



# MISSISSIPPI STATE TRACK AND FIELD

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## 2010 SEC Outdoor Championships

- **Who:** MSU Men's and Women's Track Teams
- **When:** May 13-16, 2010
- **Where:** Tom Black Track at LaPorte Stadium, Knoxville, Tenn.

### BULLDOGS ENTER SECs ON HIGH NOTE

MSU men's track and field teams head to Knoxville for the SEC Championships after having two remarkable weekends at the Penn Relays and the Jesse Owens Track Classic. The No. 15 Bulldogs won Championship of America relay titles in the 4x200- and 4x400-meter relays while in Philadelphia, and also won a college 4x100 relay title. At the Jesse Owens Track Classic MSU set a new facility record in the 4x400 relay and took top honors in individual sprints. Freshman **Tavaris Tate** won the 400, senior **Dwight Mullings** finished second in the 100 and sophomore **O'Neal Wilder** finished third in the 200.

### Bulldogs Ranked Among the Best in the Nation

MSU has runners ranked in the Top 20 in four different events. Tate's No. 2 ranking in the 400-meter dash is State's highest individual ranking. Mullings holds a No. 7 ranking in the same event and is No. 9 in the 200, while Tate and **Kendall May** are tied for No. 19. Junior **Emanuel Mayers** is No. 4 in the 400 hurdles, and both MSU relays are in the Top 10 with the 4x400 sitting at No. 6 and 4x100 at No. 8.

### LADY BULLDOGS TURN IN TOP MARKS IN 2010

MSU's women's track and field team has had its share of top NCAA marks throughout the outdoor season, and closed the regular season with top performances. At the Mississippi Open in Oxford, **Favian Cowards** threw a personal best 165-02 in the women's hammer to finish third, **Haley Greenwell** turned in a personal best time of 18:20.62 to finish fourth, while **Eileen Riley** ran 18:34.11 for seventh in the 5,000. In the women's javelin, Allison Storey came in fifth at 134-11.

The MSU women's 4x400 team also earned top honors at the Jesse Owens Track Classic setting a MSU School record and winning the event in 3:37.24.

### MSU Women Ranked in Top 50 in the Country

Although as a team the MSU women are not ranked, they still have a number who are amongst the nation's elite in their respective events. Senior **LaQuinta Aaron** is No. 20 in the heptathlon, **Wendy Copeland** is tied for 20th in the long jump, and the 4x400 relay is No. 26. **Jody-Ann Muir** and **Crystal Wilson** are No. 26 and No. 45 in the 400, while **Taneisha Baker** is No. 38 in the 200.

## Mississippi State Quick Facts

- **Location:** Starkville, Miss.
- **Founded:** February 28, 1878
- **Enrollment:** 18,601
- **Conference:** Southeastern
- **Mascot:** Bulldogs
- **Colors:** Maroon & White
- **President:** Dr. Mark Keenum
- **Athletics Director:** Scott Stricklin
- **Head Coach:** Al Schmidt
- **Facility:** Carl Maddox Track
- **Website:** [www.mstateathletics.com](http://www.mstateathletics.com)

### 2009 SEC Outdoor Recap

MSU ended its four day stint at Florida's Percy Beard Track with the men finishing in 9th place and the women finishing in 11th. The men's team had three finish in the Top 10 in the decathlon, with senior Darryl Brady placing the highest in 5th with 6,573 points. Senior Robert Scribner ran 30:42.57 to finish 7th in the 10,000-meter run, while D'Angelo Cherry finished 6th (10.30) in the 100-meter dash. State claimed second and third place in the 400-meter dash final as Dwight Mullings ran a personal-best 44.98 seconds and John Bailey finished in 45.55 seconds. The Bulldogs also had top finishes in the field events while in Gainesville, and had two scorers in the high jump, Josh Tucker (6th) and Allen Cassel (8th). Kendrick Poullard jumped 50-05 ¼ to finish 7th in the triple jump.

Like the men's team, the women began the 2009 SEC Championships earning top marks in the multi events. Senior All-American MARRISSA HARRIS fell just short of repeating as the heptathlon champion, scoring 5,579 points to finish second, while junior LaQuinta Aaron finish fifth with 5,351 points. The Lady Bulldogs collected 10 points in the long jump as Wendy Copeland finished second with a personal best and regional qualifying leap of 20 feet, 5 ¾ inches and Harris placing seventh at 20-03½.

Harris completed her last SEC Championships with a second-place finish in the 100-meter hurdle final with a run of 13.35 seconds, and Bridgett Rose also ran a regionally qualifying time 13.65 seconds to finish sixth. The 4x100-meter relay team of Aaron, Copeland, Rose and Priscilla Gaines ran 45.69 seconds to finish seventh. Crystal Wilson ran 54.61 seconds to finish fifth, and in the triple jump, Copeland jumped 40- 07 to finish in fourth place and Gaines finished in ninth with a 39-11¼ jump.



# MISSISSIPPI STATE TRACK AND FIELD

## BULLDOGS TO WATCH

### ALL-AMERICAN



#### D'ANGELO CHERRY

Sophomore • 5-4 • Jonesboro, Ga.  
Mount Zion HS  
Major: Undecided  
Events: Sprints

#### Events Competing in at SECs:

**100-Meter Dash**

#### 2010 SEASON BEST

100-Meter Dash: 10.35 (War Eagle Invitational)

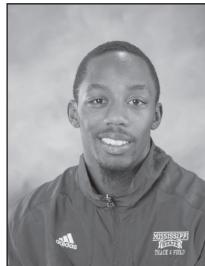
#### YEAR - BY - YEAR - PERSONAL BEST MARKS

Year	100
2009	10.07

#### CAREER HIGHLIGHTS

- 2009 All-American
- 2009 Mideast Regional Qualifier
- 2009 American Junior 60-meter Record Holder
- MSU Freshman 100-Meter Dash Record Holder

### ALL-AMERICAN



#### JUSTIN CHRISTIAN

Sophomore • 5-9 • Atlanta, Ga.  
Morrow HS  
Major: Biological Sciences  
Events: Sprints

#### Events Competing in at SECs:

**100-Meter Dash**

#### 2010 SEASON BEST

100-Meter Dash: 10.58 (Texas Relays)

#### YEAR - BY - YEAR PERSONAL BEST MARKS

Year	100	200
2008	Red shirt	
2009	10.41	22.05

#### CAREER HIGHLIGHTS

- 2009 NCAA All-American as a member of the 4x100-meter relay team
- NCAA Qualifier
- Mideast Regional qualifier

### ALL-AMERICAN



#### KENDALL MAY

Junior • 5-9 • Northport, Ala.  
Tuscaloosa County HS  
Major: Fitness Management  
Events: Sprints

#### Events Competing in at SECs:

**200-Meter Dash**

**100-Meter Dash**

#### 2010 SEASON BEST

100-Meter Dash: 10.34 (Texas Relays)  
200-Meter Dash: 21.09 (Alabama Relays)

#### YEAR - BY - YEAR PERSONAL BEST MARKS

Year	100	200
2007	10.55	
2008	10.24	21.22
2009	Red shirt	

#### CAREER HIGHLIGHTS

- Earned All-SEC honors in 100 meter dash in 2008
- Ran personal best 100 meter time of 10.24 at the Mideast Regional earning him an at-large invitation to 2008 NCAA Outdoor Championships
- NCAA All-American

### ALL-AMERICAN



#### EMANUEL MAYERS

Junior • 5-10 • Lakewood, N.J.  
Lakewood HS  
Major: Banking and Finance  
Events: Hurdles/Sprints

#### Events Competing in at SECs:

**110-Meter Hurdles**

**400-Meter Hurdles**

**4x400-Meter Relay**

#### 2010 SEASON BEST

110-Meter Hurdles: 14.49 (War Eagle Invitational)  
400-Meter Hurdles: 49.65 (War Eagle Invitational)  
400-Meter Dash: 46.95 (War Eagle Invitational)

#### YEAR - BY - YEAR PERSONAL BEST MARKS

Year	400	800	400H
2008	47.80	1:53.67	51.35
2009			50.30

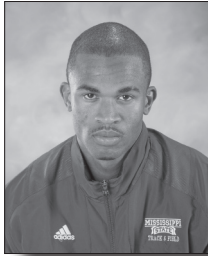
#### CAREER HIGHLIGHTS

- Ranks second in MSU All-Time superlatives in 400 meter hurdles
- Placed seventh in 400 hurdles earning All-SEC accolades
- 2008 NCAA Mid-East Regional Qualifier in 400 hurdles and 4x400 meter relay
- USATFCCCA all-Region
- Member of the 2008 NCAA Outdoor National qualifying 4x400 relay team
- Trinidad Junior National 400 hurdles record holder
- 2009 USTFCCCA All-America and All-Region selection
- 2009 All-SEC
- 2009 Mideast Regional 400-meter hurdles Champion



# MISSISSIPPI STATE TRACK AND FIELD BULLDOGS TO WATCH

## ALL-AMERICAN



### DWIGHT MULLINGS

Senior • 5-11 • Spanish Town, Jamiaca  
Essex County (N.J.) College  
Major: Educational Psychology  
Events: Sprints

#### Events Competeing in at SECs:

**200-Meter Dash**  
**400-Meter Dash**  
**4x400-Meter Relay**

#### 2010 SEASON BEST

**200-Meter Dash: 20.63 (oleMiss Invitational)**  
**400-Meter Dash: 45.48 (War Eagle Invitational)**

#### YEAR - BY - YEAR PERSONAL BEST MARKS

Year	200	400
2009	20.73	44.98

#### CAREER HIGHLIGHTS

- USTFCCCA All-America and All-Region selection
- Mideast Regional 400-meter dash Champion
- All-SEC



### TAVARIS TATE

Freshman • 5-7 • Starkville, Miss.  
Starkville HS  
Major: Undecided  
Events: Sprints

#### Events Competeing in at SECs:

**200-Meter Dash**  
**400-Meter Dash**  
**4x400-Meter Relay**

#### 2010 SEASON BEST:

**400-Meter Dash: 44.86 (Alabama Relays)**  
**200-Meter Dash: 20.75 (War Eagle Invitational)**

#### CAREER HIGHLIGHTS:

- SEC Freshman of the Week (March 28, 2010)
- MSU Freshman Record
- Alabama Relays Meet Recrod (400m)
- Rustell-Hosen (Aurburn, AL) Track Record (400m)



### O'NEAL WILDER

Sophomore • 6-5 • Carthage, Miss.  
Carthage HS  
Major: Pre-major Studies  
Events: Sprints

#### Events Competeing in at SECs:

**200-Meter Dash**  
**400-Meter Dash**  
**4x400-Meter Relay**

#### 2010 SEASON BEST

**400-Meter Dash: 45.65 (War Eagle Invitational)**

#### YEAR - BY - YEAR PERSONAL BEST MARKS

Year	200	400
2008	21.08	45.54
2009	Red shirt	

#### CAREER HIGHLIGHTS

- Bronze medal winner in 400 meter dash at IAAF World Junior National Championship
- Member of World Junior 4x400 meter relay Gold medal team
- Was the number two ranked world junior in the 400-meter run at the end of the 2008 season
- All- SEC
- MSU 400 meter dash freshman record holder
- 5th on MSU all-time 400 meter record list
- 2008 NCAA Outdoor Championship Qualifier
- 2008 Mideast Regional Qualifier
- USATFCCCA all-Region
- Member of Mideast regional champion 4x400 meter relay team
- USA Junior National 400 meter Champion



# MISSISSIPPI STATE TRACK AND FIELD LADY BULLDOGS TO WATCH



## LAQUINTA AARON

Senior • 5-4 • Tuscaloosa, Ala.  
Northridge HS  
Major: Biological Sciences  
Events: Combined Events/ Hurdles

### Events Competeig in at SECs:

Heptathlon  
100-Meter Hurdles  
Javelin

### 2010 SEASON BEST

100-Meter Hurdles: 13.75 (War Eagle Invitational)  
Javelin: 141-05 (War Eagle Invitational)  
Heptathlon: 5,069 pts. (Alabama Relays)

### YEAR - BY - YEAR PERSONAL BEST MARKS

Outdoor Year	100H	Long Jump	Shot Put	Heptathlon
2008	13.77	18-04 ¼	37-00 ¼	5,174 pts
2009	13.32	18-09	37-04	5,351 pts.

### CAREER HIGHLIGHTS

- All-SEC
- Fourth place finish at 2008 Outdoor SEC's in heptathlon
- 5,174 set NCAA provisional marks in heptathlon
- Forth in MSU all-time records for 60 meter hurdles
- Ranks fifth in MSU all-time records for the pentathlon
- 100 meter hurdle personal best of 13.77 is third best in school history
- Member of first ever 4x100 relay team to qualify for Mideast regional meet
- Provisionally qualified for both the pentathlon and heptathlon in 2009
- 2009 Mideast regional qualifier (100-meter hurdles and 200-meter dash)



## JODY-ANN MUIR

Freshman • 5-6 • St. Catherine, Jamaica  
Wolmers High School for Girls  
Major: Biological Sciences  
Events: Sprints

### Events Competeig in at SECs:

200-Meter Dash  
400-Meter Dash  
4x400-Meter Relay

### 2010 SEASON BEST

200 Meter Dash: 24.14 (War Eagle Invitational)  
400-Meter Dash: 53.46 (War Eagle Invitational)

### CAREER HIGHLIGHTS

- MSU Freshman Record (400-meter dash)
- 2nd All-Time (400-meter dash)
- Member of school record 4x400-meter realy team



## WENDY COPELAND

Senior • 5-8 • Tupelo, Miss.  
Tupelo HS  
Major: Biological Sciences  
Events: Jumps

### Events Competeig in at SECs:

Long Jump  
Triple Jump  
4x100-Meter Relay

### 2010 SEASON BEST

Long Jump: 20-07 (Texas Relays)

### YEAR - BY - YEAR PERSONAL BEST MARKS

Outdoor Year	Long Jump	Triple Jump
2007	19-09 ½	39-08
2008	20-05	
2009	21-00 ¾	40-07

### CAREER HIGHLIGHTS

- 2009 NCAA Outdoor Championships qualifier
- 2009 Mideast Regional qualifier
- Three-time Mideast regional qualifier in long jump
- Ranks third all-time in MSU indoor records in both long jump and triple jump
- Ranks second all-time in MSU outdoor records in long jump
- Tied for fifth all-time in MSU outdoor records in triple jump
- 8th place finish at 2008 Mideast Regional



## ALLISON STOREY

Freshman • 5-3 • Tuscaloosa, Ala.  
Northridge HS  
Major: Mechanical Engineering  
Events: Javelin

### Events Competeig in at SECs:

Javelin

### 2010 SEASON BEST

Javelin: 136-04 (War Eagle Invitational)

### CAREER HIGHLIGHTS

- 3rd All-Time (Javelin)



# MISSISSIPPI STATE TRACK AND FIELD LADY BULLDOGS TO WATCH



## KEISHA WALLACE

Freshman • 5-4 • Kingston, Jamaica  
Wolmer's Trust HS for Girls  
Major: General Studies  
Events: Jumps/Hurdles

### Events Competeing in at SECs:

**100-Meter Hurdles**

### 2010 SEASON BEST

**100-Meter Hurdles: 13.31 (Texas Relays)**

### CAREER HIGHLIGHTS

- MSU Freshman Record 100-Meter Hurdles)
- 2nd All-Time (100-Meter Hurdles)



## CRYSTAL WILSON

Senior • 5-10 • Kingston, Jamaica  
South Plains College  
Major: Educational Psychology  
Events: Sprints

### Events Competeing in at SECs:

**400-Meter Dash**

**4x100-Meter Relay**

**4x400-Meter Relay**

### YEAR-BY-YEAR PERSONAL BEST MARKS

Outdoor Year	200	400
2009	24.75	54.61

### CAREER HIGHLIGHTS

- 2009 Mideast Regional qualifier
- Ranked third all-time in 400-meter dash



## 2010 SEC OUTDOOR CHAMPIONSHIP SCHEDULE™

### Thursday, May 13<sup>th</sup>

3:30pm Women's Heptathlon 100m Hurdles  
- High Jump/Shot Put/200m

Aaron, Farquharson

4:00pm Men's Decathlon 100m

- Long Jump/Shot Put/High Jump/400m

M.Lee, A.Lipscomb, T.Christian

### Friday, May 14<sup>th</sup>

10:00am Women's Hammer Prelims & Finals

Cowards

4:00pm Men's Decathlon 110 Hurdles

- Discus/Pole Vault/Javelin/1500m

M.Lee, A.Lipscomb, T.Christian

5:00pm Women's Heptathlon Long Jump

- Javelin/800m

Aaron, Farquharson

6:50pm National Anthem

7:00pm Women's 800m Prelims

Lockhart, Phillips, Smyth

7:15pm Men's 800m Prelims

7:35pm Women's 200m Prelims

Baker, McCaleb, Muir

7:50pm Men's 200m Prelims

Mullings, May, Tate, Wilder, Hendricks

8:20pm Women's 400m Hurdles Prelims

T.Lee

8:35pm Men's 400m Hurdles Prelims

Mayers, Richter

8:50pm Women's 10,000m Finals

Domingue

9:40pm Men's 10,000m Finals

Perkins

### Saturday, May 15<sup>th</sup>

3:30pm Women's Long Jump Prelims & Finals

Copeland, Ewing, Merriweather

3:30pm Men's Long Jump Prelims & Finals

T.Christian, Lipscomb

5:50pm National Anthem

6:00pm Women's 1,500m Prelim

Phillips, Lockhart

6:15pm Men's 1,500m Prelim

Phillip Johnson, Ellis

6:30pm Men's Shot Put Prelims & Finals

Wesela

6:30pm Women's High Jump Final

Merriweather

6:30pm Women's 100m Hurdles Prelim

T.Lee, Aaron, Wallace, Farquharson

6:45pm Men's 110m Hurdles Prelim

Mayers, M.Lee, Lipscomb

7:00pm Women's 400m Prelim

Muir, Wilson

7:20pm Men's 400m Prelim

Tate, Wilder, Mullings, Barnaby, Richter

7:40pm Women's 100m Prelim

McCaleb

7:55pm Men's 100m Prelim

May, Cherry, J.Christian, Hendricks

8:10pm Women's 3000m Steeplechase Final

8:30pm Men's 3000m Steeplechase Final

Simpkins



## 2010 SEC OUTDOOR CHAMPIONSHIP SCHEDULE

### Sunday, May 16<sup>th</sup>

2:30pm Men's Discus Prelims & Finals	Wesela
3:30pm Women's Triple Jump Prelims & Finals	Copeland
3:30pm Men's Triple Jump Prelims & Finals	Poullard
4:50pm National Anthem	
5:00pm Women's Javelin Prelims & Finals	Aaron, Storey
5:00pm Women's 4x100m Final	Wilson, Copeland, Baker, McCaleb (Wallace)
5:10pm Men's 4x100m Final	
5:20pm Women's 1500m Final	
5:30pm Men's 1500m Final	
5:30pm Men's Pole Vault Final	Patrick Johnson
5:40pm Women's 100m Hurdles Final	
5:50pm Men's 110m Hurdles Final	
6:00pm Men's High Jump Final	Tucker
6:00pm Women's 400m Final	
6:10pm Men's 400m Final	
6:20pm Women's 100m Final	
6:30pm Women's Shot Put Prelims & Finals	
6:30pm Men's 100m Final	
6:40pm Women's 800m Final	
6:50pm Men's 800m Final	
7:05pm Women's 400m Hurdles Final	
7:15pm Men's 400m Hurdles Final	
7:25pm Women's 200m Final	
7:35pm Men's 200m Final	
7:45pm Women's 5000m Final	Domingue
8:05pm Men's 5000m Final	Phillips Johnson, Ellis, Perkins, Simpkins
8:30pm Women's 4x400m Final	TBD
8:40pm Men's 4x400m Final	TBD



# 2010

## MISSISSIPPI STATE MEN'S TRACK AND FIELD SEASON STATISTICS

### 100-Meter Dash

*MSU School Record: Pierre Brown, 9.98, 2002*

10.34	Kendall May	Texas Relays
10.35	Kendall May	War Eagle Invite
10.38	! Dwight Mullings	Jesse Owens Meet
10.44	Dwight Mullings	UNF Open
10.45	Kendall May	UNF Open
10.49	D' Angelo Cherry	War Eagle Invite
10.50	D' Angelo Cherry	Texas Relays
10.56	Justin Christian	Penn Relays
10.58	Justin Christian	Texas Relays
10.61	D' Angelo Cherry	Ole Miss Invite
10.62	! Gerron Hendricks	Ole Miss Invite
10.72	Gerron Hendricks	War Eagle Invite
10.73	Justin Christian	Ole Miss Invite
10.74	Gerron Hendricks	UNF Open
10.74	Justin Christian	War Eagle Invite
10.99	! Trevarus Christian	War Eagle Invite
11.00	Justin Christian	UNF Open
11.00	! Alex Richter	UNF Open
11.05	Trevarus Christian	AL Relays Dec
11.05	Trevarus Christian	Tiger Track Clas.
11.13	Alex Richter	Tiger Track Clas.
11:37	Martin Lee	AL Relays Dec
11.47	Martin Lee	Tiger Track

### 200-Meter Dash

*MSU School Record: Lorenzo Daniel, 19.87, 1988*

20.63	! Dwight Mullings	Ole Miss Invite
20.75	Kendall May	War Eagle Invite
20.75	! Tavaris Tate	Ole Miss Invite
20.84	Tavaris Tate	War Eagle Invite
21.09	Kendall May	Alabama Relays
21.19	! Gerron Hendricks	War Eagle Invite
21.24	! O'Neal Wilder	Ole Miss Invite
21.32	O'Neal Wilder	Jesse Owens Meet
21.36	Gerron Hendricks	Ole Miss Invite
21.46	Kendall May	Ole Miss Invite
21.66	Gerron Hendricks	Alabama Relays
21.95	Dwight Mullings	War Eagle Invite
21.95	! Alex Richter	Ole Miss Invite
22.09	Trevarus Christian	Tiger Track Clas.
22.12	Alex Richter	UNF Open
22.12	Alex Richter	War Eagle Invite
22.27	Alex Richter	Tiger Track Clas.
22.44	Martin Lee	Tiger Track Clas.

### 400-Meter Dash

*MSU School Record: Jamel Ashley, 44.75, 2005*

44.86	!F# Tavaris Tate	Alabama Relays
45.21	% Tavaris Tate	War Eagle Invite
45.26	Tavaris Tate	Jesse Owens Meet
45.48	Dwight Mullings	War Eagle Invite
45.74	Dwight Mullings	Ole Miss Invite
46.47	O'Neal Wilder	War Eagle Invite
46.74	O'Neal Wilder	Ole Miss Invite
46.74	Emanuel Mayers	War Eagle Invite
48.35	! Daundre Barnaby	Alabama Relays
49.35	Martin Lee	AL Relays Dec

49.56	! Alex Richter	Ole Miss Relays
49.77	Alex Richter	War Eagle Invite
50.86	Trevarus Christian	AL Relays Dec

### 800-Meter Run

*MSU School Record: Golden Coachman, 1:46.79, 2007*

1:56.80	! Daundre Barnaby	Rhodes Invite
1:57.25	! Rob Ellis	Rhodes Invite
2:00.01	Emanuel Mayers	Rhodes Invite
2:01.58	! Henry Li	Ole Miss Invite
2:04.23	! Tavaris Tate	Rhodes Invite
2:05.55	Henry Li	Rhodes Invite

### 1,500-Meter Run

*MSU School Record: Simeo Keigen, 3:43.68, 1982*

3:53.52	! Rob Ellis	War Eagle Invite
3:55.05	Rob Ellis	Ole Miss Invite
3:57.92	! Philip Johnson	War Eagle Invite
4:00.36	Rob Ellis	Texas Relays
4:01.09	Philip Johnson	Ole Miss Invite
4:07.91	Philip Johnson	Rhodes Invite
4:11.49	! Kyle Balderson	Ole Miss Invite
4:13.57	Kyle Balderson	Rhodes Invite
4:13.84	! Julian Duarte	Alabama Relays
4:14.68	Kyle Balderson	Alabama Relays
4:17.10	! Nick Perkins	Rhodes Invite
4:20.88	Julian Duarte	Rhodes Invite
4:22.33	! Mitch Weegman	Alabama Relays
4:22.63	! Nick Perkins	Alabama Relays
4:49.65	Martin Lee	AL Relays Dec
5:01.31	Trevarus Christian	AL Relays Dec

### 5,000-Meter Run

*MSU School Record: Mark Strucko, 13:58.30, 1984*

14:52.08	Daniel Simpkins	UNF Open
15:09.32	! Nick Perkins	War Eagle Inv.
15:11.59	! Rob Ellis	UNF Open
15:18.45	Nick Perkins	Ole Miss Invite
15:25.57	! Philip Johnson	UNF Open
15:31.59	! Julian Duarte	UNF Open
15:43.36	Nick Perkins	Mississippi Open
15:46.36	! Kyle Balderson	UNF Open
15:48.63	Allen Gearhart	UNF Open
16:07.15	Nick Perkins	UNF Open
16:12.96	Julian Duarte	Ole Miss Invite
16:17.48	Mitch Weegman	UNF Open
16:21.58	Allen Gearhart	Ole Miss Invite
16:21.66	Allen Gearhart	Mississippi Open

- ! Personal Best
- F Freshman Record
- \$ School Record
- # Alabama Meet Record
- % Husell-Rosen (Auburn, AL) Track Record
- @ Owens Stadium (Columbus, OH) Record

# 2010

## MISSISSIPPI STATE MEN'S TRACK AND FIELD SEASON STATISTICS

### 10,000-Meter Run

MSU School Record: Robert Scribner, 29:07.06, 2009

33:49.94      Allen Gearhart      Rhodes Invite

### 3,000-Meter Steeplechase

MSU School Record: Simeon Kigen, 8:43.87, 1982

9:22.47      Daniel Simpkins      Rhodes Invite  
9:25.16      Daniel Simpkins      Texas Relays  
9:28.39      Daniel Simpkins      Penn Relays

### 110-Meter Hurdles

MSU School Record: Kelvin Harris, 13.73, 2003

14.17      !      Emanuel Mayers      War Eagle Invite  
14.38      Emanuel Mayers      UNF Open  
14.49      Emanuel Mayers      Ole Miss Invite  
14.83      !      Martin Lee      War Eagle Invite  
15.16      Martin Lee      UNF Open  
15.20      Martin Lee      Ole Miss Invite  
15.30      Martin Lee      Tiger Track Clas.  
15.30      Antoine Lipscomb      War Eagle Invite  
15.63      Martin Lee      AL Relays Dec  
15.67      Trevarus Christian      Tiger Track Clas.  
16.11      Trevarus Christian      War Eagle Invite  
16.27      Trevarus Christian      AL Relays Dec  
16.54      Trevarus Christian      UNF Open  
16.83      Trevarus Christian      Rhodes Invite  
16.95      Trevarus Christian      Ole Miss Invite

### 400-Meter Hurdles

MSU School Record: Dennis Otono, 49.39, 1979

49.65      !      Emanuel Mayers      Ole Miss Invite  
50.26      Emanuel Mayers      Texas Relays  
50.86      Emanuel Mayers      Alabama Relays

### 4x100-Meter Relay

MSU School Record: J. Christian, D. Cherry, D. Mullings, J. Bailey,  
38.96, 2009

39.53      !      J. Christian, May      Texas Relays  
                 Mullings, Tate  
40.09      !      J. Christian, Cherry      Penn Relays  
                 Hendricks, Tate  
40.23      J. Christian, May,      Ole Miss Invite  
                 Mullings, Tate  
40.36      J. Christian, May      Alabama Relays  
                 Hendricks, Cherry  
40.37      !      Cherry, Mullings,      UNF Open  
                 J. Christian, May  
40.70      !      J. Christian, May      Rhodes Invite  
                 Hendricks, Wilder  
42.41      !      Mayers, Tate      UNF Open  
                 Hendricks, Barnaby

### 4x400-Meter Relay

MSU School Record: E. Coleman, A. Davis, L. Lewis, J. Ashley  
3:01.63, 2005

3:04.00      !      Wilder, Mayers      Texas Relays  
                 Mullings, Tate  
3:04.92      Wilder, Tate      Penn Relays  
                 Mullings, Mayers  
3:05.70      @      Wilder, Mullings,      Jesse Owens Meet  
                 Mayers, Tate  
3:07.49      !      Wilder, Mayers,      Alabama Relays  
                 Barnaby, Tate  
3:09.90      !      Wilder, Barnaby,      Rhodes Invite  
                 Mullings, Tate  
3:11.11      !      Barnaby, Mayers      UNF Opem  
                 Mullings, Tate  
3:21.16      !      Wilder, Richter      UNF Open  
                 T.Christian, Lee  
3:26.60      !      Mayers, Hendricks      Rhodes Invite  
                 Patrick Johnson, Li

### 4x200-Meter Relay

MSU School Record: O. Wilder, D. Mullings, K. May, T. Tate,  
1:21.09, 2010

1:21.09      !\\$      Wilder, Mullings      Texas Relays  
                 May, Tate  
1:21.49      Mullings, May      Penn Relays  
                 Wilder, Tate  
1:22.97      !      Mullings, Hendricks      Penn Relays  
                 Wilder, Tate

### Distance Medley Relay

MSU School Record: J. Gward, D. Jones, P. Hull, J. Stubbs  
9:43.7, 1987

10:46.54      !      Ph. Johnson, A. Richter, Alabama Relays  
                 R. Ellis, J. Duarte

### High Jump

MSU School Record: Rod Newton, 7-04 ½, 2000

6-09 ½      Josh Tucker      War Eagle Invite  
6-07 ½      Josh Tucker      Tiger Track Clas.  
6-04 ¾      Joshua Tucker      Rhodes Invite  
6-04 ¾      Josh Tucker      UNF Open  
6-04 ¾      !      Antoine Lipscomb      Ole Miss Invite  
6-02 ½      Antoine Lipscomb      War Eagle Inv.  
6-02 ¾      Kendrick Poullard      UNF Open  
6-02 ¼      Martin Lee      AL Relays Dec  
6-02 ¼      Trevarus Christian      AL Relays Dec  
6-00 ¾      Martin Lee      Rhodes Invite  
6-00 ¾      Trvarus Christian      Rhodes Invite  
6-00 ¾      Trevarus Christian      UNF Open  
6-00 ¾      Martin Lee      Ole Miss Invite  
6-00 ¾      Trevarus Christian      Ole Miss Invite

# 2010

## MISSISSIPPI STATE MEN'S TRACK AND FIELD SEASON STATISTICS

### Long Jump

*MSU School Record: Festus Igbinoehene, 26-11, 1991*

23-00	!	Trevarus Christian	Ole Miss Invite
22-08		Kendrick Poullard	Alabama Relays
22-05 ¾	!	Trevarus Christian	War Eagle Invite
22-03		Joshua Tucker	UNF Open
22-01		Trevarus Christian	AL Relays Dec
22-01		Kendrick Poullard	UNF Open
21-06 ¼		Martin Lee	UNF Open
21-04 ¾		Trevarus Christian	UNF Open
20-09 ¾		Martin Lee	AL Relays Dec
19-08		Martin Lee	War Eagle Invite
18-05 ½		Martin Lee	Ole Miss Invite

### Triple Jump

*MSU School Record: Festus Igbinoehene, 54-03 ¾, 1989*

49-06 ½		Kendrick Poullard	War Eagle Invite
48-04		Kendrick Poullard	Alabama Relays
48-01 ¼		Kendrick Poullard	Rhodes Invite

### Discus

*MSU School Record: Garry Frank, 178-03, 1987*

167-01	!	Ed Weslea	Penn Relays
164-07		Ed Weslea	Rhodes Invite
163-09		Ed Weslea	Ole Miss Invite
162-11		Ed Weslea	Alabama Relays
161-01		Ed Weslea	UNF Open
151-01		Ed Weslea	War Eagle Invite
120-08		Martin Lee	AL Relays Dec
118-00		Martin Lee	Rhodes Invite
106-10		Trevarus Christian	Rhodes Invite
98-03		Antoine Lipscomb	Rhodes Invite
90-05		Trevarus Christian	AL Relays Dec

### Javelin

*MSU School Record: Corwyn Aldredge, 246-06, 1984*

168-11	!	Martin Lee	War Eagle Invite
153-10		Martin Lee	AL Relays Dec
150-02	!	Antoine Lipscomb	War Eagle Invite
137-00		Antoine Lipscomb	UNF Open
131-06		Antoine Lipscomb	Rhodes Invite
129-05		Trevarus Christian	AL Relays Dec

### Shot Put

*MSU School Record: Garry Frank, 67-09 ½, 1987*

54-03 ¼	!	Ed Weslea	Tiger Track Clas.
54-01		Ed Weslea	Ole Miss Invite
53-09 ¼		Ed Weslea	War Eagle Invite
51-10 ½		Ed Weslea	Penn Relays
50-02 ½		Ed Weslea	UNF Open
45-08		Ed Weslea	Rhodes Invite
44-08 ½		Martin Lee	War Eagle Invite
40-11 ½		Trevarus Christian	War Eagle Invite
40-04 ¾		Trevarus Christian	Rhodes Invite
39-11 ¼		Martin Lee	Rhodes Invite

### Pole Vault

*MSU School Record: Bob Dandino, 18-00 ½, 1985*

15-09		Patrick Johnson	Rhodes Invite
15-05		Patrick Johnson	Ole Miss Invite
15-01		Patrick Johnson	War Eagle Invite
14-09		Patrick Johnson	UNF Open
14-01 ½		Patrick Johnson	Tiger Track Clas.
13-05 ½		Trevarus Christian	AL Relays Dec
12-03 ½		Martin Lee	AL Relays Dec

### Decathlon

*MSU School Record: Trey Hardee, 8,041 pts., 2004*

6,895 pts.	!	Martin Lee	Alabama Relays
6,365 pts.	!	Trevarus Christian	Alabama Relays

TM

# 2010

## MISSISSIPPI STATE WOMEN'S TRACK AND FIELD SEASON STATISTICS

### 100-Meter Dash

*MSU School Record: Camille Harper, 11.38, 2001*

11.83	!	Richesa McCaleb	War Eagle Invite
11.84		Richesa McCaleb	Rhodes Invite
11.91		Richesa McCaleb	Alabama Relays
14.38	!	Alyssa Hall	Rhodes Invite

### 200-Meter Dash

*MSU School Record: Falilatu Ogunkoya, 22.82, 1989*

23.54	!	Taneisha Baker	War Eagle Invite
24.14	!	Jody-Ann Muir	War Eagle Invite
24.26	!	Richesa McCaleb	War Eagle Invite
24.41		Richesa McCaleb	Rhodes Invite
24.44	!	Crystal Wilson	Alabama Relays
24.64		Taneisha Baker	Alabama Relays
24.68		Taneisha Baker	Jesse Owens Meet
25.25		LaQuinta Aaron	AL Relays Hep
25.50	!	Racquel Farquharson	AL Relays Hep
27.56	!	Jessica Merrinweather	War Eagle Invite

### 400-Meter Dash

*MSU School Record: Falilatu Ogunkoya, 51.26, 1989*

53.46	!F	Jody-Ann Muir	War Eagle Invite
53.57		Jody-Ann Muir	Jesse Owens Meet
53.75		Jody-Ann Muir	Alabama Relays
53.86	!	Crystal Wilson	Rhodes Invite
53.86		Crystal Wilson	War Eagle Invite
54.86		Jody-Ann Muir	Rhodes Invite
55/67	!	Taneisha Baker	War Eagle Invite
56.46		Taneisha Baker	Rhodes Invite

### 800-Meter Run

*MSU School Record: Tiffany McWilliams, 2:01.00, 2004*

2:12.48	!	Chloe Phillips	Texas Relays
2:15.25	!	Chelsea Rae Smyth	War Eagle Invite
2:17.41		Chelsea Rae Smyth	Alabama Relays
2:17.82		Chelsea Rae Smyth	Rhodes Invite
2:18.95		Dominique Lockhart	Rhodes Invite
2:24.03	!	Christina Coleman	Ole Miss Invite
2:28.21		LaQuinta Aaron	AL Relays Hep
2:30.27		Christina Coleman	Alabama Relays
2:32.81	!	Racquel Farquharson	AL Relays Hep
2:35.39		Christina Coleman	Rhodes Invite

### 1.500-Meter Run

*MSU School Record: Tiffany McWilliams, 4:06.75, 2003*

4:29.41	!	Chloe Phillips	War Eagle Invite
4:36.27		Chloe Phillips	Alabama Relays
4:38.74		Chloe Phillips	Rhodes Invite
4:41.02		Chloe Phillips	Texas Relays
4:45.83	!	Dominique Lockhart	Ole Miss Invite
4:45.87		Simone Domingue	Texas Relays
4:49.02		Simone Domingue	Rhodes Invite
4:52.28		Simone Domingue	Alabama Relays
4:53.68		Simone Domingue	War Eagle Invite
4:53.87	!	Kelly Karcher	Alabama Relays
4:54.38		Dominique Lockhart	Alabama Relays

4:55.23		Kelly Karcher	Rhodes Invite
4:56.18	!	Kalli Dalton	Alabama Relays
4:58.06		Kalli Dalton	Rhodes Invite
5:03.03	!	Anna Jarman	Rhodes Invite
5:05.41		Anna Jarman	Alabama Relays
5:05.85	!	Haley Greenwell	Alabama Relays
5:07.07		Haley Greenwell	Rhodes Invite

### 5,000-Meter Run

*MSU School Record: April Ecke, 16:33.37 (m), 1994*

18:20.62	!	Haley Greenwell	Mississippi Open
18:34.11	!	Eileen Riley	Mississippi Open
18:49.00		Haley Greenwell	Ole Miss Invite
19:07.49		Eileen Riley	Ole Miss Invite
19:24.45		Loren Bruce	Rhodes Invite
19:30.41	!	Eileen Riley	Alabama Relays
19:30.96		Eileen Riley	Rhodes Invite
19:33.23	!	Anna Jarman	Mississippi Open

### 100-Meter Hurdles

*MSU School Record: Marrison Harris, 13.05, 2008*

13.51	!F	Keisha Wallace	Texas Relays
13.65		Keisha Wallace	War Eagle Invite
13.69	!	Racquel Farquharson	War Eagle Invite
13.72		Keisha Wallace	Penn Relays
13.75		LaQuinta Aaron	War Eagle Invite
13.93		LaQuinta Aaron	AL Relays Hep
14.05		Racquel Farquharson	Texas Relays
14.24		Keisha Wallace	Rhodes Invite
14.54	!	Talisha Lee	Rhodes Invite
14.80	!	Jessica merriweather	War Eagle Invite
15.13		Racquel Farquharson	AL Relays Hep
16.13		Racquel Farquharson	Rhodes Invite
17.66		Jessica Merriweather	Rhodes Invite

### 4x100-Meter Relay

*MSU School Record: Barnaby-Pope, Gibbs, Lee, Harper, 44.92, 2001*

45.69	!	Aaron, Baker, Wilson, McCaleb	Rhodes Invite
46.23		Copeland, Baker, Wilson, McCaleb	Alabama Relays
46.80		Aaron, Baker, Wallace, McCaleb	Texas Relays
47.72	!	Wallace, Covington, Lee, Ewing	Rhodes Invite

### 4x200-Meter Relay

*MSU School Record: Barnaby-Pope, Gibbs, Ingleton, Harper,  
1:35.24, 2001*

1:35.63	!	McCaleb, Muir, Wilson, Baker	Penn Relays
1:36.51	!	McCaleb, Muir, Copeland, Aaron	Texas Relays

# 2010

## MISSISSIPPI STATE WOMEN'S TRACK AND FIELD SEASON STATISTICS

### 4x800-Meter Relay

*Non-NCAA Event*

9:25.79 ! Smyth, Covington, Rhodes Invite  
Phillips, Lockhart

### 400-Meter Hurdles

*MSU School Record: CeCe Brown, 1:00.43, 2002*

1:00.95 ! Talisha Lee Alabama Relays  
1:01.23 Taleisha Lee War Eagle Invite  
1:01.26 Talisha Lee Rhodes Invite  
1:01.32 Talisha Lee Penn Relays  
1:02.63 Talisha Lee Texas Relays  
1:02.67 ! Brittany Covington Alabama Relays  
1:02.97 Brittany Covington Rhodes Invite

### 4x400-Meter Relay

*MSU School Record: L. Aaron, C. Wilson, T. Baker,  
J. Muir, 3:37.24, 2010*

3:37.24 !\\$ Aaron, Wilson Jesse Owens Meet  
Baker, Muir  
3:40.11 ! Wilson, Aaron Penn Relays  
Muir, Baker  
3:40.54 Wilson, Aaron Texas Relays  
Muir, Baker  
3:43.82 Covington, Baker Alabama Relays  
Farquharson, Muir

### Sprint Medley Relay

*MSU School Record: K. Gaines, K. Patterson, I. Foster,  
T. Bridgeman, 3:50.16, 1996*

3:58.61 ! McCaleb, Farquharson, Penn Relays  
Wallace, Phillips  
4:03.32 ! McCaleb, Copeland Texas Relays  
Farquharson, Smyth

### Shuttle Hurdle Relay

*MSU School Record: Wallace, Aaron, Farquharson, Lee,  
54.33, 2010*

54.33 !\\$ Wallace, Aaron, Penn Relays  
Farquharson, Lee

### High Jump

*MSU School Record: Jasmine Walls, 5-10 ¾, 2006*

5-09 ¼ ! Jessica Merriweather Texas Relays  
5-07 Jessica Merriweather Alabama Relays  
5-06 Jessica Merriweather Penn Relays  
5-03 ¾ ! Alyssa Hall Tiger Track Clas.  
5-03 Alyssa Hall Alabama Relays  
5-03 Alyssa Hall Tiger Track Clas.  
5-01 ¾ Alyssa Hall Rhodes Invite  
4-09 ½ LaQuinta Aaron AL Relays Hep  
4-08 ¼ ! Racquel Farquharson AL Relays Hep

### Long Jump

*MSU School Record: Elisha Williams, 21-07 ¼, 2001*

20-07 Wendy Copeland Texas Relays  
20-05 Wendy Copeland Penn Relays  
19-11 ½ Wendy Copeland Alabama Relays  
19-02 LaQuinta Aaron War Eagle Invite  
18-11 ½ LaQuinta Aaron AL Relays Hep  
18-06 ½ ! Keisha Wallace Alabama Relays  
18-05 Keisha Wallace Rhodes Invite  
18-04 ½ ! Jessica Merriweather War Eagle Invite  
18-04 ½ Jessica Merriweather Penn Relays  
18-03 ½ LaQuinta Aaron Jesse Owens Meet  
16-08 ! Racquel Farquharson Rhodes Invite  
16-06 ! Sojourner Ewing Rhodes Invite  
16-01 ¾ Racquel Farquharson AL Relays Hep

### Javelin

*MSU School Record: LaQuinta Aaron, 141-05, 2010*

141-05 !\\$ LaQuinta Aaron War Eagle Invite  
136-04 ! Allison Storey War Eagle Invite  
135-11 ! Allison Storey Ole Miss Invite  
135-01 Allison Storey Tiger Track Clas.  
134-11 Allison Storey Mississippi Open  
130-08 Allison Storey Rhodes Invite  
124-11 ! LaQuinta Aaron Rhodes Invite  
113-08 Allison Storey Alabama Relays  
102-00 LaQuinta Aaron AL Relays Hep  
97-06 ! Racquel Farquharson Mississippi Open

### Shot Put

*MSU School Record: Sharon Simmons, 49-01 ¾, 1990*

40-01 ¼ ! Favion Cowards Rhodes Invite  
38-07 LaQuinta Aaron AL Relays Hep  
36-04 ¼ ! Jessica Merriweather Rhodes Invite  
29-05.50 ! Racquel Farquharson AL Relays Dec  
28-11 ¾ Jessica Merriweather Alabama Relays

### Hammer Throw

*MSU School Record: Crystal Averitt, 157-02, 2004*

165-02 ! Favion Cowards Mississippi Open  
150-09 Favion Cowards Ole Miss Invite  
148-03 Favion Cowards Tiger Track Cls

### Pole Vault

*MSU School Record: Lacey Johnson, 11-06, 2005*

9-06 ¼ ! Morgan Hall Alabama Relays  
8-11 ¾ ! Emily Eads Rhodes Invite  
8-11 ¾ ! Morgan Hall Rhodes Invite

### Heptathlon

*MSU School Record: Marrison Harris, 5,625 points, 2009*

5,069 pts. LaQuinta Aaron Alabama Relays  
3,869 pts. ! Racquel Farquharson Alabama Relays

# MEN'S ALL-TIME PERFORMANCES

*As of 5-11-10*

## 100-METER DASH

1.	Pierre Browne	9.98	2002
2.	Lorenzo Daniel	10.00	1988
3.	<b>D'Angelo Cherry</b>	<b>10.02</b>	<b>2009</b>
4.	Steve Mullings	10.06	2005
5.	Marquis Davis	10.10	2003

## 110-METER HURDLES

1.	Kelvin Harris	13.73	2003
2.	John Owens	13.81	1989
3.	Dedric Ruffin	13.90	1998
4.	Anthony Greer	13.94	1992
5.	Clifton Franklin	14.07	1984

## 200-METER DASH

1.	Lorenzo Daniel	19.87	1988
2.	Marquis Davis	20.15	2003
3.	Aki Bradley	20.27	1994
4.	Dion Crabbe	20.30	2002
5.	Steve Mullings	20.31	2005

## 400-METER DASH

1.	Jamel Ashley	44.75	2005
2.	<b>Tavaris Tate</b>	<b>44.86</b>	<b>2010</b>
3.	<b>Dwight Mullings</b>	<b>44.98</b>	<b>2009</b>
4.	Evis Jennings	45.0 (m)	1976
5.	Jude Monye	45.04	1995

## 400-METER HURDLES

1.	Dennis Otono	49.39	1979
2.	<b>Emanuel Mayers</b>	<b>49.65</b>	<b>2009</b>
3.	Delandus O'Neal	51.36	2007
4.	Kyle Roberts	51.45	2007
5.	Jerry Smith	51.56	1990

## 800-METER RUN

1.	Golden Coachman	1:46.79	2007
2.	Kraig Cesar	1:47.62	1988
3.	John Little	1:47.86	1993
4.	Chris Woods	1:48.15	2007
5.	Wayne Gabbidon	1:48.47	1993

## 1500-METER RUN

1.	Simeon Kigen	3:43.68	1982
2.	<b>Matthew Cameron</b>	<b>3:44.52</b>	<b>2009</b>
3.	Mark Strucko	3:45.08	1982
4.	Eric Weinhold	3:45.22	1988
5.	Travis McKay	3:45.25	2007

## 3000-METER STEEPLECHASE

1.	Simeon Kigen	8:43.87	1982
2.	Travis McKay	8:49.45	2007
3.	Gerry Thome	8:59.94	1988
4.	Pad Judd	9:07.68	2008
5.	Jonathan Rono	9:08.09	2008

## 5000-METER RUN

1.	Mark Strucko	13:58.30	1984
2.	Mzee Ruto	13:59.9(m)	1980
3.	Simeon Kigen	14:12.11	1982
4.	Robert Scribner	14:14.10	2009
5.	Gerry Thome	14:16.6(m)	1988

## 10,000-METER RUN

1.	Robert Scribner	29:07.06	2009
2.	Gerry Thome	29:47.82	1986
3.	<b>Adam Lenz</b>	<b>30:25.91</b>	<b>2008</b>
4.	Mark Strucko	30:30.20	1981
5.	Mzee Ruto	30:33.7(m)	1980

## 4 x 100-METER RELAY

1.	J. Christian, D. Cherry	38.96	2009
	D. Mullings, J. Bailey		
2.	L. Lewis, A. Davis,	39.09	2003
	G. McFadden, P. Browne		
	E. Morant, J. Ashley,	39.09	2005
	S. Mullings, L. Lewis		
4.	G. McFadden, M. Davis,	39.12	2002
	D. Crabbe, P. Browne		
	W. Banks, J. Owens,	39.12	1986
	L. Daniel, R. Dennis		

## 4 x 200-METER RELAY

1.	<b>Wilder, Mullings</b>	<b>1:21.09</b>	<b>2010</b>
	<b>May, Tate</b>		
2.	W. Banks, C. Spane,	1:21.20	1985
	R. Dennis, L. Daniel		
3.	S. Mullings, J. Ashley,	1:21.31	2005
	A. Davis, L. Lewis		
4.	W. Banks, Y. Bryant,	1:21.44	1985
	L. Daniel, R. Dennis		
5.	G. McFadden, M. Davis,	1:21.58	2002
	D. Crabbe, P. Browne		

## 4 x 1500-METER RELAY

1.	M. Cameron,	15:39.86	2008
	B. Blankenship, G. Coachman,		
	B. Smith		
2.	R. Irwin, P. Judd,	15:49.91	2007
	B. Smith, J. Rono		
3.	H. Franks, T. Kurgat,	15:50.23	1995
	D. Loritz, J. Williams		
4.	R. Irwin, B. Smith,	15:54.80	2007
	P. Judd, T. McKay		
5.	B. Smith, J. Brigham,	16:00.17	2005
	P. Moore, P. Judd		

## 4 x 800-METER RELAY

1.	J. Rono, G. Coachman,	7:20.29	2007
	N. Daniels, C. Woods		
2.	J. Rono, E. Mayers,	7:23.22	2008
	G. Coachman, C. Woods		
3.	J. Rono, G. Coachman,	7:25.46	2007
	N. Daniels, C. Woods		
4.	J. Rono, G. Coachman,	7:28.93	2007
	N. Daniels, C. Woods		
5.	J. Rono, G. Coachman,	7:31.94	2007
	N. Daniels, C. Woods		



# MEN'S ALL-TIME PERFORMANCES

*As of 5-11-10*

## 4 x 400-METER RELAY

1.	E. Coleman, A. Davis, L. Lewis, J. Ashley	3:01.63	2005
2.	M. Hadley, G. Washington, M. Moore, D. Jones	3:02.80	1982
3.	J. Ashley, A. Davis, K. Nelson, L. Lewis	3:03.42	2004
4.	J. Ashley, A. Davis, E. Coleman, L. Lewis	3:03.44	2005
5.	B. Davis, N. Daniel, A. Davis, E. Jones	3:03.49	2007

## SPRINT MEDLEY RELAY

1.	S. Braddy, K. Cesar, L. Daniel, K. Laurant	3:15.47	1987
2.	K. May, J. Bailey, B. Davis, C. Woods	3:16.52	2007
3.	A. Bradley, D. Orr, J. Little, W. Gabbidon	3:16.62	1993
4.	O. Wilder, J. Bailey, J. Hubbard, C. Woods	3:16.83	2008
5.	K. Laurant, S. Braddy, L. Daniel, K. Cesar	3:17.19	1987

## DISTANCE MEDLEY RELAY

1.	J. Gwaro, D. Jones, P. Hull, J. Stubbs	9:43.7(m)	1980
2.	J. Gwaro, R. Dennis, K. Hicks, M. Strucko	9:44.29	1984
3.	S. Arnold, S. Whiting, K. Cesar, K. Hicks	9:45.55	1985
4.	G. Coachman, J. Bailey, J. Rono, T. McKay	9:45.80	2007
5.	J. Gwaro, D. Jones, S. Alli, M. Strucko	9:48.00	1983

## HIGH JUMP

1.	Rod Newton	7-04 ½	2000
2.	Chuck Ways	7-03 ¼	1989
3.	Phillip Fingers	7-02 ¼	1983
4.	Lee Palles	7-01 ½	1977
5.	Les Whitehead	7-01 ¼	1977

## POLE VAULT

1.	Bob Dandino	18-00 ½	1985
2.	Kevin Herfurth	17-02 ¼	1989
3.	Trey Hardee	16-07 ¼	2003
4.	Kevin Pittman	16-03 ¼	2001
5.	Tommy Shook	16-00	1984

## LONG JUMP

1.	Festus Igbinoghene	26-11	1991
2.	Seigha Porbeni	25-10 ½	1975
3.	LaChristopher Lewis	25-08	2004
4.	Fred Collier	25-06 ¾	1999
5.	Kendall Pyant II	25-00 ¾	2004

## TRIPLE JUMP

1.	Festus Igbinoghene	54-03 ¼	1989
2.	Vance Clarke	53-03 ½	2000
3.	Seigha Porbeni	53-01	1975
4.	Ian Robertson	52-08 ¾	2000
5.	Corey Holland	51-03 ½	1993
	Leroy Millsap	51-03 ½	1983

## SHOT PUT

1.	Garry Frank	67-09 ½	1987
2.	Justin Canale	57-07	1964
3.	Terry Day	56-08 ½	1997
4.	David Porter	56-02 ½	1991
5.	J.D. Erickson	56-06	2004

## DISCUS

1.	Garry Frank	178-03	1987
2.	David Porter	177-04	1988
3.	J.D. Erickson	174-02	2003
4.	Terry Day	173-07	1997
5.	Lloyd Lee	171-09	1980

## HAMMER

1.	Terry Day	200-03	1997
2.	Matt Holcomb	192-08	2004
3.	Matt Whalen	185-03	2005
4.	Kiley Aguar	184-06	2009
5.	Andre Oates	170-02	1999

## JAVELIN (NEW)

1.	Corwyn Aldredge	248-06	1984
2.	Phillip Fingers	243-06	1983
3.	Steve Harrison	207-04	1992
4.	Tracy Young	203-00 ¼	1981
5.	Clay Garner	200-05	2003

## DECATHLON (NEW JAVELIN)

1.	Trey Hardee	8,041	2004
2.	Lee Palles	7,935	1978
3.	Chris Coleman	7,418	1979
4.	Daniel Hunter	7,074	2001
5.	<b>Martin Lee</b>	<b>6,865</b>	<b>2010</b>

(m) -- denotes hand times

**Bold denotes current athletes**



TM

# WOMEN'S ALL-TIME PERFORMANCES

*As of 5-11-10*

## 100-METER DASH

1.	Camille Harper	11.38	2001
2.	Falilat Ogunkoya	11.40	1988
3.	Kim Patterson	11.58	1995
4.	Jonica Crowder	11.69	1993
5.	Yvonne Davis	11.71	1988

## 800-METER RUN

1.	Tiffany McWilliams	2:01.00	2004
2.	Jennifer McPherson	2:06.97	2007
3.	Iyabo Ajayi	2:07.73	1987
4.	Melisa Rice	2:08.34	1990
5.	Zita Magloire	2:09.16	2005

## 10,000-METER RUN

1.	Michelle Corrigan	35:30.43	2007
2.	<b>Sarah Hammes</b>	<b>36:34.27</b>	<b>2008</b>
3.	Stacey Moseley	36:05.30	1995
4.	Joy Griffith	36:43.84	2004
5.	<b>Simone Domingue</b>	<b>37:03.51</b>	<b>2008</b>

## 100-METER HURDLES

1.	Marrissa Harris	13.05	2008
2.	<b>Keisha Wallace</b>	<b>13.51</b>	<b>2010</b>
3.	<b>LaQuinta Aaron</b>	<b>13.32</b>	<b>2009</b>
4.	<b>Bridgett Rose</b>	<b>13.65</b>	<b>2009</b>
5.	<b>Racquel Farquharson</b>	<b>13.69</b>	<b>2010</b>

## 1500-METER RUN

1.	Tiffany McWilliams	4:06.75	2003
2.	Jennifer McPherson	4:20.80	2004
3.	Melisa Rice	4:24.40	1990
4.	Zita Magloire	4:25.80	2006
5.	Tina Bridgeman	4:26.81	1997

## 4 x 100-METER RELAY

1.	L. Barnaby-Pope, Co. Gibbs, K. Lee, C. Harper	44.92	2001
2.	Cr. Gibbs, Co. Gibbs, K. Lee, C. Harper	45.13	1999
3.	L. Barnaby-Pope, Co. Gibbs, K. Lee, C. Harper	45.15	2001
4.	L. Aaron, M. Harris, B. Rose, P. Gaines	45.16	2008
5.	I. Foster, K. Patterson, C. Carr, K. Gaines	45.16	1995

## 200-METER DASH

1.	Falilat Ogunkoya	22.82	1989
2.	Kim Patterson	23.31	1995
3.	<b>Taneisha Baker</b>	<b>23.54</b>	<b>2010</b>
4.	Collette Gibbs	23.77	2001
	Camille Harper	23.77	2001

## 3000-METER RUN

1.	April Ecke	9:34.1(m)	1994
2.	Tina Bridgeman	9:37.73	1996
3.	Jenny Owens	9:40.82	1991
4.	Melisa Rice	9:57.62	1990
5.	Trina Taddy	9:59.87	1991

## 4 x 200-METER RELAY

1.	Co. Gibbs, A. Ingleton, C. Harper, L. Barnaby-Pope	1:35.24	2001
2.	<b>R. McCaleb, J. Muir</b> <b>C. Wilson, T. Baker</b>	<b>1:35.63</b>	<b>2010</b>
2.	B. Rose, P. Gaines G. Dillon, M. Harris	1:35.77	2008
3.	B. Rose, G. Dillon M. Harris, L. Aaron,	1:36.34	2008
5.	<b>R. McCaleb, J. Muir</b> <b>L. Aaron, W. Copeland</b>	<b>1:36.51</b>	<b>2010</b>

## 400-METER DASH

1.	Falilat Ogunkoya	51.26	1989
2.	<b>Jody-Ann Muir</b>	<b>53.46</b>	<b>2010</b>
3.	Andrea Ingleton	53.62	2000
4.	<b>Crystal Wilson</b>	<b>53.86</b>	<b>2010</b>
5.	Ivy Foster	55.27	1996

## 3000-METER STEEPLECHASE

1.	Joy Griffith	10:35.31	2006
2.	Meggan Hodge	10:46.04	2005
3.	Joey Hansen	11:06.49	2001
4.	<b>Sarah Hammes</b>	<b>11:31.90</b>	<b>2008</b>

## 400-METER HURDLES

1.	CeCe Brown	1:00.43	2002
2.	<b>Taleshia Lee</b>	<b>1:00.95</b>	<b>2010</b>
3.	Alicia Armstrong	1:01.77	1993
4.	<b>Brittany Covington</b>	<b>1:02.97</b>	<b>2010</b>
5.	Dominque Rogers	1:03.50	2005

## 5000-METER RUN

1.	April Ecke	16:33.37	1994
2.	Christine Zawaski	17:00.21	2002
3.	Tiffany McWilliams	17:01.67	2003
4.	Annie Falor	17:10.09	2006
5.	Meggan Hodge	17:21.90	2003



TM

# WOMEN'S ALL-TIME PERFORMANCES

*As of 5-11-10*

## 4 x 400-METER RELAY

1. **L. Aaron, C. Wilson** 3: 37.24 2010  
**T. Baker, J. Muir**
2. L. Stephens, A. Anderson, 3:39.54 2000  
J. Zawaski, A Ingleton
3. I. Foster, A. Houston, 3:41.13 1993  
C. Williams, M. Green
4. F. Ogunkoya, L. Brooks, 3:41.80 1988  
E. Davis, N. Everett
5. Covington, Muir 3:43.82 2010  
Farquharson, Baler

## SPRINT MEDLEY RELAY

1. K. Gaines, K. Patterson, 3:50.16 1996  
I. Foster, T. Bridgeman
2. L. Johnson, K. James, 3:52.14 2004  
N. Dunn, T. McWilliams
3. Co. Gibbs, C. Harper, 3:52.26 2000  
A. Ingleton, L. Stephens
4. K. Gaines, K. Patterson, 3:54.26 1996  
I. Foster, T. Bridgeman
5. K. Gaines, K. Patterson, 3:54.38 1996  
I. Foster, T. Bridgeman

## DISTANCE MEDLEY RELAY

1. J. McPherson, N. Dunn, 11:10.06 2004  
Z. Magloire, T. McWilliams
2. J. McPherson, Banks, 11:22.92 2006  
Wahlin, Magloire
3. T. Bridgeman, L. Stephens, 11:49.67 1997  
K. Haber, A. Sandberg
4. A. Sandberg, C. Gray, 11:51.15 1998  
L. Stephens, T. Bridgeman
5. K. Haber, A. Anderson, 11:57.04 1999  
K. Tallent, L. Ripstra

## HIGH JUMP

1. Jasmine Walls 5-10  $\frac{3}{4}$  2006
2. **Jessica Merriweather** 5-09  $\frac{1}{4}$  2010
3. LaTonya Hill 5-09  $\frac{1}{4}$  1998
4. Marrassa Harris 5-07  $\frac{3}{4}$  2008
5. Dot Youmans 5-07 2006

## POLE VAULT

1. Lacey Johnson 11-06 2005
2. Natalie Neely 10-06 2005

## LONG JUMP

1. Elisha Williams 21-07  $\frac{1}{4}$  2001
2. **Wendy Copeland** 21-00  $\frac{3}{4}$  2009
3. Marrassa Harris 21-00  $\frac{1}{2}$  2008
4. Priscilla Gaines 20-05  $\frac{1}{2}$  2008
5. Janelle Finley 19-11  $\frac{3}{4}$  2006

## TRIPLE JUMP

1. Crystal Gibbs 40-08  $\frac{1}{4}$  2000
2. **Wendy Copeland** 40-07 2009
3. Pat Barr 40-00  $\frac{1}{2}$  2000
4. Priscilla Gaines 39-11  $\frac{1}{4}$  2009
5. Elisha Williams 39-10  $\frac{3}{4}$  1999

## SHOT PUT

1. Nicola Wilson 50-01  $\frac{3}{4}$  2006
2. Sharon Simmons 49-01  $\frac{3}{4}$  1990
3. Stacey Salmon 46-01  $\frac{1}{4}$  1998
4. Fran Townsel 45-01 1995
5. Trish Curtis 44-05  $\frac{1}{4}$  1998

## DISCUS

1. Crystal Averitt 157-02 2004
2. Christina Hernandez 156-04 2007
3. Jennifer Johnstone 149-07 2005
4. Trish Curtis 143-03 2001
5. Nicola Wilson 141-08 2006

## HAMMER

1. Crystal Averitt 178-11 2005
  2. Emily Sanders 176-02 2006
  3. Jennifer Johnstone 172-05 2005
  4. Trish Curtis 167-00 2000
  5. Stacey Solomon 165-02 2001
- Favion Cowards 165-02 2010**

## JAVELIN (NEW)

1. **LaQuinta Aaron** 141-05 2010
2. Amy Latham 140-03 1991
3. Elisha Williams 137-11 2001
4. **Allison Storey** 136-04 2010
5. Michelle Gordon 135-00 1998

## HEPATHALON

1. Marrassa Harris 5, 625 2009
2. LaTonya Hill 5, 522 1998
3. **LaQuinta Aaron** 5, 351 2009
4. Lauren Johnson 5, 092 2006
5. Elisha Williams 5, 016 2000

(m) -- denotes hand times

**Bold denotes current athletes**

# MISSISSIPPI

# STATE

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