |
|-------|--------------|-------|
| 13.   | Katie Martin | 57.68 |

### 800m

| Place | Name            | Mark    |
|-------|-----------------|---------|
| 13.   | Savannah Schwab | 2:18.13 |
| 20.   | Emma Tucker     | 2:19.33 |

### Mile

| Place | Name                      | Mark    |
|-------|---------------------------|---------|
| 7.    | Silvia De La Pena Garibay | 4:56.58 |
| 12.   | Sylvia Russell            | 4:59.92 |
| 20.   | Breja Hooks               | 5:06.68 |
| 21.   | Sydney Steely             | 5:08.21 |
| 31.   | Ashley Melcherts          | 5:14.21 |

### 5000m

| Place | Name               | Mark     |
|-------|--------------------|----------|
| 7.    | Stephanie Peterson | 17:39.52 |
| 9.    | Ava Weems          | 17:46.62 |
| 10.   | Mary Beth Woodward | 18:46.00 |

### 4x400m Relay

| Place | Name                                              | Mark    |
|-------|---------------------------------------------------|---------|
| 3.    | K. Martin, C. Cayton-Smith, C. Morris, S. Nichols | 3:49.73 |

### Distance Medley Relay

| Place | Name                                                 | Mark     |
|-------|------------------------------------------------------|----------|
| 7.    | C. Cayton-Smith, S. Nichols, A. Melcherts, E. Tucker | 12:02.02 |

### High Jump

| Place | Name             | Mark          |
|-------|------------------|---------------|
| 6.    | Shayla Broughton | 1.65m (5-5.0) |
| 8.    | Asia Poe         | 1.65m (5-5.0) |
| 17.   | Emilia Lesniak   | 1.55m (5-1.0) |

### Pole Vault (Invitational)

| Place | Name             | Mark            |
|-------|------------------|-----------------|
| 9.    | Peyton Mickelson | 3.70m (12-1.50) |

### Pole Vault (Unseeded)

| Place | Name         | Mark            |
|-------|--------------|-----------------|
| 9.    | Madalyn Kish | 3.55m (11-7.75) |
| 10.   | Emma Hunt    | 3.40m (11-1.75) |

### Long Jump

| Place | Name             | Mark             |
|-------|------------------|------------------|
| 5.    | Shayla Broughton | 6.05m (19-10.25) |
| 9.    | Asia Poe         | 5.89m (19-4.0)   |
| 19.   | Alex Woodberry   | 5.42m (17-9.5)   |

### Shot Put

| Place | Name           | Mark              |
|-------|----------------|-------------------|
| 11.   | Alicia Viveros | 14.75m (48-4.75)  |
| 17.   | Chardae Tryon  | 13.29m (43-7.25)  |
| 18.   | Madelyn Lee    | 13.06m (42-10.25) |

### Weight Throw

| Place | Name             | Mark             |
|-------|------------------|------------------|
| 11.   | Tiffaney Johnson | 17.53m (57-6.25) |
| 21.   | Alicia Viveros   | 15.34m (50-4.0)  |
| –     | Madelyn Lee      | FOUL             |

## POWER 5 INVITATIONAL JANUARY 31- FEBRUARY 1 • ANN ARBOR, MICH.

## MEN

### 60m (Prelims)

| Place | Name             | Mark     |
|-------|------------------|----------|
| 2.    | Lester Miller    | 6.82 (Q) |
| 9.    | Karson Kowalchuk | 6.94     |
| 11.   | Cameron Crump    | 6.95     |

### 60m (Finals)

| Place | Name          | Mark |
|-------|---------------|------|
| 2.    | Lester Miller | 6.83 |

### 60m Hurdles (Prelims)

| Place | Name            | Mark      |
|-------|-----------------|-----------|
| 8.    | Jesse Henderson | 20.12 (q) |

### 60m Hurdles (Finals)

| Place | Name            | Mark |
|-------|-----------------|------|
| 5.    | Jesse Henderson | 8.23 |

### 200m

| Place | Name             | Mark  |
|-------|------------------|-------|
| 1.    | Terryon Conwell  | 21.24 |
| 2.    | Karson Kowalchuk | 21.46 |
| 3.    | Okheme Moore     | 21.49 |

### 400m

| Place | Name         | Mark  |
|-------|--------------|-------|
| 1.    | Brian Evans  | 48.66 |
| 8.    | Malcum Tatum | 50.35 |
| 14.   | Montel Hood  | 51.18 |

### 600m

| Place | Name             | Mark    |
|-------|------------------|---------|
| 3.    | Joshua Stradford | 1:23.49 |

### 800m

| Place | Name                | Mark    |
|-------|---------------------|---------|
| 1.    | Dejon Devroe        | 1:49.29 |
| 4.    | Freddie Jackson III | 1:54.40 |

### Mile

| Place | Name           | Mark    |
|-------|----------------|---------|
| 3.    | Giacomo DeLuca | 4:09.86 |

### 3000m

| Place | Name           | Mark    |
|-------|----------------|---------|
| 13.   | Lake Spradling | 8:49.04 |

# MISSISSIPPI STATE TRACK & FIELD

## 2020 TEAM/INDIVIDUAL MEET RESULTS

### 4x400m Relay

| Place | Name                                         | Mark    |
|-------|----------------------------------------------|---------|
| 2.    | T. Conwell, C. Crump,<br>D. Devroe, B. Evans | 3:12.01 |
| 3.    | M. Hood, L. Miller<br>O. Moore, M. Tatum     | 3:15.43 |

### Long Jump

| Place | Name                 | Mark                  |
|-------|----------------------|-----------------------|
| 1.    | <b>Cameron Crump</b> | <b>7.40m (24-3.5)</b> |

### Shot Put

| Place | Name            | Mark              |
|-------|-----------------|-------------------|
| 10.   | Jeremiah Pierce | 14.90m (48-10.75) |

### 60m (Heptathlon)

| Place | Name            | Mark           |
|-------|-----------------|----------------|
| 2.    | Jesse Henderson | 7.10 (847 pts) |

### Long Jump (Heptathlon)

| Place | Name            | Mark |
|-------|-----------------|------|
| —     | Jesse Henderson | FOUL |

### Shot Put (Heptathlon)

| Place | Name            | Mark                     |
|-------|-----------------|--------------------------|
| 7.    | Jesse Henderson | 9.42m (30-11.0, 451 pts) |

### High Jump (Heptathlon)

| Place | Name            | Mark                   |
|-------|-----------------|------------------------|
| 4.    | Jesse Henderson | 1.93m (6-4.0, 740 pts) |

### 60mH (Heptathlon)

| Place | Name                   | Mark                  |
|-------|------------------------|-----------------------|
| 1.    | <b>Jesse Henderson</b> | <b>8.25 (920 pts)</b> |

### Pole Vault (Heptathlon)

| Place | Name            | Mark                    |
|-------|-----------------|-------------------------|
| 6.    | Jesse Henderson | 2.65m (8-8.25, 275 pts) |

### 1000m (Heptathlon)

| Place | Name            | Mark              |
|-------|-----------------|-------------------|
| 6.    | Jesse Henderson | 3:35.32 (360 pts) |

### Heptathlon

| Place | Name            | Mark      |
|-------|-----------------|-----------|
| 6.    | Jesse Henderson | 3593 pts. |

## WOMEN

### 60m (Prelims)

| Place | Name          | Mark     |
|-------|---------------|----------|
| 3.    | Faith Gilbert | 7.48 (q) |

### 60m (Final)

| Place | Name          | Mark |
|-------|---------------|------|
| 3.    | Faith Gilbert | 7.46 |

### 60mH (Qualifying)

| Place | Name            | Mark |
|-------|-----------------|------|
| 9.    | Cathrina Morris | 9.37 |

### 200m

| Place | Name          | Mark  |
|-------|---------------|-------|
| 3.    | Faith Gilbert | 24.46 |

### 400m

| Place | Name            | Mark  |
|-------|-----------------|-------|
| 8.    | Cathrina Morris | 58.23 |

### 600m

| Place | Name               | Mark    |
|-------|--------------------|---------|
| 5.    | Shardonnay Nichols | 1:38.01 |

### 800m

| Place | Name                   | Mark    |
|-------|------------------------|---------|
| 9.    | Charlotte Cayton-Smith | 2:10.42 |

### Mile

| Place | Name             | Mark    |
|-------|------------------|---------|
| 15.   | Breja Hooks      | 5:11.40 |
| 21.   | Ashley Melcherts | 5:24.14 |

### 3000m

| Place | Name                      | Mark     |
|-------|---------------------------|----------|
| 5.    | Sylvia Russell            | 9:50.84  |
| 11.   | Silvia De La Pena Garibay | 10:12.02 |
| 12.   | Ava Weems                 | 10:27.73 |

### 4x400m Relay

| Place | Name                                                          | Mark           |
|-------|---------------------------------------------------------------|----------------|
| 1.    | <b>C. Morris, C. Cayton-Smith,<br/>F. Gilbert, S. Nichols</b> | <b>3:47.89</b> |

### Pole Vault

| Place | Name             | Mark            |
|-------|------------------|-----------------|
| 3.    | Peyton Mickelson | 3.94m (12-11.0) |

### Long Jump

| Place | Name             | Mark            |
|-------|------------------|-----------------|
| 2.    | Shayla Broughton | 5.91m (19-4.75) |
| 8.    | Asia Poe         | 5.43m (17-9.75) |
| 9.    | Jada Grant       | 5.39m (17-8.25) |
| 11.   | Alex Woodberry   | 5.35m (17-6.75) |

### Triple Jump

| Place | Name       | Mark            |
|-------|------------|-----------------|
| 3.    | Jada Grant | 11.39m (37-4.5) |

### Weight Throw

| Place | Name             | Mark            |
|-------|------------------|-----------------|
| 10.   | Tiffaney Johnson | 17.27m (56-8.0) |

### 60mH (Pentathlon)

| Place | Name                    | Mark                   |
|-------|-------------------------|------------------------|
| 1.    | <b>Shayla Broughton</b> | <b>8.42 (1035 pts)</b> |
| 3.    | Asia Poe                | 8.80 (952 pts)         |
| 5.    | Alex Woodberry          | 8.99 (912 pts)         |

### High Jump (Pentathlon)

| Place | Name             | Mark                          |
|-------|------------------|-------------------------------|
| 1.    | <b>Asia Poe</b>  | <b>1.73m (5-8.0, 891 pts)</b> |
| 3.    | Shayla Broughton | 1.70m (5-7.0, 855 pts)        |
| 6.    | Alex Woodberry   | 1.55m (5-1.0, 678 pts)        |

### Shot Put (Pentathlon)

| Place | Name             | Mark                      |
|-------|------------------|---------------------------|
| 2.    | Alex Woodberry   | 12.22m (40-1.25, 676 pts) |
| 3.    | Shayla Broughton | 10.98m (36-0.25, 594 pts) |
| 7.    | Asia Poe         | 9.51m (31-2.5, 497 pts)   |

### Long Jump (Pentathlon)

| Place | Name             | Mark                     |
|-------|------------------|--------------------------|
| 2.    | Asia Poe         | 5.74m (18-10.0, 771 pts) |
| 3.    | Shayla Broughton | 5.61m (18-5.0, 732 pts)  |
| 4.    | Alex Woodberry   | 5.59m (18-4.25, 726)     |

### 800m (Pentathlon)

| Place | Name             | Mark              |
|-------|------------------|-------------------|
| 2.    | Asia Poe         | 2:30.27 (689 pts) |
| 4.    | Shayla Broughton | 2:33.83 (646 pts) |
| 5.    | Alex Woodberry   | 2:36.12 (618 pts) |

### Pentathlon

| Place | Name             | Mark      |
|-------|------------------|-----------|
| 2.    | Shayla Broughton | 3,862 pts |
| 3.    | Asia Poe         | 3,800 pts |
| 4.    | Alex Woodberry   | 3,610 pts |

## TIGER PAW INVITATIONAL FEBRUARY 14-15 • CLEMSON, S.C.

## MEN

### 60m (Prelims)

| Place | Name             | Mark |
|-------|------------------|------|
| 23.   | Karson Kowalchuk | 6.83 |
| 27.   | Terryon Conwell  | 6.89 |
| 40.   | Cameron Crump    | 6.96 |
| 52.   | Okheme Moore     | 7.08 |
| 58.   | Lester Miller    | 9.16 |

### 200m

| Place | Name             | Mark  |
|-------|------------------|-------|
| 9.    | Terryon Conwell  | 21.15 |
| 12.   | Karson Kowalchuk | 21.25 |
| 27.   | Okheme Moore     | 21.55 |
| T50.  | Brian Evans      | 22.11 |
| T50.  | Montel Hood      | 22.11 |

### 400m

| Place | Name             | Mark  |
|-------|------------------|-------|
| 25.   | Brian Evans      | 47.99 |
| 47.   | Montel Hood      | 48.83 |
| 52.   | Joshua Stradford | 49.30 |
| —     | Malcum Tatum     | DNF   |

### 800m

| Place | Name         | Mark    |
|-------|--------------|---------|
| 7.    | Dejon Devroe | 1:53.30 |

### 4x400m Relay

| Place | Name                                         | Mark    |
|-------|----------------------------------------------|---------|
| 10.   | T. Conwell, D. Devroe,<br>B. Evans, C. Crump | 3:10.15 |

### Long Jump

| Place | Name          | Mark           |
|-------|---------------|----------------|
| 24.   | Cameron Crump | 6.77m (22-2.5) |

## WOMEN

### 60m (Qualifying)

| Place | Name          | Mark     |
|-------|---------------|----------|
| 13.   | Faith Gilbert | 7.43 (Q) |
| 53.   | Jada Grant    | 8.02     |

### 60m (Semifinal)

| Place | Name          | Mark |
|-------|---------------|------|
| —     | Faith Gilbert | FS   |

### 200m

| Place | Name          | Mark  |
|-------|---------------|-------|
| 31.   | Faith Gilbert | 24.04 |

# MISSISSIPPI STATE TRACK & FIELD

## 2020 TEAM/INDIVIDUAL MEET RESULTS

| 800m  |                        |         |
|-------|------------------------|---------|
| Place | Name                   | Mark    |
| 5.    | Charlotte Cayton-Smith | 2:09.92 |

| Long Jump |            |                 |
|-----------|------------|-----------------|
| Place     | Name       | Mark            |
| 43.       | Jada Grant | 5.07m (16-7.75) |

| Triple Jump |            |      |
|-------------|------------|------|
| Place       | Name       | Mark |
| –           | Jada Grant | FOUL |

### MUSIC CITY CHALLENGE FEBRUARY 14-15 • NASHVILLE, TENN.

#### MEN

| 60m (Prelims) |                 |      |
|---------------|-----------------|------|
| Place         | Name            | Mark |
| 24.           | Jesse Henderson | 7.15 |

| 60mH (Prelims) |                 |          |
|----------------|-----------------|----------|
| Place          | Name            | Mark     |
| 3.             | Jesse Henderson | 8.07 (Q) |

| 60mH (Finals) |                 |      |
|---------------|-----------------|------|
| Place         | Name            | Mark |
| 5.            | Jesse Henderson | 8.13 |

| 400m  |                  |       |
|-------|------------------|-------|
| Place | Name             | Mark  |
| 30.   | Garrett Carswell | 51.00 |

| 800m  |                   |         |
|-------|-------------------|---------|
| Place | Name              | Mark    |
| 22.   | Slater Richardson | 1:57.80 |

| Mile  |                     |         |
|-------|---------------------|---------|
| Place | Name                | Mark    |
| 8.    | Kenya Small         | 4:14.55 |
| 16.   | Lake Spradling      | 4:17.45 |
| 24.   | Freddie Jackson III | 4:22.76 |

| 3000m |                |         |
|-------|----------------|---------|
| Place | Name           | Mark    |
| 7.    | Giacomo DeLuca | 8:15.93 |
| 28.   | Eryk Yunk      | 8:38.19 |
| 31.   | Benjamin Craw  | 8:42.81 |

| 5000m |                    |          |
|-------|--------------------|----------|
| Place | Name               | Mark     |
| 5.    | Chandler Underwood | 14:44.09 |
| 16.   | Luke Zacharias     | 15:14.73 |

| DMR   |                                                    |          |
|-------|----------------------------------------------------|----------|
| Place | Name                                               | Mark     |
| 3.    | K. Small, G. DeLuca,<br>F. Jackson III, Richardson | 10:12.87 |

| Long Jump |                 |                |
|-----------|-----------------|----------------|
| Place     | Name            | Mark           |
| 15.       | Jesse Henderson | 6.64m (21-9.5) |

| Shot Put |                 |                 |
|----------|-----------------|-----------------|
| Place    | Name            | Mark            |
| 17.      | Jeremiah Pierce | 15.57m (51-1.0) |

| Weight Throw |             |                   |
|--------------|-------------|-------------------|
| Place        | Name        | Mark              |
| 18.          | Cade Finley | 12.17m (39-11.75) |

#### WOMEN

| 60mH (Prelims) |                  |          |
|----------------|------------------|----------|
| Place          | Name             | Mark     |
| 5.             | Shayla Broughton | 8.54 (q) |
| 6.             | Cathrina Morris  | 8.59     |
| 23.            | Asia Poe         | 8.90     |
| 44.            | Alex Woodberry   | 9.36     |

| 60mH (Finals) |                  |      |
|---------------|------------------|------|
| Place         | Name             | Mark |
| 2.            | Shayla Broughton | 8.35 |

| 400m  |                  |       |
|-------|------------------|-------|
| Place | Name             | Mark  |
| 20.   | San'Toria Harris | 56.85 |
| 24.   | Destini Pickens  | 57.20 |
| 27.   | Katie Martin     | 57.50 |

| 800m  |                    |         |
|-------|--------------------|---------|
| Place | Name               | Mark    |
| 30.   | Ashley Melcherts   | 2:17.01 |
| 37.   | Shardonnay Nichols | 2:22.16 |

| Mile  |             |         |
|-------|-------------|---------|
| Place | Name        | Mark    |
| 34.   | Breja Hooks | 5:05.84 |
| 43.   | Emma Tucker | 5:10.76 |

| 3000m |                   |          |
|-------|-------------------|----------|
| Place | Name              | Mark     |
| 6.    | Sylvia Russell    | 9:41.90  |
| 16.   | Silvia De La Pena | 9:52.96  |
| 29.   | Sydney Steely     | 10:08.48 |
| 38.   | Ava Weems         | 10:18.89 |

| 4x400m |                                                  |         |
|--------|--------------------------------------------------|---------|
| Place  | Name                                             | Mark    |
| 4.     | C. Morris, S. Broughton<br>S. Harris, D. Pickens | 3:45.37 |

| Long Jump |                  |                  |
|-----------|------------------|------------------|
| Place     | Name             | Mark             |
| 6.        | Asia Poe         | 5.76m (18-10.75) |
| 21.       | Alex Woodberry   | 5.30m (17-4.75)  |
| –         | Shayla Broughton | FOUL             |

| Pole Vault |              |                 |
|------------|--------------|-----------------|
| Place      | Name         | Mark            |
| 7.         | Madalyn Kish | 3.61m (11-10.0) |
| 9.         | Emma Hunt    | 3.61m (11-10.0) |

| Pole Vault Invitational |                  |                |
|-------------------------|------------------|----------------|
| Place                   | Name             | Mark           |
| 8.                      | Peyton Mickelson | 3.71m (12-2.0) |

| Shot Put |                |                  |
|----------|----------------|------------------|
| Place    | Name           | Mark             |
| 6.       | Alicia Viveros | 15.33m (50-3.50) |
| 19.      | Chardae Tryon  | 13.57m (44-6.25) |

| Weight Throw |                  |                 |
|--------------|------------------|-----------------|
| Place        | Name             | Mark            |
| 29.          | Alicia Viveros   | 15.49 (50-10.0) |
| –            | Tiffaney Johnson | FOUL            |

| High Jump |                      |               |
|-----------|----------------------|---------------|
| Place     | Name                 | Mark          |
| 6.        | Shayla Broughton     | 1.69m (5-6.5) |
| T14.      | Helen Claire Edmonds | 1.59m (5-2.5) |
| T14.      | Asia Poe             | 1.59m (5-2.5) |
| –         | Emilia Lesniak       | FOUL          |
| –         | Alex Woodberry       | FOUL          |

### JDL INVITE FEBRUARY 22 • WINSTON-SALEM, N.C.

#### MEN

| 800m Invite |              |         |
|-------------|--------------|---------|
| Place       | Name         | Mark    |
| 6.          | Dejon Devroe | 1:52.53 |

### SEC INDOOR CHAMPIONSHIPS FEBRUARY 28-29 • COLLEGE STATION, TEXAS

#### MEN

| 60m (Prelims) |                  |      |
|---------------|------------------|------|
| Place         | Name             | Mark |
| 16.           | Karson Kowalchuk | 6.88 |

| 60mH (Prelims) |                 |          |
|----------------|-----------------|----------|
| Place          | Name            | Mark     |
| 7.             | Jesse Henderson | 7.87 (q) |

| 60mH (Finals) |                 |      |
|---------------|-----------------|------|
| Place         | Name            | Mark |
| 8.            | Jesse Henderson | 8.01 |

| 200m (Prelims) |                  |       |
|----------------|------------------|-------|
| Place          | Name             | Mark  |
| 16.            | Karson Kowalchuk | 21.26 |
| 22.            | Okheme Moore     | 21.53 |
| –              | Terryon Conwell  | DNF   |

| 400m (Prelims) |                 |       |
|----------------|-----------------|-------|
| Place          | Name            | Mark  |
| 11.            | Terryon Conwell | 47.44 |
| 20.            | Montel Hood     | 48.05 |

| 800m (Prelims) |              |             |
|----------------|--------------|-------------|
| Place          | Name         | Mark        |
| 2.             | Dejon Devroe | 1:51.93 (Q) |

| 800m (Finals) |              |         |
|---------------|--------------|---------|
| Place         | Name         | Mark    |
| 7.            | Dejon Devroe | 1:51.56 |

| 3000m |                |         |
|-------|----------------|---------|
| Place | Name           | Mark    |
| 31.   | Giacomo DeLuca | 8:30.19 |
| 39.   | Lake Spradling | 8:43.42 |

| 5000m |                    |          |
|-------|--------------------|----------|
| Place | Name               | Mark     |
| 12.   | Chandler Underwood | 14:41.15 |
| –     | Luke Zacharias     | DNF      |

# MISSISSIPPI STATE TRACK & FIELD

## 2020 TEAM/INDIVIDUAL MEET RESULTS

### DMR

| Place | Name                                            | Mark    |
|-------|-------------------------------------------------|---------|
| 8.    | K. Small, M. Hood,<br>F. Jackson III, G. DeLuca | 9:52.46 |

### Long Jump

| Place | Name          | Mark            |
|-------|---------------|-----------------|
| 10.   | Cameron Crump | 7.23m (23-8.75) |

### Shot Put

| Place | Name            | Mark            |
|-------|-----------------|-----------------|
| 12.   | Jeremiah Pierce | 14.83m (48-8.0) |

### 60m (Heptathlon)

| Place | Name            | Mark            |
|-------|-----------------|-----------------|
| 5.    | Jesse Henderson | 7.06 (861 pts.) |

### 60mH (Heptathlon)

| Place | Name            | Mark            |
|-------|-----------------|-----------------|
| 2.    | Jesse Henderson | 8.11 (954 pts.) |

### 1000m (Heptathlon)

| Place | Name            | Mark         |
|-------|-----------------|--------------|
| –     | Jesse Henderson | DNF (0 pts.) |

### Long Jump (Heptathlon)

| Place | Name            | Mark                      |
|-------|-----------------|---------------------------|
| 14.   | Jesse Henderson | 6.36m (20-10.5, 666 pts.) |

### High Jump (Heptathlon)

| Place | Name            | Mark                    |
|-------|-----------------|-------------------------|
| 7.    | Jesse Henderson | 1.87m (6-1.5, 687 pts.) |

### Pole Vault (Heptathlon)

| Place | Name            | Mark                       |
|-------|-----------------|----------------------------|
| 11.   | Jesse Henderson | 3.65m (11-11.75, 522 pts.) |

### Shot Put (Heptathlon)

| Place | Name            | Mark                       |
|-------|-----------------|----------------------------|
| 15.   | Jesse Henderson | 10.76m (35-3.75, 531 pts.) |

### Heptathlon

| Place | Name            | Mark       |
|-------|-----------------|------------|
| 15.   | Jesse Henderson | 4,221 pts. |

## WOMEN

### 60m (Prelims)

| Place | Name          | Mark |
|-------|---------------|------|
| 14.   | Faith Gilbert | 7.53 |

### 200m (Prelims)

| Place | Name          | Mark  |
|-------|---------------|-------|
| 14.   | Faith Gilbert | 23.92 |

### 400m (Prelims)

| Place | Name             | Mark  |
|-------|------------------|-------|
| 22.   | San'Toria Harris | 54.98 |
| 24.   | Destini Pickens  | 55.41 |

### 800m (Prelims)

| Place | Name                   | Mark        |
|-------|------------------------|-------------|
| 5.    | Charlotte Cayton-Smith | 2:08.68 (Q) |
| 15.   | Ashley Melcherts       | 2:16.79     |

### 800m (Finals)

| Place | Name                   | Mark    |
|-------|------------------------|---------|
| 5.    | Charlotte Cayton-Smith | 2:07.40 |

### 3000m

| Place | Name                      | Mark    |
|-------|---------------------------|---------|
| 24.   | Sylvia Russell            | 9:48.03 |
| 40.   | Silvia De La Pena Garibay | 9:58.04 |
| –     | Ava Weems                 | DNF     |
| –     | Breja Hooks               | DNF     |

### 5000m

| Place | Name      | Mark |
|-------|-----------|------|
| –     | Ava Weems | DNF  |

### 4x400m Relay

| Place | Name                                                 | Mark    |
|-------|------------------------------------------------------|---------|
| 10.   | S. Harris, F. Gilbert<br>C. Cayton-Smith, D. Pickens | 3:42.34 |

### DMR

| Place | Name                                                      | Mark     |
|-------|-----------------------------------------------------------|----------|
| 10.   | S. De La Pena Garibay, D. Pickens<br>B. Hooks, S. Russell | 11:41.95 |

### High Jump

| Place | Name     | Mark           |
|-------|----------|----------------|
| 11.   | Asia Poe | 1.67m (5-5.75) |

### Pole Vault

| Place | Name             | Mark |
|-------|------------------|------|
| –     | Emma Hunt        | NH   |
| –     | Peyton Mickelson | NH   |

### Shot Put

| Place | Name           | Mark             |
|-------|----------------|------------------|
| T16.  | Alicia Viveros | 14.51m (47-7.25) |

### Weight Throw

| Place | Name            | Mark            |
|-------|-----------------|-----------------|
| 13.   | Tiffany Johnson | 18.63m (61-1.5) |
| 18.   | Alicia Viveros  | 16.29m (53-5.5) |

### 60mH (Pentathlon)

| Place | Name             | Mark              |
|-------|------------------|-------------------|
| 3.    | Shayla Broughton | 8.43 (1,032 pts.) |
| 9.    | Asia Poe         | 8.68 (978 pts.)   |
| 14.   | Alex Woodberry   | 8.93 (925 pts.)   |

### 800m (Pentathlon)

| Place | Name             | Mark               |
|-------|------------------|--------------------|
| 6.    | Asia Poe         | 2:27.29 (727 pts.) |
| 7.    | Shayla Broughton | 2:29.48 (699 pts.) |
| 10.   | Alex Woodberry   | 2:31.45 (675 pts.) |

### High Jump (Pentathlon)

| Place | Name             | Mark                     |
|-------|------------------|--------------------------|
| T7.   | Shayla Broughton | 1.68m (5-6.0, 830 pts.)  |
| T7.   | Asia Poe         | 1.68m (5-6.0, 830 pts.)  |
| 16.   | Alex Woodberry   | 1.62m (5-3.75, 759 pts.) |

### Long Jump (Pentathlon)

| Place | Name             | Mark                      |
|-------|------------------|---------------------------|
| 3.    | Shayla Broughton | 5.98m (19-7.5, 843 pts.)  |
| 4.    | Asia Poe         | 5.95m (19-6.25, 834 pts.) |
| 12.   | Alex Woodberry   | 5.62m (18-5.25, 735 pts.) |

### Shot Put (Pentathlon)

| Place | Name             | Mark                       |
|-------|------------------|----------------------------|
| 5.    | Alex Woodberry   | 11.50m (37-8.75, 628 pts.) |
| 9.    | Asia Poe         | 10.79m (35-5.0, 581 pts.)  |
| 14.   | Shayla Broughton | 10.50m (34-5.5, 562 pts.)  |

### Pentathlon

| Place | Name             | Mark       |
|-------|------------------|------------|
| 6.    | Shayla Broughton | 3,966 pts. |
| 7.    | Asia Poe         | 3,950 pts. |
| 11.   | Alex Woodberry   | 3,722 pts. |